

Temple Emanuel of the Merrimack Valley

December 2013 - Kislev / Tevet 5774

# The Bulletin

Volume 62 Number 4

<del>from the</del> Rahhi

### **Behind Closed** Doors



30 years ago, I converted to Judaism at a Conservative synagogue. My conversion class was a group of six women, all of whom were engaged to Jewish men (except me of course). Our rabbi explained the gender composition of the class saying that non-Jewish women (that wasn't the word he used) often seek out Jewish men because they make the best husbands and fathers. Jewish men, he continued, are good providers, attentive husbands, and kind, devoted fathers. Above all, he said, they never hit their wives.

Honest. In 20<sup>th</sup> century San Francisco, he said that, and for years I went around repeating it like it was yet one more holy truth about the Jews. Really, I think it doesn't matter what religion or ethnicity, whoever we are we like to perpetuate this myth about ourselves: Domestic violence happens over there and never here.

There are other myths as well, like:

- 1.) If it is happening in your family, the myth is that no one else must know.
- 2.) If it is happening next door, the myth is that there is no way to know for sure.
- 3.) If it is happening in your family, the myth is that the only one who is hurt is the one who is hit.
- 4.) If it is happening next door, the myth is that it's none of your business.

- 5.) If it is happening in your family, the myth is that it might stop by itself.
- 6.) If it is happening next door, the myth is that there is nothing you can do anyway; and, finally.
- 7.) If it is happening to you, the myths are that there is no one who could understand and no where to get help.

Anyone reading this article doubtless already knows that Jews are like everybody else in this matter, some can get violent or abusive, others can become victims. But do we know these other things, like:

How to tell if what you are seeing is really abuse. What to do to help.

Rarely do we have the chance to gain a little information that can potentially help save another family, but here it is. This year, our Social Action Shabbat is Our Service Against Domestic Violence: Smashing the Myths. Speakers from Jewish Family Services and Alternative House will be joining us to teach and provide guidance. T-Shirts from the Americorp Clothesline Project will be on display. We will open the evening with a Jewish liturgy against domestic violence.

Its time we all learned what we need to learn in order to truly be of use. Please join us Dec. 13 at 8pm for a Shabbat that could change the way you walk through the world.



December 2013 – Kislev / Tevet 5774 Page 2



Join Us For Shabbat

# December Service Schedule

Friday, December 6 7:00 PM Early Intergenerational Service

Saturday, December 7 10:00 AM Shabbat Morning Service Parashat Vayigash

Friday, December 13 8:00 PM Social Action Shabbat Our Service Against Domestic Violence

> Friday, December 20 8:00 PM Shabbat Service Parashat Shemot

Friday, December 27 8:00 PM Shabbat Service Parashat Vaera

### President's Message

Standing on the parted shore of history We still believe what we were taught before ever we stood at Sinai's foot; That wherever we go, it is eternally Egypt That there is a better place, a promised land; That the winding way to that promise passes through the wilderness. That there is no way to get from here to there Except by joining hands, marching together.

-a prayer in the Mishkan T'filah

After straying from practicing Judaism for years, I was drawn to TEMV for the adult education and then to Friday night Shabbat services. Nurturing my understanding of Judaism, embracing the holidays and holy days, and learning to honor the Sabbath, continues to grow more important and make meaning for me of each day. Of course, my current role as president of TEMV enhances this experience so much more. It is truly an honor to be president at this time in the life of our faith community. The Board is mindfully taking steps to ensure the foundation and growth of TEMV; members have stepped up into leadership positions; and potential new members grace our doors each week. I feel great excitement in the air and confidence in our future.

Speaking of those who have stepped up into leadership positions, I'm so very pleased to announce that for this year, Alix Epstein has agreed to fill the role of first vice president. You may have been lucky enough to hear Alix speak at the Rosh Hashanah service about growing up as a life long member at TEMV. Perhaps her father, and former board president, Joel Epstein, has been grooming Alix as a future president all along. She certainly has much wisdom and competence to share with us.

On November 11, Alix and I facilitated a gathering of all TEMV chairs. The goal was to support their leaderships and to help committees gain a better understanding of their interconnection and the importance of networking with one another as we move through a year of rituals, education, activities and community life. We also discussed ways to support members of committees, and create terms, to help limit burnout. My desire is for the members of our community through the years, to rotate from one committee to another, sharing their expertise, and gaining new skills while acquiring a more comprehensive understanding of all the components of our faith

The Bulletin of Temple Emanuel of Merrimack Valley	December 2013 - Kislev / Tevet 5774 Page 3
community. I would be excited to see more seasoned	
members help direct the education program and interact with our children. This might give young parents an op- portunity to serve in areas not particularly directed at	<b>Ritual Committee News</b> HAPPY HANNUKAH!!!
children. Your Board of Trustees and all TEMV committees, are currently in the process of developing mission statements to help guide the important work we do. These will be shared with you in next month's bulletin. We encourage you to join in whatever large or small way you can, to help us continue to hold TEMV as a beacon of Jewish light in the Merrimack Valley.	The Ritual Committee would like to wish everyone a Happy Hannukah! The Union for Reform Judaism web- site has some very good informative posts on celebrating Hanukkah, especially for inter-faith families. Check it out at www.reformjudaism.org! May the lights bring warmth and happiness into your homes Ivy and Stephanie. <b>Oneg families needed</b>
"there is no way to get from here to there	
Except by joining hands, marching together." May you find Shalom and blessings in all of your days,	If you have not yet signed up for an oneg this ritual year, here's your opportunity.
	We have the following dates that need to be filled:
Lísa	December 7th AM service1 family December 20th 8 pm service2 families January 3 8pm service2 families
TEMV is a Community of	January 10th 7 pm Intergenerational Service2 families
Volunteers	January 11th 10 AM service1 family January 17th 7 pm Tu B'Shvat Seder Service2 families January 24th 8 pm service2 families
Much of what happens at TEMV is done by people be- hind the scenes, someone who sees something that needs to be done and they do it. How can you help? Examples of ways to pitch in.	Please contact oneg@temv.org with your preferred date. Thank you.
Garbage and recycling needs to be taken home by some- one?	
Chairs need to be set up for services and special events?	<b>Ponations</b>
Publicity committee needs help with posting fliers around town and posting events on websites, and comments on Facebook, and writing articles for local media outlets.	Into every life come times of both gladness and sad- ness, such as the birth of a child, the death of a loved one, coming of ag e, recovery from illness, or a wedding. This is a cycle that constantly renews. The pages of the book of life are full of these pivotal moments. At times you may wish to especially commemorate one of
Our committees need members with new ideas and for support. Contact the committee chairs, listed near the end of the bulletin.	
Please Return your Member Pues Pledge Form	these events. One way to do so is to give near to home, to
So we can better plan for the year ahead, all members are asked to please fill out and return the pledge form to the Treasurer, even if you have already paid some or all of your dues. Pledge forms were mailed in August. Dues Pledge Forms and Membership Forms are iavailable for download on the website under Member- ship. (www.temv.org)	the Temple you hold dear, which shelters your family and the community. If you'd like to give, and at your option, to share your life event, please send your donation to the Temple, in care of our Treasurer. Please tell us the event and anyone who should be made aware of the donation. With your blessing, we will be happy to include the do- nation in the bulletin. If you wish, the donation can be directed to a specific use.

### Principal's Corner

Busy. Busy. Busy....it's amazing how much we can accomplish in only 2.5 hours of Religious School per week! The November/December calendar is filled with learning, holidays and special activities for our children. **Friday, November 22<sup>nd</sup>** is our intergenerational service celebrating Thanksgiving/Chanukkah. Please join us at 7:00 pm for prayer, music and dance. Let's keep our spirit high, our voices strong and our feet moving in celebration! And on that **Sunday, November 24<sup>th</sup>**, not only will we be celebrating Chanukkah at school, we'll also be starting the morning in the sanctuary, as we put together lunch bags for the Lowell Transitional Living Center. We invite everyone to join us.



**December 1**<sup>st</sup> is the Sunday of Thanksgiving weekend, so our Religious School families can sleep in: no school. We all have to rest up for the rest of the busy season:

On **December 6<sup>th</sup>**, please join us for our monthly intergenerational Shabbat Service at 7 PM.

Rabbi Rose will be joining the students in the sanctuary on **December 8<sup>th</sup>** to lead a lesson in liturgy. And the following Sunday, **December 15<sup>th</sup>**, will be our Mitzvah Day, during which students and parents will join the Mobile Food Pantry in the afternoon, delivering food to Lowell residents in need. See the Social Action article by Frank Baskin in this issue for more information. And to get us energized for such an event, Rahel will be joining us in the morning to lead us in joyful music and movement. Parents and other congregants are ALWAYS invited to join us for these music interludes. They typically begin at 11:40. On **December 22<sup>nd</sup>** we'll celebrate Winter Solstice

Oh yes...and then there's Torah Study, learning about all the facets of Judaism, learning to speak and read Hebrew and preparing for FOUR Bat Mitzvahs!!! Did I mention that we're busy??!!! December 2013 – Kislev / Tevet 5774 Page 4

#### **Bulletin Advertisements and Articles**

Each month the bulletin accepts a limited number of advertisements. Ads are \$20 / month or \$5 / month for temple members for a business card size ad. If you wish to run an ad for a year (11 issues) receive a month month discount. Please send your jpg ad to editor@temv.org by the 15th of the month prior to publication date.

We will publish your articles, recipes, photos of interest to TEMV community in the temple bulletin. Entries should be emailed to the editor@temv.org by the  $15^{\circ}$  of the month prior to publication. (Dec 15 for the January bulletin.)

#### Adult B'Nai Mitzvah Classes

The first series of this year's Adult Educaiton class is over. Classes will resume in February. Class are Sundays at 6:30. We've been studying the the prayers and what the mean. There have been many interesting discussions.

#### Nancy and Michael Greene 25<sup>th</sup> Anniversary Celebration

Sat Nov 23 @ 6 PM

"We'd like to invite the entire Temple Emanuel community, including children, to our 25th wedding anniversary celebration and fund raiser for the Merrimack Valley Food Bank.

The event is this Saturday night, November 23rd at 6 pm, Temple Emanuel, 101 W. Forest St., Lowell.

We'll renew our vows, sign a new ketubah, this time as two Jews, and then party like it's 1999.

Brief ceremony at 6. Dinner, dancing, and raucous laughter at 6:30. Join us for any or all of it. Drop-ins welcome.

In lieu of gifts, we would ask that you bring a check for the **Merrimack Valley Food Bank** or bring nonperishable food items with you. I'm told coffee and tea would be particularly appreciated.

Please join us as we give back to the Massachusetts communities who've welcomed and embraced us and our family. Again, we request your presence, no presents, except to help feed struggling families." **Temple Emanuel of the Merrimack Valley** 

Social Action Shabbat Presents

# Our Service Against Domestic Violence



### **Smashing the Myths**

Healing, Education and Activism Through Speakers, Discussion, Networking, Art and Prayer

**Featured Speakers:** 

Julie Youdovin from Jewish Family Service and Kathy McCarthy from Alternative House

Answering Questions Like: How can we recognize domestic violence? What should we do if we see it?

Also Featuring Healing T-Shirt Art from the Americorp Clothesline Project

And a Jewish Liturgy against Domestic Violence



Friday Dec. 13

at 8pm

101 West Forest St. Lowell, MA 01851 www.temv.org publicity@temv.org 978-454-1372

# Ganza Mishpocha

# **The Whole Family**



### with Rahel

10:30 - 11:30

Sept 22, Oct 20, Nov 17, Dec 15, Jan 12, Feb 9, Mar 9, Apr 6, May 18



### **Temple Emanuel of the Merrimack Valley**

### 101 W. Forest St. Lowell, MA 01851 \$\$ (978) 454-1372 www.temv.org \$\$ publicity@temv.org

Infants, toddlers, preschoolers through age 5 come together once a month with adult family members to celebrate and learn about Judaism through music and art.

- Meet other Jewish families with young children 举
- Learn about resources for Jewish family living \*
  - Enjoy age-appropriate songs, stories, and blessings
- Start your family in a joyous and fun Jewish community 米

Combining Music, Movement, Prayers, Stories, Conversation, Crafts

**Rahel** is an award winning musician, songwriter and a juried artist. She has produced seven CD's with many of her original songs. www.rahelmusic.com



Cost per family for 9 sessions: \$150; \$100 for Temple Members

For information or to register, contact Jane Maine at principal@temv.org





## Social Action Update

#### Lunch Assembly

By the time you receive this we will have had our first lunch assembly for this year.

The next one will be on January 26, 2014.

You can begin to bring in

Food items;

- Boxes of granola bars
- Boxed of bottled water
- Jelly and Peanut Butter

Non-Food items;

- Paper napkins
- Sandwich bags
- Paper bags
- Gloves

#### Mobile Food Pantry

Please continue to bring in food and place it in the lobby box.

Shirley and Chip Papp pick up foods we contribute(including foods/supplies for pets)and deliver them thru the year. There is a box under the table at the bottom of the



stairway to the sanctuary. Your contributions will be used and appreciated by homebound individuals and their pets.

### Mitzvah Day (Sunday Dec 15,2013)

We are coordinating this day with the School at the Temple. It will include(among other activities) a trip to the Mobile Food Pantry and an opportunity to deliver food to people who are homebound. Any who are interested will have to sign-up and complete a CORI check.

Thank you for your efforts and contributions.

### SOCIAL ACTION SABBATH

On Friday 12/13 TEMV - along with other Temples - will observe a social action Sabbath.

Our theme will be about Domestic Abuse:

- Does this occur within Jewish Families?
- Would this never happen among TEMV members?
- Does this happen in suburban communities?
- How can we recognize it?
- What should we do if we see it?

There will be speakers from Jewish Family Service and Alternative House who will talk about these issues. This will be followed by a discussion with congregants.

Please plan to put this date on your calendar.

### WARM CLOTHING COLLECTION

As we approach the colder months we encourage Temple members to bring in warm clothing(coats, mufflers, gloves, scarfs, etc.). They will be distributed to agencies in Lowell. A container will be available in the lobby.

Thank you,

Frank Baskin

## **Growth and Nutrition Clinic**

The Pediatric Growth and Nutrition Clinic at Lowell General Hospital continues to need our assistance as they provide specialized nutrition care to their malnourished clients. The staff and clients truly appreciate your donations of gift cards from local supermarkets - Market Basket, Hannaford, Stop 'n' Shop and Shaw. Please send the cards to Growth & Nutrition Clinc c/o TEMV 101 W. Forest St., Lowell, Ma 01851 and they will be delivered to the Clinic.

The need is on-going. Thank you for your response. Michelle Vlamis



December 2013 - Kislev / Tevet 5774 Page 8

### Membership News

**TEMV board meetings** are open to all temple members. Board meetings unless otherwise noted are on the third Thursday of the month.

☆ ☆

#### Mazel tov !

Congratulations to **Michael** and **Nancy Greene** on the recent celebration of their 25th wedding anniversary

Congratulations to **Erica** and **David Kahan** on the recent celebration of their 50th wedding anniversary.



# Speedy recovery from their recent surgery

Jim Boudreau and Rabbi Rose.

#### ☆ ☆

Thank you to all who helped to make the new member potluck and service a huge success, where TEMV welcomed 5 new member families, **Richard Ebner**, the **Rudolph Maynard** family **Dana Rudolph**, **Helen Maynard** and their son **Jordan**, **Michael Kanter**, **Leah Kawadler** and **Shawn McNutt**, The **Greene** family,(**Nancy, Michael, Matthew** and **Zach**).

Thank you to the UU First Parish Bell choir and the Temv choir for sharing their beautiful music with us. Thank you to the many cooks who donated to the delicious potluck supper and the membership committee and **Susan Taber** and and **Kerry Moore**, who hosted the oneg and helped set up and clean after the event

## Mah Jongg

#### Tuesdays 6 PM & Thursdays 1 PM

Never played before? It doesn't matter, come anyway.

You'll pick it up quickly and

we've all been beginners and we love introducing the game to new players.

There is even talk of forming a Sunday afternoon group, please contact us if you are interested.

Please send a blank email mahjongg-join@temv.org to automatically join the email list. When there are not at least 3 players, we may cancel at the last minute and we want to be able to notify you. Send us an email or give us call to let us know you plan on being there. Spread the word; bring your friends and neighbors!

\$2 Temple donation appreciated.

Bring your set if you wish, tho it's certainly not required.

Contact: mahjong@temv.org or Shirley 978 851-4724 or Phebe 978 256-2855

#### And now on Sunday, the adults can play or learn to play Mah Jong, while the kids are in school.

No you don't have to have a child in the school to play. Email mahjong@temv.org if interested in playing on Sunday or any other day.

# **Publicity Corner**

TEMV is now on **Twitter**! Follow us <u>@TEMV\_Lowell</u> to stay on topof Temple happenings and items we share from the wider communities of which we are a part.

Don't forget to Like us on <u>Facebook</u>. Anyone can post comments and post to the temple's Facebook page. Your posts on the TEMV page helps boost our visibility.

**Volunteers** needed to: Post fliers at our local supermarket, library, work, coffee shop. Post events on various websites, write articles for the local papers, take photographs at temple events, and brainstorm ideas. Send an email to publicity@temv.org or call Phebe at (978) 256-2855 if you are willing to help in any way.



December 2013 – Kislev / Tevet 5774 Page 9

# TEMV YOGA



TEMV yoga now meets twice a week. Wed. 6:30 – 7:45 pm and the newly formed Gentle Yoga class Mon mornings at 9:30 am Everyone is welcome to join either class on a drop in basis. All levels welcome. The morning class is a a great way to start the week with long relaxing stretches.

Cost \$7 for the instructor and a \$3 donation to the temple.

Wear comfortable clothes and bring a mat.

For more information, contact Phebe at (978) 256-2855 or email the instructor, Cornelia Dinca, at yogainfo@temv.org.

For cancellations and last minute changes it is recommended that you join the email list by sending a blank email to <u>mailto:yoga-join@temv.org</u>

## Lunch Bunch

### Wed, Dec 11 12:00pm

Holiday Lunch at the UMass Inn and Conference Center



Holiday lunch at the ICC Lunch buffet with festive music, favors and decorations! Wednesday, December 11, 2013 12:00pm-2:00pm 12:00pm-2:00pm



### 50 Warren St. Lowell, MA

\$20 per person.

Lunch buffet with festrive music, favors and decorations!

Reservations are required please RSVP by December 9.

To be notified of last minute changes in date or venue and to receive reminder emails, join the lunch bunch email list by sending an email <u>lunch-bunch-</u> join@temv.org.



## Union for Reform Judaism Collects Funds to Aid Victims of Typhoon Haiyan

November 11, 2013, New York, NY -- In the early morning hours of November 9, 2013, Typhoon Haiyan made landfall in the Philippines. The equivalent of a Category 5 hurricane, the storm displaced hundreds of thousands of people throughout the Philippines, Southeast Asia, and the region's Pacific Islands. Initial accounts indicate that as many as 10,000 lives have been lost, and authorities and aid groups from all over the world, including North America and Israel, are struggling to deliver safe drinking water, food, and lifesaving supplies to disaster zones.

The URJ General Disaster Relief Fund is collecting donations that will be distributed to aid groups working in affected areas.

When disaster strikes, Reform Jews trust the Union for Reform Judaism to distribute donated funds to agencies that are most effectively helping those in need. The Union retains no funds from relief efforts, with the exception of direct costs, such as credit card fees. Recent relief efforts have included hurricanes, storms and wildfires in North America, Haiti, Israel Emergency and Sudan. The URJ's General Disaster Relief Fund enables the URJ to respond quickly and swiftly to all types of disasters as needed.

Please join us in praying for the healing of the survivors during this difficult time.

For more information, visit:

http://urj.org/socialaction/issues/relief/

# **Temple Emanuel of the Merrimack Valley**

Invites everyone to a showing of the film

### The Last Marranos



# Sunday, Dec 8 10:30 AM



### Introduction and discussion with Marjorie Short

### Donations greatly appreciated Light refreshments

Tells the story of Sephardic Jews who were forced to convert to Christianity in 1497. Many continued to practice a form of hybrid Judaism secretly. Saying Jewish prayers at home while attending Catholic services. This dramatic film captures what remains of Judaism in the village of Belmonte, Portugal by interviewing some of the remaining families.

A brief introduction prior to the film followed by Question and Answers and an update of what has happened to the town now.

Marjorie is a retired Professor of Middlesex Community College, member of the Jewish Heritage Society of the North Shore and The Jewish Genealogy Society of Greater Boston. She is a frequent speaker on selected early Jewish topics.

The National Center for Jewish Film, Waltham, MA, 1990

### 101 W. Forest St. Lowell, MA 01851 www.temv.org 978-454-1372 publicity@temv.org

Page 11



The Bulletin of Temple Emanuel of Merrimack Valley	December 2013 - Kislev / Tevet 5774 Page 12
Current Yarzheits	Temple Contacts
	If you need to speak to someone at the Temple, here are some important contact people. (Please limit calls to home numbers to between 10:00 am and 10:00 pm ex- cept in cases of emergency or prior arrangement.) <b>Rabbi Dawn Rose</b> Temple: 978-454-1372; Home: 917-673-2226 rabbi@temv.org
May their memory be for a blessing	President, Lisa Rubin, president@temv.org, 802-233-2997
	Principal
	Jane Maine, principal@temv.org 978-265-8625
Dec 06 George Abrams	<u>Ritual Committee,</u> Ivy Helman and Stephanie Karakantas
Erwin Susman	E-mail: oneg@temv.org
Dec 07 Saul Parkin	Education Committee, Sue Corneliusson, education@temv.org
Dec 13 Ruth Schwartz	
<b>Dec 15</b> Helen Rubinoff	<u>Treasurer</u> , Laurie Auffant, 978-995-2163 treasurer@temv.org ,
Dec 17 Emil Bieder	Social Action:
Jean Sosin	Frank Baskin, farfel43@yahoo.com, 978 458-1512
Joseph Edward Sullivan Jr	Membership: Kerri Sheingold, KMSheingold@gmail.com, 203-858- 0815
Dec 20 Richard Wolfson	
Dec 21 Kurt Moser	Programming
Merle Witty	Shirley Papp, spapp7@gmail.com, 978-851-4724
Dec 22 Claude Emmerich	Publicity:
Dec 27 Charles Ashley	Phebe Rand, phebe@temv.org, 978-256-2855
Dec 30 Louis Weiner	<u>Choir</u> : <b>Susan Bishov</b> , sbishov1@verizon.net, 978-256-4504
<b>Dec 31</b> Tanya Ratney Samuel Schwartz	Keep Your Contact Information Up To Date
Samuer Schwarz	Are you receiving the monthly bulletin and the commu-
	nity emails, do we know how to reach you? If the an-
Bereavement Info	swer to any of these questions is no, it's likely because I don't have your most current contact information.
The Temple Emanuel community is available to assist members who experience the passing of a loved one. In addition to calling <b>Rabbi Rose</b> , please notify <b>Phebe</b> <b>Rand</b> (978-256-2855). We will respond to the needs of the individual members by notifying Temple members of the death, arranging for <i>Shiva</i> , or helping in any other way that we can be of service.	We don't call often, but we do like to reach out occa- sionally to temple members to wish them well and with important reminders. Please send me any changes in your contact information: cell, email, address, or Yarzheits. (phebe@temv.org Thanks, Phebe Keeper of the TEMV membership database

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# Annual TEMV Polar Plunge



Chip takes the plunge

January 1, 2014

Time TBD

**L** Street Beach

#### **South Boston**

We have tried to talk sense into him, but it hasn't worked. Chip Papp is once again braving the frigid waters of the Atlantic Ocean on New Year's Day to raise money for the temple. Are you joining him?

Pledge \$10 or more for Chip's successful plunge in Dorchester Bay.

This year's twist: Leah Spivey of Creative Characters is taking your votes, what costume should she wear when she joins the spectators on the beach. \$1/vote and you can vote as many times as you want. Vote for :

Option 1 Penguin, Option 2 Winter in Bermuda or Option 3 Snowball

Please submit your votes by Dec. 21.

The South Boston Polar Plunge has been a tradition since 1903. Every year hundreds of spectators gather to watch. The party atmosphere is a great way to celebrate the New Year.



If you would like to join us either as a spectator or to brave the frigid waters, contact Shirley Papp at spapp7@gmail.com or 978-851-4724. Send your pledge to the Treasurer, TEMV, 101 W. Forest St. Lowell, MA 01851 or visit the website www.temv.org and donate either by Chip's Polar Plunge Page link or the PayPal link. Either way remember to cast your votes for Leah's costume. Every dollar equals one vote

With your help we can continue the trend and raise even more this year.

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www.temv.org 101 W. Forest S. Lowell, MA 978-454-1372

#### Please patronize our sponsors, and tell them you "Read All About It" in the TEMV Bulletin...



James Herscot, Chairman Princeton Corporate Centre 1115 Westford Street, 4th floor Lowell, MA 01851 Phone: 978-458-8700





25% of commission donated to TEMV for any leads resulting in a sale & Benefits Director for Hero Home Source



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