

WORSHIP SERVICES

FRIDAY, SEPT. 6 Nitzavim/Vayelech 8:00 P.M.

Rabbi Miller will speak on:

"To See the Wonder in the Common"

Candle Blessing: Debra Nothstein & Suzie Wise

SATURDAY, SEPTEMBER 7 11:00 A.M.

B'NOT MITZVAH OF ERIKA NOTHSTEIN & ABIGAIL WISE

MINYAN 10:30 A.M.

RELIGIOUS SCHOOL TEFILLAH SERVICE 11:15 A.M.

SATURDAY, SEPTEMBER 7 8:30 P.M.

SELICHOT

TUESDAY, SEPTEMBER 10 7:30 P.M.

HEALING SERVICE

(Held in the Conference Room)

See inside for more information.

FRIDAY, SEPTEMBER 13 7:15 & 9:15 P.M.

EREV ROSH HASHANAH

SATURDAY, SEPTEMBER 14 9:00 A.M. & 11:00 A.M.

ROSH HASHANAH

SUNDAY, SEPTEMBER 15 10:15 A.M.

ROSH HASHANAH

FRIDAY, SEPT. 20 Ha'azinu 8:00 P.M.

Rabbi Dubowe will speak on:

**"The Search for Our Faith -
Emunah Shelanu"**

Babysitting is available during services - see inside.

SATURDAY, SEPTEMBER 21 9:30 A.M.

TORAH STUDY AND SHABBAT WORSHIP

RELIGIOUS SCHOOL TEFILLAH SERVICE 11:15 A.M.

SUNDAY, SEPTEMBER 22 7:15 & 9:15 P.M.

KOL NIDRE

MONDAY, SEPTEMBER 23 9:00 A.M. & 11:00 A.M.

YOM KIPPUR

FRIDAY, SEPT. 27 Sukkot 7:30 P.M.

EREV SHABBAT & SUKKOT SERVICE

SATURDAY, SEPTEMBER 28 9:30 A.M.

FAMILY SERVICE FOR SHABBAT & SUKKOT

MINYAN 10:30 A.M.

See inside for the complete Holiday Service Schedule.

Between Us ...

Stories have enormous power. They are really the substance of our lives. We live, not by ideas but through stories. We learn about ideas but we experience life through stories, ours and those of others. I am touched by at least one story every single day. Some of those stories are simple, some a bit more complicated. But they are often very powerful, indeed!

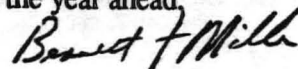
Our Rabbis created a body of literature called *MIDRASH* out of stories. Some of the *midrashim* are based on true stories, others based in fantasy. But every single *midrash* has a message in it and, while most *midrashim* are hundreds of years old, they speak to us in modern terms. Some *midrashim* are created each new day.

Here is such a *midrash*, this one a story of healing. It is true. What makes it a *midrash* is the message within it. It is a story of a young student Rabbi spending a summer as a chaplain intern in a hospital. Each day that student Rabbi visits patients on the oncology floor, or the special surgical unit. Some patients are recovering and are about to be released so that they may return home to family and friends. Others suffer long term illnesses and know that their release will come not from recovery but from an eternal peace where there is no more pain. Almost all of them, the ones who will go home and the ones who will not, live each day with hope, hope in tomorrow, hope for a better world, and hope for continued love.

The student Rabbi visits a patient who is suffering from throat cancer. It is so hard for him to speak. As the chaplain approaches the patient whispers, "I cannot speak today. It is too hard." And the student Rabbi responds, "that's OK, why don't I just sing you a song of healing!" And the sweet melody emanates from her soul to the patient's. When the song ends, the patient opens his eyes and mouths these beautiful words: "Thank You!"

The student Rabbi tells me "Daddy, I walked out of that room and cried." And when my daughter Ellie told me that story, that beautiful *midrash* about healing and its power, I cried, too!

Stories have enormous power. In just a few days we will draw together to celebrate the stories of our lives as we observe our most sacred season of the year. May our stories be for healing and for blessing as we prepare to live them in the year ahead.



SATURDAY, SEPTEMBER 7 SELICHOT 8:30 P.M.

FRIDAY, SEPTEMBER 13 EREV ROSH HASHANAH 7:15 & 9:15 P.M.

SATURDAY, SEPTEMBER 14 ROSH HASHANAH 9:00 & 11:00 A.M.
ROSH HASHANAH CHILDREN'S SERVICE 2:15 P.M.
 (Sanctuary) - no ticket necessary

SUNDAY, SEPTEMBER 15 ROSH HASHANAH 10:15 A.M.
 (Sanctuary) - open seating with ticket

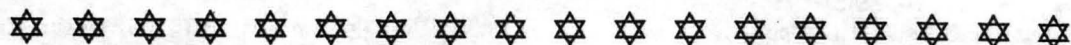
FRIDAY, SEPTEMBER 20 SHABBAT SHUVAH 8:00 P.M.

SUNDAY, SEPTEMBER 22 KOL NIDRE 7:15 & 9:15 P.M.

MONDAY, SEPTEMBER 23 YOM KIPPUR 9:00 & 11:00 A.M.
YOM KIPPUR INTERIM PROGRAM 1:30 P.M.
YOM KIPPUR CHILDREN'S SERVICE 2:30 P.M.
 (Reitman Hall) - no ticket necessary
AFTERNOON, YIZKOR AND NE'ELAH SERVICE 3:30 P.M.



**RABBI MILLER, RABBI DUBOWE, CANTOR ROSKIN, GAIL KROOP,
 REBECCA GLASS, THE OFFICERS & TRUSTEES, AND THE ENTIRE STAFF
 WISH YOU AND YOUR FAMILY A HAPPY AND HEALTHY NEW YEAR!**



SUKKOT: A FESTIVAL OF THANKSGIVING

FRIDAY, SEPTEMBER 27 7:30 P.M.
EREV SHABBAT & SUKKOT SERVICE

SATURDAY, SEPTEMBER 28 9:30 A.M.
FAMILY SUKKOT CELEBRATION & WORSHIP

SATURDAY, OCTOBER 5 10:00 A.M.
FINAL SUKKOT & YIZKOR SERVICE

SATURDAY, OCTOBER 5 7:30 P.M.
CELEBRATION FOR SIMCHAT TORAH

We will consecrate all of our new students in the religious school.

We invite everyone to enjoy our Sukkah at lunch or dinner time with your family and friends.

Worship Services

Friday, Sept 6 - To See Wonder in the Common

An opportunity for study with Rabbi Miller as he shares some Midrashim in preparation for the Days of Awe.

Tuesday, Sept. 10 - Healing Service

The Healing Service is a welcoming place for you to share grief or seek comfort. If you seek spiritual healing, or if you or a loved one is hospitalized or convalescing, you can seek the support that Judaism has to offer during the difficult times in our lives.

Friday, Sept 20 - The Search for Our Faith -

Emunah Shelanu

Shabbat Shuvah is the Shabbat between Rosh Hashanah and Yom Kippur. At this period of time during the Days of Awe, we ought to pause and reflect on our Jewish identities. Are we living up to our highest potential by celebration of various Jewish events or do we just wait and see? Rabbi Dubow will share her insights on how we should embrace Judaism more than ever because its Emunah Shelanu - Our Faith.

Friday, Sept. 27 - Shabbat & Sukkot Services

Rabbi Miller will share a special story with the children of our religious school.

BABYSITTING AVAILABLE!

During September, babysitting will be provided during Shabbat Services on Sept. 20. Please call either Ann Thayer-Cohen at 819-0580 or Sara Levine at 297-3864 to let them know you will be bringing your children so that we can be sure to have enough sitters.

ANSHE EMETH ENDOWMENT FUND

for the future

We hope that you will include the Temple in your planned giving. The Endowment Committee, Rabbi Miller, or Gail Kroop will be happy to speak to you about how you might want to proceed with a planned giving program. Call Dr. Norman Reitman at 572-1414 or Rabbi Miller at 545-6484 if you would like more information.

Anshe Emeth Memorial Temple

222 Livingston Avenue

New Brunswick, New Jersey 08901

(908)545-6484 (908)545-3775 TDD (908)745-7448 FAX

75471.1462@compuserve.com E-mail

Volume 137

Issue 1

The Bulletin is published bi-weekly from September 1 to June 1 and one summer issue.

Bennett F. Miller

Rabbi

Rebecca L. Dubow

Associate Rabbi

Jessica Roskin

Cantor

Gail R. Kroop

Executive Director

Rebecca Glass

Religious School Director

Lee Livingston

President

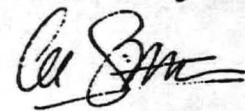
Officers Column

One of the things I have enjoyed about being president is the need to think about the High Holidays earlier than I ever have. There is the September column to write (in August.) There are the remarks to the congregation that the president delivers on Yom Kippur. There are meetings with Gail Kroop and the building and grounds committee about the condition of the Temple (always wonderful by the time Gail, Jose, Diane and all the rest complete their scrubbing, painting, and sprucing.) There are inevitable telephone calls from congregants with special needs and special problems. I hope we have solved them all - or at least been responsive. There is being with Rabbi Miller in early August and seeing that far away look come into his eyes and I know he is thinking about one of the sermons he will deliver during the Holidays.

I think about late afternoon on Yom Kippur, almost twilight, as my stomach is empty and my head a little light and the sun is streaming through the stained glass windows in the sanctuary. Every year I think that there is nowhere I would rather be. I think about all those who have died, because for me a major part of the Holidays is reliving the past with those who have died. Last year I wrote about the connections to the Holidays our family and many of our friends have. Births, deaths, illness - so many life cycle events seem to connect us to this time of year. It seems a reality we share.

But what about those Jews who do not care about our reality? What do we have in common with those Jews? How do we, who see a synagogue as a central part of our lives, communicate that feeling to those who do not? How do we communicate that a community of Jews remains the central component to our survival as a people? These are questions I would like to address during my final year as president. With the congregation, with the Board of Trustees, with the various committees, and with our clergy. I hope that together, during the coming year, we will strengthen our commitment to Anshe Emeth, to Tikkun Olam, to living as Jews. And maybe then we will begin to answer these questions.

Lanny and I and our entire family wish each of you a Shana Tovah.



Lee Livingston

High Holy Day Information

Rabbi Miller and Rabbi Dubowe will conduct services in the Sanctuary and Reitman Hall. Cantor Roskin with the Anshe Emeth Choir will be in the Sanctuary; Bea Adler, our vocal soloist will be in Reitman Hall.

A special family service will be held on the Second Day of Rosh Hashanah. Rabbi Miller has prepared the liturgy for the service in keeping with the other beautiful services that we observe together. This service will be held in the Sanctuary.

Your seat reservations will be sent by September 5th.

Arrangements may be made for babysitting of younger children during morning services on the First and Second Day of Rosh Hashanah and Yom Kippur and during Yom Kippur Yizkor and Ne'elah services. If you want your children to participate and you did not check the babysitting box on your seat reservation form, please call the Temple office at 545-6484 before September 5th.

Please note that all seats in the Sanctuary and Reitman Hall are reserved for Rosh Hashanah and Yom Kippur. Please notify the Seating Committee at the Temple if you will not be using a ticket. Second Day Rosh Hashanah Service will be admitted by ticket on an open seating basis. Remember, please, that tickets will also be required at afternoon Yom Kippur, Yizkor, and Ne'elah services. Ushers will check tickets.

Ushers are needed for all High Holy Day services. If you can assist at one or more of the services, please call Fred Greenstein at 248-4408, Harvey Stone at 613-0830, or the Temple office at 545-6484.

There are large print editions and Braille copies of High Holy prayerbook for those wishing to use them. Ask an usher to provide you with one. Special audio equipment for the hearing impaired is available for use in the Sanctuary. Please call the Temple office to reserve a headset. There will be an interpreter for the hearing impaired during the services in Reitman Hall.

Because of physical impairments, some members of the congregation may not be able to attend High Holy Day services. If you or a member of your family is unable to worship with us at the Temple, cassette recordings of the High Holy Day services will be available. Please call the Temple office to make arrangements to obtain the tapes.

Please also note that there will be a reserved section at Yom Kippur Yizkor and Ne'elah services for our disabled and/or elderly members. One family member may accompany each person.

The Interim Service will be held in Keller Hall.

SELICHOT

Please join us

Saturday, September 7 at 8:30 p.m.

We will watch *Hamsin*, award winning film at the Locarno International Film Festival. The seemingly eternal problem of Jewish-Arab relationships is portrayed in this powerful study of a Jewish landowner and his Arab worker. These two men work side by side to build a dream ranch in the Galilee. When it is learned that some Arab lands in the area are to be confiscated by the government, tensions flair up between Jews and Arabs. An effort at reconciliation is made, but it seems futile as the "hamsin," the hot desert wind, sends temperatures and tempers soaring to explosive heights. With Shlomo Tarshish, Yasin Shawap, Hermda Levy and Ruth Geler. Directed by Daniel Wachsmann.

*We will conclude with Havdalah and Selichot Services,
a service of special and beautiful penitential prayers and music,
as we prepare for the High Holy Days.*

OFF TO COLLEGE...

but not out of touch with Anshe Emeth. Please send to the Temple office the names and addresses of those in your family who will be away at school this year. We need the e-mail addresses, too. We will see that they receive the Temple *Bulletins* and know what's happening with their Temple family.

NAME _____

ADDRESS _____

E-MAIL NUMBER _____

NAME _____

ADDRESS _____

E-MAIL NUMBER _____

Return to Anshe Emeth, 222 Livingston Avenue,
New Brunswick, NJ 08901

Attention writers!!

Temple members who have published materials and would like to display their work at our Central New Jersey Jewish Bookfair & Library opening in October, please contact the Temple office at (908) 545-6484.

For your information:

- * We now accept MasterCard and Visa in the Judaica Shop.
- * Look for your September copy of *W.O.W. - Wonderful Opportunities Within* in your Interim Bulletin
- * Please save the date of October 10th for the first Women's Breakfast
- * Look for information about our Rosh Chodesh Group starting October 13.
- * Remember the Anshe Emeth Blood Drive is November 3. If you have not donated blood after September 8, you are eligible to donate.
- * Please support Israel with the purchase of Israel Bonds. The Temple Bond Drive will take place during Kol Nidre Services.



We are pleased to welcome to our Anshe Emeth Family

Melissa Kohn Rosen will be serving as our Coordinator of Programming and Development. All of us at the Temple are looking forward to her becoming a member of our staff and being part of our Temple family.

Melissa has her Masters Degree in Jewish Communal Service from Brandeis University. Melissa moved back to the area after living in Nashville, TN where she worked in Holocaust education for the Tennessee Holocaust Commission.

She lives in East Brunswick with her husband John who is the Campaign Director at Jewish Federation. They have two daughters, Shira who is 4; and Kayla who is 2.

Peter W. Stein will be our Rabbinic Intern for the year. He will be teaching in our Religious School, working with our Youth Groups and Young Couples group. Peter will also have a Saturday morning Beginner's Minyan for adults.

Peter graduated with a Bachelor of Science from Cornell University and is currently in his third year at Hebrew Union College in the Rabbinic Program.

He was the Associate Program Director of the Boy Scouts of America, Nassau County Council and worked of the United States Department of Education CLASP Literacy Project.

Peter and his wife Amy will be living at 228 Livingston Avenue. We welcome them to our Temple family.

Please welcome *Robin Rushfield* to our staff. Robin will be our Temple librarian.

Robin has her Masters in Library Service from Rutgers University. She has done field study work at Old Bridge Public Library. Robin is a Vice President of the East Brunswick Friends of the Library in charge of the Book sale. She has been a Girl Scout troop leader.

Robin lives in East Brunswick with her husband Mark, and two children Ivan who is 15 and Emily who is 12.

ANSHE EMETH MEMORIAL TEMPLE
presents the 2nd annual
CENTRAL NEW JERSEY JEWISH BOOK FAIR

book fair is partially underwritten by the Mimi Bates Memorial Fund

special opening event:
jazz pianist Jon Simon
Jewish Broadway and Hollywood
8:00 p.m., Saturday evening, October 26th

concert is partially underwritten by the Max & Florence Minsky Fund



logo courtesy Rochester JCC

- over 1,000 titles, plus music, software, videos and gifts
- book signings and lectures by prominent Jewish authors
- extensive children's selection and activities

look for your Central NJ Jewish Bookfair brochure in the mail
or call for more information: (908) 545-6484

mark your calendars now: OCTOBER 26 - 30, 1996

Join us for "Jewish New York"
Sunday, October 13

- * Guided tour of Temple Emanuel in the morning
- * Walking tour of Lower East Side focusing on the 150 years of Jewish Life in NYC including the Tenement Museum and Elridge Street Synagogue
- * Combined with some Jewish noshing stops

\$36 per person

Dutch Treat Lunch

Space is limited

Name _____ Telephone Number _____

No. of Persons _____ Amount Enclosed _____

Send your check and form to: Anshe Emeth Memorial Temple,
222 Livingston Avenue, New Brunswick, NJ 08901

For more information call the Temple office at (908) 545-6484.

Religious School News



I am very excited to begin my second year as part of the AEMT family and am looking forward to a productive, fun year. My goals for the year are to develop a core curriculum for our school, enhance our Hebrew program and further the tzedakah component of our school. In addition, new programs and events have already been planned.

I continue to welcome your comments and suggestions. Please drop in or set up a time to speak with me.

*B'shalom,
Rebecca*

Now onto business. We are all looking forward to beginning the new school year on September 7! Rabbi Miller, Rabbi Dubowe, Cantor Roskin and I along with our religious school teachers have planned a very exciting year for students and their parents; please come and celebrate being Jewish with us throughout the year.

We have just mailed the Fall Packets which include the Parent Handbook and other pertinent information about our school. If you don't receive your packet by September 2, please call the religious school office and we will send one out to you at once. Also, it is *imperative* that you have your child(ren) registered before the first day of religious school in order for them to attend.

First Day Schedules

Please meet your teachers in the appropriate rooms as listed below:

Saturday, September 9 at 9:30 a.m.

Kindergarten	Room 102
1st Grade	Room 104
Enrichment K & 1	Room 109-110
2nd Grade	Room 107
3rd-6th Grade	Keller Hall

Sunday, September 8 at 9:30 a.m.

7th Grade	Keller Hall
Preschool	Room 103 at 10:00 a.m.
8th - 11th Grade	Keller Hall at 10:00 a.m.

Monday, September 9 at 4:00 and 5:00
Bar/Bat Mitzvah Students Room 107, 108

First Day Program

Help us Kick off the year on the "right" foot. Bring in shoes (new and gently used) of every kind—women's, men's, children's, boots, sandals, etc...

Summer Tzedakah

Appropriate to our tzedakah project, bring in your summer tzedakah money in the shoe boxes. Decorate, embellish, and fill up with tzedakah money which you collected over the summer.

New Parents Meeting

If you have a child who is just beginning formal religious education in our school, you are invited to attend a "Morning Coffee And. . ." on **Saturday morning, September 21 at 9:45**. This is a good way for us to meet you, to acquaint you with the curriculum for your child's grade and to answer any questions you may have about the school and temple. Please call the religious school office, 545-6484, and let us know that you will be coming.

Seventh Grade Parents Meeting

If you have a child who is entering seventh grade, it is imperative that you attend an informational meeting on **Sunday morning, September 29 at 10:15**. Please call the religious school office, 545-6484, and let us know that you will be coming.

Sukkot Family Celebration & Worship

On Saturday, September 28th we will be celebrating Sukkot together as part of religious school for the morning. Activities include preparing and presenting a skit, scenery, music and a Sukkot feast. The program will be held during Religious School Hours, 9:30-12:15. We look forward to having as many parents celebrate with us. If you are interested and available to help out, please call the religious school office, 545-6484.



News from the Gan



Lots of noteworthy events occurred over the lazy, hazy, crazy days of summer. July 4th started off our program with the creation of a spectacular red, white and blue confectionery delight. We had fireworks - only in the form of paint and sparkles. Our camp was visited by Fritz the clown. We took a trip to a local pool club and had a cool time in the water. We had a very special music program and a pirate adventure. Best of all, we had a visit from some fish from the Camden Aquarium.

If your children weren't able to be part of the summer fun -don't worry -it's not too late. Our Fall program begins by ushering in the sweetest New Year, Rosh Hashanah and Yom Kippur. We will also be doing some amazing things with apples.

Our children will be learning new songs with Cantor Jessica every shabbat. Our exciting curriculum challenges every child at a level which will insure his or her continued success. Learning at the Gan is achieved by caring teachers working together to create a safe, warm and nurturing environment.

We offer child care programs for a variety of needs. Full time daycare is available for children from ages 6 weeks to 5 years old. We also offer three different preschool programs. Just choose the one that works best for you. Our AM only class runs from 9 to 11:30. Our most popular preschool program is from 9 to 1:00. Children have the opportunity to enjoy lunch together with their friends. You choose the number of days you need.

If you are just the slightest bit intrigued, please call Helene Chelton at 545-6555 for further information on our programs and registration.

Together with Twos

Wednesdays
10:30 a.m. - noon

This is a weekly program of Jewish learning that includes songs, crafts and movement for children and their parents. The class is designed for 21 - 36 months-olds. The cost is \$50 for 10 weeks. The class will start in October 16. For more information call the Temple office at 545-6484.

Youth Group News

Shalom and welcome to a new year of Youth Group activities. I look forward to meeting the members of AETY and JAETY and their parents as I begin my responsibilities as Rabbinic Intern for Anshe Emeth.

Please set aside the following dates for youth group activities in September:

AETY

September 8 Opening Luncheon 11:00 - 2:00

September 24 Raise the Roof on the Sukkah 6 pm

September 29 Great Adventure 12:30 pm

JAETY

September 8 Opening Meeting 2 - 3 pm

I am looking forward to a great year of fun and learning. Any questions can be directed to me at 246-8865 or Rabbi Dubowe in the Temple office.

Shana Tova!

Peter Stein

MAZEL TOV

BETH & CHARLES LEVINSTON on the birth of their grandson, Daniel Ross

CONNIE & SAM LANDIS on the birth of their grandson

SHARON & BRIAN TAXMAN on the engagement of their son Michael Axelrod

CINDI & HOWARD JACOBS on their marriage

JOAN & DAVID MITZNER on the birth of their grandson

GLENNIS & PHILIP POLITZNER on the marriage of their daughter Loree

SUSAN & JEROME BLOCK on the engagement of their son Joshua

SUSAN & STEVEN DARIEN on the engagement of their daughter Jodi

ADELAIDE ZAGOREN on the marriage of her granddaughter, Jennifer

JUDY & BRUCE NEWMAN on the marriage of their daughter Elise

NANCY & LARRY BAILEY on the marriage of their son Scott

CLAIRE & IRV SINAI on the birth of their granddaughter Sarah

BARBARA SAVAGE on the marriage of her daughter Rachel

SANDY & JERRY KATZ on the engagement of their daughter Beth

USHERING SCHEDULE FOR SEPTEMBER 1996

Fri., Sept. 6	Sanctuary	- Harold & Bernice Bruskin
	Lobby	- Ann & Steve Cohen
	Delavan St.	- Marian & Morris Auyash
Sat., Sept. 7	Sanctuary	- Janet & John Andreula
Fri., Sept. 20	Sanctuary	- Estelle & Edgar Rosenberg
	Lobby	- Ronnie & Stanley Merer
	Delavan St.	- Penny & Gregg Weinglass
Fri., Sept. 27	Sanctuary	- Ruth Patt/Ruth Bennett
	Lobby	- Sharon & Alan Sherman
	Delavan St.	- Kimberly & Jay Friedman

Please try to obtain a substitute if you are unable to usher when scheduled, and call Fred Greenstein at 248-4408 or Harvey Stone at 613-0830. (When Fred or Harvey are not available, call the Temple office at 545-6484.)

Tributes - September 1996

Jewish tradition encourages honoring loved ones and friends at special times through acts of Tzedakah. We gratefully acknowledge contributions made to the Temple's Special Funds.

ALTAR FLOWER FUND

Bat Mitzvah of:

Abigail Wise

by Suzie & Leigh Wise

In Memory of:

Dr. A. Melvin Gold

by Dorothy & Richard Bruskin

Dr. Stuart Kahn

by Dorothy & Richard Bruskin

Julia & Herbert Feist

Lorraine & Leo Smith

Anne Rosenfeld

by Dorothy & Richard Bruskin

Louise Miller Schuler

by the Russell Family

Ethel Stein

by Dorothy & Richard Bruskin

Audrey & Peter Kuker

SPECIAL PUBLICATIONS

Bat Mitzvah of:

Abigail Wise

by Suzie & Leigh Wise

CANTOR'S MUSIC FUND

In Honor of:

Cantor Jessica Roskin

by Mr. & Mrs. Howard Roskin

Suzie, Leigh, & Abigail Wise

Special birthday of Fred Greenstein

by Bea Reiss

Special birthday of Michael Midler

by the Magod Family

In Memory of:

Helen Chodroff

by Shirley & Jerry Sherman

Dr. Stuart Kahn

by Mildred Lief

Shirley & Jerry Sherman

Arthur Mendelson

by Dr. & Mrs. Norman Reitman

Laura Miller

by Dr. & Mrs. Norman Reitman

Ethan Stein

by Bea & John Adler

NER TAMID FUND

Bat Mitzvah of:

Abigail Wise

by Suzie & Leigh Wise

In Honor of:

Rabbi Rebecca Dubowe

by Meyer Perlmut

Rita Rothfleisch on the engagement

of her son Jeremy

by Toni & Steve Kozak

Speedy recovery of Birdie Lefkowitz

by Sara & Len Maskin & Hortense

Spritzer

Frances Strauss on the graduation of

Jared Strauss

by Alison & David Politziner

In Memory of:

Myra Brown

by Elzine K. & Franklin Simon

Dr. A. Melvin Gold

by Bernice & Harold Bruskin

Dr. Stuart Kahn

by Bernice & Harold Bruskin

Iris & Bernie Kislin

Joan Paszament

Anne Rosenfeld

by Bernice & Harold Bruskin

Sara (Spritzer) & Leonard Maskin

Bernard Schwartz

by Iris & Bernie Kislin

Ethan Stein

by Elaine K. & Franklin Simon

Ethel Stein

by Lorraine Levine

Sara & Len Maskin

HONORARIUM FUND

In Honor of:

Rabbi Bennett F. Miller

by Doris, Richard, Paul, & Jim Kahn

Suzie, Leigh, & Abigail Wise

Rabbi Rebecca Dubowe

by Doris, Richard, Paul, & Jim Kahn

Suzie, Leigh, & Abigail Wise

Cantor Jessica Roskin

by Doris, Richard, Paul, & Jim Kahn

25th Wedding Anniversary of

Rabbi Bennett & Joan Miller

by Carol Adelman & Ricki

Geri & Bruce Frank on the marriage

of their son Andrew

by Arlene & Bob Dresneck

LIBRARY FUND

In Honor of:

Joyce & Roger Nussbaum on the

engagement of their son Michael

by Roberta, Jordon, Sondra, & Mitch Brown

Jeanne, Jeremy, Marin & Evan Weisblat

Mazel Tov in your new home

by Ann, Steve, Noah, Adam, & Natan Cohen

In Memory of:

Dr. A. Melvin Gold

by Ann, Steve, Noah, Adam, & Natan Cohen

Dr. Stuart Kahn

by Roberta & Jordon Brown

Ann & Steve Cohen

Josephine Kitay

by Leona Karshmer

Arthur Mendelson

by Leona Karshmer

Serena Stein

Gertrude Miller

by Leona Karshmer

Laura Miller

by Leona Karshmer

Serena Stein

Rebecca Reichel

by Ann & Steve Cohen

Anne Rosenfeld

by Julia Bank

Joyce Pregoshen

Renee Sosin

Harriet Warman

Ethel Stein

by Joanne & Les Katchen

PRAYERBOOK FUND

In Honor of:

Rabbi Bennett Miller

by Neila Pomerantz

MAX MARDER FUND

Bat Mitzvah of:

Abigail Wise

by Shoshana Parsells

In Honor of:

Shoshana Parsells

by Suzie, Leigh, & Abigail Wise

Susan & Jerry Block on the engagement

of their son Josh

by the Dreier Family

Sandy & Jerry Katz on the engagement

of their daughter Beth

by Linda & Alan Getz

Rita Rothfleisch on the engagement

of her son Jeremy

by Joan & Larry Golden

Shoshana Parsells

Mrs. Lee Braff new grandson Daniel Ross

by the Dreier Family

Dr. Laura Sinai & Herb Fellman on the

birth of their daughter Sarah

by Claire & Irv Sinai

Beth & Charles Levinston on their

new grandson Daniel Ross

by the Dreier Family

Donna & Ricky Braff on their

new son Daniel Ross

by the Dreier Family

Speedy recovery of Norman Rosenberg

by Shelly & Brian Dubin & Family

Speedy recovery of Bud Singer

by Adelaide Zagoren

Arlene & Harry Grossman on the college

graduation of their son Glenn

by Rochelle & Bruce Newman

In Memory of:

Claire Greenfield

by Adelaide Zagoren

Dr. Stuart Kahn

by Rose & Stan Dreier

Florence & Joe Freedman

Barbara & Monroe Glitzer

Phyllis Goffredo

Claire & Irving Sinai

Bobby & Bob Stone

Anne Rosenfeld

by Florence & Joe Freedman

Robert Shulman

by Rochelle & Bruce Newman

Ethan Stein

by Frankie & Mark Busch
Ellen, Marc, & Scott Charles
Muriel, Carl, & Wayne Clawans
Ann & Steve Cohen
Harriet & Leonard Durmaskin
Joyce & Alvin Glasgold
Barbara & Monroe Glitzer
Felice & Harvey Hauptman
Sharon Karmazin
Elisabeth & Donald King
Iris & Bernie Kislin
Natalie & Sam Kutik
Laura & Seth Leibowitz
Paula & Leo Masciulli
Shari & Marc Rothstein & Family
Bettina & Steven Sholk
Bobby & Bob Stone
Muriel & George Swartz
the Zahorsky Family

Ethel Stein

by Bobby & Bob Stone

YOUTH ACTIVITIES FUND

Bat Mitzvah of:

Amanda Sexton

by Roberta, Jordon, Sondra, & Mitch Brown

In Honor of:

Rabbi Rebecca Dubowe

by Esther Schwartz

Wedding Anniversary of

Dr. & Mrs. Norman Reitman

by Fran Strauss

JoAnn & Richard Catalano on the
birth of Rhianon

by Linda & Alan Getz

In Memory of:

Helen Chodroff

by Anita & Marshall Cohen

Phyllis & Howard Javorsky

Roni & Ira Privman

Seymour Greenspan

by Joanne & Les Katchen

Dr. Stuart Kahn

by Glenda & Ken Gordon & Family

Bernard Schwartz

by Esther Schwartz

CARING COMMUNITY FUND

In Honor of:

Special Wedding Anniversary of

Bernice & Harold Bruskin

by Elaine Lehn

Special Wedding Anniversary of

Frances & Robert Cohn

by Elaine Lehn

55th Wedding Anniversary of

Estelle & Edgar Rosenberg

by Elaine Lehn

Barbara & Malcolm Busch on the

marriage of their son Matthew to Julie

by Betty & Jay Reba

Marriage of Michael Kushner & Wendy
Hurwitz

by Shari, Marc, Adam, & Emily Rothstein

Susan & Jerry Block on the engagement

of their son Josh to Gail

by the Ladov Family

Rhoda & Steve Konigsberg on the

engagement of their son David

by Linda & Bert Busch

Frankie & Mark Busch

Sharon Karmazin

Turbi & Paul Smilow

Engagement of her granddaughter

Kim Mair to Dave Brodski

by Mildred Mair

Rita Rothfleisch on the engagement

of her son Jeremy

by Linda & Bert Busch

Maxine & Alan Yablonsky

Minda & Bob Shein on the engagement

of their daughter Jennifer

by Linda & Bert Busch

Sharon & Brian Taxman on the

engagement of her son Michael

by Gail & Howard Weber

Birth of their granddaughter

Sarah Sinai Fellman

by Claire & Irv Sinai

Connie & Sam Landis on the

birth of their grandson

by Elaine Lehn

Dr. Mitchell & Shelly Matez on the

birth of their son Samuel Asher

by the Bruce Grossman Family

Phyllis & Alan Romm on the birth

of their grandson Joseph

by Betty & Jay Reba

Janis & John Zaremba on the birth

of their daughter Michele Rose

by Gail, Howard, Jill, & Lisa Weber

Special Birthday of Lillian Glasser

by Thelma & Hal Shriber

75th Birthday of Stuart Kahn

by Thelma & Hal Shriber

Speedy recovery of Gertrude Padrusch

by Joyce & Alvin Glasgold

Speedy & complete recovery of David

Rapaport

by sister Mildred Mair

Speedy recovery of Norman Rosenberg

by Betty & Jay Reba

Cheryl & Warren Sweberg on the Univ. of

Vermont graduation of their son Todd

by Vicki, Steve, Rachel, & David Kahn

Religious School Graduates:

Laurel Dickinson

by Leila K. Alterman

Karen Masciulli

by Leila K. Alterman

Matthew Oshinsky

by Leila K. Alterman

Laura Weinstein

by Leila K. Alterman

Lauren Yablonsky

by Leila K. Alterman

In Memory of:

Dr. Howard E. Adler

by Verna Adler & Family

Max Blumenthal

by Thelma & Hal Shriber

Irma Bruck

by the Bruce Grossman Family

Helen Chodroff

by Susan & Jerry Block

Sandy & Jerry Katz

Claire Greenfield

by Sharon Karmazin

Dr. Stuart Kahn

by Orville & Franklin Adler

Gloria Cohn

Shelly & Brian Dubin

Dr. Samuel & Mildred Frankel

Iris & Martin Goldin

Barbara & Martin Granowitz

Rosa & Barry Katz

Roz & Marv Ladov

Connie & Sam Landis

Paula & Leo Masciulli

Selma & Harry Pollins

Cindy & Michael Sauber

Thelma & Hal Shriber

Lorriane & Leo Smith

Gail & Howard Weber

Paula Weitzen

Gertrude Miller

by Serena Stein

Rebecca Reichel

by Sandy & Jerry Katz

Hedy, Art, Ross, & Mitchell

Anne Rosenfeld

by Doris Kahn

Leona Karshmer

Serena Stein

Rose Saltz

by Arlene & Harry Grossman

Louise Schuler

by Barbara & Kurt Nathan

Sophie Shriber

by Thelma & Hal Shriber

Ethel Stein

by Doris Kahn

Elaine Lehn

Thelma & Hal Shriber

Marvin Susswein

by Thelma & Hal Shriber

Marilyn Tesler

by Thelma & Hal Shriber

Abraham Weinberg

by Susan, Ira & David Barkoe

Sharon & Ed Penn

Mark Weitzen

by Paul Weitzen & Blanche Nathan

P.T.O. FUND

In Honor of:

Susan Edelstein (Kushner)

by Suzie, Leigh & Abigail Wise

Marriage of her son Michael Kushner to
Wendy Hurwitz

by Susan Edelstein

Janis & John Zaremba on the birth
of their daughter Michele Rose

by Maxine, Alan, Brad, & Lauren
Yablonsky

1996 Religious School Graduating Class

by Susan Edelstein (Kushner)

Religious School Graduates:

Ricki Andrew

by Bonnie & Bill Fox

In Memory of:

Claire Greenfield

by Susan Edelstein (Kushner)

Dr. Stuart Kahn

by Sydney & Charles Brandwein

Jenny Lalin

by Sydney, Charles, Jeremy, & Andrew
Brandwein

RINA B. PAKENHAM MEM. FUND

In Honor of:

Glennis & Philip Politziner on the
marriage of their daughter Loree to Wayne
by Sharon Karmazin & Family

Engagement of Michael Axelrod to Heidi
by the Masciulli Family

Forthcoming marriage of Michelle Cohen
by Dorothy & Arthur Schneider

Gloria Schwartz on the engagement of
her son Jay

by Dorothy & Arthur Schneider

Sharon & Brian Taxman on the engagement
of her son Michael to Heidi

by Susan, Ira & David Barkoe
the Masciulli Family

Marcia & David Zajac on the
engagement of their daughter Laura
by Dorothy & Arthur Schneider

In Memory of:

Irving Bell

by Dorothy & Arthur Schneider
Claire Greenfield

by Dina, Harvey, Melissa, & Brian Needles

Dr. Stuart Kahn

by Dina, Harvey, Melissa, & Brian Needles

Abraham Weinberg

by Sharon & Brian Taxman

TZEDAKAH FUND

Bat Mitzvah of:

Erika Nothstein

by Suzie, Leigh, & Abigail Wise

In Honor of:

50th Wedding Anniversary of

Shirley & Leonard Kessler

by Nettie & Sam Kutik

Rita Rothfleisch on the engagement
of her son Jeremy

by Elaine & Lee Livingston
the Masciulli Family

Sharon & Brian Taxman on the
engagement of her son Michael

by Lanny & Lee Livingston

Mr. & Mrs. Ivan Londa on the birth of
Meagan Emily

by Linda & Alan Getz

Janine & Todd Londa on the birth of

Meagan Emily

by Linda & Alan Getz

Speedy recovery of Norman Rosenberg

by Lanny & Lee Livingston

the Masciulli Family

Isaac & Tammy Bloch on your

graduation from medical school

by Roberta, Jordon, Sondra, & Mitch Brown

Cheryl & Howard Bromwich on the

graduation of their son Adam from Princeton

by Vicki, Steve, Rachel, & David Kahn

Religious school & high school graduation of

Karen Masciulli

by Vicki, Steve, Rachel, & David Kahn

In Memory of:

Helen Chodroff

by Harold Bates

Linda & Alan Getz

Doris Moskowitz & Harvey

Dr. A. Melvin Gold

by Barbara & Malcolm Busch

Marilyn Stamberg

Claire Greenfield

by Paula & Leo Masciulli

Miriam Miller

Wendi, Mel, Jared, & Marti Schulman

Anna Manaker

by Betty Sommer

Richie Mandel

by Linda & Alan Getz

Rebecca Reichel

by Paula & Leo Masciulli

SPECIAL CHILDREN'S EDUCATION & DAY CARE FUND

Adult Bat Mitzvah of:

Ginny Belowsky

by Ethel L. Meyer

In Honor of:

Rabbi Rebecca Dubowe

by Esther Schwartz

50th Wedding Anniversary of

Georgia & Charles Weiner

by Ethel L. Meyer

Geri & Frank Bruce on the

engagement of their son Andrew

by Bonnie & Bill Fox

Sharon & Brian Taxman on the

engagement of her son Michael

by Ann & Steve Cohen

Toni & Steve Kozak

Rabbi & Mrs. Howard Jaffe on the birth

of their twins Nathaniel Shimon & Talih Pearl

by Sheila & Ed Thau

Joan & Dave Mitzner on the birth of

their grandson Brett Ian

by Sheila & Ed Thau

Speedy recovery of Birdie Leftkowitz

by Ethel L. Meyer

Speedy recovery of Norman Rosenberg

by Toni & Steve Kozak

Sheila & Ed Thau

Hedy Brown graduation from graduate school
and receiving her masters degree

by Susan, Howard, Brian, Jessica, & Hillary
Freeman

In Memory of:

Leonard Elner

by Gladys Borrus

Ethel L. Meyer

Claire Greenfield

by Ethel L. Meyer

Dr. Stuart Kahn

by Gladys Borrus

Ethel L. Meyer

Ina & Alan Stull

Pat Okun

by Gladys Borrus

Ethel Stein

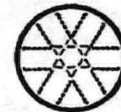
by Gladys Borrus

Marvin Susswein

by Ethel L. Meyer

Bernard Schwartz

by Esther Schwartz



The Temple has received the following
contributions for MAZON:

Gloria Cohn & Sam Schmidt in honor of
the 25th Wedding Anniversary of Dr. & Mrs.
Joseph Cohn

Suzie, Leigh & Abigail Wise in honor of
the 80th birthday of Stuart Mayer

Suzie, Leigh & Abigail Wise in honor of
Mrs. Schechter

OUR TEMPLE'S TRIBUTE FUNDS ...

are used for special purposes:

- Camp & Youth Scholarships
- Needy Families
- Special Music Programs
- Altar Flowers
- Prayerbooks
- Library Books

It is a wonderful way to honor or
remember someone. When you
make a gift to any of the Temple's
funds, a lovely acknowledgement
is sent to the families of those you
honor or remember.

IN REMEMBRANCE: YAHREZEITS FOR SEPTEMBER

The names listed below are taken from the Book of Life and permanent memorials throughout the Temple. These names, which are posted monthly, are read at the Sabbath service immediately following the date of passing. Anyone wishing to have the name of a loved one read on the Sabbath should call the Temple office at 545-6484.

SHABBAT

SEPTEMBER 6, 1996

CHARLES RINGEL
HARRY HOROWITZ
HYMAN DEIXLER
IDELLE ARONOWITZ
ETTA SKLAREW ECKSTEIN
MICHAEL HERTZOFF
SAMUEL TABOLSKY
HELEN ROTHFLEISCH
GEORGE RUBINSTEIN
SAMUEL ARON
EVELYN EHRlich
LOUIS HIRSH
MORRIS GOODKIND
HENRY BLUM
BESS BRUSKIN
DOROTHY F. GOODKIND
RUTH RICE
ETHEL MILDRED PFEFFER

SHABBAT

SEPTEMBER 13, 1996

ALBERT RESNICK
MAX LEVINE
HERMAN GREIFF
EDWARD BERNARD BLINDER
SAMUEL P. WILSON
RUTH FRISCH
LILLIAN GOLDSMITH
MINDEL KARSHMER
MAX EICHENBAUM
EDITH HOFFMAN
HARRY J. SCHWARTZ
SAUL WASSERMAN
GUSSIE RINGEL
SAMUEL REITMAN
ANNA BOOKSTAVEN
RUTH M. DATTEL
MAE GOLDFINGER
ROSE ESKIN

SHABBAT

SEPTEMBER 20, 1996

ANNIE MARKS
HERMAN SCHWARTZ
SAMUEL SOMMERS
ALEXANDER S. KUMMER
MORRIS KESSLER
HARRY WOLKOF
DORIS MATLOFSKY

SAM WINTER

SHLOMO HERSCH
MORRIS GOTTLIEB
JACOB SHAPIRO
LEON ROBERT HIRSH
MAX M. BLUMENTHAL
BEATRICE SACKS
ESTHER SPILLER
LESTER SIGMAN
MOLLIE KADEN
NAOMI JASPER
ROBERT S. COHN
MEYER AQUA
ARTHUR A. FRANKEL
SOPHIE SHRIBER
CHARLOTTE M. STONE
RAPHAEL BOARDMAN
MATILDA HIRSH
HELEN RINGEL
WILLIAM SONDHEIM
NORMAN FIELDS
REBA M. LIEBERMAN

SHABBAT

SEPTEMBER 27, 1996

HERMAN DEUTSCH
SAMUEL G. COHEN
HARRY WOLFF
ELKA CUSHING
SARA RUBINSTEIN
ABE LANDOW
CHARLES SCHNEIER
FRANK SCHLESINGER
SIMON WOLK
LOUIS LEVINE
ABRAHAM ROSENFELD
IRVING D. ABRAMOWITZ
GRACE KASTELANSKY
SIDNEY FRIEDBERG
MARK EDWARD PANSY
ISRAEL HIRSH
MURRAY WATTON
HANNAH STERNBERG HECHT
ROSS BELIN BROWER
LOUIS CUTLER
ARTHUR WINTERS
FRED A. LIFF
SYLVIA SINGER STEINBERG
KARL WERTHEIMER
EMMA WERTHEIMER
JAKOB SONDHELM
NANI SONDHELM
PHILIP BROWN

IN MEMORIAM

We record with profound sadness the members of our congregation who have recently passed away.

DR. MELVIN GOLD

husband of Jean Gold

DR. STUART KAHN

*husband of Dr. Doris Chilton Kahn
father of Dr. Richard Kahn*

ANNE ROSENFELD

LOUISE SCHULER

wife of Herbert Schuler

We extend deepest condolences to the families who have lost loved ones.

LAURA MILLER

sister of Mildred Lief

ARTHUR MENDELSON

brother of Mildred Lief

ROSE SALTZ

grandmother of Rochelle Newman

PEARL LEVINE

mother of Heddy Levine-Sabol

ABRAHAM WEINBERG

father of Sheila Lazarus

CLAIRE GREENFIELD

mother of Shelley Strauss

ETHEL STEIN

mother of Joan Paszamant

HELEN CHODROFF

mother of Martin Chodroff

REBECCA REICHEL

mother of Sheila Thau

MURRAY L. GAST

father of Michael Gast

JOSEPH GELADE

father of Joan Golden

May their memory abide for blessing.

RECIPES FOR THE HIGH HOLIDAYS

Each holiday in the cycle of the Jewish year has its own meaning, its own spirit, and its own flavor. In the days when mothers and grandmothers spent a large part of their lives in the kitchen, the unique aromas that filled the house identified an approaching holiday as much as the special symbols or other preparations.

In many families, preparations for the New Year began with the baking of challah, not the braided loaves of Shabbat, but round ones, symbolic of the cycle of life and the seasons [see above]. The first night of Rosh Hashannah, the meal begins with apples dipped in honey; for those who celebrate two days of Rosh Hashannah, the second night begins with a fruit we haven't eaten since the last time it was in season.

Throughout the holiday, dishes are served which are sweet and round, with lots of fruit. We are reminding ourselves of the hope for a complete year, a sweet year with no bitter moments. (In some families, bitter or sour foods are traditionally avoided throughout the holidays.) Even the challah may have raisins kneaded into the dough.

Honey Cake

4 eggs	3 1/2 c. flour
1/2 c. strong coffee	2 tsp. baking soda
1 c. sugar	1/2 tsp. salt
1 c. honey	1/2 tsp. cinnamon
2 T. oil	1/2 tsp. nutmeg
1/2 c. raisins (optional)	1/4 tsp. cloves
1/2 c. chopped walnuts	1/2 tsp. ginger

Sift the flour, salt, baking soda, and spices together.

Beat the eggs, gradually adding the sugar, until thick and light in color. Beat in the oil, honey, and coffee; stir in the flour mixture and nuts.

Oil two 9-inch loaf pans lined with foil. Pour in batter and bake at 325° for 50 minutes or until a cake tester comes out clean.

Cool before removing from the pan.

Noodle Kugel

8 oz. fine noodles	1 large apple, peeled and
3 oz. light cream cheese	diced
4 oz. low fat cottage cheese	4 eggs or equivalent amount
3/4 c. sugar	of egg substitute
1 tsp. vanilla	2 T butter or margarine
	2 c. skim milk

Cook noodles and drain.

Mash cheeses together; add sugar, vanilla, apple. Beat the eggs and add to the cheese mixture with the noodles.

Melt butter or margarine in baking pan and pour half into batter. Pour batter into pan and pour milk over it.

Bake at 350° 1 hour or until brown on top.

Brisket with Tzimmis

3 lbs. brisket	8 carrots, sliced thick
1 large onion	4 sweet potatoes, peeled
1-2 T. oil	and cubed
salt/pepper	1/2 lb. pitted prunes (opt.)
	1/4 c. brown sugar

Brown the beef and onions in oil in a Dutch oven or heavy casserole. Add salt and pepper to taste, add 2 cups hot water, and cook, covered, over low heat for about 1 1/2 hours.

Add the carrots, sweet potatoes, prunes, and brown sugar. Cover and cook 1-2 hours longer over very low heat, removing the cover for the last half hour.

Serves 6-8.

Honeyed Carrots

3 T. butter or	1/2 tsp. salt
margarine	1/4 tsp. ginger
4 cups sliced carrots	4 T. honey
4 T. orange juice	

Combine all the ingredients in a saucepan. Cover and cook over low heat 20 minutes, stirring occasionally.

traditional fast encompasses a full twenty-four-hour period, beginning after the erev Yom Kippur meal and extending to the following evening. No eating or drinking is permitted.

Kindling Yom Kippur Lights

It is a mitzvah to light and recite the appropriate blessing over the Yom Kippur lights after the meal and before leaving for the synagogue.

ברוך אתה, יי אלהינו, מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של (שבת ושל) יום הכפורים.
Ba-ruch a-ta, A-do-nai E-lo-hei-nu, me-lech ha-o-lam, a-she-ki-de-sha-nu be-mits-vo-tav ve-tsi-va-nu le-had-lik ner shel
Yom Ha-ki-pu-rim.

Blessed is the Lord our God, Ruler of the Universe, by Whose mitzvot we are hallowed, who commands us to kindle the lights of the Day of Atonement.

ברוך אתה, יי אלהינו, מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה.
Ba-ruch a-ta, A-do-nai E-lo-hei-nu, me-lech ha-o-lam, she-he-che-a-nu ve-ki-ma-nu v'hi-gi-a-nu la-z'man
ha-zeh.

Blessed is the Lord our God, Ruler of the universe, for giving us life, sustaining us, and enabling us to reach this season.

Unlike Shabbat and the other festivals, on Yom Kippur the candles are lit after the meal, because the lighting of the candles marks the formal beginning of Yom Kippur and therefore the beginning of the fast.

Children and the High Holidays

Perplexingly, the most important days in the Jewish year are not child-centered; and in fact, they are not experiences which easily invite children's participation. As educators and parents, we must do our best to make Rosh Hashannah into a celebration of apples and honey, to make Yom Kippur into the great ritual "I'm Sorry." We need to expose the parts of the observance which have the potential to speak directly to our young. We strive to structure their participation in a limited way in order to set the pattern for later development. However, in truth, the Days of Awe are R-rated adult experiences. R-rated for seriousness, maturity, and complexity. Despite this, Rosh Hashannah and Yom Kippur offer us two important interrelated insights to share with our children - insights which can help to shape the way they grow and develop.

The first lesson: No matter what has gone before, we can always make a new beginning. While we have to take responsibility for what has already happened, we can always start again to make things better. That is the essence of Rosh Hashannah.

The second lesson: A person is always responsible for what he or she does. When we make a mistake, when we miss the mark, we have to do more than feel sorry. We have to do our best to correct the hurt we caused another person, and do our best to see to it that we never do the same thing again. This is teshuvah (repentance), the action demanded by Yom Kippur.

לשנה טובה תכתבו

May you be inscribed for a good year.

This High Holiday insert to the Anshe Emeth Bulletin was prepared by Jed Nussbaum as part of a senior internship project. Sources include *The Jewish Book of Why*, *Gates of Repentance*, *Gates of the Seasons*, and *The Jewish Catalog*.

Primary among the mitzvot leading to atonement is fasting. The Torah commands us to practice "self-denial" on this day three different times, and the threefold repetition of this mitzvah has suggested three reasons for fasting.

1. Judaism calls for self-discipline. When we control our appetites on Yom Kippur, we remember that on other days, too, we can be masters, not slaves, of our desires.
2. Judaism calls for empathy. When we consciously experience hunger, we are more likely to consider millions who need no Yom Kippur in order to suffer hunger. For some, most days are days without food enough for themselves and their children.
3. Judaism calls for penitence. The confession we make with our lips is a beginning. The penance we inflict upon our bodies through fasting, leads us along further still toward the acknowledgment that we have sinned against ourselves and others.

Yom Kippur is a day of concentration on the past so that the future may be better for us as individuals, better for us as a community, and better for us as part of the human community. Despite its solemnity, Yom Kippur is also a day of joy, when the truly penitent person begins gradually to feel at one with God and humankind. Reconciliation is the goal of the day's prayers and fast.

Preparing For Yom Kippur

There are some things that should be done before the last meal preceding Yom Kippur. For example, it is a basic Jewish teaching that Yom Kippur does not atone for wrongs committed against other people, but only for transgressions against God. It therefore has become customary for Jews to seek out friends and relatives whom they have wronged during the year and to personally ask for their forgiveness before Yom Kippur begins. The person asked for forgiveness must forgive, and thus Yom Kippur serves a healing function in the community. Yom Kippur is a time when all families should be at peace. Life is too short to indulge in petty arguments or to harbor grudges. Yom Kippur gives us a yearly opportunity to put aside past hurts and to make a new beginning.

A second set of customs relating to Yom Kippur involves perpetuating the memory of loved ones. Many Jews visit the cemetery the day before Yom Kippur and kindle twenty-four-hour yahrzeit candles in memory of departed loved ones. During the Middle Ages, this custom was seen as a means of atonement for the dead. Today, however, it is a beautiful expression of tribute and remembrance.

When the erev Yom Kippur meal is completed, the family departs for services - a prayer experience unlike any other in the Jewish year. Upon arriving at the synagogue on erev Yom Kippur, one immediately senses a special and unique atmosphere. It is Kol Nidre night, the holiest time of the Jewish year.

The Kol Nidre Service

Kol Nidre means "all vows" and is the name given to the special liturgical formulation chanted by Jews only on Yom Kippur. It is not actually a prayer; in fact Kol Nidre does not even mention God. It is an ancient legal formula for the annulment of vows which enables Jews to begin the New Year with a clean slate.

Fasting

Fasting was originally seen as fulfilling the biblical commandment to "practice self-denial." Midrashic writings also stress fasting as a historical reminder of Israel's repentance for the incident of the golden calf. More importantly, however, the Yom Kippur fast enables us, for at least one day each year, to ignore our physical desires and instead stress our spiritual needs. We concentrate on prayer, repentance, and self-improvement before returning to our usual daily routine.

According to tradition, all females from age twelve and all males from age thirteen must fast. It was and is the custom in many communities to encourage even younger children to begin fasting for several hours each year, so as to prepare them for full participation in the holiday when the proper time arrives. The

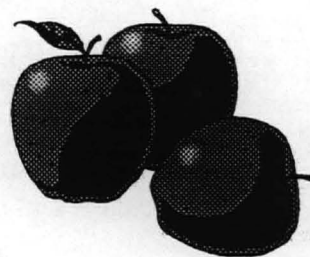


Mourning on Rosh Hashannah

Formal mourning (i.e., the observance of shivah) is suspended for the observance of Rosh Hashannah, at which time the mourners should attend services and observe the customs of the day.

Apples And Honey

It is customary to dip a piece of apple in honey and to eat it after reciting the appropriate blessing. The apple and honey symbolize the hope for a good and sweet year. The text of the prayers is as follows:



בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הָעֵץ.

Ba-ruch a-tah A-do-nai E-lo-hei-nu me-lech ha-o-;am, bo-rei p'ri ha-etz.

Blessed is the Lord our God, Ruler of the universe, Creator of the fruit of the tree.

יְהִי רָצוֹן מִלְּפָנֶיךָ, יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, שֶׁתַּחֲדָשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה.

Ye-hi ra-tson mi-le-fa-nei-cha, A-do-nai E-lo-hei-nu ve-lo-hei a-vo-tei-nu, she-te-cha-desh a-lei-nu sha-na to-va u-me-tu-ka.

Lord our God and God of our people, may the new year be good and sweet for us.

Between Rosh Hashannah and Yom Kippur

The ten-day period from Rosh Hashannah through Yom Kippur is known as *Aseret Yemei Teshuvah*, the Ten Days of Repentance. On Rosh Hashannah the Jew takes the first steps towards atonement. But this initial recognition of sin with its accompanying remorse requires further steps to complete the process of repentance.

Activities during this period should be directed toward the sacred goal of reconciliation with both God and other human beings. Jewish tradition teaches that Yom Kippur makes atonement only for those sins which we commit against God, but it does not atone for those sins which we commit against other human beings unless we first attempt to make amends and seek their forgiveness.

The mood of Rosh Hashannah and Yom Kippur permeates these days. A high point during this period is Shabbat Shuvah, the Sabbath of Return. Turning toward God and toward other people is the purpose of these days.

YOM KIPPUR

For on this day of atonement shall be made for you to cleanse you of all your sins; you shall be clean. It shall be a sabbath of complete rest for you and you shall practice self-denial; it is a law for all time.

-Leviticus 16: 30-31

Mark, the tenth day of this seventh month is the Day of Atonement.... For it is the Day of Atonement on which expiation is made on your behalf before the Lord your God.... Do no work whatever; it is a law for all time, throughout the generations in your settlements. It shall be a sabbath of complete rest for you and you shall practice self-denial; on the ninth day of the month at evening from evening to evening, you shall observe this your sabbath.

-Leviticus 23: 27-28, 31-32

On the tenth day of the same seventh month you shall observe a sacred occasion when you shall practice self-denial.

-Numbers 29: 7

Yom Kippur, the Day of Atonement, occurs on the tenth of Tishrei. It is the culmination of the Ten Days of Repentance. It alone of all the Jewish holidays is the equivalent of Shabbat in sanctity. Its mood is reflective and introspective – a day devoted totally to self-examination, confession, and atonement.

Yom Kippur provides us with the opportunity to alter our conduct, readjust our values, and set things right in our lives. The day demands absolute honesty as we confess our wrongdoings: "We have sinned, we have transgressed, we have done perversely." The grandeur of the liturgy and music adds to the drama and seriousness of the day. From Kol Nidre, the eve of Yom Kippur, to the last triumphant note of the Shofar at the conclusion of the N'ilah, its purpose is to move us toward reconciliation with God and our fellow human beings.

Finally, it is a mitzvah to join the congregation in worship on Rosh Hashannah. As members of the Jewish people, we have personal and communal responsibilities. Participation in the congregational worship service is one such communal obligation, but our attendance at services goes beyond obligation. The public celebration of Rosh Hashannah through prayer, song, and Torah study is the heart of the Rosh Hashannah experience. Rosh Hashannah worship draws us into the circle of the community, strengthening our ties to one another and to our historical values.

How could the first day of the seventh month become the New Year?

In ancient times, there were four "New Years" in the Jewish calendar, each with a distinct significance:

- a. The first of Nisan: the New Year of Kings, a date used to calculate the number of years a given king had reigned.
- b. The first of Elul: the new year for tithing of cattle, a time when one out of every ten cattle was marked and offered as a sacrifice to God.
- c. The first of Tishrei: the agricultural new year. The New Year of the Years.
- d. The fifteenth of Shevat: Tu Bishvat, the New Year of the Trees.

The Torah refers to Nisan as the first month of the Jewish year. Despite this, however, the first of Tishrei emerged as what we now know as Rosh Hashannah.

The Meaning of the Shofar's Call

In Biblical times, the shofar was used to herald great moments. It proclaimed the ascent of a king upon the throne, it announced the Jubilee every fiftieth year, the Sabbath and festivals. In wartime, it signaled the army.

Indeed, the Shofar has been so long associated with Jewish tradition that it has become a holy symbol. It recalls the offering of Isaac by Abraham, for that was when God, recognizing our people's devotion to Him, ordered Abraham to substitute a ram for his son as a sacrifice on the altar.

It reminds us of the giving of the Ten Commandments to the accompaniment of shofar blasts on Mount Sinai. Maimonides, the great Jewish philosopher of the twelfth century, found a special message in the call of the shofar. He said that the shofar proclaimed:

Awake, ye sleepers, and consider your deeds; remember your Creator and repent. Be not of those who hunt after shadows and who waste their years seeking empty things. Look well into your souls; leave your evil ways and thoughts, and return to God, so that He may have mercy on you.

Before the shofar is blown, we recite Psalm 37, which says that the shofar will announce God's dominion over all peoples. Then the horn is sounded. There are three variations in the call: Tekiah, Shevarim, and Teruah. Tekiah is a long blast starting on a low note and rising nearly an octave; Shevarim consists of three shorter notes; Teruah is made up of nine quick, sharp calls ending with high note. Every man, woman, and child listens intently to the call of the Shofar. It has been a symbol of our people's unity for thousands of years.

Special home rituals for Rosh Hashannah

On the eve of the holiday, we recite the festival candle blessing and kiddush. We pronounce the Motzi prayer as usual, but traditionally over a round challah. Finally, just before beginning the Rosh Hashannah meal, we customarily eat challah or apples dipped in honey.

There are many explanations for why we use a round challah. Some people see the round shape as reflecting the continuing cycle of years and seasons. The most common interpretation, however, is that the challah resembles a crown, thus symbolizing the kingship of God. At a time of year when our thoughts turn to repentance and resolutions of self-improvement, the round challah reminds the Jew that God is central to our people and to our faith.

Greetings on Rosh Hashannah

It is a time honored tradition to greet friends and neighbors during the Days of Awe, especially on Rosh Hashannah, by expressing the wish that they be blessed with a good year. The traditional words of blessing are "לְשָׁנָה טוֹבָה תִּכְתְּבוּ" "*Le-sha-nah to-va ti-ka-te-vu*" ("May you be inscribed [in the Book of Life] for a good year"). On Rosh Hashannah it is customary to visit with friends and relatives, to wish them well. Such visits are part of the joy (Simcha) of the festival.

The Anshe Emeth Guide to the

HIGH HOLIDAYS

ROSH HASHANNAH

In the seventh month, on the first day of the month, you shall observe a holy day; you shall not work at your occupations. You shall observe it as a day when the horn is sounded.. —Numbers 29:1

Rosh Hashannah, which falls on the first of the Hebrew month of Tishrei, marks the beginning of the new year. It is, however, far more than the first day of the calendar year. It is the beginning of a ten-day period of rigorous self-examination which continues through Yom Kippur. So important did the Rabbis consider this period, that they proclaimed the whole of the preceding month of Elul as a period of preparation.

The Torah designates the first of Tishrei as a day of "memorial, proclaimed with the blast of horns" (Leviticus 23:24, Numbers 29:1). For Jews the sound of the Shofar became a multi-faceted symbol recalling past events, looking to the Messianic future, proclaiming divine sovereignty – and much more. The sound of the Shofar is a call to hearken to the divine summons, to examine our hearts, and to plead our case before the Eternal Judge.

Rabbinic tradition identifies Rosh Hashannah as Yom Hadin, Judgment Day, and in this spirit a Talmudic parable pictures God as sitting in judgment of the world and each individual on Rosh Hashannah. The image of God as judge, about to inscribe human beings according to their deeds in the appropriate Book of Life, underscores the Jewish concept of human beings as moral free agents responsible for the choices which they make. We are further encouraged to believe that our fate, and indeed the fate of the entire world, depends upon our every act.

Following from the theme of divine judgment is the concept of making amends for the past and beginning the year with a clean slate. According to Judaic tradition, repentance, prayer, and charity (Teshuvah, Tefillah, and Tzedakah) temper judgment's severe decree. Through these mitzvot Jews seek to re-establish their relationship with God and with other human beings and accomplish reconciliation with both.

The theme of Rosh Hashannah is that in spite of human weakness "the gates of repentance are always open." The struggle for righteousness never ceases. The mitzvot and customs of Rosh Hashannah are designed to help Jews enter into the new year with a new spirit so that they might be "inscribed in the Book of Life and Blessing."

Celebrating Rosh Hashannah

It is a mitzvah to express one's personal repentance (Teshuvah) on Rosh Hashannah. According to the traditional symbolism, God sits in judgment of the world on Rosh Hashannah. Through repentance, prayer, and Tzedakah, one begins moving towards reconciliation with God and other human beings. This process reaches its climax on Yom Kippur.

Repentance begins with the recognition of one's faults, failures, and weaknesses and the willingness to attempt to change and rectify impaired relationships. Through discussion with friends and family, one seeks understanding and forgiveness. The reciting of confessional prayers opens the heart to repentance. The goal of repentance is to turn the individual and community toward each other and toward God.

It is always a mitzvah to give Tzedakah, but on Rosh Hashannah, this deed takes on added significance. Tzedakah is one of the mitzvot which tempers judgment's "severe decree." Through direct aid to the needy and through aid to synagogues and other institutions which support the spiritual and cultural life of the Jewish community, we exemplify our obligation as human beings to share the bounty of the earth with others.



September 1996

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Temple office - Closed	Teacher Workshops 6:30 pm Board of Trustees Meeting 8 pm	Teacher Workshops 6:30 pm Madrachim Workshop 6:30 pm		Shabbat Evening Services - 8 pm Prospective Member Shabbat	Religious School - opens Minyan 10:30 am Shabbat Worship 11 am Religious School Tefillah Service 11:15 am Selichot - 8:30 pm
1	2	3	4	5	6	7
Religious School - Opens Hebrew Marathon - 9:30 am-5:00pm		Religious School Committee 8 pm			Erev Rosh Hashanah	First Day Rosh Hashanah
8	9	10	11	12	13	14
Second Day Rosh Hashanah		Officers Meeting - 7pm			Shabbat Shuvah 8 pm Babysitting during Services	New Parents Meeting 9:45 am Torah Study/Beginning Hebrew/Beginners Minyan 9:30 am Celebration of Jewish Life/Minyan 10:30 am Religious School Tefillah Service 11:15 am
15	16	17	18	19	20	21
Kol Nidre	Yom Kippur	Daycare Committee - 8pm			Folk Celebration for Shabbat & Sukkot 7:30 pm	Family Sukkot Celebration & Worship - 9:30 am Torah Study 9:30 am Minyan 10:30 am
22	23	24	25	26	27	28
7th Grade Parents Meeting 10:45 am		<p style="text-align: center;"><i>Save the Date:</i> Jewish New York - October 13 Central New Jersey Jewish Bookfair - October 26-30 Anshe Emeth Annual Blood Drive - November 3</p>				
29	30					

ANSHE EMETH RELIGIOUS SCHOOL



SPECIAL EDUCATION CLASS NOW IN FORMATION

- Offered as an independent class for those children who need a more intimate & relaxed setting.
- Class will be a combination of both Judaic & Hebrew studies.
- Small class taught by teacher certified in Special Education.
- Open to members of other Temples on a tuition only basis.
- For more information, and to sign up for this class, contact Anshe Emeth Religious School office, (908)545-6484

See other side for more Religious School News.

Anshe Emeth Religious School Presents...

Family Sukkot Celebration



Saturday, September 28
9:30 am - 12:15 pm

- ♦ arts & crafts
- ♦ drama
- ♦ creative music
- ♦ cooking
- ♦ and of course feasting
- ♦ lots of fun

This is a regular Religious School day. Parents, please join us for the morning.
See other side for more Religious School News.

WANTED!

FOR ANSHE EMETH'S EIGHTH ANNUAL HEBREW MARATHON

(no sneakers needed!)

on Sunday, September 8, 1996 9:30 a.m. to 5:00 p.m.

alias

ROBERT RATIONALIZATION:

"I'm too OLD to learn Hebrew
- it's too late for me!"

alias

CONNIE CRANE:

"If I could only crane my neck enough
to see what page that person is on, I
could open my book and look as
though I knew what I was doing!"

alias

TOM transliteration:

"Oh, dear! An aliyah! I'm glad the
transliteration is on the bimah!"

alias

BOB BUSY:

"Hebrew takes years to
learn , and I'm just too busy!"

alias

SARAH SERVICE-HOPPER:

"There's GOT to be a synagogue
in this area with less Hebrew
in the service! I never know
what's going on."

alias

SANDY SORRY:

"I'm sorry I can't help with your
Hebrew homework, honey.
You'd better ask Daddy!"

OUR GUARANTEE: ONE DAY OF LEARNING THAT WILL LAST A LIFETIME

Once again, Gail Buchbinder will be leading our *Hebrew Marathon!*
You will learn to read Hebrew at the *Hebrew Marathon*. You will:

- Recognize and become familiar with the Alef-Bet
- Learn to read and comprehend 180 functional Hebrew words
- Learn to feel at ease with Hebrew

Name _____

Address _____

Number attending: Members _____ Non-Members _____ Review _____ Amt. enclosed \$ _____

The cost is \$25 per person for members and \$30 for non-members, and \$15 for a review if you took the course here before. This includes materials, lunch, and snacks. Reviewers get lunch & snacks only.

Please register by September 1! Make checks payable to Anshe Emeth Memorial Temple and mail to: 222 Livingston Avenue, New Brunswick, NJ 08901. *Bring a friend!*

ANSHE EMETH MEMORIAL TEMPLE

invites you to visit

I S R A E L

Led by **Rabbi Bennett & Joan Miller**



December 21, 1996 - January 1, 1997
\$2,549.00 per person



Tour Includes:

- Roundtrip air from JFK to Tel Aviv on ELAL Israel Airlines
- 2 nights Carlton Hotel in Tel Aviv
- 2 nights Kfar Blum Kibbutz in the Galilee
- 5 night plus late check-out Laromme Hotel in Jerusalem
- Breakfast each day
- 1 Shabbat dinner
- 2 Kibbutz dinners
- All touring, transfers and portorage

Proposed Sample Itinerary

- Day 1, Sat., December 21:* Depart from United States.
- Day 2, Sun., December 22:* Arrive in Tel Aviv. Transfer to hotel. Overnight Tel Aviv.
- Day 3, Mon., December 23:* Travel south along Mediterranean Coast in the morning.
Spend the afternoon at the Museum of the Diaspora before going to Old Jaffa.
Overnight in Tel Aviv.
- Day 4, Tue., December 24:* Travel north visiting important historical sights and working our way to the Galilee. Dinner and Overnight in the Galilee.
- Day 5, Wed., December 25:* Golan Heights, Good Fence, Metulla, Safed, Dinner followed by a meeting with Kibbutz members. Overnight in the Galilee.
- Day 6, Thur., December 26:* Jordan Valley, Meggido, Beit Shean, Jericho, Jerusalem, SH'HEKIANU from atop Mount Scopus. Overnight in Jerusalem.
- Day 7, Fri., December 27:* Visit to Jewish components of Jerusalem, including the new Supreme Court Building. Shabbat dinner and overnight at our hotel in Jerusalem.
- Day 8, Sat., December 28:* Shabbat services, followed by a walking tour of the Old City.
Overnight Jerusalem.
- Day 9, Sun., December 29:* Massada, Dead Sea, Qumran Caves, Dead Sea Scrolls.
Overnight in Jerusalem.
- Day 10, Mon., December 30:* Additional touring in Jerusalem, along with special Ts'dakkah visits. Overnight in Jerusalem.
- Day 11, Tue., December 31:* Day at Leisure. Late night departure for the airport.
- Day 12, Wed., Jan 1:* Arrive home! The memories last forever.

Price is based on double occupancy. Family reductions for children and third person in a room. Single supplement is \$569.00.

\$100 per person charge if canceled more than 60 days before departure. \$250 per person charge if canceled 60-15 days before departure. Additional hotel/airline penalties may apply if canceled 14 days or less before departure.

Tour does not include departure taxes
(approx. \$36.00), tips, or items of a personal nature.

Disclaimer: Ayelet Tours, Ltd., Anshe Emeth Memorial Temple, & Rabbi Bennett Miller act only as agents for the tour members in making arrangements for hotels, transportation, touring, restaurants or any other services in connection with the itinerary. We will exercise reasonable care in making such arrangements. However, we do not assume any liability whatsoever for any injury, damage, loss, accident, delay or irregularity to person and property because of an act of default of any hotel, airline carrier, restaurant, company, or person rendering any of the services included in the tour. The right is reserved to cancel or change itineraries or to substitute comparable service without notice. The right is reserved to decline to accept or retain any tour passengers should such person's health or general deportment impede the operation of the tour to the detriment of the other tour passengers.

Yes! I want to join Rabbi Bennett & Joan Miller on their tour to Israel, December 1996. I am sending this form with a \$200 per person deposit to Anshe Emeth; Israel Trip, 222 Livingston Avenue, New Brunswick, NJ 08901, Phone: (908) 545-6484.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: Home: _____ Work: _____