

THE BULLETIN

**ANSHE EMETH
MEMORIAL TEMPLE**

Founded 1859

RABBI
Bennett F. Miller
ASSISTANT RABBI
Rebecca L. Dubowe
CANTOR
Gershon Silins
ADMINISTRATOR
Gail R. Kroop
RELIGIOUS SCHOOL DIRECTOR
Susan Kushner
PRESIDENT
Kenneth A. Gordon

222 Livingston Avenue • New Brunswick, NJ 08901 • (908)545-6484 • (908)545-3775 TDD • (908)745-7448 FAX

15 ELUL- 15 TISHRI

5753/5754 - 1993

SEPTEMBER 1-30

WORSHIP SERVICES

FRIDAY, SEPTEMBER 3

8:00 P.M.

KI TAVO- Deut. 26:1-29:8
JOIN US FOR SHABBAT WORSHIP
(In Keller Hall)

Candle Blessing : Eleanor Schwartzman & Helaine Eisler

SATURDAY, SEPTEMBER 4

11:00 A.M.

B'NAI MITZVAH OF ANDREW GOLDFINGER & ADAM EISLER
(We return to the Sanctuary)

FRIDAY, SEPTEMBER 10

8:00 P.M.

NITZAVIM-VAYELECH - Deut. 29:9-31:30

Rabbi Miller will speak:

"TO BE OR NOT TO BE ... REFORM"

(At our service we will dedicate our new Ark Curtain and Torah Covers)

Babysitting is available during services - see inside.

Candle Blessing: Marilyn Goldsmith

SATURDAY, SEPTEMBER 11

11:00 A.M.

BAR MITZVAH OF JONATHAN GOLDSMITH

FRIDAY, SEPTEMBER 17

8:00 P.M.

HA'AZINU-Deut. 32:1-52

Rabbi Dubowe will speak:

"WHAT DO WE SEE"

Candle Blessing: Laura Lifshutz

SATURDAY, SEPTEMBER 18

11:00 A.M.

BAR MITZVAH OF SAM LIFSHUTZ

HIGH HOLY DAY SERVICES

SATURDAY, SEPTEMBER 11

SELICHOT

9:00 P.M.

(See inside)

WEDNESDAY, SEPTEMBER 15

7:15 & 9:15 P.M.

EREV ROSH HASHANAH

THURSDAY, SEPTEMBER 16

ROSH HASHANAH

9:00 & 11:00 A.M.

ROSH HASHANAH CHILDREN'S SERVICE

2:15 P.M.

FRIDAY, SEPTEMBER 17

ROSH HASHANAH

10:15 A.M.

Rabbi Miller has prepared new liturgy for this service

FRIDAY, SEPTEMBER 24

KOL NIDRE

7:15 & 9:15 P.M.

SATURDAY, SEPTEMBER 25

YOM KIPPUR

9:00 & 11:00 A.M.

YOM KIPPUR INTERIM PROGRAM

1:30 P.M.

YOM KIPPUR CHILDREN'S SERVICE

2:30 P.M.

AFTERNOON, YIZKOR AND NE'ELAH SERVICE

3:30 P.M.

BETWEEN US...

Over the course of the years I have learned about the importance and significance of synagogues in our lives. No other institution in Jewish life (and in American life, too) possesses such unique power and influence over us. The synagogue is the place where we learn to weather the storms of life, negotiate the peaks and valleys of our existence, and understand life's value and worth when it otherwise seems meaningless. Here we celebrate life from birth to death and, then, to birth again. It is constant renewal of living in sacred terms through celebrated ritual.

The synagogue is even more. It is Jews engaged in Torah, learning from sacred texts and applying the lessons to everyday experiences. It is where we acquire handles to hold on to so that we can walk the path of life in meaningful ways. And the synagogue is the place where we express our yearnings, our dreams, and our fears — not only as individuals, but as a community as well. What a place to be part of. Anshe Emeth is all that and more, for it is a *Kehilah Kedosha*, a sacred community living out timeless Jewish values in contemporary and vibrant ways.

Our synagogue is only as good and as special as its members choose for it to be. We are not some private club or organization run by professionals. What makes Anshe Emeth work is the many individuals who choose to participate and lead in so
(continued on the next page)

many ways. It is a place and community where hundreds of members give of their time in planning, developing, creating, and executing a strong and dynamic program for the many families in our congregation. It is a place where volunteer means a person who is needed, valued, and wanted in order to help develop and carry out our Temple's vision. And we need you to volunteer, to be a part of a program, to work on a committee or activity, to help lead us into the future, to make a difference so that we can continue to be the special place we want to be.

Join us on Sunday October 10 for our first **Volunteer Opportunities Day**, a day to meet our Board of Trustees, our committee chairpeople. Spend the morning at the Temple and learn about how you can make a difference and be part of some or many of the activities and programs that make Anshe Emeth what it is. I have no doubt that you will be glad you took the time. I am sure you will meet new friends and feel a sense of value and worth in what you are doing. And I am certain that together we will build the special and sacred community we believe our Temple to be.

Joan, Ellie, and Carrie join me in wishing everyone in the Temple family a sweet, healthy, and wonderful new year.

Bennett + Mill

WORSHIP SERVICES - SEPTEMBER 1993

FRIDAY, September 10 - To Be or Not To Be ... Reform?

Rabbi Miller will explore the meaning of being a Reform Jew in today's world. Are we static or changing? Is Reform still a viable religious outlook for the contemporary world.

FRIDAY, September 17 - What Do We See?

The days between Rosh Hashanah and Yom Kippur are a time to reflect on life - from both its internal and external aspects. We ask ourselves - How accurate or misleading are our perceptions? How do these observations effect ourselves as individuals? To our family? And to our community?

BABYSITTING AVAILABLE!

During September, babysitting will be provided during Shabbat Services on September 10. Please call either Ann Thayer-Cohen at 819-0580 or Sue Jacobs at 247-7683 to let them know you will be bringing your children so that we can be sure to have enough sitters.

ANNUAL APPEAL

"One takes in order to make a living, one gives in order to make a life." Spoken by Iris Rainer Dart, one of last year's speakers in our Keepers' Lecture series, these simple words send a very poignant message.

Anshe Emeth is a very special place. Our congregation is made up of families with different wants, needs, and hopes to be derived from belonging to the Temple. We, your elected Officers and Trustees, try to fulfill your wishes.

Some of us are happy just to see our children educated in Jewish law, tradition, and custom. Some of us want the enrichment of our adult education programs. Some of us hope to see our children married in our sanctuary, or when the time comes, to see our loved ones put to rest here. Some come to pray with family and friends, others to share the socializing that membership affords. Each of us in our own way, takes something that the Temple has to offer.

The Temple also provides for those members who have had personal adversity in their lives. Privately, we help the unemployed member find work and provide for those congregants in need of food and clothing. We have helped those families facing foreclosure and have extended ourselves to Temple members in crisis.

I can go on and on with the numerous ways in which Anshe Emeth helps its members, but I think that each of you have your own list of what we do.

It costs all of us to help our Temple family. It costs money, effort, and caring to be able to provide all the programs that Anshe Emeth offers. Now, as Rosh Hashanah and Yom Kippur approach, as the chairman of our Annual Appeal, I call upon you to *GIVE*.

L'shana Tova,

Jerry Katz

SUKKAH DECORATING -

It is traditional to start your sukkah at the end of Yom Kippur. When you leave the Children's Yom Kippur Service or Ne'elah, help the Temple decorate the outdoor sukkah. The walls of the sukkah will be in Keller Hall. Please help make this year's sukkah look beautiful and festive.

HIGH HOLY DAY INFORMATION

Rabbi Miller and Rabbi Dubowe will conduct services in the Sanctuary and Social Hall. Cantor Silins, with the Anshe Emeth Choir accompanied by Jan Niemann will be in the Sanctuary; Bea Adler, our vocal soloist, accompanied by Clifford Hill will be in the Social Hall.

A special family service will be held on the Second Day of Rosh Hashanah in the Sanctuary. Rabbi Miller has prepared new liturgy for the service in keeping with the other beautiful services that we observe together. Babysitting will be available for children under the age of five.

Seat reservations will be sent by September 3rd.

Arrangements may be made for babysitting of younger children during morning services on the First Day and Second Day of Rosh Hashanah and Yom Kippur. If you want your children to participate and you did not check the babysitting box on your seat reservation form, please call the Temple office 545-6484 before September 10.

Please note that all seats in the Sanctuary and Social Hall are reserved for the First Day of Rosh Hashanah and Yom Kippur. No one may occupy any vacant seats unless the Seating Committee is advised of their availability prior to the start of services. Second Day of Rosh Hashanah Service will be on an open seating basis. Remember, please, that tickets will be required at afternoon Yom Kippur, Yizkor, and Ne'elah services. Ushers will check tickets.

Ushers are needed for all High Holy Day services. If you can assist, please call Fred Greenstein at 249-6456 or the Temple office 545-6484.

The congregation provides large print editions of the High Holy Day prayerbook for those wishing to use them. Ask an usher to provide you with one. Special audio equipment for the hearing impaired is available for use in the Sanctuary. Please call the Temple office to reserve a headset.

Because of physical impairments, some members of the congregation may not be able to attend High Holy Day services. If you or a member of your family is unable to worship with us at the Temple, cassette recordings of High Holy Day services will be available. Please call the Temple office to make arrangements to obtain the tapes.

Please also note that there will be a reserved section at Yom Kippur, Yizkor, and Ne'elah Services for our disabled and/or elderly members. One family member may accompany each person.

The Interim Service will be held in Keller Hall.

The office will be closed on Thursday, September 16 and Friday, September 17, in observance of Rosh Hashanah.

A MESSAGE FROM THE PRESIDENT

Welcome back! I hope everyone had a great summer. During the summer, the Temple Staff, Officers, and Trustees continued to work planning a very exciting program for the upcoming year (details in upcoming *BULLETINS*).

In July we welcomed our new Assistant Rabbi, Rebecca Dubowe, her husband Michael, and 3 year old daughter Rachel. If you haven't met Rabbi Dubowe yet, please come to services or drop by the Temple and say hello. We are fortunate to have Rabbi Dubowe as our first female assistant Rabbi.

On July 21st, we sent three bus loads of members to Washington, D.C. to visit the new Holocaust Museum. I understand it was a very special day for everyone, despite the heat and the long bus ride. If you weren't able to go, the Museum will be open to the public without any tickets required beginning in the Fall.

Although Anshe Emeth is 134 years old this year (and getting ready to celebrate its 135th Birthday next year), we continue to make improvements in the way we operate.

Recently we have made improvements in the sound system in the social hall, specifically for the High Holiday services. Also, to make the Social Hall services more intimate, we are building a temporary platform out from the stage in order to bring the Rabbi and Cantor closer to the congregation. We have also added a second day Rosh Hashanah service, returning to a former tradition of the Temple.

I look forward to serving my first full year as Temple President, and wish you all a very healthy and Happy New Year.

Ken Gordon

*** NEW MEMBERS ***

Our Temple extends a warm welcome to all of our members who joined our family. New members represent the growth and future of our Temple. If you have a friend who is interested in joining our "family" at Anshe Emeth, invite them to our Prospective Member Services on September 3 and September 10 or call Ginny Belowsky at 257-6704 and she will be happy to send them a membership packet.

FULFILL THE MITZVAH OF TZEDAKAH

In keeping with the Mitzvot of the High Holy Day period, please fulfill the Mitzvah of Tzedakah by helping us fill the food pantries for the needy in this area. Please bring canned and packaged goods with you on Rosh Hashanah. There will be containers for drop-offs as you enter for Services.

SELICHOT

Please join us
Saturday, September 11, 1993 at 9:00 p.m.

Cantor Silins will present

THE MUSIC OF THE HIGH HOLY DAYS

Accompanied by our organist, Jan Niemann

Listen once again to the inspiring music of Rosh Hashanah and Yom Kippur. Cantor Silins will sing the music you remember and love from year to year, as well as pieces from our tradition which you may not yet know. You will also learn what makes the music of the High Holy Days so special.

Renew old friendships and enjoy refreshments.

*We will conclude with Havdalah and Selichot Services,
a service of special and beautiful penitential prayers and music,
as we prepare for the High Holy Days*

TORAH STUDY

Rabbi Miller's Torah Study Class

begins Saturday, October 2.

This class is held every Saturday morning

in the Conference Room

when Religious School is in session.

MINYAN

begins Saturday, October 9.

We meet every Saturday immediately
following Torah Study.

We need Torah and Haftorah Readers.

Special Invitation to Study with Rabbi Dubowe on Saturday Mornings

This is an opportunity for all who would like to learn more about basic Judaism. These weekly sessions will allow participants to discover or re-discover Jewish texts, to ask questions, and to share their interpretations with others in the class. Various topics will be introduced which include Jewish holiday and traditions, rituals and observances, and life cycle events. Anyone is welcome to attend and knowledge of Hebrew is not necessary to participate in this class. This class will begin on October 2 at 10:15 a.m.

ACCEPT THE HONOR OF READING FROM THE TORAH

If you would like to share in the Mitzvah of reading Torah, please call Rabbi Dubowe at 545-3775 (TDD).

USHERING SCHEDULE - SEPTEMBER 1993

Fri., Sept. 3	Sanctuary	- Ruth Patt & Ruth Bennett
	Lobby	- Holly & Steven Drezner
	Delavan St.	- Maxine & Wayne Korn
Sat., Sept. 4	Sanctuary	- Marilyn Goldsmith
Fri., Sept. 10	Sanctuary	- Bernice & Harold Bruskin
	Lobby	- Cheryl & Phillip Halper
	Delavan St.	- Elaine & Lionel Simon
Sat., Sept. 11	Sanctuary	- Laura & Arthur Lifshutz
Fri., Sept. 17	Sanctuary	- Florence & Stanley Kaufelt
	Lobby	- Carol & Barry Blank
	Delavan St.	- Irene & Marc Kramer
Sat., Sept. 18	Sanctuary	- Larisa & Alexander Mushkin, Robin & Scott Kessler

Please try to obtain a substitute if you are unable to usher when scheduled, and call Fred Greenstein at 249-6456 or Harvey Stone at 613-0830. (When Fred or Harvey are not available, call the Temple office at 545-6484.)

FOR YOUR INFORMATION

Rabbi Dubowe uses a special telephone system which is designed for the hearing impaired. The New Jersey Relay Service is a free, 24-hour, seven day a week service. When you call the toll-free number (in New Jersey only), an operator will type your words so that Rabbi Dubowe can read them. It's easy to use — here's how:

1. Call the Relay Service at 1-800-852-7897.
2. Give the relay operator Rabbi Dubowe's number.
(Office: 908-545-3775; Home: 908-249-4391)
3. Request Voice Carry Over (VCO)
(so Rabbi Dubowe can speak to you directly after she reads your words.)

That's it.

You can call Rabbi Dubowe using TDD equipment if you have it, and of course you can send her a fax at 908-545-7448 (the Temple's fax number).

Messages can be left through the New Jersey Relay Service, the secretary at Anshe Emeth, or through the TDD if you have one.

Once you are accustomed to it, it's easy to use the Relay Service, so plan on giving Rabbi Dubowe a call to say "hello" and welcome her to Anshe Emeth!

Rabbi Rebecca Dubowe's telephone numbers:

New Jersey Relay Service: 800-852-7897
Office: 908-545-3775 (TDD)
Home: 908-249-4391 (TDD & FAX)
Fax: 908-545-7448

Remember to request Voice Carry Over.

If you are out of state, call "O" for the Relay Service.

Cut and save for your Directory



SCRIP

If you would like to fund raise for the Temple and feed your family and guests for the High Holidays at the same time, you can! BUY SCRIP!

Now the Temple will have **Grand Union** and **Shoprite scrip** available! Mayfair Foodtown and Pathmark/Rickel scrip are available and easy to obtain. Just contact Ginny Belowsky during the day (201) 589-9162 or in the evening at (908) 257-6704 or the Temple office or any of the area captains listed below:

CAPTAINS:

Hedy Brown (E.B.)	238-2462
Sherry Freedman (E.B.)	249-1116
Claire Sinai (E.B.)	249-1708
Francine Shames (K.P.)	821-9484
Sara Levine (No.B.)	297-3864
Gloria Cohn (Cranbury)	(609) 655-8690
Jane Freedman (N.B.)	247-1005
Luann Reed-Siegel	494-1757

Scrip is also available in the Judaica Shop when it is open.

The scrip program is reaching more people and improving fund raising efforts. Thanks to all of you who have made that possible.



ENTERTAINMENT BOOK '94

**RESERVE YOUR COPY NOW! A GREAT
VALUE FOR \$40! DON'T MISS OUT!
TELL YOUR FRIENDS!**

This year's book will be available in the early fall.

Call: Carl Reiss at 545-1741 - or the Temple office at 545-6484 - or return this form.

Mail to: Anshe Emeth Memorial Temple
222 Livingston Avenue
New Brunswick, NJ 08901

Enclosed is my check for \$ _____ for _____
Entertainment Books at \$40 each.

NAME _____

PHONE NUMBER: DAY _____
EVENING _____

(BOOKS CAN BE PICKED UP AT THE TEMPLE OFFICE
AFTER SEPTEMBER 30TH)

VOLUNTEER OPPORTUNITY DAY

SUNDAY, OCTOBER 10, 1993

9:30 A.M. - 12:15 P.M.

Are you interested in learning more about the many activities going on at Anshe Emeth? Are you curious about how the Temple is run? Do you want to meet the people who make the decisions? Do you want to become one of the people who make these decisions?

Come to the Temple on October 10. You'll learn about the many opportunities to be an active part of the life of our Temple.

See you there!

For more information call Julie Green at 247- 2578 or the Temple office at 545-6484.

Anshe Emeth Memorial Temple
Tzedakah Committee

FLOOD RELIEF BULLETIN

You can help the Flood Relief Effort through our Reform Movement.

**Temple B'nai Jeshurun in Des Moines, Iowa,
is coordinating relief efforts for Reform Congregations.**

According to the UAHC, no synagogues have been hit by the devastation, and this allows congregations to turn their efforts to helping the many individuals in great need.

**If you would like to help, please make your check payable to
"Temple B'nai Jeshurun Flood Relief"
and send it to the Temple office.**

All donations will be forwarded to Temple B'nai Jeshurun.

If you have any questions, please call the Temple office at 545-6484.

PROVIDE-A-MEAL

\$150 FEEDS OVER 100 PEOPLE

Twice a month we cook for the two local homeless shelters. For a total of \$150 we provide a dinner of chicken, rice, salad, drinks, and dessert for over 100 people (and there's even enough for some extra helpings).

If you would like to contribute money to provide such a meal, please remember —

\$150 will feed over 100 people.

(Make checks payable to Anshe Emeth, and indicate "Provide-A-Meal.")

For information to help cook or serve, call Diane Feldman, 246-7083 or Deborah Cherniss 985-9384.

ROSH HASHANAH FOOD BASKETS

The Tzedakah Committee and Jewish Family Services will be giving Holiday Baskets to needy Jewish families in our area on **Sunday, September 12**. If you would like to assemble and/or deliver the baskets, please contact Deborah Cherniss at 985-9384.

☆ VISIT OUR JUDAICA SHOP ☆

TO PREPARE FOR THE HOLIDAYS

With our holidays rapidly approaching, our Judaica Shop is here to help you! We have prayer books, cook books, New Year cards, challah covers, Talliesim, yarmulkes, gift items, etc.

We are open Friday evenings after services, Saturday and Sunday mornings 10 a.m. to noon, and by appointment. Please stop by or call Rose Dreier at 257-7868 or Judy Rothberg at 828-4845.

📁 COMPUTERS WANTED 📁

The Temple needs computers for the Religious School, Library, and Preschool. The Temple could use: Mac Plus or better, Apple IIe, Apple IIgs, or IBM compatible 386 or better and printers that would be compatible with these computers. If you have a computer or printer, please contact the Temple office at 545-6484.

SAVE THE DATE

ANSHE EMETH MEMORIAL TEMPLE BLOOD DRIVE

Sunday, November 21, 1993

TZEDAKAH COLLECTION BOX

The giving of tzedakah is traditionally part of honoring the Sabbath and so our Collection Box is outside the Sanctuary on Friday nights. Money donated in the Tzedakah Collection Box goes into the Anshe Emeth Tzedakah Fund. The Tzedakah Committee donates money to local, national, international, and Jewish Programs. In the past the Committee has donated money to Lifeline for the Aged, Dorot (a NYC organization serving elderly needy Jews), local food pantries, and flood relief in the Midwest. Please help us so that we can do our part in bringing about Tikkun Olam.

🎵 DO YOU LIKE TO SING? 🎵

The Anshe Emeth Volunteer Choir, which is one of the finest in the country (really!) is looking for a few good people who like to sing. Singing in the Choir is more fun than singing in the shower. The Choir sings at services approximately once a month, presents special music programs during the year, and participates in state and national Jewish choral events. If you want to find out more, come to our first rehearsal which will be on October 6. The rehearsal will begin with dinner in the sukkah at 6:30 p.m. (bring a bag dinner) where you can ask questions and meet the choir members. After dinner, we'll learn some new songs and rounds and get a chance to sing together.

Call Cantor Silins if you have any questions and to let him know that you will join us in the sukkah on October 6.

SEE YOU IN THE SUKKAH!

OFF TO COLLEGE...

but not out of touch with Anshe Emeth. Please send to the Temple office the names and addresses of those in your family who will be away at school this year. We will see that they receive the Temple bulletins and know what's happening with their Temple family.

Students who are not able to be home for the High Holy Days may attend services at any Reform congregation at no cost if they contact the congregation in their area. If your child would like to attend services at a Reform congregation where he is attending college, call the Temple office for more information.



Religious School News

I hope you have all had a wonderful, relaxing summer vacation! We are all looking forward to beginning the new school year on September 11! Rabbi Miller, Rabbi Dubowe, Cantor Silins and I along with our religious school teachers have planned a very exciting year for students and their parents. Come and celebrate being Jewish with us throughout the year!

We have just mailed the Fall Packets which include the Parent Handbook and other pertinent information about our school. If you don't receive your packet by September 5, please call the religious school office and we will send one out to you at once. Also, it is *imperative* that you have your child(ren) registered before the first day of religious school in order for them to attend.

First Day Schedules

Please meet your teachers in the appropriate rooms as listed below

Saturday, September 11 at 9:30 a.m.

Kindergarteners	Room 103
1st Graders	Room 104
2nd Graders	Room 106
3rd-6th Graders	Keller Hall

Sunday, September 12 at 9:30 a.m.

7th Graders	Keller Hall
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Sunday, September 12 at 10:15 a.m.

8th - 11th Graders	Keller Hall
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Sunday, September 12 at 10:30 a.m.

Preschoolers	Room 104
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Monday, September 13 at 4:00 and 5:00

Bar/Bat Mitzvah Students	Room 107, 108
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First Day Program

Students in grades K-6! Please remember to bring your used eyeglasses on Saturday, September 11. Also, don't forget to bring in your filled summer tzedakah envelopes! Once again, we will all work together to make the world a better place to live in. Remember: *"We Care!"*

New Parents Meeting

If you have a child who is just beginning formal religious education in our school, you are invited to attend a "Morning Coffee And..." on Saturday morning, September 18 at 9:30 in Keller Hall. This is a good way for us to meet you, to acquaint you with the curriculum for your child's grade, and to answer any questions you may have about the school and temple. Please call the religious school office, 545-6484, and let us know that you will be coming.

Seventh Grade Parents Meeting

If you have a child who is entering seventh grade, you are invited to attend a "Morning Coffee And..." on Sunday morning, September 19 at 10:15. We strongly encourage all of our seventh grade parents to attend this program concerning the Bar/Bat Mitzvah year. Please call the religious school office, 545-6484, and let us know that you will be coming.

YOUTH GROUP OPENING DATES

AETY Sunday, September 12 (gr. 9 - 12)

JAETY Sunday, September 12 (gr. 6 - 8)

MAETY Sunday, October 24 (gr. 4 and 5)

Mitzvah Squad Tuesday, September 14 (gr. 6 - 12)

Watch your mail for your youth group newsletter for full details on all of these events and more.

Pay your dues now so you don't miss out on anything in the fall: AETY is \$25 and JAETY is \$12.

Any questions - call Rabbi Dubowe at 545-3775(TDD).

NEWS FROM THE GAN...



The children at Gan Yeladeem, David H. Meyer Children's Center are looking forward to a wonderful new school year. The children will be learning about the High Holy Days. We will be making mobiles, cards, apple prints, and a shofar. We will dip apples in honey for a sweet New Year.

As Sukkot approaches, we will help decorate the Temple sukkah with beautiful chains and pictures. We will wave the lulav and etrog and celebrate being together. The children will have the opportunity to eat snacks in the sukkah and a family dinner is also planned on October 6, 1993.

Every Friday, we have a special Shabbat party. Cantor Silins leads the children in the lighting of the candles, the reciting of the Kiddush over the wine (juice), and the Motzee over the challah. We sing beautiful songs and hear a story about Shabbat.

If you have, or know of a child between the ages of 6 weeks and 4 years old, please call Elaine Bogoloff, the Child Care Director, at 545-6555 for more information. We're here every weekday from 7:00 a.m. - 6:00 p.m. and look forward to showing you around.

The Children's Center is looking for donations of toys, games, equipment, and dress-up clothes, in good condition. If you have any of these items, please contact Elaine at 545-6555.

TRIBUTES - SEPTEMBER 1993

ALTER FLOWER FUND

Bar Mitzvah of:

Andrew Goldfinger

by Carol & Larry Goldfinger

In Honor of:

Graduation of Josh Deutch

by Linda & Ira Dunst

In Memory of:

Mark Weitzen

by Dorothy & Richard Bruskin

Cecilia & George Claflen

Rosalie & Maxwell Golden

Paula & Aaron Kondioti

Dorothy & Nathan Koperberg

Madeleine Tobin

SPECIAL PUBLICATIONS FUND

Bar Mitzvah of:

Andrew Goldfinger

by Carol & Larry Goldfinger

CANTOR'S MUSIC FUND

In Honor of:

Cantor Gershon Silins

by Helene & Warren Glazer

Carol, Larry & Andrew Goldfinger

Wedding Anniversary of

Linda Greenfield & Ira Dunst

by Shirley & Jerry Sherman & Family

Ronnie & Stanley Merer on the

Birth of their grandson

by Joyce & Roger Nussbaum

College graduation of Deborah Zieky

by Joyce & Roger Nussbaum

Richard Stein

by Helene & Warren Glazer

In Memory of:

Irving Leibowitz

by Evie & Seth Scheiner

Margaret & Theodore Simon

by Elaine & Franklin Simon

NER TAMID FUND

Bar Mitzvah of:

Andrew Goldfinger

by Carol & Larry Goldfinger

In Honor of:

Marriage of our granddaughter

Marci A. Lavine to David Bloch

by Isabelle & Charles Fishman

Randi Friedman sworn into the

Washington, D. C. Bar Association

by Harriet Steinberg

In Memory of:

Abraham Gervis

by Wendy & Mel Schulman

Ruth Rosenthal

by Lorraine M. Kiernan

Margaret & Theodore Simon

by Elaine & Franklin Simon

Mark Weitzen

by Sara & Leonard Maskin

Harriet Steinberg

HONORARIUM FUND

In Honor of:

Rabbi Bennett F. Miller

by Helene & Warren Glazer

Jay Reba & Betty Richter Reba

Carol, Larry & Andrew Goldfinger

Naming of our daughter Allyson

by Donna & Lewis Linefsky

Rabbi Rebecca L. Dubowe

by Stephanie & George Redman

LIBRARY FUND

Adult Bat Mitzvah of:

Judy Rothberg

by Frankie, Mark, Caroline &

Johanna Busch

In Honor of:

Susan Kushner

by Carol, Larry & Andrew Goldfinger

Retirement of Gerald Wagman

by Martha & Jerome Rosen

Speedy recovery of Sy Podgorsky

by Martha & Jerome Rosen

In Memory of:

Margaret & Theodore Simon

by Elaine & Franklin Simon

PRAYERBOOK FUND

In Honor of:

Anniversary of my grandparents

Martha & Jerome Rosen

by Jason Bruce Rosen

Roz & Marv Ladov on the

Engagements of their children

Jonathan & Jennifer

by Frankie, Mark, Caroline &

Johanna Busch

Engagement of

Philip Rubinfeld to Julie Broome

by Sue, Alan, Adam & Lauren Rubin

feld

In Memory of:

Margaret & Theodore Simon

by Elaine & Franklin Simon

Mark Weitzen

by Dr. & Mrs. Norman Reitman

MAX MARDER FUND

Bar Mitzvah of:

Adam Eisler

by Shoshana Parsells

Andrew Goldfinger

by Shoshana Parsells

Jonathan Goldsmith

by Shoshana Parsells

Sam Lifshutz

by Shoshana Parsells

In Honor of:

Rabbi Rebecca Dubowe, Michael &

Rachel welcome to Anshe Emeth

by Barbara & Malcolm Busch

Shoshana Parsells

by Carol, Larry & Andrew Goldfinger

Joan & Larry Golden on the

Engagement of Lisa to Jim

by the Dreier Family

Elaine & Stuart Singer on the

Engagement of their daughter Linda

by the Dreier Family

Graduation of Jodi Basroon

by Susan, Howard, Brian, Jessica &

Hillary Freeman

Graduation of Joseph Dubin

by Susan, Howard, Brian, Jessica &

Hillary Freeman

Graduation of Jodi Horowitz

by Susan, Howard, Brian, Jessica &

Hillary Freeman

Graduation of Carrie Miller

by Susan, Howard, Brian, Jessica &

Hillary Freeman

Graduation of Adam Rubinfeld

by Susan, Howard, Brian, Jessica &

Hillary Freeman

In Memory of:

Mark Weitzen

by Rose & Stanley Dreier

Ruth & Milton Patt

YOUTH ACTIVITIES FUND

In Honor of:

Rabbi Paskoff on your new position

by Susan, Howard, Brian, Jessica &

Hillary Freeman

Rabbi Rebecca Dubowe

by Carol, Larry, & Andrew Goldfinger

Speedy recovery of Dick Blattner

by Sue & Hilly Berlin

Speedy recovery of Ivan Londa

by Linda & Alan Getz

College graduation of Jeff Cartmell

by Toni, Steve, Erin & Megan Kozak

Graduation of Craig Cartmell

by Toni, Steve, Erin & Megan Kozak

Graduation of Joseph Dubin

by Lois, Jamie, David & Jack Solomon

Graduation of Jodi Horowitz

by Lois, Jamie, David & Jack Solomon

Graduation of Jeffrey Kroop

by Renee, Vic, Jason, Josh & Eric

Deutch

In Memory of:

Lillian Goldblatt

by Maxine, Marty, Phillip, Brenda &
Michael Chodroff
Rhoda, Monty, Jill & Lisa Rosenbusch
Sam Kohen
by Rhoda & Monty Rosenbusch

CARING COMMUNITY FUND

In Honor of:

Rabbi Jack Paskoff & Family on
their new position
by Frankie, Mark, Caroline &
Johanna Busch
Carol, Larry, & Andrew Goldfinger
Marilyn Stamberg on the
Marriage of her son Eric
by Carol & Larry Zicklin
50th Wedding Anniversary of
Charlotte & Herb Dobkin
by Elaine Lehn
Joan & Larry Golden on the
Engagement of their daughter Lisa
by Debra Lotz
Roz & Marv Ladov on the
Engagement of their daughter Jennifer
by Marilyn Stamberg
Arlene & Richard Reiter on the
Engagement of their daughter Hilary
by Marilyn Stamberg
Elaine & Stuart Singer on the
Engagement of Linda to Steven Roth
by Debra Lotz
Fran & Ivan Moradoff on the
Birth of their grandson Eric Wilkenfeld
by Phyllis & Alan Romm
the Smilow Family
the Zicklin Family
Turbi & Paul Smilow on the
Birth of their grandson Jeremy Louis
Brick
by Joyce & Alvin Glasgold
Dr. & Mrs. Norman Reitman
Marilyn Stamberg
Mara & Craig Wilkenfeld on the
Birth of their son Eric Ryan
by Phyllis & Alan Romm
the Smilow Family
Carol & Larry Zicklin on the
Birth of their granddaughter Deborah
by Phyllis & Alan Romm
Special birthday of Syril Reitman
by Isabelle & Charles Fishman
Michael Zieky
by Helene & Warren Glazer
Speedy recovery of Mrs. Lichtman
by Arlene & Harry Grossman
Speedy recovery of Eleanore Nocera
by Linda & Alan Getz
College graduation of Michael Axelrod
by Susan, Howard, Brian, Jessica &

Hillary Freeman
College graduation of Daniel Monfried
by Susan, Howard, Brian, Jessica &
Hillary Freeman
Graduation of Debra Fass
by Susan, Howard, Brian, Jessica &
Hillary Freeman
Graduation of Jason Deutch
by Susan, Howard, Brian, Jessica &
Hillary Freeman
Graduation of Erin Kozak
by Susan, Howard, Brian, Jessica &
Hillary Freeman
Graduation of Scott Masciulli
by Susan, Howard, Brian, Jessica &
Hillary Freeman
In Memory of:
Dr. Howard E. Adler
by Verna Adler
Jeffrey Andrew
by Susan, Howard, Brian, Jessica
& Hillary Freeman
Frances Aronowitz
by Sue & Art Davis
Marilyn Stamberg
Mimi Bates
by Marilyn Stamberg
Lillian Goldblatt
by Sue & Art Davis
Marilyn Stamberg
Leda & Barry Tepp
Charlotte Kalnick
by Marsha, Sorie, Meridith &
Stephanie Knox
Josephine Kitay
by Leona Karshmer
Ruth Rosenthal
by Bea & Carl Reiss
Mark Weitzen
by Gary & Jay Greengarten
Doris & Stuart Kahn
Joanne & Les Katchen
Elaine Lehn
Lorraine Levine
Lorraine & Leo Smith
Serena Stein

P. T. O. FUND

Bar Mitzvah of:

Adam Eisler
by Susan Kushner
Andrew Goldfinger
by Susan Kushner
Jonathan Goldsmith
by Susan Kushner
Sam Lifshutz
by Susan Kushner

In Honor of:

Renee & Jeff Packer on the

Birth of their daughter Emily
by Glenda, Ken, Ian, Evan &
Alison Gordon

In Memory of:

Jenny Lalin
by the Brandwein Family

RINA B. PAKENHAM MEM. FUND

In Honor of:

Glennis & Philip Politziner on the
Marriage of their daughter
Aimee to Brian
by Linda & Ira Dunst
Jeanne Roberts
Marriage of Wendy Rosen & Alan Porwich
by Sharon & Brian Taxman
Marilyn Stamberg on the
Marriage of her son Eric
by the Ladov Family
Joan & Larry Golden on the
Engagement of their daughter Lisa
by the Ladov Family
Arlene & Richard Reiter on the
Engagement of their daughter Hilary
by Sharon & Brian Taxman
Turbi & Paul Smilow on the
Birth of their grandson Jeremy
by Elaine & Harmon Katz
Graduation of Stephen Politziner
by Linda & Ira Dunst
In Memory of:
Catherine & John Pakenham, Sr.
by Florence Benedik & Barbara Savage
Geryl & Steve Deixler
Sharon & Brian Taxman
Catherine Pakenham
by Arlene & Richard Reiter
Hortense Spritzer

TZEDAKAH FUND

In Honor of:

Rabbi Bennett Miller
by Deborah & Cary Cherniss
Rabbi Rebecca Dubowe & Family
Welcome to Anshe Emeth
by Deborah, Cary & Joshua Cherniss
Marriage of Wendy Rosen & Alan Porwich
by Sharon, Arnold, Rob & Matt Lakind
Annie & Frank Schoenfeld on the
Marriage of Emily to David
by Betty & Marty Sommer
Speedy recovery of Arthur Bard
by Linda & Alan Getz

In Memory of:

Sylvia Harris Levine
by Marcia & Alan Eisenberg
Margaret Simon
by Marilyn & Allan Schulman
Theodore Simon

by Marilyn & Allan Schulman

SPECIAL CHILDRENS EDUCATION & DAY CARE FUND

In Honor of:

Shoshana Parsells

by Lauren & Adam Rubinfeld

Debbie & David Rosen on the

Birth of their son Jason Bruce

by Martha & Jerome Rosen

Birth of our grandson Jason Bruce Rosen

by Martha & Jerome Rosen

Graduation of Jeffrey Kroop

by the Masciulli Family

In Memory of:

Mark Weitzen

by Gladys Borrus

YOUTH SCHOLARSHIP FUND

In Memory of:

Mark Weitzen

Dorothy Edenbaum

The Temple has received a contribution for
Mazon from:



Rabbi Jack & Risa Paskoff

MAZEL TOV ...

WENDY ROSEN on her marriage to
Alan Porwich

JOAN AND LARRY GOLDEN on
the engagement of their daughter Lisa
GLENNIS AND PHILIP POLITZ-
INER on the marriage of their
daughter Aimee

MARILYN STAMBERG on the
marriage of her son Eric

FRAN AND IVAN MORADOFF
on the birth of their grandson Eric
Ryan

MARTHA AND JEROME ROSEN
on the birth of their grandson Jason
Bruce Rosen

ELAINE AND STUART SINGER
on the engagement of their daughter
Linda

CAROL AND LARRY ZICKLIN
on the birth of their granddaughter
Devorah

DEBRA AND ROBERT
RATHAUSER on the birth of their
son Benjamin Etan

SUE AND HILLEL BERLIN on the
birth of their grandson David Aaron
Berlin

FLORENCE GOLDMAN on the
birth of her grandchild

IN REMEMBRANCE: YAHREZITS FOR SEPTEMBER

The names listed below are taken
from the Book of Life and Memorial Plaques
in our Sanctuary. These names, which are
posted monthly, are read at the Sabbath
service immediately following the date of
passing. Anyone wishing to have the name
of a loved one read on the Sabbath should
call the Temple office at 545-6484.

SHABBAT

September 3, 1993

JEROME SILVERMAN

MOLLY KAROL

ROSALIE KRONE

NORMAN MILTON BASS

PEARL LAUER

ALICE JEAN PANETH

LEONARD NORTH

JOHN LIEBERMANN

BESSIE S. MARCUS

ANNA GLADSTONE LEVINE

CHARLES RINGEL

HARRY HOROWITZ

IDELLE ARONOWITZ

ETTA SKLAREW ECKSTEIN

SHABBAT

September 10, 1993

SAMUEL TABOLSKY

HELEN ROTHFLEISCH

GEORGE RUBINSTEIN

SAMUEL ARON

EVELYN EHRLICH

LOUIS HIRSH

HENRY BLUM

MORRIS GOODKIND

DOROTHY F. GOODKIND

RUTH RICE

ALBERT RESNICK

MAX LEVINE

HERMAN GREIFF

EDWARD BERNARD BLINDER

SAMUEL P. WILSON

RUTH FRISCH

LILLIAN GOLDSMITH

MINDEL KARSHMER

SHABBAT

September 17, 1993

MAX EICHENBAUM

EDITH HOFFMAN

HARRY J. SCHWARTZ

SAUL WASSERMAN

GUSSIE RINGEL

SAMUEL REITMAN

ANNA BOOKSTAVAR

RUTH M. DATTEL

MAE GOLDFINGER

ROSE ESKIN

ANNIE MARKS

HERMAN SCHWARTZ
SAMUEL SOMMERS
ALEXANDER S. KUMMER
MORRIS KESSLER
HARRY WOLKOF
DORIS MATLOFSKY
SAM WINTER
SHLOMO HERSCH
MORRIS GOTTLEIB
JACOB SHAPIRO
LEON ROBERT HIRSH
MAX M. BLUMENTHAL
BEATRICE SACKS
ESTHER SPILLER
SHABBAT

September 24, 1993

LESTER SIGMAN

MOLLIE KADEN

NAOMI JASPER

ROBERT S. COHN

MEYER AQUA

ARTHUR A. FRANKEL

SOPHIE SHRIBER

CHARLOTTE M. STONE

RAPHAEL BOARDMAN

HELEN RINGEL

MATILDA HIRSH

WILLIAM SONDHEIM

NORMAN FIELDS

REBA M. LIEBERMAN

HERMAN DEUTSCH

SAMUEL G. COHEN

HARRY WOLFF

ELKA CUSHING

SARA RUBINSTEIN

ABE LANDOW

CHARLES SCHNEIER

PHILIP BROWN

JAKOB SONDHELM

NANI SONDHELM

KARL WERTHEIMER

EMMA WERTHEIMER

IN MEMORIAM

MARGARET SIMON,
mother of Karen Nord

THEODORE SIMON,
father of Karen Nord

KATHERINE PAKENHAM,
mother of John E. Pakenham, Jr.
and Maryann Whitman

ETHEL DENSTMAN,
mother of Sheila Meklinsky

RUTH LENG,
sister of Monroe Glitzer

JANICE CATAFFO,
sister of Bernard Worst

May their memory abide for blessing

CALENDAR OF TEMPLE EVENTS AND ACTIVITIES

SEPTEMBER 1993

Sunday	5	Provide-a-Meal	
Monday	6	Labor Day - Office Closed	
Tuesday	7	Teachers' Workshop	6:00 p.m.
		AETY Board	7:00 p.m.
		BOARD OF TRUSTEES	8:00 p.m.
Wednesday	8	Teachers' Workshop	6:00 p.m.
		Madrichim	7:00 p.m.
Friday	10	Babysitting During Services	8:00 p.m.
Saturday	11	Opening Day Religious School	9:30 a.m.
		Selichot	9:00 p.m.
Sunday	12	Opening Day Religious School	9:30 a.m.
		Hebrew Marathon	9:30 a.m.
		AETY and JAETY	
Monday	13	Monday Bar/Bat Mitzvah Classes Start	
Tuesday	14	RELIGIOUS SCHOOL COMMITTEE	8:00 p.m.
Wednesday	15	Religious School - Closed	
		Erev Rosh Hashanah	
Thursday	16	Rosh Hashanah	
Friday	17	Rosh Hashanah	
Saturday	18	New Parents' Meeting	9:30 a.m.
Sunday	19	7th Grade Parents' Meeting	10:15 a.m.
		Provide-A-Meal	
		AETY and JAETY	
Tuesday	21	JAETY Board	6:00 p.m.
		PTO	8:00 p.m.
		OFFICERS MEETING	8:00 p.m.
Friday	24	Kol Nidre	
Saturday	25	Yom Kippur	
Sunday	26	Religious School - Closed	
Tuesday	28	DAYCARE COMMITTEE	7:30 p.m.
		CHAVURAH COMMITTEE	7:30 p.m.
Wednesday	29	Religious School - Closed	
		Erev Sukkot	
Thursday	30	Sukkot Morning Services	10:00 a.m.

THE DEADLINE FOR THE OCTOBER BULLETIN IS SEPTEMBER 5TH.



The Anshe Emeth Guide to the

HIGH HOLIDAYS

ROSH HASHANNAH

In the seventh month, on the first day of the month, you shall observe a holy day; you shall not work at your occupations. You shall observe it as a day when the horn is sounded.. —Numbers 29:1

Rosh Hashannah, which falls on the first of the Hebrew month of Tishrei, marks the beginning of the new year. It is, however, far more than the first day of the calendar year. It is the beginning of a ten-day period of rigorous self-examination which continues through Yom Kippur. So important did the Rabbis consider this period, that they proclaimed the whole of the preceding month of Elul as a period of preparation.

The Torah designates the first of Tishrei as a day of “memorial, proclaimed with the blast of horns” (Leviticus 23:24, Numbers 29:1). For Jews the sound of the Shofar became a multi-faceted symbol recalling past events, looking to the Messianic future, proclaiming divine sovereignty – and much more. The sound of the Shofar is a call to hearken to the divine summons, to examine our hearts, and to plead our case before the Eternal Judge.

Rabbinic tradition identifies Rosh Hashannah as Yom Hadin, Judgment Day, and in this spirit a Talmudic parable pictures God as sitting in judgment of the world and each individual on Rosh Hashannah. The image of God as judge, about to inscribe human beings according to their deeds in the appropriate Book of Life, underscores the Jewish concept of human beings as moral free agents responsible for the choices which they make. We are further encouraged to believe that our fate, and indeed the fate of the entire world, depends upon our every act.

Following from the theme of divine judgment is the concept of making amends for the past and beginning the year with a clean slate. According to Judaic tradition, repentance, prayer, and charity (Teshuvah, Tefillah, and Tzedakah) temper judgment's severe decree. Through these mitzvot Jews seek to re-establish their relationship with God and with other human beings and accomplish reconciliation with both.

The theme of Rosh Hashannah is that in spite of human weakness “the gates of repentance are always open.” The struggle for righteousness never ceases. The mitzvot and customs of Rosh Hashannah are designed to help Jews enter into the new year with a new spirit so that they might be “inscribed in the Book of Life and Blessing.”

Celebrating Rosh Hashannah

It is a mitzvah to express one's personal repentance (Teshuvah) on Rosh Hashannah. According to the traditional symbolism, God sits in judgment of the world on Rosh Hashannah. Through repentance, prayer, and Tzedakah, one begins moving towards reconciliation with God and other human beings. This process reaches its climax on Yom Kippur.

Repentance begins with the recognition of one's faults, failures, and weaknesses and the willingness to attempt to change and rectify impaired relationships. Through discussion with friends and family, one seeks understanding and forgiveness. The reciting of confessional prayers opens the heart to repentance. The goal of repentance is to turn the individual and community toward each other and toward God.

It is always a mitzvah to give Tzedakah, but on Rosh Hashannah, this deed takes on added significance. Tzedakah is one of the mitzvot which tempers judgment's “severe decree.” Through direct aid to the needy and through aid to synagogues and other institutions which support the spiritual and cultural life of the Jewish community, we exemplify our obligation as human beings to share the bounty of the earth with others.



Finally, it is a mitzvah to join the congregation in worship on Rosh Hashannah. As members of the Jewish people, we have personal and communal responsibilities. Participation in the congregational worship service is one such communal obligation, but our attendance at services goes beyond obligation. The public celebration of Rosh Hashannah through prayer, song, and Torah study is the heart of the Rosh Hashannah experience. Rosh Hashannah worship draws us into the circle of the community, strengthening our ties to one another and to our historical values.

How could the first day of the seventh month become the New Year?

In ancient times, there were four "New Years" in the Jewish calendar, each with a distinct significance:

- a. The first of Nisan: the New Year of Kings, a date used to calculate the number of years a given king had reigned.
- b. The first of Elul: the new year for tithing of cattle, a time when one out of every ten cattle was marked and offered as a sacrifice to God.
- c. The first of Tishrei: the agricultural new year. The New Year of the Years.
- d. The fifteenth of Shevat: Tu Bishvat, the New Year of the Trees.

The Torah refers to Nisan as the first month of the Jewish year. Despite this, however, the first of Tishrei emerged as what we now know as Rosh Hashannah.

The Meaning of the Shofar's Call

In Biblical times, the shofar was used to herald great moments. It proclaimed the ascent of a king upon the throne, it announced the Jubilee every fiftieth year, the Sabbath and festivals. In wartime, it signaled the army.

Indeed, the Shofar has been so long associated with Jewish tradition that it has become a holy symbol. It recalls the offering of Isaac by Abraham, for that was when God, recognizing our people's devotion to Him, ordered Abraham to substitute a ram for his son as a sacrifice on the altar.

It reminds us of the giving of the Ten Commandments to the accompaniment of shofar blasts on Mount Sinai. Maimonides, the great Jewish philosopher of the twelfth century, found a special message in the call of the shofar. He said that the shofar proclaimed:

Awake, ye sleepers, and consider your deeds; remember your Creator and repent. Be not of those who hunt after shadows and who waste their years seeking empty things. Look well into your souls; leave your evil ways and thoughts, and return to God, so that He may have mercy on you.

Before the shofar is blown, we recite Psalm 37, which says that the shofar will announce God's dominion over all peoples. Then the horn is sounded. There are three variations in the call: Tekiah, Shevarim, and Teruah. Tekiah is a long blast starting on a low note and rising nearly an octave; Shevarim consists of three shorter notes; Teruah is made up of nine quick, sharp calls ending with high note. Every man, woman, and child listens intently to the call of the Shofar. It has been a symbol of our people's unity for thousands of years.

Special home rituals for Rosh Hashannah

On the eve of the holiday, we recite the festival candle blessing and kiddush. We pronounce the Motzi prayer as usual, but traditionally over a round challah. Finally, just before beginning the Rosh Hashannah meal, we customarily eat challah or apples dipped in honey.

There are many explanations for why we use a round challah. Some people see the round shape as reflecting the continuing cycle of years and seasons. The most common interpretation, however, is that the challah resembles a crown, thus symbolizing the kingship of God. At a time of year when our thoughts turn to repentance and resolutions of self-improvement, the round challah reminds the Jew that God is central to our people and to our faith.

Greetings on Rosh Hashannah

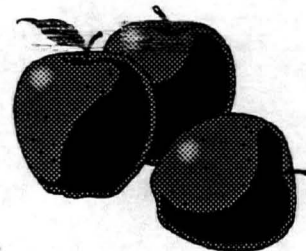
It is a time honored tradition to greet friends and neighbors during the Days of Awe, especially on Rosh Hashannah, by expressing the wish that they be blessed with a good year. The traditional words of blessing are "לְשָׁנָה טוֹבָה תִּכְתְּבוּ" "Le-sha-nah to-va ti-ka-te-vu" ("May you be inscribed [in the Book of Life] for a good year"). On Rosh Hashannah it is customary to visit with friends and relatives, to wish them well. Such visits are part of the joy (Simcha) of the festival.

Mourning on Rosh Hashannah

Formal mourning (i.e., the observance of shivah) is suspended for the observance of Rosh Hashannah, at which time the mourners should attend services and observe the customs of the day.

Apples And Honey

It is customary to dip a piece of apple in honey and to eat it after reciting the appropriate blessing. The apple and honey symbolize the hope for a good and sweet year. The text of the prayers is as follows:



בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הָעֵץ.

Ba-ruch a-tah A-do-nai E-lo-hei-nu me-lech ha-o-;am, bo-rei p'ri ha-etz.

Blessed is the Lord our God, Ruler of the universe, Creator of the fruit of the tree.

יְהִי רָצוֹן מִלְּפָנֶיךָ, יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, שֶׁתַּחַדְּשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה.

Ye-hi ra-tson mi-le-fa-nei-cha, A-do-nai E-lo-hei-nu ve-lo-hei a-vo-tei-nu, she-te-cha-desh a-lei-nu sha-na to-va u-me-tu-ka.

Lord our God and God of our people, may the new year be good and sweet for us.

Between Rosh Hashannah and Yom Kippur

The ten-day period from Rosh Hashannah through Yom Kippur is known as *Aseret Yemei Teshuvah*, the Ten Days of Repentance. On Rosh Hashannah the Jew takes the first steps towards atonement. But this initial recognition of sin with its accompanying remorse requires further steps to complete the process of repentance.

Activities during this period should be directed toward the sacred goal of reconciliation with both God and other human beings. Jewish tradition teaches that Yom Kippur makes atonement only for those sins which we commit against God, but it does not atone for those sins which we commit against other human beings unless we first attempt to make amends and seek their forgiveness.

The mood of Rosh Hashannah and Yom Kippur permeates these days. A high point during this period is Shabbat Shuvah, the Sabbath of Return. Turning toward God and toward other people is the purpose of these days.

YOM KIPPUR

For on this day of atonement shall be made for you to cleanse you of all your sins; you shall be clean. It shall be a sabbath of complete rest for you and you shall practice self-denial; it is a law for all time.

-Leviticus 16: 30-31

Mark, the tenth day of this seventh month is the Day of Atonement.... For it is the Day of Atonement on which expiation is made on your behalf before the Lord your God.... Do no work whatever; it is a law for all time, throughout the generations in your settlements. It shall be a sabbath of complete rest for you and you shall practice self-denial; on the ninth day of the month at evening from evening to evening, you shall observe this your sabbath.

-Leviticus 23: 27-28, 31-32

On the tenth day of the same seventh month you shall observe a sacred occasion when you shall practice self-denial.

-Numbers 29: 7

Yom Kippur, the Day of Atonement, occurs on the tenth of Tishrei. It is the culmination of the Ten Days of Repentance. It alone of all the Jewish holidays is the equivalent of Shabbat in sanctity. Its mood is reflective and introspective – a day devoted totally to self-examination, confession, and atonement.

Yom Kippur provides us with the opportunity to alter our conduct, readjust our values, and set things right in our lives. The day demands absolute honesty as we confess our wrongdoings: "We have sinned, we have transgressed, we have done perversely." The grandeur of the liturgy and music adds to the drama and seriousness of the day. From Kol Nidre, the eve of Yom Kippur, to the last triumphant note of the Shofar at the conclusion of the N'ilah, its purpose is to move us toward reconciliation with God and our fellow human beings.

Primary among the mitzvot leading to atonement is fasting. The Torah commands us to practice "self-denial" on this day three different times, and the threefold repetition of this mitzvah has suggested three reasons for fasting.

1. Judaism calls for self-discipline. When we control our appetites on Yom Kippur, we remember that on other days, too, we can be masters, not slaves, of our desires.

2. Judaism calls for empathy. When we consciously experience hunger, we are more likely to consider millions who need no Yom Kippur in order to suffer hunger. For some, most days are days without food enough for themselves and their children.

3. Judaism calls for penitence. The confession we make with our lips is a beginning. The penance we inflict upon our bodies through fasting, leads us along further still toward the acknowledgment that we have sinned against ourselves and others.

Yom Kippur is a day of concentration on the past so that the future may be better for us as individuals, better for us as a community, and better for us as part of the human community. Despite its solemnity, Yom Kippur is also a day of joy, when the truly penitent person begins gradually to feel at one with God and humankind. Reconciliation is the goal of the day's prayers and fast.

Preparing For Yom Kippur

There are some things that should be done before the last meal preceding Yom Kippur. For example, it is a basic Jewish teaching that Yom Kippur does not atone for wrongs committed against other people, but only for transgressions against God. It therefore has become customary for Jews to seek out friends and relatives whom they have wronged during the year and to personally ask for their forgiveness before Yom Kippur begins. The person asked for forgiveness must forgive, and thus Yom Kippur serves a healing function in the community. Yom Kippur is a time when all families should be at peace. Life is too short to indulge in petty arguments or to harbor grudges. Yom Kippur gives us a yearly opportunity to put aside past hurts and to make a new beginning.

A second set of customs relating to Yom Kippur involves perpetuating the memory of loved ones. Many Jews visit the cemetery the day before Yom Kippur and kindle twenty-four-hour yahrzeit candles in memory of departed loved ones. During the Middle Ages, this custom was seen as a means of atonement for the dead. Today, however, it is a beautiful expression of tribute and remembrance.

When the erev Yom Kippur meal is completed, the family departs for services - a prayer experience unlike any other in the Jewish year. Upon arriving at the synagogue on erev Yom Kippur, one immediately senses a special and unique atmosphere. It is Kol Nidre night, the holiest time of the Jewish year.

The Kol Nidre Service

Kol Nidre means "all vows" and is the name given to the special liturgical formulation chanted by Jews only on Yom Kippur. It is not actually a prayer; in fact Kol Nidre does not even mention God. It is an ancient legal formula for the annulment of vows which enables Jews to begin the New Year with a clean slate.

Fasting

Fasting was originally seen as fulfilling the biblical commandment to "practice self-denial." Midrashic writings also stress fasting as a historical reminder of Israel's repentance for the incident of the golden calf. More importantly, however, the Yom Kippur fast enables us, for at least one day each year, to ignore our physical desires and instead stress our spiritual needs. We concentrate on prayer, repentance, and self-improvement before returning to our usual daily routine.

According to tradition, all females from age twelve and all males from age thirteen must fast. It was and is the custom in many communities to encourage even younger children to begin fasting for several hours each year, so as to prepare them for full participation in the holiday when the proper time arrives. The



traditional fast encompasses a full twenty-four-hour period, beginning after the erev Yom Kippur meal and extending to the following evening. No eating or drinking is permitted.

Kindling Yom Kippur Lights

It is a mitzvah to light and recite the appropriate blessing over the Yom Kippur lights after the meal and before leaving for the synagogue.

ברוך אתה, יי אלהינו, מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של (שבת ושל) יום הכפורים.
Ba-ruch a-ta, A-do-nai E-lo-hei-nu, me-lech ha-o-lam, a-she-ki-de-sha-nu be-mits-vo-tav ve-tsi-va-nu le-had-lik ner shel
Yom Ha-ki-pu-rim.

Blessed is the Lord our God, Ruler of the Universe, by Whose mitzvot we are hallowed, who commands us to kindle the lights of the Day of Atonement.

ברוך אתה, יי אלהינו, מלך העולם, שהחיינו וקיימנו והגידנו לזמן הזה.
Ba-ruch a-ta, A-do-nai E-lo-hei-nu, me-lech ha-o-lam, she-he-che-a-nu ve-ki-ma-nu v'hi-gi-a-nu la-z'man
ha-zeh.

Blessed is the Lord our God, Ruler of the universe, for giving us life, sustaining us, and enabling us to reach this season.

Unlike Shabbat and the other festivals, on Yom Kippur the candles are lit after the meal, because the lighting of the candles marks the formal beginning of Yom Kippur and therefore the beginning of the fast.

Children and the High Holidays

Perplexingly, the most important days in the Jewish year are not child-centered; and in fact, they are not experiences which easily invite children's participation. As educators and parents, we must do our best to make Rosh Hashannah into a celebration of apples and honey, to make Yom Kippur into the great ritual "I'm Sorry." We need to expose the parts of the observance which have the potential to speak directly to our young. We strive to structure their participation in a limited way in order to set the pattern for later development. However, in truth, the Days of Awe are R-rated adult experiences. R-rated for seriousness, maturity, and complexity. Despite this, Rosh Hashannah and Yom Kippur offer us two important interrelated insights to share with our children - insights which can help to shape the way they grow and develop.

The first lesson: No matter what has gone before, we can always make a new beginning. While we have to take responsibility for what has already happened, we can always start again to make things better. That is the essence of Rosh Hashannah.

The second lesson: A person is always responsible for what he or she does. When we make a mistake, when we miss the mark, we have to do more than feel sorry. We have to do our best to correct the hurt we caused another person, and do our best to see to it that we never do the same thing again. This is teshuvah (repentance), the action demanded by Yom Kippur.

לשנה טובה תכתבו

May you be inscribed for a good year.

This High Holiday insert to the Anshe Emeth Bulletin was prepared by Jed Nussbaum as part of a senior internship project. Sources include *The Jewish Book of Why*, *Gates of Repentance*, *Gates of the Seasons*, and *The Jewish Catalog*.

RECIPES FOR THE HIGH HOLIDAYS

Each holiday in the cycle of the Jewish year has its own meaning, its own spirit, and its own flavor. In the days when mothers and grandmothers spent a large part of their lives in the kitchen, the unique aromas that filled the house identified an approaching holiday as much as the special symbols or other preparations.

In many families, preparations for the New Year began with the baking of challah, not the braided loaves of Shabbat, but round ones, symbolic of the cycle of life and the seasons [see above]. The first night of Rosh Hashannah, the meal begins with apples dipped in honey; for those who celebrate two days of Rosh Hashannah, the second night begins with a fruit we haven't eaten since the last time it was in season.

Throughout the holiday, dishes are served which are sweet and round, with lots of fruit. We are reminding ourselves of the hope for a complete year, a sweet year with no bitter moments. (In some families, bitter or sour foods are traditionally avoided throughout the holidays.) Even the challah may have raisins kneaded into the dough.

Honey Cake

4 eggs	3 1/2 c. flour
1/2 c. strong coffee	2 tsp. baking soda
1 c. sugar	1/2 tsp. salt
1 c. honey	1/2 tsp. cinnamon
2 T. oil	1/2 tsp. nutmeg
1/2 c. raisins (optional)	1/4 tsp. cloves
1/2 c. chopped walnuts	1/2 tsp. ginger

Sift the flour, salt, baking soda, and spices together.

Beat the eggs, gradually adding the sugar, until thick and light in color. Beat in the oil, honey, and coffee; stir in the flour mixture and nuts.

Oil two 9-inch loaf pans lined with foil. Pour in batter and bake at 325° for 50 minutes or until a cake tester comes out clean.

Cool before removing from the pan.

Noodle Kugel

8 oz. fine noodles	1 large apple, peeled and diced
3 oz. light cream cheese	
4 oz. low fat cottage cheese	4 eggs or equivalent amount of egg substitute
3/4 c. sugar	2 T butter or margarine
1 tsp. vanilla	2 c. skim milk

Cook noodles and drain.

Mash cheeses together; add sugar, vanilla, apple. Beat the eggs and add to the cheese mixture with the noodles.

Melt butter or margarine in baking pan and pour half into batter. Pour batter into pan and pour milk over it.

Bake at 350° 1 hour or until brown on top.

Brisket with Tzimmis

3 lbs. brisket	8 carrots, sliced thick
1 large onion	4 sweet potatoes, peeled and cubed
1-2 T. oil	
salt/pepper	1/2 lb. pitted prunes (opt.)
	1/4 c. brown sugar

Brown the beef and onions in oil in a Dutch oven or heavy casserole. Add salt and pepper to taste, add 2 cups hot water, and cook, covered, over low heat for about 1 1/2 hours.

Add the carrots, sweet potatoes, prunes, and brown sugar. Cover and cook 1-2 hours longer over very low heat, removing the cover for the last half hour.

Serves 6-8.

Honeyed Carrots

3 T. butter or margarine	1/2 tsp. salt
4 cups sliced carrots	1/4 tsp. ginger
4 T. orange juice	4 T. honey

Combine all the ingredients in a saucepan. Cover and cook over low heat 20 minutes, stirring occasionally.

LEARN TO READ HEBREW
IN ONE SINGLE DAY AT
ANSHE EMETH'S FIFTH ANNUAL



HEBREW MARATHON

(no sneakers needed!)



Sunday, September 12, 1993



9:30 a.m. to 5:00 p.m.

OUR GUARANTEE: *ONE DAY OF LEARNING THAT WILL LAST A LIFETIME*

Once again, Gail Buchbinder will be leading our *Hebrew Marathon!*

You will learn to read Hebrew at the *Hebrew Marathon*. You will:

- Recognize and become familiar with the Alef-Bet
- Learn to read and comprehend 180 functional Hebrew words
- Learn to feel at ease with Hebrew

Name _____

Address _____

Number attending: Members _____ Non-Members _____ Review _____ Amt. enclosed \$ _____

The cost is \$25 per person for members and \$30 for non-members, and \$15 for a review if you took the course here before. This includes materials, lunch and snacks. Reviewers get lunch & snacks only.

Send in your check now! Make checks payable to Anshe Emeth Memorial Temple and mail to:
222 Livingston Avenue, New Brunswick, NJ 08901. *Bring a friend!*

This Program is made possible by the Elizabeth and Arthur Reich Memorial Fund

GAN YELADEEM FUND RAISER

Gan Yeladeem, David H. Meyer Children's Center had a very successful fund raiser and enjoyed wonderful cakes and cookies during the Passover season. The same bakery provides cakes and cookies for the NEW YEAR. We enjoyed them so much that we are opening this up to the entire synagogue. The funds will be used to provide for trips and fun things to do for the children in our Gan. You will enjoy freshly baked cakes and cookies that are absolutely delicious.

If you are interested in receiving any of these wonderful baked goods please fill out the order form and return it to the temple with a check made out to the Anshe Emeth Memorial Temple. You will be able to pick your baked goods up right before Rosh Hashanah.

Please send your order to the attention of Gan Yeladeem. Thank you for your support and we're sure you'll enjoy the goodies.

ORDERS MUST BE RECEIVED BY SEPTEMBER 3

WRITE IN QUANTITY OF EACH ITEM ORDERED:

1___7" Chocolate Mousse Cake	14.95	17___Railroad Macaroon Layer Cake	12.50
2___7" All Chocolate Devil's Food Cake	7.45	18___Mandel Broit Loaf	6.45
3___9" Lemon Chiffon Cake	7.45	19___1 Dozen Chocolate Brownies	8.40
4___Seven Layer Loaf	5.95	20___Assorted Fancy Cookies per lb.	7.95
5___Taiglach Per Tray	9.95	21___Rainbow Cookies per lb.	8.95
6___Sponge Jelly Roll	6.45	22___Chocolate Lace Cookies per lb.	8.95
7___Raspberry Nut Cake	7.50	23___Cinnamon Apple Cake 9"Ring	6.95
8___Apricot Nut Cake	7.50	24___Nut and Raisin Rugelach per lb.	8.95
9___Chocolate Loaf Bobka	6.45	25___Chocolate Rugelach per lb.	8.95
10___Nut, Raisin & Cinnamon Loaf Bobka	6.45	26___Raspberry, Apricot & Prune Danish / lb.	8.95
11___Russian Apple Bobka	6.95	27___Bow Ties per lb.	6.00
12___Russian Cherry Bobka	6.95	28___Large Plain Challah	4.50
13___Chocolate Mousse Bobka	6.45	29___Small Plain Challah	3.25
14___Honey Cake	6.95	30___Large Raisin Challah	4.90
15___Marble Chiffon Cake	7.45	31___Small Raisin Challah	3.50
16___Plain Chiffon Sponge Cake	6.95	32___Twist Mini Dinner Rolls per dozen	3.00

Enclosed is my check for \$_____

Please make check payable to Anshe Emeth and mail with your order

Mail to : Anshe Emeth, 222 Livingston Ave., New Brunswick, N.J. 08901

Attn: Gan Yeladeem/Bakery Sale

Name _____

Phone _____

Your order can be picked up at the Temple Monday, September 13 until 6:30 p.m.