

WORSHIP SERVICES

FRIDAY, SEPTEMBER 6 7:00 & 9:15 P.M.

Erev Rosh Hashanah

SATURDAY, SEPTEMBER 7 9:00 & 11:15 A.M.

Rosh Hashanah

SUNDAY, SEPTEMBER 8 10:15 A.M.

Rosh Hashanah

FRIDAY, SEPT. 13 Ha'azinu 7:30 P.M.

Rabbi Gold will speak on:

"Visualizing Your Teshuvah"

Candle Blessing: Shari Kahn

SATURDAY, SEPTEMBER 14 11:00 A.M.

BAT MITZVAH OF SAMANTHA KAHN

TORAH STUDY & MINYAN 9:30 A.M.

RELIGIOUS SCHOOL TEFILLAH 11:15 A.M.

SUNDAY, SEPTEMBER 15 7:00 & 9:15 P.M.

Kol Nidre

MONDAY, SEPTEMBER 16 9:00 & 11:15 A.M.

Yom Kippur

FRIDAY, SEPT. 20 Sukkot 7:30 P.M.

Family Service for Shabbat & Sukkot

SATURDAY, SEPTEMBER 21 11:00 A.M.

TORAH STUDY & MINYAN 9:30 A.M.

FRIDAY, SEPT. 27 Sukkot 7:30 P.M.

Rabbi Miller will speak on:

"There Must Be More to Life Than We Think!"

SATURDAY, SEPTEMBER 28 10:00 A.M.

Final Sukkot Morning & Yizkor Services

SATURDAY, SEPTEMBER 28 7:30 P.M.

Simchat Torah Celebration

We will consecrate our new students
in the Religious School.

Between Us...

You know the old line. The High Holy Days are either early or late! I have heard that a lot this summer. Everyone is keenly aware that the High Holy Days will be with us right after Labor Day, just a few short days after school starts, after everyone returns to the regular routine of the year.

But, in truth, the Holy Days are always the same time of the year. They always begin on the first of *Tishri* and continue for ten days. We are even given advance notice every year because the month of *Elul* precedes the Holy Days: and during *Elul* we even blow the Shofar to awaken our spirits to *Teshuvah* so that we truly will be ready for the Holy Days when they arrive.

Last year, the Holy Days came just at the right time. They were an incredible antidote to the days surrounding September 11. We should all be so very grateful that we had *Rosh Hashanah* and *Yom Kippur* to help us get through those terrible tragic days. This year, as we observe the first commemoration of that sad moment in our history, it will fall right in the middle of our most sacred days. Again, they are right on time.

So do the Holy Days ever truly come too early or too late? Yes, they certainly do. They come too early if we are not prepared for them. They come too early if we have no interest in reflecting upon our life, looking seriously at who we are and what we want to be. They come too early if we are stuck in our stubbornness and unwillingness to improve upon the quality of our life and the relationships we have with others. The Holy Days come too early if they are perceived as an intrusion in our daily affairs instead of an incredible opportunity to repair the broken pieces of our life's experience. And the Holy Days come too late if, after they have concluded, after the last sound of the shofar is heard, we suddenly realize that we have not made the most of what these days are all about.

In just a few weeks, the High Holy Days will be upon us. When will they arrive? Right on time, I hope, for every one of our families in the Temple, for all of our people, Israel, and for the entire world.

Joan joins me in wishing everyone in the Temple our very best for the new year of 5763 that is about to begin. May it be a year that brings peace to us, to our households and families, to our precious nation, to our beloved State of Israel, and to our world.

Bennett Miller

Worship Services

Friday, September 13 - *Visualizing Your*

Teshuvah

The Shabbat between Rosh HaShana and Yom Kippur is called Shabbat Shuvah. In lieu of a sermon, Rabbi Gold will lead an exercise using guided imagery to explore and encourage spiritual preparation for Yom Kippur

Friday, Sept. 20 - *Shabbat & Sukkot Services*

Join us for our Family Service for Shabbat and Sukkot. We will go out in our Temple sukkah and smell the etrog and shake the lulav.

Friday, September 27 - *There Must Be More to Life Than We Think!*

Living as Jews is very demanding. We can't just exist. It is not part of our tradition. There has to be more to this life than getting through. Rabbi Miller will share thoughts about the ways in which we should approach life because of who we are as Jews.

Officer's Column

In the past year we have been stunned, saddened, horrified, and perhaps numbed by the events both here and in Israel.

As we prepare for Rosh Hashanna, and Yom Kippur, the "Days of Awe" My hope is that we all will take the time to reflect on the past, and look forward to the future for our selves and for our wonderful temple. This year promises to be exciting and meaningful for the temple family, more learning, study, planning for the future, and fun than ever before.

On behalf of myself, the Officers, and the Board of Trustees I want to wish everyone in the temple family a happy, healthy, and peaceful New Year.

B' Shalom

Harvey Stone

Anshe Emeth Memorial Temple

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Volume 143

Issue 1

The *Bulletin* is published bi-weekly from September 1 to June 1 and one summer issue.

Bennett F. Miller

Rabbi

Neal D. Gold

Associate Rabbi

Anna West Ott

Cantor

Gail R. Kroop

Executive Director

Bill Robinson

Director of Education

Karen B. Goldstein

Gan Yeladeem

Jane B. Cantor

President

*Anshe Emeth Memorial Temple is a member
of the Union of American Hebrew Congregations.*

Where is everyone going to be
on Saturday evening, August 31?

At Temple ... learning, praying,
and preparing our souls for the
High Holidays with our rabbis,
cantor, and congregational
scholars.

Selichot

*At midnight I will rise to give
thanks to You.*

Saturday, August 31 at 8:30 p.m.

Learn and grow with ..

Rabbi Bennett Miller

Rabbi Neal Gold

Ken Breslauer

Arje Shaw

David Gronlund-Jacob

Debbie Cohn

Cantor Anna West Ott

Bill Robinson

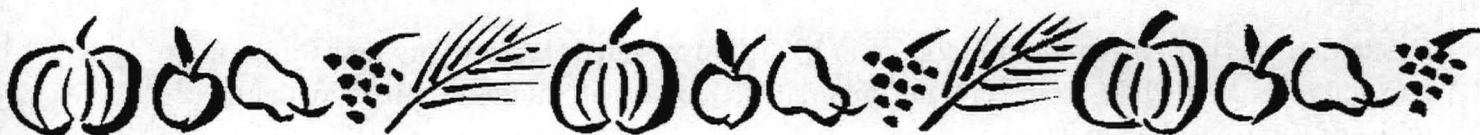
Saturday, August 31	Selichot	8:30 p.m.
Friday, September 6	Erev Rosh Hashanah	7:00 & 9:15 p.m.
Saturday, September 7	Rosh Hashanah Rosh Hashanah Children's Service (No ticket required. Held in the Sanctuary)	9:00 & 11:15 a.m. 2:15 p.m.
Sunday, September 8	Rosh Hashanah	10:15 a.m.
Sunday, September 15	Kol Nidre	7:00 & 9:15 p.m.
Monday, September 16	Yom Kippur Yom Kippur Interim Program Yom Kippur Children's Service (No ticket required Held in Reitman Hall.) Afternoon, Yizkor and Ne'elah Service	9:00 & 11:15 a.m. 1:30 p.m. 2:30 p.m. 3:30 p.m.



Sukkot: A Festival of Thanksgiving

Friday, September 20	Family Service for Shabbat & Sukkot	7:30 p.m.
Saturday, September 21	Religious School & Family Sukkot Celebration Sukkot Service	9:30 a.m. 11:00 a.m.
Sunday, September 22	Sukkah Tour	12:30 p.m.
Saturday, September 28	Final Sukkot & Yizkor Service	10:00 a.m.
Saturday, September 28	Simchat Torah Celebration	7:30 p.m.

We will consecrate our new (Kindergarten & older) students in the Religious School.



High Holy Day Information

Out of respect to all of those attending services, please turn off your cell phones and pagers upon entering the Temple.

Your seat reservations will be sent by September 1.

Please note that all seats in the Sanctuary and Reitman Hall are reserved for Rosh Hashanah and Yom Kippur. Please notify the Seating Committee at the Temple if you will not be using a ticket.

Please bring and present your ticket to all services. You may be asked to show a picture ID.

Large print editions and Braille copies of the Gates of Repentance are available.

Special audio equipment for the hearing impaired is available for use in the Sanctuary.

If you or a member of your family is unable to worship with us at the Temple, cassette and video recordings of the High Holy Day services are available. Please call the Temple office to make arrangements to obtain the tapes.

Please also note that there will be a reserved section at Yom Kippur Yizkor and Ne'elah services for our disabled and/or elderly members. One family member may accompany each person.

The Interim Program will be held in Keller Hall at 1:30 p.m.

During the first day of Rosh Hashanah Saturday, September 7, and Yom Kippur Monday, September 16, we will be offering a variety of educational & worship experiences for children 5-11 years old. We will worship together, study & create holiday crafts around the themes of Israel, Tefillah, Teshuvah & Tzedekah. On the second day of Rosh Hashanah, Sunday, September 8, only babysitting will be offered for those children not attending our family service.

Arrangements may be made for babysitting of younger children during morning services on the first and second day of Rosh Hashanah and morning services of Yom Kippur and during Yom Kippur Yizkor and Ne'elah services.

Please call Paula Kaplan-Reiss (732)254-9555 for Youth Activities information.

Please call Yasmin Fisher at (732)438-1466 for Babysitting information.

In addition to on the street parking, parking for the High Holidays will be available on the Livingston School and Redshaw School lots adjacent to the Temple. Additional parking is available on Comstock and Lee Avenues across the street from the Redshaw School.

Our neighbors at Saint Mary's Church are graciously allowing us to use their lot at the corner of Sandford and Commercial Avenues (the old Rosenthal Lumber lot) throughout the Holiday period EXCEPT on Saturday after 2:30. Please respect their need to use the lot after 2:30, the first day of Rosh Hashanah.

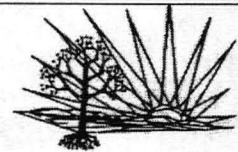
*Join us for our first **Keeper of Jewish Excellence** speaker*

Mordechai Paldiel

The Righteous Gentiles of the Holocaust: Who They Are and the Significance of Their Acts
Monday, September 30, 2002 at 7:30 p.m.

Mordechai Paldiel is the Director of the *Department for the Righteous Among the Nations at Yad Vashem*, where he is responsible for acquiring and examining testimonies of and about the non-Jewish rescuers of Jews during the Holocaust. He is the author of numerous books and scholarly articles, including his most recent book, *Saving the Jews: Amazing Stories of Men and Women Who Defied the Final Solution*.

Dr. Paldiel was born in Antwerp, Belgium in 1937. He attended Hebrew University in Jerusalem and received a Ph.D. from Temple University in Holocaust Studies. He lives with his wife and three children in Israel.



Religious School News



As the beginning of school approaches, I am looking forward to seeing all the familiar faces of your children and meeting the new students of our religious school. I'm eager to see the art projects they will create, listen to them lead tefillah, and watch them grow Jewishly throughout the year.

Essential to a great congregational school is the active involvement of parents. Without your continual support, we could not hope to enrich the Jewish lives and learning of our children. While we understand how precious your time is, we hope that each and every one of you will commit at least one morning or afternoon to being a parent volunteer in the religious school. Next time you see Robin, our religious school secretary, please tell her that you are ready to help out.

Also, we will be having some new, thrilling opportunities for family celebration. Mark these dates on your calendar now:

- On Sunday, September 22, we will be visiting members' sukkot on our 2nd annual congregational Sukkah Tour.
- On Saturday, November 23, we will host Cantor Judy Caplan Ginsburg for a Pajama Havdalah Party.
- On Sunday, December 1, join us for our Family Hanukkah Party.

I look forward to seeing everyone at school and for Sukkot.

My best wishes to you and your family for a happy and healthy New Year.

Bill Robinson,
Director of Education

Gan Yeladeem Child Care & Preschool The David H. Meyer Children's Center



Calling all Toddlers! That's right, all you 18 month olds to two and half year olds (and your parents can come, too) are invited to join me on Tuesday afternoons, beginning in October for a brand new Parent and Me class called "Me and My Shadow". Experience an hour of music, art, movement, and great children's literature. Begin learning about Jewish holidays through craft, cooking, and play.

And for parents... We'll be offering an opportunity for you to experience a Jewish approach to early childhood education. See how Jewish concepts like mitzvot, tzedakah, and kavod can be taught to even our youngest children through interaction with song, art, and books. Learn how to give your child the gift of a strong Jewish identity. Learn how to address parenting questions from a Jewish perspective (while your child has a nosh) during a brief question and answer session.

Please refer to your Program Guide for details on how to register for this special class for parents (or caregivers) and children. I hope to see you there!

Shalom,
Karen B. Goldstein

**Join us as Anshe Emeth hosts 200 Jewish teenagers for
the NFTY New Member Conclave the weekend of
October 25-27, 2002.**

How can you help? **Housing students** is our primary need over the weekend. In addition, there are many other areas where we need your support (see below).

Contact Rabbi Gold at the Temple Office for more information, or clip and return the following information to the Temple:

☐ **Yes**, we'd be glad to host _____ students for the NFTY New Member Conclave on Oct. 25-27.

NAME _____ ADDRESS _____
PHONE _____ E-MAIL _____ We can accommodate: ☐ Kosher meals ☐ Vegetarian meals

☐ In consideration of students with allergies, we have the following pets: _____

We prefer to house: ☐ male students only; ☐ female students only; ☐ both; ☐ whatever the need is.

- ☐ We cannot house students for the conclave, but we would be interested in helping out by:
- ☐ Chaperoning events during the weekend
 - ☐ Baking for Friday night's *Oneg Shabbat*;
 - ☐ Providing transportation for students from hosts' homes to the Temple;
 - ☐ Helping the Youth Committee plan the logistics of the weekend.

IN REMEMBRANCE: Yahrzeits for September

The names listed below are taken from the Book of Life and permanent memorials throughout the Temple. These names, which are posted monthly, are read at the Sabbath service immediately following the date of passing. Anyone wishing to have the name of a loved one read on the Sabbath should call the Temple office at (732)545-8447.

SHABBAT

September 6, 2002

CHARLES RINGEL
HARRY HOROWITZ
HYMAN DEIXLER
IDELLE ARONOWITZ
ETTA SKLAREW ECKSTEIN
MICHAEL HERTZOFF
DOROTHY ZAGOREN ROSENTHAL
NETTIE ORINGEL KATZ
SAMUEL TABOLSKY
HELEN ROTHFLEISCH
GEORGE RUBINSTEIN
SAMUEL ARON
EVELYNE HRLICH
LOUIS HIRSH
MORRIS GOODKIND
HENRY BLUM
BESS BRUSKIN
RHODA GELADE
DOROTHY F. GOODKIND
RUTH RICE
ETHEL MILDRED PFEFFER

SHABBAT

September 13, 2002

ALBERT RESNICK
MAX LEVINE
HERMAN GREIFF
EDWARD BERNARD BLINDER
SAMUEL WILSON
RUTH FRISCH
LILLIAN GOLDSMITH
MINDEL KARSHMER
BLANCHE J. NATHAN
MAX EICHENBAUM
EDITH HOFFMAN
HARRY J. SCHWARTZ
SAUL WASSERMAN
GUSSIE RINGEL
SAMUEL REITMAN
ANNA BOOKSTAVEN
RUTH M. DATTEL
MAE GOLDFINGER
ROSE ESKIN
KARL WERTHEIMER
EMMA WERTHEIMER
JAKOB SONDELM
NANI SONDELM
PHILIP BROWN

SHABBAT

September 20, 2002

ANNIE MARKS
HERMAN SCHWARTZ
PHILIP FALK
SAMUEL SOMMERS
ALEXANDER S. KUMMER

MORRIS KESSLER

HARRY WOLKOF
DORIS MATLOFSKY
SAM WINTER
SHLOMO HERSCH
MORRIS GOTTLEIB
JACOB SHAPIRO
LEON ROBERT HIRSH
MAX M. BLUMENTHAL
BEATRICE SACKS
ESTHER SPILLER
HAROLD W. SHRIBER
LESTER SIGMAN
MOLLIE KADEN
NAOMI JASPER
ROBERT S. COHN
MEYER AQUA
ARTHUR A. FRANKEL
SOPHIE SHRIBER
CHARLOTTE M. STONE
RAPHAEL BOARDMAN
MATILDA HIRSH
HELEN RINGEL
WILLIAM SONDELM
NORMAN FIELDS
REBA M. LIEBERMAN

SHABBAT

September 27, 2002

HERMAN DEUTSCH
SAMUEL G. COHEN
HARRY WOLFF
ELKA CUSHING
SARA RUBINSTEIN
KARL CHAREN
PAULINE ROSENFELD WOLFE
ABE LANDOW
CHARLES SCHNEIER
HERMAN LIEBERMAN
FRANK SCHLESINGER
SIMON WOLK
LOUIS LEVINE
ABRAHAM ROSENFELD
IRVING D. ABRAMOWITZ
GRACE KASTELANSKY
SIDNEY FRIEDBERG
MARK EDWARD PANSY
ISRAEL HIRSH
MURRAY WATTON
HANNAH STERNBERG HECHT
ROSS BELIN BROWER
LOUIS CUTLER
ARTHUR WINTERS
FRED A. LIFF
ROSLYN GARIN
ADA VIVIAN KATZ
SYLVIA SINGER STEINBERG
EDWARD BEENSTOCK

IN MEMORIAM

LOUIS DAVIS

father of Robert Davis

EDNA GERVIS

mother of Helene Glazer

ABRAHAM LEVY

grandfather of Bruce Langrock

ISAAC RUDIN

father of Ed Rudin

SADIE C. SCHTEIN

mother of Joanne Cohen

HON. BARUCH S. SEIDMAN

long time Anshe Emeth member

ANNETTE FRANK SHAPIRO

mother of Bruce Frank

MOLLIE ZICKLIN

mother of Larry Zicklin

PHILIP MIRSKY

father of Phyllis Zieky

*We extend deepest condolences to
their families.*

May their memory abide for blessing.

We need your help.

Do you have a collection with Jewish content to share with the Temple family? Perhaps you collect some type of ritual object such as kiddush cups or shofars or other Judaica. Do you have memorabilia from Jewish athletes, artists, or performers? These are only a few of the possibilities. The Art Committee would like to display your collection in our showcase. Please contact Phyllis Flatt at (732) 254-4851 or email rflatt@rcn.com

Tributes - September 2002

Jewish tradition encourages honoring loved ones and friends at special times through acts of Tzedakah. We gratefully acknowledge contributions made to the Temple's Special Funds. We appreciate, but do not publish donations to Endowment Funds.

BIMA FLOWER FUND

Bar/Bat Mitzvah of:

Samantha Kahn
by Shari & Jerry Kahn
Aaron Moskovich
by Jennifer, Yuri, Daniel & Joanna Moskovich

In Honor of:

Rabbi Bennett Miller
by Susan Taylor
Rabbi Neal Gold
by Susan Taylor
65th Wedding Anniversary of
Beck & Art Hozore
by Lillian & Seymour Bernstein
Peggy & Richard Dickson in honor of the
marriage of their son Matthew to Jennifer
by Andrea & Bill Rosenberg
Religious School Graduation of Ben Jacobs
by Susan Taylor

In Memory of:

Louis Cohen
by Julia & Herbert Feist
Rose Linowitz
by Dorothy & Richard Bruskin
Randi Rabinowitz
by Shari, Jerry & Samantha Kahn
Sadie C. Shteir
by Julia & Herbert Feist
Margaret Johanna Streb
by Jennifer, Yuri, Daniel, Johanna
& Aaron Moskovich

SPECIAL PUBLICATIONS

Bar/Bat Mitzvah of:

Samantha Kahn
by Shari & Jerry Kahn
Aaron Moskovich
by Jennifer, Yuri, Daniel & Johanna Moskovich

In Memory of:

Randi Rabinowitz
by Shari, Jerry & Samantha Kahn

CANTOR'S MUSIC FUND

In Honor of:

50th Wedding Anniversary of
Gloria & Irwin Diamond
by Phyllis & Michael Zieky
Ellen & Michael Brown on the marriage
of their son Greg to Allison
by Nancy & Paul Harris
Phyllis & Maurice Michelson & Family
Carole & Norman Rosenberg
Stacey & Adam Rubinfeld
Sue & Alan Rubinfeld
Debby & Leon Stark
Lanny & Lee Livingston on the
engagement of your son Eli
by Phyllis & Michael Zieky
Betty & Jay Reba on the engagement
of their son Matthew
by Bea & Joan Adler
Phyllis & Michael Zieky

Claire Belsik on the birth of her great
grandson Max Robert

by Phyllis & Michael Zieky
Diana & Bob Herman on the birth of
their grandson Ian Carter Murray

by Phyllis & Michael Zieky
Liza & Norman Oshrin on the birth of
their grandson Max Robert

by Phyllis & Michael Zieky
Deborah & Jason Maston on the baby
naming of their daughter Molly Dale
by Phyllis & Michael Zieky
Phyllis & Michael Zieky on the baby
naming of their granddaughter Molly Dale
Maston

by Carol & Neil Weinstein
Diana Herman on becoming president of
the West Hudson Valley Region of the
UAHC

by Phyllis & Michael Zieky

In Memory of:

Minnie Karasik
by Phyllis & Michael Zieky
Philip Mirsky
by Ann, Steve, Noah, Adam & Natan
Cohen
Marcia Eisenberg
Nancy & Paul Harris
Lorry & Bob Leavitt
Paula, Scott & Karen Masciulli
Joyce & Roger Nussbaum
Felice Schrager
Shirley & Jerry Sherman
Debby & Leon Stark
Carol & Neil Weinstein
Sadie Shteir
by Shirley & Jerry Sherman

NER TAMID FUND

Bar/Bat Mitzvah of:

Samantha Kahn
by Shari & Jerry Kahn
Aaron Moskovich
by Jennifer, Yuri, Daniel & Johanna Moskovich

In Honor of:

Barbara & Monroe Glitzer on the birth
of their grandson Jake
by Felice Schrager
Dorothy Hamelsky on the birth of
her great grandson
by Helene & Bob Strauss
Speedy recovery of Martin Goldin
by Harriet Steinberg
Special birthday of Charles Levinston
by Harriet Steinberg
Happy Father's Day, Dr. Norman Reitman
by Alison, David, Sammy & Sarah
Poltziner

In Memory of:

Morris Brown
by Bernice & Harold Bruskin
Edna Gervis
by Lee & Marvin Zektzer

Morris Landis

by Ina & Alan Stull
Philip Mirsky
by Debbie, Joe & Beth Cohn
Mollie Plotkin
by Euda & Harvey Fellman
Randi Rabinowitz
by Shari, Jerry & Samantha Kahn

HONORARIUM FUND

In Honor of:

Rabbi Bennett Miller
by Molly Freiman, Sue Freiman Epstein
& Anne Paszamant
Beth & Craig Mandell
Rabbi Neal Gold
by Kenneth Shriber
Hedy Brown on the marriage of her
son Mitchell to Jill
by Sandi & Jerry Katz
Naming of our daughter Carli
by Beth & Craig Mandell

In Memory of:

J. Ben Freiman
by Molly Freiman, Sue Freiman Epstein
& Anne Paszamant

LIBRARY FUND

In Honor of:

Marsha & Philip Goldwasser on the birth
of their son
Deborah & Cary Cherniss
Anna Thayer-Cohen
Marcia Eiseberg
Library Committee
Speedy recovery of Florence Kaufelt
by Bernice & Harold Bruskin

In Memory of:

Louis Cohen
by Frankie & Mark Busch
Annette Frank Shapiro
by Bonnie & Bill Fox
Sadie Shteir
by the Tuesday Book Club

MAX MARDER FUND

In Honor of:

Sharon & Brian Taxman on the
birth of their granddaughter Sadie
by Sandra & Sol Heckelman
Speedy recovery of Bernice Bruskin
by Florence & Joe Freedman

In Memory of:

Annette Frank Shapiro
by Bernice & Fred Swidler
Mollie Zicklin
by Rona Solberg

PRAYERBOOK FUND

In Honor of:

Joy & Daniel Monfried on the birth
of their daughter Elle Rose
by Susan, Howard, Brian, Jessica
& Hillary Freeman

Lisa & Andrew Monfried on the 1st
birthday of their twin daughters
Camryn & Dylan

by Susan, Howard, Brian, Jessica,
& Hillary Freeman

103rd Birthday of Morris Rosenfeld
by Frida & Stuart Zackendorf

In Memory of:

Annette Frank Shapiro
by Joan & Herb Solomon

KELLER MEM. LECTURE FUND

Adult Bat Mitzvah of:

Teresa Schaer
by Jackie & Barnes Keller

YOUTH ACTIVITIES FUND

In Honor of:

Rabbi Neal Gold
by the Family of Edna Gervis
Sue & Alan Rubinfeld on the marriage
of their son Adam to Stacey

by Susan & Fred Bear
Phyllis & Robert Flatt on the birth of
their son Andrew Noah

by Debbie, Joe & Beth Cohn
Dorothy Hamelsky on the birth of
her great grandson

by Sharon Karmazin & Family
Diana & Mal Karlin on the birth of
your granddaughter Samantha

by Ruth & Sid Block
Eric Krantz on the birth of his
granddaughter

by Leda & Barry Tepp
Special birthdays of Debbie & Joe Cohn

by Frances & Robert Cohn
103rd Birthday of Morris Rosenfeld
by Frances & Robert Cohn

In Memory of:

Edna Gervis
by the Family of Edna Gervis
Abraham Levy
by Robin Hirsh

CARING COMMUNITY FUND

Adult Bat Mitzvah of:

Teresa Schaer
by Dr. Norman Reitman

In Honor of:

65th Wedding Anniversary of
Beck & Art Hozore

by Georgia & Charles Weiner
Iris & Barry Zehnacker on the
marriage of their daughter Lori

by Gail & Howard Weber & Family
Lois & Stephen Cartmell on the
engagement of their son Craig

by Gail & Howard Weber & Family
Betty & Jay Reba on the engagement
of their son Matthew to Diana

by Linda & Bert Busch & Family
Carole & Sam Eichenbaum & Family
Sharon Karmazin

Lois & James Stahl on the engagement
of their daughter Sheryl to Kevin
by Alice Calman

Phyllis & Robert Flatt on the birth
of their son Andrew Noah
by Frankie & Mark Busch

Barbara & Monroe Glitzer on the birth
of their grandson Jake

by Linda & Bert Busch
Betty & Jay Reba

Dr. Norman Reitman on the birth of your
great granddaughter Gabrielle Shane
by Susan & Fred Bear

Sharon & Brian Taxman on the birth
of their granddaughter Sadie
by Sharon Karmazin

Gail & Howard Weber
Speedy recovery of Lucile Hoffman
by Sharon Karmazin

Speedy recovery of Florence Kaufelt
by Pearl Greenfield

Barbara Nathan on her selection as Eshet
Chayil by the Jewish Fed. & Raritan Valley
Hadassah

by Kurt Nathan
75th Birthday of Lorraine Levine
by Thelma Shriber

Special Birthday of Marilyn Sardell
by Syd & Milt Seiden

Degrees received by Daniel, Jenny, Mollie
& David Cantor

by Geri & Bruce Frank & Family
Glenda, Ken & Alison Gordon, Mazel Tov
in your new home

by Frankie & Mark Busch
Gail & Howard Weber & Family

Bruce Kaplan sworn in as Middlesex
County prosecutor
by the Zimmerman & Gross Family,
Lisa, Seth, Stacy & Jacob

Richter-Reba Family
by Geri & Bruce Frank

In Memory of:

Louis Cohen
by Betty & Jay Reba

Louis Davis
by Gail & Howard Weber & Family

Lou Duhl
by Gail & Howard Weber & Family

Edna Gervis
by Ina & Gerry Horn

Ella Heimann
by Marsha & Sorie Knox & Family

William Levine
by Ina & Alan Stull

Anna Manaker
by Betty Sommer

Philip Mirsky
by Frankie & Mark Busch

Felice & Harvey Hauptman
Evi Isaacson & Larry

Gail & Howard Weber
Frank Sabol

by Mildred Mair

Henry Schreiber

by Gail & Howard Weber & Family
Annette Frank Shapiro

by Felice & Harvey Hauptman
Sharon Karmazin

Sadie Shteir

by Linda & Bert Busch
Frankie & Mark Busch

Sally & Bill Flieder
Barbara & Monroe Glitzer

Phyllis & Alan Romm
Turbi & Paul Smilow

Simon Zajac

by Carole & Norman Rosenberg
Mollie Zicklin

by Linda & Bert Busch
Frankie & Mark Busch

Joyce & Alvin Glasgold
Felice & Harvey Hauptman

Suzanne & Eric Krebs

RINA B. PAKENHAM MEM. FUND

In Honor of:

Gail & Merv Kroop on the birth of their
granddaughter Olivia

by Barbara & Steve Klausner
Sharon & Brian Taxman on the birth

of their granddaughter Sadie
by Susan, Ira & David Barkoe

Lee & Marvin Zektzer

In Memory of:

Louis Davis

by Sharon & Brian Taxman

Dr. Joseph Deitz

by Elaine & Harmon Katz

TZEDAKAH FUND

In Honor of:

20th Wedding Anniversary of
Ann & Steve Cohen

by Iris & Barry Zehnacker
Phyllis & Robert Flatt on the birth
of their son Andrew Noah

by Ann, Steve, Noah, Adam & Natan
Cohen

Jason & Eric Flatt on becoming brothers
to Andrew Noah

by Noah, Adam & Natan Cohen
Barbara & Monroe Glitzer on the birth of

their grandson Jake
by Betty & Jay Reba

Diana & Bob Herman on the birth of
their grandson Ian Carter Murray

by Marcia, Marc & Gary Eisenberg
Gail & Merv Kroop on the baby naming

of their granddaughter Olivia
by Ann, Steve, Noah, Adam & Natan
Cohen

Speedy & complete recovery of Alan
Amira

by Linda & Alan Getz

Complete & speedy recovery of Sheila
Gitlitz

by Linda & Alan Getz

Speedy & complete recovery of Isidore Schneider

by Linda & Alan Getz

Melissa Rosen becoming the director of Camp Ramah

by Ann, Steve & Natan Cohen
Marilyn & Alan Zublatt for bringing the Torah to AEMT

by Iris & Barry Zehnacker

Lois & Stephen Cartmell on their son Craig receiving his masters degree

by Gail & Howard Weber & Family

Mr. & Mrs. Steve Gastwirth on the college graduation of Shera & high school graduation of David

by Gail & Howard Weber & Family

In Memory of:

Morris Brown

by Lee & Lanny Livingston

Lois Cohen

by Betty & Jay Reba

David Halper

by Suzie, Leigh & Abigail Wise

Abraham Levy

by Ann, Steve, Noah, Adam & Natan Cohen

Phillip Mirsky

by Betty & Jay Reba

Richard H. Singer

by Laura Singer

Aaron Zeldich

by Gail & Howard Weber & Family

Mollie Zicklin

by Ann & Steve Cohen

SPECIAL CHILDREN'S EDUCATION & DAY CARE FUND

In Honor of:

Dr. Irene Wapnir & Dr. Ralph Greco on the Bar Mitzvah of Justin

by Selma & Lee Zimmerman

Hedy Brown on the marriage of her son Mitchell to Jill

by Susan, Howard, Brian, Jessica & Hillary Freeman

Heidi & Michael Axelrod on the birth of their daughter Jordyn

by Susan, Howard, Brian, Jessica & Hillary Freeman

Alan Feldman on the birth of his grandson Charles Milo

by Thelma Shriber

Carol Feldman on the birth of her grandson Charles Milo

by Thelma Shriber

Mr. & Mrs. Ed Feldman on the birth of their son Carles Milo

by Kenneth Shriber

Phyllis & Robert Flatt on the birth of their son Andrew Noah

by Robin Hirsh

Roberta (Monfrieda) & Gene Hagin on the birth of their granddaughter Elle Rose

by Susan, Howard, Brian, Jessica & Hillary Freeman

Speedy recovery of Florence Kaufelt by Ethel L. Meyer

Bruce Kaplan becoming Middlesex County prosecutor by Hillary Freeman

In Memory of:

J. Ben Freiman

by Anne Paszamant

Ruth Leiberman

by Karen, David, Rachel, Sarah,

Miriam & Benjamin Goldstein

Anne Paszamant

Gertrude Mirsky

by Lanny & Lee Livingston

Ethel L. Meyer

RABBI MILLER'S CHAI FUND

In Honor of:

Rabbi Bennett F. Miller

by Jennifer, Yuri & Aaron Moskovich

Dr. & Mrs. Elie Kurzer on the birth of their daughter Gabrielle Shane

by Dr. Norman Reitman

SHOSHANA PARSELLS YOUTH EDUCATION FUND

Bar/Bat Mitzvah of:

Samantha Kahn

by Shoshana Parsells

Aaron Moskovich

by Shoshana Parsells

EDWARD THAU MEMORIAL FUND

In Honor of:

Rabbi Neal Gold

by Jill Lowenstein & Mitchell Brown
Our marriage

by Jill Lowenstein & Mitchell Brown
Rhoda Rosenbusch on the birth of her

granddaughter Maya Brooke

by Hedy Brown & Art Wilde

In Memory of:

Susan Ackerman

by Sheila Thau

Ella Heimann

by Hedy Brown & Art Wilde

Seymour Kahn

by Sheila Thau

Mollie Plotkin

by Sheila Thau

Edward Thau

by Judy Bauer & Jerry Donnis

Judith & Bruce Berg

Susan & Jerry Block

Jill, Jeff & Marli Chavkin

Susan & Howard Freeman

Irwin Goldman

Edythe D. Gutman

Karen & James Murray

Gloria & Alan Nadler

Leslie & Arthur Rubinstein

Starline Nails

Beth & Tom Stuckey & Family

Aunt Lucile & Uncle David, Arlene & Jim Tulacro, Honore & Rick

Denise & Wally Yosafat

Yvette Winston

Sheila Thau & Family

Simon Zajac

by Sheila Thau

MAZEL TOV ...

PHYLLIS & ROBERT FLATT on the birth of their son, Andrew Noah

MARSHA & PHILIP GOLDWASSER on the birth of their son

DOROTHY HAMELSKY on the birth of her great-grandson

ERIC KRANTZ on the birth of his granddaughter

RHODA ROSENBUSCH on the birth of her granddaughter, Maya Brooke

CAROL & HOWARD ROSSMAN on the birth of their grandson

JAN & LES UNGER on the birth of their granddaughter, Natalie

HEDY BROWN on the marriage of her son, Mitchell

HOSPITAL VISITATION

The Rabbis and Cantor visit Robert Wood Johnson and St. Peter's Hospitals regularly. However, the hospitals don't always tell us when our congregants are there. If you or a member of your family is going to be in the hospital, please call the Temple office at (732)545-6484, so that we can visit.

Judaica Shop

Don't miss our sale on mezuzot, menorahs, and seder plates. 25% to 40% off on all sale items. Visit the shop - September 15 and 22.

CALENDAR OF TEMPLE EVENTS AND ACTIVITIES

September 2002

Monday	2	Temple Office—closed	
Tuesday	4	AETY Board Meeting	
		Board of Trustees Meeting	8:00 p.m.
Friday	6	Erev Rosh Hashanah	Office Closes at NOON
Saturday	7	Rosh Hashanah	
Sunday	8	Rosh Hashanah	
Monday	9	Religious School Opens—Bar/Bat Mitzvah Classes	
		High School Hebrew	
Tuesday	10	Religious School Opens- Mid-Week Grades 3-7	4:30 p.m.
		Religious School Committee	7:30 p.m.
Wednesday	12	Religious School Opens- Mid-Week Grades 3-7	4:30 p.m.
		High School Hebrew	
Friday	13	Shabbat Evening Services	7:30 p.m.
Saturday	14	Religious School Opens- Pre-K - 2	9:30 a.m.
		Torah Study & Minyan	9:30 a.m.
		Shabbat Morning Services	11:00 a.m.
		Rel. School Tefillah Service	11:15 a.m.
Sunday	15	Kol Nidre	
Monday	16	Yom Kippur	
Tuesday	17	Officers Meeting	7:00 p.m.
Friday	20	Shabbat Camp Reunion Dinner	5:45 p.m.
		Family Service for Shabbat & Sukkot	7:30 p.m.
Saturday	21	Torah Study & Minyan	9:30 a.m.
		Religious School and Family Sukkot Celebration	9:30 a.m.
		Sukkot Service	11:00 a.m.
Sunday	22	Religious School opens - Grades 8 - 11	
		Hebrew Marathon	9:30 a.m.
		High Holiday Food Sorting	
		Generation Aleph Orientation Brunch	12:00 p.m.
		Family Sukkot Program	12:30 p.m.
Monday	23	Religious School New Parents Meeting	7:30 p.m.
Tuesday	24	Tzedakah Committee Meeting	7:30 p.m.
Friday	27	Shabbat Evening Services	7:30 p.m.
Saturday	28	Final Sukkot Morning & Yizkor Services	10:00 a.m.
		New Member Dinner	5:45 p.m.
		Simchat Torah Celebration	7:30 p.m.
Monday	30	Keeper of Jewish Excellence - <i>Mordechai Paldiel</i>	7:30 p.m.



Musical Notes

Calling all adult singers!

The Adult Volunteer No-Ringer Choir of Anshe Emeth is conducting a talent search! If you have been an admirer from afar of this world-renowned (yes, they have been to Israel!) ensemble, and would like to be a part of it but are not sure of the time commitment, we are offering the opportunity to rehearse and sing with the AEMTAVNRC for a limited period of time to try us out! On Friday evening December 6, the 8th night of Chanukah, we are presenting a Special Music Shabbat program of varied Chanukah music together with *Shirei Emet*, the High School Choir. If you wish to continue singing with the choir beyond this period that would be great, but some of you may prefer to rehearse and sing this one program, and then come back at some future time. Either way – OK!

We rehearse on Wednesday evenings from 8-9:30 pm and Sunday mornings from 10:45 am-12:15 pm. The rehearsals you would be required to attend will take place on the following dates: October 13, 16, 20, 23, 27; November 13, 17, 20, 24; December 4.

The Adult Choir is a great source of pride, to the members themselves and the entire congregation. It has been a way to express and love our Yiddishkeit. In fact, we are fond of saying that "All who sing, pray TWICE!" Come and join us! Contact Cantor Ott at the Temple if you are interested.

It's time to learn my Aleph-Bet

At Anshe Emeth's Annual

HEBREW MARATHON

Learn to read Hebrew in a single day!

On Sunday, September 22, 2002 — 9:30 a.m. to 5:00 p.m.

Name _____

Phone # _____

Number attending: Members ____ Non-Members ____ Review ____ Amt enclosed \$ _____

The cost is \$25 per person for members, \$30 for non-members, and \$15 for a review if you took the course here before.
This includes materials, lunch, and snacks. Reviewers get lunch and snack only.

Please register immediately. Make checks payable to Anshe Emeth Memorial Temple and mail to:
222 Livingston Avenue New Brunswick, New Jersey 08901. For more information, call Robin at (732)545-8445.

The Anshe Emeth Guide to the High Holidays

Rosh Hashanah

Rosh Hashanah, which starts on the first of Tishrei, is the Jewish New Year, or the birthday of the world. It marks the beginning of an intense and awesome ten day period called the *Yamim Noraim*, the Days of Awe, which concludes on Yom Kippur. During these days we take time to look introspectively upon our lives in the past year. We may reflect on our actions, examine our thoughts and goals, and make judgements on what we have accomplished.

Rosh Hashanah is referred to as *Yom Hadin*, Judgement Day, because on these days, God inscribes individuals into the Book of Life based on our deeds in the past year. We must learn from our past mistakes so that we may be blessed in the upcoming months.

It is a mitzvah to hear the sounds of the Shofar. Through this mitzvah and others, we seek a closer relationship with Adonai, and hope to have a joyous new year.

History

As the Torah teaches, "In the seventh month, on the first day of the month, you shall observe a sacred occasion: You shall not work at your occupations. You shall observe it as a day when the Shofar is sounded." (Lev. 23:24) This holiday emphasizes spirituality, morality, and holiness, and celebrates not one specific historical event in Jewish history, but rather, the creation of the entire world!



The Rosh Hashanah prayers tell us that three things- *teshuvah*, *tefillah*, and *tzedakah*- will "temper judgement's severe decree."

How we do *Teshuvah*

Teshuvah means "returning" or more commonly "acts of repentance." *Teshuvah* requires us to look at ourselves. We should consider our relationships with both loved ones and strangers. Have we treated them with respect? Or, have we threatened the trust of these sacred relationships? We must realize that we are not perfect. We make mistakes. However, our mistakes are not irreversible.

The process of *teshuvah* begins prior to Rosh Hashanah, throughout the month of Elul. The first step is to acknowledge that we have done something wrong. Rabbis Kerry Olitzky and Rachel Sabath suggest that we should take a single past event in our lives and remember what we were thinking and how we acted prior to taking that action. Did we consider what we were doing? Did we think about the consequences of our actions? *Teshuvah* continues when we seek forgiveness from those whom we have wronged. It concludes when we honestly attempt not to repeat our past mistakes and when we can imagine ourselves in future situations acting differently. Even if we are upset or hurt, simply performing the acts of *teshuvah* will move us one step closer to a reconciliation with God in the coming year.

How we do *Tefillah* at AEMT

The Days of Awe are a very powerful, emotional time for us. To fully appreciate their meaning, we need some spiritual preparation. As Rabbi Chaim Press states, "Like the animal which could not be offered as a sacrifice if it was found defective, so [we] must be free of spiritual imperfection before [we] can dedicate [ourselves] to God on Rosh Hashanah."

To get us in the correct mindset for Rosh Hashanah, there are special *Selichot* services on the Saturday night prior to *erev* Rosh Hashanah. These services, based upon biblical poetry, include prayers for pardon, the Thirteen Attributes of God, and are very beautiful.

To augment the spirit of the Days of Awe, services are an expanded version of the normal Shabbat or Yom Tov services. The prayers and melodies are a little different than what we are used to. In our synagogue, the choir beautifully captures the powerful essence of Rosh Hashanah. The morning service features three themes: *zichronot*, *malchuyot*, and *shofarot*. *Zichronot*, or memories, reminds us that our memories shape our past and define who we are as individuals. *Malchuyot*, or sovereignty, speaks of God's ultimate rule over human beings. *Shofarot*, or shofar blasts, awakens us to look for God's presence in our lives. Acts of *tefillah*-prayer- therefore create for us a closer relationship to our community, our world, and ultimately, to God.

The Mitzvah of Hearing the Shofar

The highlight of the morning service is the sounding of the Shofar. In ancient times, the Shofar was used to proclaim a king's ascension to the throne, to announce Shabbat and other festivals, and to signal the army to war. The sound of the shofar reminds us of the time at Mount Sinai just before God gave us the Torah. The blast of the Shofar also reminds us of the *akedah*-the story of the binding of Isaac-because the Shofar represents the ram which was sacrificed in Isaac's place. Maimonides even suggests that the Shofar is a wake-up call for us to do *teshuvah*.

There are three kinds of sounds that are blown on the Shofar. The first is a long, clear blast called *tekiah*. The second is a series of three short notes called *shevarim*. The third is made up of nine very short notes, called *teruah*. The fourth and final call is a long blast called the *tekiah gedolah*. Through these four different kinds of blasts, we affirm God's presence through the sounding of the shofar.

How we observe *Tzedakah*

It is always a mitzvah to give *tzedakah*, but on Rosh Hashanah this act takes on a greater significance. By giving to organizations that bring more dignity to the lives of others, on this day, the birthday of human beings, we are reminded that we are connected to all humanity. Thus, on Rosh Hashanah we provide food bags to fill with the food that we would otherwise eat on Yom Kippur to give to soup kitchens and homeless shelters.

Please take a shopping bag on Rosh Hashanah and return it full to the Temple on Yom Kippur.

We recommend giving *Tzedakah* on Rosh Hashanah to the following groups:

Mazon: A Jewish Response to Hunger
1990 S. Bundy Drive, Ste 260
Los Angeles, CA 90025-5232

AEMT *Tzedakah* Committee
222 Livingston Avenue
New Brunswick, NJ 08901

...or another *Tzedakah* project of your own choosing.

How to observe Rosh Hashanah with your family

On the eve of the holiday, we customarily eat a festive dinner that includes sweet dishes. We light special candles, and recite special blessings appropriate for Rosh Hashanah. This is the blessing for lighting the Rosh Hashanah candles:

Ba-ruch a-ta A-do-nai, E-lo-hei-nu me-lech ha-o-lam a-she-
ki-d'sha-nu b'mitz-vo-tav v'tzi-va-nu l'had-lik ner shel
(Shabbat v'shel) yom tov.

We praise You, Eternal God, Sovereign of the Universe.
You hallow us with your mitzvot and command us to
kindle (the Sabbath and) Festival lights.

ברוך אתה יי אלהינו
מלך העולם, אשר
קדשנו במצותיו וצונו
להדליק נר של [שבת ושל]
יום טוב.

It is also customary to eat apples and honey on the eve of Rosh Hashanah before the festive meal. This custom symbolically expresses the hope that there will be much sweetness in the upcoming year.

On the second day of Rosh Hashanah, many people observe *tashlich*. *Tashlich* means to “send” or to “throw.” In observing *tashlich*, people go to a nearby body of water, usually a lake or stream, and empty their pockets or throw bread crumbs into the water. They symbolically rid themselves of their mistakes and thus purify themselves for the upcoming year.

Did you know?

- On this holiday, we use a round challah on our tables rather than a braided challah. This special round challah is shaped like a crown of a great ruler, which further reminds us of God's presence.
- It is customary to visit the graves of deceased family members prior to Rosh Hashanah. This began originally with the hope that the righteous dead would intercede with God on behalf of each member of the family. Now it allows us to honor the blessed memory of our loved ones.
- Many people wear white on Rosh Hashanah and Yom Kippur. The Torah scrolls, too, are dressed in white. Aside from representing purity and joy, white is the traditional color of Jewish burial shrouds. The color white thereby reminds us that life is finite and unpredictable.
- On Rosh Hashanah, we read the *akedah*, the Torah portion that tells the story of the binding of Isaac. As Abraham raised his hand to sacrifice Isaac, God stopped him, and instead sent Abraham a ram to sacrifice. We remember and hope that God will be as merciful to us as God was to Abraham and Isaac.

Sources include: *The Tapestry of Jewish Time* by Rabbi Nina Beth Cardin *The How-To Handbook for Jewish Living* by Rabbi Kerry M. Olitzky and Rabbi Ronald H. Isaacs, *The Book of Jewish Holidays* by Ruth Lurie Kozodoy, *The Young Leadership Cabinet: Judaica Series* edited by Naomi Patz, *Preparing Your Heart for the High Holy Days* by Rabbi Kerry M. Olitzky and Rachel T. Sabath and *The Jewish Book of Why* by Rabbi Alfred J. Kolatch.



Yom Kippur

Yom Kippur, the holiest day in the Jewish calendar, is observed on the tenth of Tishrei. This awe-filled holiday allows us a day of complete prayer and introspection. We look into our hearts and atone for our past sins. Jews all over the world spend the entire day in the synagogue doing *tefillah*, making personal prayers, and thinking about our actions throughout the previous year. Yom Kippur is a holiday filled with grandeur. From the white Torah scrolls that symbolize a cleansed soul, to the unique music of the choir, we obtain a better understanding of this *Shabbat Shabbaton*-this Shabbat of all *Shabbatot*. As we engage in acts of self-denial, we bring ourselves closer to God, and ultimately strive to create a more spiritual and holy world for ourselves and our community.

History

The commandment to observe Yom Kippur comes from the Torah: "The Lord spoke to Moses, saying: Mark, the tenth day of this seventh month as the Day of Atonement. It shall be a sacred occasion for you: you shall practice self-denial... you shall do no work throughout the day." (Lev. 23:27).

In ancient times, the Jews would gather at the Temple in Jerusalem to watch the *Kohen Gadol*, the high priest, perform rituals and sacrifices to receive God's pardon. The most important ritual of the day came when, as the Rabbis teach, the high priest would go to the Holy of Holies, the holiest place in the holiest temple in the holiest city in all the world. Here, the holiest word- God's four letter name- would be pronounced. This confluence of all these holy things made for a truly awesome moment. If all was done correctly, God forgave Israel for its sins, and all would rejoice.

How we prepare for Yom Kippur

Due to its great importance, several preparations are necessary to physically and spiritually get ready for Yom Kippur.

First, we must continue the processes of *teshuvah*, *tzedakah*, and *tefillah* that we began on Rosh Hashanah. Second, just as we are commanded to fast on the tenth of Tishrei, so is it a mitzvah to eat on the ninth of Tishrei. The festive meal prior to the start of Yom Kippur is known as *seudah ha-maf-seket*, the meal of cessation. Some people serve a traditional erev-Shabbat dinner with challah and *kreplach*. We light candles, reciting the appropriate blessings for Yom Kippur, and also kindle *yahrzeit* candles to honor the memory of deceased loved ones. This is the blessing for lighting the Yom Kippur candles.

בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק גֵּר שֶׁל (שַׁבָּת וְיֹמֵי הַכִּפּוּרִים).

Ba-ruch a-ta A-do-nai Eh-lo-hei-nu, me-lech ha-o-lam, a-sheer ki-d'shanu b'mitz-votav v'tzi-va-nu l'had-lik ner shel (Shabbat v'shel) yom ha-ki-pu-rim.

We praise You, Eternal God, Sovereign of the Universe. You hallow us with your mitzvot, and command us to kindle the lights of (the Sabbath and) the Day of Atonement.

How we observe Kol Nidre

On erev Yom Kippur, we join our community at Temple. Services traditionally begin with a special liturgical formulation, called *Kol Nidre*, seemingly more appropriate for a court than a synagogue. It is an ancient legal code in which we ask that the vows we make between this Yom Kippur and the next be null and void if, after making an honest effort, we still cannot fulfill these promises. The beautiful yet solemn melody of the *Kol Nidre* prayer enables us to begin the new year with pure hearts.

How We Do the Mitzvah of *Tefillah* on Yom Kippur

Yom Kippur services are among the longest and most intense of the holiday services. They begin in the evening with the Kol Nidre service, continue throughout the next day with the morning, afternoon and *yizkor* (memorial) services, and conclude when darkness comes once again, with the *ne'ilah* (closing) service. The services are full of emotion with beautiful liturgy and grand music from the choir. We recite confessional prayers and poems. We seek God's mercy and love. And, we proclaim our faith in God's work. The Shofar is triumphantly blown one final time at the very end of the day. Yom Kippur has concluded and we may join in a festive break-fast meal.

Why do we fast?

Yom Kippur is a day in which we refrain from all food and drink. Children under the age of thirteen and those who are ill or elderly are not required to fast for the entire day because it could be harmful to their health. We fast so that we can devote all of our thoughts and prayers solely to maintaining a closer relationship with God. We only concentrate on prayer, *teshuvah*, and self-improvement before returning to our normal everyday routines.

Tzedakah and Yom Kippur

Throughout the Days of Awe, it is customary for tzedakah boxes to be placed in the synagogue to give congregants an opportunity to give tzedakah and to "temper judgement's severe decree." According to the Haftarah portion we read in the morning, Isaiah the prophet asks, "Is this the fast I look for? A day of self-affliction? Bowing your head like a reed, and covering yourself with sackcloth and ashes? Is this what you call a fast, a day acceptable to the Lord? Is not *this* the fast I look for: to unlock the shackles of injustice, to undo the fetters of bondage, to let the oppressed go free, and to break every cruel chain? Is it not to share your bread with the hungry and to bring the homeless poor into your house?" (Isaiah 58).

Therefore, on this holiday in particular, you should give tzedakah in order to thank God for the blessings you have received during the year. On Rosh Hashanah we provide food bags, to be returned on Yom Kippur, to fill with the food that we would otherwise eat on Yom Kippur. We give the filled bags to food banks and homeless shelters.

Did you know?

- On Yom Kippur afternoon, we read the Book of Jonah. Jonah the prophet was called upon by God to tell the people of Nineveh that they would be destroyed if they did not change their evil behavior. Jonah tried to hide from God, but finally went to Nineveh to tell his prophecy. The Book of Jonah speaks of our responsibility to one another and to God, and ultimately tells of the power of *teshuvah* and forgiveness.
- One Yom Kippur custom is rather unusual. It is called *kaparot* and refers to our asking for God's mercy. The procedure once involved obtaining a live fowl to act as a substitute bearer of one's sins, grabbing the hen (or rooster) by its legs, and swinging it around one's head three times while asking that it, instead of the swinger, be killed. The bird was then slaughtered and eaten. Now, those individuals who still choose to partake in this custom swing coins in a handkerchief, and then donate the money to tzedakah.
- Anshe Emeth has a great custom of bringing up all of the children from the Temple on the *bimah* at the end of *ne'ilah* to hear the final sounding of the Shofar. All of the children of Anshe Emeth are invited to be there for this resounding moment!

לֶשְׁנָה טוֹבָה

RECIPES

Apple Streusel (Serves 6-8)

$\frac{1}{3}$ cup sugar	1 teaspoon baking powder
$\frac{1}{2}$ teaspoon cinnamon	4 tablespoons parve margarine
6 tart apples peeled, cored, and sliced	$\frac{2}{3}$ cup brown sugar
$\frac{3}{4}$ cup all-purpose flour	1 egg
$\frac{1}{4}$ cup orange juice	$\frac{1}{4}$ cup chopped walnuts (optional)

1. Preheat oven to 350 degrees.
2. Add the sugar, cinnamon, and orange juice to the apples. Mix lightly and place in a greased 1 $\frac{1}{2}$ -quart casserole
3. Sift together the flour and baking powder.
4. Cut the margarine into the flour and rub with your fingertips to a crumbly consistency.
5. Mix the brown sugar and egg. Add the mixture, along with the nuts, if using, to the flour mixture.
6. Sprinkle the streusel over the apple mixture. Bake 45 minutes, or until the apples are tender and the crust golden brown.

Challah

1 package active dry yeast	1 $\frac{1}{4}$ cups hot tap water
5 cups bread flour (about)	2 eggs
1 teaspoon salt	1 $\frac{1}{3}$ cup golden raisins plumped in hot
$\frac{1}{3}$ cup parve margarine at room temp.	water
3 tablespoons honey	1 egg yolk
1 teaspoon cold water	

In mixer, combine yeast, 2 cups flour, salt and margarine. Mix well. Dissolve honey in hot water, add gradually to yeast mixture. Beat on medium speed 2 minutes, scraping bowl occasionally. Add eggs, one at a time. Beat 2 minutes on high speed. Beat in remaining flour, $\frac{1}{2}$ cup at a time, reserving $\frac{1}{4}$ cup for kneading, until dough cleans sides of bowl. Knead 6 minutes, adding flour if sticky, until smooth and elastic. Shape into ball. Place in greased bowl, turning to grease top. Cover with plastic wrap and damp towel. let rise in warm place until doubled, about 1 hour. Punch down, knead in raisins. Divide into 3 parts, roll each into 30-inch rope. Starting in middle, braid to one end. Turn bread around to complete braid. Place on ungreased baking sheet. Bring ends together to form a circle. Pinch to seal. Cover with oiled plastic wrap. Let rise until almost doubled, about 1 hour. Brush top with egg yolk beaten with water. Bake at 375 degrees 25 to 30 minutes until golden brown. Carefully remove to rack to cool.

Prepared by Samantha Pohl

Sources include: *The Tapestry of Jewish Time* by Rabbi Nina Beth Cardin, *The How-To Handbook for Jewish Living* by Rabbi Kerry M. Olitzky and Rabbi Ronald H. Isaacs, *The Book of Jewish Holidays* by Ruth Lurie Kozodoy, *The Young Leadership Cabinet: Judaica Series* edited by Naomi Patz, and *The Jewish Book of Why* by Rabbi Alfred J. Kolatch.