

**תורה**

**PORTION OF THE WEEK**

**January 4 - Va'era**  
**Exodus 6:2 - 9:35**

The story continues of the struggle to leave Egypt. God reviews the covenant made with Abraham, Isaac, and Jacob and then tells Moses, I have heard the cries of the Israelites and I will now fulfill my promise to them, to redeem them from slavery and bring them to the land which I promised their ancestors. God tells Moses that Moses will rule over Pharaoh, and Aaron will be Moses' prophet serving as his spokesperson. The first plagues descend on the Egyptians. The Nile is turned into blood and frogs invade the land, lice and swarms of insects invade Egypt. Pharaoh does not yield. The plagues of cattle disease, boils, and hail quickly follow.

**January 11 - Bo**  
**Exodus 10:1 - 13:16**

God inflicts the last three plagues upon the Egyptians and gives the instructions for the observance of the festival of Passover. Locusts, the eighth plague, devour all the grass and trees so that nothing green is left in all of Egypt. Then darkness covers the land for three days. Before the tenth and final plague, God tells Moses and Aaron to instruct each Israelite family to slaughter a lamb, put some of its blood on the doorposts of their homes so that God will pass over their houses when God kills every first born child in the land of Egypt. Finally, acknowledging God's power over him, Pharaoh tells Moses and Aaron to leave with the people so that they may worship God. They leave hurriedly, before their dough can rise.

**January 18 - Beshalach**  
**Exodus 13:17 - 17:16**

In Beshalach, we read about several miracles as the people of Israel safely cross the Sea of Reeds, have their hunger and thirst in the desert satisfied and emerge victorious from their first battle

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**From the Rabbi's Study**

by Jerome P. David, D.D.



I shall remember, always. The date was August 14, 1981. The place: our J.C.C. Camp in Medford. The occasion: the dedication of a giant free-standing Menorah — beautifully crafted by the campers themselves. The reason: to provide a visible memorial to the untimely and tragic deaths of four young children: Brett, Todd, Flynt and Blayne. These four children had been a part of the Center's

dynamic camping program only the summer before — now their parents, friends, counselors and other children, had assembled to show love and respect to their memory.

I was asked to speak. There was so much I could have said. I looked at the numb faces of those parents, and the teary-eyed children and I said very little — words were not necessary. The scene itself spoke volumes. At that moment, I knew we were creating a lasting impression, etching an eternal memory on the minds and hearts of those who were present. It was a very sad memory — but somehow extremely important.

For each one of us is the totality of his or her memories. And because some of our memories are sad and some are happy, we are a composite of sadness and happiness. Because some of our memories are of fear, and others are of confidence, we are both afraid, and secure. Because some of what we remember has to do with love and some with hate, we are both loving and hating. In plain words, we are what we remember.

We are what we remember of our teachers as they bored and fascinated us. We are what we remember of our parents as they cared for us, disciplined us, inspired us, and loved us. We are what we remember of our husbands and wives as we have shared both joys and sorrows. We are what we remember of our children as the years accumulate precious memories. Indeed, as we begin a new year, 2003 we are what we remember of our Jewishness.

My "New Year's resolution" is that we strive to create for our children those gifts of memory that will offer them strength and stability in an uncertain world. We must transmit the memories of a warm and loving home, of understanding parents and teachers, of Judaism responsive to the needs of the longing of the individual Jew. We need parents who will hold, hug and kiss their children, not just shower them with gifts. We need people who are not embarrassed to put a hand on the shoulder, to hug a friend, to give a kiss, without feeling too bold and without any immoral suggestiveness.

We must realize that with all our limitations — we can still love — and be loved in turn and live worthy noble lives. We are what we remember.

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## PRESIDENT'S MESSAGE

by Ken Korach



As we begin a new secular year, it is appropriate to reflect on our accomplishments (and failures) over the past year, along with our aspirations for the coming year. While many of us engage in the time honored practice of setting personal "resolutions" to help reach individual goals (I set mine with the Jewish New Year in order to get more time to break them!), there are other objectives which should more appropriately relate to our obligations as Jews in America. If you are reading this article, it is likely that you are a member of Temple Emanuel, one of the most vibrant and dynamic Reform congregations in our country. As a member, you are personally taking an action to secure the future of our religion by being connected to your fellow Jews, helping to ensure a positive Jewish experience for your children, and providing an opportunity for those less fortunate to belong to our Temple family. Temple Emanuel takes great pride in never refusing membership based solely upon ability to pay dues and fees, and your participation helps us to continue this tradition.

As members of Temple Emanuel, we deserve the right to feel proud of our past and current accomplishments. The programs that we offer, along with our educational, spiritual, charitable, and social activities, are virtually limitless. Life for us as Jews, here in Cherry Hill, is generally very secure and given the history of our people over almost six thousand years, we have much to be thankful for. However, we as Jews, more than any other people, know that we

can never really feel secure for our future when fellow Jews in the world face trials and tragedy.

My friends, I believe that our brothers and sisters in Israel face perhaps their greatest challenge since the founding of the Jewish state almost 55 year ago. While there is no doubt that Israel is a great military power, able to defend itself from conventional enemies and attack, the scourge of terrorism, and the daily battle against those who dream of nothing but to kill Jews, has become demoralizing and debilitating. Just as our country, the only "superpower" left in the world, was helpless when confronted with the horror of terrorism on September 11, 2001, Israel must face this challenge every day. Virtually every simple action, which we take for granted, like shopping, going to work or school, and riding the bus, is fraught with peril for Israelis. While I have no doubt that Israel has the determination and fortitude to overcome this most recent attempt to destroy it, it cannot do so alone. ISRAEL NEEDS OUR HELP!

What can we do? The simple answer is, lots of things! We can show our support for Israel by letting our elected officials know that unwavering defense of Israel in her fight against terrorism is vital. We can write letters to the media when they portray an anti-Israel bias in their reporting or editorials. We can support Israeli businesses (as many of you did) by purchasing Israeli products at Mitzvah Malls, such as the one we hosted at Temple Emanuel and another at the JCC. But most of all, we can make meaningful donations to the **Israel Emergency Fund**, currently being organized by the Jewish Federation of Southern New Jersey, in concert with Federations across the

country. Peggy David is Chairing this project for our community and every dollar raised will be used solely to helping Israel deal with the impact of terrorism. Each synagogue in the area has been asked to organize a committee to garner support for the Fund and I am pleased and honored that Amy and Andy Blackstone have agreed to serve as Temple Emanuel's Co-Chairs.

You will be hearing more about the Israel Emergency Fund in the months to come and I implore you to please think hard about an appropriate contribution to this effort. Our responsibilities as a vibrant Jewish congregation must extend beyond our community. It must also be our mission to ensure that the Jewish people remain strong and this is impossible without a State of Israel and our connection to it. Israel remains an anchor for the Jewish people around the world and attacks against it, are attacks against us. Without an Israel, our existence is always fragile. Let's not forget that since the destruction of ancient Israel, history has not been kind to the Jewish people. Israel remains a lifeboat for many of the world's Jews and we have a solemn obligation to help keep her strong.

When you are called upon for a contribution to the Israel Emergency Fund, please join me, your Temple Officers and Board of Trustees, and fellow congregants in giving a gift which is appropriate for you and your family. This truly is our time, and our chance, to do the right thing for Israel.

B'Shalom

Kenneth Korach

## One Congregation... One Family

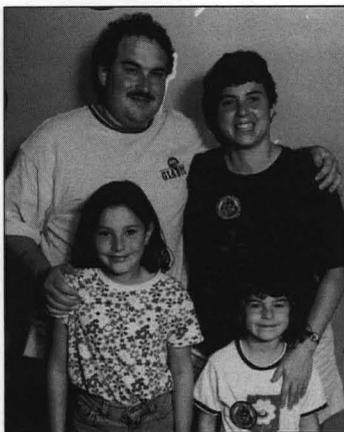
(A Monthly column so we can know more about each other.)

By Joan Grossberg

It is always energizing to be in the company of an active young family and so it is with the Sachais family. An interviewer may profess interest in the family's educational background but 9-year old Sarah is quite certain that you're really there to ascertain her favorite

animal. After a brief time, you really want to know what that animal may be.

Linda and Bruce Sachais are natives of North Jersey. Linda is from Morris County and came south to attend the former Glassboro State where she studied Radio/TV/Film. Her field is audio-visual production and has plied her craft for a local hospital, a convention company in St. Louis and as manager of the A/V department for the Marriott in center city. For the past several years Linda has focused full time on raising her daughter.



The Sachais Family

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## ADULT EDUCATION OFFERINGS FOR JANUARY AND FEBRUARY

### ➤ TUESDAY DAYTIME CLASSES

#### **Post B'nai Mitzvah Study Group**

with Rabbi Jerome P. David, D.D.

12 noon - 1:00 p.m., January 7 & 21 and February 4 & 18 (year-long calendar is available in annual brochure)

This class is open to our adult learners who have completed their Adult B'nai Mitzvah ceremony. It is a unique class, which explores Jewish issues, values, and liturgy with Rabbi David. One session of this class met in September, but newcomers are invited to join.

#### **Pirke Avot – Ethics of the Fathers**

with Rabbi Debbie Cohen

1-2 p.m., Tuesdays, January 7 & 21 and February 4 & 18

Learn wisdom from the first Rabbis. Pirke Avot is full of lessons relevant to contemporary life. Each session, we will study one chapter in translation.

### ➤ EVENING CLASSES

#### **Tuesday Evening Adult Academy**

#### **Jewish Medical Ethics**

with Rabbi Jerome P. David

Tuesdays, January 7, 14, 21 at 8:00 p.m.

Explore fascinating Jewish insights into pressing medical topics, such as euthanasia, reproductive technologies, genetic engineering, transplant surgery and medical experimentation. Expect lively discussion and debate. Register with Jean Klein, 489-0035

#### **Sunday Evening Gefilte Flicks Movie Series**

with Gail Selznick

7p.m., January 5 – Focus with William H. Macy

Join us for our second selections in a year-long movie series as we watch and discuss the movies that focus on the Jewish experience. Pre-registration not required.

#### **Thursday Evenings**

#### **Israel Current Events Forum**

Thursdays January 30 and February 27 at 7:30 p.m.

At this critical time in Israel's history, we will meet on a regular basis to discuss current events and the history behind. Join Mark Steele, a social studies teacher at Cherry Hill East and a Temple Emanuel member, for this interesting and important discussion series.

Registration is not required.

#### **Back By Popular Demand – Thursday Night Yoga and Jewish Meditation with Laura Markowitz**

7:30 p.m., Starting January 16

\$35/Eight Week Session

Yoga and Jewish Meditation was so popular this fall, we are going to repeat it this winter! Experience the relaxation, spirituality and renewal. We will explore the roots of Jewish meditation and experience the mind-body connection in a spiritual practice. Wear comfortable clothes and prepare to have fun. Please register with Jean Klein in the religious school office. There is a \$35 charge for this class; make your checks out to Temple Emanuel.

### **Families B'Yachad – Family Education Department**

#### **Parenting Program**

A program on Experiencing Learning Disabilities, led by Dr. Joan Finch, will be held on Sunday, January 12, 12:30 p.m.

A child with a learning disability has a great impact on so many aspects of his or her life. For parents of a child with learning disabilities, the experience is challenging and sometimes frustrating. During this interactive session, Dr. Joan Finch will lead us through a number of exercises meant to simulate different learning disabilities. We will talk about the experience and share ideas for raising children who face these challenges every day.

Lunch will be served. Register with Jean Klein, 489-0035

### **UPCOMING CLASS FAMILY EDUCATION DAYS**

Come learn with your child! Temple Emanuel has designed programs for parents and children to learn together. They are as follows:

- 1st Grade – Sunday, January 5, During Regular Class Hours
- 10th to 12th Grade -- Tuesday, January 14, During Regular Class Hours
- 3rd Grade -- Sunday, January 26, During Regular Class Hours

### **What Does God Look Like? And Other Questions....**

Has your child asked the questions. . .

- How do you know there is a God?
- Does God hear it when I pray?
- Is God a girl or a boy or a little bit of each?
- Does it mean anything that "God" spelled backwards is "Dog"?
- Do my Christian friends pray to the same God?
- Why did God let Grandma get sick?

Are you not sure of the answers? Do you question God yourself and are not sure how to teach your child to believe?

Temple Emanuel will hold a special parenting program, "Talking to Your Children about God," on February 9 at 9:00 a.m. Join Rabbi Debbie Cohen for an interactive and informative session about sharing spirituality with your children. We will talk about these questions and more. Register with Jean Klein, 489-0035



## THE SENIOR SCENE

by Gert Pastelnick

### THE SENIOR SCENE

As Jews, there are many times during each year we live between two different worlds. Our religious observance often differs from that of the secular world. It seems like only yesterday, we were observing our High Holy Days, with the start of our new year. Now in the secular world, we again have a new year, but the hope for peace, good health and happiness, remains the same in both.

For the start of 2003, our brown bag lunch meeting will take place on January 15, at 12 noon. At this meeting we are very fortunate to have as our speaker Rabbi Jerry David. He is passionate about Israel and it's current situation and will speak to us about "Israel and the Jewish Future." Do not miss this important meeting. All are welcome to attend.

Many of you have requested our upcoming year's meeting dates, they are: January 15; February 19; March 12; April 9; May 21 (a trip), and June 18.

We are looking forward to seeing you all, and greeting you on January 15.

## SHABBAT MORNING TORAH STUDY



Our Shabbat Morning Torah Study group meets throughout the year. Newcomers to Torah Study are encouraged to come. We read selections from the weekly Torah portion together and have lively and engaging discussion. In the fall, our meetings return to 9:15 AM. Come be part of our study community. Coffee is served – what could better? The schedule is as follows:

### January

- 4 Lay-Leader, Va'era, Exodus
- 11 Rabbi Cohen, Bo, Exodus
- 25 Sheila Stern & Judy Lubetkin, Yitro, Exodus

### February

- 1 Lay-Leader, Mishpatim, Exodus
- 8 Rabbi David, Terumah, Exodus.
- 22 Rabbi Cohen, Ki Tisa, Exodus

## Bar and Bat Mitzvahs

### JANUARY 4

Bat Mitzvah of  
**BRETT NICOLE KUCHIN**  
Daughter of Sheri and Steven Kuchin

Bar Mitzvah of  
**LYLE GROSS**  
Son of Renee Gross and Michael Gross

### JANUARY 11

Bar Mitzvah of  
**DANIEL FOLKMAN**  
Son of Beth and Ben Folkman

### JANUARY 25

Havdalah Service  
Bat Mitzvah of  
**JACLYN MICHELLE ALLEN**  
Daughter of Robin and Jeff Allen

### JANUARY 18

Bat Mitzvah of  
**ARIANA GABRIELLE LOWE**  
Daughter of Nancy C. Weiner



## Mazel Tov

**Dr. and Mrs. Larry Rosen on the marriage of their son, Mitchell to Jessica LeDoux**

**Dorothy Klein on the marriage of her grandson, Mitchell to Jessica LeDoux**

**Judy and Richard March on the marriage of their daughter Erika March to Mark Sinofsky**

**Lily and George Field on the birth of their granddaughters, Emma Grace and Adina Kayla Field**

**Dr. James B. Soffer on his becoming a member of the National Board of UAHC**

**Our Temple family on the Shoemaker-Markowitz Wedding**

## Torah

*Continued from Page 1*

as a free people. The Israelites continue on their journey and run short of water and food. God explains that bread will come for them from the sky.

### January 26 - Yitro, Exodus 18:1 - 20:23

The namesake of this week's Torah portion is Jethro (in Hebrew "Yitro"), the father-in-law of Moses. The portion opens with Jethro bringing his daughter (Moses' wife) and her two sons to join Moses in the desert after the Israelites exodus from Egypt. Jethro observes Moses spending his days settling disputes among the Israelites. Jethro suggests that Moses share this burden and delegate chiefs to judge all but the most difficult cases.

## Let Your Voice Be Heard

If you are interested in Youth and Family Education, we invite you to join the Youth Sub-Committee or the Family Education Sub-Committee.

We need your input, advice and hard work to make our programs a success. These committees are relatively small and very open to new ideas and suggestions. For more information, call Rabbi Debbie Cohen, 489-0029, dbcohen@templemanue.org, or talk to one of the committee chairwomen.

Upcoming meetings are: Family Education Committee, January 29 at 7 p.m., Chairwomen, Tracey Rebeck & Jessica Manelis, and Youth Committee, January 29 at 8 p.m., Charwoman: Randi Eisen.

**SAVE THE DATE!**

Reach for the Stars Weekend  
to benefit the Temple Emanuel StarLight Foundation  
May 2 - 4, 2003

Friday · May 2

Join us for a special musical Shabbat!

Sunday · May 4

**CAPITOL  
STEPS**

and the

First Annual Starlight Auction  
in partnership with Men's Club

Temple  
Emanuel  
**StarLight  
Foundation**

An endowment fund created to  
brighten & enrich the lives of our  
future generations

Questions? Contact Irene Strauss at (856)489-0029, EXT. 12

## Family Profile

Continued from Page 2

ters and directing her energy toward volunteer work. This includes the school library, Temple Emanuel's adult choir, softball at Willowdale Swimclub and coaching Sarah's softball team for Cherry Hill Township.

Bruce hales from Whippany, spent his undergrad years at Lehigh University and graduate school years at Washington University in St. Louis where he received an M.D. and PhD in Neuroscience. With a fellowship in Transfusion Medicine, Bruce settled at the University of Pennsylvania where he runs a scientific research lab focusing on stroke prevention. He too is increasingly active at Temple Emanuel as part of the Men's Club board, Adult Confirmation and Conversational Hebrew.

The couple met while still in high school and, despite long distance, dated continuously through their marriage 14 years ago. While Linda comes from a background of conservative Judaism, Bruce's synagogue was reform. They agree that it was through their children that they have become increasingly active at Temple Emanuel. Says Linda, "...the family has really taken it in." Both the children's studies and choir, she says, have helped a lot with the learning.

As for the children, they are 9-year old Sarah, a 4th grader at Bret Harte. She is a gymnast who has mastered cartwheels, assisted back handsprings and roundoffs. Sarah plays flute and softball. 6-year old Michele is in 1st grade at Bret Harte. She also takes gymnastics and takes an after-school art class. Both girls are part of Temple Emanuel's youth choir. Rounding out the household is 4-year old Zoe, a beagle adopted three years ago from the Animal Orphanage.

Linda and Bruce first came to Temple Emanuel through a friend, attended a family service and were prompted to join by the warmth they encountered. Says Bruce, "You didn't have to be knowledgeable to feel comfortable." The couple joined Temple Emanuel to provide their children with a full Jewish experience and came to enjoy everything the temple provides for the entire family. It is "...nice to be part of a community of people with similar interests to share," says Bruce. Linda adds, "You learn how other people do things and interpret [in a way that] enhances your own family traditions."

As for the Sachais children, Sarah's favorite animal is the dolphin and Michelle's is the horse. We would be remiss if we didn't share that.

A Correction to the Dec 2002 Family Profile. Chloe Berger is 10 years old and was born in Guatemala. We apologize to Chloe for our mistake.

## COMMUNITY AFFAIRS

By Pearl Braunstein

### Ongoing Projects

#### Casserole Cooking dates:

Bring a knife for cutting vegetables to the Temple kitchen on the following dates:

**Tuesday, Jan. 4**  
**Tuesday, Feb. 11**

**A**s we celebrate the beginning of 2003, I hope our Temple Emanuel has a sweet, healthy and peaceful New Year. I am certain there will be many new challenges and opportunities for everyone.

Our Casserole Cooking group will meet on Tuesday, January 14 and Tuesday, February 11 at 7:00 p.m. in our kitchen. We will assemble casseroles for distribution to the Neighborhood Center in Camden. Hot lunches will be served to over 300 people. We ask that you bring a knife with you to cut the veggies! If you have any questions re Casserole Cooking, please call me at 429-5354. By giving 1 1/2 hours or less, you can be part of a difference in the lives of many people.

Our food baskets at the Religious School entrance graciously accept your canned goods and non-perishable food items to be shared with those in need.

Personal Care Items for men and women are always in need at the homeless shelters. When you are grocery shopping, don't hesitate to purchase some personal care items. Using coupons makes it more affordable.

If anyone has any other ideas or thoughts for possible upcoming Social Action projects, please let us know.



**Temple Emanuel**

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www.templemanuel.org



## TREE OF LIFE

Jerri Pinsky, chairperson

The response to our "Simcha Tree" has been gratifying and overwhelming. The number of engraved leaves represents only a portion of those spoken for, as many leaves have been reserved for future use. Thanks to all of you who continue to order and show support for this very important Temple project.

Recently, leaves and rocks have been purchased to be given as a thank you gift, birthday gift, anniversary gift and wedding gift. Each recipient of this gift was sent a beautiful acknowledgement card informing them that a leaf or rock had been installed in their honor. As they came in and saw the Tree, it was apparent just how much pleasure this meaningful and thoughtful gift brought to each one of them.

Don't let our Tree of Life fill up without your family being represented. This is a once in a lifetime opportunity.

Remember, your \$180 donation will purchase a commemorative leaf which contains approximately 60 letters. For a donation of \$500, we offer a 4" by 6" rock, which contains approximately 100 letters and is installed at the base of the Tree.

If you have any questions, contact Irene Strauss in the Temple office at (856) 489-0029 x12.

Additional Leaves Adorning Our Tree of Life

Consider honoring your loved ones as the people below have done:

#### DONOR

Shelley and Steven Suflas  
Shelley and Steven Suflas  
Shelley and Steven Suflas  
Bard Family  
Pearl Braunstein  
Marie and Andy Weiner  
Maxine and Chris Neutson  
Gillian and Robert Cohen  
Mindy and Leo Gotleib  
Mindy and Leo Gotleib  
Myrna and Marshall Fineman and family

Lynne and Greg Bruno  
Lynne and Greg Bruno  
Richard Baseman  
Richard Baseman  
The Pinsky Family

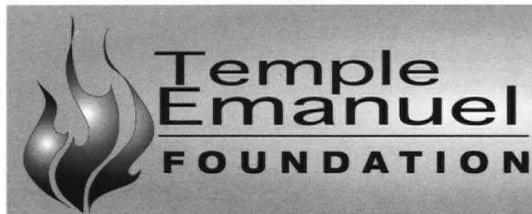
#### AND HONORED WITH A ROCK

Mindy and Larry Rosen

#### IN HONOR OF

Bat Mitzvah of Whitney Ariel Suflas  
Bat Mitzvah of Rebecca Lauren Suflas  
Bat Mitzvah of Allison Nicole Suflas  
Bruce, Randi, Jordan, Rachel & Zachary  
Temple membership since 1968  
Birth of Zoe Barry Weiner  
Bar Mitzvah of Colby Marc Tuff  
Haley and Olivia Cohen  
Bar Mitzvah of Michael Gotleib  
Reserved two leaves  
E. Elizabeth Fineman  
on her 90th Birthday  
Bar Mitzvah of Derek Samuel Bruno  
Reserved one leaf  
Bar Mitzvah of Zachary M. Baseman  
Bar Mitzvah of Benjamin J. Baseman  
Robert, Jerrilyn and Jeffrey

Mitchell and Jessica's marriage



**W**e seek to build an endowment fund as a perpetual resource in support of Temple Emanuel's educational, cultural and family life educational activities. Gifts to the Foundation will provide generations to come with both the freedom to determine how Temple Emanuel will fulfill its mission – and with the critical resources we will need to adapt and innovate as the world changes around us. For further information, please contact Rabbi David or Richard P. Freedman, Chair, Temple Emanuel Foundation.

# Youth Group

by Sandy Umansky

This is the time of year that finds college students returning from fall semester, families traveling for winter break to visit other family, everyone anticipating the arrival of a new year with limitless opportunities and excitement. This is the time of year that we can evaluate our goals and desires, our relationships and commitments; we can reevaluate and re-commit.

We all anticipate this time of year for personal and family reasons. How wonderful to be able to do this twice - our religious beginnings at Rosh Hashonah and Yom Kippur and our secular beginnings at the New Year. So, you have two chances to try new things, to try Youth Group! (You knew that was coming, didn't you?)

This year finds countless chances to give of yourself to your very own synagogue and to your community - through Youth Group, of course! Family dinners, new member shabbats, pre-school open-houses, all need volunteers to share their love of Temple Emanuel and one another. Don't sit back, reading this, and think, "That's good for someone else...not me."

Ask Lauren or Arielle or Dani or Garen or Jen or Chelsey or Matt ....or anyone who has come out and done hands-on volunteering. The chances to give back exist; you just have to be willing to grab them and grow with them.

Okay, so now you are re-awakened to things to help out; what about the FUN?

Junior and Senior Tefty have two ski trips planned; week-end conventions are coming up with over 200 Jewish teens from our region at each convention, all anxious to get to know you; and there is National Convention scheduled for Presidents' Week-end in February. in Washington, D.C., with 2,000 teens and YOU! We had an incredibly successful Sock Hop with M'Kor Shalom, a dance open to the Jewish teen community. And we are always anxious to learn what you want to do...bowling, rock climbing, sports events, plays? Give us your ideas.

Youth Group does enhance lives. It could change yours. Why not make a commitment to try something new this new year? Why not Youth Group?

B' Shalom

## Younger Youth Groups at Temple Emanuel

Temple Emanuel has Youth Groups beginning in Kindergarten. Each month, there are opportunities for the young people at Temple Emanuel to get together to socialize, learn, and do community projects. To sign up for an event or to learn more about our groups, please call Jean Klein in the Religious School office, 489-0035.

### EVENTS FOR JANUARY & FEBRUARY:

#### Shabbat Shalom Club

Meets on Shabbat Morning  
from 11:00 a.m. to 12:30 p.m.

Grades: K-2

Advisor: Laura Hoffman

January 25 - Torah Magic

February 8 - Musical Program

#### Shalosh Arbah Club

Meets on Sunday at 12:15 p.m.

Grades: 3 & 4

Advisor: Laura Hoffman

January 26 - Magic Show

February 23 - Mystery Trip

#### Yedidim

Grades 5 & 6

Advisor: Sandy Umansky

January 26 -- Bagels & Bowling -

11:00 a.m. to 1:00 p.m.

February 8 - Make your Own Sundae

Havdalah Party - 4:00-6:00 p.m.



## Religious School

by RITA ZOHAV

Who are they? They spend hours working on lesson plans to excite our children and turn them on to being proud of their Judaism. They buy supplies and candy for treats out of their own pockets. They care passionately about Jewish learning and continuity. They want to give back to the Jewish community or to the Temple where they themselves grew up. They care about touching the lives of students and making a difference. They have full-time jobs, families and busy lives, but still make time for our children. They are the teachers in our Religious School.

They do not only work for their salaries, however, small or substantial. And though they are rewarded by the smiles of the children, it is important that we acknowledge their dedication and hard work. So to all of our teachers, we say Todah Rabah, thank you so very much.

This year, we are fortunate to have a wonderful anonymous donor in the South Jersey Jewish community who has created a special fund, "The Judy Kahn Lights of Learning Fund." The fund is in honor of Judy Kahn and her belief that our community should do more to publicly honor and thank its Jewish teachers. This fund provided a gift certificate to "Shop Israel Southern New Jersey" to all teachers who have taught in our Jewish schools ten years or more. This gift both shows our appreciation and provides vitally needed economic solidarity with Israel.

We are fortunate at Temple Emanuel to have a number of teachers and tutors who have been working here at least 10 years, some of them for many more. Those that were honored this year were:

- Jeanne Conn,
- Aileen Cwanger,
- Donna Friedman,
- Barbara Gail,
- Suzi Greenberg,
- Amy Landsman,
- Sandy Umansky.

To those who were honored, Yashar Koach to all of you. I hope that you continue to be role models for our children and role models for the other teachers who also dedicate themselves to the Jewish education of our children.

# Ritual Education

by Barbara J. Silverman

I received this story as part of an e-mail a couple of weeks ago. It made quite an impression on me and I would like to share it with you as we move into the new secular year of 2003.

## The Cab Ride

Twenty years ago, I drove a cab for a living. When I arrived at 2:30 a.m., the building was dark except for a single light in a ground floor window. Under these circumstances, many drivers would just honk once or twice, wait a minute, then drive away. But, I had seen too many impoverished people who depended on taxis as their only means of transportation. Unless a situation smelled of danger, I always went to the door. This passenger might be someone who needs my assistance, I reasoned to myself.

So I walked to the door and knocked. "Just a minute", answered a frail, elderly voice. I could hear something being dragged across the floor. After a long pause, the door opened. A small woman in her 80's stood before me. She was wearing a print dress and a pillbox hat with a veil pinned on it, like somebody out of a 1940s movie. By her side was a small nylon suitcase. The apartment looked as if no one had lived in it for years. All the furniture was covered with sheets. There were no clocks on the walls, no knickknacks or utensils on the counters. In the corner was a cardboard box filled with photos and glassware.

"Would you carry my bag out to the car?" she said. I took the suitcase to the cab, then returned to assist the woman. She took my arm and we walked slowly toward the curb. She kept thanking me for my kindness.

"It's nothing", I told her. "I just try to treat my passengers the way I would want my mother treated".

"Oh, you're such a good boy", she said. When we got in the cab, she gave me an address, then asked, "Could you drive through downtown?"

"It's not the shortest way," I answered quickly.

"Oh, I don't mind," she said. "I'm in no hurry. I'm on my way to a hospice". I looked in the rearview mirror. Her eyes were glistening. "I don't have any family left," she continued. "The doctor says I don't have very long."

I quietly reached over and shut off the meter. "What route would you like me to take?" I asked. For the next two hours, we drove through the city. She showed me the building where she had once worked as an elevator operator. We drove through the neighborhood where she and her husband had lived when they were newlyweds. She had

me pull up in front of a furniture warehouse that had once been a ballroom where she had gone dancing as a girl. Sometimes she'd ask me to slow in front of a particular building or corner and would sit staring into the darkness, saying nothing. As the first hint of sun was creasing the horizon, she suddenly said, "I'm tired. Let's go now."

We drove in silence to the address she had given me. It was a low building, like a small convalescent home, with a driveway that passed under a portico.

Two orderlies came out to the cab as soon as we pulled up. They were solicitous and intent, watching her every move. They must have been expecting her. I opened the trunk and took the small suitcase to the door. The woman was already seated in a wheelchair.

"How much do I owe you?" she asked, reaching into her purse.

"Nothing," I said.

"You have to make a living," she answered.

"There are other passengers," I responded. Almost without thinking, I bent and gave her a hug. She held onto me tightly.

"You gave an old woman a little moment of joy," she said. "Thank you."

I squeezed her hand, then walked into the dim morning light. Behind me, a door shut. It was the sound of the closing of a life. I didn't pick up any more passengers that shift. I drove aimlessly, lost in thought. For the rest of that day, I could hardly talk. What if that woman had gotten an angry driver, or one who was impatient to end his shift? What if I had refused to take the run, or had honked once, then driven away? On a quick review, I don't think that I have done anything more important in my life. We're conditioned to think that our lives revolve around great moments. But great moments often catch us unaware-beautifully wrapped in what others may consider a small one.

People may not remember exactly what you did, or what you said, but they will always remember how you made them feel.

Author Unknown...

## The Mitzvah Mall

Many thanks to all the people who helped make the Mitzvah Mall on November 21 such a success! For many of the vendors, the 5 days of area malls went a long way to help them keep their businesses afloat. We were told of family shops that could now stay open, of manufacturers that could stop lay-offs and of vendors that now had hope of future business. Most of all, we heard from very grateful merchants that the amount of volunteers and financial gain from Temple Emanuel was overwhelming!

While we would love to thank each of our volunteers personally, it is impossible because there were so many of you. Temple Emanuel had over 200 sales volunteers. In addition, special thanks to Stephen Ehrlich, Ruth Manin, Gertrude Pastelnick, Donna & Stuart Friedman, Carl Grossberg, Mindy Gotlieb, Bruce Bard, Jeff Berger and Leo Schwartzberg. Lastly, our most heartfelt thank you to Jane Vortreflich and Mayda Clarke for their constant support and help.

The day was so special for our family. We had wanted to spend this winter in Israel for our sons' Bar Mitzvah. Unfortunately, we felt this was not the time to visit. By chairing the Mitzvah Mall, our entire family felt like we were doing everything possible to support Israel. And Scott certainly did his part single-handedly to boost the economy!

Please remember that the Mitzvah Mall is over, but Israel still struggles. We can all do our part to help by purchasing Israeli products. All the vendors we hosted have web sites for future purchases. Unfortunately, we will probably see more of these mitzvah mall, perhaps even at Temple Emanuel. We have no doubt that if that day comes, you will all rise to the occasion.

B'Shalom,

Debbie & Scott Jeffreys

## Jewish Pre-School as a Gateway to Jewish Life

Often, people will ask me what it is that makes the Pre-School at Temple Emanuel unique and special. It is difficult to put into words how to explain what it is that makes our school what it is. I often tell people that they need to come visit the school and to "feel" what makes us who and what we are. First and foremost, I know that our caring, nurturing, dedicated staff is key to the success of our school. Our morot (teachers) encourage not just learning, but the love of learning in a non-pressured environment. So often I hear about pushed down academics and the stress that children experience, even at a very young age.

At the Pre-School at Temple Emanuel, children learn through their play. The skills of negotiation, problem solving, mathematical concepts, and spatial relations, just to name a few, are all employed as children discover and learn. Our morot enjoy planning exciting experiences for the children, always on the lookout for "teachable moments", those special times when the children lead the way as they explore the world around them.

In order to provide the best possible program for our children, our staff seeks out new learning experiences for themselves. Whether they are attending a national conference, a local in-service training or sharing amongst colleagues, each morah strives to enhance her wealth of knowledge. Our school is a nice size, not too small and not too big. This allows me to know every child and his/her family. We recognize that each child is unique and we strive to create classroom communities where children feel secure and respected. We encourage a close relationship between home and school, seeing our parents as partners in the education of their children.

In addition, to visiting each classroom on a daily basis where I have the opportunity to see learning in action, I look forward to sharing special days throughout the year with our children when we get together for school-wide special programs. Each of these special days, such as our Thanksgiving Feast, Hanukkah Happening, Jumpin' Gymanee Day, Passover Seder and Earth Day is fun-filled and helps to expand the children's view of the world around them.

When you enroll your child in our school, you become part of not only the Pre-School family, but our Temple Emanuel family, too. We hope that families will take advantage of all the wonderful programs offered for young families by Temple Emanuel. Family education programs, bi-weekly Tot Shabbat services, Shabbat dinners and the Aleph Bet Club for parents with young children, are just a few of the ways families can enhance their Jewish identity. Temple Emanuel has even created a new membership category for young families called Gateway Membership.

A question often asked by parents who are looking into pre-schools is, "Will my child be challenged academically?" I

respond by assuring them that their child will be, but in addition to academics, their child will be provided with a well-rounded education. We understand that it is our job to teach the whole child, and that cognitive skills are just one part of what a child needs to learn. The first five years of life are a time of enormous growth of linguistic, conceptual, social, emotional and motor competence. We strive to create an environment in which children learn and develop in all these areas.

As a Jewish pre-school, we provide children with experiences that support their Judaism.

Through the exploration of holidays, values and traditions, the children discover the joys of being Jewish. Our Rabbis actively participate in the Pre-School through weekly Shabbat services and holiday celebrations. Our pre-schoolers feel very much at home sitting on the Bimah with our Rabbis. Although we are a Jewish pre-school, our program is open to all children.

The best way for you to understand what makes the Pre-School at Temple Emanuel stand out is to come and visit. We are happy to give you a tour of our beautiful facility and an opportunity to see how special we are. In addition to a tour, we would be glad to schedule a time for you to observe a class to see first hand the fun, exploration and learning in action. In addition to our Pre-School classes, we also offer parenting classes and a summer camp program.

Registration for the 2003-2004 camp and school year will be taking place beginning this month. You can find the schedule for the beginning of registration here in the Light. I hope that you will take a few minutes and either call me at 489-0034 or stop by to visit the Pre-School.

I look forward to meeting you and your child. If you know of others who are looking for a program for their young child(ren) I hope that you will tell them about our wonderful Pre-School. Limited spaces are still available in our 3- and 4- year old classes for this school year (2002-2003). Please call for information.

### Mark Your calendar for Registration Dates

Pre-School and Kamp Kayeetz registration for the 2003 – 2004 year will begin on the following dates:

- **Temple Emanuel Members**  
Tuesday, January 21st, 2003
- **Past and present Pre-School & PACT families (non-Temple Members)**  
Monday, January 27th, 2003
- **Current Kreative Kids Families**  
Wednesday, January 29th, 2003
- **General Public**  
Monday, February 3rd, 2003

If you would like to schedule an appointment to meet with Julie Kratchman, Pre-School Director and a time to observe classes at The Pre-School, please contact the Pre-School office at 489-0034.

## HAPPY BIRTHDAY DEAR TREEEEEEES....

We will celebrate Tu B'Shevat, the *Birthday of the Trees*, on January 17 at 8 p.m.

As is our tradition, we will celebrate our environment and ecology on this special day. Join us for a family-oriented Shabbat evening service, with special readings and prayers for Tu B'Shevat.

After the service, we will have an Oneg full of activities and stations for children and adults of all ages. Plant parsley for Passover, make a decorative planter, learn about and eat the fruits of Israel. In the cold of winter, experience the warmth of Tu B'Shevat and Shabbat.



טו בשבט

In Judith K. Eisenstein's, "Heritage of Music" (New York: Union of American Hebrew Congregations, 1972) she wrote: *"The people gave the music life, and the music in turn pulsated in the people, passing from parent to child, and from land to land. The joys and triumphs, the tenderness and warmth, the agony and sorrows, the prayer and the protest, which were shared by Jews and made them one, were poured into music; and where they are still felt, that process continues today. When we live for a moment with that music, we are touching the pulse itself, and our own is quickened in turn."*

Temple Emanuel's Murray Saver exemplifies a continuation of Judith Eisenstein's expressions of passion for Jewish music.

At our synagogue Murray not only plays the organ, piano and sometimes sings, he even steps in as our cantor when Cantor Sherman is away. In addition, he teaches Hebrew to adults, gives lectures on Jewish music, and plays at weddings and bar mitzvahs. Murray was instrumental in making a CD of Shabbat service music for Temple Emanuel congregants. In his home, he has a mini music studio.

Murray also composes and arranges music. When he composes a new piece of liturgical music, we, the congregants, are usually the first to hear it. He's done children's music and shows.

He recently completed a musical score for a Holocaust film created by a colleague of his who teaches French. The film, called "France Divided," is coming out in May, 2003. It is targeted for high school and college students studying French. It will be shown with English subtitles.

Murray loves languages, and he loves to travel. However, before visiting a country, he tries to learn the country's language. Among his language accomplishments besides Hebrew, Yiddish and English are German, Hungarian, French, and Spanish. Right now, he has Italian on his plate! When in these countries he makes it a point to visit the old Jewish cultural centers. In a rare case, this means a beautiful restored synagogue. In Budapest he found little "courtyard" shuls, the type that were popular during the early 20th century, some still being used. But in most cases they are either gone or are in a state of disrepair.

Whatever Murray does, you can count on his genuine enthusiasm and professionalism to keep his audience alert and interested. Murray's talents go on and on. As a child, he played the harp and the flute. He can also play the recorder (baroque music). His favorite music is 4-hand piano works.

Murray's first job out of college was teaching the Middle School at Agnes Irwin in Rosemont, Pa. Then he took over the Lower School and then the High School. As well as teaching the "bookends" of the Agnes Irwin School, he is now the Chair of the Music Department.

Murray has a choral group called the Bel Cantos at the high school, composed of 17 select high school girls. They sing a cappella and represent the school at community functions throughout the Delaware Valley. They have performed in NYC at Ground Zero and at St. Paul's Cathedral.

#### **Music, Maestro Murray!**

Murray has conducted "Carmina Burana," Vivaldi's "Gloria," Handel's "Messiah" and Faure's "Requiem" in collaboration with the nearby Haverford School for Boys. In his school, at holiday concerts, he always emphasizes the universality of music and the fact that most Christmas music such as "White Christmas," "Silver Bells," "Chestnuts Roasting on an Open Fire," as well as many others, were written by Jews.

Although Murray Saver was raised in a wonderful Jewish home, he was always fascinated with Christmas music. Rather than discouraging this interest, his mother helped foster his love for all kinds of music. He even wrote a Christmas musical in fourth grade!

How does any one person do all this? The answer is - have a lot of talent and start young.

Murray was born and raised in Mt. Airy, Pa. Around the age 5, without any lessons, Murray started playing on an old upright Wurlitzer grand piano at his uncle's house. At the age of 7 his parents surprised him by getting him his own spinet.

In the 7th grade, he played for Studio Playhouse on TV. He took piano lessons on Saturdays at the local corner music store, after attending synagogue services.

Murray started classical piano training at age 9. His first professional appearance was at 12 years of age when he was paid \$5 to play for the Optimists Club meeting at the Junior High School. At age 14 Murray played piano for his uncle's string quartet and quintet.

Growing up in Philadelphia, Murray attended Central High School. He wanted to study another musical instrument. So he took what was left, the harp! He became an accomplished harp player.

There is usually one teacher that has a major influence on a student. In Murray's senior year at Central, it was Mr. Italo Taranta, a choral director, pianist and teacher. Because of Mr. Taranta, Murray developed a deep interest in choral music. He learned so much from him in that one year, Murray was able to skip many music courses in college.

Hebrew education is a high priority in Murray's life. He attended Gratz High School after regular school hours and studied Hebrew and eventually became a Hebrew teacher and a music teacher in the school. Murray met Cantor Robin Sherman during their high school years. To this day, they maintain a strong musical connection.

With the ink on his B.Mus.Ed. Degree not yet dry, Murray found that there was a job freeze in the Philadelphia school system. So when a Mr. Wendall Pritchard, the Head of Choral Music, told Murray there was an opening in a private school, the Agnes Irwin School, and asked Murray if he were interested. Murray responded positively, and has been there now for 26 years.

#### **Murray's singing, teaching background**

In 1975, when he was in the college choir, they sang at the United Nations in NYC. Before coming to Temple Emanuel, Murray was a member of the Choral Arts Society and The Music Group of Philadelphia, a chamber choir. They sang in Poland in 1986. He also sang in Berlin at the Olympic stadium, in London and in Hungary.

While in Hungary in 1986, Murray took courses in a special philosophy of how to teach music to children. This method was created by Zoltan Kodaly and Bela Bartok in the 1920's. It cata-



# Calendar

**FEBRUARY 2003**

**SHEVAT/ADAR I 5763**

Events and times listed are subject to change.

**PHONE NUMBERS:**

Rel. School: 856-489-0035

Pre-School: 856-489-0034

Fax: 856-489-0032

**SCHOOL CLOSING NUMBERS:**

Religious School - 638

6th-12th Grade Eve. -2638

Pre-School - 1255



**Temple Emanuel**

1101 Springdale Road • Cherry Hill, NJ 08003-2900  
856-489-0029 • Fax: 856-489-0032

www.templemanuel.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT	
						<b>1</b> 9:15 a.m. Torah Study 9:30 a.m. Shabbat Morning Service with R.S.  <b>9th Grade Trip</b>	
<b>2</b> 10:00 a.m. Sisterhood Board Meeting 7:00 p.m. Gefilta Flicks	<b>3</b> 7:30 p.m. Adult Bar Mitzvah	<b>4</b> 12 Noon Adult Beg. Hebrew Post Bnai Mitzvah Study Bnai Mitzvah Class 1:00 p.m. Jewish Texts 7:00 p.m. Choir Practice Adult Hebrew 8:00 p.m. Adult Confirmation	<b>5</b> 7:00 p.m. Introduction to Judaism College Outreach 8:00 p.m. Adult Ed. Mtg.	<b>6</b> 7:30 p.m. Yoga and Meditation	<b>7</b> 7:00 p.m. Tot Shabbat 7:30 p.m. Shabbat Evening Family Service <b>2nd Grade – Shemot Children's Choir</b>  <i>Welcome Shabbat</i>	<b>8</b> 9:15 p.m. Torah Study 10:30 a.m. Shabbat Morning Service Bar Mitzvah of ZACHARY OREL MARON 11:00 a.m. Tallit Workshop 6:15 p.m. Havdalah Service Bat Mitzvah of RACHAEL NELSON <b>TEFTY Night Out</b>	
<b>9th Grade Trip</b>	<b>9</b> 9:00 a.m. Parenting Workshop 10:00 a.m. Adult Bar Mitzvah - Murray Savar 1:00 p.m. Aleph Bet Club Event	<b>10</b> 7:00 p.m. Candlelighting and Kiddush Class Religious School Committee 7:30 p.m. Exec. Board Meeting	<b>11</b> 12 Noon Prayerbook Skills 7:00 p.m. Casserole Cooking Adult Hebrew Choir Practice 8:00 p.m. Confirmation Academy	<b>12</b> 7:00 p.m. Introduction to Judaism 7:30 p.m. Adult Ed Family Education Program with Peggy David	<b>13</b> 7:30 p.m. Membership Committee Yoga and Meditation	<b>14</b> 8:00 p.m. Shabbat Evening Torah Service  <i>Welcome Shabbat</i>	<b>15</b> 10:30 a.m. Shabbat Morning Service 6:15 p.m. Havdalah Service Bar Mitzvah of RACHEL ANNE POWELL
<b>NO SCHOOL</b>	<b>16</b>	<b>17</b>	<b>18</b> 12 Noon Adult Beg. Hebrew Post Bnai Mitzvah Study Bnai Mitzvah Class 1:00 p.m. Jewish Texts 7:00 p.m. Choir Practice Adult Hebrew 8:00 p.m. Adult Confirmation	<b>19</b> 12 Noon Senior Group Brown Bag Lunch and Discussion 7:30 p.m. Adult Family Education Program with Peggy David	<b>20</b> 7:30 p.m. Ritual Committee Mtg. Yoga and Meditation	<b>21</b> 7:00 p.m. Tot Shabbat 8:00 p.m. Shabbat Evening Service 3rd Grade – Vayikra  <i>Welcome Shabbat</i>	<b>22</b> 9:15 a.m. Torah Study 10:30 a.m. Shabbat Morning Service Bar Mitzvah of JOSHUA MARC JEFFREYS 6:15 p.m. Havdalah Service Bar Mitzvah of GREGORY KATZ <b>Jewish Culture Shuk at JCC</b>
<b>23</b> 10:00 a.m. Adult Bar Mitzvah 12:15 p.m. Shalosh Arbah Club	<b>24</b> 7:30 p.m. TE Board of Trustees	<b>25</b> 12 Noon Prayerbook Skills 7:00 p.m. Choir Practice Adult Hebrew 8:00 p.m. Adult Confirmation	<b>26</b> 7:00 p.m. Introduction to Judaism	<b>27</b> 7:30 p.m. Israel Current Events Yoga and Meditation	<b>28</b> 8:00 p.m. Shabbat Evening Service – Youth Group Shabbat  <i>Welcome Shabbat</i>		

*Talk about Modern Parenting  
Approaches & Learn the Jewish  
Perspective on Raising Children*

**January 7, 14, 21 & 28  
9:30 AM**

## **Want to be a great parent?**



A seminar for parents of infants, pre-school and early elementary school students.

Join us as we explore a host of topics both from the Jewish and a modern parenting perspective. Topics will include building self-esteem and character, imparting positive values, discipline techniques and raising well-grounded children.

No fee for Temple Emanuel families or the Pre-school at Temple Emanuel families.  
\$35 for all others interested in taking this seminar.

Baby-sitting available. \$5/session.

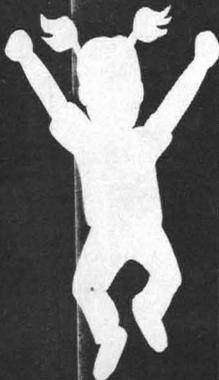
Please request baby-sitting when you register.

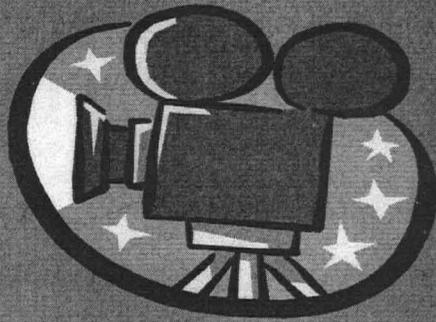
- **Taught by Joanna Kleinman, LCSW, & Rabbi Debbie Cohen**
- **Based on the acclaimed book, *The Blessing of the Skinned Knee* by Wendy Mogel, Ph.D.**
- **Reading the book is not required, but enrichment readings will be suggested.**

Sponsored by Temple Emanuel & the Pre-School at Temple Emanuel

Interested in Registering?

Contact Jean Klein in the Religious School, 489-0029 or Jeanie Blanton in the Pre-School, 489-0034.





## Gefilte Flicks Movie Series

Led by Gail Selznick, movie enthusiast. A series of 5 movies about being Jewish in America.

Now Playing:  
January 5, 7:00 PM–  
Focus with William H. Macy

No need to pre-register.

*How difficult can this be?  
Experiencing Learning  
Disabilities*

*A Seminar for Teachers & Parents*

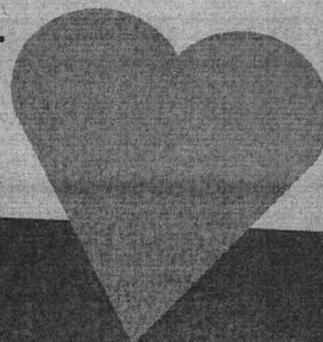
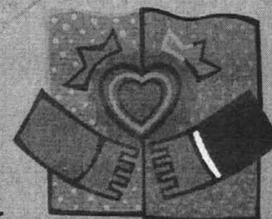
*Led by Dr. Joan Finch*

*Sunday, January 12, 12:30 P M*

*Lunch Will Be Served*

*Register with Jean Klein, 489-0035*

Having a learning disability impacts so many aspects of a child's life. For parents of a child with learning disabilities, the experience is challenging and sometimes frustrating. During this interactive session, Dr. Joan Finch will lead us through a number of exercises meant to simulate different learning disabilities. We will talk about the experience and share ideas for raising children who face these challenges every day.



# Havdalah Pajama Party

A Family Night about Going  
to Sleep Jewishly

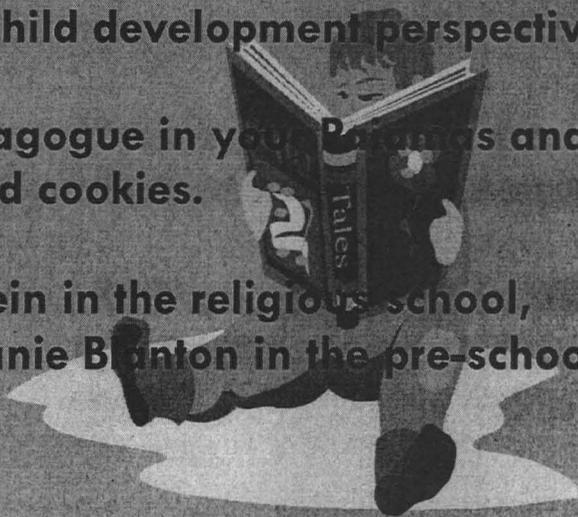
January 11, 6:00 to 8:00 PM

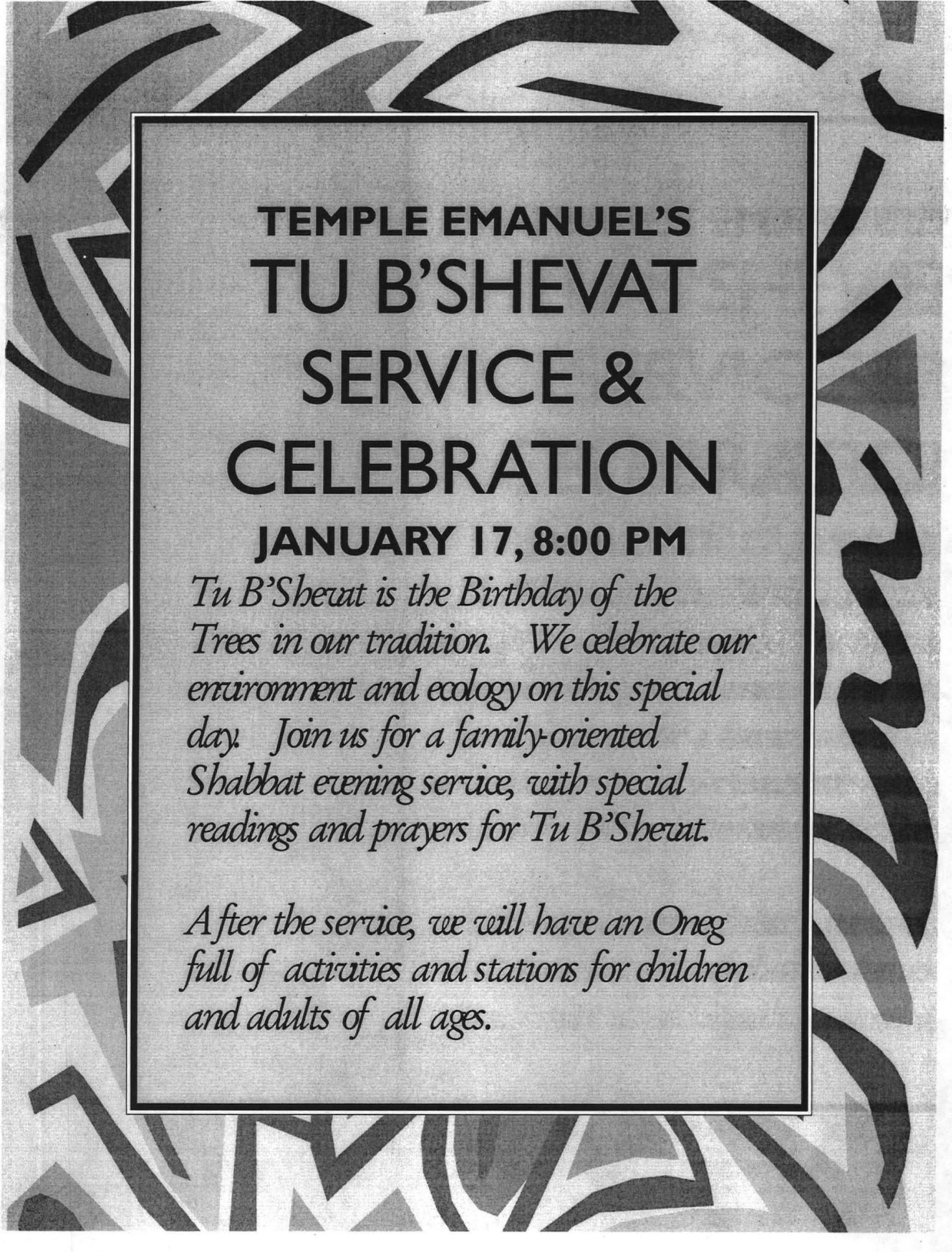
Learn about Jewish bedtime rituals. Make Shema pillows. Sing lullabies and learn to "sign" the Shema. Listen to Jewish bedtime stories.

There will be a special parents' program on bedtime issues from the child development perspective.

Come to the synagogue in your Pajamas and enjoy a snack of milk and cookies.

RSVP to Jean Klein in the religious school, 489-0035, or Jeanie Blanton in the pre-school, 489-0034.





**TEMPLE EMANUEL'S  
TU B'SHEVAT  
SERVICE &  
CELEBRATION**

**JANUARY 17, 8:00 PM**

*Tu B'Shevat is the Birthday of the Trees in our tradition. We celebrate our environment and ecology on this special day. Join us for a family-oriented Shabbat evening service, with special readings and prayers for Tu B'Shevat.*

*After the service, we will have an Oneg full of activities and stations for children and adults of all ages.*

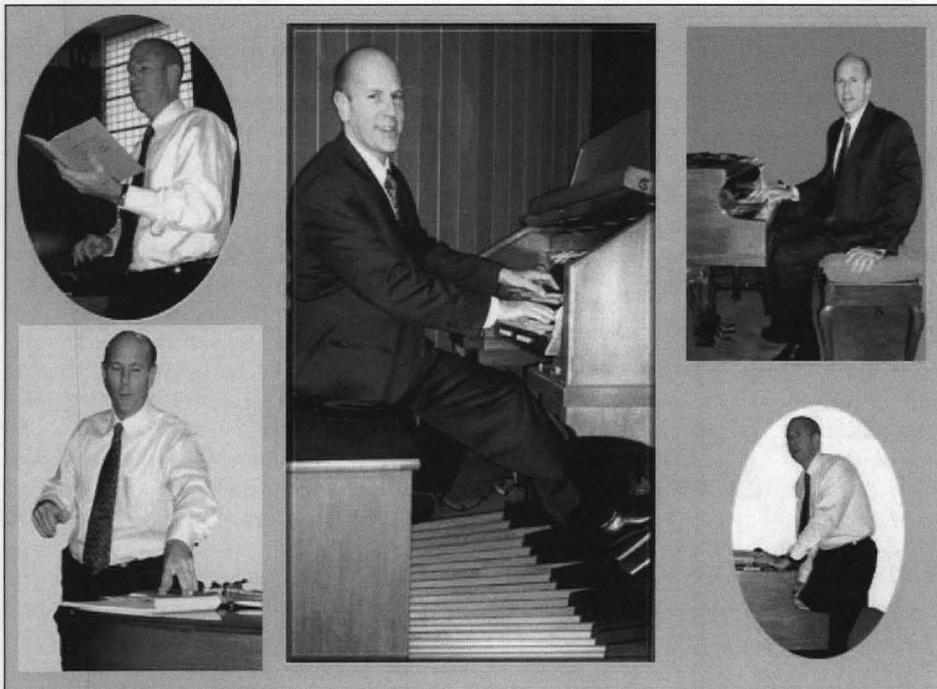
logged and categorized music. This methodology was pioneered in the USA by Sean Deibler, a friend and mentor of Murray's. Murray has taken this knowledge and implemented it very successfully in his classrooms.

As a composer, his present goal is to redo an entire Hebrew liturgy for the Shabbat service that will include many instruments.

Murray came to Temple Emanuel as a

substitute accompanist for a "one-night stand" more than nine years ago, and has been here ever since. He even brought his own baby grand piano!

Murray strives to provide our Temple with an atmosphere of the highest quality and beauty of music. We all enjoy his contribution to our services and events. Temple Emanuel is very supportive and appreciative of his passion for Jewish music.



## KICK OFF TIME

Temple Emanuel Young Couples' club will have a Football Party on January 5 at 1:00 p.m. at the home of Joel and Julie Schwartz.

There are more and more young couples, without kids, at Temple Emanuel.

Let's get to know one another. Join us for a laid-back and fun afternoon of watching football and meeting new people. Please bring an appetizer or dessert to share.

Call Gilda at Temple Emanuel to RSVP and get more information.

## Answer the Phone, Answer the Call

On Sunday, Feb. 2, thousands of men and women throughout Southern New Jersey will be called as part of Super Sunday, the annual community phonathon conducted by the Jewish Federation. Super Sunday raises much-needed funds for the Jewish Federation's Annual Campaign. The phonathon will take place at the Betty and Milton Katz JCC and continue during Super Week, on February 3, 4, 5 and 6.

Federation supports a wide range of programs and services for Jews in need here, at home, in Israel and 58 countries around the world.

Volunteers are needed to make phone calls to their friends and neighbors on Super Sunday, which will take place at the Katz Jewish Community Center in Cherry Hill from 8:45 a.m. - 6:15 p.m. Volunteer shifts will begin at 9 a.m., 12 p.m. and 3 p.m., with each session preceded by orientation and training. Complimentary meals will be provided throughout the day.

Additional volunteers are also needed for "Super Week" follow-up telephone sessions, scheduled for Feb. 3-6 from 6:00-9:00 p.m. at the Federation offices. A light dinner will be available for all "Super Week" volunteers.

To become a volunteer for Super Sunday and/or Super Week 2003, please call (856) 751-9500, ext. 205.

## The Blessing of the Skinned Knee

*Using Jewish Teachings to Raise Self-reliant Children*

The Blessing of the Skinned Knee is a seminar for parents of infants, pre-school and early elementary school students Led by Joanna Kleinman, LCSW, and Rabbi Debbie Cohen.

Join us as we explore a host of topics both from the Jewish and a modern parenting perspective. Topics will include building self-esteem and character, imparting positive values, discipline techniques and raising well-grounded children. This class will be based on the acclaimed book, *The Blessing of the Skinned Knee* by Wendy Mogel, Ph.D. Reading the book is not required, but chapters will be suggested for enrichment

The seminar will be Tuesdays, January 7, 14, 21 & 28 at 9:30 a.m. Register with Jeanie Blanton in the Pre-School, 489-0034, or Jean Klein in the Religious School, 489-0035. For pre-school families and Temple Emanuel congregants there is no fee; for those in the greater community, the cost is \$35. Baby-sitting is available at a charge of \$5.00 per session. Please let us know if you will be using baby-sitting services when you register.



It seems like only yesterday that we were welcoming the new millennium, and its already 2003! I often find myself doing a "life review" at this time of year, making (and sometimes even keeping) New Year's resolutions. Cindy Lefler, our indefatigable editor of the Light, forwarded this piece to me a few months ago, and I felt that the New Year is a perfect time to share it with you.

### Carrots, Eggs and Coffee

*A little story about life*

A daughter complained to her father about her life and how things were so hard for her. She did not know how she was going to make it, and wanted to give up. She was tired of fighting and struggling. It seemed that when one problem was solved, a new one arose.

Her father, a chef, took her into the kitchen. He filled three pots with water, and placed each on a high fire. Soon, the pots came to a boil. In one, he placed carrots, in the second, placed eggs, and in the last, he placed ground coffee beans. He let them sit and boil, without saying a word.

The daughter clenched her teeth and impatiently waited, wondering what he was doing. In about twenty minutes, he turned off the burners. He fished the carrots out and placed them in a bowl. He pulled the eggs out and placed them in a different bowl. Then he ladled the coffee out and placed it in a bowl of its own.

Turning to her, he asked, "Darling, what do you see?"

"Carrots, eggs and coffee," she replied.

He brought her closer and asked her to feel the carrots. She did and noted that they were soft. He then asked her to

take an egg and break it. After pulling of the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. She smiled as she smelled its rich aroma and tasted its flavor. She humbly asked, "What does this all mean, Father?"

He explained that each of them had faced the same adversity — boiling water — but each reacted differently. The carrot went in strong, hard, and unrelenting. But after being subjected to the boiling water, it softened and became weak. The egg had been fragile, its thin outer shell had protected its liquid interior. But after sitting through the boiling water, its inside became hardened. The ground coffee beans were unique, however. After they were in the boiling water, they had changed the water.

"Which are you?" he asked his daughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg, or a coffee bean?"

"Are you the carrot that seems hard, but with pain and adversity, do you wilt and become soft and lose your strength? Are you the egg? Did you start off with a malleable heart, but after a death, a breakup, a divorce or a layoff, have you become hardened and stiff? Your shell looks the same, but are you bitter and tough with a stiff spirit and heart?"

Or are you like the coffee bean? The bean changes the hot water — the force that is bringing the pain. When the water gets hotter, it just tastes better.

If you are like the coffee bean, when things are at their worst, you get better and make things better around you."

How do you handle adversity? Are you a carrot, an egg, or coffee?

Wishing you and your family an adversity free 2003,

## *Kuisine Korner*

By Cindy Lefler

It's winter! And for my kids, Cheerios and Corn Flakes just don't constitute breakfast when there's frost on the window. Here's a quick cinnamon bread that can be thrown together in minutes and served warm from the oven with some yogurt and orange juice.

### CINNAMON BREAD

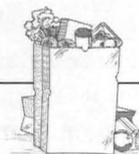
2 cups flour  
1 cup sugar  
4 tsp. baking powder  
2 tsp. cinnamon  
Pinch of salt  
1 cup buttermilk  
1/3 cup oil  
2 tsp. vanilla  
2 eggs  
2 tsp. butter, softened

Preheat oven to 350 degrees.

Grease and flour bottom of 9x5 loaf pan. In large bowl, combine flour, sugar, baking powder, cinnamon, salt, buttermilk, oil, vanilla and eggs. Beat until well blended. Pour into pan.

Stir together 2 tablespoons sugar and 1 tsp. cinnamon. Sprinkle over batter and swirl lightly to marble.

Bake 45 to 50 min. Cool slightly in pan (about 5-10 min.), then remove.



### SCRIP

Please use SCRIP to buy your groceries! Your favorite market will donate \$5 to Temple Emanuel Sisterhood every time you spend \$100.

Call Barbara Berger at 751-4581 for more information or to get your SCRIP. SCRIP is also available in the Temple office during regular business hours. Thank you!

# Sisterhood

by Linda Levitsky

## TOP TEN REASONS TO PARTICIPATE IN SISTERHOOD

10. To figure out once and for all what "Shalach Manot" is. (Actually, I am going to tell you this one: It's a lovely way to celebrate the tradition of Purim of giving a bag of good things to eat to those we care about. You should receive your order forms in the mail very soon!)

9. To improve your listening skills as you try to follow what's happening at a meeting while also putting address labels on a bulk mailing;

8. To learn what a bulk mailing is;

7. To discover how much nova lox is really needed to feed a large group of hungry women at Sisterhood's Paid Up Brunch;

6. To improve your shopping techniques by getting an inside track on Sisterhood's sources for all the tschakes sold at the Sisterhood table at the Hanukah Bazaar;

5. To become an even better cook by attending Rosie Hymerling's program for Cooking Comfort Foods on January 16, 2003 at 7:00 PM (Call 354-9563 for reservations; space is limited!).

4. To connect with your spiritual side at the Sisterhood Retreat and Her Seder while also bonding with wonderful women, including Rabbi Cohen and Cantor Sherman;

3. To finally learn all the words to "Lechi Lach";

2. To express your creativity by designing a flyer for another wonderful Sisterhood program;

1. To improve your mental health by laughing and learning with fellow Sisterhood members.

I hope to see you all at the next Sisterhood meeting!

# Social Action

by Richard Selznick

This month, the Social Action Committee salutes "Mitzvah Heroes." The children listed below took part in the Tzedakkah Collective Family Walk-a-Thon. We thank them, and we thank the TEFTY members who helped make this a special event. The following young people gave of their time and themselves:

Goldie Ashtyn  
Marielle Austin  
Rachel Bard  
Ryan Belfer  
Andrew Berger  
Dane Berkowitz  
Jessica Blau  
Lindsay Borow  
Rachel Borow  
Max Brekke  
Rachel Brekke  
Franklin Bruner  
Julia Burns  
Rose Elise Burns  
Aaron Calder  
Sammie Cohen  
Andrew Cohen  
Jennifer Cohen  
Daniel Cohen  
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Zachary Goldberg  
Ben Gross  
Ethan Gross

Maddy Gross  
Daniel Huffman  
Andrew Jaffe  
Sam Korach  
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Abigail Mazza  
Zachery Mazza  
Michael McCauley  
Rachel McCauley  
Emily McCready  
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Karli Levine-Northrop  
Kyle Levine-Northrop  
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Marlee Rosenthal  
Nathan Rosenthal

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Sylvia Strauss  
Samantha Susson  
Jaime Susson  
Aaron Thompson  
Ben Thompson  
Jake Tuff  
Brittany Tuff  
Sarah Waite  
Michael Weiss  
Lucas Yelowitz  
Jenna Yogel

# Men's Club

by Steve Lubetkin

The Men of Temple Emanuel hope everyone had a happy Hanukkah season and wishes all of our members the best of luck, health, and happiness in the new (secular) year.

The Men's Club is joining forces with the "Steering Committee" that brought us last year's successful Weekend to Remember with Elie Wiesel. This year's program on May 4 will combine musical entertainment with the fun and excitement of the Men's Club's traditional goods and services auction. If you have a business and would like to make a tax-deductible contribution of merchandise or services to be auctioned for the benefit of the Men's Club and our Temple's Endowment/Foundation, please contact me at 856-751-6146 or [steve@lubetkin.net](mailto:steve@lubetkin.net).

Men's Club is planning a Super Bowl social event, so that we can spare our spouses of having to see -- or touch -- the debris that inevitably follows the final whistle on Super Bowl Sunday. If you are interested in helping to plan this totally social get-together, please contact Todd Cohen, VP-Programming, at (856) 428-2763 or [hai-lytic@comcast.net](mailto:hai-lytic@comcast.net).

Our December meeting engaged members in a dialogue with panelists on the conflicts and stresses faced by interfaith families in the November-December holiday timeframe. Rabbi Lewis Eron, Jewish Community Chaplain and a member of Temple Emanuel, led the conversation, which included interfaith families from the synagogue speaking about their experiences. Rabbi Eron co-chairs the Catholic-Jewish Institute sponsored by the Jewish Community Relations Council. More information on the Institute is available at the JCRC's website, <http://www.jcrsny.org>.

For more information on upcoming Men's Club activities, please visit our page on the Temple Emanuel web site at <http://www.templemanuel.org/mensclub.htm>.

# WE GRATEFULLY ACKNOWLEDGE YOUR CONTRIBUTIONS

Our Temple Funds provide a beautiful way in which you may remember someone special and, at the same time, help to maintain several worthwhile synagogue projects. Acknowledgement of your contribution is made in our monthly bulletin. The family of the deceased or the individual being honored is notified by the Temple of your generosity.

So many of our families find that in times of joy, as in times of sorrow, this is an appropriate means of sharing with others.

Deadline for insertion in *The Light* is the first day of the previous month. Minimum contribution is \$5. \$10.00 for Gates of Prayer for Shabbat Dedication, \$36.00 for Gates of Repentance Dedication (2 Dedications for \$50.00).

**RABBIS' GOOD WORKS FUND:** The Rabbis have a special fund to use at their discretion for members and others who may need assistance, as well as for the support of worthy charitable and cultural activities. **SCHOLARSHIP FUND:** This fund supports members, members' children, and our Religious School faculty to further their Jewish education. **PRAYER BOOK FUND:** New prayer books for Sabbath and Festival worship are purchased by contributions to the Prayer Book Fund. If you want an inscribed plate, the minimum contribution is \$15.00. **LIBRARY FUND:** Our library attempts to stock a wide variety of books of Jewish interest, both popular and scholarly. Your contribution enables us to purchase additional books.

**TORAH RESTORATION FUND:** Contributions to the Torah Restoration Fund will be used for the maintenance of our Torahs and the purchase of ornaments for our Torahs. **BUILDING FUND:** Donations to this fund made above the member's minimum pledge are used for the general upkeep of our facility. **MUSEUM-ART FUND:** Donations to this fund go to the many Art/Museum pieces that beautify the inside of our Temple. **RABBI EDWIN N. SOSLOW MEMORIAL FUND:** Donations to this fund, in memory of Rabbi Edwin N. Soslow, will be used for a scholarship award to a graduating senior and to further Religious School education. **JANICE ISRAEL FUND:** This fund was set up by Susan Israel for the beautiful windows in the Sanctuary in our old building. It is currently being used for our Soviet Resettlement program. **HESS-GEALT FUND:** This fund was set up by Eleanor and Frank Hess. Donations are used for equipment for the handicapped and, signing of services. **DORMAN-RAICH SPEAKERS FUND:** This fund has been set up by the Dorman-Raich family to enhance our adult education programming. **GATES OF REPENTANCE PRAYER BOOK:** We greatly appreciate your dedication of our new High Holy Day prayer book - The Gates of Repentance. **PRE-SCHOOL FUND:** Donations to the Pre-school Fund will help purchase equipment and educational toys and fund special programming. **FRISCH-TRAUTENBERG CHOIR FUND:** Established by the Frisch-Trautenberg Family to endow the Temple Choir and other musical programs at the Temple. **EDWARD L. NATAL ISRAEL SCHOLARSHIP FUND:** This fund makes scholarships available for Temple Emanuel's Confirmation and Post-confirmation students to participate in educational experiences in Israel. **LIHEYOT FUND:** The Liheyot Fund will be utilized to establish a supportive environment within the synagogue to make Judaism accessible to all Jews, and provide for those who have special needs and disabilities. **RUTH B. WOLF ARCHIVE FUND:** Will be utilized to enable the Temple to protect our history for future generations.

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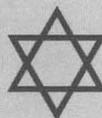
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An Israel Current Events Forum will be held **Thursday, January 30 at 7:30 p.m.** At this critical time in Israel's history, we will meet on a regular basis to discuss current events and the history behind it all. Join Mark Steele, a social studies teacher at Cherry Hill East and a Temple Emanuel member, for this interesting and important discussion series. Registration is not required.



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**To Honor  
Your Veteran**

Was a loved one, who has passed away, a veteran? Were you given a flag at his or her funeral? To pay tribute to your loved one's service to our country, let us fly the flag that you were given on our new flagpole. If you would be interested in flying a loved one's flag at Temple Emanuel on his or her yahrzeit or on another special day, please speak to Jane Vorteflich in the Temple Emanuel office, 489-0029, [jvort@templemanuel.org](mailto:jvort@templemanuel.org).

## WE'RE LOOKING FOR A FEW GOOD MINDS TO COMBAT ANTI-SEMITISM AND BIGOTRY INTERESTED?

The Anti-Defamation League, the world's leading organization fighting anti-Semitism and other forms of bigotry, is accepting applications for its **Steinberg Leadership Institute (SLI)**, a select year-long leadership development program.

### Highlights of SLI Institute

- Introduction to ADL agenda by local, national and international speakers
- Monthly sessions on local and global anti-Semitism, extremism in America and abroad, international and domestic terrorism, Israel, civil rights issues, diversity education, held in the *Cherry Hill area*.
- Fully subsidized attendance at ADL's Shana Glass National Leadership Conference in Washington, D.C. (May 2003)
- Opportunity to develop relationships with people who share the same philosophy and concerns who live in the *Cherry Hill area*

Interested individuals should call Sherry Kirschenbaum, Associate Director, at 973-669-9700 or email [kirss@adl.org](mailto:kirss@adl.org). **All SLI programs will take place in the Cherry Hill area only.** SLI is a fully subsidized ADL program with no fees or solicitation.

If I am not for myself, who will be for me? But if I am only for myself, what am I? If not now, when? *Hillel*



William Davidson, State Chair • Shai Goldstein, Regional Director  
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743 Northfield Ave. W. Orange, NJ • 973-669-9700 • 973-669-9749 (fax) • [www.adl.org](http://www.adl.org)

# JUDAISM

*Speaks to the Sandwich Generation*

With Peggy David, LCSW and Rabbi Debbie Cohen  
Wednesday, February 12 & 19 at 7:30 PM

Are you caring for your children while helping out with aging parents? Do you feel the stress of having time for everybody else, but yourself? Do you want to ensure that you "honor your mother and father" as they grow older? Are you learning how to be a parent to adult children?

Join us for this two-session seminar on surviving, and thriving, through the pressures of being part of the Sandwich Generation. Get ready for an open and interactive conversation. Peggy David, LCSW, will facilitate our discussion. Rabbi Debbie Cohen will share what Judaism says about this life stage.

Please RSVP to Jean Klein in the education office, 489-0035.

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**THE Light** NEWSLETTER

Published by  
**TEMPLE EMANUEL**  
A Reform Congregation

Office: 856-489-0029  
Religious School: 856-489-0035  
Pre-school: 856-489-0034  
Fax: 856-489-0032

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American Jewish Archives

3101 Clifton Avenue  
Cincinnati OH 45220

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