SEPTEMBER, 2005/TISHRI, 5765



It's September:

Looking Towards New Beginnings at TSTI

THE SLUCKER RELIGIOUS SCHOOL: A TASTE OF TISHREI



The 2005 – 2006 school year kicks off on Sunday, September 11 from 10:00 AM – 12:00 PM for all of our **NEW STUDENTS** to the Religious School and their parents.

Children and parents will have the opportunity to meet the Religious

School faculty and then participate in "A Taste of Tishrei," a wonderful craft workshop which celebrates the upcoming High Holy Days.

Returning students, grades 3 through 6, will begin Midweek Tuesday / Wednesday September 13 & 14.

S'lichot, Setting the Mood for the Days of Awe

Saturday, September 24

This is a time to quietly consider the power and magnitude of the coming year and to reflect upon the year that has passed. Our observance of S'lichot begins with a light supper sponsored by Brotherhood at 6:30 PM. A musical program featuring Elicia Silverstein, our own extraordinary violinist, and a

serene and tranquil service marking the beginning of the



Days of Awe round out the evening.

Conversations...

Celebrating its 10th year, "Conversations..." opens with a dynamite presentation on September 25 and continues to gain momentum throughout the year. Please see pages 6 and 7 for more information.



Schedule of Services

Friday, September 2

Re'eh Deuteronomy 11.26-16.17 Shabbat Service, 7:30 P.M. Ruth Bass Sanctuary Building

Saturday, September 3

Minyan Service, 9:15 A.M. Gross Chapel

Friday, September 9

Shofetim, Deuteronomy 16.18-21.9
Shabbat Service and B'nai Mitzvah Tutor
Recognition, 6:00 P.M.
Ruth Bass Sanctuary Building
Kaddish Service, 7:30 P.M.
Green Bet Tefillah

Saturday, September 10

Minyan Service, 9:15 A.M. Gross Chapel B'nai Mitzvah of Johanna Goldman and Jackson Klein, 10:15 A.M. Bar Mitzvah of Jeremy Bergman, 10:30 A.M.

Friday, September 16

Ki Tetze, Deuteronomy 21.10-25 Shabbat Service and Installation oof the Board of Trustees, 7:30 P.M. Ruth Bass Sanctuary Building

Saturday, September 17

Minyan Service, 9:15 A.M. Gross Chapel Bar Mitzvah of Robert Trenk, 10:15 A.M.

Friday, September 23

Ki Tavo, Deuteronomy 26-29.8 "Noisy Service" 6:00 P.M. Ruth Bass Sanctuary Building Shabbat Service, 7:30 P.M. Ruth Bass Sanctuary Building

Saturday, September 24

Minyan Service, 9:15 A.M. Gross Chapel B'not Mitzvah of Shayna Rose and Danielle Blake, 10:15 A.M. S'lichot Service and Program, 6:30 P.M.

Friday, September 30

Nitzavim, Deuteronomy 29.9-30 Shabbat Service , 7:30 P.M. Ruth Bass Sanctuary Building

CANDLE LIGHTING TIMES

SEPTEMBER 2	7:08 P.M.
SEPTEMBER 9	6:57 P.M.
SEPTEMBER 16	6:45 P.M.
SEPTEMBER 23	6:33 P.M
SEPTEMBER 30	6:21 P.M.

Sharey Tefilo-Israel

Rabbi Daniel M. Cohen, D.Min. Rabbi Ellie Lynn Miller Rabbi Harvey S. Goldman, D.Min., D.D., Rabbi Emeritus Rabbi Herbert Weiner, Rabbi Emeritus Cantor Theodore Aronson Joan Finn, Cantorial Soloist Lay Leadership Barbara Stoller, President Jack Fersko, VP Joel Scharf, VP Richard Flaum, VP Hope Pomerantz, VP Monique de la Cour, VP Gail Barry, Treasurer Judy Epstein, Financial Secretary Robert Ozer, Financial Secretary Marge Solomon, Corr. Secretary Ann Merin, Recording Secretary **Executive Director** Leslie Sporn School Directors Elizabeth Best, R.J.E., Religious School Carol Paster, Preschool Program Director Tracy Horwitz, LSW Bulletin Sunny Seglin

MEMBER CONGREGATION UNION FOR REFORM JUDAISM

Contact us at 973-763-4116 or info@tsti.org
Visit our website at www.tsti.org

Shabbat Service Schedule

First Friday of the month (beginning in October): Kabbalat Shabbat at 6:00 p.m., Shabbat Service at 7:30 p.m.

Second Friday of the month: Shabbat Service at 6:00 p.m., Kaddish Service at 7:30 p.m.

Third Friday of the month (beginning in October): Kabbalat Shabbat at 6:00 p.m., Shabbat Service at 7:30 p.m.

Fourth Friday of the Month: Either Shabbat Milk and Cookies or the "Noisy" Service at 6:00 p.m., Shabbat Service at 7:30 p.m.

There will be exceptions during the year due to calendaring conflicts so please refer to the Temple Bulletin or website for details each month. Please make note of the locations for the aforementioned services:

Kabbalat Shabbat- Bet Tefillah Shabbat Service- Sanctuary Kaddish Service- Gross Chapel Shabbat Milk and Cookies- Bet Tefillah

Noisy Service-Sanctuary







From the Rabbi's Study

Dear Friends,

When I was a child, I was one of the most needle phobic children around. Every year I visited my

pediatrician, now a dear friend and member of our Temple family, Dr. Lou Sank. On those more memorable visits when he would tell me that I needed a shot for any reason, I would run into the waiting room, screaming at the top of my lungs. Since this often came in the middle of my checkup, there were numerous occasions when I was less than fully dressed. It was not a pretty sight. While this may have been humorous when I was three or four years old, I suspect that it was less entertaining by the time I was nine or ten. Frankly, my anxiety related to hypodermic needles has followed me well into adulthood.

I share all this so that you might better understand what it took for me to be a blood donor throughout most of my adult years. Whenever I had the opportunity, either at our Temple blood bank so lovingly run each year by Irv and Dolly Soloway, or in other locations, despite my continued needle phobia, I knew in my heart that it is a great privilege and an even greater mitzvah to be able to donate blood. As I would lie on the table waiting for the needle to be inserted I would often find myself shaking with the anticipation of that pinch. Yet, I knew that what I was doing was important and so while I was in touch with my fear and anxiety, I didn't let it stand in my way. After all, our tradition teaches us that saving just one life is among the greatest mitzvot we can perform.

I am so proud that our synagogue holds a blood drive every year as part of Chanukamania. But for the past few years it has also been a source of sadness for me. For, as much as I want to participate, I'm now on a medication that makes me ineligible. While I cannot be an active participant, I can and do remain supportive of this wonderful program.

In recent weeks the sense of sadness has grown even greater. For the past few months my mother has been struggling with a recurrence of lymphoma. The chemotherapy that she has been given has resulted in her needing a number of transfusions of both blood and platelets. Thankfully, both were readily available when she needed them. As I write this, she is in Memorial Sloan-Kettering in Manhattan undergoing a stem cell transplant. This procedure tends to affect blood and platelet counts tremendously and it is commonplace for individuals to require numerous transfusions. Although I could

not give blood, I had hoped that I might be able to give platelets. Unfortunately it is not the case.

In a recent conversation with the manager of Sloan-Kettering's blood donor program, a wonderful woman named Marian Novak, I got quite an education. Marion told me that only 60% of our nation's population is eligible to give blood or platelets. The other 40% are, like me, not able to do so for a variety of reasons. However, only 5% of the population actually donates blood or platelets. The numbers are even lower in the New York metro area where only 2%-3% donate. This is a sad statement!!

At Sloan Kettering there are infants, children, and adults who are being treated for cancer. They need blood and platelets on a regular basis in order to counter the negative effects of the treatments they need to survive. Someone undergoing a stem cell transplant can be expected to require 20 units or more of blood or platelets during that procedure alone. Their donor program takes in up to 30,000 units of blood and platelets a year, about 20,000 units of blood and 10,000 to 11,000 units of platelets, but that is only a third of what they need. Every single day, Sloan's available reserve does not match their need. As a result, they have to go out and buy more just to keep up with the need.

The donor room at Sloan is open seven days a week because the need is there seven days a week. Moreover, anyone who donates at the Memorial Sloan-Kettering Blood Center can know with certainty that their donation will go directly to someone who is battling cancer. (They even make parking free so that that does not become an obstacle to people donating.)

My mother will get all the blood and platelets she needs. Sloan will see to that. But long after my mother has recovered, the need will still be there. As the New Year approaches, if you want to do a mitzvah, put December 11, 2005 on your calendar and come to our next Temple Blood Bank and call Marion Novak (212 - 639 - 8177) to make a trip into Sloan to donate blood or platelets. Your blood and platelet donation and a few hours of your time will actually save a life.

Wishing you a healthy, happy and a meaningful New Year,

Rabbi Daniel M. Cohen



Mazel Tov To Our B'nai Mitzvah



Johanna Rothbard Goldman will become a Bat Mitzvah on Saturday, September 10. She is the daughter of **Amy** and **Steven Goldman**, sister of Lindsay, and granddaughter of Edith Rothbard and Rose Goldman. She attends Millburn Middle School and finds time for dance, acting, field hockey and softball. Johanna has worked with a developmentally challenged child every week for her "Mitzvah Project."

Johanna says, "Becoming a Bat Mitzvah is a great experience. Although it took a lot of time studying and preparing for the day, I know the feeling of accomplishment will be very rewarding. I have become closer to my Jewish heritage and respect the responsibility of what my ancestors have passed down."



Jackson Lewis Klein, son of **Amy** and **Stuart Klein**, will be called to the Torah on Saturday, September 10. His siblings, Hunter, Georgia and Ryder, and grandparents Marj Steinfeld, Robert and Phyllis Steinfeld, Ruth Klein and William Bauers will join him for this special occasion. Jackson enjoys math at Maplewood Middle School, and can be found playing sports and hanging out with friends in his free time. His "Mitzvah Project" involves collecting sports equipment for needy children. Jackson says of this milestone, "Becoming a Bar Mitzvah means becoming a man and being responsible and mature."



Jeremy Arthur Bergman, son of Andrea and Jeff Bergman, will become a Bar Mitzvah on Saturday, September 10. Grandparents Phyllis and Ira Bergman and Fani and Alan Weissman, along with his brother and sister Joshua and Rebecca, look forward to celebrating with him. Jeremy enjoys math at Millburn Middle School, and finds spare time for playing baseball, tennis, football and acting. His "Mitzvah Project" has been to sponsor a Holocaust rescuer from the Jewish Foundation of the Righteous.

Jeremy says, "My Bar Mitzvah means to me that I have the responsibility to study and work hard. It shows I've been working toward becoming a true Jewish man. I have faith in my religion and practice Hebrew. It shows that I care about the people around me and far from me."



Robert T. Trenk, son of **Nancy** and **Richard Trenk**, will be called to the Torah on Saturday, September 17. Celebrating with him will be siblings, Melissa and Andrew, and grandparents, Penny and David Trenk and Carol and Larry Sivilli. Robert attends Roosevelt Middle School and plays baseball and soccer. He coordinated a Hoop Shoot basketball fundraiser which raised funds for a nine year old boy with leukemia for his "Mitzvah Project."

"My Bar Mitzvah is the culmination of my learning my Torah portion and prayers. I felt a positive sense of the entire community when I organized my Mitzvah Project," says Robert.



Danielle Jane Blake will become a Bat Mitzvah on Saturday, September 24. With her will be her parents, **Ellen** and **Robert Blake**, and brother Ethan. Danielle attends Roosevelt Middle School and especially likes the High Aptitude Program. She plays piano, acts, is involved in sports and loves hanging out with friends. Dani is no stranger to doing good deeds, and has participated in community fundraisers throughout the past year. She has also donated her hair to Locks of Love and is currently volunteering at a foster home in South Orange.

"My Bat Mitzvah means having a celebration to recognize the fact that I am ready for adulthood in the Jewish community," says Dani.



Shayna Lynne Rose, daughter of **Ellen** and **David Rose**, will be called to the Torah on Saturday, September 24. Her sister, Michelle, grandparents Phyllis and David Horwitz and Myrna and Len Rose, and great grandmother Libby Fallek, look forward to being with her. Math, science and English top the list of favorite subjects at Millburn Middle School. Shayna also enjoys playing softball, ice skating and music. Her "Mitzvah Project" involves doing arts and crafts projects with autistic children. "I will have to take responsibility for my own actions and be more independent. I will be a role model, and people will look to me for help, so I must be ready to help them," says Shayna.



The President's Point of View

Summer's end approaches, and Temple life picks up in earnest ...and my life as Temple President changes gears as well. For those of you who don't know me, or know me only in the context Temple activities, I thought I'd fill in a few "biographical" details.

My husband David, and I moved to South Orange from Manhattan, by way of Hoboken, in 1989, arriving in time for the birth of our third daughter. Once settled, we began looking for a synagogue. I had grown up in the Conservative Movement and David in the Reform. We attended a TSTI information session and felt we had found the source for our spiritual needs and the religious education of our children. Who would have thought that I would one day become the President?

In the beginning, my family was very happy to be one family among many and to join in mostly child-oriented Temple programs. We celebrated Religious School milestones. I volunteered from time to time. We made some new friends. As my schedule allowed, I became more and more involved in Temple life and was invited to join the Religious School Board. After a few years I was elected to be a member of the Board of Trustees and then to serve as Vice-President of Education on the Board's Executive Committee. David also found time to serve on a committee or two. I then was elected Vice-President of Operations, which led to serving as President. David ascended to the office he calls "First Schlepper." Both of us have been inspired by the efforts of Temple clergy and leadership to make our Temple an open, warm and friendly community, a place of prayer and learning, and I will do my best to support and further those efforts.

I urge each of you to find out what is happening at TSTI. Whether in the sanctuary, social hall, classroom, office, or community, there is something for your spiritual, educational and social interests and needs. Some members have initiated programs to share with others — for example, the recently launched "empty nesters" group now in formation. Temple Sharey Tefilo-Israel is a vital and thriving synagogue. The participation of our membership is essential to our strength. I encourage each of you to realize the importance of your participation in Temple life, as it fits into your personal life, over the course of the coming years.

Barbara Stoller

On Friday evening, September 16 at 7:30 P. M.
we will install our Officers and Trustees
and honor our members who have been affiliated
with Temple for 36 years or more.
If you are a long time member in this double chai category,
please plan to be with us for a special blessing
and appreciation for your many years of support.

A special oneg shabbat celebrating all our honorees will follow services

Welcome to Student Rabbi Justus Baird

We are so very excited to welcome Student Rabbi Justus Baird to our Temple for the coming year.

During his rabbinic training, Student Rabbi Baird served at Temple B'nai Israel in Amarillo, Texas, as a chaplain at the Hospital for Special Surgery in Manhattan, and helped to lead the Jewish Single Parents support group in Los Angeles. He recently moved to Princeton, NJ with his wife, Rabbi Julie Roth, who is the Executive Director of the Center for Jewish Life at Princeton University.

Student Rabbi Baird will be working with our Junior Youth Groups, teaching in our Adult B'nai Mitzvah program, teaching adult Hebrew and much more. We hope that this will be a wonderful learning experience for him, and know that we will be enriched by his presence here this year.

Student Rabbi Baird is excited about becoming part of our community and hopes to meet many of you soon. We look forward to welcoming him formally as the new programming year begins later this month.

If you haven't already done so, or if it has changed recently, please send us your

email

address. Thank you!



Conversations...

Tenth Anniversary Season Kick-Off!

WASHINGTON WARS: THE DEMOCRATS, BUSH AND THE FATE OF HIS SECOND TERM



JON MEACHAM
Managing Editor, Newsweek
Author of Franklin and Winston

SUNDAY, SEPTEMBER 25, 2005 7:30 P.M.

Named "one of the most influential editors in the news magazine business" by the New York Times, Jon Meacham became managing editor of Newsweek at age 29. Six years later, he is author of the bestselling Franklin and Winston: An Intimate Portrait of an Epic Friendship. Meacham oversees Newsweek's coverage of politics, international affairs and breaking news. His own cover stories include the controversy over Mel Gibson's The Passion of The Christ, guns in America and the sexual abuse scandals of the Roman Catholic Church, among others. His book, Franklin and Winston has brought Meacham national acclaim. Exploring the

fascinating relationship between the two great leaders who piloted the free world to victory in World War II, Meacham calls *Franklin and Winston*"an incredibly contemporary story that yields important lessons for leaders today on a personal, political and diplomatic level."

Meacham's Conversations... presentation will discuss current events in Washington and abroad, putting the issues of the moment in historical context as President Bush prepares for the sixth year of his momentous presidency.

Become a "Conversations . . ." Benefactor or Patron and Enjoy Special 10th Anniversary Benefits! See next page.



Eenversations... in October .

SUNDAY, OCTOBER 9, 2005 7:30 PM Ticket price: \$15

A.J. JACOBS, **National Public Radio Commentator and** Editor-at-Large, Esquire

THE ENTIRE ENCYCLOPEDIA **BOILED DOWN TO ONE ENTERTAINING HOUR** SUNDAY, OCTOBER 23, 2005 7:30 PM Ticket price: \$20

SISTER ROSE THERING

ACADEMY AWARD-NOMINATED DOCUMENTARY SISTER ROSE'S PASSION

10TH ANNIVERSARY CONVERSATION BENEFACTOR AND PATRON THANK-YOU DRAWINGS

In celebration of Conversations... 10th anniversary, 1 Benefactor or Patron will be chosen at a drawing at each program for an exquisite dinner for two at one of 10 of the area's best restaurants. Benefactors and Patrons must be present in order to be selected for this special 10th anniversary bonus.

Conversations...

BENEFACTOR SUBSCRIPTIONS: \$200 per person or \$300 per family. Benefactors are entitled to premier seating at all events, post-lecture receptions and a special listing in our Conversations... program books.

mention in each program book.		
Include me as a Benefactor for \$ Number of Benefactor subscripti	200 for the 2005-2006 <i>Conversations</i> series ions	
Include me as a Family Benefact	or for \$300 for the 2005-2006 Conversations series	
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	ersations " to Temple Sharey-Tefilo Israel Conversation aw, 432 Scotland Road, South Orange, NJ 07079	15

QUESTIONS: e-mail Linda Kirsch at lindabk@optonline.net





Linda and Rudy Slucker Religious School

I don't know

what happens in your house this time of year, but in mine the question that is inevitably asked is "So...when are the High Holy Days this year?" Often the response is, "Oh, didn't you know, they've been cancelled." At first reading this may seem an irreverent response to such a formidable period in Jewish life, but I think it actually reflects something more profound. I believe it is a reaction to taking on the responsibility of the awesome nature of the approaching High Holy days. Since the holidays come each year (contrary to the joke, they are never cancelled) they are an ongoing process that is never completed.

We are reminded that this is a period of intense personal reflection. We are supposed to carefully examine not only our relationship with God (bayn adam l'Makom), but our relationship with all the people in our lives (bayn adam l'chavero). The enormity of confronting our mistakes can be overwhelming, as well as the attempt to make them right through t'shuvah or turning back to the time when we had not made these mistakes, and mechilah, asking forgiveness for committing these mistakes.

When I speak of the people in our lives, I mean all the people in our lives, not limited to our families. We are obligated by our tradition to look beyond family to the people who live in our work world as well. Be they Jew or not, we sense that the High Holy Days provide an opportunity to make right that which has not been; to create sacred relationships with those folks we work for or with. Makes sense, doesn't it, as we often are required to spend more time with our business associates than with our families.

The creation of sacred relationships is also a daunting task, one that we must take seriously in the religious education of our children, for our tradition is a relationshipbased tradition. You cannot be a Jew alone. It is through sacred relationship building that the deeper meaning of religious school education is revealed. And because in sacred relationship building you are present in a relationship with a child and their family, you are able to discern changes in their needs. And for these relationships to remain alive and meaningful, they have to constantly evolve. This is what drives the need of our school to be ever evolving, ever creative, ever open to making the religious school experience meaningful to our children and their families. As we embark upon the new year, our goal is to meet the ever changing and diverse needs that exist in a community such as ours.

Allison and I hope that you all had a wonderful and relaxing summer. Below we have listed some of the highlights for our 5766 TSTI Linda & Rudy Slucker Religious School year.

- School Opening & High Holy Day workshop for all new students and their parents Sunday, September 11
- School Opening for all 3rd thru 6th grade students Tuesday/Wednesday, September 13/14
- Sunday School opening for Kindergarten thru 7th grade, Sunday, September 18
- Sharey Ateed Coffeehouse, Tuesday, September 13th 7 PM to 9 PM
- First Sharey Tikvah session (7th graders), Wednesday evening, September 14th, 7 PM to 8:30 PM
- Special 12th grade college bound programs
- New Family Education Programming for all grade levels
- Trips to the Jewish Museum and the Jewish Heritage Museum in New York City
- 2nd grade trip to the Yiddish Theater
- New Hebrew enrichment classes
- Bi-monthly Jewish Studies Enrichment classes
- Amazing new topics in the Sharey Ateed Elective Program
- Piloting a new Hebrew program in the 4th grade

We cannot wait to see all the students and begin what we hope will be an exceptional school year. L'shanah Tovah,

Elizabeth Best, RJE

Religious School Director

Allison Newfeld

Religious School Administrator







When I was younger I rarely did any of my homework for Monday morning until the very last moment Sunday evening in an effort to delay the reality that the school week was beginning again. I dreaded the transition from the lazy schedule of a weekend to the full blown scheduling of the school week. Truth be told, I haven't changed my work habits much since I was 10.

I could make life easier for myself if I scheduled and planned way in advance, but after all these years, that habit doesn't seem to stick with me. I could also choose to repeat past activities and events for the next school season thus eliminating the need to do anything more than open old file folders and 'tweak' the contents a bit. That just isn't how I operate. I'm rarely satisfied with the status quo. I've never agreed with the 'If it ain't broke, don't fix it' theory of life. I'm more of the 'If it ain't broke, let's take it apart and reassemble it in a new way' kind of person.

This year we are experiencing a huge growth in preschool families that are Temple members. The majority, if not all, of the 36 incoming families of 2-year-olds are choosing to affiliate early, rather than wait until their children are religious school age. Perhaps our reputation as difficult to get into unless you are a temple member precedes us, or young families are looking for community connections as their immediate families live a great distance away. Whatever the reason, little by little I feel a need, a desire, to rethink the role of the preschool in the Temple as a whole. We are no longer just welcoming families of young children into our preschool, we are welcoming affiliated Jewish families of young children into our preschool. While we've always had social family events and parent education programs to make all families feel a part of their child's school, the Judaic programming was generally taught only to the children.

This past year we revamped our All School Seder from a performance by the children to a Jewish educational family event. The feedback was so positively overwhelming;

I just couldn't ignore the message. Young families are looking to create their own Jewish traditions and want to know how to do it well.

After many productive conversations with parents, clergy, and the preschool board the preschool calendar now includes expanded Sukkot and Chanukah programs, a Tu B'Shevat Seder, a Lag B'omer picnic and a week long virtual trip to Israel. Rabbi Miller and Rabbi Cohen will be providing teacher-training sessions focusing on the tenets of the Reform movement in an effort to help all of our teachers, Jewish or Christian, Reform or Conservative, observant or traditional understand why we teach what we teach.

Now that I'm nearing my 'Sunday evening' part of the summer and doing my last minute homework for the fall school season, I feel more excitement than dread. And that's always a good way to start a 'Monday'.

Carol Paster
Preschool Director

Save the Date Chai Celebration

The Iris Family Preschool Celebrates Eighteen Years
Tentative Schedule of Events:

* Friday Evening, June 9
Shabbat in the Park Alumni Celebration

* Saturday Morning, June 10 Tot Shabbat and Story Teller

Saturday Evening, June 10
Family Concert and Havdallah Service



KOL HANESHAMAH A CD for you to enjoy

Soon we will come together as a community to share in the special, spiritual services of the High Holy Days. Last year, Cantor Aronson introduced us to the Yom Kippur afternoon service in a new, musical light. Again this year, we will experience music for the holiday that draws us close to our history, to our martyrs, and to our people. On these two pages you will find the materials to help you engage with depth and fullness in a special Yom Kippur service. These tools will help you move with your heart and your soul into the bitter, then the sweet of the season.

1. ESA EI-NAI

E-sa el-nai el he-ha-rim mei-a-yin ya-vo ez-ri, E-sa ei-nai el he-ha-rim mei-a-yin ya-vo ez-ri. Ez-ri mei-im A-do-nai o-sei sha-may-yim va-a-retz, Ez-ri mei-im A-do-nai o-sei sha-may-yim va-a-retz.

2. HEAL US NOW

R'fa-e-nu A-do-nai v'-ne ra-fe. Ho-shi-e-nu v'-ni va-she-ah. El ka-rov l'-chol kor-av. Ach ka-rov li-re-av yish-o.

We pray for healing of the body. We pray for healing of the soul. For strength of flesh and mind and spirit. We pray to once again be whole.

El-na r'-fa na.
Oh, please, heal us now.
R'fu-at ha-ne-fesh u-r'-fu-at ha-guf
r'-fu-ah sh'-le mah.

El na r'-fa na.
Oh, please, heal us now
R'-fu-at he-ne-fesh u-r'-fu-at ha-guf
r'-fu-ah sh'-le mah.
Heal us now.
Heal us now.

Hò-shi-a et a-me-cha u-va-rech et na-cha la-te-cha. U-r'-em v'-na-s'-em ad ha-o-lam. Mi she-be-rach a-vo-tey-nu, mi she-be-rach i-mo-tey-nu A-na A-do-nai ho-shi-ah na.

El-na r'-fa na.
Oh, please, heal us now.
R'fu-at ha-ne-fesh u-r'-fu-at ha-guf
r'-fu-ah sh'-le mah.

El na r'-fa na.
Oh, please, heal us now
R'-fu-at he-ne-fesh u-r'-fu-at ha-guf
r'-fu-ah sh'-le mah.
Heal us now.
Heal us now.

3. MI SHEBEIRACH

Me she-bei-rach A-vo-tei-nu: Av-ra-ham, Yitz-chak v'-Ya-a-kov. Mi she-bei-rach I-mo-tei-nu: Sa-rah, Riv-ka, Le-ah v'-Ra-chel;

May the One who blessed our Mothers, May the One who blessed our Fathers. Hear our prayer. Hear our prayer. Hear our prayer. Hear our prayer and bless us as well.

Bless us with the vision for tomorrow.

Help us to reach out to those in pain.

May the warmth of friendship ease our sorrow.

Give us courage, give us faith, show us the way.

Mi she-bei-rach A-vo-tei-nu.

Mi she-bei-rach I-mo-tei-nu.

Hear our prayer. Hear our prayer. Hear our prayer and bless us as well. Hear our prayer, hear our prayer, hear our prayer, hear our prayer and bless us as well.

4. GAM KI EYLECH

Gam ki-eylech b'gay tzal-ma-vet lo e-ra ra ki A-ta i-ma-di

5. AL KOL ELEH

6. GESHER TZAR ME-OD

Kol ha-o-lam ku-lo ge-sher tzar m'od ge-sher tzar m'od ge-sher tzar m'od ge-sher tzar m'od. V'-ha-i-kar, v-ha-i-kar lo l'fa-kheid lo l'-fa-kheid klal. V'-ha-i-kar, v-ha-i-kar lo l'fa-kheid lo l'-fa-kheid klal.

(The world is a very narrow bridge. The most important thing is not to be afraid. --R. Nachman of Bratizlav)

7. KOL HANESHAMA

Kol ha n'-sha-ma t'-ha-leil yah! Ha-l'lu-yah! Let everything that breathes praise God. Haleluyah!

A-do-nai li, v'-lo i-rah.

A-do-nai li, v'-lo i-rah.

A-do-nai li, v'-lo i-rah.

A-do-nai li, v'-lo i-rah.

B'-ya-do af-kid ru-chi b'-eit i-shan v'-ah-i-rah. v'im ru-chi g'vi-ya-ti.

A-do-nai li, v'-lo i-rah.

A-do-nai li, v'-lo i-rah.

A-do-nai li, v'-lo i-rah.

A-do-nai li, v'-lo i-rah.

(God is with me; I shall not fear. In God's hand I place my soul When I sleep and when I wake. And with my soul my body too.)

9. HAVDALAH

CHORUS (2X)

Ya la la la la la la

Ya la la la la la la Ya la la Ya la la

Baruch ata Adonai Eloheinu melech ha'olam borei p'ri hagafen, borei p'ri hagafen. Blessed are You, Adonai our God, Sovereign of the universe, Creator of the fruit of the vine.

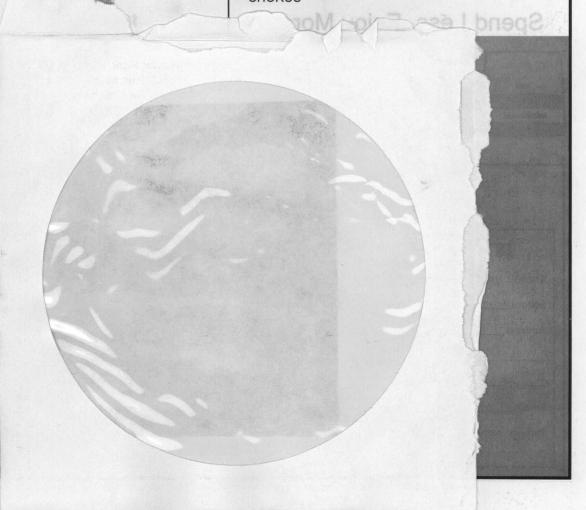
CHORUS , as thewas remit taut entried rente dose teem

Baruch ata Adonai Eloheinu melech ha'olam borei minei v'samim, borei minei v'samim Blessed are You, Adonai our God, Sovereign of the universe, Creator of all the spices.

CHORUS and blood I Wall's assets assets assets assets as a second of the chorus and the chorus and the chorus as a second of the chorus and the chorus as a second of the chorus and the chorus are chorus as a second of the chorus and the chorus are chorus as a second of the chorus are chorus as a second of

Baruch atah Adonai Eloheinu melech ha'olam borei m'ore ha'eish, borei m'ore ha'eish Blessed are You, Adonai our God, Sovereign of the universe, Creator of the light of fire.

CHORUS





STISY

Attention all STISYites (teens in 9th through 12th grade)! I hope everyone has enjoyed their summer. As President of STISY this upcoming year, I am excited to announce that our first "mystery" event will be held on September 25 at 1:30 P.M. We'll meet in the multi-purpose room. Call Tracy Horwitz, Advisor, to register or for more information. She can be reached at 973-763-4116. This will be a chance for the new and old STISY members to meet each other for the first time, as well as get a sense of what STISY is all about! Throughout the year, we work together to build a community full of Judaism, education, and of course fun! If this all interests you, look forward to a flyer in the mail containing the details for this event along with a membership form to join the Temple's senior youth group, STISY. I look forward to meeting all of you this year!

Isadora Seibert

Spend Less, Enjoy More!



The Entertainment 2006 Coupon Books are available through Brotherhood again this year. To reserve your copy, leave a message for Joel Scharf at Temple, or stop by the Gift Shop. The cost is a bargain at \$25, and proceeds benefit the many programs sponsored by Brotherhood.

Eat, Drink & Laugh Please join us for a performance by

MOMSENSE



A Musical Comedy about the Trials & Tribulations of Motherhood starring four musical Manhattan moms.

Thursday, September 15, 2005 7:30 PM at Temple Sharey Tefilo-Israel

\$18 advance \$25 at the door contact Breena at bfishback@optonline.net

A portion of the proceeds from this event to benefit Habitat for Humanity Women Build

Have someone else put the kids to bed tonight... Relax and enjoy the show!

COLLEGE CORNER

After years of parental involvement and supervision your child is now off on his/her own! It's a big world out there with lots of new experiences and situations to face. The TSTI College Committee believes now is the time for the Temple to continue a connection with our young adults. PLEASE REGISTER YOUR CHILD(REN) WITH THE TSTI COLLEGE CORNER!

We send the Temple Bulletin each month so they see what is happening here at home, email from Rabbi Cohen, and "care" packages 2-3 times per school year. In addition, Sisterhood sends a Chanukah package to each student.

Don't let your child feel left out when he sees the students around him receive packages from their synagogues. Now that it is September and you have the correct address for your college student, fill out the form and mail to: TSTI, 432 Scotland Road, South Orange, NJ 07079 Attn: **Barbara Green**.

Len and Audrey Weiss have generously underwritten this program.



Mitzvah Momentum

Do you want to be doing action-packed, inspiring Mitzvot? Here are some energetic possibilities!

TSTI'S GREEN TEAM:

Led by chairperson **Elliot Sommer**, the Green Team has been involved in several activities, including helping TSTI evaluate its energy efficiency, working with COEJL (Coalition on the Environment and Jewish Life) to become a model for other temples, and leading nature walks in the South Mountain Reservation to encourage our appreciation for the environment around us. On Sept 11, the Green Team will meet at TSTI at noon to do a combination boat ride/clean up on the Hackensack River with the Riverkeeper organization. If you are interested in this event or in helping to "green" TSTI and the world at large, email Elliot at eabs95@aol.com.

TSTI'S SOUP KITCHEN:

Our soup kitchen program is now in its fifth year! Kudos to **Rachel Kaplan** and **Jerry Tuttle**, who successfully kicked off the first two years, and to **Karen Seidmon** and **Jill Kassirer**, who have carried the torch during the past two years. Now we have two new co-chairs who invite your participation. This Mitzvah activity welcomes families with children over 7 years old. For more info, email **Pam Rayvid** at <u>PRAYVID@aol.com</u>; or **Jane Kagan** at <u>jane@campbrynmawr.com</u>.

TSTI'S POLITICAL ACTION:

Do you care about state or national political action? There are ways to become involved, and they're easy. Please email jillmkushner@yahoo.com. I will be happy to give you the information I have.

TSTI'S HABITAT FOR HUMANITY:

TSTI is proud to support the work of Habitat for Humanity Newark, which builds homes for underprivileged families. This year Habitat will begin construction of its 57th house in Newark. TSTI sent over 40 volunteers to work on Habitat construction projects last year. This fall, TSTI volunteers are scheduled to work with Habitat on Sunday, September 11, and Saturday, November 5. Volunteers must be at least 14 years old; under 17 must be accompanied by a parent. Habitat also has a great need for financial contributions. To volunteer, or for more information, contact TSTI's Habitat coordinators, **Barbara Laub** and **Dennis Percher**, at blaub@comcast.net

Rabbi Miller and Jill Kushner are happy to discuss any Mitzvah Project ideas you may have. Contact Rabbi Miller at TSTI at 973-763-4116.

Jill Kushner jillmkushner@yahoo.com

RECENT EMPTY NESTERS

We're Looking for You!

Arlene Brafman has launched an idea for a social group of families whose carpooling days are in the past, but who would like to enhance their temple ties with others in their late forties and early fifties. Activities will include trips, discussion groups, social action events, etc. Please be in touch with Arlene at a_brafman@msn.com.

All in the Family

Mazel Tov to

Ruth Tenner on the birth of a great granddaughter, Marissa Regan Weber.

Dan Whitten who won a bronze medal in Masters Tennis, Men's 45 doubles at the Maccabi Games.

Linda and **Jay Katz** on the marriage of their daughter, Jennifer, to Dolph Chiarino.

Rita and **Robert Boyle** on the birth of a grandson, Adam Scott Kohn. Happy parents are Dr. Matthew Kohn and Jodi Boyle.

Renaissance Group



Renaissance travellers get together for a photo before exploring Washington

We hope it was a relaxing and pleasant summer and now we are ready for our new "season."

Our paid-up membership meeting is scheduled for Sunday, September 11 at 1:30 p.m. We are serving a light lunch/brunch and as a paid-up member you are a guest of "Renaissance." If you are not a member of our group and plan to become a member, send your check to Dan Goldberg at 404 Barringer Court, West Orange, 07052. The dues are \$20 a person and to qualify for membership, you or your spouse must be 55 years old, or older.

Our first program features Bill Weiss who is a public relations and communications expert. He has spoken to other Renaissance Groups in our area where he was received enthusiastically. The subject of his "discourse" is "The Borscht Belt and the Evolution of the Jewish Middle Class." Don't miss this opportunity to meet and greet, enjoy tasty food and an entertaining program. A great beginning for our 2005/2006 year!

Our first field trip is scheduled for Thursday, October 20. We will visit the Allen and Joan Bildner Center for the Study of Jewish Life located at Rutgers University in New Brunswick. After a session there, we will have lunch and visit a winery. New Jersey is becoming a state of vintners and it should be fun to see this burgeoning industry for ourselves and do some "tasting" making this another opportunity to see a part of New Jersey we do not ordinarily visit. Our bus will leave from the Temple parking lot early in the morning and return late afternoon. The details will soon be in the mail. Be sure to return your check and reservation promptly. The chairpersons for this interesting day are **Ruth Tenner** and **Marcia Weinstein**.

Our third event is scheduled for November 17. We are going to visit the Frick Museum where the Memling Collection is on exhibit and the Jewish Museum. Our chairpersons, **Bettye Green** and **Bobbe Futterman** are working on the details and you will hear more in our next article.

Before we close, we would like to send our special good wishes to three of our members who have undergone surgery this summer and are now recovering: Frankie Weiss, Bobbe Futterman and Linda Kirsch. Hopefully all is going well for them and they will be with us at our September 11th meeting.

May we all enjoy a wonderful New Year, 5766 – L'Shana Tova.

Florence Seglin

SOUTH ORANGE PUBLIC LIBRARY

to host Let's Talk About It: Jewish Literature Reading and Discussion Series

The South Orange Public Library will host a free five-part reading and discussion series called "Let's Talk about It: Jewish Literature - Identity and Imagination."The series explores Jewish Literature and culture through scholar led discussions of contemporary and chassic books on a common theme. The library's series will explore the theme of Demons, Golems and Dybbuks: Monsters of the Jewish Imagination. The South Orange Library is one of only 200 libraries nationwide receiving grants to host the series developed by Nextbook and the American Library Association (ALA).

The first program will explore the book <u>Satan in Goray</u> by Isaac Bashevis Singer and will be held on September 19th at 7:30 PM. All programs will be held at the Library, located at 65 Scotland Road in South Orange. For details or to register, please visit <u>www.sopl.org</u> < http://www.sopl.org/ or contact Nancy Chiller Janow at 973-762-0230 or njanow@sopl.org.

Additional books to be discussed on the third Monday of the following four months are The Dybbuk by Ansky, The Metamorphosis by Kafka, The Puttermeister Papers by Ozick and Angels in America by Kushner. A screening of Angels in America, the video, will also be scheduled. We are pleased to announce that all discussions will be led by esteemed scholar, Dr. Peggy Samuels, Associate Professor of English and Department Chair at Drew University

The South Orange Library is pleased to offer this opportunity to the community. Registration is required. Please contact the Library with any questions or concerns.



Project SHIN Nurse

As September rolls around and we find ourselves in the midst of new beginnings, we are also gathering new resources to help us get through the coming year with ease. Please consider Project SHIN (Spiritual Healing Integrated with Nursing) as a resource.

l attend the regularly scheduled older adult programs where my services may include blood pressure checks, or discuss a particular concern that will sometimes warrant a more extensive follow up home visit, a friendly wellness visit, supportive listening and problem solving. At the meetings I also connect with educational and informational talks, hopefully creating a trusting and open relationship. By referral from clergy, staff or congregants, I will make home, rehabilitative, nursing home and hospital visits. In trying to ease feelings of isolation and fear of abandonment we can discuss and assess needs supporting and helping congregants to advocate for themselves or their loved ones. Together we can discuss and plan for short term and long term needs and provide resources and other information to smooth the transition home which sometimes helps to promote a sense of well being and confidence. Those who are more homebound due to a recent hospital stay, a chronic condition or problem, or gentle issues of aging and who find daily activities more challenging may also benefit from a visit. Sometimes the purpose of a visit is not clear except to know that the synagogue community is reaching out and the congregant is not alone or forgotten, Exhausted or lonely caregivers may benefit from supportive visits. We can just talk. Some visits are with whole families who are worried about their aging parent who is living alone, or a loved one who is going through extensive treatments and other challenges. I can help in providing assessment, information, guidance, or just a listening ear and discuss options that will help to keep loved ones safe and connected. I also have arranged for loans of donated home safety equipment (commodes, walkers etc.) when needed.

In short, looking at the whole of a situation, not just the specific problem, we can find a new perspective or supportive encouragement that can make a difference. Congregational nursing encompasses heart, health and spiritual wellness.

Feel free to contact me or ask the We Care Committee or synagogue staff to call me on your behalf. I can be reached at 973-530-3494. I will return your call as soon as possible. Best wishes for health and happiness.

Take care, Claire Akselrad Project SHIN Nurse

Project SHIN is funded through generous grants from Health Care Foundation of NJ, Grotta Fund for Senior Care of the Jewish Community Foundation, Congregation Beth El, Oheb Shalom and Temple Sharey Tefilo Israel.

In Memoriam

JANET S. DREYFUSS Mother of Stephen Dreyfuss

BEN GLICK

DORIS MAGED Sister of Julius Kaplan

LOU STERN Brother of Gert Zoref

ALBERT ZIERING Father of Deborah Wyman

Memorial Plaques

A Beautiful Way to Memorialize a Beloved Family Member

We know that many of you would like to purchase a bronze plaque in memory of a loved one who has died. The cost of a plaque is \$700. Every name on our Memorial Board is noted in perpetuity on the appropriate yahrzeit.

For further information, please call **Arnold Zoref** at 973-731-6309.



An Invitation to Single Jewish Women, 45-65

The L'Chaim cahpter of Jewish Women International, which meets at the JCC in West Orange, recognizes the fact that there are many women in the 45-65 year age group who are widowed, divorced, or never married. With grown

children, the traditional avenues of meeting friends through their children's activities or educational endeavors are no longer available.

Career demands limit the time to seek out new friends. The chapter offers

monthly meetings with interesting programs and outside events providing entertainment and stimulating activities as well as the chance to form lasting friendships. New members are most welcome. For more information call Sheila Gruber, 973-887-4009.



Tributes

Contributions in memory of loved ones and in honor of the simchas in our lives are acts of loving kindness. We are grateful for your generous support of Temple through various Tribute Funds.

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Brodsky family **Bobbie Lou Cutler** Birth of Dr. & Mrs. Robert Braunstein's granddaughter Jo Ann & Steve Pine

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Zelda Tessler Gloria Talkow

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Mary Rem family loss Irma Schulman

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Pauline Pollack

50th anniversary of Mr. & Mrs. Paul

Wolf

Lorraine & Howard Yablon Brenner family new home

Lorraine & Howard Yablon

Birth of Ruth Tenner's great granddaughter

Harriet & Everett Felper

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Bonnie & Lewis Garely

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Zelda Tobin Birth of Ruth Tenner's great

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YAHRZEIT OF

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Birth of Rachel & Russell Kaplan's
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Ruthann & Herb Fish

Marriage of Mimi & Joe Paperman's son

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Bettye & Ramon Green
Doris Maged, sister of Jules Kaplan
Bettye & Ramon Green
Jacob Green, father of Deborah
Taffet

Judy & Robert Epstein Louise Dean, mother of Carol Cohen

Judy & Robert Epstein

IN HONOR OF 70th anniversary of Janet & Gershon Shulman Lisa & Matthew Winkler Birth of Rachel & Russell Kaplan's

twin daughters
Linda & Joel Scharf
Marriage of Mimi & Joe Paperman's

Lorraine & Howard Yablon Birth of Ruth Tenner's great granddaughter

Bettye & Ramon Green Birth of Gail & Phil Amsterdam's grandchild

Barbara & David Stoller

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Grossman, uncle of Carol Brodey
& Philip Grossman
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We Care Committee
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Pamela Frank, aunt of Carol
Brodey

We Care Committee
Jacob Green, father of Deborah
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We Care Committee Magda Zoss, wife of Abraham Zoss

We Care Committee Bernard Otner, father of David Otner

We Care Committee

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Sisterboo we are the women of Temple

Sisterhood's connections with Preschool and Religious School have always been strong and supportive. This year, as we look to enlarge our Sisterhood Board, we are reaching out to women who have children in our schools. If you would like to help Sisterhood create programs that women with school age children would enjoy (either involving our kids or a "women only" night) then why not consider becoming a Sisterhood board member? Your input and suggestions are highly valued. Please call me at the Temple office, 973-763-4116, or email me at sseglin@tsti.org if you would like to know more. I look forward to talking with each of you! The first Sisterhood meeting of the season is on Wednesday, September 14 at 7:30 p.m. in the Mansion.

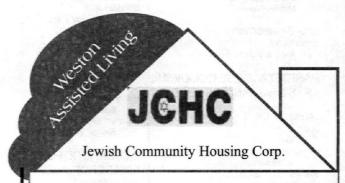
> Sunny Seglin Sisterhood President

Sisterbood's Gift Shop

We are bubbling with the good news that the Gift Shop will be carrying items that are upscale and quite magnificent at prices that stay as low as possible. Visit the shop this month for your Rosh Hashanah and break-fast table -- you won't be disappointed!

After Hour **Emergencies**

Please note that during any given weekend, one of your clergy is "on call" for after-hours emergencies. The individual "on call" and his/her home number is noted on the Temple answering machine at 973-763-4116.



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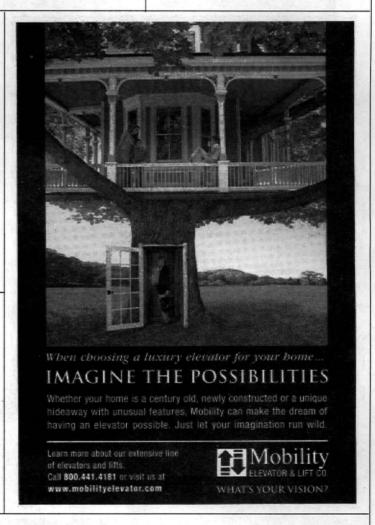
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