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Task Force on Youth Suicide Yad Tikvah, 1984-1995.

For more information on this collection, please see the finding aid on the
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Ms Phyllis Akers
43 43 West Bancroft
#2-F

Toledo, Oh 43615

2629
June 21, 1995
23 Sivan 5755

Ms. Phyllis Akers
4343 West Bancroft #2-F
Toledo, OH 43615

Dear Phyllis:

Many thanks for your marvelous contribution to Yad Tikvah for the "Hand of Hope" program. Through the Akers Fund and your caring concern, countless young people have benefitted from the gift of Sol Gordon's wonderful book, "When Living Hurts." All of us of the Union are profoundly grateful for your support of this critical program.

I hope all is well with you and that you will enjoy a restful and rewarding summer.

With fond good wishes, I am

Sincerely,

Alexander M. Schindler

MEMORANDUM

From Rabbi Daniel B. Syme

Date June 20, 1995

To Mr. Paul Rockfeld

Copies Mr. Stuart Benick, Rabbi Alexander M. Schindler, Rabbi Eric Yoffie

Subject

Dear Paul,

Please deposit the enclosed check for \$10,000. in the
"Syme-Yad Tikvah" account.

This covers books ordered for the "Hand of Hope" Program
through the Akers Fund.

Alex & Eric

Would you please be good enough to acknowledge.

Thanks.

COPY

Yad Tikvah

March 23, 1994
11 Nisan 5754

Joseph S. Lefrak
575 Madison Avenue
New York, NY 10022

Ellen Herskowitz
7740 Southwest 103rd Street
Miami, FL 33173

Dear Ellen and Joe:

I am deeply grateful for your gracious invitation to join at the Yad Tikvah Colloquium on Sunday, May 1 here at the UAHC House of Living Judaism.

While I would wish to be with you for this wonderful program, I regret it will not be possible. I will be speaking in Natchez, Mississippi that weekend and will not be returning to New York until late afternoon Sunday or possibly Monday morning. These engagements are not subject to change and therefore I simply cannot be with you.

Keep up the wonderful work you are doing with Yad Tikvah.

To both of you and those you love, my warm good wishes for a sweet and happy Pesach.

Sincerely,

Alexander M. Schindler



איחוד
ליהדות
מתקדמת
באמריקה

Union of American Hebrew Congregations

SERVING REFORM JUDAISM IN NORTH AMERICA

PATRON OF HEBREW UNION COLLEGE-JEWISH INSTITUTE OF RELIGION

1330 Beacon Street, Suite 355, Brookline, Massachusetts 02146-3280 (617) 277-1655 FAX (617) 277-3491

TASK FORCE ON YOUTH SUICIDE PREVENTION

COMMITTEE ON DRUG AND ALCOHOL ABUSE

March 8, 1994

Rabbi Alexander Schindler
UAHC
838 Fifth Avenue
New York, NY 10021

Dear Alex:

Yad Tikvah: the UAHC Committee on Drug and Alcohol Abuse and the UAHC Task Force on Youth Suicide Prevention cordially invite you to participate in the third annual "Greenwich" Colloquium, a yearly conference for Reform Jewish leaders devoted to understanding and fighting substance abuse. The Colloquia are possible thanks to the generosity of the late Dr. Maury P. Leibovitz. This year's topic will be, "Public Policy and Substance Abuse: An Understanding of Current Criminal, Medical and Social Aspects of the War Against Drugs and the Search for New Options."

The Colloquium will be held on Sunday, May 1, from 10:00am to 2:00pm, at the UAHC House of Living Judaism, 838 Fifth Avenue, New York. Luncheon will be served. A program is enclosed. We look forward to your participation.

Sincerely yours,

Joe
Joseph S. Lefrak

Ellen
Ellen Herskowitz

*Matchey
4/29-30
May 1-
Possible
Worcester
Joe + Rose
60 v*

Regrets & why

enclosures
Chairman
Joseph S. Lefrak
Co-Chair
Ellen Herskowitz

THIRD ANNUAL "GREENWICH" COLLOQUITUM

Dedicated to the memory of its benefactor, Dr. Maury P. Leibovitz

Sunday, May 1, 1994

10:00am to 2:00pm

House of Living Judaism, 838 Fifth Avenue, New York

PUBLIC POLICY AND SUBSTANCE ABUSE

AN UNDERSTANDING OF CURRENT CRIMINAL, MEDICAL
AND SOCIAL ASPECTS OF THE WAR AGAINST DRUGS
AND THE SEARCH FOR NEW OPTIONS

Participants

Jocelyn Wurzburg
Moderator

Kevin B. Zeese
Counsel and Vice-President, Drug Policy Foundation
Washington, D.C.

"Choosing Health, Not War: Drug Policy In Transition"

Congressman Charles Schumer (pending)
10th Congressional District
(D) New York

"Substance Abuse and Crime Prevention: What Congress Intends"

Ken McCreary
Drug Enforcement Administration
New York

"The Goals and Achievements of the Drug Enforcement Administration"

Barry Wilansky
Executive Director, Tempo Group, Inc.
Woodmere, New York

"A Therapeutic Perspective on Changes in Public Policy:
The Impact on Drug Users"

RESERVATION FORM

_____ I will _____ I cannot attend the May 1 Colloquium.

Name _____

Address _____

City/State/Zip _____

Daytime Phone _____

RSVP by Monday, April 25, to:

Rabbi Sanford Seltzer

UAHC

1330 Beacon Street, Suite 355

Brookline, MA 02146



COPY

RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, NY 10021-7064 (212)249-0100

March 8, 1994
25 Adar 5754

Ellen Herskowitz, LCSW
7600 Red Road, Suite 215
South Miami, FL 33143

Dear Ellen:

Thank you for your letter of February 26th which just reached me.

Needless to say, your conceptions and mine coincide fully. Since this was before your time, I must tell you that it was I, some years ago at a Board meeting in Florida, who actually suggested that newer direction in our work which led to the development of that complex of committees which will now be coalesced under the name "Yad Tikvah." In other words, you need have no fear that I will not be so supportive of your efforts.

I am very happy that you have been invited to our Board meetings and of course I look forward to seeing you then.

With all good wishes, I am

Sincerely,

Alexander M. Schindler

Ellen Herskowitz, LCSW
PSYCHOTHERAPY

5
X

7600 REO ROAD, SUITE 215
SOUTH MIAMI, FLORIDA 33143
TEL. (305) 447-2418

February 26, 1994

Rabbi Alexander Schindler
Union of American Hebrew Congregations
838 Fifth Avenue
New York, NY 10021-7064

Dear Rabbi Schindler,

We have met on numerous occasions dealing with UAHC activities as well as through personal friends. But, today, I reintroduce myself to you as co-chair of the UAHC's new Task Force on the Prevention of Youth Suicide/Alcoholism and Substance Abuse.

There is a multiplicity in my writing to you today. I am responding to a need for these and other Yad Tikvah committees to be an important component of the UAHC's venue both on programming inclusion and budgetary consideration. Knowing budgetary constraints of the Union and how difficult it is to weigh priorities, I hope these committees will receive the attention they so direly need. We do need your support.

I am also responding to your fervent proclamation and need for Reform Judaism Outreach. Although we are separated by distance in miles we are very connected in our passion for a Jewish tomorrow. I believe in Outreach and all it endeavors to do. But, I also believe in Inreach, a term I have started to use in my work with these task forces and other synagogues and regional programming in which I am involved.

Inreach is a very important and needed component we sometimes put on the back burner. There is a fundamental need to connect to our people's souls. We must continue to create a Reform Jewish community to address needs of those who are feeling alienated, hurt, or in pain, giving them a place for resolution and recovery; a place to feel connected to their roots, to their spirituality and to Reform Judaism. We need to support and accept in non-judgmental ways when suicide or loss befalls a family, when an addict/alcoholic wants to return to his spirituality through the synagogue, the struggle of gays and lesbians and the disease of AIDS as it has befallen our families and friends. Divorce, single parenting, domestic violence, sexual abuse...all have a heavy toll on our congregants. We need to continue creating programming utilizing not only our media, but our personal resources as well.

Joe LeFrak, Rabbi Seltzer and I are very excited about our upcoming programs and future commitment. I hope our Task Force can count on your personal support as well as the Union's support for a future of productive, enriching programming on both our national and regional levels. We are all in this together. Looking forward to seeing you at our future meetings.

Sincerely,

A handwritten signature in dark ink, appearing to read "Ellen Herskowitz", with a long, sweeping horizontal stroke extending to the right.

Ellen Herskowitz

EH/lks

cc: Mr. Melvin Merians
Rabbi Daniel Syme
Rabbi Sanford Seltzer
Mr. Joseph LeFrak
Mr. Alan Belinkoff
Mr. Stanley Rosenkranz

MEMORANDUM

February 4, 1994

FROM: Rabbi Alexander M. Schindler
TO: Terry Bobrow
COPY: Melvin Merians, Joseph Lefrak

Please be good enough to invite Ellen Hershkowitz to our Board meeting in June and henceforth as well. She is, as you know the Co-Chairman of our combined Youth Suicide/Drug Abuse Committee and is a good prospect for eventual Board membership as well. I cleared this with Mel and he is very happy to have her as our invited guest.



Union of American Hebrew Congregations
SERVING REFORM JUDAISM IN NORTH AMERICA
838 FIFTH AVENUE, NEW YORK, NY 10021-7064 (212) 249-0100

Perfect

July 28, 1993
10 Av 5753

Ms. Phyllis M. Akers
4343 West Bancroft #2-F
Toledo, OH 43615

Dear Phyllis:

News of the recent Akers Foundation gift to the Hand of Hope was most heartening. I write to convey deepest appreciation, personally as well as institutionally, for the superb support you continue to give towards our critical work in suicide prevention. You are surely a source of strength and all of us of the Union are grateful for your generosity and caring concern.

I hope all is well with you and that you are enjoying a pleasant summer. With warm regards, in which Rhea joins, I am

Sincerely,

Alexander M. Schindler

Sydney Rhea

Eddie
please send
acknowledgment
letter to
PHY 445 STARS

She's giving us
close to \$75,000.
for book (when living
contributor)
Thanks,
J.



Handwritten signature: Hope
Handwritten signature: Alexander M. Schindler

RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

September 10, 1992
12 Elul 5752

Mrs. Phyllis Akers
4343 West Bancroft
Toledo, OH 43615

Dear Phyllis:

How good to learn of your most recent gift to The Hand of Hope Foundation. Your continued and generous support of the Foundation's critical work means much to all of us of the Union. I write to convey heartfelt appreciation for your caring concern.

With every good wish to you and your dear ones for a healthy and happy New Year, I am

Sincerely,

Alexander M. Schindler

Hand of Hope
Fund
AKers

July 14, 1992
13 Tammuz 5752

Ms. Phyllis Akers
4343 W. Bancroft
#2-F
Toledo, OH 48615

Dear Phyllis:

Many thanks for your most recent Akers Foundation gift to the Hand of Hope Foundation. Your generosity in supporting this exceedingly critical project heartens all of us of the UAHC. We thank you for your loving care and concern which makes possible our efforts in reaching out to troubled youngsters. If we save but one life our work is blessed.

I hope all is well with you and that you are enjoying a pleasant summer. With warm good wishes, I am

Sincerely,

Alexander M. Schindler

MEMORANDUM

From Rabbi Daniel B. Syme

Date July 14, 1992

To Mr. Fred Cohen

Copies Rabbi Alexander M. Schindler, Mr. Robert Koppel, Mr. Paul Rockfeld

Subject

Please deposit the enclosed check for \$5,000. in
the "Syme - Yad Tikvah" account, for purchase of copies of
When Living Hurts through the Akers Family Fund.

Thanks.

Phyllis

April 1, 1991
17 Nisan 5751

Mr. Samuel Stroum
Stroum Enterprises
1001 Fourth Avenue Building
Seattle, WA 98154

Dear Sam:

I hope that this letter finds you and Althea well, and enjoying the afterglow of a lovely Pesach.

It is that time of year when I write to ask for renewal of last year's generous foundation grant to the UAHC, but this year for a very specific purpose.

On Sunday, June 16th, Jeff Smulyan is hosting a lunch and Mariners game in the Owner's Box at the Stadium. This will be a major fund raising opportunity for our UAHC Hand of Hope Program, which is devoted to combatting the growing national epidemic of youth suicide.

Let me just share a little information:

1. Suicide today is the second leading cause of death among those 15-24 years of age, and one of the ten leading causes of death among those aged 5-14. A recent Gallup Poll revealed that 6% of American youth ages 13-19 have attempted suicide.
2. Some 90% of all suicides take place between 3:00 p.m. and 8:00 p.m. in the home - precisely at those times when people are most likely to be present to save them. In other words, they don't want to die. They just want help.
3. Girls attempt suicide 3-5 times more often than boys. Boys, however complete the act 3-5 times as often as girls because they use more lethal means; self inflicted gunshot wounds and hanging.

4. An overwhelming percentage of those contemplating suicide tell someone, usually a teenage friend, but make them promise not to tell. This has become known as "the wall of silence."
5. Most youth suicides can be prevented by:
 - A. Teaching teens - and adults - the warning signs of potential suicide
 - B. Giving teens permission "to tell" and seek help if a friend mentions suicide.
6. The UAHC has the only national Youth Suicide Prevention Program of any religious group in North America. We seek, however, to serve those of all faiths. Saving lives is our goal.
7. Our book When Living Hurts by Dr. Sol Gordon has reached over 100,000 families over the last 4 years, saving many lives in the process. As you will see, it is written for teens, our life saving instruments.
8. Some 500,000 young people attempt suicide every year. The many lives we have saved, therefore, pales in comparison to what we could do with more substantial funding.
9. Peter Yarrow of Peter, Paul and Mary, and Billy Joel are among those in the entertainment industry who have already become involved in our work.

THE HAND OF HOPE PROFESSIONAL SPORTS PROGRAM

In recent months, Professional sports teams have volunteered to assist us in expanding our program. As of today, the teams committed to involvement are:

1. The New York Yankees
2. The New York Mets
3. The Seattle Mariners
4. The New York Jets
5. The St. Louis Cardinals
6. The St. Louis Blues
7. The St. Louis Storm

Mr. Samuel Stroum

-3-

April 1, 1991

All those approached thusfar have agreed to participate. We anticipate contacting teams in every major sport - Football, Baseball, Basketball, Hockey and Soccer over the next several months.

The Mets, Mariners and Yankees have chosen to host a dinner and game in the Owner's Box in Spring of 1991. The Jets will host a July/August day at their training camp, with a tour, screening of films, observation of practice, and lunch with the players. In addition, Whitey Ford has agreed to be part of a major dinner event in New York.

I would be deeply grateful - and young people's lives would be saved, if the Foundation Grant for this year could be designated for the June 16th event.

And, needless to say, we would hope that you and Althea could attend. Please let me hear from you soon. together, we can save many young lives.

All good wishes.

Sincerely,

Alexander M. Schindler

AS

MEMORANDUM

From Rabbi Daniel B. Syme
To Rabbi Alexander M. Schindler
Copies
Subject

Date March 29, 1991

Alex,

Would you please send Sam Stroum the enclosed letter -
or something like it - as soon as possible.

It's a nice hook for the renewal of his Foundation
Grant.

Thanks.





RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

Yad Tikvah

May 23, 1991
10 Sivan 5751

Mr. Samuel Stroum
1001 Fourth Avenue Plaza
Suite 3714
Seattle, WA 98154

Dear Sam:

I was so pleased to learn of your support for the Hand of Hope Program of the UAHC. Thank you for sharing with me your letter to Jeff Smulyan of the Seattle Mariners. I am truly grateful for this additional indication of your appreciation of the Union's work.

Have a wonderful visit to London. Rhea and I join in sending fondest regards to you and Althea.

Sincerely,

Alexander M. Schindler

Samuel Stroum

1001 Fourth Avenue Plaza, Suite 3714 • Seattle, WA 98154
(206) 623-7910

Samuel N. Stroum

May 20, 1991

Seattle Mariners
P. O. Box 4100
Seattle, WA 98104

Attention: Jeff Smulyan

Dear Jeff:

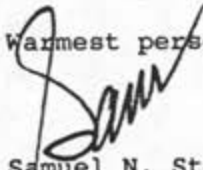
I have your letter of April 16th regarding the Hand of Hope Program of the UAHC.

We are pleased to support the program, and our check for \$2,000 is enclosed covering four tickets for the June 16th lunch and game. We are leaving for London this week, but I will give Janet Croft names of guests as soon as I return to Seattle in early June.

I'm very happy to see you support such a worthy program since we are longtime friends of Alex Schindler and his organization.

The Mariners are doing a great job on the field and in the community, and you are to be complimented on running a "first class" operation.

Warmest personal regards,

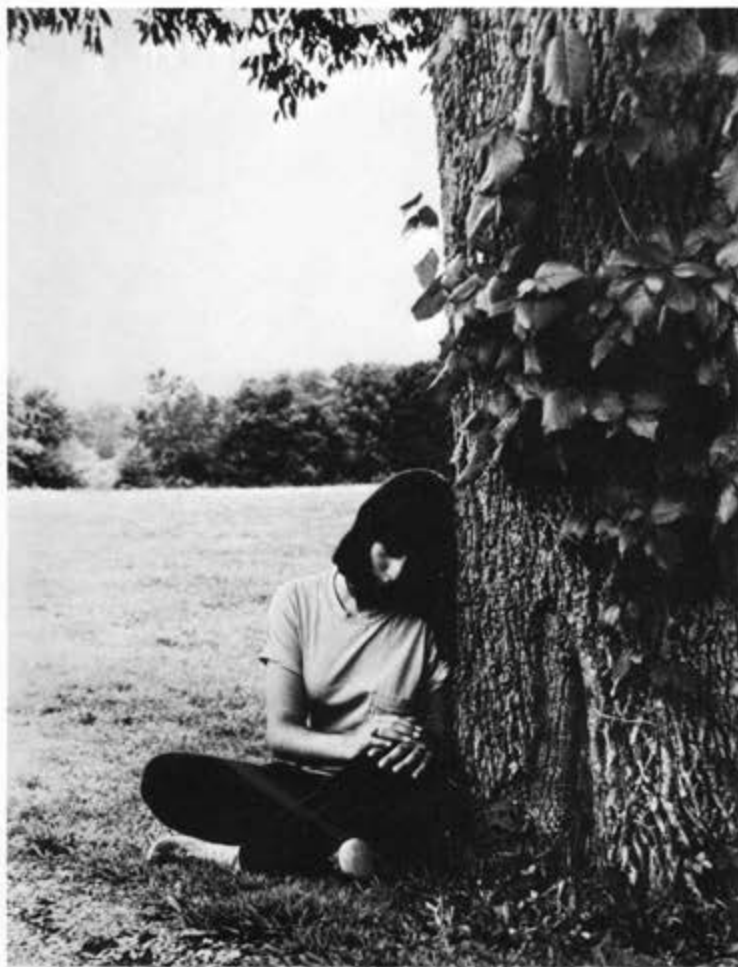


Samuel N. Stroum

SNS/hml

cc: Rabbi Alex Schindler ✓
Rabbi Dan Syme

It's Not Over When It's Over



THE AFTERMATH OF SUICIDE

BY RABBI DANIEL A. ROBERTS



TASK FORCE ON YOUTH SUICIDE
Union of American Hebrew Congregations
838 Fifth Avenue, New York, NY 10021 (212) 249-0100

"IT'S NOT OVER WHEN IT'S OVER:"

The Aftermath of Suicide

**(POST SUICIDE INTERVENTION--THE
ROLE OF THE RABBI AND
CONGREGATION IN PREVENTING THE
NEXT SUICIDE)**

by

Rabbi Daniel A. Roberts

**A publication of the Union of American Hebrew Congregations
National Task Force on Youth Suicide Prevention with a Grant
provided by:
Merck, Sharp and Dohme Pharmaceuticals Inc.**

Founded in 1889

אגוד הרבנים המתקדמים

CENTRAL CONFERENCE OF AMERICAN RABBIS

192 LEXINGTON AVENUE

NEW YORK, NEW YORK 10016-6801

FAX (212) 689-1649

(212) 684-4990

Office of the Executive Vice President

There is nothing worse than the death of a child - except when the child inflicts its own death.

There is no more helpless feeling for a rabbi than being confronted with that. There is nothing one can say. There is little one can do - except be there, helping, reassuring, loving, officiating. The UAHF National Task Force on Youth Suicide Prevention has provided us with a growing body of knowledge on prevention and now, its loving concern focuses on another perspective - postvention.

Rabbi Daniel Roberts, whose interest in the subject goes back many years and who has provided us with motivation and enlightenment, has now turned his attention to the aftermath. He provides rabbis - and others - with a rational plan of action for a time of panic, turmoil and hopelessness - from the first moment of horror to the long-range lifetime mourning.

His guide is not only destined to be a blessing to so many survivors, and to distraught, frustrated rabbis, but could well be a major deterrent to further suicides. Its role, then, is classically prophetic: consolation on the one hand, and warning on the other. It is a deeply religious, profoundly Jewish exercise. Its reading - indeed, study - is commended now, before God forbid...

Rabbi Joseph B. Glaser, Executive Vice President
Central Conference of American Rabbis
1990-5751

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Cincinnati, OH

THE VALUE OF LIFE

(The Reform Jewish View of Suicide)

Judaism has always viewed human life as sacred and the taking of one's life as a "chet" (morally wrong and prohibited). It forbids suicide except under specific tragic circumstances, such as the choice between forced conversion and death. With the exception of the Holocaust, these situations do not normally occur in our day.

According to Jewish Law a suicide is interred on the periphery of the cemetery, a goodly distance from the other grave sites, and no mourning rites are observed for the individual. However, if the suicide is considered mentally incompetent (lo la da'at), the foregoing rule is not applied.

Reform Judaism does not condone the taking of one's life. In keeping with Jewish tradition which emphasizes compassion and concern for the surviving family, rites of burial and mourning customs are observed. Survivors of suicide attempts are strongly urged and encouraged to seek appropriate therapy.

As Reform Jews, we are deeply concerned with the recent epidemic of completed suicides and attempted suicides. In an effort to reverse these alarming trends, the Union of American Hebrew Congregations has determined to use its resources to teach and to emphasize the value and holiness of life as a God-given gift to be held in sacred trust. We seek to impart to our youth a recognition of the uniqueness of one's own life and its special meaning to others. The saving of a life, including one's own, is tantamount to saving the world.

Respectfully submitted,

Rabbi Sanford Seltzer Rabbi Ramie Arian Rabbi Bernard Zlotowitz
for
The UAHC Task Force on Youth Suicide Prevention



Union of American Hebrew Congregations
838 FIFTH AVENUE, NEW YORK, N.Y. 10021 (212) 249-0100

"IT'S NOT OVER WHEN IT'S OVER:" THE AFTERMATH OF SUICIDE

Post Suicide Intervention--The Role of the Rabbi and the Congregation

by Rabbi Daniel A. Roberts

"Given the present state of our knowledge about suicide, proper postvention seems the most promising avenue toward reducing the large number of suicides that occur annually"

Harvey Resnic, Director of the Center for Studies of Suicide Prevention I

Outline

Introduction

Handling the first 48 hours

A. Consoling the bereaved

1. Being there
2. Not able to take guilt away
3. Not argue with or defend God
4. Get people to talk
5. Give permission to grieve
6. Explanation to other people
7. Dealing with investigation
8. Private time

B. Ritual Needs

1. Viewing the deceased
2. A planned good bye--grieving

C. The Funeral

1. It is the toughest
2. Text of funeral-- appreciate but not make hero
3. Be honest

Skeletons in the closet

A. The Congregation

1. Rabbi
 - a. The stress--exhausted
 - b. Need to talk
2. Religious School-- use opportunity
 - a. teach signs
 - b. alternatives
 - c. dealing with pain
 - d. survivors' feelings
3. Those who knew the deceased-- help to mourn
4. The Staff
 - a. what to do
 - b. how to recognize signs
 - c. feelings

B. The Community

1. Helping Friends of Parents

- a. Meet with them--teach them to comfort
- b. Helping own children to cope
- c. Warning signs

2. School Officials

- a. offer to help
 - b. "contagion"
 - c. closure
- #### 3. Helping friends of deceased
- a. meet with them-- help them to mourn
 - b. help them express guilt
 - c. teach how to console family and each other.

4. Friends' Parents

- a. support give children
- b. helping their child to mourn
- c. signs

C. The Survivor

1. The Parents- Grandparents - Children
 - a. what to expect -- mourning takes a long time
 - b. permission to mourn
 - c. groups
 - d. congregational support
 - e. worst death
 - f. the trap--mourn yet life goes on
 - g. talking
 - h. giving hope
2. Siblings
 - a. get them to talk
 - b. feelings of cause and prevent
 - c. parents and expectations
 - d. getting help-high risk

Conclusion

his/her own life so abruptly, but, through the role we play in this family's life, as well as through our position in the community, we have the potential to intervene and make the remaining quality of life of the survivors a little better. In addition, since most of us

are aware of a newly occurring phenomenon, contagion (others following the example of the deceased) and perhaps by our following through on some of the suggestions below, we might even save another human life.

The words of a letter written to

Rabbi Daniel Syme in reaction to his article, "Worlds to Save" in Hadassah Magazine (March, 1987) remind us how ill-equipped most of us are when it comes to handling the tremendous devastation caused by suicide.

...As a survivor of suicide, I am continually disappointed by the void I've found in Jewish institutions and its leadership. My experience has been that I shouldn't look for spiritual support or answers in our tradition when it comes to the subject of suicide.

...Robert's (*not real name*) suicide was a tremendous shock to the Jewish community. And one of my first responses was to counsel with the rabbis. I was looking for help in finding the Jewish responses, thought and traditions to help me gain a perspective on Robert's suicide. I wanted to find comfort and

The words of a letter.. remind us how ill-equipped most of us are when it comes to handling the tremendous devastation caused by suicide

explanation through the Jewish focus on life. I was sure that somewhere in Jewish thought there were answers and ideas that could help me understand and be able to explain Robert's pain and

despair.....Instead, the answer was, "It's best not to talk about it"; "It's best to forget the tragedy and go on with your life."

As any survivor of suicide knows, it is never

forgotten; as the daily living comes back into focus, the fact of a suicide is always there for me....Where and when and how is its (*Reform Judaism's*) leadership teaching us the Jewish traditions and resources that could bolster and secure our faith after it's so blatantly knocked off its foundation: the ultimate value of each human life?

...I cannot help but wonder how less painful these 3 years-- and the next 30--might be if we had been given the spiritual basis for our daily survival as a Jewish family, rather than the message that it's best to forget.³

The intent of this article is to examine not only the

shouting, screaming or any other emotion which they feel. It should be pointed out that suicide is unlike other death experiences, and to reinforce what could be considered "normal" feelings and reactions during the months ahead. It is "normal" to blame themselves, to feel like they are going crazy, to feel that the pain will

It is vital to stress that the denial of the truth will lead to a social isolation

never subside, to be angry at the deceased for causing such great pain, to even feel a sense of relief that all the anguish during the past months is over. It is even "normal" to react to these emotions with guilt feelings for even thinking this way. We must reiterate over and over again to the mourners that they are only human and had no control over their child's (parent's) behavior and thoughts. It is also essential to warn people against the use of sedatives, liquor or other drugs to deaden the pain and shock. These devices will only hinder the normal grieving process and lengthen the period of mourning.

One important area in which we can also make an immense contribution is in getting the family to decide how they are going to explain the death to others. Often, suicide brings a sense of shame, and people would love to falsify the truth, but this only leads to future deceptions and, likewise, to the denial of the truth to oneself. Thus, it could be extremely helpful to have the family rehearse how they will explain the

death to their family and friends, as well as to their child's friends (*or in the case of a parent, a child to his/her friends*). It is vital to stress that the denial of the truth will lead to a social isolation by people who most probably will have guessed the truth, but are now reluctant to openly discuss it.⁶

This being a time of complete shock and disarray for the family, we, rabbis, need to delineate carefully what steps should be taken. We should assist with the planning of the funeral, as well as suggesting how everyone might say those "last goodbyes" (see Rituals). In addition, we might support the extended family by helping them to get organized. Since often there is an investigation surrounding the death, the family might very well be inundated by the media and by curious, but not sincere friends. A spokesperson should be appointed who will be in charge of handling this, thus relieving the immediate family of this pressure. For the most part, the family will let you know very clearly (although, at times some families will not be able to articulate it as clearly) when and if you are overextending your bounds.

It must be emphasized again that this death is unlike any other. Under normal circumstances people know what to do and what not to do, but this situation is different. There is a real sense of confusion, panic and chaos surrounding this death. Therese Rando in her book, Grieving: How to Go

This mourning ritual and its period of seven days (shiva) should not be cut short nor downplayed. It should be pointed up, too, that the most difficult time for everyone will be when shiva is completed. This is the real time of loneliness, desperation and feelings of guilt. It would be greatly helpful to organize some sort of support team (see: FRIENDS) that will particularly fill this void after shiva.

The Funeral

This is one of the toughest funerals we will ever have to do. Unless this has been a long protracted illness wherein the deceased has alienated him/herself from

**Our personal challenge will be
to find words of comfort, but
not ones which romanticize the
deceased, thus making him/her a
hero**

others, we can expect the funeral home, or synagogue to be filled to the brim with overly emotional and shocked mourners, especially, if this is a young person. The family will be stricken with grief, and we will be exhausted and in pain from our empathy. Our personal challenge will be to find words of comfort, but **not** ones which romanticize the deceased, thus making him/her a hero. The eulogy must reflect honesty, and admit that we do not understand the ways of God, nor the choice of ending one's life early.

Although, we might believe that the family wants to hear platitudes and wonderful words about their child (or parent, mate), we must remember that there is a great deal of animosity and anger toward the deceased for having caused all this pain, and so honesty remains the best policy. We eulogize the end of a life, but not the way it ended. We must also bear in mind that there will be many impressionable people sitting in the audience who, if the deceased is overly praised, might decide that they, too, can gain some recognition in the eyes of their parents and/or others through such an act. Let the funeral do what it is supposed to do: to bring reality to the death and to begin the process of mourning. Let it be the ritual through which feelings, which are too difficult to express verbally, can be vented and acted out.

SKELETONS IN THE CLOSET

It is said that a person who commits suicide leaves his/her skeleton in every survivor's closet. This is plainly seen when we now look at what needs to be done to assist everyone to recover from this tragic incident.

The Congregation

1. **The Rabbi**--This is one of the most stressful deaths with which we will have to deal, as rabbis. Almost more than with any other death, we rabbis become emotionally involved with the family, we feel their intense pain and cannot help but cry internally with them every inch of the way. We

warning signs of a potential suicide victim (see Table 5), as well as what to do if any of these signs are observed. That is, we must teach the youth

to....."break a confidence" and tell an authority when a life is threatened. This should be our central message! We must emphasize that by confiding in an adult authority figure, i.e. school principal, counselor, rabbi or parent, when someone is suspected of

suicidal behavior, the "informer" may be saving a life.. In addition, this is a perfect opportunity to discuss alternatives to suicide for those who are in pain and are feeling hopeless, hapless or helpless. This is also the time to discuss legitimate coping mechanisms as well as how drugs and alcohol undermine this process and mask the distress that the person is feeling. It is also an opportunity to teach about self esteem and to help students understand how coping with disappointment and pain helps one's maturity. All this should end with some activity to promote life, and which is hopeful and uplifting.

(Also, the religious school faculty and the entire temple staff, i.e. youth advisor, temple administrator, secretaries, should be included in a discussion of the suicide and be educated as to how each can work to help prevent this from happening to others.)

We Must Teach the Youth to "BREAK A CONFIDENCE"

THE COMMUNITY

1. Helping the Friends of the Suicide's Relatives (Parents, Grandparents,

Children, Grandchildren)--The friends of the family are the rabbi's greatest allies in helping the mourners, for here is a group of people who want to be involved and be helpful because they care.

Probably, like everyone else, they

too are at a loss as to how to handle the situation. Kjell Rudestam gives us some insight into the friends when he discovered in a large scale study that "the pattern was for friends to listen and be sympathetic, while at the same time avoiding the topic of death itself." In other words, he writes, "friends offered tangible support (e.g., providing meals and rides), but tended not to initiate discussion of the suicide, creating a curtain of silence around the event." (author's underline)¹⁰

When this happens, the survivors feel that their friends cannot or do not want to talk about the death, and thus, they feel even more isolated. We can readily see that solace and knowing how to console another does not come automatically. Friends and relatives need to be instructed in the art of giving comfort and also be given permission to talk about the death. They need to be educated as to

glamorizing or dramatizing a suicide. Unfortunately, many school officials do not understand that doing nothing can be as dangerous as doing too much.¹¹

Perhaps, the first order in giving help might be to assist the school staff in their own coping with the death. There needs to be time for them to reflect on what they might or might not have done to prevent this death, and then to give a sense of closure to the subject. Next, there needs to be a discussion as to how all could work as a team to help the student body. (See Table 1-The Postintervention Process) It has been suggested by Karen Dune-Maxim, author and Project Director of the New Jersey Youth Suicide Prevention Project, that a memorial service not be held unless this is the procedure for all school deaths. Instead, small groups should meet together with a teacher and/or counselor and be allowed to talk about their feelings. This outward expression of grief which gives students a legitimate way of resolving grief should be accomplished without idolizing the deceased. The rabbi must let school officials know that he/she is interested and willing to help, and that this assistance will be different from other professionals. It is thus hoped that through this approach the school staff will be willing to utilize our special talents. [Actually, if you are reading this paper prior to a suicide, to be really effective, you should be contacting your local high school principals and offering your help and expertise in developing a plan of action in the event that

one should occur in the school. See questions to be resolved- Table 2.]

3. Peer Group: Regardless, whether school officials desire your involvement or not, when it comes to the close friends of the deceased, it is possible to be **PROACTIVE** rather than **REACTIVE**. These youths, particularly the most recent boyfriend/girlfriend, are in tremendous pain, feeling that they knew and somehow or in some way could have prevented the death. On the other hand it might be possibly that they secretly feel relieved of the burden that this person has been and are glad that it is over. For many, this will be their first encounter with death and their first realization that they are mortal. In reality, these young people are going to be scarred for the rest of their lives and this moment will often invade their thoughts. This event will shape and mold their entire lives. The only question is who is the one that will help them close their wounds and begin the healing process? You, as the rabbi, a trusted and sensitive advisor, are the logical person to gather these friends together and provide an atmosphere in which they can mourn. Simply getting everyone together and giving them the opportunity to talk openly with one another and to express their grief will be the catalyst for the healing process to begin. Allowing everyone to reflect on the situation and to articulate their guilt at not having done more becomes a catharsis. It is important as well to put a halt to the

suggestions as to how they can talk with their child about their feelings and not to let the conversation remain on the level of just details. They should be reminded not to lecture their child on how awful the deceased was to have caused such suffering, but

rather, to assist their child in seeing both the good and the bad qualities of the deceased. I believe this conference will help reduce anxieties, and will instruct parents as to how to open new lines of communication between themselves and their children, which thus could prove to be a redeeming factor to this death.

"..the best that most surviving parents can expect to do is learn to cope with the daily pain much like the arthritis patient learns to cope with the agony of movement."

THE SURVIVORS

"In assisting family survival in the aftermath of suicide, Nancy Hogan speaks to the importance of 'commitment to the survival of the family,' as well as 'commitment to the memory of the deceased.' These two aspects are essential for positive resolution."¹²

1) **Parents-Grandparents-Children:** (Reread the beginning of "First 48 Hours") It is said that there is no worse death than the death of a child. This is only superseded by the loss of a child through suicide, or homicide. The agony of the parents (the following applies to grandparents and children who have lost a parent as well) is insurmountable and will haunt them for the rest of their lives. They will continually search

for answers as to "why" this occurred and will question over and over again what they could have, should have, might have done to prevent this death. They will go through a madness unknown to other mourners of sudden death (see chart on Reaction to

Suicide-Table 3). Unlike other deaths, where the pain subsides with time, the best that most surviving parents of this kind of death can expect to do is learn to cope with the daily pain much like the arthritis patient learns to cope with the agony of movement. For years afterwards, the parents will probably continue to

go through a plethora of feelings and emotions, i.e.. they will attend graduations and/or weddings of friend's children, and old wounds will be opened anew. Thoughts that it could have been their child standing up there will run rampant through their minds, and the ache is once more. For the most part they probably will never quit blaming themselves and questioning "why".

Often others will wonder why these survivors do not get out and attend community events or even come to temple just to get their minds off their troubles? Perhaps the words of an Atlanta counselor, and one who lost her son, gives us some insight. "I used to drive down the street thinking I had a sign on my car that said, 'MY SON KILLED HIMSELF.' Another car would pass me and I

weakness. In an attempt to find some momentary relief, as soon as possible, they will try to return to some "normal" activities, yet, they will find that their thoughts of the deceased will hound them continually. The small events of daily living suddenly become major traumas and take much longer to complete. Activities such as those which involve the remaining siblings, as well as work, no longer have the enjoyment they once had and require every ounce of energy to perform. It is our function to indicate that all of these feelings, emotions and exhaustion are normal, and that these survivors must learn to perhaps say, "no" to most new requests at this time in order to preserve their energies. We must remind them that their self esteem is at its lowest point and, consequently, they will be vulnerable to any new traumas that arise, thus they will need all their strength. Yet, we need to encourage them ultimately to find ways that they can do and give to others for this is one of the paths to "recovery".

Most of the events described above can be handled by friends once they understand how they can be of assistance. However, we need to be the architect who diagrams the restructuring of this family. The psychological components should be handled by a competent counselor, but we might have to suggest who that trained person is. Please remember that a suggestion of psychological help might have to be repeated many times, for the family may resist thinking they don't need the help and that they can get through

this alone. Also, it does take considerable energy to get up the energy to go for counseling, and there is for some the perceived stigma in going for such help.

One area of our expertise which we, as rabbis, ironically often overlook, which I feel can be of enormous help is in the area of faith and prayer. Think how many people endured the Holocaust due to their belief and hope! I believe we can assist this family to build upon their own natural faith which has gotten them through life to this point. Our role, as stated before, is not to argue on God's behalf.

"People of faith can relate to God by either loving God or hating God, by resignation or protestation, thus, they are not indifferent to God."

These devastated people may be angry with God, and what we must do is give them permission to express that anger out loud. My teacher, Rabbi Zvi Yehuda, reminded me, "people of faith can relate to God by either loving God or hating God, by resignation or protestation, thus, they are not indifferent to God." We have to assure this family that even though they feel this anger and, perhaps, feel guilty for such emotions, they can still be within the faith of Judaism.

By bringing these survivors to the sanctuary and helping them to articulate their beliefs, we might

surprised to discover that they are infuriated that the deceased brother/sister still seems to be getting all the attention, even though he/she is dead. Latter, the siblings will probably chastise themselves for feeling this way about their beloved brother/sister, someone who is dead and of whom everyone now speaks of in glowing terms. However, they should be told that all of this is perfectly normal. (Much of what has been said above also holds true for a child who loses a parent).

In addition, we might teach these children how they might comfort their parent(s). They must be helped to think realistically what can be expected from their parent(s) in the months ahead. They must understand the torment and anguish as well as how difficult it will be for their parent(s) to derive any joy from their accomplishments or to muster any energy to participate in their activities. Yes, they will probably feel resentful and angry, but this is a normal emotion. We must encourage this group of survivors to find people outside of the family with whom they can talk and share their feelings. (A suggestion of perhaps two or three psychologists, psychiatrists, or social workers should be prepared and given to the child and his/her parents--the parents should be informed of their surviving child(ren)'s need for psychological help.) We can also assist these siblings in rehearsing how and what they will tell their friends, and how they will publicly deal with the issue that their sibling (or as the case may be, a parent, etc.) committed

suicide. We might also explore with them constructive ways in which to channel their energies. There is no better way to recovery than to get this 'at risk population' to turn this tragedy into something positive, especially if we can get them to go out and help others. Dr. Sol Gordon, author of When Living Hurts, calls this "Mitzva Therapy"

CONCLUSION: Being the comforter to the family and friends of a suicide victim is one of the hardest tasks we, as rabbis, will ever be called upon to perform. Yet, by the very nature of our position as the rabbi, and the almost unique respect that our position commands, we have the opportunity to affect many people's lives, and, in reality, maybe even to save one. With our help, people might discover how to bury the skeleton remaining in their psychological closets which, without us, might continue there indefinitely. Through our perception and understanding, we often can aid others in their quest to make sense out of a chaotic period of time, to find meaning out of disarray, and to gain direction to a less painful life. With our care and concern it is possible that some might be able to achieve a more satisfying life and to build tomorrow's dreams upon the grave of yesterday's bitterness.

**With our help people might
discover how to bury the
skeleton remaining in their
psychological closets...**

<p style="text-align: center;">TABLE 1</p> <p style="text-align: center;">The Postvention Process</p>

Student Reaction	Staff Response
<p>1. Shock..Students may initially appear remarkably unreactive. In fact, they are in a state of shock and not yet able to accept the reality of the suicide</p> <p>2. Anger and projection. students will look for someone to blame. Initially, this may be directed at important adults in the victim's life, including school staff. "Why did they let it happen?"</p> <p>3. Guilt. Typically, student who knew the victim may move from blaming others to blaming themselves. "If only I had talked to him more."</p> <p>4. Anger at the victim. This is a common reaction by students, even those not closely connected to the victim. "How could he do this to us?"</p> <p>5. Anxiety. Students will begin worrying about themselves. "If he could kill himself because he was upset, may I (or my friends) could too."</p> <p>6. Relief. Once the normal distortions of feelings are resolved, students can allow themselves to feel the sadness of the loss and begin the healing process.</p>	<p>1. Staff needs to assume a stance of anticipatory waiting, acknowledging the shock and showing a willingness to talk about the suicide when students are ready. Hill (1984) suggest waiting 24 to 48 hours before initiating more direct action.</p> <p>2. Some expressions of anger must be allowed. Staff members may share the similar feeling they have had. However, at the same time reality must be introduced. There are limits on how much one person can be responsible for actions of another.</p> <p>3. Here, particularly, staff can be helpful by sharing their own similar reactions. And again, the reality principle is also introduced. One person cannot assume total responsibility for the act of another.</p> <p>4.. Staff needs to be give permission for such expressions by normalizing them, perhaps tempered by questioning if the victim fully realized the impact of his act.</p> <p>5. Discussion should be guided towards helping students differentiate between themselves and the victim and towards other options for problem-solving.</p> <p>6. Staff must guard against encouraging a pseudo-mourning process before students have worked at resolving their conflicts over the suicide.</p>

From: Suicide and Its Aftermath: Understanding and Counseling the Survivors Edited by Edward J. Dunne, John L. McIntosh, and Karen Dunne-Maxim W.W. Norton & Company, New York, 1987, Page 267.

TABLE 3

Survivor Reactions

Manifestations	Consequences
<i>I. Physical</i>	
Increased organic and psychosomatic complaints and symptoms	Visits to physicians
<i>II. Psychological</i>	
<i>A. Affective</i>	
Relief	Fuels guilt, self blame, anger
Anger/Hostility	Scapegoating, triangling with family or therapist
	Lawsuits
Sadness / Depression	Increased suicide risk
<i>B. Cognitive</i>	
Shock / Disbelief	Fuels Denial, fear of "going crazy"
Guilt / Self-reproach	Obsessive reviewing for acts of omission / commission
	Myth-making about murder / accidents
Denial	Search for meaning, explanation
One-way communication: "I choose not to live with you"	Anger toward deceased
Shame / Secrecy associated with stigma	Closed-off communications
	Emotional cut-offs
	Geographic moves
Fear of "going crazy"	Avoidance of therapy as further stigma associated with sickness
Identification with deceased	Suicidal construct as means of coping, personal solution
	Accident proneness, suicide attempts
<i>C. Behavioral</i>	
Loss of patterns of Conduct.	
<i>III. Psychosocial</i>	
Absense of social role for survivors, secondary to stigma	Truncated, pathological mourning

Prepared by Frank A. Jones, Jr, M.D. from material presented in Calhoun, Selby, and Selby (1982)

From: Suicide and Its Aftermath: Understanding and Counseling the Survivors Edited by Edward J. Dunne, John L. McIntosh, and Karen Dunne-Maxim W.W. Norton & Company, New York, 1987, Page 68.

BREAK THE SILENCE... YOU CAN MAKE A DIFFERENCE

suicide-aftermath

TABLE 5

ALTERNATIVES TO SUICIDE EXPLORING OPTIONS

Think about a time in the past year when you have felt sad and hopeless

Think about a time in the past year when you've been so excited that your joy spilled out to others....

Have you ever noticed that *nothing last forever*?

Just when you're certain that you'll never get over this, along comes something or someone that you never anticipated...

Just when you're certain that you're *on top of the world*, things take a bad turn...

THIS IS A PICTURE OF LIFE

WARNING SIGNS

- >Suicide Threats.
- >Statements revealing a desire to die.
- >Previous suicide attempts
- >Sudden changes in behavior (withdrawal, apathy moodiness).
- >Depression (crying, sleeplessness, loss of appetite, feelings of helplessness and hopelessness).
- >Final arrangements (giving away personal items, making a will).
- >Tendency towards isolation.

MYTHS ABOUT SUICIDE

- >People who talk about suicide don't attempt it.
- >Suicide happens without warning
- >Most suicidal people are undecided about living or dying.
- >Improvement following a suicidal crisis indicates that the suicidal risk is over.
- >Suicide is inherited and runs in the family.
- >All suicidal individuals are mentally ill and suicide is always committed by a psychotic person.
- >Suicide strikes more often among the affluent.

**REMEMBER: YOU CAN HELP
SOMEONE WHO IS DETERMINED TO
COMMIT SUICIDE**

HOW TO HELP

- >Take threats seriously.
- >Watch for clues.
- >Answer cries for help by listening with understanding.
- >Confront the problem directly.
- >Encourage the person to seek help.
- >You can give your friend HOPE

**SUICIDE IS A PERMANENT
SOLUTION TO A TEMPORARY
PROBLEM**

Information provided by the Link Counseling Center and the Union of American Hebrew Congregations National Task Force on Youth Suicide Prevention.

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NATIONAL DIRECTORY

OF

YOUTH SUICIDE PREVENTION

AND

INTERVENTION PROGRAMS

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TASK FORCE ON YOUTH SUICIDE

NATIONAL DIRECTORY OF YOUTH SUICIDE PREVENTION AND INTERVENTION PROGRAMS

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For

The National Committee on Youth Suicide Prevention

and

The New York State Governor's
Youth Suicide Prevention Council

Supported by

The Ittleson Foundation, Inc.

and

The New York State Office of Mental Health

Introduction

By, Alfred B. DelBello, Chairman,
National Committee on Youth Suicide Prevention

Youth suicide is the third leading cause of death for people under the age of 24 in the United States today, surpassed only by accidents and homicide. If current trends continue, nearly 5,000 American youngsters will kill themselves in 1986, while attempted suicides will continue to spiral upwards in far greater numbers. An estimated 12,000 younger children, aged 5 to 14, were admitted to psychiatric hospitals for suicidal behavior last year.

While these statistics are startling, the actual number of suicides and attempted suicides may be even higher. Accurate statistics are difficult to obtain. Many accidental deaths in which a young person takes extremely high risks with his or her own life, such as single car automobile accidents and victim precipitated homicides, are actually suicides. Many are disguised or miscertified to spare a family additional anguish.

Although we do not know the true causes of youth suicide, we do know from those who survive serious attempts that very few youngsters really want to die. Yet, eighteen young people in this country die by their own hand each day.

The National Committee on Youth Suicide Prevention is a private non-profit organization founded in 1984 to reduce the number of committed and attempted suicides among the nation's youth by establishing and supporting prevention programs and public awareness campaigns.

The Committee is working to increase public awareness of the severity of the problem, to encourage the development of new prevention programs and to support research and evaluation efforts. To date, 49 state chapters have been established to monitor the problem of youth suicide within each state, and to disseminate and make available prevention information. The State Chapters also focus public attention on the need for a Federal Commission to attack the problem of youth suicide on a national scale and to coordinate state prevention efforts.

To facilitate the prevention and awareness campaign, the National Committee on Youth Suicide Prevention is pleased to publish the first National Directory of Youth Suicide Prevention and Intervention Programs. This directory provides a comprehensive listing of the community resources available for assistance in dealing with youths who are suspected to be at risk of suicide.

Special thanks are in order to Dr. David Shaffer; Ann Garland; Columbia University; The Ittleson Foundation; The New York State Governor's Youth Suicide Prevention Council; New York State Office of Mental Health; Linda Laventhall and the State Coordinators for their dedication and efforts in making this publication possible.

Alfred B. DelBello is President of Signal Environmental Systems, Inc., Hampton, New Hampshire and former Lieutenant Governor of New York State.

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The following organizations and individuals assisted in the original compilation of the directory list.

American Association of Suicidology; Julie Perlman, M.S.W., Executive Officer.

National Directory of Hotlines; John P. Myers, Ph.D., Editor

The following Researchers assisted in the fact checking process: James Bochsler, Errol Crook, Andrew Dailey, and Raphael Fink.

Robert Lyss assisted with administrative and data entry tasks.

Many thanks also to the people who responded to the telephone surveys and supplied the information contained in this Directory. Special thanks to all of those who sent literature and correspondence to the Researchers.

EXPLANATION OF METHODS

Original Compilation of Directory List

An original list of over 900 programs was compiled using a variety of sources. Among others, those sources include the American Association of Suicidology's "Suicide Prevention and Crisis Intervention Agencies in the United States," the "National Directory of Hotlines," and the State Coordinators of the National Committee on Youth Suicide Prevention.

Fact Checking

Research Assistants called all the agencies/programs on that original list in order to a) verify the programs' continuing activity and current address and telephone information, and b) obtain information about the range of services offered. These calls were made between January and March, 1986. The information received from those fact checking calls appears in this Directory.

FOR MORE INFORMATION

Listed below are agencies and organizations which provide general information in the field of youth suicide and suicide prevention.

National Information & Referral Sources

National Committee on Youth
Suicide Prevention
666 5th Avenue, 13th Floor
New York, NY 10103
(212) 957-9292

Suicide Research Unit
National Institute of Mental
Health
5600 Fishers Lane, Room 10C26
Rockville, MD 20857

*American Association of
Suicidology
2459 S. Ash
Denver, CO 80222
(303) 692-0985

Suicide Education and
Information Center
723 14th St. N.W. #103
Calgary, Alberta
Canada T2N2A4
(403) 283-3031

Youth Suicide National Center
1825 Eye Street, N.W., #400
Washington, D.C. 20006
(202) 429-2016

*United Way Information and
Referral Service
87 Kilby St.
Boston, MA 02401
(617) 482-1454

*= These agencies can provide local referrals.

Community Mental Health Centers

Many community mental health centers, psychiatric hospitals and public or private psychiatric clinics are not listed in this directory, but these are often very useful referral agencies and information sources. Persons using this directory should consult their telephone directories to locate these services, or contact the following agency for information about the community mental health center in their area.

National Council of Community Mental Health Centers
6101 Montrose Road, Suite 360
Rockville, MD 20852

QUALITY OR AVAILABILITY OF PROGRAMS

The National Committee on Youth Suicide Prevention and the Editors can not take responsibility for the quality or the availability of the services listed in this Directory. Every attempt has been made to ensure that the information included here is correct. However, due to the rapidly changing status of these types of programs some information may already be out of date.

This Directory includes a listing and description of services as recorded from the agency survey. This Directory includes no evaluative component and a listing here should not necessarily be interpreted as a recommendation or referral from the National Committee on Youth Suicide Prevention or from the Editors.

UPDATE AND ORDER FORMS

EXTRA COPIES: To order additional copies of this directory, please fill out the purchase order form on the following page. Each additional copy costs \$3.00. Orders of 100 or more copies to be sent to one address are discounted to \$2.00 per copy. Please enclose full payment in check or money order payable to the National Committee on Youth Suicide Prevention.

UPDATED DIRECTORIES: An updated version of this directory will be published in the Fall of 1987. To receive the updated "Directory of Youth Suicide Prevention Programs," please fill out the appropriate section of the purchase order form and enclose a check or money order for \$6.00 per copy payable to the National Committee on Youth Suicide Prevention. If for any reason the updated directory is not published, your payment will be refunded.

The deadline for these orders is December 1, 1986.

CORRECTIONS, ADDITIONS AND DELETIONS: If any of the information supplied in this directory is incorrect or a program is no longer in operation, please send the corrections to;

National Committee on Youth Suicide Prevention
666 5th Ave. , 13th Floor
New York, NY 10103
ATTN.: Directory Corrections

A form entitled Additional Programs is provided on one of the following pages. Please use it to inform us of any program we have left out of this directory or any new programs.

ORDER FORMS

ADDITIONAL COPIES - UPDATED COPIES

Name _____ Title _____

Organization _____

Address _____

City _____ State _____ Zip Code _____

Telephone Number (____) _____

Number of **additional copies** (this issue) _____

If less than 100, Number x \$3.00 = \$ _____

If 100 or more, Number x \$2.00 = \$ _____

Number of **updated copies** (publishing date Fall 1987) _____

If less than 100, Number x \$6.00 = \$ _____

If 100 or more, Number x \$5.00 = \$ _____

Full amount must be enclosed. Send check or money order payable to:

National Committee on Youth Suicide Prevention

666 Fifth Avenue, 13th Floor

New York, NY 10103

Attention: Directory Order

ADDITIONAL PROGRAMS

Please use this form to inform us of any youth suicide prevention programs, survivors' groups, and/or agencies offering services to potentially suicidal youth which are new or not included in this directory. The name of the program or agency, the city and state in which it is located, and a telephone number are essential; we will fill in the rest of the information as needed. Thank you for your help in making this directory as comprehensive as possible.

1. Name of Program or Agency _____

Address _____

City _____ State _____ Zip Code _____

Business Telephone Number(s) (____) _____

Emergency Telephone Number(s) (____) _____

Director's Name _____

2. Name of Program or Agency _____

Address _____

City _____ State _____ Zip Code _____

Business Telephone Number(s) (____) _____

Emergency Telephone Number(s) (____) _____

Director's Name _____

3. Name of Program or Agency _____

Address _____

City _____ State _____ Zip Code _____

Business Telephone Number(s) (____) _____

Emergency Telephone Number(s) (____) _____

Director's Name _____

Please send this form to:

National Committee on Youth Suicide Prevention
666 Fifth Avenue, 13th Floor
New York, NY 10103

Attention: Additional Programs

EXPLANATION OF DIRECTORY ENTRIES

Each Directory entry is formatted as follows:

1. Name of the Program or Agency
2. Address City State Zip Code
Some programs requested that their addresses not be included
3. Business Phone Number Emergency Phone Number
4. Director(s) or Contact Person: _____
Occasionally this space will be blank when the program did not wish to supply a name
5. Hotline Hrs. Available: _____ Drop In Hrs. Available: _____
Occasionally one or both of these spaces may be blank if the program does not provide these services or if they did not supply the information.
If the space reads "24," the services are available 24 a day, 7 days a week.
If the space reads "9am-5pm," the services are available on weekdays at these hours.
If the word "Referrals" appears, the agency does provide referrals to outside agencies.
6. This last few lines may contain any of the following notations depending on the services offered by the program.
"TTY"= Teletype service for the hearing impaired
"Spanish," "German," "Deaf," etc.= Translation service available for the languages listed
"Testing"= Psychological testing
"Evaluation"= Psychological evaluation
"Fam. Cnsling"= Family Counseling
"In-patient"= In-patient facilities are available
"Prev. school"= Suicide prevention/awareness programs are provided in the schools
"Surv."= Survivors of suicide self help groups
"Attempters"= Self help group for suicide attempters
"Gen. Youth" = Self help group for general youth
"Fees," "Sliding Scale"= Fees for services dependent client's ability to pay. If the notation is simply "fees," there are some unspecified fees.
Restrictions for services- If there are any restrictions as to who may use the program's services, these will be listed here. These may include a residency requirement, and/or an age limitation.
Other- Any addition information the program wished to add will be included on the last line.

ALABAMA

South Central Alabama Mental Health Center
 P.O.Box 1028 Andalusia AL 36420
 Bus.#(205) 222-2523 Emerg.#(205) 222-7794
 Director: James Stivers
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. school Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Fees In-patient

Crisis Center of E. Alabama Auburn AL
 Bus.#(205) 821-8600 Emerg.#(205) 821-8600
 Director: Mae Debrunner
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. school Evaluation

Crisis Center of Jefferson County Birmingham AL 35222
 3600 8th Ave S. Suite 501
 Bus.#(205) 323-7782 Emerg.#(205) 323-7777
 Director: John Cosper, Surv.'s Grp-Trina Akridge, Kitty Douglas
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. school Surv.
 Some Restrictions
 Special crisis line for kids

Charter Retreat Hospital Decatur AL 35602
 P.O.Box 1230
 Bus.#(205) 350-1450 Emerg.#(205) 350-1450
 Director: Jim Johnson
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Fees In-patient

North Central AL. Mental Health Center Decatur AL 35602
 P.O.Box 637
 Bus.#(205) 355-6091 Emerg.#(205) 355-6091
 Director: Thomas Salter
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Surv. Testing Evaluation
 Sliding Scale Trans. For Deaf

Riverbend Center for Mental Health Florence AL 35630
 P.O.Box 941
 Bus.#(205) 764-3431 Emerg.#(205) 764-3431
 Director: Thomas Pirkle
 Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

13th Place Gadsden AL 35901
 1525 Chestnut
 Bus.#(205) 547-9505 Emerg.#(205) 547-9505
 Director: Windell Jolley
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Gen. Youth

Helpline Huntsville AL 35804
 P.O.Box 92
 Bus.#(205) 539-1000 Emerg.#(205) 539-1000
 Director: Carol Hogue
 Hotline Hrs.:24 Drop In Hrs.: Referrals

ALABAMA

Huntsville Madison Co. Mental Health Center
 660 Gallaton St. Huntsville AL 35801
 Bus. # (205) 533-1970 Emerg. # (205) 533-1970
 Director: Gary Porier, Ph.D.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Surv., Gen. Youth Testing Evaluation
 Sliding Scale In-patient

Contact Mobile
 3224 Exec. Park Circle Mobile AL 36606
 Bus. # (205) 473-5330 Emerg. # (205) 342-3333, TTY=343-4555
 Director: Shirley Worthington
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. school
 TTY

Libera House Youth Counseling Center
 1155 Government St. Mobile AL 36607
 Bus. # (205) 433-7677 Emerg. # (205) 433-8336
 Director: Diane Roberson
 Hotline Hrs.: 4pm-10pm Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Age 13-19
 Teenline, Activity Program for Teens

Mobile Mental Health Center
 2400 Gordon Smith Drive Mobile AL 36617
 Bus. # (205) 473-4423 Emerg. # (205) 473-4423
 Director: James Flora, M.A.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Sliding Scale TTY In-patient

Help a Crisis
 101 Colisium Blvd. Montgomery AL 36109
 Bus. # (205) 279-7830 Emerg. # (205) 279-7837
 Director: Donna Morgan
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Family Counseling Service Tuscalousa Co. Inc.
 600 12th St. Tuscalousa AL 35401
 Bus. # (205) 752-2504 Emerg. # (205) 752-2504
 Director: George Shelton
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Evaluation
 Sliding Scale

Indian Rivers Mental Health/ Crisis Hotline
 1915 6th St. Tuscalousa AL 35403
 Bus. # (205) 345-1600 Emerg. # (205) 345-1600
 Director: Shirley Baumeister/Steven Palmer
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Sliding Scale

ALASKA

Crisis-Referral Information & Suicide Intervention Service
 2611 Fairbanks St. Suite A Anchorage AK 99503
 Bus. # (907) 272-2496 Emerg. # (907) 276-1600, 279-3214
 Director: Rosaly Nadeau
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Surv., Attempters, Gen. Youth
 TTY

ALASKA

Family Connection Inc.
 1836 West Northern Lights Blvd. Anchorage AK 99503
 Bus. # (907) 279-0551, 279-0552 Emerg. # (907) 279-0551, 279-0552
 Director: Dr. Peter Scales
 Hotline Hrs.: 24 Drop In Hrs.: 9am-9pm Referrals
 Prev. school Fam. Cnsling
 Fees Spanish Age 5-17

Southcentral Community Health Center
 4030 Folker Anchorage AK 99508
 Bus. # (907) 563-1000 Emerg. # (907) 563-1000
 Director: Glade Birch
 Hotline Hrs.: 24 Drop In Hrs.: Emergency Only Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish TTY

Fairbanks Crisis Clinic Foundation
 P.O. Box 832 Fairbanks AK 99707
 Bus. # (907) 479-0166 Emerg. # (907) 452-4403
 Director: Sheila Smith
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. school Surv., Attempters
 TTY

Juneau Mental Health Clinic
 210 Admiral Way Juneau AK 99801
 Bus. # (907) 586-5280, 586-2611 Emerg. # (907) 586-5280, 586-2611
 Director: Ivan Frasier
 Hotline Hrs.: 24 Drop In Hrs.: Intermittent Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Central Peninsula Mental Health Center
 11355 Kenai Spur Rd., Suite 228 Kenai AK 99611
 Bus. # (907) 283-7501 Emerg. # (907) 283-7501
 Director: Kathy Dinius Ph.D.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Gateway Community Mental Health Center
 3134 Tongass Ketchikan AK 99901
 Bus. # (907) 225-4135 Emerg. # (907) 221-4135
 Director: Wesley Terwilliger
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish, Native +

Mat-Su Crisis Line
 P.O. Box 873388 Wasilla AK 99687
 Bus. # (907) 376-3356 Emerg. # (907) 376-3706
 Director: Judy Eaken
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school

ARIZONA

Graham-Greenlee Comm. Service Center
 172 Frisco Ave. Clifton AZ 85533
 Bus. # (602) 865-4531 Emerg. # (602) 428-5711
 Director: Mariannne Beal
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm + Emergency Referrals
 Prev. School Fam. Cnsling Surv., Attempter, Gen. Youth Testing Evaluation
 Sliding Scale Spanish TTY In-patient

ARIZONA

Coconano Community Guidance Center
 519 N. Leroux
 Bus. # (602) 774-3351 Emerg. # (602) 779-6163
 Director: Jean Hockman
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Sliding Scale In-patient
 Flagstaff AZ 86001

City of Glendale Human Services
 5850 W. Glendale Ave.
 Bus. # (602) 435-4076 Emerg. # (602) 435-4076
 Director: Rita Koppinger
 Hotline Hrs.: 24 Drop In Hrs.:
 Prev. School Fam. Cnsling Testing Evaluation
 Spanish TTY City Residence, Child <20
 Glendale AZ 85301

Suicide Prevention Maricopa Co.
 1345 E. Main St., #107
 Bus. # (602) 969-2783 Emerg. # (602) 249-2915
 Director: Dotty Deerwester
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Surv.
 Mesa AZ 85203

Crisis Intervention Program-Phoenix
 1250 S. 7th Ave.
 Bus. # (602) 258-8011 Emerg. # (602) 258-8011
 Director: Bill Baker
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups
 Spanish
 Phoenix AZ 85007

Maricopa Med. Center Psychiatric Crisis Center
 2601 E. Roosevelt
 Bus. # (602) 267-5881 Emerg. # (602) 267-5881
 Director: Dr. Hollinsworth
 Hotline Hrs.: Drop In Hrs.: By Appt. Referrals
 Testing Evaluation
 Emergency Room Fee Spanish TTY In-patient
 Phoenix AZ 85008

St. Luke's Behavior Health Center- The Young Adult Program
 1800 E. Van Buren
 Bus. # (602) 251-8500 Emerg. # (602) 251-8500
 Director: Mark S. Loeser
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Fam. Cnsling Attempters Testing Evaluation
 Some fees Spanish In-patient
 Phoenix AZ 85006

Terros Agency
 4545 N. 27th Ave.
 Bus. # (602) 249-6314 Emerg. # (602) 249-1749
 Director: Bruce McAllister
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Self help Groups Evaluation
 Sliding Scale Spanish TTY
 Phoenix AZ 85017

Camelback Hospitals, Inc.
 7447 E. Earll Drive
 Bus. # (602) 253-1334 Emerg. # (800) 253-1334 USA or Canada
 Director: Daniel Capps
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale In-patient
 Scottsdale AZ 85251

ARIZONA

Help on Call
 P.O.Box 43696 Tucson AZ 85733
 Bus. # (602) 323-1303 Emerg. # (602) 323-9373
 Director: Vicky Stromee
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Surv.
 Spanish TTY

Switchboard Hotline
 ASUA Building #19, Rm. 215 U. of Arizona Tucson AZ 85721
 Bus. # (602) 621-1456 Emerg. # (602) 621-1000
 Director: Paul Hyman
 Hotline Hrs.: 9am-10pm Drop In Hrs.: 9am-10pm Referrals
 Prev. School

Yuma County Child Abuse & Neglect of DBA, Children's Village
 257 S. 3rd. Ave. Yuma AZ 85364
 Bus. # (602) 783-2427 Emerg. # (602) 783-2427
 Director:
 Hotline Hrs.: ? Drop In Hrs.: Referrals
 Fam. Cnsling
 In-patient

ARKANSAS

Crisis Center
 4201 John Bear Rd. Little Rock AR 72204
 Bus. # (501) 568-2989 Emerg. # (501) 568-2989
 Director: Budd Cronkhite
 Hotline Hrs.: 24 Drop In Hrs.: 24

Contact Pine Bluff
 P.O.Box 8734 Pine Bluff AR 71611
 Bus. # (501) 536-4228 Emerg. # (501) 536-4228
 Director: Stephane Frase
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Northwest Arkansas Crisis Intervention Center
 P.O.Box 1618 Springdale AR 72705
 Bus. # (501) 756-1995 Emerg. # (501) 756-2337, 631-0060, 524-3100
 Director: Sharla Vaughn
 Hotline Hrs.: 4pm-8pm Drop In Hrs.: Referrals
 Prev. School

CALIFORNIA

Xanthos, Inc.
 1205 Lincoln Ave. Alameda CA 94501
 Bus. # (415) 865-4500 Emerg. # (415) 522-8363
 Director: Sue Matheson/ Dr. Jon Schiller
 Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-8pm M-F & Appt.
 Fam. Cnsling Gen. Youth Testing Evaluation
 Spanish, Tagalog Under 18, Alameda Resident

Hotline Help Center
 P.O.Box 999 Anaheim CA 92805
 Bus. # (714) 778-1000 Emerg. # (714) 778-1000
 Director: Rick Gascil
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnsling Surv. Testing Evaluation
 Professional-\$50

CALIFORNIA

Kern County Probation Department-Crisis Resolution Center
P.O. Box 3309, Station A Bakersfield CA 93385
Bus.#(805) 861-3673 Emerg.#(805) 328-3186
Director: Larry Price
Hotline Hrs.:24 Drop In Hrs.:24 Referrals
Prev. School Fam. Cnsling
Residential-Sliding Spanish In-patient Under 18, Kern Co. Resident

Bell Gardens Youth Services Bureau (Y.S.B.)
6324 Colmar Ave. Bell Gardens CA 90201
Bus.#(213) 773-8681 Emerg.#(213) 927-8345
Director: Lt. Bob Byal
Hotline Hrs.:M-Th9am-8pm, F9am-5pm Drop In Hrs.:Same As Phone Referrals
Fam. Cnsling Self help Groups
Spanish Under 19, 5 Mi. Radius

Suicide Prevention & Crisis Intervention Service
P.O.Box 9102 Berkeley CA 94709
Bus.#(415) 848-1515 Emerg.#(415) 849-2212, 889-1330, 794-5211
Director: Ronald Tauber
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling Self help Groups
TTY
Consultation to schools after a suicide attempt

Suicide Prevention & Crisis Center of San Mateo County
1811 Trousdale Dr. Burlingame CA 94010
Bus.#(415) 877-5604 Emerg.#(415) 877-5600 367-8000 726-5288
Director: Louis Guthrie
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Prev. School Fam. Cnsling Surv. Gen. Youth Testing Evaluation
Counseling-Sliding Spanish TTY

Suicide Prevention of Santa Cruz
P.O.Box 736 Capitola CA 95010
Bus.#(408) 426-2342 Emerg.#(408) 426-2342
Director:
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
Spanish

YMCA Project Oz North Coast
1212 Oak Ave. Carlsbad CA 92008
Bus.#(619) 729-4926 Emerg.#(619) 729-4026
Director: Geoff Cornish
Hotline Hrs.:24 Drop In Hrs.:24 Referrals
Prev. School Fam. Cnsling
Sliding Scale Spanish Age 12-17

Youth Response Unit
10802 College Place Cerritos CA 90701
Bus.#(213) 924-9581 Emerg.#(800) 645-5459
Director:
Hotline Hrs.:24 Drop In Hrs.: Referrals
Spanish

Suicide Prevention of Yolo Co.
P.O.Box 622 Davis CA 95617
Bus.#(916) 756-7542 Emerg.#(916) 756-5000 666-7778 372-6565
Director: Lynn Zender
Hotline Hrs.:24 Drop In Hrs.:By Appt. 9-5 Referrals
Prev. School Fam. Cnsling Surv. Gen Youth

CALIFORNIA

East County Gate House
 214 Richfield Ave. El Cajon CA 92020
 Bus. # (619) 579-8761, 8762, 8763 Emerg. # (619) 579-8761, 8762, 8763
 Director: Marty Bogan
 Hotline Hrs.: 24 Drop In Hrs.: Intermittently Referrals
 Fam. Cnsling Self help Groups
 Sliding Scale In-patient Age 12-18, No Psychosis,

Professional Comm. Services
 125 W. Main St. El Cajon CA 92020
 Bus. # (619) 444-6506 Emerg. # (619) 444-1194
 Director: William Hawkins
 Hotline Hrs.: 9am-5pm Drop In Hrs.: Referrals

Spanish
 Counseling Services, 440-1641

Escondido Youth Encounter
 165 E. Lincoln Escondido CA 92026
 Bus. # (619) 747-6281 Emerg. # (619) 747-6281
 Director: K. Wasserman
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale Spanish

Contact Fresno
 7172 N. Cedar Fresno CA 93710
 Bus. # (209) 298-8001 Emerg. # (209) 298-2022
 Director: Mike Chastain
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Help in Emotional Trouble
 P.O. Box 4282 Fresno CA 93744
 Bus. # (209) 486-4703 Emerg. # (209) 485-1432
 Director: Bunny Gilstrap
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Surv., Attempters
 Spanish TTY

Suicide Prevention & Education Center
 3425 N. First St., Box 31 Fresno CA 93707
 Bus. # (209) 221-1000 Emerg. # (209) 221-1000
 Director: Ann Julian
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

CAARE Project-Community Assistance in Assault & Rape Emergency
 461 N. Franklin St. Ft. Bragg CA 95437
 Bus. # (707) 964-4055 Emerg. # (707) 964-1740
 Director: Binah Polay
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm + Appt. Referrals

Spanish & Others

New Hope Counseling Center
 12141 Lewis St. Garden Grove CA 92640
 Bus. # (714) 971-4123 Emerg. # (714) 639-4673
 Director: Kenneth G. Almeida
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

CALIFORNIA

Options House
2471 N. Beechwood Dr. Hollywood CA 90068
Bus.#(213) 467-8466 Emerg.#(213) 467-8466
Director: Dr. Nate Newman
Hotline Hrs.: Drop In Hrs.: Referrals
Fam. Cnslng
In-patient Age 12-17

Contact Care Center
P.O.Box 901 Lafayette CA 94549
Bus.#(415) 284-2207 Emerg.#(415) 284-2273, 945-8336
Director: Greta Friedlund
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
TTY
Teen counseling line= (415) 945-8336

Contact: The Help Line
P.O.Box 1263 Lake Arrowhead CA 92352
Bus.#(714) 337-4300 Emerg.#(714) 337-4300
Director: Mary E. Matthews
Hotline Hrs.:24 Drop In Hrs.: Referrals

Lake County Mental Health Emergency Services
922 Bevins Court Lakeport CA 95453
Bus.#(707) 263-2258, 263-3535 Emerg.#(707) 263-0160
Director:
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Prev. School Fam. Cnslng Surv. Attempters Testing Evaluation
Sliding Scale Spanish, Sign TTY

West Orange County Hotline
P.O.Box 32 Los Alamitos CA 90720
Bus.#(213) 594-0969 Emerg.#(213) 596-5548, 5549, 761-4575, 89
Director: Patricia Grines
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
Span., French, Germ.
Assist in developing peer counseling in the schools

Suicide Prevention Center of Los Angeles
1041 S. Menlo Los Angeles CA 90006
Bus.#(213) 657-6014 Emerg.#(213) 382-5111
Director: Dr. Joseph Shannon
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Surv.
Small Fees Spanish
Developing suicide awareness curriculum for the state

Angels Flight Crisis Center for Runaways
235 Winston St. Los Angeles CA 90013
Bus.#(213) 626-4100 Emerg.#(213) 626-4100
Director:
Hotline Hrs.: Drop In Hrs.: Referrals
Fam. Cnslng
Spanish Shelter Age <19

Social Advocates for Youth
509 View St. Mt. View CA 94041
Bus.#(415) 961-2622 Emerg.#(415) 961-2622
Director: Larry Atwell
Hotline Hrs.:24 Drop In Hrs.: Referrals
Fam. Cnslng
Sliding Scale In-patient Need Parental Consent

CALIFORNIA

North Bay Suicide Prevention Stressline

P.O.Box 2444

Bus.#(707) 257-3470 Emerg.#(707) 422-2555, 255-2555, 643-2555

Director: Janice Charlup

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School Surv.

Napa

CA 94558

Second Chance

P.O. Box 643

Bus.#(415) 792-4357 Emerg.#(415) 792-4357

Director: Diane Anderson

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Prev. School Fam. Cnsling

Portugese, Spanish TTY

Newark

CA 94560

Helpline Youth Counseling

12330 East Firestone Blvd.

Bus.#(213) 864-3722 Emerg.#(213) 864-3722, 9201706

Director: Carol Geisbeuer

Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals

Prev. School

Norwalk

CA 90650

Suicide Prevention Center of Monterey Co.

P.O. Box 52078

Bus.#(408) 375-6966 Emerg.#(408) 649-8008

Director: Geoff Smith

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School Surv.

Spanish, Korean, +

Resident Of Monterey Co.

Starting Teen Hotline

Pacific Grove

CA 93950

Pacifica Youth Service Bureau

190 Paloma Ave.

Bus.#(415) 355-3900 Emerg.#(415) 355-3900

Director: Marianne Hipoma

Hotline Hrs.: Drop In Hrs.:M-Th9-9,M-F9-5 Referrals

Fam. Cnsling Surv. Evaluation

Sliding Scale Spanish (limited) Live In City Limits, <18

Pacifica

CA 94044

Contact Pasadena

73 N. Hill Avenue

Bus.#(818) 449-4502 Emerg.#(818) 449-4500

Director: Vivian Holte

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling

TTY

Pasadena

CA 91106

Pasadena Mental Health Center

1495 N. Lake ST.

Bus.#(818) 681-1381 Emerg.#(818) 798-0907

Director: Dr. Karen de Sraga

Hotline Hrs.:7 days 9am-12am Drop In Hrs.:M-Sat9-9 Referrals

Fam. Cnsling

Sliding Scale Spanish No Drug Abuse;No Criminals

Pasadena

CA 91104

Tri-Cities Discovery Center

1063 San Pablo Ave.

Bus.#(415) 724-8788 Emerg.#(415) 939-3232

Director: Linda Schafer

Hotline Hrs.: Drop In Hrs.:M-F 9-5 + Eve. By Appt. Referrals

Fam. Cnsling

Sliding Scale

Pinole

CA 94564

CALIFORNIA

<p>The Center, Counseling, Education & Crisis Service 4361 Railroad Ave #F Bus.#(415) 462-5544 Emerg.#(415) 828-4357 Director: L. James Ghilardi Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Spanish</p>	Pleasanton	CA 94566
<p>Suicide & Crisis Intervention Services Inc. 7425 Hellman Ave. Bus.#(714) 946-7331 Emerg.#(714) 946-7331 Director: Elenor Allen Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Spanish</p>	Rancho Cucamonga	CA 91730
<p>Help, Inc. P.O.Box 2498 Bus.#(916) 225-5255 Emerg.#(916) 246-2711 Director: Darlene Korfhage Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School</p>	Redding	CA 96099
<p>YMCA Youth and Family Counseling Center 1752 Tehama St. Bus.#(916) 244-6226 Emerg.#(916) 244-6226 Director: Phil Paulsen Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnsling Surv. Sliding Scale Spanish, Sign Age 11-17</p>	Redding	CA 96001
<p>Redlands Helpline East Valley Chapter of M.H. Association 9 E. Clark St. Bus.#(714) 793-9405 Emerg.#(714) 792-8255 Director: Charles Swift Hotline Hrs.:24 Drop In Hrs.: Referrals</p>	Redlands	CA 92373
<p>Your House-South 520 Arguello Bus.#(415) 367-9688 Emerg.#(415) 367-9687 Director: Idel Wasserman Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Self Help Groups Sliding Scale In-patient Age 10-17</p>	Redwood City	CA 94063
<p>Motivation Unlimited 536 W. Lorraine Place Bus.#(714) 820-4621 Emerg.#(714) 820-4621 Director: Beverly Gilbert Hotline Hrs.:24 Drop In Hrs.:By Appt. Referrals Prev. School Fam. Cnsling</p>	Rialto	CA 92376
<p>Riverside Crisis & Outpatient Service 9707 Magnolia St. Bus.#(714) 351-7853 Emerg.#(714) 351-7853, TTY=351-7861 Director: Jane Godager Hotline Hrs.:M-Th8am-9pm, F8am-5pm Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnsling Testing Evaluation Spanish TTY</p>	Riverside	CA 92503

CALIFORNIA

<p>Youth Service Center 3847 Terracina Dr. Bus.#(714) 683-5193 Emerg.#(714) 683-5193 Director: Harry Friedman Hotline Hrs.: Drop In Hrs.:M-Th8am-10pm, F8am-5pm Referrals Prev. School Fam. Cnslng Gen. Youth Testing Evaluation Some Fees Spanish</p>	Riverside	CA 97506
<p>Friends for Survival 5701 Lerner Way Bus.#(916) 392-0664 Emerg.# Director: Marilyn Koenig Hotline Hrs.: Drop In Hrs.: Prev. School Surv.</p>	Sacramento	CA 95823
<p>Neighborhood Alternative Center 3990 Branch Center Rd. Bus.#(916) 366-2662 Emerg.#(916) 366-2662 Director: Dan Swank Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnslng Gen. Youth Testing Evaluation In-patient Co. Resident For Fam. Cnslg. Mostly runaway shelter and aid</p>	Sacramento	CA 98527
<p>Suicide Prevention Service of Sacramento Co. P.O.Box 449 Bus.#(916) 441-1138 Emerg.#(916) 441-1135 Director: Marjie Cuthbert Hotline Hrs.:24 Drop In Hrs.:Eve. By Appt. Prev. School Spanish TTY Train professionals in crisis intervention</p>	Sacramento Referrals	CA 95802
<p>Marin Suicide Prevention Center P.O.Box 792 Bus.#(415) 454-4566 Emerg.#(415) 454-4524 Director: Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Grief Grps. Spanish</p>	San Anselmo	CA 94960
<p>Suicide & Crisis Intervention Service 1669 North E Street Bus.#(714) 886-6730 Emerg.#(714) 886-4889 Director: Susan Kelly Bancroft Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Spanish</p>	San Bernadino	CA 92405
<p>Help Center 5059 College Ave Bus.#(619) 582-1288 Emerg.#(619) 582-4357 Director: Terry Jacinto Hotline Hrs.:M-F 2pm-10pm Drop In Hrs.:M-F 2pm-10pm Referrals Prev. School Fam. Cnslng Some Fees</p>	San Diego	CA 92115
<p>San Diego Mental Health Crisis Team P.O.Box 85524 Bus.#(619) 236-4576 Emerg.#(800) 351-0757, (619) 236-3339 Director: Pam Blackwell Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Spanish TTY</p>	San Diego	CA 92138

CALIFORNIA

San Diego Youth Involvement Project 626 S. 28th St. Bus.#(619) 234-1871 Emerg.#(619) 234-1871 Director: Hotline Hrs.:24 Drop In Hrs.:24	San Diego	CA 92113
Suicide Hotline 120 Elm St. Bus.#(619) 232-7078 Emerg.#(619) 232-7070 Director: Janine Eillard Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Surv. TTY Access to Harbor View Medical Center Facilities	San Diego	CA 92101
Survivors of Suicide 908 Beyer Way #2 Bus.#(619) 482-0297 Emerg.# Director: Laurel Fadke, Virgil Kaufman, Al & Linda Vigil Hotline Hrs.: Drop In Hrs.: Surv.	San Diego	CA 92154
Survivors of Suicide 3235 4th Ave. Bus.#(619) 297-7181 Emerg.# Director: Joanne Bidner Hotline Hrs.: Drop In Hrs.: Surv.	San Diego	CA 92103
The Bridge 3151 Redwood ST. Bus.#(619) 280-6150 Emerg.#(619) 280-6150 Director: Maura Krieper, Jan Stankus Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnsling Gen. Youth Spanish In-patient Age 13-17 Linked to "Store Front" for runaway and homeless youth	San Diego	CA 92104
San Francisco Suicide Prevention, Inc. 3940 Geary Blvd. Bus.#(415) 752-4866 Emerg.#(415) 221-1423, 387-5100 Director: Dorothy A. Stapp Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Surv. Spanish, Chinese, TTY	San Francisco	CA 94118
Youth Advocates Inc., Huckleberry House & 9 Grove Lane 285 12th Ave. Bus.#(415) 668-2622 Emerg.#(415) 621-2929, 453-5200 Director: Velora Uhmeyer Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnsling Evaluation Spanish Age 11-18	San Francisco	CA 94118
Suicide and Crisis Service of Santa Clara Co. 2220 Moorpark Bus.#(408) 299-6250 Emerg.#(408) 279-3312, 683-2482, 494-8420 Director: Meg Paris Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Surv., Attempters Evaluation Sliding Scale	San Jose	CA 95128

CALIFORNIA

Contact Santa Clara Co.

P.O.Box 24978

Bus.#(408) 266-1020 Emerg.#(408) 266-8228

Director: Barbara Joachim

Hotline Hrs.:24 Drop In Hrs.: Referrals

San Jose

CA 95154

Spanish
Home visits

Alameda County Family Crisis Unit

2200 Fairmount Drive

Bus.#(415) 577-1254 Emerg.#(415) 577-1254

Director: Dennis Handis

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School

Spanish & 24 Other TTY Under 18

Info and Referral only

San Leandro

CA 94578

San Luis Obispo County Hotline

P.O.Box 654

Bus.#(805) 544-6016 Emerg.#(805) 544-6163

Director: Maria Singleton

Hotline Hrs.:24 Drop In Hrs.: Referrals

San Luis Obispo

CA 93406

Spanish, Hebrew, +

Crisis Intervention - Santa Barbara Mental Health

4444 Calle Real

Bus.#(805) 964-6713 Emerg.#(805) 964-6713

Director: Myrna McMillan

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Testing Evaluation

Some Fees In-patient

Case management

Santa Barbara

CA 93110

Helpline/Crisis Line - Call Line

P.O.Box 14567

Bus.#(805) 961-4114 Emerg.#(805) 569-7255

Director: Dee Acken

Hotline Hrs.:24 Drop In Hrs.: Referrals

Fam. Cnsling

TTY

Santa Barbara

CA 93107

Santa Cruz Community M.H. Crisis Intervention

1060 Emeline Ave.

Bus.#(408) 425-2237 Emerg.#(408) 425-2237

Director:

Hotline Hrs.:24 Drop In Hrs.:9am-5pm

Santa Cruz

CA 95060

Youth Services

117 Union Street

Bus.#(408) 425-0771 Emerg.#(408) 425-0771, 728-2226

Director: Mary Sims

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Prev. School Fam. Cnsling Gen. Youth Testing Evaluation

Some Fees Spanish Under 18

Multi-service youth center

Santa Cruz

CA 95060

CALIFORNIA

Newstart 1455 19th St. Bus. # (213) 828-5561 Emerg. # (213) 828-5561 Director: Dr. Quin Crosbie Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals Prev. School Fam. Cnsling Evaluation Sliding Scale Sign, Spanish, Vie	Santa Monica	CA 90404
Stepping Stone Youth Crisis Shelter 1833 18th Street Bus. # (213) 450-7839 Emerg. # (213) 450-7839 Director: Hida Avent Hotline Hrs.: 24 Drop In Hrs.: Referrals Fam. Cnsling Testing Evaluation Spanish In-patient 7-17 Only Provide clothing, free meals, shelters	Santa Monica	CA 90404
Sonoma Valley Family Center Crisis Intervention Program P.O. Box 128 Bus. # (707) 996-7877 Emerg. # (707) 938-4357 Director: Hotline Hrs.: Drop In Hrs.:	Sonoma	CA 95476
San Joaquin Co. Mental Health 1212 N. California Bus. # (209) 948-4484 Emerg. # (209) 948-4484 982-1818 Director: Charley Moody Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Spanish, East Asia In-patient San Joaquin Co. Residence	Stockton	CA 95202
Crisis Help of Napa Valley, Inc. 1360 Adams Street Bus. # (707) 942-4319 Emerg. # (707) 963-2555 Director: Chris Hurst Hotline Hrs.: 24 Drop In Hrs.:	St. Helena	CA 94574
Crisis Evaluation Unit 300 Hillmont Ave. Bus. # (805) 652-6727 Emerg. # (805) 642-2736 Director: Penny Matthews Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnsling Evaluation Some fees Spanish + In-patient 24 Hour Crisis Intervention	Ventura	CA 93001
Lifeline Community Services 200 Jefferson Street Bus. # (619) 726-6396 Emerg. # (619) 726-4900 Director: Dr. Steve Maybell Hotline Hrs.: 8am-8pmM-F, 11-2pmS Drop In Hrs.: 8am-8pmM-F, 11-2pmS Referrals Prev. School Fam. Cnsling Attempters, Gen. Youth Sliding Scale Spanish, Vietnamese TTY Bilingual intervention	Vista	CA 92083
Contra Costa Crisis and Suicide Intervention Service P.O. Box 4852 Bus. # (415) 939-1916 Emerg. # (415) 939-3232 Director: Violet Smith Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Surv. Spanish County prevention program	Walnut Creek	CA 94596

CALIFORNIA

Sutter-Yuba Mental Health Crisis Clinic
 1965 Live Oak Blvd. Yuba City CA 95991
 Bus. # (916) 741-7209 Emerg. # (916) 673-8255
 Director: Edmund Smith
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv. Evaluation
 Spanish In-patient Residents

COLORADO

Contact Lifeline of Denver
 5742 Field Street Arvada CO 80002
 Bus. # (303) 421-6453 Emerg. # (303) 458-7777
 Director: Rrthur Zigmann
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Contact 9 for kids home alone

Comitis Crisis Center
 P.O. Box 913/LOC- 9840 East 17th Ave Aurora CO 80040
 Bus. # (303) 341-9160 Emerg. # (303) 343-9890, 344-9260
 Director: Richard Barnhill
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv., Attempters Evaluation
 Sliding Scale Translation avail. In-patient
 Adult Emergency Counseling

Emergency Psych. Services
 1333 Iris Ave. Boulder CO 80302
 Bus. # (303) 443-8500 Emerg. # (303) 447-1665
 Director: Bebe Norton
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Attempters, Gen. Youth Testing Evaluation
 Sliding Scale Spanish TTY In-patient Resident (for Non-crisis)

Heartbeat
 2015 Devon Colorado Springs CO 80909
 Bus. # (303) 596-2575 Emerg. # (303) 596-2575
 Director: LaRita Archibald
 Hotline Hrs.: Drop In Hrs.: 9am-10pm
 Prev. School Fam. Cnsling Surv., Attempters
 Some Fees
 SPARE, Nat'l Youth Suicide Committee

Helpline of Colorado Springs
 12 N. Meade Ave. Colorado Springs CO 80909
 Bus. # (303) 633-4601 Emerg. # (303) 471-4357
 Director: Lois Suriano
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Open Door Children and Adolescent Program
 3090 N. Academy Blvd. Colorado Springs CO 80917
 Bus. # (303) 471-8300 ext. 334 Emerg. # (303) 591-0300
 Director: Jim Mitchell
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish TTY
 Mesa School-Day treatment and Residential Services

COLORADO

Terros
 P.O.Box 2642
 Bus.#(303) 471-4128 Emerg.#(303) 471-4128
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY
 Colorado Springs CO 80901

Oak House Project
 821 N. Cascade Ave
 Bus.#(303) 471-0642 Emerg.#(303) 634-9227
 Director: George Sheffer
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Attempers, Gen Youth Testing Evaluation
 Sliding Scale Spanish In-patient Under 18
 Shelter Care, Long-term Residential, Counselling
 Colorado Springs CO 80903

Bethesda MHC
 4400 Iliff Ave
 Bus.#(303) 759-6100 Emerg.#(303) 758-1514
 Director: Thomas Barrett
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Testing Evaluation
 Sliding Scale TTY
 Denver CO 80222

Grief Support Group
 Denver CO

Bus.#(303) 777-9234 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Grief Support Groups

Living Church Suicide & Crisis Control
 2459 South Ash
 Bus.#(303) 756-8485 Emerg.#(303) 757-0988, 756-8458, 789-3073
 Director: Bill Anderson
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Denver CO 80222

SPARE (Suicide Prevention Allied Regional Effort)
 Holly Ridge Center/3301 S. Monaco Blvd.
 Bus.#(303) 757-6201 X277 Emerg.#(303) 757-6201
 Director: Craig Rupp
 Hotline Hrs.: Drop In Hrs.: Referrals
 Prev. School
 Denver CO 80222

S.W. Mental Health Center
 1611 S. Federal Blvd.
 Bus.#(303) 922-7811 Emerg.#(303) 922-7811
 Director: Ron Gicher
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Fee Vietnamese, Korean TTY Residents
 Alternative Homes
 Denver CO 80219

Weld County M.H. Center South County Branch
 P.O.Box 129
 Bus.#(303) 857-2723 Emerg.#(303) 857-2723
 Director:
 Hotline Hrs.:24 Drop In Hrs.:24
 Fort Lupton CO

COLORADO

Crisis and Information Helpline

700 W. Mountain

Ft. Collins

CO 80521

Bus.#(303) 493-3896 Emerg.#(303) 493-3888, 669-5463

Director: Ginny Riley

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School

Spanish

Larimer Co. MHC

525 West Oak

Ft. Collins

CO 80526

Bus.#(303) 221-7610 Emerg.#(303) 221-2114, 667-3752, 586-4465

Director: James Dooney

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Fam. Cnsling Testing Evaluation

Sliding Scale

Crisis & Info Helpline (303) 493-3896

Sentennial Mental Health Center

910 E. Railroad

Ft. Morgan

CO 80701

Bus.#(303) 867-4924 Emerg.#(303) 867-3411

Director: Dr. Gordon Hawkin

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnsling Testing Evaluation

Sliding Scale Spanish

Crisis Helpline

P.O.Box 3302

Grand Junction

CO 85102

Bus.#(303) 242-4357 Emerg.#(303) 242-4357

Director: Howard "Muzz" Ebright, C.S.W.

Hotline Hrs.:24 Drop In Hrs.: Referrals

Self help Groups

Spanish

Latchkey kid program

Seasons

2721 N. 12th Street - Suite 30

Grand Junction

CO 81506

Bus.#(303) 245-6321 Emerg.#(303) 245-6321

Director: Tallie Miller

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Surv.

Weld Co. MHC

1306 11th Ave.

Greeley

CO 80631

Bus.#(303) 353-3686 Emerg.#(303) 353-3686

Director: Dale Peterson

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Some Restrictions

South County Office

Pueblo Suicide Prevention, Inc.

229 Colorado Ave.

Pueblo

CO 81004

Bus.#(303) 545-2477 Emerg.#(303) 544-1133

Director: Eleanor Hamm

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Surv

Spanish

Parkview Hospital

CONNECTICUT

Catholic Family Community Services 233 White St. Bus.#(203) 743-4412 Emerg.#(203) 743-4412 Director: Brian Cronin Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals Fam. Cnsling Sliding Scale	Canbury	CT 06810
Danbury Youth Services 32 Steven St. Bus.#(203) 748-2936 Emerg.#(203) 798-1000 Director: Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnsling Self help Groups Testing Evaluation Fees- Non-Residents Spanish, Southeast	Danbury	CT 06810
Family & Children Aid 75 West St. Bus.#(203) 748-5689 Emerg.#(203) 748-5689 Director: Greta China Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnsling Gen. Youth Testing Evaluation Sliding Scale	Danbury	CT 06810
East Hartford Youth Services 2 King Ct. Bus.#(203) 568-0181 Emerg.#(203) 568-0181 Director: Eugene Marchand Hotline Hrs.:24 Drop In Hrs.:9-5 By Appt. Referrals Fam. Cnsling Testing Evaluation	East Hartford	CT 06118
Enfield Youth Services 820 Enfield St. Bus.#(203) 745-0371 Emerg.# Director: Barbara Dragone Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals Fam. Cnsling Spanish, Sign Local Residency	Enfield	CT 06082
Fairfield Community Services Center 50 Nichols St. Bus.#(203) 255-5777 Emerg.#(203) 255-5777 Director: Harry Mann Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Age >11	Fairfield	CT 06430
Greenwich Youth Shelter 105 Prospect St. Bus.#(203) 661-2599 Emerg.#(203) 661-2599 Director: Shari Shapiro Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnsling Gen. Youth Spanish	Greenwich	CT 06830
Hotline of Greenwich, Inc. 189 Mason St. Bus.#(203) 661-4378 Emerg.#(203) 661-4357 Director: John Clarendon Hotline Hrs.:M-F3-10pm Drop In Hrs.:Intermitently Referrals Prev. School	Greenwich	CT 06830

CONNECTICUT

Infoline
 999 Asylum Ave. Hartford CT 06105
 Bus.#(203) 522-4636 Emerg.#(203) 522-4636
 Director: Sheryl Berger
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Spanish TTY
 Client Advocacy

Survivors of Suicide
 Middlesex Comm. College, 100 Training Hill Rd. Middletown CT 06457
 Bus.#(203) 344-3043 Emerg.#(203) 347-4003
 Director: Clayton Hewitt
 Hotline Hrs.: Drop In Hrs.:
 Surv., Provisional Attempters

New Milford Youth Agency
 50 East St. New Milford CT 06776
 Bus.#(203) 354-0047 Emerg.#(203) 354-0047
 Director:
 Hotline Hrs.:Unspecified Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Under 18

Info line of Southwestern CT
 7 Academy St. Norwalk CT 06850
 Bus.#(203) 853-2525 Emerg.#(203) 853-2525
 Director: Sheri Winkler
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Surv., Attempters, Gen. Youth
 Spanish TTY

Youth and Family Services
 322 Main St. Old Saybrook CT 06475
 Bus.#(203) 388-4089, 388-9322 Emerg.#
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale Spanish, Italian Old Saybrook Residents

Emergency Services and Prevention Unit at Wheeler Clinic
 91 Northwest Dr. Plainville CT 06062
 Bus.#(203) 747-6801, 527-1644 Emerg.#(203) 747-3434
 Director: Susan Patrick, Susan Bach
 Hotline Hrs.:24 Drop In Hrs.:By Appt. Only Referrals
 Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation
 Sliding Scale

Southington Youth Counseling Center
 Town Hall Annex, 93 Main St. Southington CT 06489
 Bus.#(203) 584-6281 Emerg.#(203) 584-6281
 Director: Connie Tiffany
 Hotline Hrs.: Drop In Hrs.:Bus. Hrs. + By Appt. Referrals
 Prev. School Fam. Cnsling
 Resident, Under 18

Mansfield Youth and Family Services Bureau
 4 S. Eagleville Rd. Storrs CT 06268
 Bus.#(203) 429-3317 Emerg.#(203) 429-3317
 Director:
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Some Restrictions

CONNECTICUT

Trumbull Counseling Center
 121 Old Mine Road Trumbull CT 06611
 Bus.#(203) 452-5082 Emerg.#(203) 261-5110
 Director: Al Guillorn
 Hotline Hrs.:24 Drop In Hrs.:Emergency Only Referrals
 Prev. School Fam. Cnsling
 Some fees Translation avail. Trumbull Resident

The Bridge
 Junction 1019 - Farmington Ave. West Hartford CT 06107
 Bus.#(203) 521-6890 Emerg.#(203) 521-6890
 Director: Scott Nirendori
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School
 In-patient W. Hartford Residents

Contact of Southeastern CT.
 P.O.Box 249 West Mystic CT 06382
 Bus.#(203) 572-8143 Emerg.#(203) 848-1281
 Director: Sandra Gaston
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Youth Adult Council
 45 Jesup Road Westport CT 06880
 Bus.#(203) 226-8311 Emerg.#(203) 226-8311 X 963
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School Fam. Cnsling
 Some Restrictions

Suicide Bereavement
 P.O. Box 9185 Wethersfield CT 06109
 Bus.#(203) 563-3035, 721-1928 569-8747 Emerg.#
 Director: JoAnn, Donna
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Town of Wethersfield-Office of Youth Services
 505 Silas Deane Highway Wethersfield CT 06109
 Bus.#(203) 529-8611 X 300 Emerg.#(203) 226-8311 X 300
 Director: David E. Lowenkrantz
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Residents Ages 6-20

DELAWARE

Helpline
 James Williams Service Center - River Road Dover DE 19901
 Bus.#(302) 736-4275 Emerg.#(800) 345-6785
 Director: Grace Pesikay
 Hotline Hrs.:24 Drop In Hrs.:8AM-4:30PM Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail

Georgetown Helpline
 Sussex Co. Comm. MHC Georgetown DE 19947
 Bus.#(302) 856-5551 Emerg.#(302) 856-6626
 Director: Nancy Brown
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail.

DELAWARE

Psychiatric Emergency Services
14 Central Avenue
Bus. # (302) 421-6239 Emerg. # (302) 421-6711
Director: Steven Richards
Hotline Hrs.: 24 Drop In Hrs.:
New Castle DE 19720

Contact Wilmington, Inc.
P.O. Box 9514
Bus. # (302) 656--6222 Emerg. # (302) 575-1112
Director: Cathy Devaney
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School
Sign TTY
Wilmington DE 19809

Suicide Prevention Youth Council, United Methodist Church
850 Mt. Lebanon Road
Bus. # (302) 652-8411 Emerg. # (302) 575-1122
Director: Rev. Marlene Walters
Hotline Hrs.: 24 Drop In Hrs.:
Gen. Youth
Free
Wilmington DE 19803

DISTRICT OF COLUMBIA

DC Hotline
P.O. Box 57194
Bus. # (202) 223-0020 Emerg. # (202) 223-2255
Director: Channing Wilkham
Hotline Hrs.: 1PM-1AM, M-F; 9AM-1AM, Drop In Hrs.: Referrals
Washington DC 20037

Emergency Mental Health Services
1905 E. St., SE, Bldg 25
Bus. # (202) 727-6717 Emerg. # (202) 727-3622, 3, 4
Director: Dr. Keisling
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
Testing Evaluation
Sliding Scale Translation avail.
Washington DC 20032
DC Residents

St. Francis Center
2201 P Street N.W.
Bus. # (202) 234-5613 Emerg. # (202) 234-5613
Director: Dr. William Wendt
Hotline Hrs.: Drop In Hrs.: 9am-5pm
Prev. School Fam. Cnsling Surv. Testing Evaluation
Washington DC 20037

Death & Dying Organization; Hospice Visits; Grief Handling

Family Stress Services of DC/F.A.C.T. Hotline Program
2001 O Street N.W. - Suite G100
Bus. # (202) 965-1900 Emerg. # (202) 628-3228
Director: Joan Danzansky
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School
Some Restrictions
Washington DC DC 20036

FLORIDA

Peace River Center for Personal Development
1745 Highway 17 South
Bus. # (813) 533-3141 Emerg. # (800) 282-6342, 8135334323
Director: Roy Gaither
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
Prev. School Fam. Cnsling Surv. Gen. Youth Testing Evaluation
Sliding Scale Spanish In-patient
Group Homes for Children
Barton FL 23830

FLORIDA

Living Afterwards
 3802 33rd Avenue Drive West Bradenton FL 33505
 Bus.#(813) 753-1247 Emerg.#(813) 753-1247
 Director: Kurt & Anita Hoiser
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Manatee Mental Health Center, Inc.
 P.O.Box 9478 Bradenton FL 33506
 Bus.#(813) 747-8648 Emerg.#(813) 748-8585
 Director: Mellany Smith
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale TTY In-patient

COPE Center
 112-A Nelson Defuniak Springs FL 32433
 Bus.#(904) 892-2167 Emerg.#(904) 892-2167
 Director: Judy B. Murphy
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale Spanish

Crisis Intervention Center of Broward County, Inc.
 1300 S. Andrews Ave - P.O. Box 22877 Fort Lauderdale FL 33335
 Bus.#(305) 524-8371 Emerg.#(305) 467-6333
 Director: Susan Buza
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Spanish, French,+ TTY

Indian River Community Mental Health Center, Inc.
 800 Ave. H Ft. Pierce FL 33450
 Bus.#(305) 464-8111 Emerg.#(305) 464-8111
 Director: Richard Mills
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Fam. Cnslng Surv., Attempter Testing Evaluation
 Sliding Scale Spanish, Sign TTY In-patient

Crisis Line
 205 Shell Avenue Ft. Walton Beach FL 32548
 Bus.#(904) 244-0151 Emerg.#(904) 244-9191
 Director: Russell Youngblood
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School Fam. Cnslng Surv., Attemptor Testing Evaluation
 Sliding Scale In-patient

Alachua County Crisis Center
 730 Waldo Road - Suite 100 Gainesville FL 32601
 Bus.#(904) 372-3659 Emerg.#(904) 376-4444
 Director: Dr. Marshall Knudson
 Hotline Hrs.:24 Drop In Hrs.:Unspecified
 Prev. School Fam. Cnslng

Crisis Center of Jacksonville - Suicide Prevention Ctr
 2218 Park Street Jacksonville FL 32204
 Bus.#(904) 387-5641 Emerg.#(904) 387-5641
 Director: Bonnie H. Jacob
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Surv., Attempt.

FLORIDA

Transient Youth Center/Youth Crisis Ctr.
 3015 Parental Items Road Jacksonville FL 32216
 Bus. # (904) 724-6662 Emerg. # (904) 724-6662
 Director: Tom Patania
 Hotline Hrs.: 24 Drop In Hrs.: 24
 Fam. Cnslng Surv., Attemp., Gen. Youth Testing Evaluation
 Sliding Scale Spanish, Sign In-patient Under 18

Courage to Survive - c/o Ctr for Suicidology
 825 W. Center Street - Suite 35B Jupiter FL 33458
 Bus. # (305) 747-3165 Emerg. # (305) 747-3165
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Self Help Support Groups

Key West Helpline, Inc.
 Florida Keys Mem. Hosp. - 5900 Junior College Rd. Key West FL 33040
 Bus. # (305) 294-4357 Emerg. # (305) 296-4357
 Director: Larry Szuch
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Help Now in Osceola, Inc.
 917 Emmett St. Kissimmee FL 32741
 Bus. # (305) 847-8562 Emerg. # (305) 847-8811
 Director: Nancy Cassin
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School
 Spanish

Crisis Intervention Center N. Fordham MHA
 P.O. Box 2818 Lake City FL 32056
 Bus. # (904) 752-1045 Emerg. # (904) 752-2140 after hours
 Director: Diana Riviera
 Hotline Hrs.: 24 Drop In Hrs.: Emergency Only Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale In-patient

Jackson Memorial Mental Health Emergency Service
 1611 N.W. 12th Avenue Miami FL 33136
 Bus. # (305) 549-7429 Emerg. # (305) 549-6487
 Director: Hazel Ruffin
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Some fees Translation avail. In-patient

Switchboard of Miami
 35 SW 8th St. Miami FL 33130
 Bus. # (305) 358-1640 Emerg. # (305) 358-HELP
 Director: George R. McKinney
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnslng
 Sliding Scale Spanish Some Restrictions

Contact Teleministries of Miami
 900 N.E. 132nd Street Miami Shores FL 33161
 Bus. # (305) 893-0733 Emerg. # (305) 893-0733
 Director: Joe Mills
 Hotline Hrs.: Intermittently Drop In Hrs.: Referrals

Translation avail. TTY
 Phone Friend Program

FLORIDA

<p>Santa Rosa MH Crisis Line 705 Stewart St. SW Bus. # (904) 626-0616 Emerg. # (904) 623-6363 Director: Don Williams Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Fam. Cnsling Testing Evaluation Sliding Scale \$50max</p>	Milton	FL 32570
<p>MH Services of Orange 2520 N. Orange Ave. Bus. # (305) 896-9306 Emerg. # (305) 896-9306 Director: Hope Johnson Hotline Hrs.: Drop In Hrs.: 24 Referrals</p>	Orlando	FL 32804
<p>Sliding Scale Spanish In-patient</p>		
<p>We Care, Inc. 112 Pasadena Place Bus. # (305) 425-2624 Emerg. # (305) 628-1227, 644-2027 (teens) Director: Kathy Anderson Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Surv., Attempters Translation avail. TTY</p>	Orlando	FL 32803
<p>Survivors of Suicide 112 Pasadena Place Bus. # (305) 425-2624 Emerg. # (305) 425-2624 Director: Marge Greenbaum, Jan Walker Hotline Hrs.: Drop In Hrs.: Surv., Attempters</p>	Orlando	FL 32803
<p>Lifeline 873 S. Tamiami Trail Bus. # (813) 966-7471 Emerg. # (813) 966-7471 Director: Dr. William Young Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation Sliding Scale Translation avail. In-patient</p>	Osprey	FL 33559
<p>Crisis Line-P.C. 615 N. McArthur Ave. Bus. # (904) 769-9481 Emerg. # (904) 769-9484 Director: Dr. Peter Hampton Hotline Hrs.: 24 Drop In Hrs.: 8AM-5PM Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale</p>	Panama City	FL 32401
<p>Help Line-Pensacola 1221 W. Lakeview ST. Bus. # (904) 432-1222 Emerg. # (904) 438-1617 Director: Jo Ellen Wolfe Hotline Hrs.: 24 Drop In Hrs.: 8AM-5PM Referrals Prev. School Fam. Cnsling Surv. Testing Evaluation Sliding Scale TTY In-patient</p>	Pensacola	FL 32501
<p>Suicide/Crisis Hotline 566 Barton Blvd. - Suite 4 Bus. # (305) 631-8944 Emerg. # (305) 631-8944 Director: Robin Nobling Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School Surv.</p>	Rockledge	FL 32955

FLORIDA

Suicide/Crisis Hotline/Brevard Mental Health Center 1770 Cedar Bus. # (305) 632-9480 Emerg. # (305) 631-8944 Director: James Whitaker Hotline Hrs.: 24 Drop In Hrs.: Emergency Only Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale TTY In-patient	Rockledge	FL 32955
Teen & Parent Stress Line/MHA of Brevard Co., Inc. 566 Barton Blvd. - Suite 4 Bus. # (305) 631-9290 Emerg. # (305) 631-8944 Director: Robin Nobling Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School	Rockledge	FL 32955
Lifeline 1700 S. Tamiami Bus. # (813) 955-8702 Emerg. # (813) 955-8702 Director: Steven Feldstein Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals	Sarasota	FL 33579
Hotline/Information and Referral/Alternative Human Svcs, Inc. P.O. Box 13087 Bus. # (813) 536-9464 Emerg. # (813) 536-1100 Director: Roy Miller Hotline Hrs.: 24 Drop In Hrs.: Evaluation TTY	St. Petersburg	FL 33733
Juvenile Services Program, Inc. 3435 1st Ave. S. Bus. # (813) 821-2443 Emerg. # (813) 821-2443 Director: Renee Jones Hotline Hrs.: 24 Drop In Hrs.: Referrals	St. Petersburg	FL 33710
Telephone Counseling and Referral Service P.O. Box 20169 Bus. # (904) 224-6333 Emerg. # (904) 224-6333 Director: Ron Doyle, Randy Nicholas Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School	Tallahassee	FL 32316
Contact Tampa Help Line P.O. Box 10117 Bus. # (813) 251-4040 Emerg. # (813) 251-4000, 253-2020 Director: Al Phillips Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Fam. Cnsling TTY	Tampa	FL 33679
Contact Reassurance		
Suicide and Crisis Center 2214 E. Henry Ave. Bus. # (813) 238-8821 Emerg. # (813) 238-8821 Director: Carol Hotline Hrs.: 24 Drop In Hrs.: Emergency Only Referrals Prev. School Surv. Spanish TTY	Tampa	FL 33610

FLORIDA

Crisis Line/Information & Referral Service, Inc.
 P.O. Box 15522 West Palm Beach FL 33416
 Bus. # (305) 689-3332 Emerg. # (305) 689-4000, 272-1121, 996-1121
 Director: Helen McKinnon
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Spanish TTY

Palm Beach County Youth Service Bureau
 4210 Australian Ave. West Palm Beach FL 33407
 Bus. # (305) 837-2300 Emerg. # (305) 837-2300
 Director: Max Beverly
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Attempters
 Some Restrictions

Parent-Child Study Center
 4802 East Avenue West Palm Beach FL 33407
 Bus. # (305) 844-3466 Emerg. # (305) 844-3466
 Director: Beth A. Male
 Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Issues Testing Evaluation
 Sliding Scale

Help & Resource Line of Winter Haven
 Comm. MH Center Winter Haven Hospital Winter Haven FL 33881
 Bus. # (813) 293-1121 Emerg. # (813) 299-5858, (800) 282-7631
 Director: Tom Gilbert
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 TTY
 Teen line 294-2682

GEORGIA

Survivors of Suicide, c/o Albany Community Hospice
 417 3rd Avenue - P.O. Box 1828 Albany GA 31703
 Bus. # (912) 883-1800 Emerg. # (912) 883-1800
 Director: Joanne McDonald, Parma Kennedy
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Bridge Family Center
 77 Peach Street Place N.W. Atlanta GA 30309
 Bus. # (404) 881-8344 Emerg. # (404) 881-8346
 Director: Ken Suanders
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Self help Groups
 Sliding Scale

De Kalb Emergency and Crisis Intervention Services
 1256 Briarcliff Rd. NE Atlanta GA 30306
 Bus. # (404) 892-4646 Emerg. # (404) 892-4646
 Director: Dr. Robert Hill
 Hotline Hrs.: Unspecified Drop In Hrs.: Unspecified

Some fees Spanish, Oriental TTY County Residents

Emergency Mental Health Service
 99 Butler SE Atlanta GA 30311
 Bus. # (404) 572-2626 Emerg. # (404) 522-9222
 Director: Allen Burrell
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Translation avail.

GEORGIA

The Link Counseling Center
218 Hilderbrand Drive Atlanta GA 30328
Bus.#(404) 256-9797 Emerg.#(404) 256-9797
Director: Iris M. Bolton
Hotline Hrs.:10AM-10PM, M-Th; 10AM-4 Drop In Hrs.:Unspecified
Prev. School Fam. Cnsling Surv., Attempters
Sliding Scale

Help Line
P.O.Box 1724/630 Ellis Street Augusta GA 30901
Bus.#(404) 724-4357 Emerg.#(404) 724-4357
Director: Faye Hardy
Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
Prev. School
Translation avail.

Emergency Services - Cobb/Douglas Community MH Service Area
Austell GA 30001
Bus.#(404) 941-2416 Emerg.#(404) 422-0202
Director: Jim Perry
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Scale Sign County Residents

Contact Chattahoochee Valley
P.O. Box 12002 Columbus GA 31907
Bus.#(404) 327-3999 Emerg.#(404) 327-3999
Director: Susan Stanton
Hotline Hrs.:24 Drop In Hrs.: Referrals

Contact Hall County
P.O. Box 1616 Gainesville GA 30503
Bus.#(404) 536-7145 Emerg.#(404) 534-0617, 534-0618
Director:
Hotline Hrs.:24 Drop In Hrs.:

TTY

Odyssey Family Counseling Center
3578 South Fulton Avenue Hateville GA 30354
Bus.#(404) 766-1616 Emerg.#(404) 766-1616
Director: Dan Servella
Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals
Prev. School Fam. Cnsling Attempters, Gen. Youth Issues Testing Evaluation
Sliding Scale

Lawrenceville Emergency Services/Gwinnett MH Center
175 Gwinnett Drive Lawrenceville GA 30245
Bus.#(404) 963-8141 Emerg.#(404) 963-3223
Director: Bill Mahaffey
Hotline Hrs.:24 Drop In Hrs.:9am-5pm
Testing Evaluation
Sliding Scale

Crisis Line of Macon & Bibb Co.
P.O.Box 56 Mercer Univ. Macon GA 31207
Bus.#(912) 745-9293 Emerg.#(912) 745-9292
Director: Lynn Sosby
Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

GEORGIA

Clayton Crisis Line
 15 SW Upper Riverdale Rd.
 Bus.#(404) 996-4357 Emerg.#(404) 996--4361
 Director: Jane Cannon
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Riverdale

GA 30274

First Call For Help
 P.O.Box 9119
 Bus.#(912) 232-3383 Emerg.#(912) 232-3383
 Director: Lenora Broome
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Savannah

GA 31412

Spanish, +

The Hub Counseling Center
 5155 Lavista Road
 Bus.#(404) 934-5600 Emerg.#(404) 934-5600
 Director: Tom McIntyre
 Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Attempters, Gen. Youth Issues Testing Evaluation
 Sliding Scale

Tucker

GA 30084

HAWAII

Kona Crisis Center
 P.O.Box 4363
 Bus.#(808) 329-6744 Emerg.#(808) 329-9111, 969-9111
 Director: Audra O'Neill
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail.

Kailua-Kona

HI 96740

Helpline Kauai
 P.O.Box 3541
 Bus.#(808) 822-1867 Emerg.#(808) 822-7435
 Director: Marinell Eron
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Kilauea

HI 96754

Helpline-Wailuku
 95 Mahalani Street
 Bus.#(808) 244-7405 Emerg.#(808) 244-7407
 Director: Mary Lee Lopes
 Hotline Hrs.:24 Drop In Hrs.:

Wailuku, Maui

HI 96793

Suicide and Crisis Center/Volunteer Information & Referral
 200 N. Vineyard Blvd., Rm. 601 Honolulu
 Bus.#(808) 536-7234 Emerg.#(808) 521-4555, 521-4566
 Director: Karl Muller
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 All Languages In-patient

HI 96817

IDAHO

Emergency Line/Region 4 MH Ctr.
 1105 S. Orchard
 Bus.#(208) 338-5490 Emerg.#(208) 338-5474
 Director: Dr. Candice Crowe
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail.
 Community Support, Drug Treatment

Boise

ID 83705

IDAHO

Suicide Crisis/Reachout P. O. Box 4415 Bus. # (208) 377-0678 Emerg. # (208) 376-5000 Director: Doris Hotline Hrs.: 24 Drop In Hrs.: Referrals		Boise	ID 83711
Teen Counselors			
Warm Springs Center 7440 Warm Springs Avenue Bus. # (208) 343-7797 Emerg. # (208) 386-3339 Director: Barry Watts Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School Fam. Cnslng Evaluation Sliding Scale Some Restrictions Children Learning & Emotion Problems		Boise	ID 83712
Emergency Line 2195 Ironwood Court Bus. # (208) 667-6406 Emerg. # (208) 667-6406 Director: Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Sliding Scale		Coeur d'Alene	ID 83814
Emergency Services-Idaho Falls 150 Shoup Avenue Bus. # (208) 525-7129 Emerg. # (208) 525-7129 Director: Paul Shkee Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnslng Gen. Youth Issues Testing Evaluation Sliding Scale		Idaho Falls	ID 83402
LDS Social Services 1420 East 17th Street, Suite B Bus. # (208) 529-5276 Emerg. # (208) 529-5276 Director: Athur E. Finch Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals Fam. Cnslng Testing Evaluation \$25/hr Spanish Referred By Ecclesiastical Unwed Mother Program		Idaho Falls	ID 83401
Lutheran Family Services/Christian Counseling Svcs of ID, Inc. 545 Shoup Ave. Bus. # (208) 529-4673 Emerg. # (208) 529-4673 Director: Kirk Anderson Hotline Hrs.: Drop In Hrs.: Unspecified Prev. School Fam. Cnslng Testing Evaluation Sliding Scale Lifeskills Academy		Idaho Falls	ID 83402
Emergency Line-Kellog 313 W. Cameron Bus. # (208) 784-1351 Emerg. # (208) 667-6406 773-2906 Director: Ken Patterson Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnslng Testing Evaluation Sliding Scale Some Restrictions		Kellog	ID 83837

IDAHO

YWCA Crisis Services
 300 Main Street Lewiston ID 83501
 Bus.#(208) 746-9655 Emerg.#(208) 746-9655
 Director: Deborah Haines
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Attempters, Gen. Youth Issues
 Some fees Spanish
 Battered Women's Shelter

Crisis Line/Crisis Corner
 Benewah County Court House & Annex St. Maries ID 83861
 Bus.#(208) 245-5753 Emerg.#(208) 245-5353
 Director: Sue Jostrum
 Hotline Hrs.:Unspecified Drop In Hrs.: Referrals
 Prev. School

Emergency Line
 128 S. 7th Street St. Maries ID 83861
 Bus.#(208) 245-2541 Emerg.#(208) 667-6406
 Director: Al Italverson
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 Sliding Scale

Emergency Services/MH Ctr. of Twin Falls
 823 Harison Twin Falls ID 83301
 Bus.#(208) 734-9770 Emerg.#(208) 734-4002
 Director: Phillip Grover
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail.

ILLINOIS

Madison Co. Mental Health Center, Inc.
 P.O. Box 1034 Alton IL 62002
 Bus.#(618) 462-3505 Emerg.#(618) 462-2331
 Director: Terry J. Peck
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 In-patient Some Restrictions
 Pre-screening for State Hospital

Union County Counseling Service
 204 South St. Ana IL 62906
 Bus.#(618) 833-8551 Emerg.#(618) 833-8551
 Director: Richard Johnson
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Counseling County Residents

Crisis Line of the Fox Valley
 309 W. New Indian Trail Court Aurora IL 60506
 Bus.#(312) 897-5531 Emerg.#(312) 897-5522
 Director: Stephanie Webber-Slepicka
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Surv., Attempters
 Spanish TTY
 Phone Pal

Call for Help
 500 Wilshire Drive Belleville IL 62223
 Bus.#(618) 397-0968 Emerg.#(618) 397-0963,4
 Director: Joanne Pisl/Marie Ehrst
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Fam. Cnsling Surv., Attempters Testing Evaluation
 In-patient

ILLINOIS

Emergency Crisis Intervention Team/McLain Co. Ctr. Hum. Svcs.
 108 West Market Street Bloomington IL 06170
 Bus.#(309) 827-5351 Emerg.#(309) 827-5351
 Director: Allan Spear
 Hotline Hrs.:24 Drop In Hrs.:8AM-5PM, M-F
 Prev. School Testing Evaluation
 Sliding Scale Translation avail.

PATH-Personal Assistance Telephone Help
 201 East Grove Street Bloomington IL 61701
 Bus.#(309) 828-1922 Emerg.#(800) 827-4005
 Director: Joe Gibson
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Crisis Line/Pulaski Mental Health Association
 1001 Wahington Avenue Cairo IL 62914
 Bus.#(618) 734-2665 Emerg.#(618) 734-2665
 Director: Roger Alannan
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation
 Sliding Scale In-patient

Emergency Service/Champaign Co. MH Ctr.
 600 E. Park Champaign IL 61820
 Bus.#(217) 398-8080 Emerg.#(217) 359-4141
 Director: Greg Sikora
 Hotline Hrs.:24 Drop In Hrs.:8:30-5 M-F;to 7PM M&Th Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale County Resident

In Touch Help
 Univ. of IL P.O.Box 4348 Chicago IL 60680
 Bus.#(312) 996-5535 Emerg.#(312) 996-5535
 Director: Berry Greenwald
 Hotline Hrs.:6PM-3AM Drop In Hrs.: Referrals
 Prev. School

L.O.S.S. Loving Outreach to Survivors of a Suicide
 126 North Desplaines Street Chicago IL 60606
 Bus.#(312) 236-5172 Emerg.#(312) 249-3500
 Director: Rev. Edwin M. Conway/Mr. Donald W. Kent
 Hotline Hrs.: Drop In Hrs.: Referrals
 Surv.

The Samaritans of Chicago
 5638 S. Woodlawn Ave. Chicago IL 60637
 Bus.#(312) 947-8844 Emerg.#(312) 947-8300
 Director: Jan Dyson
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Dewitt Co. Human Resource Center
 P.O. Box 616 - 1150 Route 54 West Clinton IL 61727
 Bus.#(217) 935-9496 Emerg.#(217) 935-9496
 Director: Dan Boehmer
 Hotline Hrs.:24 Drop In Hrs.:8AM-9PM,M-Th; 8-5 F Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

ILLINOIS

Community Counseling Services

2105 Vandalia Suite #1

Collinsville

IL 62234

Bus. # (618) 344-0393 Emerg. # (618) 877-4420

Director: Jon Johnson

Hotline Hrs.: 24 Drop In Hrs.: 8:30-5 W-F, To 8:30 M-T Referrals

Fam. Cnsling

Sliding Scale

The Center for Children's Services

702 N. Logan

Danville

IL 61832

Bus. # (217) 446-1300 Emerg. # (217) 446-1300

Director: Dr. Marilyn S. Kolton

Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals

Fam. Cnsling Gen. Youth Issues Testing Evaluation

Sliding Scale Under 18

Youth Shelter, Youth Advocates Program

Simmissippi Mental Health Center

325 Illinois Route 2

Dixon

IL 61021

Bus. # (815) 284-6611 Emerg. # (800) 242-7642

Director: Lloyf Sidwell

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling Attempters, Gen Youth Issues Testing Evaluation

Sliding Scale County Residence

Children of Divorcing Parents Programs

Perry Co. Help Line

R.R.1, Box 143

DuQuoin

IL 62832

Bus. # (618) 542-4357 Emerg. # (618) 542-4357

Director: John Vienskus

Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Fam. Cnsling Attempters, Gen. Youth Issues

Sliding Scale County Resident

Egyptian Public & Mental Health Dept.

Rt. 45

Eldorado

IL 62930

Bus. # (618) 273-3326 Emerg. # (618) 273-3326

Director: Joe Hostabar

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling Attempters, Gen. Youth Issues Evaluation

Sliding Scale

Community Crisis Center

P.O. Box 1390

Elgin

IL 60121

Bus. # (312) 742-4031 Emerg. # (312) 742-4031 697-2380

Director: Gretchen Vatnar

Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals

Prev. School Fam. Cnsling Attempters, Gen Youth Issues

Spanish

Shelter for Abused Women

Talk Line/Kids Line, Inc.

P.O. Box 1321

Elk Grove

IL 60007

Bus. # (312) 981-1271 Emerg. # (312) 228-5437, 228-5437

Director: Lorraine LaSusa

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Evanston Hospital Crisis Intervention

2650 Ridge Ave.

Evanston

IL 60201

Bus. # (312) 492-6500 Emerg. # (312) 492-6500

Director: Mary McMahon

Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Prev. School Fam. Cnsling Evaluation

Sliding Scale Translation avail. In-patient

ILLINOIS

Contact Stephenson Co. P.O. Box 83 Bus.#(815) 233-4357 Emerg.#(815) 233-4357 Director: Linda Browsey Hotline Hrs.:24 Drop In Hrs.: Referrals	Freeport	IL 61032
Jane Addams Community M.H. Center 222 West Exchange Street, Suite #201 Bus.#(815) 232-4183 Emerg.#(815) 232-4183 Director: Dan Neal Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Fam. Cnslng Attempters, Gen. Youth Issues Testing Evaluation Sliding Scale Stephenson Co. Resident Drug Prevention Project, Youth Services Network	Freeport	IL 61032
Spoon River Community MHC 302 E. Main Street; Suite #530 Bus.#(309) 343-1673 Emerg.#(800) 322-7143 Director: David M. Praszek Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnslng Attempters, Gen. Youth Issues Testing Evaluation Sliding Scale Translation avail. TTY In-patient Residents	Galesburg	IL 61401
Henry County Youth Services Bureau, Inc. 101 1/2 South State St. Bus.#(309) 944-6354 Emerg.#(309) 944-6354, 852-0161 Director: Sue Fontyne Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals Fam. Cnslng Attempters, Gen. Youth Issues	Geneseo	IL 61254
Transition - c/o Hammond Henry Hospital 210 West Elk Street Bus.#(309) 944-4435 Emerg.#(309) 944-4435 Director: Dorothy Ryan Hotline Hrs.: Drop In Hrs.: Referrals Surv.	Geneseo	IL 61254
Community Counseling Services 508 Broadway Bus.#(618) 654-7232 Emerg.# Director: Hotline Hrs.: Drop In Hrs.:	Highland	IL 62249
Helpline 200 S.Main St. Bus.#(217) 532-9581 Emerg.#(217) 532-6191 Director: Emmy Rhinehart Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Fam. Cnslng Testing Evaluation Sliding Scale	Hillsboro	IL 62049
Crisis Line of Will County P.O.Box 2354 Bus.#(815) 744-5280 Emerg.#(815) 722-3344 Director: Sr. Mary Francis Sealey Hotline Hrs.:24 Drop In Hrs.: Referrals	Joliet	IL 60435

TTY

ILLINOIS

<p>The Will County Mental Health Center 501 Ella Bus.#(815) 727-8512 Emerg.#(815) 727-8512 Director: John W. Botts Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnsling Gen. Youth Issues Sliding Scale Spanish, Cambodian "High Risk" Defined By St. Group Home for Adults, Alchohol Counseling</p>	Joliet	IL 60433
<p>Connection Counseling and Telephone Referral P.O. Box 906 Bus.#(312) 362-3381 Emerg.#(312) 367-1080 Director: Nancy Helmick Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Over 18 For Shelter Workshops - \$40/weekend</p>	Libertyville	IL 60048
<p>Crisis Clinic 315 8th Bus.#(217) 732-2161 Emerg.#(217) 732-3600 Director: Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnsling Testing Evaluation Sliding Scale</p>	Lincoln	IL 62656
<p>Macomb Sr. High School 1525 S. Johnson Bus.#(309) 837-2331 Emerg.#(309) 837-2331 Director: Dr. Gail Conley Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals Prev. School Attempters</p>	Macomb	IL 61455
Peer & Group Counseling		
<p>Crisis Line/Jefferson County Comprehensive Services, Inc. Route 47 North Bus.#(618) 242-1510 Emerg.#(618) 242-1512 Director: John Hansen Hotline Hrs.:24 Drop In Hrs.:8AM-5PM, M-S Referrals Fam. Cnsling Sliding Scale</p>	Mt. Vernon	IL 62864
<p>Irene Josselyn Clinic 405 Central Bus.#(312) 441-5600 Emerg.#(312) 441-5600 Director: Dottie Palombo Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Sliding Scale Spanish, Southeast TTY</p>	Northfield	IL 60093
<p>The Compassionate Friends, Inc. P.O.Box 3696 Bus.#(312) 323-5010 Emerg.#(312) 323-5010 Director: Terese Goodrich Hotline Hrs.: Drop In Hrs.: Surv.</p>	Oak Brook	IL 60522
<p>LaSalle County Youth Service Bureau 827 Columbus Bus.#(815) 433-3953 Emerg.#(815) 433-3953 Director: Dave McClure Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Fam. Cnsling 9-17 Only</p>	Ottawa	IL 61350

ILLINOIS

Human Resources Center P.O.Box 302 Bus. # (217) 465-4118 Emerg. # (217) 465-4118 Director: John Young Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnslng Testing Evaluation Sliding Scale	Paris	IL 61944
Call For Help 5407 N. University Bus. # (309) 692-1766 Emerg. # (309) 691-7373 Director: Barbara Runyan Hotline Hrs.: Drop In Hrs.: Referrals Prev. School Fam. Cnslng Tri-county Area Teenage suicide workshop	Peoria	IL 61614
Human Service Center 600 Fayette Street Bus. # (309) 671-8000 Emerg. # (309) 671-8000 Director: Jack Gilligan/Gene Myers Hotline Hrs.: 24 Drop In Hrs.: 8AM-9PM M-F; ERS: 24 Hrs. Referrals Fam. Cnslng Surv., Attempters Testing Evaluation Sliding Scale	Peoria	IL 61603
Suicide Prevention Service/Community Counseling P.O. Box 3246/4409 Main Bus. # (217) 223-0413 Emerg. # (217) 222-1166 Director: Barbara Baker Chapin Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnslng Testing Evaluation Sliding Scale	Quincy	IL 62301
Contact Rockford P.O.Box 1976 Bus. # (815) 964-0400 Emerg. # (815) 964-4044 Director: Barbara Roman Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School TTY	Rockford	IL 61110
Crisis Line/Moultrie County Counseling Center 2 West Adam Street Bus. # (217) 728-4358 Emerg. # (271) 728-7611 Director: Ronald Matthew Hotline Hrs.: 24 Drop In Hrs.: 8AM-6PM Referrals Fam. Cnslng Testing Evaluation Sliding Scale	Sullivan	IL 61951
Helpline/Christian County MH Assoc. P.O. Box 438 Bus. # (217) 824-4905 Emerg. # (271) 824-3335 Director: Art Larsson Hotline Hrs.: 24 Drop In Hrs.: 8AM-6PM, M-Th; 8AM-9PM M Referrals Prev. School Fam. Cnslng Surv. Testing Evaluation Sliding Scale TTY	Taylorville	IL 62568
Crisis Services of Madison County/Mental Health Center P.O. Box 570 Bus. # (618) 877-4420 Emerg. # (618) 877-4420 Director: Betty McMillan Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School Fam. Cnslng In-patient	Wood River	IL 62095

INDIANA

Contact Help

P.O.Box 303
 Bus.#(317) 649-4939 Emerg.#(317) 649-5211
 Director: Dr. Royce Fitts
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY

Anderson IN 46015

Montgomery County Youth Service Bureau, Inc.

209 East Pike
 Bus.#(317) 362-0694 Emerg.#(317) 362-0694
 Director: Linda Ostermeier
 Hotline Hrs.: Drop In Hrs.:M-F9am-9:30pm Referrals

Crawfordsville IN 47933

Family and Children Service, Inc.

305 S. 3rd Ave
 Bus.#(812) 425-5181 Emerg.#
 Director: Mr. Ebert
 Hotline Hrs.: Drop In Hrs.:M-F8am-6pm Referrals
 Fam. Cnsling
 Sliding Scale

Evansville IN 47708

Southwestern Indiana Mental Health Center

415 Mulberry St.
 Bus.#(812) 423-7791 Emerg.#(812) 423-7791
 Director: Ralph Nichols
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation
 Sliding Scale Trans. for Deaf In-patient State Residency

Evansville IN 47713

Youth Service Bureau

312 NW 7th St.
 Bus.#(812) 423-5816 Emerg.#(812) 423-5816
 Director: Mary Ellen Harkins
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Language Bank

Evansville IN 47708

Switchboard Crisis Intervention Hotline & Crisis Shelter

316 West Creighton
 Bus.#(219) 745-7914 Emerg.#(219) 456-4561
 Director: Kerry Kerr-McAvoy
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Sliding Scale TTY In-patient Some Restrictions

Fort Wayne IN 46807

Crisis Center

215 N. Grand Blvd
 Bus.#(219) 980-4207 Emerg.#(219) 980-9243
 Director: Donald G. Capp
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Surv.
 In-patient

Gary IN 46403

Contact

Bus.#(317) 653-5040 Emerg.#(317) 653-2645
 Director: Joanne Robertson
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Greencastle IN 46135

INDIANA

Stress-Striving to Reach Every Survivor of Suicide
 2450 169th St. Hammond IN 46323
 Bus.#(219) 845-2720 Emerg.#
 Director: Dee Enrico-Janik
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Crisis & Suicide Intervention Services
 1433 North Meridian St., Room 202 Indianapolis IN 46202
 Bus.#(317) 269-1569 Emerg.#(317) 632-7575
 Director: Mary Hoffman
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Survivors of Suicide
 1433 N. Grant Avenue Indianapolis IN 46201
 Bus.#(317) 359-5825, 353-4743 Emerg.#
 Director: Pat Walsh, Jim Gaynor
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Lafayette Crisis Center
 803 N. 8th Street Lafayette IN 47904
 Bus.#(317) 742-0244 Emerg.#(317) 742-0244
 Director: Becky Draces
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School

Community Mental Health Center, Inc.
 285 Bielby Rd. Lawrenceburg IN 47025
 Bus.#(812) 537-1302 Emerg.#(800) 832-5378 812-537-1302
 Director: Marge Adams
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Project Help Crisis & Suicide Intervention
 617 North East St. Lebanon IN 46052
 Bus.#(317) 482-1599 Emerg.#(317) 482-1599
 Director: Sarah Bean
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Contact-Cares Inc. of NW Indiana
 P.O.Box 10247 Merrillville IN 46411
 Bus.#(219) 769-3278 Emerg.#(219) 769-3141, 374-7600 462-9880
 Director: Rev. Mary Alice Bestle
 Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals

TTY

We the Living
 316 Barnyard Monroeville IN 46773
 Bus.#(219) 623-3125 Emerg.#
 Director: Trudy Bragg
 Hotline Hrs.: Drop In Hrs.:
 Surv.

INDIANA

Twin Lakes Contact
 P.O.Box 67 Monticello IN 47960
 Bus.#(219) 583-4357 Emerg.#(219) 583-4357
 Director: Mr. & Mrs. Donald Haase
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Survivors of Suicide
 Moresville United Methodist Church Moresville IN
 Bus.#(317) 831-3376 Emerg.#
 Director: Rev. Harold Walker
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Community Intervention Center
 615 E. Washington St. Muncie IN 47305
 Bus.#(317) 289-0404 Emerg.#(317) 289-0404
 Director: Jayne Poland
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Gen. Youth

Delaware Co. Youth Services Bureau, Inc.
 722 E. Main St. Muncie IN 47305
 Bus.#(317) 289-8940 Emerg.#(317) 289-8940
 Director: Raymond Johnson
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale Spanish In-patient Delaware Co. Residents <18

Samaritan Center on the Ridge
 8955 Columbia Munster IN 46321
 Bus.#(219) 923-8110 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:By Appt. Only Referrals
 Fam. Cnsling Testing Evaluation

Youth Service Bureau/Runaway Shelter
 1322 Lincoln Way East South Bend IN 46613
 Bus.#(219) 284-9396 Emerg.#(219) 284-9396
 Director: Mary Poczik
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 In-patient
 Mostly a Runaway Shelter

IOWA

Suicide Helpline of Iowa IA
 Bus.#(800) 638-4357 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:

Open Line
 P.O.Box 1138 - ISU Station Ames IA 50010
 Bus.#(515) 292-7000 Emerg.#(515) 292-7000
 Director: Pam Tweed
 Hotline Hrs.:9AM-Midnight Drop In Hrs.: Referrals

IOWA

Foundation 2
1251 Third Ave. SE Cedar Rapids IA 52401
Bus.#(319) 362-2174 Emerg.#(319) 362-2174
Director: Steve Meyer
Hotline Hrs.:24 Drop In Hrs.:10AM-8PM Referrals
Prev. School
Sliding Scale

Suicide Help Center
P.O. Box 711 Clearlake IA 50428
Bus.#(515) 357-4357 Emerg.#(800) 638-4357
Director: Mitch Anthony
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Self help Groups

Information, Referral, and Assistance Service
311 Rugby St. Davenport IA 52801
Bus.#(319) 324-0625 Emerg.#(319) 324-0625
Director: Jeniveve Rafferty
Hotline Hrs.:9am-5pm Drop In Hrs.: Referrals
Testing
Spanish

Suicide Line at Mercy Hospital/Vera French Comm. Hth Ctr.
1441 W. Central Park Avenue Davenport IA 52804
Bus.#(319) 383-1900 Emerg.#(319) 383-1900
Director: Thomas A. Garside, M.D.
Hotline Hrs.:24 Drop In Hrs.:9AM-9PM Referrals
Prev. School Fam. Cnslng Gen. Youth Testing Evaluation
Sliding Scale Spanish, Vietnames In-patient Some Restrictions
Emotionally Disturbed Youth Programs

Crisis Line/Community Telephone Counseling
P.O. Box 7067/2116 Grand Avenue Des Moines IA 50309
Bus.#(515) 244-6700 Emerg.#(515) 244-1000, 244-1010
Director: Paula Kelly, Carolyn Scholl
Hotline Hrs.:3PM-8AM Drop In Hrs.:

Family Crisis Intervention Unit of Des Moines
1101 Walnut Street Des Moines IA 50308
Bus.#(515) 288-1981 Emerg.#(515) 288-8939
Director: Kathleen Moore
Hotline Hrs.:24 Drop In Hrs.: Referrals
Fam. Cnslng
Polk County Residents

First Call for Help
700 Sixth Avenue Des Moines IA 50309
Bus.#(515) 244-8646 Emerg.#(800) 532-1194
Director: Onez Morrill
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Spanish TTY

Phone A Friend Crisis Line, Inc.
Suite 420 - Nester Center Dubuque IA 52001
Bus.#(319) 557-8331 Emerg.#(319) 588-4016
Director: Barbara Pauling
Hotline Hrs.:24 Drop In Hrs.:8AM-4:30PM Referrals
Prev. School
Translation avail. TTY

IOWA

Iowa City Crisis Intervention Center
 26 East Market
 Bus.#(319) 351-2726 Emerg.#(319) 351-0140
 Director: Ken Kaupl
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail. TTY

Iowa City IA 52240

Ray of Hope
 P.O.Box 2323
 Bus.#(319) 351-0330 Emerg.#
 Director: Betsy Ross
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Iowa City IA 52244

United Action for Youth
 P.O.Box 892311 N. Linn Street
 Bus.#(319) 338-7518 Emerg.#(319) 338-7518
 Director: Jim Swain
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Surv.

Iowa City IA 52244

A.I.D. Center (Assistance, Information & Direction)
 206 Sixth Street
 Bus.#(712) 252-1861 Emerg.#(800) 352-4929
 Director: Jean Sandman
 Hotline Hrs.:24 Drop In Hrs.:7:30AM-7:30PM Referrals

Sioux City IA 51101

Translation avail. TTY

Suicide Prevention of Sioux City/St. Luke's Reg. Med. Ctr.
 2701 Stone Park Blvd.
 Bus.#(712) 279-3500 Emerg.#(712) 279-3500
 Director: Mary Pithan
 Hotline Hrs.: Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Fee Scale Spanish, French,+ In-patient
 out-patient group therapy

Sioux City IA 51104

Integrated Crisis Service
 2530 University Ave
 Bus.#(319) 233-8484 Emerg.#(319) 233-8484
 Director: Jan Stephens/Lauren King
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School

Waterloo IA 50701

Translation avail.

Suicide Grief Support Group
 828 West 4th Street
 Bus.#(319) 234-1724 Emerg.#(319) 233-5538
 Director: Keith Stokes
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Waterloo IA 50702

KANSAS

Heart Beat
 R.R. #1 - P.O. Box 38
 Bus.#(913) 734-2626 Emerg.#(913) 734-2626
 Director: Nancy Semler
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Bird City KS 67731

KANSAS

Area Mental Health Center
W. Highway 50 Bypass Dodge City KS 67801
Bus. # (316) 227-8566 Emerg. # (316) 227-8566
Director: Dr. Donald J. Ford
Hotline Hrs.: Drop In Hrs.: 9am-5pm
Fam. Cnsling Testing Evaluation
Sliding Scale

Emergency Services
705 S. Commercial Emporia KS 66801
Bus. # (316) 342-6116, 342-0548 Emerg. # (316) 343-2626
Director: John G. Randolph/A.M. Raju
Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
Fam. Cnsling Testing Evaluation
Sliding Scale

Area Mental Health Center
1111 E. Spruce Garden City KS 67846
Bus. # (316) 276-7689 Emerg. # (316) 276-7689
Director: Ron Mootray
Hotline Hrs.: 24 Drop In Hrs.: Unspecified Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Scale Spanish, Vietnamese

Helpline/Southeast Kansas MHS
1106 South 9th Street Humboldt KS 66748
Bus. # (316) 473-2241 Emerg. # (316) 473-2241
Director: Paul Thomas
Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Scale

Hotline/Crisis Intervention
P.O. Box 792 Hutchinson KS 67501
Bus. # (316) 663-7701 Emerg. # (316) 663-2701
Director: Jerry Ingram
Hotline Hrs.: 24 Drop In Hrs.: Referrals

Suicide Prevention Center & Crisis Line
Wyandot Mental Health Center 36th & Eaton Kansas City KS 66103
Bus. # (913) 831-9500 Emerg. # (913) 831-1773
Director: Dr. Steve Soloman
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Headquarters
1419 Massachusetts Lawrence KS 66044
Bus. # (913) 841-2345 Emerg. # (913) 841-2345
Director: Marcia Etstein
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
Prev. School

The Phone, Inc.
1223 Thurston Manhattan KS 66502
Bus. # (913) 532-6565 Emerg. # (913) 532-6565
Director: Paul Nelson
Hotline Hrs.: 5PM-8:30AM Drop In Hrs.: Unspecified Referrals

Ray of Hope 704 Creek Bus.#(316) 421-3254 Emerg.#(316) 421-3254 Director: Ann J. Gorrell Hotline Hrs.: Drop In Hrs.: Surv.	Parsons	KS 67357
Hotline Crisis Info. & Referral P.O.Box 1982 Bus.#(913) 827-4803 Emerg.#(913) 827-4747 Director: Pat Ackley Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Spanish	Salina	KS 67402
Area Mental Health Center 210 West Fourth Street Bus.#(316) 872-5338 Emerg.#(316) 872-5338 Director: Robert Funk Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale	Scott City	KS 67871
Shawnee Comm. MH Center Emergency Services 2401 W. 6th Bus.#(913) 233-1730 Emerg.#(913) 233-1730 Director: Eunice Ruttinger Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Self help Groups Sliding Scale Language Bank	Topeka	KS 66606
Topeka Youth Project 1100 Gage Blvd. Bus.#(913) 273-4141 Emerg.#(913) 273-4141 Director: Melissa Porter Masoner Hotline Hrs.: Drop In Hrs.: Prev. School	Topeka	KS 66604
Topeka Area Coordinator for 7 Prevention Programs		
Survivors of Suicide 1007 Green Bus.#(913) 232-5086 Emerg.# Director: Kay Olsen Hotline Hrs.: Drop In Hrs.: Surv.	Topeka	KS 66616
Area Mental Health Center 102 W. Flower Bus.#(316) 356-3198 Emerg.#(316) 356-3198, 356-1226 Director: Don Gleason Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals Fam. Cnsling Evaluation	Ulysses	KS 67880
Emergency Service/Cedgewick Co. Dept. of MH 1801 East 10th Street Bus.#(316) 268-8251 Emerg.#(316) 686-7465 Director: Clinton Willsie Hotline Hrs.:24 Drop In Hrs.:8AM-5PM, M-F Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Korean, Indochines In-patient County Residents Only	Wichita	KS 67214

KANSAS

Youth Crisis Service Center
 1365 North Custer
 Bus. # (316) 943-2243 Emerg. # (316) 943-2243
 Director: Jerry Coppel
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling
 Sliding Scale Spanish, Vietnamese

KS 67203

KENTUCKY

Pathways, Inc. - Crisis Service
 P.O. Box 790, 709 Lansdonne Drive
 Bus. # (606) 324-1141 Emerg. # (800) 562-8909
 Director: Robert Hudson
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Sign In-patient

KY 41105

Helpline/Barren River MH, Mental Retardation Board, Inc.
 P.O. Box 6499
 Bus. # (502) 843-4382 Emerg. # (512) 842-5642
 Director: Linda Keith
 Hotline Hrs.: 24 Drop In Hrs.: 8AM-Midnight Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

KY 42101

Emergency Services/Cumberland River MH, Mental Retard. Inc.
 P. O. Box 568/American Greeting Rd. Box 568
 Bus. # (606) 528-7010 Emerg. # (606) 528-7010
 Director:
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale In-patient

KY 40701

Crisis Line/North Central Comprehensive Care Center
 907 N. Dixie Ave.
 Bus. # (502) 769-1304 Emerg. # (502) 769-1304
 Director: J.W. Osbourn
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Sliding Scale In-patient

KY 42701

Crisis Line/Kentucky River Community Care
 P.O. Box 1593
 Bus. # (606) 666-4904, 436-5761 Emerg. # (800) 262-7491
 Director: Daphne Northern
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

KY 41701

Crisis Line/Penny Royal MH/Mental Retardation Center
 735 North Drive
 Bus. # (502) 886-5163 Emerg. # (502) 886-5163
 Director: Dr. Robert B. Sivley
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Some fees

KY 42240

Crisis Line
 P.O. Box 603
 Bus. # (606) 666-4904 Emerg. # (800) 262-7491
 Director:
 Hotline Hrs.: Unconfirmed Drop In Hrs.:

Jackson

KY 41339

KENTUCKY

<p>Crisis & Information Center 620 South 3rd Street Bus.#(502) 583-3951 Emerg.#(502) 589-4313 Director: Donna Strauss Hotline Hrs.:24 Drop In Hrs.: Referrals</p>	Louisville	KY 40202
TTY		
<p>Suicide Prevention and Education Center 982 Eastern Parkway, Suite 200 Bus.#(502) 635-5924 Emerg.#(502) 635-5924 Director: Patricia McCarthy, Susan Wright Hotline Hrs.: Drop In Hrs.: Referrals Prev. School Fam. Cnsling Expenses</p>	Louisville	KY 40217
<p>Crisis Line/Comprehend, Inc. P.O.Box G Bus.#(606) 564-4016 Emerg.#(606) 564-4016 Director: Donna Penrose Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Self help Groups Testing Evaluation</p>	Maysville	KY 41056
<p>Pathways, Inc./Crisis Center 325 E. Main Street Bus.#(606) 784-4161 Emerg.#(800) 562-8909 Director: Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals Fam. Cnsling Testing Evaluation Sliding Scale</p>	Morehead	KY 40351
<p>Crisis Line Green River Comprehensive Care Center 1001 Fredricka St. Bus.#(502) 684-9466 Emerg.#(502) 684-9466 Director: Tim Warwick Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School</p>	Owensboro	KY 42301
<p>Crisis Line Western Kentucky P.O. Box 688 Bus.#(502) 442-7121 Emerg.#(800) 592-3980 Director: Hotline Hrs.:24 Drop In Hrs.: Referrals Testing Evaluation Sliding Scale In-patient</p>	Paducah	KY 42001
<p>Helpline/Mountain Comprehensive Care 18 S. Front Ave. Bus.#(606) 886-8572 Emerg.#(800) 422-1060 Director: Richard Stai Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Self help Groups Testing Evaluation Sliding Scale</p>	Prestonsburg	KY 41653
<p>Emergency Services/Lake Cumberland MH & Mental Retard. Brd. 324 Cundiff Sq. Bus.#(606) 679-7348 Emerg.#(800) 679-7348, 633-5599 Director: David True Hotline Hrs.:24 Drop In Hrs.:9am-5pm Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Translation avail.</p>	Somerset	KY 42501

LOUISIANA

Helpline
 P.O. Box 1972
 Bus. # (318) 443-7203 Emerg. # (318) 445-4357 Alexandria LA 71309
 Director: Edward L. Taylor, Jr.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Baton Rouge Crisis Intervention Center, Inc.
 2424 Bunker Hill Road - Suite 1000 Baton Rouge LA 70898
 Bus. # (504) 924-1595 Emerg. # (504) 924-3900
 Director: Dr. Myron G. Mohr, Ph.D.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Translation avail.

Suicide Survivors Support Group
 P.O. Box 80738 Baton Rouge LA 70898
 Bus. # (504) 924-1595 Emerg. #
 Director: David Hayes
 Hotline Hrs.: Drop In Hrs.:

Helpline - Beauregard Community Concern
 P.O. Box 815 DeRidder LA 70634
 Bus. # (318) 462-1452 Emerg. # (318) 462-0609
 Director: Michelle Powell
 Hotline Hrs.: 9am-10pm Drop In Hrs.: Referrals
 Prev. School Self help Groups

Tangipahoa Youth Service Bureau
 1826 River Road Hammond LA 70401
 Bus. # (504) 345-1171, 345-2056 Emerg. # (504) 345-1171, 345-2056
 Director: Yvette Bouford
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

In-patient

Tangipahoa Crisis Line
 P.O. Box 153 Hammond LA 70404
 Bus. # (504) 345-5335 Emerg. # (504) 345-6120
 Director: Pamela Ransay
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

YMCA Crisis Line of Terrebonne
 735 School Street Houma LA 70360
 Bus. # (504) 851-5950 Emerg. # (504) 872-1111
 Director: Virginia Pellegrin
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Self help Groups
 French, Spanish

Education and Treatment Council, Inc.
 1146 Hodges Street Lake Charles LA 70601
 Bus. # (318) 433-1062 Emerg. # (318) 439-2273
 Director: Marilyn Dunn
 Hotline Hrs.: 8AM-10PM, ans. machine Drop In Hrs.: Unspecified Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

LOUISIANA

Mainline

P.O.Box 1322
 Bus. # (318) 387-5690 Emerg. # (318) 387-5683 Monroe LA 71201
 Director: Rose Kline
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling

Coping with Suicide

2515 Canal Street - Suite 200 New Orleans LA 70119
 Bus. # (504) 821-1024 Emerg. # (504) 821-1024
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Depaul Hospital

1040 Calvin Street New Orleans LA 70118
 Bus. # (504) 899-8282 Emerg. # (504) 899-8282
 Director: Shirley Lancaster
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Jewish Family Services

2026 St. Charles New Orleans LA 70130
 Bus. # (504) 524-8475 Emerg. # (504) 524-8475
 Director: Jolanne Haspel
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Must Be Jewish

Mental Health Assoc. of Greater New Orleans

2515 Canal Street - Suite 200 New Orleans LA 70119
 Bus. # (504) 821-1024 Emerg. # (504) 523-2673
 Director: Gary Laura
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups

River Oaks Crisis Center

1525 River Oaks Road W. New Orleans LA 70123
 Bus. # (504) 734-1740 Emerg. # (504) 733-CARE (2273)
 Director: Dr. Betty Hanawalt
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Spanish In-patient

Open Ear

Setinary Community College, Box 48227 Shreveport LA 71106
 Bus. # (318) 869-1228 Emerg. # (318) 869-1228
 Director:
 Hotline Hrs.: M-Th 7pm-10pm, F-Su. 6pm-2 Drop In Hrs.:

MAINE

YWCA Intervention Program

248 Turner St. Auburn ME 04210
 Bus. # (207) 786-0659 Emerg. # (207) 786-0650
 Director: Raymond Cook
 Hotline Hrs.: M-F 8:30am-4:30pm Drop In Hrs.: Referrals
 Prev. School Self help Groups
 Local Residents, Ages 12-18

MAINE

New Directions - Kenneback Valley Regional Health Center
 122 State Street Augusta ME 04330
 Bus.#(207) 622-6136 Emerg.#(207) 622-6136
 Director: Mary Masorowicz
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

The Crisis & Counseling Centers, Inc.
 79 Sewall St. Augusta ME 04330
 Bus.#(207) 623-4512 Emerg.#(207) 623-4511,3
 Director: Lynn Duby
 Hotline Hrs.:8:30AM-4:30PM Drop In Hrs.:8:30AM-4:30PM Referrals
 Fam. Cnsling Evaluation
 Sliding Scale

Community Health and Counseling Services/Dial Help
 43 Illinois Ave. Bangor ME 04601
 Bus.#(207) 667-5357/(207) 947-0366 x 26 Emerg.#(207) 947-6143, (800) 432-7810
 Director: Joseph Pickering/Susan Ramsey
 Hotline Hrs.:24 Drop In Hrs.:Appt. Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale/free

Aroospock Mental Health Services, Inc./Helpline
 P. O. Box 1018 Caribou ME 04736
 Bus.#(207) 498-6431 Emerg.#(207) 762-4851, (800) 432-7805
 Director: Robert R. Vickers
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail. TTY In-patient

Maine School Administrative District #11
 P.O.Box 216 Manchester ME 04351
 Bus.#(207) 622-6391 Emerg.#(207) 622-6391
 Director: Rich Abramson
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

Prevention programs in 9 schools

Ingraham Volunteers, Inc.
 142 High St. Portland ME 04101
 Bus.#(207) 773-4830 Emerg.#(207) 774-HELP (4357)
 Director: Neba Cram
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY In-patient
 Dial Kid

Crisis Stabilization Unit
 147 Water St. Skowhegan ME 04976
 Bus.#(207) 474-2506 Emerg.#(207) 474-2506
 Director: Debby Clark
 Hotline Hrs.:24 Drop In Hrs.:8AM-10PM Referrals
 Prev. School

MARYLAND

Crisis Center/Walter P. Carter Center
 630 W. Fayette St. Baltimore MD 21201
 Bus.#(301) 528-2200 Emerg.#(301) 528-2200
 Director: Dr. Lewis Cohen
 Hotline Hrs.:24 Drop In Hrs.:24
 Fam. Cnsling Evaluation
 Sliding Scale Spanish, Sign In-patient Some Restrictions

MARYLAND

Dundalk Youth Service Center Yorkway and Shipway Bus.#(301) 288-4356 Emerg.#(301) 288-4356, 828-6390 Director: Steven E. Campbell Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Evaluation Ages 12 - 18	Baltimore	MD 21222
Fresh Start Hotline 2925 Delmar Avenue Bus.#(301) 477-4095 Emerg.#(301) 477-2323 Director: Gregory Berger Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnsling	Baltimore	MD 21219
People for Community Action Ind. Youth Services Bureau 1707 Taylor Ave. Bus.#(301) 668-8000 Emerg.#(301) 668-8000 Director: Dr. Howard Pinn Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals Fam. Cnsling Self help Groups Testing Evaluation	Baltimore	MD 21234
Seasons 2331 Old Court Road #107 Bus.#(301) 321-4539 Emerg.#(301) 321-4539 Director: Marilyn Mossman Hotline Hrs.: Drop In Hrs.: Referrals Prev. School Fam. Cnsling Self help Groups	Baltimore	MD 21208
Sinai Hospital/Crisis Line 2401 Belvedere Bus.#(301) 578-5457 Emerg.#(301) 578-5926 Director: Saul Lindenbaum Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale In-patient	Baltimore	MD 21215
Suiciders Anonymous 2910 Echadale Avenue Bus.#(301) 426-4357 Emerg.#(301) 426-4357 Director: Hotline Hrs.: Drop In Hrs.: Attempters	Baltimore	MD 21215
Seasons 6805 Faifax Rd. Bus.#(301) 951-3665 Emerg.# Director: Doug Tepperman Hotline Hrs.: Drop In Hrs.: Surv.	Bethesda	MD 20814
Seasons 9601 Cedar Lane Bus.#(301) 460-4677, 493-8302 Emerg.# Director: Coryne Melton Hotline Hrs.: Drop In Hrs.: Surv.	Bethesda	MD 20814

MARYLAND

Bowie Hotline
 P.O. Box 535
 Bus.#(301) 262-2433 Emerg.#(301) 262-2433 Bowie MD 20715
 Director: Casandra Bollino
 Hotline Hrs.:4PM-Midnight Drop In Hrs.: Referrals
 Prev. School

Emergency Psychiatric Service of Prince George's Hospital
 1 Hospital Drive Cheverly MD 20785
 Bus.#(301) 322-2678 Emerg.#(301) 322-2606, 322-2607
 Director: Sue Song
 Hotline Hrs.:24 Drop In Hrs.:8AM-8PM Referrals
 Testing Evaluation
 Set Scale Translation avail. TTY In-patient

Grass Roots Crisis Intervention & Peer Counseling Center
 8045 Guilford Road Columbia MD 21045
 Bus.#(301) 531-6006 Emerg.#(301) 531-6677
 Director: Kathy Dinoto
 Hotline Hrs.:24 Drop In Hrs.:24
 Prev. School Fam. Cnsling
 Translation avail. TTY

Youth Resources Center Inc.
 Queens Chapel & Queensborg Rds. Hyattsville MD 20782
 Bus.#(301) 779-1257 Emerg.#(301) 927-1386
 Director:
 Hotline Hrs.: Drop In Hrs.:

In-patient
 Crisis Shelter

Montgomery County Hotline - c/o Mental Health Assoc.
 10920 Connecticut Ave. Kensington MD 20895
 Bus.#(301) 949-1255 Emerg.#(301) 949-6603
 Director: David Collin
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Prince George's County Hotline & Suicide Prevention
 East Pines Shopping Center 6607 Riverdale Rd. Riverdale MD 20737
 Bus.#(301) 577-3140 Emerg.#(301) 577-4866, 731-0004
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Self help Groups
 TTY

Info. & Referral
 50 Monroe Rockville MD 20851
 Bus.#(301) 279-1904 Emerg.#(301) 279-1900
 Director:
 Hotline Hrs.: Drop In Hrs.: Referrals

Information and Referral

MASSACHUSETTS

Code Hotline
 481 Great Rd. Acton MA 01720
 Bus.#(617) 263-8777 Emerg.#(617) 263-8777, 486-3130
 Director: Jeff Katz
 Hotline Hrs.:24 Drop In Hrs.:Intermitently Referrals
 Prev. School
 TTY

MASSACHUSETTS

Project Rap, Inc.
 3 Broadway
 Bus.#(617) 927-4506 Emerg.#(617) 922-0000 Beverly MA 01915
 Director: Bill Martinez
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Surv. Evaluation
 In-patient

Project Place
 32 Rutland Street Boston MA 02218
 Bus.#(617) 267-9150 Emerg.#(617) 267-9150
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9AM-9PM Referrals
 Prev. School Fam. Cnsling
 Spanish, French

Teen Line of Boston
 DCH 1818 Harrison Avenue Boston MA 02118
 Bus.#(617) 424-5089 Emerg.#(617) 424-5089
 Director: Catherine Bartholomew
 Hotline Hrs.:12AM-8PM, M-F; 6-10, Sa Drop In Hrs.: Referrals

The Samaritans
 500 Commonwealth, Kenmore Square Boston MA 02215
 Bus.#(617) 536-2460 Emerg.#(617) 247-0220
 Director: Shirley Karnovsky
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Self help Groups

United Way Information & Referral Services
 87 Kilby St. Boston MA 02101
 Bus.#(617) 482-1454 Emerg.#(617) 482-1454
 Director:
 Hotline Hrs.: Drop In Hrs.:

Comprehensive Information and Referral Service

Brockton Hotline/Brockton Area Helpline
 837 N. Main St. Brockton MA 02401
 Bus.#(617) 584-4357 Emerg.#(617) 828-6666
 Director: Elaine Reiser
 Hotline Hrs.:9am-5pm Drop In Hrs.: Referrals
 Spanish

The Samaritans
 386 Stanley Fall River MA 02720
 Bus.#(617) 636-6111 Emerg.#(617) 636-6112
 Director: Ellie Leite
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Prev. School
 Translation avail.

The Samaritans
 P.O.Box 65 Falmouth MA 02541
 Bus.#(617) 548-8900,1; 771-7770; 255-18 Emerg.#(617) 548-8900
 Director: Brenda Fuhrman
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School
 TTY

MASSACHUSETTS

Contact Boston, Inc.
P.O. Box 287
Bus.#(617) 244-4353 Emerg.#(617) 244-4350, 332-9416 (TTY)
Director: Stanley Becker
Hotline Hrs.:24 Drop In Hrs.: Referrals
Newton MA 02160

Mutli-Service Center
1301 Centre St.
Bus.#(617) 244-4802 Emerg.#(617) 244-4802
Director: Lowell Haynes
Hotline Hrs.: Drop In Hrs.:24 Referrals
Fam. Cnsling Self help Groups Evaluation
Must Be Resident
Newton Centre MA 02159

Help Line
111 Main St.
Bus.#(413) 663-5244 Emerg.#(413) 664-6391
Director: Kevin O'Connor
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
TTY
North Adams MA 01247

Franklin/Hampshire Community MHC/Emergency Services
48 Pleasant St.
Bus.#(413) 586-5555 Emerg.#(413) 586-5555, (800) 322-0424
Director: Jim Edmunstone
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
Sliding Scale Spanish In-patient
Northampton MA 01060

Sojourn, Inc.
142 Main St.
Bus.#(413) 568-6807 Emerg.#(413) 586-6809
Director: Marilyn Skipton
Hotline Hrs.:24 Drop In Hrs.:24 Referrals
Prev. School Self help Groups
Northampton MA 01060

Pulse Hotline
P.O.Box 273
Bus.#(617) 762-5144 Emerg.#(617) 762-5144
Director: Rev. Joseph P. McDermott
Hotline Hrs.:7AM-11PM Drop In Hrs.:
Prev. School
Norwood MA 02062

South Norfolk Screening and Emergency
91 Central St.
Bus.#(617) 769-6060 Emerg.#(617) 769-6060 359 4966
Director: Kathryn Doller
Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
Evaluation
Portugese, Sign, +
Norwood MA 02062

Listen, Inc.
28 Taylor St.
Bus.#(617) 233-8916 Emerg.#(617) 233-8911
Director: Carol LaFrance
Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
Fam. Cnsling Self help Groups
Sliding Scale
Sagus MA 01906

MASSACHUSETTS

Weymouth Youth Office
 1440 Commercial St. Weymouth MA 02189
 Bus. # (617) 331-1719 Emerg. # (617) 331-1719
 Director: Gloria Burt
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnsling Self help Groups
 Weymouth Resident

Crisis Center, Inc. Worcester MA 01602
 P.O. Box 652
 Bus. # (617) 791-7205 Emerg. # (617) 791-6562
 Director: Timothy-John Kelly
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

MICHIGAN

Call Someone Concerned Adrian MI 49221
 227 N. Winter - Suite 215
 Bus. # (517) 263-6739 Emerg. # (517) 263-6737
 Director: Jom Jones
 Hotline Hrs.: 24 Drop In Hrs.: M-F 9am-11pm; 12pm-11pm S, S Referrals
 Prev. School Fam. Cnsling
 Spanish

Ozone House Ann Arbor MI 48104
 608 N. Main St.
 Bus. # (313) 662-2265 Emerg. # (313) 662-2222
 Director: None
 Hotline Hrs.: Unspecified Drop In Hrs.: 11AM-11AM Referrals
 Prev. School Fam. Cnsling Self help Groups
 Sliding Scale In-patient Under 18

Survivors of Suicide/Catherine McAuley Health Ctr Ann Arbor MI 48103
 501 N. Maple Road
 Bus. # (313) 663-3042 Emerg. #
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Washtenaw County Community Mental Health Center Ann Arbor MI 48105
 2929 Plymouth Rd.
 Bus. # (313) 994-2285 Emerg. # (313) 996-4747
 Director: Saul Cooper
 Hotline Hrs.: 24 Drop In Hrs.: Appt. Referrals
 Fam. Cnsling Self help Groups
 Translation avail. TTY

Common Ground Birmingham MI 48011
 1090 S. Adams
 Bus. # (313) 645-1173 Emerg. # (313) 645-9676
 Director: Dr. James Neubacher
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling
 TTY

Children's Center Detroit MI 48201
 101 E. Alexandrine Street
 Bus. # (313) 831-5535 Emerg. # (313) 224-7000
 Director: Ted Lewis
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Fam. Cnsling
 Sliding Scale Wayne County

MICHIGAN

Contact Lifeline 7430 2nd St. Bus.#(313) 875-0426 Emerg.#(313) 894-5555 Director: Ann Fishman Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnsling	Detroit	MI 48219
Emergency Telephone Service & Suicide Prevention Center 220 Bagley Street - Suite 626 Bus.#(313) 963-7890 Emerg.#(313) 224-7000 Director: Sharron Jamal Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Surv. Translation avail. TTY	Detroit	MI 48226
Wayne County Dept. of Social Ser. Children & Youth 801 W. Baltimore Street Bus.#(313) 876-6016 Emerg.#(313) 876-6016 Director: Hotline Hrs.: Drop In Hrs.: Self help Groups	Detroit	MI 48202
Listening Ear of East Lansing 547 1/2 E. Grand River Bus.#(517) 337-1717 Emerg.#(517) 337-1717 Director: Tammy Hopkins Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnsling	East Lansing	MI 48823
Emergency Service Genesee Co. Mental Health 420 W. 5th Ave. Bus.#(313) 257-3742 Emerg.#(313) 257-3740 Director: Anthony McPherson Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Testing Evaluation Insurance TTY In-patient County Residents	Flint	MI 48503
Survivors of Suicide 202 East Blvd. Drive - Room 210 Bus.#(313) 232-9950 Emerg.#(313) 232-9950 Director: Michelle Zimmerman Hotline Hrs.: Drop In Hrs.: Self help Groups	Flint	MI 48503
Survivors of Suicide 1777 Pineknoll, S.E. Bus.#(616) 455-0372 Emerg.#(616) 455-0372 Director: Ethel Bucek, Lois Stuey Hotline Hrs.: Drop In Hrs.: Self help Groups	Grand Rapids	MI 49508
24 Hour Crisis Line P.O. Box 127 Bus.#(616) 873-2108 Emerg.#(616) 873-2108 Director: John Neidow Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Spanish	Hart	MI 49420

MICHIGAN

Ottaawa County Community MH Service/Helpline
 12265 James St. Holland MI 49423
 Bus.#(616) 392-1873 Emerg.#(616) 396-4357; 842-4357, 458-4357
 Director: Pat O'Rourke
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Evaluation
 TTY
 Central Office for 3 hotlines

Emergency Counseling Center - Aware, Inc./Helpline
 P.O. Box 1526 Jackson MI 49204
 Bus.#(517) 783-2861 Emerg.#(517) 783-2671
 Director: Lisa Pasbjarg
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Self help Groups

Gryphon Place - Helpline
 1104 S. Westnedge Ave. Kalamazoo MI 49008
 Bus.#(616) 381-1510 Emerg.#(616) 381-HELP (4357)
 Director: William Pell
 Hotline Hrs.:24 Drop In Hrs.:8AM-11PM, Daily Referrals
 Prev. School Fam. Cnsling
 TTY

Lapeer County Community Mental Health Center
 1575 Suncrest Dr. Lapeer MI 48446
 Bus.#(313) 667-0500 Emerg.#(313) 667-0500
 Director: Dr. Richard Berman
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Lapeer County Residents

Telephone Listening Center
 P.O. Box 9391 Livonia MI 48150
 Bus.#(313) 422-4854 Emerg.#(313) 422-4852
 Director: Jan Van Der Back
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Macomb County Crisis Center
 5th Floor County Building Mt. Clemons MI 48043
 Bus.#(313) 573-8700 Emerg.#(313) 573-8700
 Director: Kathleen Western
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 TTY

Listening Ear Crisis Center, Inc.
 P.O.Box 65 Mt. Pleasant MI 48858
 Bus.#(517) 772-2919 Emerg.#(517) 772-2918
 Director: Don Schuster
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School

Comm. MH Services of Muskegon Co. - Youth Services
 31 E. Clay Avenue Muskegon MI 49441
 Bus.#(616) 726-5437 Emerg.#(616) 722-4357
 Director: Donna Hartman
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale County Residents 18 & Under

MICHIGAN

Turning Point Crisis Center P.O.Box 115 Bus.#(313) 455-4902 Emerg.#(313) 455-4900 Director: Linda Kozminski Hotline Hrs.:6AM-10PM Drop In Hrs.:9am-10pm Prev. School Fam. Cnsling	Plymouth	MI 48170	Referrals
Blue Water MH & Child Guidance Clinic 1501 Krafft Road Bus.#(313) 985-5125 Emerg.#(313) 985-7161 Director: Andrew L. Anderson Hotline Hrs.:24 Drop In Hrs.:9am-5pm Fam. Cnsling Testing Evaluation Some fees Local Resident	Port Huron	MI 48060	Referrals
Survivors of Suicide - Mercy Hospital 2601 Electric Bus.#(313) 985-1500 Emerg.#(313) 985-1500 Director: Sr. Pat O'Donnell Hotline Hrs.: Drop In Hrs.: Self help Groups	Port Huron	MI 48061	
The Center for Human Resources 1113 Military St. Bus.#(313) 985-5168 Emerg.#(313) 985-7161 Director: Scott Nill Hotline Hrs.:24 Drop In Hrs.: Prev. School Fam. Cnsling Self help Groups Sliding Scale TTY	Port Huron	MI 48060	Referrals Testing Evaluation
The Sanctuary 1222 S.Washington Bus.#(313) 547-2260 Emerg.#(313) 547-2260 Director: Meri K. Pohutsky/Steve Overstreet Hotline Hrs.:24 Drop In Hrs.:9am-10pm Fam. Cnsling In-patient Voluntary Between 10-17	Royal Oak	MI 48067	Referrals
Helpline 2681 Morton Ave. Riverwood Comm. M.H. Center Bus.#(616) 983-7781 Emerg.#(616) 985-7781 Director: Alan Edelemson Hotline Hrs.:24 Drop In Hrs.:9am-5pm Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Translation avail. TTY In-patient	St. Joseph	MI 49085	Referrals
The Link Crisis Prevention Center 2002 S. State Street Bus.#(616) 983-6351 Emerg.#(616) 983-6351 Director: Polly Learned Hotline Hrs.:24 Drop In Hrs.:24 Prev. School Fam. Cnsling In-patient Under 18	St. Josephs	MI 49085	Referrals
Third Level Crisis Intervention Center 908 West Front Street Bus.#(616) 941-2282 Emerg.#(800) 442-7315 Director: Hotline Hrs.:24 Drop In Hrs.:24 Prev. School Self help Groups Translation avail. Ages12-17 (Runaway Program)	Traverse City	MI 49684	Referrals Evaluation

MICHIGAN

SOS Community Crisis Center
 114 River St. Ypsilanti MI 48127
 Bus.#(313) 485-8730 Emerg.#(313) 485-3222
 Director: Charles Keeper
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School

MINNESOTA

Listening Ear Crisis Center
 111 17th Ave East. Alexandria MN 56308
 Bus.#(612) 763-6638 Emerg.#(612) 763-6638
 Director: Harriet Hopkins
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Mower County Crime Victims Crisis Center
 908 NW 1st Dr. Austin MN 55912
 Bus.#(507) 437-6680 Emerg.#(507) 437-6680
 Director: Jamie Tiedemann
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School

North Suburban Counseling Center
 425 Coon Rapids Blvd. - Suite 200 Coon Rapids MN 55433
 Bus.#(612) 784-3008 Emerg.#(612) 784-3008
 Director: Terri Melnychenko
 Hotline Hrs.:8AM-5PM,M-F Drop In Hrs.: Referrals
 Fam. Cnsling
 Sliding Scale County Residents

West Suburban Teen Clinic
 478 Second St. Excelsior MN 55331
 Bus.#(612) 474-3251 Emerg.#(612) 474-3251
 Director: Marlene Lindquist
 Hotline Hrs.: Drop In Hrs.:9am-5pm +T 7pm-9:30pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Nightengale Help Phone/Information and Referral Service
 P.O. Box 113 Grand Rapids MN 55744
 Bus.#(218) 326-8565 Emerg.#(218) 326-8565
 Director: Cindy Brummin
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Self help Groups
 TTY

Contact Twin Cities
 83 S. 12th St. Minneapolis MN 55403
 Bus.#(612) 341-2212 Emerg.#(612) 341-2896
 Director: Jo Ellen Christiansen
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Death Response Team
 Middlebrook Hall-U of MN/412 22nd Avenue South Minneapolis MN 55455
 Bus.#(612) 373-9818 Emerg.#(612) 373-9818
 Director: Ralph Rickgarn
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

MINNESOTA

First Call for Help
 404 S. 8th Street
 Bus. # (612) 340-7431 Emerg. # (612) 340-7431
 Director: Louis Holseld
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Minneapolis MN 55404

Spanish TTY

Hennepin County Medical Center - Crisis Intervention Center
 701 Park Ave South
 Bus. # (612) 347-3164 Emerg. # (612) 347-2222
 Director: Dr. Ziegfried Stellmachens
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Testing Evaluation
 Multi-lingual TTY
 Minneapolis MN 55415

Suicide Survivors Grief Group
 5124 Grove Street
 Bus. # (612) 929-6448 Emerg. # (612) 929-6448
 Director: Adina Wroblewski
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups
 Minneapolis MN 55436

Youth Emergency Service, Inc.
 Bus. # (612) 339-0895 Emerg. # (612) 339-7033
 Director:
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Location, Spanish TTY Twin City Metro Area
 Minneapolis MN

Owatonna-Steele Co. Contact
 P.O. Box 524
 Bus. # (507) 451-1897 Emerg. # (507) 451-9100
 Director: Jackie Ostlund
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Owatonna MN 55060

Ramsey County Mental Health Center
 529 Jackson Street
 Bus. # (612) 298-5600 Emerg. # (612) 298-4737
 Director: Don Mockenhaupt
 Hotline Hrs.: 9AM-8PM, M-F Drop In Hrs.: 8:30AM-12:30, M-F Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish
 St. Paul MN 55101

24 Hour Crisis Hotline
 1224 Fourth Ave.
 Bus. # (507) 372-7671 Emerg. # (800) 642-1525
 Director: Bob Peters/Sarah Kooiker
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Testing Evaluation
 Sliding Scale In-patient
 Worthington MN 56187

MISSISSIPPI

Golden Triangle Contact
 P.O. Box 1304
 Bus. # (601) 328-9225 Emerg. # (601) 328-0200
 Director: Ann Allen
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Columbus MS 39703

MISSISSIPPI

Helpline
 P.O.Box 183
 Bus.#(601) 544-4357 Emerg.#(601) 544-4357
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Hattiesburg MS 39401

Contact Jackson - Crisis Intervention Service, Inc.
 P.O.Box 5192
 Bus.#(601) 982-8614 Emerg.#(601) 969-7272
 Director: Art Powell
 Hotline Hrs.:24 Drop In Hrs.:9AM-6PM, M-F Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Jackson MS 39216

Weems Mental Health Center
 P.O.Box 4376 West Station
 Bus.#(601) 483-4821 Emerg.#(601) 483-4821
 Director: Steve Johnson
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Meridian MS 39304

MISSOURI

Suicide Survivors Support Group
 2203 S. Nolan Road
 Bus.#(816) 254-2652 Emerg.#(816) 254-2652
 Director: John Allison
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Independence MO 64050

Crisis Intervention, Inc.
 P.O.Box 582
 Bus.#(417) 781-2255 Emerg.#(417) 781-2255
 Director: Helen Shore
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Joplin MO 64801

Human Rescue
 P.O. Box 5836
 Bus.#(816) 471-6070 Emerg.#(816) 471-6070
 Director: Richard Gist
 Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals
 Prev. School

Kansas City MO 64111

Suicide Prevention Hotline - c/o Western MO MH Center
 600 E. 22nd St.
 Bus.#(816) 471-3000 Emerg.#(816) 471-3939
 Director: Morry Lebedum
 Hotline Hrs.:24 Drop In Hrs.:
 Fam. Cnsling
 Local Residents

Kansas City MO 64108

Ray of Hope, Inc.
 30 N. Duquesne
 Bus.#(417) 624-8100 Emerg.#(417) 358-1373
 Director: SuAnn Richardson
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Prev. School Fam. Cnsling Self help Groups
 Donation Only

Road MO 64801

MISSOURI

Burrell M.H. Center
 1300 Bradford Pkway.
 Bus.#(417) 883-5400 Emerg.#(417) 883-5400 Springfield MO 65804
 Director:
 Hotline Hrs.: Drop In Hrs.:Emergency Only Referrals
 Fam. Cnsling Evaluation
 Fees

Crisis Intervention Service & Suicide Prevention
 P.O.Box 263 St. Joseph MO 64501
 Bus.#(816) 232-8431 Emerg.#(816) 232-1655
 Director: Dr. Lawrence E. Johnson
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Contact St. Louis
 P.O.Box 160070 St. Louis MS 63116
 Bus.#(314) 771-8181 Emerg.#(314) 771-0404
 Director: Joan Smith
 Hotline Hrs.:9am-10pm Drop In Hrs.:
 Prev. School
 TTY

Life Crisis Services, Inc.
 1423 South Big Bend St. Louis MO 63117
 Bus.#(314) 647-3100 Emerg.#(314) 647-HELP (4357)
 Director: Gwyn Harvey
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Surv.

High School Programs

Survivors After Suicide
 1536 Sapangton St. Louis MO 63126
 Bus.#(314) 961-0608 Emerg.#(314) 961-5957
 Director: Jaqueline Stock
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Youth Emergency Service
 6816 Washington Ave. St. Louis MO 63130
 Bus.#(314) 862-1334 Emerg.#(314) 727-6294
 Director: Linda James
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnsling
 Donations In-patient Age 13-17

MONTANA

Billings Public Schools
 101 10th St. West Billings MT 59102
 Bus.#(406) 252-3421 Emerg.#(406) 252-3421
 Director: Bruce Raw
 Hotline Hrs.: Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Visually Impaired From School System Only

Bozeman - Yellowstone County Social Services
 3021 3rd Avenue North Billings MT 59101
 Bus.#(406) 248-1691 Emerg.#(406) 248-1212
 Director: Steve Tobin
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnsling
 Must Be Neglected Or Abused

MONTANA

Helpline - Mental Health Center
 1245 North 29th Street Billings MT 59101
 Bus.#(406) 252-5658 Emerg.#(406) 242-1212,252-1212
 Director: John Nesbo
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Tumbleweed
 1629 Avenue D - Suite 2C Billings MT 59101
 Bus.#(406) 259-2558 Emerg.#(406) 259-2558
 Director: Leslie Bracey
 Hotline Hrs.:24 Drop In Hrs.:8:30AM-5PM, M-F Referrals
 Fam. Cnsling

Great Falls Crisis Center - Community Helpline
 113 6th Street North Great Falls MT 59401
 Bus.#(406) 761-6010 Emerg.#(406) 453-6512
 Director: Dr. Findley
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Language Bank

Southwest Montana MHC
 512 Logan Street Helena MT 59601
 Bus.#(406) 442-0310 Emerg.#(406) 442-0640
 Director: David Briggs
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Missoula Crisis Center, Inc.
 P.O.Box 9345 Missoula MT 59807
 Bus.#(406) 543-4555 Emerg.#(406) 543-8277;Teen- 721-1170
 Director: Martha Andrews
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

NEBRASKA

Contact, Inc.
 P.O.Box 81826 Lincoln NB 68501
 Bus.#(402) 464-0602 Emerg.#(402) 464-0602
 Director: Gary Hill
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Personal Crisis Center
 P.O.Box 80083 Lincoln NB 65801
 Bus.#(402) 475-5171 Emerg.#(402) 475-5171
 Director: David Holtzon
 Hotline Hrs.:24 Drop In Hrs.: Referrals

24 Hour Hotline
 201 Miller Ave. Norfolk NB 68701
 Bus.#(402) 371-7530 Emerg.#(800) 672-8323
 Director: Dr. Michael LaCrosse
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 Sliding Scale

NEBRASKA

Richard Young Family Life Center
 P.O. Box 1209
 Bus. # (308) 532-4050 Emerg. # (308) 532-9332
 Director: Dan Green
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv., Gen. Youth Testing Evaluation
 In-patient
 North Platte NB 69103

Personal Crisis Service, Inc.
 4102 Woolworth Ave.
 Bus. # (402) 444-7335 Emerg. # (402) 444-7442
 Director: Barbara Whlan
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Omaha NB 68105

Lancaster Freeway Station
 1911 South 20th
 Bus. # (402) 475-6261 Emerg. # (402) 475-6261
 Director: Marla Nelson
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Fam. Cnsling Gen. Youth
 Sliding Scale In-patient Age 13-17 For Shelter
 Primarily a Youth Shelter
 Lincoln NB 68502

NEVADA

Suicide Prevention Center of Clark County
 3067 Greenbrier Street
 Bus. # (702) 731-2990 Emerg. # (702) 731-2990
 Director: Dorothy
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Spanish
 Las Vegas NV 89121

Suicide Prevention & Crisis Call Center
 P.O. Box 8016
 Bus. # (702) 323-4533 Emerg. # (702) 323-6111
 Director: Debby Prince
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups
 TTY
 Reno NV 89505

NEW HAMPSHIRE

Androskoggin Valley Mental Health Center
 59 Pagehill Rd.
 Bus. # (603) 752-7404 Emerg. # (603) 752-7404
 Director: Arthur Froberg
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnsling
 Sliding Scale
 Berlin NH 03570

Counselling Center of Claremont
 PO Box 1219
 Bus. # (603) 543-3118 & 542-2578 Emerg. # (603) 542-2578
 Director: Fred Hesch
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale
 Claremont NH 03743

Concord Mental Health Center/Emergency Services
 5 Market Lane
 Bus. # (603) 228-1551 Emerg. # (603) 228-1551
 Director: Ginny Slaton
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale
 Concord NH 03301

NEW HAMPSHIRE

Stratford Guidance Center 130 Central Avenue Bus.#(603) 742-0630 or 332-8090 Emerg.#(603) 742-0630 Director: Paul VanSlooten Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals Fam. Cnsling Self help Groups Testing Evaluation Sliding Scale Some Restrictions Sexual Abuse Treatment Program	Dover	NH 03820
The Samaritans 25 Lamson St. Bus.#(603) 357-5505 Emerg.#(603) 357-5505 Director: John Barren Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals Prev. School	Keene	NH 03431
Headrest PO Box 221 Bus.#(603) 448-4872 Emerg.#(603) 448-4400 Director: Kathy Detuck Hotline Hrs.:24 Drop In Hrs.:24 Referrals	Lebanon	NH 03766
Upper Valley Youth Services P.O.Box 804 Bus.#(603) 448-4792 Emerg.#(603) 448-4792 Director: Paul Foster Hotline Hrs.: Drop In Hrs.:24 Referrals Fam. Cnsling Sliding Scale Some Restrictions Child Placement Program (Foster Homes)	Lebanon	NH 03766
Greater Manchester MHC 401 Cypress Bus.#(603) 668-4111 Emerg.#(603) 688-4111 Director: Diane Roberts Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Greek & French TTY	Manchester	NH 03103
Seacoast Regional Mental Health Service 1145 Sagamore Ave. Bus.#(603) 431-6703 Emerg.#(603) 431-6703 Director: Jeffrey Connor, Ph.D. Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnsling Self help Groups Testing Evaluation Sliding Scale Some Restrictions Preventive Program for Children	Portsmouth	NH 03801
Center for Life Management 44 Stiles Rd. Bus.#(603) 893-3548 Emerg.#(603) 432-2253 Director: Neil Chalek Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Windham Inn for long-term emotional problems	Salem	NH 03079

NEW JERSEY

Crisis Intervention Program

1925 Pacific Ave., Atlantic City Medical Center Atlantic City
 Bus. # (609) 344-1118 Emerg. # (609) 344-1118
 Director: Debbie Natelle
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Evaluation
 In-patient

NJ 08401

Richard Hall Community Mental Health Center
 500 N. Bridge St.

Bridgewater

NJ 08807

Bus. # (201) 725-2800 Emerg. # (201) 526-4100
 Director: Thomas McNally
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Fam. Cnsling Surv. Testing Evaluation
 Sliding Scale
 Crisis Intervention Unit strictly for adolescents

Steininger Center

19 E. Ormand Ave.

Cherry Hill

NJ 08034

Bus. # (609) 428-1300 Emerg. # (609) 428-4357, 541-2222

Director: Beverly McConnell

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

\$25 Initial Session Spanish TTY In-patient

Contact "609"

1050 N. Kings Highway

Cherry Hill

NJ 08034

Bus. # (609) 667-0285 Emerg. # (609) 667-3000, 428-2900

Director: Margaret Tague

Hotline Hrs.: 24 Drop In Hrs.: Referrals

TTY

St. Clare's-Riverside Medical Center-Adolescent Inpatient Unit
 Pocono Rd.

Danville

NJ 07834

Bus. # (201) 625-7080, 625-6180 Emerg. # (201) 625-0280, 625-6030

Director: Phil Horowitz

Hotline Hrs.: 24 Drop In Hrs.: 24 Hrs. At Emerg. Serv

Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Sliding Scale Spanish And Others In-patient Cnsling. Residency Requirement

Helpline- Children Psychiatric & Riverview Hospitals

59 Broad St.

Eatontown

NJ 07724

Bus. # (201) 671-5250 Emerg. # (201) 671-5250

Director: Miles Wagman, A.C.S.W.

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Sliding Scale Language Bank TTY

Hunterdon Helpline

Route 31, Box 36

Flemington

NJ 08822

Bus. # (201) 782-4357 Emerg. # (201) 782-4357

Director: Inge Kruge

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Together Inc.- Youth Services

103 Ellis St.

Glassboro

NJ 08028

Bus. # (609) 881-6100 Emerg. # (609) 881-6100

Director: Eileen Martin, Nikki Taylor

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling

In-patient Age 9-17

Shelter for homeless & runaway kids, Protective Services

NEW JERSEY

Adolescent Suicide Awareness Program
 395 Main Street Hackensack NJ 07601
 Bus. # (201) 646-0333 Emerg. # (201) 646-9228, 646-0333
 Director: Diane Ryerson
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnslng Self Help Groups Testing Evaluation
 Sliding Scale Reside Or Work In Area
 Provide training for ASAP-Adolescent Suicide Awareness Program

Bergen Regional Counseling Center
 395 Main St. Hackensack NJ 07601
 Bus. # (201) 646-0333 Emerg. # (201) 646-9228
 Director: James Cooney
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm
 Prev. School Fam. Cnslng Gen. Youth Evaluation
 Sliding Scale Spanish, Russian Resident Of Catchment Area
 Group Homes

Community Resources for Youth & Their Families, C.R.Y.F.
 355 Main Street Hackensack NJ 07601
 Bus. # (201) 646-3308 Emerg. #
 Director:
 Hotline Hrs.: Drop In Hrs.: By Appt. Referrals

Counseling for teens and families

New Jersey Div. of Youth and Family Services
 190 Main St. Hackensack NJ 07601
 Bus. # (201) 487-5380 Emerg. # (800) 792-8610 (Eve. & Wk. ends)
 Director: Mary C. McArdle
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Gen. Youth
 Sliding Scale Spanish
 Residential Placements

Parents of Suicides
 321 Prospect Ave. #F-1 Hackensack NJ 07601
 Bus. # (201) 343-3908 Emerg. #
 Director: Rhoda Payne
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Survivors of Suicide
 268 Euclid Avenue Hackensack NJ 07601
 Bus. # (201) 342-6887 Emerg. #
 Director: Jo Pesaresi
 Hotline Hrs.: Drop In Hrs.:
 Surv.

St. Mary's Community Mental Health
 609 Washington St. Hoboken NJ 07030
 Bus. # (201) 792-8200 Emerg. # (201) 795-5505
 Director: Dr. George Olden
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale In-patient Local Residents

NEW JERSEY

Christ Hospital Community Mental Health Center
 176 Palisade Avenue Jersey City NJ 07306
 Bus.#(201) 795-8375 Emerg.#(201) 795-8373
 Director: Irma Rodriguez
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self Help Groups Testing Evaluation
 Sliding Scale Spanish In-patient

Contact Atlantic County
 P.O.Box 181 Linwood NJ 08221
 Bus.#(609) 653-4613 Emerg.#(609) 646-6616
 Director: Joanne Dram
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY

So. Bergen Mental Health Center
 516 Valley Brook Ave. Lyndhurst NJ 07071
 Bus.#(201) 935-3322 Emerg.#(201) 646-9228
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Surv. Testing Evaluation
 Sliding Scale Spanish

Rutgers Community Mental Health Center-Eatson-Metuchen Office
 267 Amboy Ave. Metuchen NJ 08840
 Bus.#(201) 549-8400 Emerg.#(201) 463-4420
 Director: Karen Dunne-Maxim, Carol Bellow-Borowka
 Hotline Hrs.: Drop In Hrs.:24 Referrals
 Prev. School Surv. Testing Evaluation
 Sliding Scale

Cumberland County Guidance Center-Crisis Stabilixation Unit
 R D 1, Box 808 Carmel Rd. Millville NJ 08332
 Bus.#(609) 825-6810 Emerg.#(609) 455-5555
 Director: John Baraniecke, Jr. M.A.
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Evaluation
 Sliding Scale Spanish County Residents

Mental Health Resource Center
 60 Fullerton Ave. Montclair NJ 07042
 Bus.#(201) 744-6522 Emerg.#(201) 744-1954
 Director: Sheldon Goldstein, Thelma Reisman
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale Local Residents

Contact Burlington Co.
 P.O.Box 333 Moorestown NJ 08057
 Bus.#(609) 234-5484 Emerg.#(609) 234-8888, 871-4700, 267-8500
 Director: Carolyn Harper
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Memo Helpline-Morristown Memorial Hospital
 180 Madison Ave. Morristown NJ 07960
 Bus.#(201) 540-5168 Emerg.#(201) 540-5045
 Director: Mrs. Miriam Nairn
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Emergency Room-Fees Spanish, Sign In-patient

NEW JERSEY

Memorial Hospital/ Screening & Crisis Intervention Program
 175 Madison Ave Mt. Holly
 Bus. # (609) 267-0700, 261-8003 Emerg. # (609) 261-8000
 Director: Dale Beck
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

NJ 08060

Catholic Community Services
 17 Mulberry St. Newark
 Bus. # (201) 596-4100 Emerg. # (201) 596-4100
 Director: Miriam Gundersdorf
 Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling
 Sliding Scale Spanish In-patient Local Residents

NJ 07102

Crisis Intervention Unit- New Jersey School of Medicine
 100 Bourbon St. Newark
 Bus. # (201) 456-6134 Emerg. # (201) 456-6134
 Director: Dr. Campo
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Testing Evaluation
 Sliding Scale Spanish In-patient

NJ 07103

Newark Beth Israel
 201 Lyons Ave. Newark
 Bus. # (201) 926-7026, 926-7024 Emerg. # (201) 926-7416
 Director: Dr. Rosenthal
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish In-patient
 Expertise in working with younger children (Under age 10)

NJ 07112

Contact Morris-Passaic
 Box 219
 Bus. # (201) 831-1870 Emerg. # (201) 831-1870
 Director: Robert Barkevitz
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Pequannock

NJ 07440

Univ. of Medicine & Dentistry - Comm. Mental Health Center
 Hoes Lane Piscataway
 Bus. # (201) 752-5110, 4634109 Emerg. # (201) 463-4420
 Director: Charlesetta Sutton, Marsha Heiman, Ph.D.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm + Emerg. Referrals
 Prev. School Fam. Cnsling Self Help Groups Testing Evaluation
 Translation avail. In-patient
 Suicide awareness prevention/postvention training

NJ 08854

Contact Gloucester Co.
 P.O. Box 222 Richwood
 Bus. # (609) 881-6200 Emerg. # (609) 881-6200
 Director: Jim Conklin
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Fam. Cnsling

NJ 08074

Teen-to-teen line, Counselors go out to field

Contact Help of Salem Co.
 P.O. Box 36 Salem
 Bus. # (609) 935-4484 Emerg. # (609) 935-4357
 Director:
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

NJ 08079

Educational Information and Resource Center
207 Delsea Drive/RD 4, Box 209
Bus. # (609) 228-6000 Emerg. #
Director: Arthur D. Rainear
Hotline Hrs.: Drop In Hrs.:
Prev. School

Sewell

NEW JERSEY
NJ 08080

Contact of Ocean County
P.O. Box 1121
Bus. # (201) 240-6104 Emerg. # (201) 240-6100
Director: Liz Morris
Hotline Hrs.: 24 Drop In Hrs.: Referrals

Toms River

NJ 08754

Youth Emergency Service
750 Brunswick Ave.
Bus. # (609) 396-6722, 396-4357 Emerg. # (609) 396-6722, 396-4357
Director:
Hotline Hrs.: 24 Drop In Hrs.: Referrals

Trenton

NJ 08638

Spanish

Communication--Help Center
Kean College, Morris Ave.
Bus. # (201) 289-2100 Emerg. # (201) 527-2360 289-2100 527-2330
Director: Carol Camerino
Hotline Hrs.: M-F 9am-1pm Drop In Hrs.: Referrals
Prev. School
Spanish, French, +

Union

NJ 07083

Wall Youth Center
1824 S. Main St.
Bus. # (201) 681-1375 Emerg. #
Director: Bill Schroeder
Hotline Hrs.: Drop In Hrs.: Bus. Hrs. Referrals
Fam. Cnsling Gen. Youth
Sliding Scale Local Residents
Substance abuse programs

Wall

NJ 07719

Contact-We Care
P.O. Box 37
Bus. # (201) 232-2936 Emerg. # (201) 232-2880
Director: Wes Olsen
Hotline Hrs.: 24 Drop In Hrs.: Referrals

Westfield

NJ 07090

TTY

Contact of Mercer Co. N.J., Inc. c/o Katsenbach School
320 Sullivan Way
Bus. # (609) 883-2880 Emerg. # (609) 452-1919
Director: Elenor K. Letcher
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School

W. Trenton

NJ 08628

TTY

Reassurance Contact

Community Mental Health Center for Gloucester County
404 Tatum Street
Bus. # (609) 845-8050 Emerg. # (609) 845-8050
Director: Michael Tolino, Sonia Klimoff
Hotline Hrs.: 24 Drop In Hrs.: Bus. Hrs. Referrals
Prev. School Fam. Cnsling Self Help Groups Testing Evaluation
Sliding Scale Translation avail. Group Home

Woodbury

NJ 08096

NEW MEXICO

Agora-Univ. of New Mexico
 Mesa Vista Hall Albuquerque NM 87106
 Bus. # (505) 277-3013 Emerg. # (505) 277-3013
 Director: Elizabeth Koditawakku
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Contact Lifeline
 P.O. Box 26184 Station D Albuquerque NM 87176
 Bus. # (505) 293-1888 Emerg. # (505) 293-1888
 Director: Bob Shrode
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Spanish

Suicide Prevention Center- UNM School of Medicine
 2600 Marble NE Albuquerque NM 87106
 Bus. # (505) 843-2848 Emerg. # (505) 265-7557
 Director: James Perrings
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnslng Self help Groups
 Sliding Scale Spanish, Indian TTY In-patient

Youth Development, Inc. Albuquerque NM
 Bus. # (505) 877-0371 Emerg. #
 Director:
 Hotline Hrs.: Drop In Hrs.:

Mental Health Resources, Inc. Portales NM 88130
 300 E. 1st St.
 Bus. # (505) 359-1221 Emerg. # (800) 432-2159
 Director: Charles Flemming, PhD.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm M-F Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale Spanish In-patient

NEW YORK

Survivors Group NY
 Bus. # (914) 294-6185 Emerg. #
 Director: Jim Hamilton
 Hotline Hrs.: Drop In Hrs.:
 Surv. Groups

Helpline - Refer Switchboard Albany NY 12210
 214 Lark St.
 Bus. # (518) 436-6000 Emerg. # (518) 436-6000
 Director: Charlene Hrachain
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

The Samaritans Albany NY 12206
 200 Central
 Bus. # (518) 463-0861 Emerg. # (518) 463-2323
 Director: Karen Wasby
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups
 Spanish

		NEW YORK
Middle Earth Switchboard, Inc. 2740 Martin Ave Bus.#(516) 826-0244 Emerg.#(516) 826-0600 Director: Linda Leonard Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnslng Nassau County Residents	Bellmore	NY 11710
National Save-A-Life League, Inc. 4520 Fourth Avenue - Suite MH3 Bus.#(718) 492-4068 Emerg.#(718) 492-4067 Director: Joseph Lowenstein Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals Prev. School	Brooklyn	NY 11220
New York City Self-Help Clearinghouse 186 Joralemon St., Suite 1100 Bus.#(718) 852-4290 Emerg.#(718) 852-4290 Director: Hotline Hrs.: Drop In Hrs.: Referrals Self help Groups	Brooklyn	NY 11201
Friends and Relatives of Suicide Victims 27 Schermerhorn St. Bus.#(718) 643-1946 Emerg.# Director: C. Stone, C. Giangreco Hotline Hrs.: Drop In Hrs.: Surv.	Brooklyn	NY 11201
Suicide Prevention and Crisis Service of Erie Co., Inc. 3258 Main St. Bus.#(716) 834-3131 Emerg.#(716) 834-3131 Director: Robert Sames Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnslng Translation avail. Some Restrictions Outreach - field counseling	Buffalo	NY 14214
New York Institute of Technology Counseling Center Central Islip Campus Bus.#(516) 348-3020 Emerg.#(516) 348-3020 Director: Dr. Michael Miranda Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnslng Self help Groups NYIT Students Only	Central Islip	NY 11722
Suicide Survivors Group/Westchester Jewish Community Svcs. 83 N. Greeley Bus.#(914) 238-8364 Emerg.#(914) 238-8364 Director: Ann Smolin Hotline Hrs.: Drop In Hrs.: Self help Groups	Chappaqua	NY 10013
Family of Ellenville 14 Church Street Bus.#(914) 626-8109 Emerg.#(914) 626-8109 Director: Lisa Cavanaugh Hotline Hrs.:24 Drop In Hrs.:M-W9AM-8PM;TH,F To 4:30P Referrals Fam. Cnslng	Ellenville	NY 12428

NEW YORK

Family of Woodstock

Ellenville

NY

Bus. # (914) 626-8109 Emerg. # (914) 626-8109

Director:

Hotline Hrs.: 24 Drop In Hrs.: Unspecified Referrals

In-patient

Helpline - Mental Health Association

255 Greenwich Street

Goshen

NY 10924

Bus. # (914) 294-7411 Emerg. # (914) 294-9355, 343-6906, 294-9455

Director: Terry DeFranco

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Teen Hotline

Town of Hamburg Youth Bureau

S-6100 South Park Ave.

Hamburg

NY 14075

Bus. # (716) 649-6111 Emerg. # (716) 649-6111

Director: Mike Dundon

Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals

Fam. Cnsling Self help Groups

Hamburg Residents <21 Only

Family Service

129 Jackson Street

Hampstead

NY 11550

Bus. # (516) 485-4600 Emerg. # (516) 485-4600

Director: Quenn Borden

Hotline Hrs.: Drop In Hrs.:

Fam. Cnsling Self help Groups

Westchester Jewish Community Center - Oscar Rubinowitz

141 N. Central Avenue

Hartsdale

NY 10530

Bus. # (914) 949-6761 Emerg. # (914) 949-6761

Director: Ann Smolin

Hotline Hrs.: Drop In Hrs.: Referrals

Fam. Cnsling Self help Groups

Jewish Community

Youth Services Planning & Development Council

P.O. Box 55

Hinckley

NY 04944

Bus. # (207) 453-9205 Emerg. # (207) 453-2997

Director: Vincent Scannel

Hotline Hrs.: Drop In Hrs.: 24 Referrals

Fam. Cnsling

Sliding Scale In-patient Maine Residents Under 18

Wappinger School System

Box 307 - Gayhead School

Hopewell Junction NY 12533

Bus. # (914) 221-4491 Emerg. # (914) 221-4491

Director: Thomas Connelly

Hotline Hrs.: 9am-5pm Drop In Hrs.:

Prev. School Fam. Cnsling Self help Groups

Islip Hotline

Town Hall

Islip

NY 11751

Bus. # (516) 277-4700 Emerg. # (516) 277-4700

Director: Myra Weinstein

Hotline Hrs.: 9am-Midnight Drop In Hrs.: Referrals

Self help Groups

		<u>NEW YORK</u>
Suicide Prevention and Crisis Service P.O.Box 312 Bus.#(607) 272-1505 Emerg.#(607) 272-1616 Director: Ninak Miller Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Self help Groups	Ithaca	NY 14850
Emergency Outreach Service		
Crisis Line Jamestown General Hospital Bus.#(716) 484-1161 Emerg.#(716) 484-1314 Director: Gerald Bartone Hotline Hrs.:24 Drop In Hrs.: Referrals Testing Evaluation Sliding Scale In-patient	Jamestown	NY 14701
Family Counseling Center of Keene, New York P.O. Box 48 Bus.#(518) 576-4557 Emerg.#(518) 576-4557 Director: Dr. John Frazier Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnsling Sliding Scale	Keene	NY 12942
Family of Woodstock, Inc. P.O. Box 3516 Bus.#(914) 255-8801, 679-2485, 338-2370 Emerg.#(914) 255-8801, 679-2485, 338-2370 Director: Mike Burg Hotline Hrs.:24 Drop In Hrs.: Referrals	Kingston	NY 12401
In-patient Central Admin. Ofc. - Woodstock		
Lindenhurst Youth Services Bd. Inc. 177 South Smith Street Bus.#(516) 226-1320 Emerg.#(516) 226-1320 Director: Laurie Sachnoff Hotline Hrs.: Drop In Hrs.:M-F 2-10; S 2-8 Fam. Cnsling Lindenhurst Residents Only	Lindenhurst	NY 11757
Long Beach Reach, Inc. 26 W. Park Ave. Bus.#(516) 889-2332 Emerg.#(516) 889-2332 Director: Joseph Smith Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnsling Testing Evaluation Sliding Scale Spanish Long Beach Area Only Drug Treatment Program	Long Beach	NY 11561
Youth Environmental Services 30 Broadway Bus.#(516) 799-3202 Emerg.#(516) 799-3000 Director: Jamie Bogenschutz Hotline Hrs.:9am-10pm Drop In Hrs.:9am-10pm Fam. Cnsling Testing Evaluation Massapequa Area Only	Massapequa	NY 11758
Family of New Paltz 39-A N. Chestnut St. Bus.#(914) 255-8801 Emerg.#(914) 255-8801 Director: Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals	New Paltz	NY 12561

NEW YORK

Oasis - Psychological Counseling Center
 Vanderburg Learning Center - SUNY/New Paltz New Paltz NY 12561
 Bus.#(914) 257-2250 Emerg.#(914) 257-2141
 Director: Pam Adkins
 Hotline Hrs.: Intermittently Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Students Only
 Parent Workshops

American Short Term Therapy Center
 333 E. 56th St. East Prof. Suite New York NY 10022
 Bus.#(212) 486-7100 Emerg.#(212) 486-7100
 Director: Dr. Berger & Dr. Rosenbaum
 Hotline Hrs.: Drop In Hrs.: 9am-10pm M-Sat.
 Fam. Cnsling Testing Evaluation
 Insurance French, Spanish, +
 Surv. Grp in development

Helpline Telephone Services
 3 West 29th Street, Suite 1010 New York NY 10001
 Bus.#(212) 684-4480 Emerg.#(212) 532-2400
 Director: Amy-Marie Hohm
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail. TTY

The International Center for Intergrated Studies - The Door
 618 6th Ave. New York NY 10011
 Bus.#(212) 691-6161 Emerg.#(212) 691-6161
 Director: Charles Perry
 Hotline Hrs.: Drop In Hrs.: 2-10, M-F Referrals
 Prev. School Fam. Cnsling Self help Groups
 Spanish Ages 12-20 Only

The Samaritans
 Box 761 Old Chelsea Station New York NY 10011
 Bus.#(212) 673-3000 Emerg.#(212) 673-3000
 Director:
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Niagara County Hotline and Crisis Intervention Service
 775 3rd St. Niagara Falls NY 14302
 Bus.#(716) 285-9636 Emerg.#(716) 285-3515
 Director: Daniel Clark
 Hotline Hrs.: 24 Drop In Hrs.: Unspecified Referrals
 Prev. School Fam. Cnsling
 Sliding Scale TTY Niagra Co. Residents Only
 Outreach Program Emergency

Survivors of Suicide - Orange Co. Dept. of MH
 Harriman Drive Ocean NY
 Bus.#(914) 294-6185 Emerg.#
 Director: Jim Hamilton
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Project 85
 259 Chestnut Oneonta NY 13820
 Bus.#(607) 432-2111 Emerg.#(607) 432-2115
 Director:
 Hotline Hrs.: Drop In Hrs.: 24 Referrals

NEW YORK

Farnham Youth Development Center, Inc.
 145 E. Bridge St. Oswego NY 13126
 Bus.#(315) 342-4474 Emerg.#(315) 342-4474
 Director: Barbara Lansdown
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Self help Groups
 Drug & Pregnancy Te Spanish Oswego Co. Residents Only
 Various Youth Programs

Plattsburgh Community Crisis Center
 29 Protection Ave. Plattsburgh NY 12901
 Bus.#(518) 561-5330 Emerg.#(518) 561-5330
 Director: Thomas Piper
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling

Family Services of Dutchess County
 50 N. Hamilton St. Poughkeepsie NY 12601
 Bus.#(914) 452-1110 Emerg.#(914) 452-1110
 Director: Barbara Suter Leather
 Hotline Hrs.:8:30AM-5PM, M; 8:30AM-6 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Sliding Scale County Residents

Psychiatric Emergency Unit of Dutchess Co. Dept. of MH
 230 North Road Poughkeepsie NY 12601
 Bus.#(914) 485-9700 Emerg.#(914) 485-9700
 Director:
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail. TTY In-patient

Center for Youth Service
 258 Alexander Street Rochester NY 14607
 Bus.#(716) 473-2464 Emerg.#(716) 271-7670
 Director: Frank Petrus
 Hotline Hrs.:24 Drop In Hrs.:10AM-9PM, M-F Referrals
 Prev. School Fam. Cnsling Self help Groups
 Translation avail. In-patient
 Emergency Shelter for about 35 kids

Hillside Children's Center
 1183 Monroe Ave. Rochester NY 14620
 Bus.#(716) 244-4455 Emerg.#(716) 473-5150
 Director: James W. Koher, ACSW
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Sign In-patient

The Mental Health Chapter
 973 East Ave. Rochester NY 14607
 Bus.#(716) 271-3540 Emerg.#(716) 275-5151
 Director: Marcia Summers/Barbara Rockefeller
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Threshold Center for Alternative Youth Services
 115 Clinton Avenue South Rochester NY 14604
 Bus.#(716) 454-7530 Emerg.#(716) 454-7530
 Director: James C. Pratt
 Hotline Hrs.: Drop In Hrs.:M-Th 8:30am-7pm; F To 5 Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail. Ages 12-25 Only

NEW YORK

Adirondack Crisis Center, Inc.

Box 89, North Country CC
 Bus.#(518) 891-2915 x 275 Emerg.#(518) 891-5555, (518) 483-0000 (Ma
 Director: Tina Cook
 Hotline Hrs.:2-10PM, S-Th; 2PM-8AM, Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling

Saranac Lake NY 12983

Response of Suffolk Co. Inc.

P.O.Box 300
 Bus.#(516) 751-7500 Emerg.#(516) 751-7500
 Director: Lyn Downs
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Stonybrook NY 11790

Seabury Barn

1257 N. Country Rd.
 Bus.#(516) 751-1411 Emerg.#(516) 751-1411
 Director: Jimmie Green
 Hotline Hrs.:24 Drop In Hrs.:24
 Fam. Cnsling Self help Groups
 Translation avail. In-patient No Delinquency Or Drug Abuser

Stonybrook NY 11790

Health House

555 N. Country Road
 Bus.#(516) 862-6743 Emerg.#(516) 862-6743
 Director: Helen Murdock
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups
 Women Only

St. James NY 11780

Contact

958 Salt Springs Rd.
 Bus.#(315) 446-2610 Emerg.#(315) 445-1500
 Director: Janice Liddell
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Syracuse NY 13224

St. Joseph's Hospital Crisis Counsel

301 Prospect Ave.
 Bus.#(315) 474-1333 Emerg.#(315) 474-1333
 Director: Theresa Domanick
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Some fees In-patient

Syracuse NY 13203

The Salvation Army- Barnabus and Booth House

238 Furman St.
 Bus.#(315) 475-1688 Emerg.#(315) 475-1688
 Director: Joseph Tartaro/Peggy Ann Sugamele - Booth House
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Fam. Cnsling Self help Groups
 In-patient 16-21,Barnabus/13-18,Booth

Syracuse NY 13205

Crisis Intervention-Mohawk Valley Psychiatric Center

1213 Court St., Cottage 46
 Bus.#(315) 797-6800 Emerg.#(315) 736-0883
 Director: Richard M. Heath
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Some Fees Translation avail. In-patient

Utica NY 13502

NEW YORK

Crisis Intervention Unit-Westchester Co. Medical Ctr.
 Westchester Co. Medical Center-Vosburgh PavilliValhalla
 Bus.#(914) 347-4859 Emerg.#(914) 347-7075 NY 10595
 Director: Dr. Herbert Engelstart
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnslng
 Sliding Scale Spanish In-patient Westchester Residents >18

The Mental Health Association of Westchester
 29 Sterling Ave. White Plains NY 10606
 Bus.#(914) 949-6741 Emerg.#(914) 946-0121
 Director: Esther Mallack
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnslng

Adolsecent Task Force on Suicide

White Plains Public Schools
 Damman House 500 North Shore White Plains NY 10605
 Bus.#(914) 997-2023 Emerg.#(914) 997-2023
 Director: George Cohen
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

Family of Woodstock, Inc.
 16 Rock City Rd. Woodstock NY 12401
 Bus.#(914) 255-8801 Emerg.#(914) 255-8801
 Director: Mike Borg
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

In-patient
 Central Office for Woodstock, Kingston, New Paltz, Ellenville

NORTH CAROLINA

Roanoke-Chowan Human Services Center
 Route 3, Box 22A Ahoskie NC 27942
 Bus.#(919) 332-4137 Emerg.#(919) 332-4442
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School
 County Residents

Contact
 P.O.Box 6747 Ashville NC 28816
 Bus.#(704) 252-7703 Emerg.#(704) 253-4357
 Director: Mary Caldwell
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Suicide and Crisis Service of Alamance County
 P.O.Box 2573 Burlington NC 27215
 Bus.#(919) 228-1720 Emerg.#(919) 227-6220
 Director: Jane Woodham
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnslng

Teen to teen hotline being developed

Helpline
 333 McMasters St. Chapel Hill NC 27514
 Bus.#(919) 929-0479 Emerg.#(919) 929-1479
 Director: David Dallyon
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

NORTH CAROLINA

<p>The Relatives, Inc. 1000 E. Boulevard Bus. # (704) 377-0602 Emerg. # (704) 377-0602 Director: Joanne Greyer Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Fam. Cnsling In-patient Age 7-17</p>	Charlotte	NC 28203
<p>Helpline of Durham Co. M.H., Mental Retardation, & Substance 414 E. Main St. Bus. # (919) 683-2392 Emerg. # (919) 683-8628 Director: Rachel Reckford Hotline Hrs.: 24 Drop In Hrs.: 24, Through M.H.Center Referrals Prev. School TTY</p>	Durham	NC 27701
<p>Contact Fayetteville P.O. Box 1271 Bus. # (919) 483-8970 Emerg. # (919) 485-4134 Director: Betty McInnis Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals</p>	Fayetteville	NC 28302
<p>HSA Cumberland Hospital 3425 Melrose Rd. Bus. # (919) 485-7181 Emerg. # (919) 485-7181 Director: Russell Holtz Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Fam. Cnsling Testing Evaluation In-patient</p>	Fayetteville	NC 28304
<p>Respect, Inc. 431 Wide Horizon Dr. Bus. # (704) 369-7333 Emerg. # (704) 369-6143 Director: Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnsling Gen. Youth</p>	Franklyn	NC 28734
Main emphasis is on battered women		
<p>Wayne County Mental Health Center Box D.D. 301 N. Herman St. Bus. # (919) 736-7330 Emerg. # (919) 735-42357 Director: Jonathon Barnes, Ph.D. Hotline Hrs.: 24 Drop In Hrs.: M-F 8am-5pm Referrals Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation Sliding Scale In-patient</p>	Goldsboro	NC 27530
<p>Crisis Control Center, Inc. P.O. Box 8663 Bus. # (919) 852-6366 Emerg. # (919) 852-4444 Director: Claudette Downing Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School</p>	Greensboro	NC 27419
<p>Youth Services of Greensboro, Inc. 437 Arlington St. Bus. # (919) 373-8607 Emerg. # (919) 373-8607 Director: Ellen Olsen Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Age 6-18</p>	Greensboro	NC 27406

Switchboard Crisis Center 330 S. Green St. Bus. # (919) 275-9341 Emerg. # (919) 275-0896 Director: Karen Garafola Hotline Hrs.: 24 Drop In Hrs.: M-F 8am-6pm	Greensboro	<u>NORTH CAROLINA</u> NC 27401
TTY		
Contact High Point 463 S. Main St. Bus. # (919) 885-0191 Emerg. # (919) 882-8121 Director: Ann Clegg Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Fam. Cnslng	High Point	NC 27260
Contact Davidson County P.O. Box 924 Bus. # (704) 249-8824 Emerg. # (704) 249-8974 Director: Helen Morris Hotline Hrs.: 24 Drop In Hrs.:	Lexington	NC 27292
Referrals		
Outer Banks Hotline, Inc. P.O. Box 1417 Bus. # (919) 473-5121 Emerg. # (919) 473-3366, 995-5104 Director: Nancy Griffin Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm	Manteo	NC 27954
Referrals		
Family Services of Wake County 1100 Wake Forrest Rd. Bus. # (919) 821-0790 Emerg. # (919) 821-0790 Director: Ed Elliot Hotline Hrs.: Drop In Hrs.: 9am-5pm Fam. Cnslng Testing Evaluation Sliding Scale Trans. for Deaf	Raleigh	NC 27604
Hopeline, Inc. P.O. Box 6036 Bus. # (919) 755-6588 Emerg. # (919) 755-6555 Director: Mona Chapell Hotline Hrs.: 24 Drop In Hrs.:	Raleigh	NC 27628
Referrals		
TTY		
Teen Helpline- Peer Counseling in Crisis		
N.C. Dept. of Hmn Resources-Prev. Adol. Suic. in Residential Care 325 North Salisbury Street Bus. # (919) 471-1536 Emerg. # Director: Michael Owen Hotline Hrs.: Drop In Hrs.:	Raleigh	NC 27611
Prev. School		
Halifax County Mental Health Center P.O. Drawer 1109 Bus. # (919) 537-2909 Emerg. # (919) 537-2909 Director: Andrew Becker Hotline Hrs.: 24 Drop In Hrs.: 24 Fam. Cnslng Surv. Testing Evaluation Sliding Scale In-patient	Roanoke Rapids	NC 27870

NORTH CAROLINA

Tri-County Mental Health 1615 Mehaley Ave. Bus.#(704) 633-3616 Emerg.#(704) 636-3616 Director: Daylon Greene Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Tri-County Resident	Salisbury	NC 28144
Lee Harnett Area M.H., Mental Retardation, & Substance Abuse 130 Carbonton Rd. Bus.#(919) 774-6521 Emerg.#(919) 774-4520 Director: Mansfield Elmore Hotline Hrs.:24 Drop In Hrs.:24 Referrals Fam. Cnsling Testing Evaluation Sliding Scale	Sanford	NC 27330
Contact Johnston Co. 140 Market St. Bus.#(919) 934-6979 Emerg.#(919) 934-6161 Director: Martha Rogers Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School	Smithfield	NC 27577
The Cup of Water, Inc. 125 W. Bell Bus.#(704) 872-7638 Emerg.#(704) 872-7638 Director: W. Lynwood Hey Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Gen. Youth	Statesville	NC 28677
Cape Fear Substance Abuse Center, Inc. 801 Princess St. Bus.#(919) 343-0145 Emerg.#(800) 672-2903 Director: Flo Stein Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Gen. Youth Testing Evaluation Sliding Scale	Wilmington	NC 28401
Wilson Crisis Center P.O.Box 593 Bus.#(919) 237-5156 Emerg.#(919) 237-5156 Director: Jonsy Markham Hotline Hrs.:24 Drop In Hrs.: Referrals	Wilson	NC 27893
TTY		
Family Services, Inc. 610 Coliseum Dr. Bus.#(919) 722-8173 Emerg.#(919) 722-8173 Director: Donna Jo Abernathy, Rebecca Lawhon Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals Fam. Cnsling Gen. Youth Sliding Scale Emphasis on family counselling & youth stress aid	Winston Salem	NC 27106
Youth Opportunity Homes, Inc. 646 West 2nd St. Bus.#(919) 724-1412 Emerg.#(919) 748-0003 Director: Donna Cook Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals Prev. School Gen. Youth In-patient County Residence Shelter for runaway and homeless youth	Winston Salem	NC 27101

NORTH CAROLINA

Contact: Winston-Salem
 1111 W. First St. Winston-Salem NC 27101
 Bus. # (919) 723-4338 Emerg. # (919) 722-5153
 Director: Anne Compere
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnslng
 TTY

NORTH DAKOTA

Mercer County Women's Action & Resource Center
 Highway 49 - Hillside Office Complex Beulah ND 58523
 Bus. # (701) 873-2274 Emerg. # (701) 748-2274
 Director: Terry Bryant
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Mental Health Assoc. of North Dakota
 Box 160 Bismarck ND 58501
 Bus. # (701) 255-3692 Emerg. # (800) 472-2911
 Director: Myrr Armstrong
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups

Extensive education & training programs

West Central Human Service Center
 600 S. 2nd St. Bismarck ND 58501
 Bus. # (701) 255-3090 Emerg. # (701) 255-3090
 Director: Erb Bitz
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Fam. Cnslng Testing Evaluation
 Some fees
 Chronically Mentally Ill Services & Addicted Services

Hotline
 PO Box 447 Fargo ND 58107
 Bus. # (701) 293-6462 Emerg. # (701) 232-4357 & 232-7345
 Director: Melinda Hun
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Spanish TTY

Hotline/Crisis Line
 PO Box 447 Fargo ND 58107
 Bus. # (701) 293-6462 Emerg. # (701) 235-7335 or (701) 232-4357
 Director: Deb Doss
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

TTY

Northeast Human Service Center
 1407 24th Ave. S. Grand Forks ND 58201
 Bus. # (701) 746-9411 Emerg. # (701) 775-0525
 Director: Robert Sanderson
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnslng Self help Groups Testing Evaluation
 Sliding Scale
 Community Living Program

St. Joseph's Hospital
 3rd St. SE - Burdick Expressway Minot ND 58701
 Bus. # (701) 857-2000 Emerg. # (701) 839-2222
 Director: Sue Scheuring
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups
 TTY In-patient

OHIO

Care Line

OH

Bus. # (614) 593-3346 Emerg. # (614) 593-3344
 Director: Mark Sutton
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Support, Inc./Suicide Prevention
 1361 W. Market St.

Akron

OH 44313

Bus. # (216) 864-7743 Emerg. # (216) 434-9144
 Director: Norma Rios
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups
 TTY

Contact Ashtabula
 P.O. Box 674

Ashtabula

OH 44004

Bus. # (216) 998-2609 Emerg. # (216) 998-2607
 Director: Mary Tenan
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Spanish

Clermont County Youth Services - Div of Clarmon Comm. Svcs.
 2291 Batavia Road

Batavia

OH 45103

Bus. # (513) 732-7182 Emerg. # (513) 732-7182
 Director: John Childress
 Hotline Hrs.: Drop In Hrs.: 8AM-9PM, M-F
 Prev. School Fam. Cnsling Self help Groups
 Clarmon Co. Residents 8-18
 Childrens Med. Clinic

The Link

525 Pike ST.

Bowling Green

OH 43402

Bus. # (419) 352-5387 Emerg. # (419) 352-1545
 Director: Bob Hopburn
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 TTY

Contact Crawford Co.

P.O. Box 631

Bucyrus

OH 44820

Bus. # (419) 562-9099 Emerg. # (419) 562-9010, 468-9081, (800) ??
 Director: Diane Burks
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Crisis Intervention Center of Stark County, Inc.
 2421 13th St. N.W.

Canton

OH 44708

Bus. # (216) 452-9812 Emerg. # (216) 452-6000
 Director: Laurie Lapp
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv. Testing Evaluation
 Sliding Scale TTY
 Outreach

Crisis Center - Scioto-Pinta Valley Mental Health Center

4449 State Route 159 - P.O. Box 6179

Chillicothe

OH 45601

Bus. # (614) 773-0760 Emerg. # (614) 773-4357

Director: Don Clokey

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Translation avail. TTY In-patient

Cincinnati Survivors After Suicide

Bus.#(513) 523-8646 Emerg.#
 Director: Joanne Sauder
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Cincinnati OH

Contact Queen City

P.O. Box 42071
 Bus.#(513) 791-5673 Emerg.#(513) 791-5673
 Director: Mary Jane Parker
 Hotline Hrs.:24 Drop In Hrs.:

Cincinnati OH 45242

TTY

Walk-in Clinic - Psychological Services Center

316 Dyre Hall - Mail Location 34
 Bus.#(513) 475-2941 Emerg.#(513) 475-2941
 Director: Dr. Milton Foreman
 Hotline Hrs.: Drop In Hrs.:8AM-5PM Students Only; 5 Referrals
 Evaluation
 Sliding Scale

Cincinnati OH 45221

281-Care/Talbert House

3891 Reading Rd.
 Bus.#(513) 281-2273 Emerg.#(513) 281-CARE (2273)
 Director: Bob Contadino
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnslng
 Sliding Scale

Cincinnati OH 45229

Psychiatric Emergency Evaluation & Referral Service

2351 East 22nd Street
 Bus.#(216) 861-6200 x 2000 Emerg.#(216) 229-2211
 Director: Leo Wenneman
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Cleveland OH 44115

Some Restrictions

Safe Space Station

12321 Euclid Ave
 Bus.#(216) 421-2000 Emerg.#(216) 421-2000
 Director: Rebecca DeVenazio
 Hotline Hrs.:24 Drop In Hrs.:24
 Prev. School Fam. Cnslng
 In-patient Under 18

Cleveland OH 44106

Survivors, Inc. - Center for Human Services

3929 Rocky River Road
 Bus.#(216) 252-5800 Emerg.#(216) 252-5800
 Director: Beth Craig
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Cleveland OH 44111

The Rap Art Center

134-29 Cedar Rd.
 Bus.#(216) 241-6400 Emerg.#(216) 932-8497
 Director: Paula Atwood
 Hotline Hrs.:8:30AM-9PM, M-Th; 8AM-5 Drop In Hrs.:9AM-3PM, Sat. Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale

Cleveland Heights OH 44118

OHIO

Huckleberry House, Inc.
 1421 Hamlet Street Columbus OH 43201
 Bus.#(614) 294-8097 Emerg.#(614) 294-5553
 Director: Doug McCoard
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling

Northwest Counseling Services
 1560 Fishinger Road Columbus OH 43221
 Bus.#(614) 457-7876 Emerg.#(614) 457-7876
 Director: Rita Kerr
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Southwest Comm. Health Center
 199 S. Central Avenue Columbus OH 43223
 Bus.#(614) 274-7000, 274-9500 ext.286 Emerg.#(614) 274-7000
 Director: Trudy Gracer
 Hotline Hrs.: Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Translation avail. TTY

Suicide Prevention Services of North Central MH
 1301 N. High Street Columbus OH 43201
 Bus.#(614) 299-6600 Emerg.#(614) 221-5445
 Director: Toni Rivera
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale TTY
 Teens Talk to Teens

Survivors of Suicide
 1455 S. 4th Street Columbus OH 43207
 Bus.#(614) 444-0800 Emerg.#
 Director: Mrs. Hyman
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Contact Dayton or Kidsline
 P.O. Box 125 Dayton OH 45459
 Bus.#(513) 296-7888 Emerg.#(513) 296-7888
 Director:
 Hotline Hrs.:M-Th 9AM-11PM; F&Sa 24 Drop In Hrs.: Referrals

Dayton Suicide Prevention Center, Inc.
 184 Salem Ave. Dayton OH 45406
 Bus.#(513) 223-9096 Emerg.#(513) 223-4777
 Director: Linda Satterm
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Comprehensive suicide prevention center

Survivors of Suicide
 184 Salem Avenue Dayton OH 45406
 Bus.#(513) 223-9096 Emerg.#
 Director: Wanda Y. Johnson
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Help Anonymous
 11 E. Central
 Bus. # (614) 363-1835 Emerg. # (614) 369-3316
 Director: Myrna Paul
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Delaware OH 43015

Preble Counseling Center Hotline
 101 North Barron St.
 Bus. # (513) 456-6201 Emerg. # (513) 456-1166
 Director: David Miller
 Hotline Hrs.: 24 Drop In Hrs.: 9AM-5PM, T-F; 9AM-8PM, M Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish
 Eaton OH 45320

Bureau of Concern
 716 N. County Line St.
 Bus. # (419) 435-4357 Emerg. # (419) 435-4357
 Director: Sandra Johnson-Newsom
 Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-5pm Referrals
 Prev. School
 Fostoria OH 44830

Crisis Hotline - Barice County MH CLinic
 212 E. Main St.
 Bus. # (513) 548-1635 Emerg. # (513) 548-1635
 Director: Mary Elken Sullivan
 Hotline Hrs.: 24 Drop In Hrs.: M12:30-9PM; T-F8:30AM-5P Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Co. Residents For Counseling
 Greenville OH 45331

Townhall II Helpline
 P.O. Box 717
 Bus. # (216) 678-3006 Emerg. # (216) 678-4357, (800) 533-4357
 Director: Karen Barton
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling
 Sliding Scale TTY
 Kent OH 44240

Information and Crisis Service for Fairfield Co.
 P.O. Box 1054
 Bus. # (614) 687-0500 Emerg. # (614) 687-0500
 Director: Rev. David A. Bugh
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Lancaster OH 43130

Helpline/Adapt
 741 Sholl Road
 Bus. # (419) 756-1717 Emerg. # (419) 522-4357
 Director: Amy Glorioso
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Mansfield OH 44907

TTY

Careline
 Bus. # (614) 387-7200 Emerg. # (614) 387-7200
 Director: Marge Chaplain
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Marion OH

OHIO

Crisis Hotline - Charles B. Mills Center
 715 S. Plum St. Marysville OH 43040
 Bus.#(513) 644-9192 Emerg.#(513) 644-6363, (614) 943-2916, 87
 Director: Cyndy Schmohe
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient Counseling For Co. Residents

Medina Crisis Intervention Helpline
 246 Northland Dr. Medina OH 44256
 Bus.#(216) 725-4923 Emerg.#(216) 725-4357
 Director: Peggy Dixon
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Free Clinic of Lake County - Crossroads Lake Co. Adol. Serv.
 9652 Old Johnnycake Ridge Rd. Mentor OH 44060
 Bus.#(216) 352-5300 Emerg.#(216) 352-5300
 Director:
 Hotline Hrs.: Drop In Hrs.:M-Th10AM-10PM; F10-6
 Prev. School

Hopeline, Inc.
 P.O.Box 142 Mt. Gilead OH 43338
 Bus.#(419) 947-2520 Emerg.#(419) 947-2520, 2530
 Director: Judy Friday
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Oxford Crisis and Referral Center
 111 East Walnut Street Oxford OH 45056
 Bus.#(513) 523-4148 Emerg.#(513) 523-4146
 Director: Paul Lakey
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Sliding Scale

Shelby Helpline
 60 1/2 West Main St. Shelby OH 44875
 Bus.#(419) 347-6307 Emerg.#(419) 347-6307
 Director: Sheryl Cramer
 Hotline Hrs.:9am-1pm Drop In Hrs.: Referrals

Information and Referral Agency
 Survivors of Suicide
 2115 Lexington Avenue/ Wittenberg University Springfield OH 45505
 Bus.#(513) 322-9696 Emerg.#(513) 325-1830
 Director: Betty Oetting
 Hotline Hrs.: Drop In Hrs.:9am-10pm
 Self help Groups

Suicide Grief Support
 Lake County MH Center/Catholic
 8 N. State Street Tainsville OH 44077
 Bus.#(216) 357-7300 Emerg.#(216) 357-7300, 953-8255
 Director:
 Hotline Hrs.:24 Drop In Hrs.:

OHIO

Connecting Point
 3301 Collingwood Toledo OH 43610
 Bus. # (419) 243-1001 Emerg. # (419) 243-1001
 Director: Bonnie Kaufman
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 In-patient Ages 13-17 Only

Toledo First Call for Help
 1 Stranahan SQ. #141 Toledo OH 43604
 Bus. # (419) 244-3728 Emerg. #
 Director:
 Hotline Hrs.: Unspecified Drop In Hrs.: Referrals

Information and Referral Agency

Survivors, Inc.
 4185 Hadliegh Road University Heights OH 44118
 Bus. # (216) 932-4554 Emerg. #
 Director: Johnnie Marks
 Hotline Hrs.: Drop In Hrs.:

Contact Trumbull Co. - Contact Community Connection
 P.O. Box 1403 Warren OH 44482
 Bus. # (216) 395-5255 Emerg. # (216) 393-1565, 545-4371, 2
 Director: Rev. David R. Beals
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnslng Self help Groups
 Spanish, Sign TTY

Survivors of Suicide
 924 East Wind Drive Westerville OH 43081
 Bus. # (614) 882-9338 Emerg. # (614) 882-9338
 Director: Beverly Phipps
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Dial a Friend
 P.O. Box 303 Wooster OH 44691
 Bus. # (216) 262-9499 Emerg. # (216) 262-9999
 Director: Barbara Arnold
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Teen to Teen, Elderly Assurance Program

Greene County Crisis Center
 452 W. Market Xenia OH 45385
 Bus. # (513) 376-8700 Emerg. # (513) 376-8701, 426-2302
 Director: Debbie Anton
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnslng
 In-patient

Help Hotline, Inc.
 P.O. Box 46 Youngstown OH 44501
 Bus. # (216) 747-2696 Emerg. # (216) 747-2696, 744-0579
 Director: Dolores Elias
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Self help Groups
 Spanish TTY
 Handbook, High School course

OHIO

Essex County, Inc. - Crisis Hotline
 2845 Bell St. Zanesville OH 43701
 Bus.#(614) 454-9766 Emerg.#(614) 452-8403
 Director: James McDonald
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

OKLAHOMA

Oklahoma Adolescent Health Care Project OK
 Bus.#(800) 522-0202 Emerg.#(800) 522-0202
 Director: Byron Williams
 Hotline Hrs.:24 Drop In Hrs.:

Toll Free Call in Oklahoma

Youth & Family Services of Washington Co., Inc.
 819 South Osage Bartlesville OK 74003
 Bus.#(918) 337-0337 Emerg.#(918) 337-0337
 Director: Marla Hanley Asaw
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Fam. Cnsling Self help Groups
 County Area Residents <19

Tri-city Youth and Family Center, Inc.
 P.O.Box 695 Choctaw OK 73020
 Bus.#(405) 390-8131 Emerg.#(405) 390-8131
 Director: Joy Louthard
 Hotline Hrs.: Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale East Oklahoma Co. Residents

Youth Services for Stephens County, Inc.
 P.O.Box 1603 Duncan OK 73534
 Bus.#(405) 255-8800 Emerg.#(405) 252-3060
 Director: John Herdt
 Hotline Hrs.: Drop In Hrs.: Referrals
 Fam. Cnsling
 In-patient Under 18 Only

Contact Northwest Oklahoma - N.W. Oklahoma Pastoral Care
 P.O.Box 3165 Enid OK 73702
 Bus.#(405) 237-8400 Emerg.#(405) 234-1111
 Director: Wilfred Ulrich
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale TTY

Youth & Family Service Center of North Central OK, Inc.
 2925 N. Midway Enid OK 73701
 Bus.#(405) 233-7220 Emerg.#(405) 233-7220
 Director:
 Hotline Hrs.:9am-10pm Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 Spanish,Vietnamese In-patient 5 Co. Area Residents Only

Crisis Telephone Service - Crisis, Inc.
 P.O.Box 2011 Lawton OK 73502
 Bus.#(405) 355-7575 Emerg.#(405) 355-7575
 Director: Jane Webb
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

OKLAHOMA

United Way Helpline 319 W. Main St. Bus.#(405) 364-3800 Emerg.#(405) 364-3800 Director: Kathey Hopper Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm	Norman	OK 73069
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Contact Oklahoma City P.O.Box 12832 Bus.#(405) 840-9396 Emerg.#(405) 848-2273 Director: Hotline Hrs.:24 Drop In Hrs.: Prev. School	Oklahoma City	OK 73157
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Helpline, Inc. P.O.Box 375 Bus.#(405) 765-5551 Emerg.#(405) 765-5551 Director: Margaret Grace Hotline Hrs.:24 Drop In Hrs.: Referrals	Ponca City	OK 74602
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TTY

Kay County Youth Services Center & Shelter 415 W. Grand Bus.#(405) 762-8341 Emerg.# Director: Mark Whitt Hotline Hrs.: Drop In Hrs.:24 Referrals Fam. Cnsling Spanish In-patient Under 18 Only	Ponca City	OK 74601
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Helpline, Inc. P.O.Box 52847 Bus.#(918) 585-1144 Emerg.#(918) 583-4357 Director: Jim Lyall Hotline Hrs.:24 Drop In Hrs.: Referrals	Tulsa	OK 74152
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Spanish TTY

OREGON

Linn County Mental Health P.O.Box 100 Bus.#(503) 967-3866 Emerg.#(503) 967-3866 Director: Dennis Dahlen Hotline Hrs.:Unspecified Drop In Hrs.:9am-5pm Referrals Fam. Cnsling Testing Evaluation Sliding Scale Spanish, Sign In-patient Linn City Residents	Albany	OR 97321
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Benton County Mental Health 530 N. W. 27th Street Bus.#(503) 757-6844 Emerg.#(503) 757-6846 Director: Barry Kast Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Self help Groups Testing Evaluation Sliding Scale	Corvallis	OR 97330
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Sunflower House - Community Outreach, Inc. 128 S.W. 9th Street Bus.#(503) 758-3000 Emerg.#(503) 758-3000 Director: Moonde Mattioli Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals Prev. School Fam. Cnsling Self help Groups Sliding Scale WIF Program	Corvallis	OR 97333
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OREGON

Crisis Center - Univ of Oregon 1590 East 13th Street Bus.#(503) 686-3227 Emerg.#(503) 686-4488 Director: Deborah Jackson Hotline Hrs.:24 Drop In Hrs.:9am-5pm Fam. Cnsling Testing Evaluation Daytime- Univ.Students Only	Eugene	OR 97403
Looking Glass Youth & Family Services 550 River Road Bus.#(503) 689-3111 Emerg.#(503) 689-3111 Director: Galen Phitts Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Sliding Scale In-patient Parent Permission	Eugene	OR 97404
Whitebird Clinic Medical Aid Station 341 E. 12th St. Bus.#(503) 687-4000 Emerg.#(503) 687-4000 Director: Robert Dritz Hotline Hrs.:24 Drop In Hrs.:24 Referrals	Eugene	OR 97401
Many Languages Legal, Medical, Drug, Counseling		
Josephine County Information and Referral Service Helpline P.O.Box 670 Bus.#(503) 479-2349 Emerg.#(503) 479-4357 Director: Juanita Magill Hotline Hrs.:24 Drop In Hrs.: Referrals Fam. Cnsling	Grants Pass	OR 97526
Hope in Crisis - Klamath Crisis Center 1014 Maus Street Bus.#(503) 882-0390 Emerg.#(503) 884-0390, (800) 452-3669 Director: Phyllis Barkusp Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Self help Groups Spanish, Vietnames	Klamath Falls	OR 97601
Helpline, Inc. - Crisis Intervention Services P.O.Box 819 Bus.#(503) 779-4490, 1111, 2112 Emerg.#(503) 779-4357 Director: Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Spanish TTY	Medford	OR 97501
Metro Crisis Intervention Service P.O.Box 637 Bus.#(503) 226-3099 Emerg.#(503) 223-6161 Director: Laura Scholar Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Sign TTY	Portland	OR 97207
Northwest Human Services, Inc. 674 Church Street N.E. Bus.#(503) 588-5828 Emerg.#(503) 581-5535 Director: Mary Beth Thompson Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals Prev. School Fam. Cnsling Sliding Scale Translation avail. TTY	Salem	OR 97301

PENNSYLVANIA

Tapline

PA

Bus. # (717) 523-3216 Emerg. # (800) 332-8571
 Director:
 Hotline Hrs.: Drop In Hrs.:

Telehelp of Montgomery County
 c/o Mental Health Center
 Bus. # (215) 884-2220 Emerg. # (215) 884-2220
 Director: Dr. Norman Jablon
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Abington

PA 19001

TTY - (215) 885-1110

Lehigh County MH/MR Crisis Intervention
 501 Court Street
 Bus. # (215) 820-3127 Emerg. # (215) 820-3127
 Director: Irving Kaplan
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Allentown

PA 18101

Spanish

Lifeline-Valley Wide Help
 1244 Hamilton
 Bus. # (215) 435-7111 Emerg. # (215) 435-7111
 Director: Rose Craig
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Allentown

PA 18102

TTY

Altoona Hospital Community Mental Health Center
 Howard Avenue & 7th Street
 Bus. # (814) 946-2141 Emerg. # (814) 946-2141
 Director: William Wallen
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Translation avail. In-patient County Resident

Altoona

PA 16603

Contact Altoona
 P.O. Box 11
 Bus. # (215) 946-0531 Emerg. # (215) 946-9050
 Director: Jean Zeisloft
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Altoona

PA 16603

TTY

Crisis Intervention Team
 2 Bethlehem Plaza
 Bus. # (215) 691-3613 Emerg. # (215) 691-3613
 Director: Beverly Corkhill
 Hotline Hrs.: Unspecified Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Sliding Scale Spanish County Resident

Bethlehem

PA 18018

Contact Chambersburg
 221 N. Main St.
 Bus. # (717) 263-8007 Emerg. # (717) 264-7799
 Director: Eugene Stecher
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Chambersburg

PA 17201

TTY

PENNSYLVANIA

Chester County Crisis Intervention Center 520 East Lancaster Avenue Bus.#(215) 873-1000 Emerg.#(215) 873-1000 Director: Kevin Kirby Hotline Hrs.:24 Drop In Hrs.:M-F9AM-9PM; S9AM-3PM Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale Spanish Chester County Residents	Downingtown	PA 19335
Erie Hotline, Inc. c/o United Way Erie County-110 West 10th Street Bus.#(814) 456-2937 Emerg.#(814) 453-5656 Director: Judy Glembocki Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School TTY	Erie	PA 16501
Prevent 538 East Grandview Blvd. Bus.#(814) 825-0210 Emerg.#(814) 825-0210 Director: Margaret M. Aste Hotline Hrs.: Drop In Hrs.: Prev. School Minimal Fees	Erie	PA 16504
Adams/Hanover Counseling Center 37 West St. Bus.#(717) 334-9111 Emerg.#(717) 334-9111, 334-2121, 637-3711 Director: Lacenda Briercheck Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale	Gettysburg	PA 17325
Contact Teleministries USA Pouch A Bus.#(717) 232-3501 Emerg.#(717) 232-3501 Director: Dennis Gable Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling	Harrisburg	PA 17105
Dauphin County Crisis Intervention 25 South Front Street Bus.#(717) 255-2705 Emerg.#(717) 232-7511 Director: Barbara Johnson Hotline Hrs.:24 Drop In Hrs.:24 Referrals Prev. School Fam. Cnsling Spanish	Harrisburg	PA 17101
Contact Harrisburg P.O.Box 2328 Bus.#(717) 652-4987 Emerg.#(717) 652-4400 Director: Patricia Sanford Hotline Hrs.:24 Drop In Hrs.: Referrals TTY	Harrisburg	PA 17105
Indiana Area Schools 501 E. Pike Bus.#(412) 463-8713 Emerg.# Director: David Allen Hotline Hrs.: Drop In Hrs.: Prev. School	Indiana	PA 15701

PENNSYLVANIA

The Open Door
 1020 Philadelphia St. Indiana PA 15701
 Bus.#(412) 349-4061, 349-0460 Emerg.#(412) 465-2605,2606
 Director: Frank Jans
 Hotline Hrs.:24 Drop In Hrs.:8AM-12PM, M-F; 10AM-10PM Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Contact Lancaster
 447 E. King St. Lancaster PA 17602
 Bus.#(717) 291-2261 Emerg.#(717) 299-4855, 291-5858, 291-7184
 Director: Jan Sandham
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Community Counseling Service
 27 N. 5th Street Lewisburg PA 17837
 Bus.#(717) 523-3216 Emerg.#(717) 523-3216
 Director: Wilbur Peechee
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Delaware Co. Crisis Intervention/Suicide Prevention Service
 280 N. Providence Road Media PA 19063
 Bus.#(215) 565-4300 Emerg.#(215) 237-4210, 447-6081 (Crazer)
 Director: P. Paul Burrichter
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale County Residents Only

Perry County Hotline/Perry Human Services
 Courthouse Annex New Bloomfield PA 17068
 Bus.#(717) 582-8703 Emerg.#(717) 582-8052
 Director: Shirley Zaring
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School
 Sliding Scale

Contact Beaver Valley
 P.O.Box 75 New Brighton PA 15066
 Bus.#(412) 728-3650 Emerg.#(412) 728-3650
 Director: Janet Johns
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Contact E.A.R.S. of Lawrence County
 P.O.Box 7804 New Castle PA 16107
 Bus.#(412) 652-0333 Emerg.#(412) 658-5529
 Director: Francis Manaco
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Contact Lower Bucks
 P.O.Box 376 Newton PA 18940
 Bus.#(215) 860-1803 Emerg.#(215) 752-1850
 Director: Marcel Austin
 Hotline Hrs.: Drop In Hrs.: Referrals

TTY

PENNSYLVANIA

Contact Philadelphia
 4360 Monument Road Philadelphia
 Bus.#(215) 877-9099 Emerg.#(215) 879-4402, TTY: 879-4608 PA 19131
 Director: Linda Baier
 Hotline Hrs.:24 Drop In Hrs.:

TTY

STOP - Suicide Treatment and Prevention
 Hahnemann Hospital-Pediatrics 230 N. Broad St. Philadelphia PA 19122
 Bus.#(215) 977-8336 Emerg.#(215) 977-8336
 Director: Dr. J. Martin Kaplan
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Medical Insurance Spanish

Suicide and Crisis Intervention Service
 1 Reading Center/1101 Market Street-7th Floor Philadelphia PA 19107
 Bus.#(215) 686-4420 Emerg.#(215) 686-4420
 Director: Marilyn Tadlock
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Suicide Survivors/Widow & Widower Counseling & Referral
 8001 Roosevelt Blvd. Philadelphia PA 19152
 Bus.#(215) 338-9934 Emerg.#(215) 338-9934
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Survivors

Youth Emergency Service of Youth Service, Inc.
 923 Ludlow Street Philadelphia PA 19107
 Bus.#(215) 925-8886 Emerg.#(215) 925-8886
 Director: Theodore Levine
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Testing Evaluation
 Shelter: Ages 12-18 Only

Contact Pittsburgh, Inc.
 P.O. Box 111294 Pittsburgh PA 15238
 Bus.#(412) 963-6416 Emerg.#(412) 782-4023
 Director: Orrin H. Camp
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Helpline
 200 Ross St. Pittsburgh PA 15219
 Bus.#(412) 255-1155 Emerg.#(412) 255-1155
 Director: Aaron Sacks
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

YWCA Teen Hotline
 Pittsburgh PA 15222
 Bus.#(412) 771-8336 Emerg.#(412) 771-8336
 Director: Dona Rae DiCello
 Hotline Hrs.:7-11pm, + Answering ser Drop In Hrs.: Referrals

PENNSYLVANIA

Three Rivers Youth
2039 Termon Ave. Pittsburgh PA 15212
Bus.#(412) 766-2215 Emerg.#(412) 766-2215, Runaway: 687-6588
Director: Ruth Richardson
Hotline Hrs.:24 Drop In Hrs.:24
Prev. School Fam. Cnsling Evaluation
In-patient

First Free Information and Referral System Telephone
200 Adams Ave. Scranton PA 18503
Bus.#(717) 961-1234, 282-2961 Emerg.#(717) 961-1234
Director:
Hotline Hrs.:Unspecified Drop In Hrs.: Referrals

Information and Referral Agency

S.U.N. Contact
P.O.Box 442 Shamokin Dam PA 17862
Bus.#(717) 743-5534 Emerg.#(717) 743-4357, 743-5534
Director: Marty Blessing
Hotline Hrs.:24 Drop In Hrs.: Referrals

Contact Penn-Ohio
P.O.Box 91 Sharpsville PA 16150
Bus.#(412) 962-5777 Emerg.#(412) 962-5777
Director: Jim Hunt
Hotline Hrs.:Unspecified Drop In Hrs.: Referrals

Fayette Community Mental Health Center
100 New Salem Road Uniontown PA 15401
Bus.#(412) 437-0729 Emerg.#(412) 437-1003
Director:
Hotline Hrs.:24 Drop In Hrs.:MWF8:30AM-5PM;Th -9PM Referrals
Fam. Cnsling Testing Evaluation
Sliding Scale Sign

Hazleton-Nanticoke MH/MR Center
P.O. Box 108 West Nanticoke PA 18634
Bus.#(717) 735-7590 Emerg.#(717) 735-7590, 455-6385
Director: Ellis R. Myers
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Scale In-patient

Survivors of Suicide, Inc.
411 N. Wawaset Road Westchester PA 19382
Bus.#(215) 431-0122 Emerg.#(215) 431-0122
Director: Anne Clarke
Hotline Hrs.: Drop In Hrs.:
Self help Groups

Children's Service Center of Wyoming Valley
335 S. Franklin Street Wilkes Barre PA 18702
Bus.#(717) 825-6425 Emerg.#(717) 825-6425
Director: Joseph DeVizia
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling
Sliding Scale Under 18 Only
Parent Counselor Program

PENNSYLVANIA

Community Counseling Services of Northeast Pennsylvania
 110 S. Pennsylvania Avenue Wilkes Barre PA 18707
 Bus.#(717) 823-2155 Emerg.#(717) 823-2155
 Director: John Creek
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Translation avail. TTY In-patient

The Bridge Youth Services
 15 S. Franklin Street Wilkes Barre PA 18701
 Bus.#(717) 824-5766 Emerg.#(717) 824-5766
 Director: Thomas Cherry
 Hotline Hrs.:24 Drop In Hrs.:9AM-9PM, M,W,Th; 9AM-5PM Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Translation avail. TTY
 Shelter Homes for Youths Under 18, Catholic Social Services

Helpline
 815 W. 4th St. Williamsport PA 17701
 Bus.#(717) 323-8555 Emerg.#(800) 624-4636
 Director: Sally Franz
 Hotline Hrs.:24 Drop In Hrs.:24
 Prev. School
 TTY

Contact York
 145 S. Duke Street York PA 17403
 Bus.#(717) 845-9125 Emerg.#(717) 845-3656, 845-3657
 Director: Lou Ellen Curry
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 TTY

Crisis Intervention Services - c/o York County MH Center
 1001 S. George Street York PA 17403
 Bus.#(717) 845-8655 Emerg.#(717) 845-2718
 Director: Debra Lusk
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Spanish

RHODE ISLAND

Rhode Island Task Force on Teen Suicide Prevention
 State House, Room 317 Providence RI 02903
 Bus.#(401) 277-2371 Emerg.#
 Director: Richard Licht-Lieutenant Governor
 Hotline Hrs.: Drop In Hrs.:

State Task Force

The Samaritans
 33 Chestnut St. Providence RI 02903
 Bus.#(401) 272-4243 Emerg.#(401) 272-4044
 Director: Carolyn Benedict-Drew
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Survivors (The Safe Place)

Tri-Cap Group Homes
 939 Douglas Ave. Providence RI 02908
 Bus.#(401) 737-8282 Emerg.#(410) 831-4630
 Director: Laurie Durant
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling
 In-patient Under 18 Only

		<u>RHODE ISLAND</u>
Sympatico		
29 Columbia	Wakefield	RI 02879
Bus. # (401) 783-0782	Emerg. # (401) 783-0650	
Director: Gloria Bollens		
Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals		
Prev. School Fam. Cnsling Evaluation		
Sliding Scale		

		<u>SOUTH CAROLINA</u>
Helpline of Aiken County		
P.O. Box 2712	Aiken	SC 29801
Bus. # (803) 648-0000	Emerg. # (803) 648-9900	
Director: Sarah Benson		
Hotline Hrs.: 24 Drop In Hrs.: Referrals		

Hotline		
P.O. Box 71583	Charleston Heights	SC 29415
Bus. # (803) 747-3007	Emerg. # (803) 744-4357, 4376, 4377	
Director: Skip Rector		
Hotline Hrs.: 24 Drop In Hrs.: Referrals		
Prev. School		

Childhood Affective Disorders Program		
P.O. Box 202	Columbia	SC 29202
Bus. # (803) 758-3930	Emerg. # (803) 758-3930	
Director: Barbara Geller		
Hotline Hrs.: Drop In Hrs.:		

Youth Suicide Research/Treatment for depressed/suicidal kids

Contact-Help		
P.O. Box 6336	Columbia	SC 29260
Bus. # (803) 799-6329	Emerg. # (803) 771-4357	
Director:		
Hotline Hrs.: 24 Drop In Hrs.: Unspecified Referrals		

TTY

Helpline		
P.O. Box 1085	Greenville	SC 29602
Bus. # (803) 233-4357	Emerg. # (803) 233-4357	
Director: Deborah Vojtech		
Hotline Hrs.: Intermittently Drop In Hrs.: Referrals		
Prev. School		

TTY

		<u>SOUTH DAKOTA</u>
New Beginnings Center		
1206 North 3rd Street	Aberdeen	SD 57401
Bus. # (605) 229-1239	Emerg. # (800) 621-4000	
Director: Greg S. Miller		
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals		
Prev. School Fam. Cnsling		
Sliding Scale In-patient Ages 10-18 Only		

Notheastern Mental Health		
P.O. Box 550	Aberdeen	SD 57401
Bus. # (605) 225-1010	Emerg. # (605) 225-1010	
Director: Michael Emen		
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals		
Prev. School Fam. Cnsling Testing Evaluation		
Sliding Scale		

SOUTH DAKOTA

West River Mental Health Center, Inc.
 350 Elk Street
 Bus.#(605) 343-7262 Emerg.#(605) 343-7262
 Director: David J. Marx, Ph.D.
 Hotline Hrs.:24 Drop In Hrs.:8AM-8PM (varies) Referrals
 Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale

Rapid City

SD 57701

Helpline
 304 S. Phillips
 Bus.#(605) 334-6645 Emerg.#(605) 334-7022
 Director: Dennis Barnett
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Sioux Falls

SD 57102

TTY

Lewis & Clark MH Center
 1028 Walnut Street
 Bus.#(605) 665-4606 Emerg.#(605) 665-4606
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm + Crisis Only

Yankton

SD 57078

TENNESSEE

McMinn/Meigs Contact, Inc.
 P.O.Box 69
 Bus.#(615) 745-1042 Emerg.#(615) 745-9111
 Director: Linda Garza
 Hotline Hrs.:24 Drop In Hrs.:

Athens

TN 37303

Contact of Chattanooga, Inc.
 1202 Duncan Ave.
 Bus.#(615) 629-0039 Emerg.#(615) 622-5193, 266-8228
 Director: Fate Thomas
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling

Chattanooga

TN 37404

TTY

Contact of Cleveland
 P.O.Box 962
 Bus.#(615) 472-1916 Emerg.#(615) 479-9666
 Director: Pauline Lambert
 Hotline Hrs.:24 Drop In Hrs.:
 Fam. Cnsling

Cleveland

TN 37311

TTY

Contact
 P.O.Box 1403
 Bus.#(615) 926-0140 Emerg.#(615) 926-0144, 542-8009
 Director: Rev. R. Willard Wardfield
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Johnson City

TN 37605

Contact Concern of Kingsport
 P.O.Box 798
 Bus.#(615) 247-7761 Emerg.#(615) 246-2273
 Director: Faye Young
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Kingsport

TN 37662

TTY

TENNESSEE

Child & Family Services of Knox County 114 Dameron Avenue Bus. # (915) 524-7483 Emerg. # (915) 524-7483 Director: Charles D. Gentry Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnsling Self help Groups Testing Evaluation Sliding Scale	Knoxville	TN 37917
Child & Family Services - Runaway Shelter 2535 Magnolia Avenue Bus. # (615) 523-2689 Emerg. # (615) 523-2689 Director: Larry Feecil Hotline Hrs.: Drop In Hrs.: 24 Referrals Fam. Cnsling Self help Groups In-patient	Knoxville	TN 37914
Contact Tele. of Knoxville, Inc. P.O. Box 11234 Bus. # (615) 523-9108 Emerg. # (615) 523-9124 Director: Carol Balch Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School TTY	Knoxville	TN 37919
Helen Rose McNabb Center 1520 Cherokee Trail Bus. # (615) 637-9711 Emerg. # (615) 637-9711 Director: Ken Badel Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale In-patient Work w/ Juvenile Court System	Knoxville	TN 37920
Overlook Mental Health Center 6906 Kingston Heights Bus. # (615) 588-9747 Emerg. # (615) 588-9747 Director: Dr. Homer Wilson Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Fam. Cnsling Testing Evaluation Sliding Scale	Knoxville	TN 37919
Contact of Blount County P.O. Box 0382 Bus. # (615) 984-7690 Emerg. # (615) 984-7689 Director: Mary Wilson Hotline Hrs.: 24 Drop In Hrs.: Referrals Fam. Cnsling	Maryville	TN 37803
Phone Friend, Reassurance calls		
Charter Lakeside Emergency Services 2911 Brunswick Bus. # (901) 377-4700 Emerg. # (901) 377-4700 Director: Charlie Hart Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnsling Testing Evaluation Some Fees In-patient	Memphis	TN 38134
Suicide and Crisis Intervention Service P.O. Box 40068 Bus. # (901) 276-1111 Emerg. # (901) 274-7477 Director: Ms. Sewell Hotline Hrs.: 24 Drop In Hrs.: Referrals Fam. Cnsling Self help Groups TTY	Memphis	TN 38104

TENNESSEE

Crisis Intervention Center, Inc.

P.O.Box 120934

Nashville

TN 37212

Bus. # (615) 298-3359 Emerg. # (615) 244-7444, 255-HELP (4357)

Director: Patrica Cooto

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Self help Groups

Rap House

1219 16th Avenue South

Nashville

TN 37212

Bus. # (615) 327-4455 Emerg. # (615) 327-4473

Director: Della Hughes

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling Self help Groups

Sliding Scale In-patient Under 18

Contact of Oak Ridge

P.O.Box 641

Oak Ridge

TN 37830

Bus. # (615) 482-4940 Emerg. # (615) 482-4940

Director: Doris Jolley

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Fam. Cnsling

Contact Life Line of Highland Rim

P.O.Box 1614

Tullahoma

TN 37388

Bus. # (615) 967-7133 Emerg. # (615) 455-7133, 967-7133, 684-7133

Director: Mary Keel

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Fam. Cnsling

TEXAS

Suicide Prevention/Crisis Intervention Center

P.O.Box 3250

Amarillo

TX 79106

Bus. # (806) 353-7235 Emerg. # (806) 376-4251

Director: Esther Quinn

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Self help Groups

Spanish TTY

Contact Telecare

P.O.Box 1431

Arlington

TX 76010

Bus. # (817) 460-0606 Emerg. # (817) 460-0606

Director: Louise Ehrhart

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Spanish, +

Crisis Intervention Hotline

2006 Gaston Place

Austin

TX 78723

Bus. # (512) 926-7882 Emerg. # (512) 472-4357

Director: Florence Gonzales

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Spanish TTY Some Restrictions

Rape and Suicide Crisis of SE Texas, Inc.

447 Orleans

Beaumont

TX 77704

Bus. # (409) 832-6530 Emerg. # (409) 835-3355

Director: Donna D. Love

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Surv., Attempters, Gen. Youth

Spanish

TEXAS

Crisis Services
 4906-B Everhart
 Bus.#(512) 993-7416 Emerg.#(512) 993-7410
 Director: Lester Hill
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Self help Groups
 Spanish
 Corpus Christi TX 78411
 Crime Victim Advocate Program (Victim Compensation)

Nuaces Co. M.H. & Mental Retardation Comm. Center
 1630 S. Brownlee
 Bus.#(512) 886-6900 Emerg.#(512) 886-6965
 Director: Wallace Whitworth Jr.
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Sign, Spanish In-patient Nuaces Co. Residents Only
 Corpus Christi TX 78404

Contact Dallas Telephone Counseling
 P.O.Box 742224
 Bus.#(214) 233-2233 Emerg.#(214) 233-2233
 Director: Gianna Salutz
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Dallas TX 75374
 Spanish

North Texas Teen Challenge
 1106 Graham St.
 Bus.#(214) 824-6181 Emerg.#(214) 824-6181
 Director: Paul Ehrhardt
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Fees Set By Age Spanish In-patient Over 13
 Dallas TX 75223

Suicide and Crisis Center
 2808 Swiss Ave.
 Bus.#(214) 828-1000 Emerg.#(214) 828-1000
 Director: Dr. Beravhar Goitway
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Surv.
 Dallas TX 75204

Comprehensive suicide prevention center

City of Del Rio Youth Counseling Center
 213 Canal Street
 Bus.#(512) 774-2585 Emerg.#(512) 775-0571
 Director: Hipilito Gonzalez
 Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Spanish
 Del Rio TX 78840

Helpline - c/o Life Management Center
 P.O. Box 9997
 Bus.#(915) 779-1800 Emerg.#(915) 779-1800
 Director: Raul Morales
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Spanish TTY
 El Paso TX 79990

Survivors of Suicide
 P.O. Box 16961
 Bus.#(817) 924-9201 Emerg.#
 Director: Patty and Larry Grubb
 Hotline Hrs.: Drop In Hrs.:
 Survivors, Attempters
 Fort Worth TX 76133

TEXAS

Tarrant County Crisis Intervention 716 W. Magnolia Bus.#(817) 336-3355 Emerg.#(817) 336-3355 Director: Sholeh Toussi Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School Fam. Cnsling Surv., Attempters	Ft. Worth	TX 76104
Crisis Helpline 16811 El Camino Real #126 Bus.#(713) 486-9683 Emerg.#(713) 488-7222 Director: Pat Whilton-Lege Hotline Hrs.:24 Drop In Hrs.:	Houston	TX 77058
Spanish		
Crisis Intervention of Houston, Inc. P.O.Box 13066 Bus.#(713) 527-9864 Emerg.#(713) 228-1505 Director: Pat Whilton-Lege Hotline Hrs.:24 Drop In Hrs.: Referrals	Houston	TX 77219
Spanish		
Contact Lubbock P.O.Box 4777 Bus.#(806) 765-7272 Emerg.#(806) 765-8393 Director: Bob Wells Hotline Hrs.:24 Drop In Hrs.: Referrals Prev. School	Lubbock	TX 79413
Helpline P.O. Box 5239 Bus.#(512) 686-4357 Emerg.#(512) 686-4357 Director: Rebecca Rodriguez Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals Prev. School Translation avail.	McCallum	TX 78501
Crisis Center of Collin City P.O.Box 1808 Bus.#(214) 881-0081 Emerg.#(214) 881-0088 Director: Carole Steale Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals Prev. School Surv., Attempters Spanish	Plano	TX 75074
Plano Independent School District 157 Avenue H Bus.#(214) 424-5602 Emerg.# Director: Larry Guinn, Associate Principal Hotline Hrs.: Drop In Hrs.: Prev. School	Plano	TX 75074
Richardson Crisis Center P.O. Box 830877 Bus.#(214) 783-0008 Emerg.#(214) 783-0008 Director: Pat Gunnin Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals Prev. School Fam. Cnsling	Richardson	TX 75083

TEXAS

Concho Valley Ctr. for Human Advancement
 244 N. Magdalen
 Bus.#(915) 655-8965 Emerg.#(915) 653-5933
 Director: Shelby Blades
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish

San Angelo TX 76903

Contact San Antonio
 P.O.Box 5217
 Bus.#(512) 732-2216 Emerg.#(512) 736-1876
 Director: Bill Haverfield
 Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals

San Antonio TX 78201

TTY

Helpline - San Antonio
 P.O. Box 898
 Bus.#(512) 227-4357 Emerg.#(512) 227-4357
 Director: Mary Damsgaard
 Hotline Hrs.:24 Drop In Hrs.: Referrals

San Antonio TX 78293

Spanish

Youth Services Project
 P.O.Box 9066
 Bus.#(512) 299-7190 Emerg.#(512) 734-7010 737-0701 924-4862
 Director: Mr. Soto
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Self help Groups
 Some Restrictions

San Antonio TX 78285

Concern, Inc.
 P.O.Box 1945
 Bus.#(817) 723-8231 Emerg.#(817) 723-0821
 Director: Chris Donahue
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Wichita Falls TX 76307

UTAH

Helpline
 UMC-01 Utah State University
 Bus.#(801) 752-1702 Emerg.#(801) 752-3964, 734-9226
 Director: Janice Saunders
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School
 Japanese, +

Logan UT 84322

Weaver City Mental Health Center
 2510 Washington Blvd., 5th Floor
 Bus.#(801) 626-9100 Emerg.#(801) 626-9100
 Director: Doug Conrow
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Spanish In-patient County Residents Only

Ogden UT 84401

Crisis Line of Provo
 60 E. 100 South
 Bus.#(801) 226-8989 Emerg.#(801) 226-8989
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Provo UT 84601

UTAH

Salt Lake Co. Div. of Mental Health
54 S. 700 East

Bus.#(801) 531-8909 Emerg.#(801) 531-8909
Director: Randy Winnell
Hotline Hrs.:24 Drop In Hrs.: Referrals

Salt Lake City UT 84102

University of Utah Health Sciences Center

Dept. Psychiatry - 50 N. Medical Drive

Bus.#(801) 581-2296 Emerg.#(801) 581-2121

Director: Jed Ericson

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Fam. Cnsling Testing Evaluation

Counseling Translation avail. In-patient

Salt Lake City UT 84102

Salt Lake County Mental Health

404 E. 4500 South

Bus.#(801) 261-6600 Emerg.#(801) 566-2455

Director: Dr. Dangerfield

Hotline Hrs.:24 Drop In Hrs.:24

Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation

Sliding Scale Translation avail. TTY In-patient

Salt Lake City UT 84107

VERMONT

Hotline for Help, Inc.

17 Elliot St.

Bus.#(802) 257-7980 Emerg.#(802) 257-7989

Director: Tim Cowles, Denise Miniutti

Hotline Hrs.:24 Drop In Hrs.:2-10PM, M-F Referrals

Brattleboro VT 05301

The Crisis Services of Chittenden County

Burgess Bld., Med. Center Hospital of Vermont Burlington

Bus.#(802) 656-3587 Emerg.#(802) 656-3587

Director: Dr. Tom Gazda

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnsling Testing Evaluation

Sliding Scale Translation avail. In-patient

Drug & Alcohol Counseling

VT 05401

Orange County Mental Health Service Emergency Service

Box G

Bus.#(802) 728-4466 Emerg.#(802) 622-4244

Director: Ellen Fien

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Vermont Residents

Randolph VT 05060

Survivors of Suicide

38 1/2 Cottage Street

Bus.#(802) 775-5595 Emerg.#(802) 775-1233, 775-2616

Director: Danny Cole

Hotline Hrs.: Drop In Hrs.:

Surv., Attempters

Rutland VT 05701

Emergency & Crisis Service - Franklin Grand-Isle MH

8 Ferris Street

Bus.#(802) 524-6554 Emerg.#(802) 524-6554

Director: Frank McNeil

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation

Sliding Scale

Alcohol & Drug Services

St. Albans VT 05478

VIRGINIA

Alexandria Community Mental Health
 206 N. Washington St., 5th Floor Alexandria VA 22314
 Bus.#(703) 836-5751 Emerg.#(703) 836-5751
 Director: Dr. Judith Krasnow
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 In-patient Alexandria Residents Only

Alexandria Hotline
 418 S. Washington Street, Suite 101 Alexandria VA 22314
 Bus.#(703) 548-0010 Emerg.#(703) 548-3810
 Director: Karen Scudder
 Hotline Hrs.:Noon-Midnight Drop In Hrs.: Referrals
 Prev. School

Suicide Survivor Support Group
 8119 Holland Road Alexandria VA 22306
 Bus.#(703) 360-6910 Emerg.#
 Director: Helen Fitzgerald
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Northern Virginia Hotline
 P.O.Box 187 Arlington VA 22210
 Bus.#(703) 522-4077 Emerg.#(703) 527-4077
 Director: Bobbi Schanzenbach
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Confidential, Listening & Crisis Intervention

Raft Community Crisis Center
 105 Lee Street Blacksburg VA 24060
 Bus.#(703) 951-4283 Emerg.#(703) 382-1738
 Director: Linda Lisic
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish, Sign

Bristol Crisis Center
 P.O.Box 642 Bristol VA 24203
 Bus.#(703) 466-4312 Emerg.#(703) 466-4312, 628-7731
 Director: Sheryl Donovan
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups
 Sign, Others
 Children's Phone-In Service, Just-Checking (to home-bound)

Seasons
 138 Harvest Drive Charlottesville VA 22901
 Bus.#(804) 971-5745 Emerg.#
 Director: Jean Britt
 Hotline Hrs.: Drop In Hrs.:
 Surv., Attempters

Suicide Survivors Support Group
 107 W. Main Street Danville VA 24541
 Bus.#(804) 793-6824 Emerg.#
 Director: Dr. Wasena F. Wright, Jr.
 Hotline Hrs.: Drop In Hrs.:
 Surv.

VIRGINIA

The Adolescent Suicide Prevention Program of Fairfax Co.
 School Social Work Services, 10310 Layton Hall Fairfax
 Bus.#(703) 691-2288, 691-2964 Emerg.#
 Director: Myra Herbert, Beatrice Cameron
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

VA 22030

Guide for schools developing suicide prevention programs

Fredericksburg Area Hotline, Inc.
 P.O.Box 7132
 Bus.#(703) 373-6608 Emerg.#(703) 321-1212
 Director: Sarah Farrell
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY
 Tele-help

Fredericksburg VA 22404

Listening Ear Services
 1241 North Main Street
 Bus.#(703) 434-2539 Emerg.#(703) 434-2539
 Director: Kevin Hofthar
 Hotline Hrs.:Noon-Midnight Drop In Hrs.: Referrals

Harrisonburg VA 22801

Contact Martinsville-Henry Co.
 P.O.Box 1287
 Bus.#(703) 638-8980 Emerg.#(703) 632-7295
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Martinsville VA 24112

Contact Peninsula
 211 32nd St.
 Bus.#(804) 244-0594 Emerg.#(804) 245-0041
 Director: Dr. Gayle Robinson
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Surv., Attempters, Gen. Youth
 TTY

Newport News VA 23607

Contact Tri-City Area
 P.O.Box 942
 Bus.#(804) 861-0330 Emerg.#(804) 733-1100,1101
 Director: Dr. Ned Stewart
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Petersburg VA 23804

Reassurance for Elderly

Suicide Crisis Center
 P.O.Box 1493
 Bus.#(804) 393-0502 Emerg.#(804) 399-6393
 Director: G. Victor Potter, Jr.
 Hotline Hrs.:24 Drop In Hrs.:
 Prev. School Self help Groups

Portsmouth VA 23705

Narcotics Hotline, Sr. Cit. Safety Check, Parolees Emerg. No.

VIRGINIA

Crisis Intervention - City of Richmond Dept of MH Emerg. Svcs.
 501 N. 9th Street Richmond VA 23219
 Bus.#(804) 780-8003, 648-9224, 648-9225 Emerg.#(804) 780-8003, 648-9224, 648-9225
 Director: Ann Davis
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnslng Self help Groups Evaluation
 Sliding Scale Trans. as needed TTY
 Counseling, Field Visits

Sanctuary
 836 Campbell Avenue S.W. Roanoke VA 24016
 Bus.#(703) 981-2776 Emerg.#(703) 981-2776
 Director: Andrea B. Kronchalis
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnslng Self help Groups Testing Evaluation
 Sliding Scale In-patient

Trust: Roanoke Valley Trouble Center
 3515 Williamson Road Roanoke VA 24016
 Bus.#(703) 345-8859 Emerg.#(703) 563-0311
 Director:
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnslng
 TTY

Contact Tidewater
 P.O.Box 23 Virginia Beach VA 23458
 Bus.#(804) 425-1647 Emerg.#(804) 428-2211
 Director: David Chilcote
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Survivors of Suicide-Tidewater Psychiatric Institute
 1701 Will-O-Wisp Drive Virginia Beach VA 23454
 Bus.#(804) 481-1211 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Concern Hotline, Inc.
 P.O.Box 2032 Winchester VA 22601
 Bus.#(703) 667-8208 Emerg.#(703) 667-0145, 635-4357, 459-4742
 Director: Jean Franklin
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Contact Point for Domestic Violence Groups

WASHINGTON

Helpline House
 282 Knechtel Way NE Bain Bridge Island WA 98110
 Bus.#(206) 842-7621 Emerg.#(206) 842-4357
 Director: Joan Holcomb
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Evaluation

Food Bank, Emergency Trans, Financial Counseling, Suicide Info

Youth Eastside Services
 257 100th Avenue N.E. Bellevue WA 98004
 Bus.#(206) 454-5502 Emerg.#(206) 454-5502
 Director: Peter Berliner
 Hotline Hrs.:9am-5pm Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnslng Self help Groups
 Sliding Scale Ages 13-19 Only
 Drug & Alcohol Programs

WASHINGTON

The Crisis Line - Wahtcom Co. Crisis Services
 124 E. Holly St. #201 Bellingham
 Bus.#(206) 671-5754, 384-3748 Emerg.#(206) 734-7271, 384-1485 WA 98225
 Director: Katy Casey
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School
 Translation avail. TTY
 Rape Relief-Sex. Assault, Domestic Violence Relief & more

Youth Suicide Prevention Committee
 22226 4th Place West Bothell WA 98021
 Bus.#(206) 481-0560 Emerg.#(206) 481-0560
 Director: Vicki Grossman
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth

Peer Support Groups, Parents Groups

Crisis Clinic - Kisap Mental Health Services
 500 Union Bremerton WA 98312
 Bus.#(206) 373-5031 Emerg.#(206) 479-3033
 Director: Larry Keller
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Arranged As Needed In-patient
 Consultation & Educational Unit/Drug & Alcohol Programs

Crisis Line
 507 Nanum Ellensburg WA 98926
 Bus.#(509) 925-2166 Emerg.#(509) 925-4168
 Director: Jacqueline Galbraith
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Care Crisis Line
 2801 Lombard Ave. Everett WA 98201
 Bus.#(206) 258-4357 Emerg.#(206) 258-4357
 Director: Tom Robinson
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Survivors of Suicide - Tri-Cities Chaplaincy
 7514 W. Yellowstone Kennewick WA 99336
 Bus.#(509) 783-7416 Emerg.#
 Director: Ted Schauselberger
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Crisis Line of Grant County Mental Health Center
 P.O.Box 1057 Moses Lake WA 98837
 Bus.#(509) 765-9239 Emerg.#(509) 765-1717
 Director: Karen Husk
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail.

Crisis Clinic of Thurston and Macon Counties, Inc.
 P.O.Box 2463 Olympia WA 98507
 Bus.#(206) 754-3888 Emerg.#(206) 352-2211, 426-3311 (Macon)
 Director: Gene Sloan
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish, +
 Volunteer Information Service

WASHINGTON

Thurston Co. Social Services Dept.-Natural Helper Program 529 S.W. 4th Ave. Bus. # (206) 786-5585 Emerg. # Director: Mary Williams Hotline Hrs.: Drop In Hrs.: Prev. School	Olympia	WA 98501
Thurston Youth Services Society 112 East State Street Bus. # (206) 943-0780 Emerg. # (206) 491-3821 Director: Charles Shalen Hotline Hrs.: Drop In Hrs.: 24 Referrals Fam. Cnsling Self help Groups Sliding Scale County Residents Only Crisis Residential Service	Olympia	WA 98501
Crisis Line - Whitman County P.O. Box 2615 CS Bus. # (509) 332-1505 Emerg. # (509) 332-1505 Director: Pat Matuszek Hotline Hrs.: 24 Drop In Hrs.: Referrals	Pullman	WA 99163
Mid-Columbia Psychiatric Hospital & Mental Health Center 1175 Gribble Bus. # (509) 943-9104 Emerg. # (509) 943-9104 Director: Jim Jones Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Fam. Cnsling Self help Groups Testing Evaluation Sliding Scale In-patient	Richland	WA 99352
Orion Center 1820 Terry Avenue Bus. # (206) 443-1303 Emerg. # (206) 443-1303 Director: Kathy Wurstbacker Hotline Hrs.: Drop In Hrs.: 9am-10pm Referrals Fam. Cnsling	Seattle	WA 98101
Crisis Clinic, Inc. 1530 Eastlake East Bus. # (206) 447-3210 Emerg. # (206) 447-3222 Director: Alexandra Whitehouse Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School Self help Groups TTY	Seattle	WA 98102
The Shelter Runaway Center 1545 S. 12th Avenue South Bus. # (206) 328-0805 Emerg. # (206) 328-0805 Director: Vicki Wagner Hotline Hrs.: Drop In Hrs.: Fam. Cnsling In-patient >16 W/ No Violent Behavior	Seattle	WA 98144
YMCA Youth Shelter 909 4th Ave. Bus. # (206) 382-5014 Emerg. # (206) 382-5014 Director: Harold Perry Hotline Hrs.: Drop In Hrs.: 24 Referrals Fam. Cnsling In-patient	Seattle	WA 98104

WASHINGTON

Crisis Services

S. 107 Division, Spokane City Comm. Mental Health
 Bus. # (509) 838-4651 Emerg. # (509) 838-4428 WA 99202
 Director: Dr. Paul Quinnett
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Spanish, Vietnamese TTY Only With Severe Problems

Skamania County Counseling Center

P.O. Box Q Skamania Co. Health Service Center Stevenson WA 98648
 Bus. # (509) 427-5636 Emerg. # (509) 427-5636
 Director: Dr. Jessel
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling
 Sliding Scale County Residents Only

Crisis Clinic

P.O. Box 5007 Tacoma WA 98405
 Bus. # (206) 759-6700 Emerg. # (206) 383-2042
 Director: Mary Eileen Cavanaugh
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Information and Referral Agency

Crisis Intervention Services

P.O. Box 959 Yakima WA 98907
 Bus. # (509) 575-4084 Emerg. # (509) 575-4200
 Director: Michael Tyers
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail.

Yelm High School

Bus. # (206) 485-7777 Emerg. # (206) 485-7777 Yelm WA 98597
 Director:
 Hotline Hrs.: Drop In Hrs.: 9am-5pm
 Prev. School "After Care" For Surv.

WEST VIRGINIA

Contact Kanawha Valley

Christ Church United Methodist Charleston WV 25301
 Bus. # (304) 346-0828 Emerg. # (304) 346-0826
 Director: Phyllis Ringham
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Sign TTY

New Connections

214 Brooks Street Charleston WV 25301
 Bus. # (304) 340-3690 Emerg. #
 Director: Peg Cahape
 Hotline Hrs.: Drop In Hrs.: 24 Referrals
 Fam. Cnsling Self help Groups Evaluation
 Under 21 Only

Patchwork Organization

1583 Lee Street East Charleston WV 25311
 Bus. # (304) 340-3670 Emerg. # (304) 340-3670
 Director: Amy Buckingham
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Fam. Cnsling Self help Groups Evaluation
 Ages 11-17 Only
 After-Care Program, Buddy Program

WEST VIRGINIA

Contact Huntington
 520 11th St. Huntington WV 25701
 Bus.#(304) 523-3447 Emerg.#(304) 523-3448
 Director: Julie Damewood
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Prestera Center for Mental Health Services, Inc.
 3375 U.S. Rt. 60 East Huntington WV 25705
 Bus.#(304) 525-7851 Emerg.#(304) 525-7851
 Director: Janet Dingman
 Hotline Hrs.:24 Drop In Hrs.:M-Th 8AM-8PM, F to 5
 Testing Evaluation

Time Out - SW Community Action
 1427 7th Ave. Huntington WV 25701
 Bus.#(304) 525-4332 Emerg.#(304) 525-4332
 Director: Pamela Dickens Rush
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Self help Groups
 Ages 12-17 Only

Southern Highlands Community Mental Health MR Center
 12th St. Extension Princeton WV 24740
 Bus.#(304) 425-9541 Emerg.#(304) 425-9541
 Director: Steve Farley
 Hotline Hrs.:24 Drop In Hrs.:8:30AM-4:30PM, M-F Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale
 Child Development Program

Seneca Mental Health MR Center
 1 Stevens Road Sommersville WV 26651
 Bus.#(304) 872-2665 Emerg.#(304) 872-2665, 846-2565, 847-5475
 Director: Tom Sims
 Hotline Hrs.:9am-5pm Drop In Hrs.:8:30AM-4:30PM Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Upper Ohio Valley Crisis Hotline, Inc.
 P.O.Box 653 Wheeling WV 26003
 Bus.#(304) 234-1848 Emerg.#(304) 234-8161
 Director: Susan Lipphart
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY

WISCONSIN

Outagamie County Crisis Line - c/o Human Services
 3365 West Brewster St. Appleton WI 54914
 Bus.# Emerg.#(414) 731-3211
 Director: Peg Olesen
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Testing Evaluation
 Some fees Spanish TTY Alleghany County Residents On

Outagamie County Youth Services, Inc.
 222 1/2 East College Avenue Appleton WI 54911
 Bus.#(414) 731-0555 Emerg.#(414) 731-0557
 Director: Kristine Gautier
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Self help Groups
 County Residents Only
 Juvenile Programs

WISCONSIN

Cedarburg High School Comprehensive Suicide Prevention Prgm.
 W. 68th, N 611, Evergreen Drive Cedarburg WI 53012
 Bus.#(414) 375-2303 Emerg.#(414) 375-2303
 Director: Marlene Cory
 Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals
 Prev. School Testing Evaluation
 Students In District

Cedarburg School District-Special Services
 W68 N611 Evergreen Dr. Cedarburg WI 53012
 Bus.#(414) 375-2303, 375-2309 Emerg.#
 Director: Marlene Cory, Jacqueline Polzin
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

Suicide Prevention Center
 1221 Whipple St. Eau Claire WI 54701
 Bus.#(715) 839-3274 Emerg.#(715) 834-6040
 Director: Sue Barnard
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 TTY

Suicide Survivors Support Group
 Sacred Heart Hospital- 900 W. Clairemont Ave. Eau Claire WI 54701
 Bus.#(715) 839-4349 Emerg.#
 Director: Sr. Clarita Selz
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Lakeland Community Center
 P.O.Box 1005 (Hwy NN) Elkhorn WI 53121
 Bus.#(414) 741-3200 Emerg.#(414) 741-3200
 Director: Tom Mackesey
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale TTY

CIC/Fond Du Lac County Health Care Center
 459 E. 1st St. Fond Du Lac WI 54935
 Bus.#(414) 929-3500 Emerg.#(414) 929-3535
 Director: Darryl A. Treffert, M.D.
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail. TTY In-patient

Crisis Intervention Center
 131 S. Madison St. Green Bay WI 54301
 Bus.#(414) 432-7855 Emerg.#(414) 432-8832
 Director: Sue Cohen
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self help Groups
 TTY
 Sexual Assault Center

First Call for Help
 P.O.Box 2373 La Crosse WI 54602
 Bus.#(608) 782-8010 Emerg.#(800) 362-8255, (800) 356-9588
 Director: Audry Penner
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY
 Helpline Teen Line, General Population Helpline

WISCONSIN

School District of La Crosse - Hogan Administrative Center 807 East Avenue South Bus. # (608) 784-8960 Emerg. # Director: Joan Lietzau Moen Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals Prev. School Self help Groups Testing Evaluation Translation avail. TTY Students In School District School Age Mother Program, Basic Skills for Acad. Trbl'd. Kids	La Crosse	WI 54601
Teen Health Service 1910 S. Avenue Bus. # (608) 785-0530 Emerg. # (800) 362-8255 Director: Tim Skinner Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnslng Self help Groups Evaluation Translation avail. TTY In-patient	La Crosse	WI 54601
Emergency Services Unit of Dane County - Crisis Interv. Svc. 31 S. Henry Street Bus. # (608) 251-2341 Emerg. # (608) 251-2345 Director: Bernard Cesnik Hotline Hrs.: 24 Drop In Hrs.: 8:30AM-1AM Referrals Prev. School Fam. Cnslng Self help Groups Testing Evaluation Sliding Scale Translation avail. TTY Co. Residents For Counseling	Madison	WI 53703
Positive Youth Development Group 30 West Mifflin Street - Suite 1010 Bus. # (608) 255-6351 Emerg. # Director: Kathryn Thorp Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnslng Some Fees Field Presentations	Madison	WI 53703
Milwaukee Mental Health Emergency Service 9455 W. Watertown Plank Rd. Bus. # (414) 257-7222 Emerg. # (414) 257-7222 Director: Bruce Berg Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Prev. School Fam. Cnslng Testing Evaluation Sliding Scale Spanish TTY In-patient Some Restrictions	Milwaukee	WI 53226
St. Luke's Hospital Support Groups 2900 West Oklahoma Avenue Bus. # (414) 649-6000 Emerg. # Director: Marcia Williams Hotline Hrs.: Drop In Hrs.: Prev. School Surv., Attempters, Teens	Milwaukee	WI 53215
Life Reach, Survivors Helping Survivors, Teen Support		
Survivors of Suicide 3251 N. 78th Street Bus. # (414) 442-4638 Emerg. # Director: Sharry Schaefer Hotline Hrs.: Drop In Hrs.: Surv.	Milwaukee	WI 53222
Underground Switchboard P.O. Box 92455 Bus. # Emerg. # (414) 271-3123 Director: Sam Le May Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School TTY	Milwaukee	WI 53202

WISCONSIN

Crisis Intervention Service-Helpline Inc.

P.O.Box 1411

Bus.#(414) 233-7709 Emerg.#(414) 233-7707, 722-7707 Oshkosh

WI 54902

Director: Jean Narel

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School

TTY

Innovative Youth Services of Racine

1030 Washington Avenue

Bus.#(414) 637-9557 Emerg.#(414) 637-9557 Racine

WI 53403

Director: Andrea Olton

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling

Help of Door County Helpline, Inc.

P.O.Box F

Bus.#(414) 743-8818 Emerg.#(414) 743-8818 Sturgeon Bay

WI 54235

Director: Ann Cok

Hotline Hrs.:24 Drop In Hrs.:8AM-4:30PM, M-F Referrals

Prev. School

Counseling-Domestic Violence

Cope Services

P.O.Box 723

Bus.#(414) 375-4544 Emerg.#(414) 963-0838 Thiensville

WI 53012

Director: Dorothy Dyken

Hotline Hrs.:9AM-11PM, M-F - off-hou Drop In Hrs.: Referrals

Crisis Intervention Info & Ref. Svc. Wood Co. Unified Services

310 Dewey St.

Bus.#(715) 421-2345 Emerg.#(715) 421-2345, 384-5555 Wisconsin Rapids

WI 54494

Director: Rhoda Kopelke

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School

WYOMING

Casper Suicide & Crisis Intervention League

1200 East 3rd Street - Suite 330

Bus.#(307) 266-6036 Emerg.#(307) 234-0213 Casper

WY 82601

Director: Mark Clayton

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School

Helpline. Inc.

P.O.Box 404

Bus.#(307) 632-4132 Emerg.#(307) 634-4469 Cheyenne

WY 82003

Director: Marie Baptiste

Hotline Hrs.:6pm-7am + Drop In Hrs.:

Prev. School

Spanish, Korean

Crisis Intervention Helpline

731 C.

Bus.#(307) 382-6060 Emerg.#(307) 382-4636, 875-3794 (Green Ri Rock Springs)

WY 82901

Director: Monica Magrenat, R.N.

Hotline Hrs.:24 Drop In Hrs.:8AM-5PM, M-F Referrals

Prev. School

Translation avail.

Companion Program (provides funds)/Outreach to Handicapped

WYOMING

Community Crisis Service, Inc.

P.O.Box 872

Worland

WY 82401

Bus.#(307) 347-4992 Emerg.#(307) 347-4991

Director: Leslie Cantrell

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School

Washakie Mental Health Services

2009 Bighorn Avenue

Worland

WY 82401

Bus.#(307) 347-6165 Emerg.#(307) 347-6165

Director: Paul Jennings

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Sliding Scale

**NATIONAL COMMITTEE ON
YOUTH SUICIDE PREVENTION**
67 IRVING PLACE SOUTH
NEW YORK, NY 10003

NON PROFIT ORG.
U.S. POSTAGE
PAID
NEW YORK, N.Y.
PERMIT 8930

Approximately every 90 minutes another
young American takes his or her life.
This directory may assist you in the
prevention of this tragedy.



RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

2 December 1985

T.F. Success
Dr. Joyce Brothers
c/o King Features Syndicate
235 East 45th Street
New York, NY 10017

Dear Dr. Brothers:

According to the National Center for Health Statistics, suicides among those in the 15-24-year-old age range in the United States have increased by some 300 percent in the last 20 years. About 1,000 young people attempt suicide every day, and 18 succeed -- well over 6,000 per year.

To help the 791 Reform synagogues that make up our membership in the U.S. and Canada deal with this problem, we recently established a task force on youth suicide. We have also published "When Living Hurts," by Dr. Sol Gordon (copy enclosed). You may know Dr. Gordon, who is professor of child and family studies at Syracuse University and director of the university's Institute for Family Research and Education.

His book is designed to help troubled young people cope with feelings of hopelessness, loneliness, guilt, anxiety and depression, conditions that -- as you know -- can lead to suicide. It is also a book that teaches how to recognize and heed the trail of warning signs frequently left by would-be suicides -- and thus save lives.

We believe this a valuable book on an important subject, and hope that you will mention its availability in one of your forthcoming columns, and that you will find it useful in writing on this topic.

Sincerely,

(Rabbi) Alexander M. Schindler

AMS:rr
Enclosure

P.S. I also enclose a review of Dr. Gordon's book that has just been published in Reform Judaism, the UAHC's quarterly magazine.



RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

2 December 1985

Ms. Abigail Can Buren
c/o Universal Press Syndicate
4400 Johnson Drive
Fairway, KS 66205

Dear Ms. Van Buren:

According to the National Center for Health Statistics, suicides among those in the 15-24-year-old age range in the United States have increased by some 300 percent in the last 20 years. About 1,000 young people attempt suicide every day, and 18 succeed -- well over 6,000 per year.

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(Rabbi) Alexander M. Schindler

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RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

2 December 1985

Ms. Ann Landers
c/o News America Syndicate
1703 Kaiser Avenue
Irvine, CA 92714

Dear Ms. Landers:

According to the National Center for Health Statistics, suicides among those in the 15-24-year-old age range in the United States have increased by some 300 percent in the last 20 years. About 1,000 young people attempt suicide every day, and 18 succeed -- well over 6,000 per year.

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Sincerely,

(Rabbi) Alexander M. Schindler

AMS:rr
Enclosure

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*Success
A.F.*

November 27, 1985

Rabbi Eugene Mihaly
HIC-JIR
3101 Clifton Avenue
Cincinnati, OH 45220-2488

Dear Gene:

Thanks very much for sharing your letter to Gerry Voit with me.
And, of course, I am also grateful to you for meeting with her
at the Biennial.

As always, you have provided helpful and sound counsel. Many thanks.

With fond regards and best wishes for a happy holiday, I am

Sincerely,

Alexander M. Schindler

HEBREW UNION COLLEGE-
JEWISH INSTITUTE OF RELIGION

ROUTING
SLIP

FROM:

Eugene Mihaly

DATE:

11/20/85

TO:

NAME

DEPARTMENT

1

Rabbi Schindler

2

3

() Approval

() Initials

() Correction

() Filing

() As requested

() See me

(X) Your information

() Your comment

() Handle directly

() Immediate action

() Note and return

() Read and destroy

REMARKS



HEBREW UNION COLLEGE—JEWISH INSTITUTE OF RELIGION

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OFFICE OF THE EXECUTIVE DEAN
FOR ACADEMIC AFFAIRS

3101 CLIFTON AVE. • CINCINNATI, OHIO 45220-2488
(513) 221-1875

November 12, 1985

Mrs. Stephen Voit, Chairperson
UAHC Committee on Youth
187 South Bay Avenue
Islip, New York 11751

Dear Gerry:

I much appreciated our luncheon meeting on Sunday at the Biennial. I felt that our discussion was most helpful and fruitful. I also hope that it will lead to some concrete results. As we agreed, I am enclosing copies of the descriptions of our various curricular offerings in the areas of interest to your committee, as communicated to me by Rabbi Kenneth Ehrlich, director of our Rabbinic School in Cincinnati; Associate Dean Lee Bycel of the Los Angeles School; and Associate Dean Lawrence Raphael of the New York School. These descriptions are sketchy and not complete. At each of our campuses, for example, rabbis and other professionals supervise the biweekly activities of each student. In Cincinnati they are Rabbis Allan Fuchs and Howard Simon; Professor Milton Foreman, director of the University of Cincinnati Walk-in Clinic, and Morton Startz, director of Jewish Family Service. In Los Angeles Rabbi Wolli Kaelter supervises this activity, and in New York Rabbis Jerome Malino and Malcolm Stern are in charge. These various people meet with all students upon their return from their biweekly visit and discuss in detail the range of problems which the students have encountered, as well as a pre-planned outline of the range of activities of the rabbi. In addition, the regional UAHC directors visit each one of the biweekly congregations and observe the students in action several times during each term and subsequently meet with each student to discuss their evaluations, etc. In Cincinnati, for example, the regional directors who participate in this program are Rabbis David Hachen, Howard Kaplansky, Lawrence Jackofsky, Lewis Littman, and Richard Sternberger.

There are other contexts in which the various problems which are of concern to the Committee on Youth are explored and discussed. My intent in stating all this is not to imply that we are doing all that we possibly could in this area. We are, however, aware and are attempting to the best of our ability to address this area.

I am also enclosing a copy of our current catalogue, which may give you a fuller view of the required and elective offerings on our various campuses.

Mrs. Stephen Voit
Page 2
November 12, 1985

After you will have had an opportunity to review the enclosed materials, I do hope and urge that you write to me as we discussed. We welcome your suggestions and shall give them the most careful consideration. As I indicated, this is a particularly propitious time since we are about to begin the activities of our task force on curriculum, when we shall hopefully review our total rabbinic curriculum at our various campuses with a view towards introducing the needed and necessary changes.

With warm greetings and best wishes, I am

Cordially,



Eugene Mihaly
Vice-President for Academic Affairs

EM:pg
Enclosures

cc Dr. Alfred Gottschalk
Rabbi Avram Arian
Rabbi Allan Smith

bc Deans Greengus, Herscher, Steinberg
Rabbis Bycel, Ehrlich, Raphael
Professor Lowell McCoy

T.F.
Sullivan

May 8, 1985

Dr. Ellis J. Mischel
181 Summit Avenue
Summit, NJ 07901

Dear Ellis:

I must admit that I was a bit surprised by your letter of May 6th. I received a series of reports on the task force meeting, including the program component that you proposed. No one to whom I spoke viewed your comments as "too-confrontative and non-political." Indeed, it was my impression that the groups you suggested achieved basic consensus as one desired outcome of the task force effort.

I sincerely hope that you will reconsider your decision to leave the group. You are one of two psychiatrists currently on the task force, and we will have a difficult time replacing you.

Still, I want you to know that I respect the philosophical differences that you have articulated. Should you still find it impossible to continue, I hope that you will at least allow us to consult with you from time to time. We greatly value your expertise and your commitment.

I will look forward to hearing from you, and to seeing you and Judith at the Board meeting.

With warmest regards, I am

Sincerely,

Alexander M. Schindler

celebration

Ellis J. Mischel, M. D.

181 SUMMIT AVENUE
SUMMIT, NEW JERSEY 07901
TEL. 273-0818

May 6, 1985

Rabbi Alexander Schindler,
President, Union of American Hebrew Congregations
838 Fifth Avenue,
New York, 10021 New York

Dear Alex:

I am responding to your letter of April 24 in which you wrote "this is the first meeting of the full Task Force (on Teen Age Suicide) and it is an important time for everyone involved to speak openly and freely in an effort to the work into meaningful and proper channels of endeavor".

In all sincerity , Alex, I have analyzed my thoughts and feelings about the Task Force on many occasions and they keep coming out as follows.

I was called by some as "too confrontive^{TATIVE} and non-political" with my remarks and that may be so. However, I was speaking "openly and freely" about a very serious issue, which goes beyond the realm of politics and political considerations--the issue of suicide, the issue of life versus death.

In your letter you also wrote "unfortunately our structure is such that we have to use lay leaders". I have no problem with that in and of itself and I am not, frankly, seeking power. I do not question the sincerity and caring of any member of the Task Force. My problem is that the group is made up almost entirely of lay people and mental health para-professionals as distinguished from psychiatrists and psychologists not to say that one is better than the other. They all did their home work well and the read the voluminous literature but that does not qualify one for professional standing.

I am the Medical director of a clinic and of a psycho-analytic training institute where social workers, nurses, pastoral counselors and other mental health workers work and study under the aegis and supervision of trained professionals. This is required for legal as well as professional reasons. Malpractice suits are an increasing source of worry.

The Task Force on Teen Age Suicide should have, ideally two or three psychiatrists, since we professionals have differing opinions as well. Further, I feel, members who are close relatives of suicide victims--there are a few such on the force--should not be involved in the deliberations and in the decision making process. I know that I am generalizing, but they are for the most part, too emotionally involved in the issue. More times than not a too caring person can push another into suicide.

It is primarily because of these reasons that I am stepping out of my active involvement in the Task force. I do not feel that I have been allowed to speak "openly and freely" and I do not like a "confrontive or adversarial position".

I thank you for inviting me to participate, I am still interested but

Ellis J. Mischel, M. D.

181 SUMMIT AVENUE

SUMMIT, NEW JERSEY 07901

TEL. 273-0818

-2-

under different conditions.

Sincerely,

Ellis

Ellis J. Mischel, M. D.

TK Sucre

April 24, 1985

Ellis J. Mishel M
181 Summit Avenue
Summit, NJ 07901

Dear Ellis:

Thank you for your letter of April 20 which has just arrived, fortunately in time for me to respond before I leave the city on a journey to the Pacific Northwest. I am grateful to you for sharing your concerns with me and thank you.

Unfortunately, Ellis, our structure is such that we have to use laypersons. The Task Force is an instrument of the Union's Board of Trustees and we really have no alternative but to have a member of the Board serve as the Chairperson. We also realize that we need qualified professionals involved in this delicate task and it is because of that understanding that you have been asked to serve. I don't know if you know Gerry Volt well, or even if you have met her, but I can tell you she is a caring and sensitive human being and she exercises fine judgment. I believe that you will come to appreciate her once you have worked with her and come to know her.

As to your second point, you are absolutely correct and I am confident that the focus of the Task Force will deal with the broader perspective of self-destructive behavior. As a matter of fact, I fully expect that you, as a deeply involved and knowledgeable professional, will speak to this point when the Task Force meets. I believe this is really the first meeting of the full Task Force and it is an important time for everyone involved to speak openly and freely in an effort to direct the Task Force's work into meaningful and proper channels of endeavor.

Again, Ellis, my thanks for taking the time to share your concerns with me.

With warmest regards from house to house, I am

Sincerely,

Alexander M. Schindler

cc: Rabbi Ramie Arian
Rabbi Allen Smith
Mrs. Geraldine Volt

Ellis J. Mischel, M. D.

181 SUMMIT AVENUE

SUMMIT, NEW JERSEY 07901

TEL. 273-0818

April 20, 1985

Rabbi Alexander Schindler,
President, Union of American Hebrew Congregations
838 Fifth Avenue,
New York, New York

Dear Alex:

I am writing to you about my concern regarding the Task Force on Teen Age Suicide that will be convening shortly on April 29th & 30th. You and I have a deep common interest in the success of this project. However, I feel it incumbent on me to share with you some serious omissions that could lead to something less than success and possibly an early demise.

I had hoped that after our initial meeting last spring another meeting would have been held to discuss how to proceed. When I learned that a Task Force had been set up under lay leadership, I found this troublesome. There is no question in my mind that Teen Age Suicide belongs primarily in the domain of psychiatry and psychology, therefore, a qualified professional must be in charge to give leadership and direction. By the same token, you would not put a lay leader in charge of a rabbinic conference.

Secondly, it is my feeling that although this is a Task Force on Teen Age Suicide, the focus must be enlarged, broadened to include all self destructive behavior since suicide is merely the culmination, the end result of such behavior that has been ignored, neglected and not treated.

Finally, it is my belief that there be two chairpersons for the Task Force--one a lay person--already existing and the other a well qualified professional to give much needed expert leadership.

L' CHAIM

Sincerely yours,

Ellis
Ellis J. Mischel, M. D.

s.c. Rabbi Allen Smith
c.c. Rabbi Ramie Arian
c.c. Geraldine Voit

P.S. I was gratified about your remarks re Ragan
and the Bitburg cemetery visit - he should be
buried there. Jews and Christians - should wear
the Star of David and concentration camp uniforms
in protest demonstrations - *Ellis*



The Sembler Company

REAL ESTATE DEVELOPMENT / SHOPPING CENTERS

no further

February 18, 1985

TF Juvenile

Rabbi Alexander M. Schindler
President
Union of American Hebrew Congregations
838 5th Avenue
New York, NY 10021

Dear Rabbi Schindler:

Thank you for your wonderful letter of January 16 concerning our involvement with the adolescent drug rehabilitation program, STRAIGHT, featured recently in the CBS movie, "NOT MY KID".

My wife, Betty, and myself became aware of the very serious, national problem of teenage drug abuse over ten years ago and were one of the founders of the original STRAIGHT program in St. Petersburg which opened in 1976. I served as the first President of STRAIGHT, and presently am Chairman of the Executive Committee for the national organization. Betty and I have remained active through the years because we have been trying to communicate a message to the American public about the seriousness of teenage drug abuse. We were concerned about losing a generation of young people because of the epidemic of drug experimentation and abuse by the youth of our country.

Three years ago, Nancy Reagan launched her interest in juvenile drug abuse here in St. Petersburg when she visited the STRAIGHT program. Subsequently, she has revisited the program at the Cincinnati branch. Our program has been featured in Reader's Digest, Ladies Home Journal, NBC Magazine, ABC 20-20, CBS 60 Minutes, and finally the CBS Movie of the Week, "NOT MY KID".

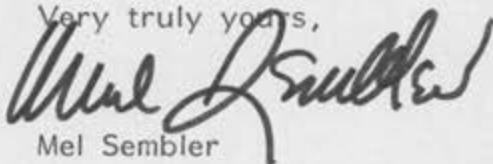
Rabbi Alexander M. Schindler
President
Union of American Hebrew Congregations
February 18, 1985
Page 2

It has taken ten years to heighten the awareness of the parents of our country to identify the symptoms of drug abuse among teenagers which is so frequently overlooked by parents, teachers, physicians, psychiatrist, psychologist, school counselors and many others who deal with youngsters, but who do not have enough experience with drugs and drug abuse to recognize the problem. The young people know what is happening in the world of drug abuse. It is the parents who are so uninformed on the subject. "NOT MY KID" perhaps will help bring this message to families in our country as 50 million people viewed this movie when it was recently aired.

On our next trip to New York, we look forward to taking advantage of your invitation and hope to sit down with you and discuss these mutual concerns. I have heard so many wonderful things about you from your colleague and our Rabbi, Ira Youdovin.

Looking forward to our meeting.



Very truly yours,

A handwritten signature in dark ink, appearing to read "Mel Sembler", written in a cursive style.

Mel Sembler

MS/ml

cc: Rabbi Ira Youdovin



Rabbi Ira S. Youdovin
Temple Beth-El
400 Pasadena Avenue, South
St. Petersburg, FL 33707

Dear Ira:

I'm dashing off to Tucson and then to meeting of the World Jewish Congress in Vienna. But before I depart I wanted to express appreciation to you and Susan for your generous gift to the Fund for Reform Judaism. Your support means a great deal to all of us.


Thank you, too, for the wonderful contribution from your congregant to the Ethiopian Relief Project. That will be handled through normal channels and an acknowledgement will go forward.

I hope you and the kids had a grand adventure "doing" the Everglades. I missed seeing you, but what's more important, ~~me or your kids?~~ Certainly there is no contest -- the kids.

With warmest regards from house to house, I am

Sincerely,

Alexander M. Schindler



RABBI IRA S. YODOVIN

TEMPLE BETH-EL
400 PASADENA AVE., SOUTH
ST. PETERSBURG, FL 33707
(813) 347-6136

January 21, 1985

Rabbi Alexander M. Schindler
UAHC
838 Fifth Avenue
New York, NY 10021

Dear Alex:

Thanks for writing to Mel Sembler. The letter hits just the proper note. Mel and Betty are currently in California, but I plan to contact them immediately upon their return.

*\$1000.
Each*

I'm enclosing two checks; one from a congregant for the UAHC's Ethiopian Relief project; the other as a personal contribution from Susan and myself to the fund for Reform Judaism.

to Ze
to AK

Things here are fine. Sorry that I missed you while you were in Clearwater but my kids were down for the week and we were "doing" the Everglades.

Susan joins in sending our warm personal regards to you and Rhea, and also to Edie whom, I hope, is also reading this letter.

Shalom,

Ira
Ira S. Youdovin
Rabbi

ISY:mbh
Enc. Two checks

January 16, 1985

Mr. and Mrs. Melvin Sembler
10324 Paradise Boulevard
Treasure Island, FL 33706

Dear Mr. and Mrs. Sembler:

Your rabbi, my colleague, and our mutual friend, Ira Youdovin, has told me of your deep involvement in Straight, Inc., which was the agency highlighted in last evening's superb docu-drama "Not MY Kid" on CBS. I simply had to write to share my thoughts with you for the program was beautifully done and very powerful. It seemed to portray Straight, Inc., with honesty and candor.

Ira told me of your work in Straight, Inc., because he is aware of the wide ranging concerns of the Union of American Hebrew Congregations in regard to our youth. We have a number of programs geared to problem areas which face our young people, cults and missionaries, teen-age suicide, etc. These, of course, in addition to our regular youth and camping programs for various age groups.

On all levels we seek to work in close association with educators, teachers, rabbis and others who have regular contact with our young people to create an awareness of the many pressures facing our young people. While we seek to teach the young people of the dangers they face in today's world, we must also make certain that parents, teachers, and all who interact with our youngsters recognize specific problems such as depression, drug and/or alcohol abuse, etc. so they can seek to secure help for these young people. And, of course, we know all too well that our Jewish young people are as prone to these problems as others.

Perhaps some day we will have an opportunity to meet and discuss mutual concerns. I would welcome such a meeting.

Again, my congratulations on the work of Straight, Inc. and my best wishes.

Sincerely,

Alexander M. Schindler

cc: Rabbi Ira S. Youdovin

RABBI IRA S. YODOVIN

TEMPLE BETH-EL
400 PASADENA AVE., SOUTH
ST. PETERSBURG, FL 33707
(813) 347-6136

*See
Please prepare
make a letter*

January 2, 1985

Rabbi Alexander M. Schindler
UAHC
838 Fifth Avenue
New York, NY 10021

Dear Alex:

On January 15, CBS will televise a docu-drama entitled "Not My Kid" which portrays a young person's rehabilitation from drug addiction.

The agency featured in the program is Straight, Inc., which is based here in St. Petersburg. It is the product of determined hard work on the part of Mel and Betty Sembler, members of this congregation.

Mel and Betty became involved nearly a decade ago when one of their three sons fell victim to addiction. Finding no program available to meet his needs, they set out to develop one.

Straight has generated a controversy because of its extremely authoritarian approach. The agency's therapists maintain that this is the only approach that really works with addictive personalities. Theory notwithstanding, the results Straight achieves are widely acknowledged to be among the best, if not the best, among agencies doing this work.

Mel Sembler is an extremely successful and nationally known developer of shopping centers. He is a devout and active Reform Jew who, unfortunately, to date has not been exposed to the scope of our national movement.

I'm sure that a letter after January 15 to this dedicated and generous couple will be deeply appreciated. Their address is 10324 Paradise Blvd., Treasure Island, FL 33706.

Rabbi Schindler

- 2 -

January 2, 1985

Sorry to have missed you in Clearwater. The children were down for their vacation and we were spending a few days in the Everglades.

Susan joins in sending our warm regards to you and Rhea.

Shalom,



Ira S. Youdovin
Rabbi

ISY:mbh

*Book free on
Hear Day Save*

✓

January 25, 1985

Rabbi Robert L., Katz
HUC-JIR
3101 Clifton Avenue
Cincinnati, Ohio 45220

Dear Bob:

I appreciate your situation and want to assure you that I understand.

I appreciate your suggestion in regard to Barry Kogan and am writing to advise that an invitation will go forward from the Chairman of the Board inviting him to serve on this task force.

With warmest regards, I am

Sincerely,

Alexander M. Schindler



HEBREW UNION COLLEGE—JEWISH INSTITUTE OF RELIGION

Cincinnati • New York • Los Angeles • Jerusalem

3101 CLIFTON AVENUE • CINCINNATI, OHIO 45220-2488
(513) 221-1875

January 18, 1985

Rabbi Alexander M. Schindler
Union of American Hebrew Congregations
838 Fifth Avenue
New York, NY 10021

Dear Alex,

I am following through on our phone conversation. As I indicated to you, I think at the present time emotionally it would be difficult for me to serve on the Task Force on Suicide.

I do have a suggestion to make. It is Rabbi Barry Kogan of our Cincinnati School. He writes well and is alert to many issues in medical ethics and on the whole question of issues of value, etc. I have spoken to him and should you extend an invitation, I think that he might very well respond affirmatively.

It was good talking with you.

Cordially,

Robert L. Katz

RLK:bb

Robert
Cecil
Adams



cc: to
Remy Perry

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THE PRESIDENT

3101 CLIFTON AVENUE • CINCINNATI, OHIO 45220-2488
(513) 221-1875

December 31, 1984

Rabbi Alexander M. Schindler, President
Union of American Hebrew Congregations
838 Fifth Avenue
New York, N.Y. 10021

Dear Alex:

I have your letter of December 24th with your request that Bob Katz be named to the very important Task Force on Teen Age Suicide. The only caveat I have is your own sensitivity to his situation. I think it is certainly worth exploring with him and I am certain that if Bob is abled emotionally to deal with the problem, because of the proximity of his own tragedy to current events, he will make a great contriubiton to the committee. By all means, feel free to discuss this with him.

With all good wishes,

Sincerely,

fred.

Alfred Gottschalk

AG:cs

cc: R. Orian
G. Vort

December 24, 1984

Rabbi Alfred Gottschalk
President, HUC-JIR
3101 Clifton Avenue
Cincinnati, OH 45220-2488

Dear Fred:

By now, I am certain you have received a full report from Richard Scheuer on the UAHC Board of Trustees meeting. And you have undoubtedly learned of the creation of a Task Force on Teen Age Suicide by the Union. I am enclosing herewith a copy of my Report to the Board which will provide information on this critical area of concern.

We met just last week to determine personnel for the Task Force. While it may be a bit too soon in terms of his own situation, I am eager to name Bob Katz to this Task Force for I believe he will have much to contribute to our deliberations because of his field of endeavor and, unfortunately, his personal tragedy. If you have no objections to our naming a faculty member of the College-Institute to this Task Force, I will contact Bob myself to discuss the matter. Our usual procedure is for the chairman of the board to extend the invitations and Chuck will write to Bob should I gain an affirmative response from you and from Bob.

I await your response at your earliest convenience. Until then, fond regards to you and Dee, in which Rhea joins.

Sincerely,

Alexander M. Schindler

Encl.

UNION OF AMERICAN HEBREW CONGREGATIONS

OFFICE OF THE CHAIRMAN OF THE BOARD

December 28, 1984

Rabbi Harry K. Danziger
Temple Israel
1376 East Massey Road
Memphis, Tennessee 38119

Dear Rabbi Danziger:

I am pleased to invite you to serve on the newly-formed Task Force on Youth Suicide, created by a resolution adopted unanimously by the UAHC Board of Trustees at its meeting in December, 1984 in Bal Harbour, Florida. A copy of that resolution is enclosed.

The task force will address itself to the alarming trend of suicide by young people in our society by developing a comprehensive programmatic plan of research, suicide prevention and crisis intervention. The task force is chaired by Mrs. Geraldine Voit, and Rabbi Ramie Arian, director of the North American Federation of Temple Youth is the staff advisor.

The first meeting of the task force will take place on Thursday, March 28, 1985 at the House of Living Judaism, 838 Fifth Avenue, New York City from 10 am to ~~2:30~~ pm. 4:00 p.m. Please use the enclosed response card to indicate your ability to attend.

Kindest personal regards.

Cordially,

Charles J. Rothschild, Jr.

cc: Mrs. Geraldine Voit
Rabbi Ramie Arian



cc: Rabbi Joseph D. Glaser

NATHANIEL S. LEHRMAN, M.D., F.A.P.A.
10 NOB HILL GATE
ROSLYN, N. Y. 11576
516 - 626-0238

December 20, 1984

Yad /
Rabbi Alexander M. Schindler
UAHC
838 Fifth Avenue
New York, N.Y. 10021

Dear Rabbi Schindler:

The establishment within Reform Judaism of a special group looking into adolescent suicide troubles me, just as do special task forces investigating cults, divorce and addiction among Jews. These phenomena are manifestations of demoralization within the Jewish community, and it is ironic that "mental healthers," whose work is based on norms rather than ideals, and who have been so harmful to Jewish family life, are now being looked to for answers to these serious problems.

The mental health professions are almost utterly unaware of the psychological strengths the Jewish tradition has provided thru much more difficult times than today, via, for example, the Sabbath mitzvah of study, which produces sparks, and a glow, from the rubbing together of minds, or the Sabbath mitzvah of marriage, which produces joy, and often children, from the rubbing together of bodies.

Deeper awareness and greater glorification of our own tradition as a guide for daily living is most important, and little recognized, for overcoming the demoralization leading to suicide and similar tragedies.

I would be happy to assist in any way possible to help clarify the psychological value of our tradition and to define the harm produced by so many current mental health practices.

With best personal regards,

Sincerely,

Nathaniel S. Lehrman
Clinical Director, Retired
Brooklyn State Hospital

Chairman, Mental Health Committee
Humanist Society of Metro. N.Y.

Secretary, Brotherhood
Temple Sinai, Roslyn Heights, N.Y.

copies

Enc: HNL 1/2

YAD TIKVAH

✓

December 10, 1994

Susan Rubin, L.C.S.W.
Director
Department of Prevention
Jewish Family & Children's Service
1790 S.W. 27th Avenue
Miami, FL 33145

Dear Ms. Rubin:

Thank you for your letter of December 4 and your expression of interest in the program Yad Tikvah being launched by the Union of American Hebrew Congregations. The article you read may have been misleading for the funding we have received is to enable the UAHC to undertake prevention programs and educational materials such as books and films for use in the congregations which make up our UAHC. We will not be in a position to provide funding for other groups, as worthy as they might be.

With kindest greetings, and all good wishes, I am

Sincerely,

Alexander M. Schindler



DAVID B. SALTMAN, LCSW
Executive Director

JEWISH FAMILY AND CHILDREN'S SERVICE

1790 S. W. 27th AVENUE • MIAMI, FLORIDA 33145 • 445-0555

DISTRICT OFFICES

7455 COLLINS AVENUE • MIAMI BEACH, FLORIDA 33141 • 868-0888
2040 N. E. 163rd STREET • NORTH MIAMI BEACH, FLA. 33162 • 949-6186
8905 S. W. 87th AVENUE • MIAMI, FLORIDA 33173 • 279-6611
1424 DREXEL AVE. • MIAMI BEACH, FLORIDA 33139 • 672-2773

December 4, 1984

Rabbi Alexander Schindler
Union of American Hebrew Congregations
838 Fifth Avenue
New York, N.Y. 10021

Dear Rabbi Schindler,

I read with interest about your concern regarding the growing rate of suicide among Jewish adolescents and young adults. We too have been worried about this trend and consequently our recent Family Life Education effort was directed at prevention, with a focus on the ability of parents to understand and communicate with their teens.

We would like to be doing more of this, however, staff and financial resources are limited. In the Miami Herald newspaper article of December 3, 1984, there was mention of special funding available for prevention and research through the Union of American Hebrew Congregations. Could you provide me with more information about these resources and how we might have access to them? We have an excellent clinical staff and a well established Prevention Department as well as a long term positive working relationship with the synagogues and temples in Miami. We have a strong research interest, several professional staff with research background, and a computerized information system which can be programmed to evaluate outcome data. We also provide training and leadership to the rest of our community.

Any assistance or direction you could offer in how we may pursue this request would be greatly appreciated.

Sincerely,

Susan Rubin, L.C.S.W.
Director
Department of Prevention

SR/et
encls: (2)



Affiliations: Greater Miami Jewish Federation • United Way of Dade County
Child Welfare League of America • Family Service Association of America



PUBLIC SERVICE ANNOUNCEMENT

CONCERNED OVER TEEN-AGED SUICIDE? WORRIED ABOUT YOUR KIDS? LEARN HOW TO COMMUNICATE BETTER WITH YOUR ADOLESCENT CHILDREN. THE JEWISH FAMILY & CHILDREN'S SERVICE WILL PRESENT A THREE-SESSION WORKSHOP FOR PARENTS ENTITLED, "THE STORMY PASSAGE: UNDERSTANDING YOUR ADOLESCENT". THE WORKSHOP IS OPEN TO THE GENERAL PUBLIC FOR A FEE OF \$25 PER PERSON AND WILL BE HELD IN NORTH AND SOUTH DADE BEGINNING NOVEMBER 26TH. FOR THE DATES, TIMES AND LOCATIONS, CALL THE J.F.C.S. AT 445-0555. AREN'T YOUR KIDS WORTH IT? CALL TODAY...445-0555

Adopted unanimously by the
Board of Trustees at its
meeting December 1, 1984
Bal Harbour, Florida

RESOLUTION ON THREATS TO OUR YOUTH

BACKGROUND:

No group is more precious to us than our young people. Accordingly, the UAHC has historically devoted a significant proportion of our resources to serving youth, educating, building Jewish identity, seizing every conceivable opportunity to teach and move our children to greater Jewish self-confidence and involvement. Through NFTY, through our UAHC camps, through the College Education Department, through the Commission on Jewish Education, through our Israel programs, we have demonstrated our deep concern and commitment.

In recent years, however, a number of alarming trends have alerted us to the fact that, despite our best efforts, many of our children are in deep trouble. A national surge in teenage drug and alcohol dependency, an estimated 12% Jewish membership in some cults and missionary groups, a growing isolation from family and community, all point to the need for a radical rethinking of the sufficiency of our efforts.

The urgency of our charge has been intensified even further by a tragic epidemic of teenage suicide in our society, a terrifying manifestation of lost hope and devastated spirit.

Our Reform movement cannot -- and will not -- stand idly by.

RESOLUTION:

WHEREAS Rabbi Schindler has focused our attention on the profound pressures which face young people in a rapidly changing North America,

AND WHEREAS the alarming epidemic of teenage suicide in our society is symptomatic of deep transitions in the family, personal alienation, and loss of self-esteem, as well as society breakdown,

NOW THEREFORE, BE IT RESOLVED that the Board of the UAHC, meeting in Bal Harbour,

1. Call upon the President and Chairman of the Board to appoint a UAHC Task Force on Teenage Suicide, with representation from all arms of the Reform movement including the CCAR, HUC-JIR, UAHC affiliates and program departments.
2. Urge that the task force, in conjunction with the Research Task Force, develop a comprehensive programmatic plan of research, suicide prevention and crisis intervention, to be presented at the 1985 General Assembly in Los Angeles.
3. Authorize the establishment of a new institute, to be called Yad Tikvah as an instrumentality through which the program mandates of the Task Force can be realized. It is understood that these efforts will require funding outside the regular budget of the UAHC.

Yao T. Kuok

CJR
DS

November 12, 1984

Dear Rabbi Schindler,

I regret that family obligations prevent me from joining you in Bar Harbour, Florida on November 30th. My brothers youngest child will be Bat Mitzvah that week end.

I am most interested in everything that occurs at the Board of Trustees meeting, and would like very much to be kept imformed. I am pleased to be able to support your work. I agree with you that one of the issues we must confront in trying to eliminate teen age suicide is consciousness raising. It is possible that my presence and input may be of some value in doing this. Whereas I wish to avoid unnecessary publicity, I am willing to be open and honest with people to whom this will be of help either on a personal level, or in gaining support for needed programs.

I would be happy to attend a Board of Trustees meeting at some future time if you feel that it would further any of these goals.

Thank you for all the help you've given me.

Sincerely,

Anita Saltz
Anita Saltz

✓
November 5, 1984

NO
Mrs. Jack Saltz
17 Willow Lane
Scarsdale, NY 10583

Dear Anita:

As you know, the grant from the Saltz Family Philanthropic Fund for Yad Tikvah has been forwarded from the Jewish Communal Fund of New York. I have thanked Mr. Singer for his handling of this matter and once again I express to you my heartfelt appreciation. All of us of the Union are eager to move the program forward quickly and wisely. There are so many problem-ridden young people in our midst and we pray that our efforts will serve to save some of these beautiful youngsters.

The Board of Trustees of the UAHC will be meeting in Bal Harbour, Florida, November 30 - December 2, 1984. The theme of this session will deal with the youth of our movement. It is our hope to have Lt. Governor Del Bello address our leaders and in my own report to the Board I will deal with our aspirations for the Yad Tikvah program. We will present a resolution to the Board of Trustees to formalize Yad Tikvah as a source of training, consciousness-raising, research and education in the area of teen-age suicide.

Anita, while I know you wish to maintain a low-profile, nothing would please me more than to have you join us for the Board meeting. I certainly will not press you, but I do want you to know we would welcome you wholeheartedly. If you feel you wish to be with us, please do let me know and we can work out the details.

With repeated thanks and warm regards, I am

Sincerely,

Alexander M. Schindler

See DAB

November 2, 1984

Mr. Herbert M. Singer, President
Jewish Communal Fund of New York
130 East 59th Street
New York, New York 10022

Dear Mr. Singer:

This is to acknowledge receipt of your check for \$100,000. from the Saltz Family Philanthropic Fund of the Jewish Communal Fund. This grant for the Adolescent Center Fund - Yad Tikva is deeply appreciated and I thank you for getting the funds to us with dispatch.

I will, of course, be writing directly to Anita and Jack Saltz to reiterate our gratitude.

With kindest greetings, I am

Sincerely,

Alexander M. Schindler

Edith J. Miller

November 2, 1984

Fred Cohen

Rabbi Daniel B. Syme

YAD TIKVAH

We are to start a new and special fund, to be called Yad Tikvah, with the enclosed check for \$100,000. This is a grant from the Saltz Family Philanthropic Fund of the Jewish Communal Fund of New York.

The term Yad Tikvah is translated to The Hand of Hope in English and is the name to be used for an Adolescent Center Fund for programs in regard to teen-age suicide.

*Check will
be used to
purchase CD
on what
for best interest*

*75,000
for a fund
up 25
on*



October 31, 1984

Union of American Hebrew Congregation
838 Fifth Avenue
New York, N.Y. 10021

Att: Alexander M. Schindler

Re: Saltz Family Philanthropic Fund

Dear Mr. Schindler:

We are pleased to enclose herewith our check in the sum of \$100,000, representing a grant to your organization from the above named Philanthropic Fund of the Jewish Communal Fund of New York.

This Philanthropic Fund was established with us by Jack and Anita Saltz, of One Dag Hammarskjold Plaza, New York, N.Y. 10017.

The Jewish Communal Fund is dedicated to the support of the voluntary system of philanthropy, and is happy to be of help to you in achieving your goals.

Sincerely,

President

This grant is for the Adolescent
Center Fund "Yad Tikva".

HMSinger

Encl.

cc: Jack and Anita Saltz

CC DBB
CJR

president: Herbert M. Singer **vice presidents:** David S. Gottesman, Joseph Gurwin, John Trubin **secretary:** Stephen A. Hochman **treasurer:** Frederick P. Rose **board of trustees:** Bobbie Abrams, Saul E. Ashkenazi, Daniel S. Shapiro, Ludwig Bravmann, Marcy Chanin, Joel S. Ehrenkranz, Patricia A. Gantz, David S. Gottesman, Joseph Gurwin, Stephen A. Hochman, Stanley H. Lowell, Frederick P. Rose, Theodore H. Silbert, Harold Tanner, Mrs. Laurence A. Tisch, Peggy Tishman, John Trubin, Elaine K. Winik **trustees emeriti:** Lawrence B. Buttenwieser, Susan L. Cullman, John H. Gutfreund, George H. Heyman, Jr., Ludwig Jesselson, Irving Schneider, Stephen Shalom, Herbert M. Singer, Herbert Tenzer, Laurence A. Tisch **executive vice president:** Milton Kosen

sponsored by Federation of Jewish Philanthropies and United Jewish Appeal of Greater New York

*Teen Age
Suicide*

MEMORANDUM

From Rabbi Alexander M. Schindler
To Joshua M. Dwork
Copies Charles J. Rothschild, Jr.; Rabbi Daniel B. Syme
Subject YAD TIKVA

Date October 3, 1984

Within the next several days you should be receiving a check for \$100,000. from the Saltz Family Philanthropic Fund of the Jewish Communal Fund of New York. This sum is to be put into the Endowment Fund as a restricted fund bearing the name YAD TIKVA... (The Hand of Hope). The funds are to be expended for special projects designated by Anita Saltz and authorized by me and by Dan Syme.

So far only one project has gained approval, the publication of a book on teen age suicide for which the Publications Department will ultimately bill you.

No administrative charges are to be levelled against the corpus of this gift, they are to be included in the project costs and then credited to the 7½% Fund in a percentage which will certainly be no less than 12% but may be as much as 25%, depending on the nature of the project.

All income is to be credited to the corpus and it is our understanding and hope that additional sums will be added to this fund from time to time.

We should give the donor regular reports concerning the disposition of these funds and that should be done through Dan Syme. These reports, both financial and substantive, should be made on a quarterly basis.



new fee
Suicide
YAD
TIKVA

September 21, 1984

Mrs. Anita Saltz
17 Willow Lane
Scarsdale, NY 10583

Dear Anita:

It was heartening to learn of your request that the Saltz Family Philanthropic Fund of the Jewish Communal Fund of New York provide a grant of \$100,000. for "Yad Tikva." I write to express my personal appreciation as well as the gratitude of the Union of American Hebrew Congregations. This generous gift will enable us to move forward with our program for the prevention of suicide among our young people. There is an important job to be done in this critical area of concern.

Let me also take this opportunity to wish you and your loved ones a very happy and healthy New Year.

With repeated thanks and warm personal regards, I am

Sincerely,

Alexander M. Schindler

17 Willow Lane
Scarsdale, New York 10583

August 19, 1984

*Rec'd
9/2/84*

Jewish Communal Fund of New York
Suite 1204
130 East 59th Street
New York, N.Y. 10022

Attention: Milton Kosen, Executive Vice President

Dear Sirs:

I recommend a grant from the Saltz Family Philanthropic Fund of JCF

in the sum of: \$ 100,000

To: Union of American Hebrew Congregations for the
Adolescent Center Fund "Yad Tikva"
(address)
~~838 Fifth Avenue, New York, New York 10021~~
Attention: Alexander M. Schindler

Sincerely yours,

Anita Saltz

Anita Saltz

cc: A. M. Schindler

*CJR
DBS*

September 13, 1984

Mrs. Anita Saltz
17 Willow Lane
Scarsdale, NY 10583

Dear Anita:

I promised to get back to you with an appropriate and more positive name for our evolving project than "Institute for Adolescent Mental Health." You are right, that's entirely too cold and has too many negative implications.

We gave the matter some thought here and we came up with a good Hebrew name "Yad Tikva" - "A Hand of Hope" and the sub-title would be "A Center for Jewish Adolescents." That seems to please most of us here but of course we are anxious to have your reaction.

Pending resolution of the specific title, you could make our any contribution to the Union of American Hebrew Congregations (a tax deductible institution) earmarked for the Adolescent Center Fund.

Dan Syme was going to discuss this matter with you by phone and tried to do so but learned that you were away for two weeks. I hope that you had a pleasant journey and good rest. And, of course, I look forward to having your reaction to the title.

With warm good wishes for the New Year, I am

Sincerely,

Alexander M. Schindler

cc: Rabbi Ramie Arian
Rabbi Daniel B. Syme
Mr. Albert Vorspan

MEMORANDUM

From Rabbi Daniel B. Syme
To Rabbi Alexander Schindler
Copies
Subject

Date Sept. 12, 1984

I spoke to Ze'ev -

1. "Who Is A Jew" Conference

Ze'ev concurs with your judgement that the conference should be held under the auspices of a secular institution. He feels that the Israel-Diaspora Institute would be the best entity - especially if it's under Herzog's patronage. He would be more than happy to help with arrangements and with press when we are ready to move.

2. Anita Saltz Institute Names

Ze'ev suggested the following names:

1. Shikum - שִׁכּוּם

This is a Hebrew word meaning renewal. The only drawback is that UJA uses it for "Project Renewal".

It could be combined with the word "Merkaz" as "Merkaz Shikum".

2. Yad L'Vaneynu - יָד לְבָנֵינוּ

"A Hand to our Children"

3. Yad Tikva

"A Hand of Hope" - יָד תִּקְוָה

Obviously, we'd also need an English subtitle. I personally like #2 and #3.



MEMORANDUM

6

From Rabbi Daniel B. Syme

Date September 10, 1984

To Rabbi Alexander Schindler

Copies Rabbi Ramie Arian, Annette Daum

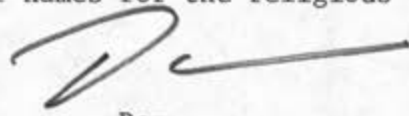
Subject

We had a marvelous meeting with Lieutenant Governor Del Bello on Friday, September 7th. It is very clear that the UAHC is one of the few organizations nationwide undertaking a serious program in adolescent suicide prevention.

Del Bello is very interested in keeping us involved, and jumped at the suggestion that the religious community should be involved in his National Committee on Youth Suicide Prevention.

I volunteered you to be the convener of a meeting of religious leaders of the most important Jewish and Christian denominations. This would include the Archbishop of New York, the Head of the National Council of Churches, plus the highest possible level of religious leadership throughout the country.

Things are still in the very early stages, but it is clear that Del Bello sees this as a major priority, for both humanistic and political reasons. We are in on the ground floor, and I think that the Union and the Project will derive a great deal of mutual benefit. We should meet within the next seven to ten days to develop a draft list of names for the religious leaders meeting. Thanks.



Dan

DBS: mf



Union of American Hebrew Congregations
838 FIFTH AVENUE, NEW YORK, N.Y. 10021 (212) 249-0100

August 29, 1984

Dear Rabbi Schindler,

Thank you for sending me a copy of Ramie Arian's memo on his meeting with Dr. David Axelrod on July 26th.

I believe that some very worthwhile suggestions were discussed at this meeting. I would like to comment on these suggestions. I shall refer to them by the number that precedes each suggestion as listed in Ramie Arian's memo.

(1) We should proceed to identify successful models, establish criteria for evaluating them, and consider which would be most suitable for our implementation.

(2) In my discussion with Dr. Axelrod on April 9th, we noted the homogeneous aspects of NFTY. Dr. Axelrod said that as this problem has a cultural component there is value in working with a narrowly defined group, and then finding ways to reach a broader constituency.

(3) I agree with Dr. Axelrod's view that we should address ourselves to the issue of general adolescent mental health.

(4) I would be pleased and honored to be one of the founders of such an institute.

(5) All six ways in which the institute would operate seem worthwhile. However, I do not want any programs created to satisfy my needs. Unless a program has merit it will not satisfy anyone.

(6) I believe we should determine with more certainty if any organization of the type we are contemplating exists, so as to avoid duplication and more clearly define areas of need.

(7) This is an area that shows much promise and possibility of outside support with no religious affiliation.

(8) I agree with Dr. Axelrod that a program with a positive approach, that avoids labeling participants will attract far more people.

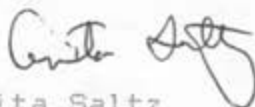
(9) The book that we are working on with Rabbi Syme addresses itself to that issue.

(10) I can also provide you with names of people in the field who can serve as resource people.

Give copy
of this to
Rabbi Vargason
9/1/84
Sheep
Free

I want to thank you again for all the attention that you are giving to this issue and for keeping me informed.

Sincerely,



Anita Saltz

cc: Rabbi Daniel Syme
Rabbi Ramie Arian
Rabbi Jack Stern
Dr. David Axelrod

August 29, 1984

17 Willow Lane
Scarsdale
10583

August 21, 1984

Ms. Anita Saltz
17 Willow Lane
Scarsdale, NY 10583

Dear Anita:

In accordance with your recommendation, Ramie Arian has met with Dr. David Axelrod. He has detailed the meeting in a memo to me and I enclose a copy herewith. I am certain you will find it to be of interest.

Warm regards.

Sincerely,

Alexander M. Schindler

Encl.

8/20 - Ramie Called from Kutz - there til end of week ---
he had a call from aide of Lt. Gov. Del Bello -- he's deeply involved
in programs for teen-age suicide prevention --- Dr. Axelrad must have
told him of UAHC etc. Del Bello testified at the Platform Committee
of the Democratic National Committee on this -- he is involved in a
National group which is teeking to create a Federal Commission on Teen
Age suicide....hopefully will have some pilot program(s) in New York
State.....Del Bello would like to meet with Ramie --- Ramie suggests
you may want to add to that meeting -- not certain if wants us to work
together, create a linkage or what but it's important.....when Ramie
hears from us he'll be in contact with Del Bello's office.....

Ram. handle
✓ Ramie

✓ Tho. AM 8
Chat

Wed all day
Thu " "

after LD

after Labor Day

Kathy

MEMORANDUM

From

Rabbi Ramie Arian

Date 8/17/84

To

Rabbi Alexander Schindler

Copies

Subject

At your request, and as Anita Saltz recommended, I met with Dr. David Axelrod, New York State Commissioner of Health, on Thursday, July 26th, regarding the issue of teenage suicide. The purpose of the meeting was to receive Dr. Axelrod's feedback and suggestions regarding the UAHC's proposed creation of a suicide crisis intervention program.

Dr. Axelrod had met previously with Anita Saltz, although they were not acquainted prior to that meeting. He was familiar with her proposals, and with the general structure and function of the UAHC.

Dr. Axelrod's significant suggestions are summarized below:

(1) There exists a fairly well-defined body of knowledge regarding suicide in general, and teenage suicide in particular. There exists a variety of successful models for suicide prevention and for crisis intervention. Therefore, the issue is not to create programs from scratch, but rather to build systems for the delivery of these programs to the appropriate constituencies.

(2) Dr. Axelrod wondered gently whether a congregationally-based, religious organization was well-positioned to reach large numbers of the target constituency for a suicide prevention program. Whatever programs we sponsor would be of value to a constituency far broader than the members of NFTY youth groups, for example, and even far broader than the larger constituency of the UAHC itself.

(3) He asserted that teenage suicide is but one manifestation, albeit the urgent, of a whole galaxy of general teenage mental-health issues. He believes strongly that to deal with suicide on an ad hoc basis, outside of the context of general adolescent mental health, is to limit the scope of the program inappropriately, and ultimately would be counter-productive.

(4) Consequently, he wondered about, and strongly urged for our consideration, the creation of an institute on adolescent psychiatry. Such an institute could be founded and controlled by the UAHC, but could ultimately operate with a number of partners, perhaps involving other denominational groups (Jewish and non-Jewish), health and mental health professionals, etc.

(5) Such an institute would operate in several ways:

-- It would bring together experts in the field, to deal with adolescent psychology in a coherent intellectual framework.

-- It would deal with teenage suicide in the context of an understanding of adolescence, and not in a vacuum.

-- It could deal with the implications for religious bodies of the tone of a



Union of American Hebrew Congregations

838 FIFTH AVENUE, NEW YORK, N.Y. 10021 (212) 249-0100

society which engenders an epidemic of suicide among its youth.

-- It could create suicide prevention programs immediately, as pilot or demonstration programs, thereby satisfying Anita Saltz's needs.

-- It would attract substantial additional funding from various foundations and research organizations.

-- It would be attractive to youth and parents who might be scared away by programs with overtly religious overtones.

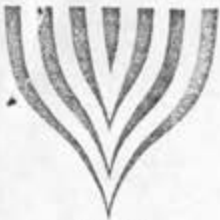
(6) To the best of Dr. Axelrod's knowledge, such an institute (devoted to adolescent mental health issues in a broad context) does not exist anywhere in the United States at the present time. Thus, the creation of such an institute would be a valuable contribution in ways far beyond the suicide issue.

(7) He spoke of the usefulness of computers in possible programming. For example, he could imagine the creation of drop-in centers where individual youths could sit at an interactive computer terminal, and get carefully programmed general information about depression, suicide, and other adolescent issues, without taking the risks inherent in initiating human contact. The computer could help the individual take appropriate action in terms of seeking professional help or human contact when needed. I had an opportunity to visit a comparable center that the N.Y. Department of Health runs in Albany on general health issues, and he said they are working on establishing a series of comparable programs on teenage pregnancy. He said he was quite sure that firms like IBM and Digital Equipment would be willing, even eager, to donate expertise, equipment, and time to the creation of such programs.

(8) Again, he emphasized that the key is creating programs that are inviting and easy for potential clients to get involved with. Resources need to be available to youth without being threatening. For example, a center should be called a "Teen Resource Center" rather than a "Crisis Intervention Center".

(9) Dr. Axelrod believes that adolescent education and parent education are the two most effective avenues, in the long run, to undertake in attacking the suicide problem.

(10) He left me with the names of about a half dozen health experts whose fields intersect with the suicide issue, and who would be helpful should we decide to proceed with the concept of an institute for adolescent mental health.



איחוד
ליהדות
מתקדמת
באמריקה

Union of American Hebrew Congregations

PATRON OF HEBREW UNION COLLEGE - JEWISH INSTITUTE OF RELIGION
838 FIFTH AVENUE, NEW YORK, N.Y. 10021 (212) 249-0100 CABLES: UNIONUAHC

August 9, 1984

Mrs. Anita Saltz
17 Willow Lane
Scarsdale, NY 10583

Dear Anita,

I'm back from Israel and have received Rabbi Arian's report on camper reaction to the Gordon proposal. It's interesting to note that they picked up on many of the items that we discussed as problematic.

The bottom line is that the kids felt that this was an important book for them. If you are satisfied, I'd like to contact Sol and formalize arrangements. He works fast, so the sooner we begin the better.

Please let me hear from you at your convenience. All the best.

Fondly,

Rabbi Daniel B. Syme
Executive Assistant
to the President

DBS:am

cc: Rabbi Alexander Schindler

To discuss
Joe

MEMORANDUM

From Rabbi Ramie Arian
To Rabbi Daniel Syme
Copies Rabbi Alexander Schindler
Subject SOL GORDON BOOK PROPOSAL ON TEENAGE SUICIDE

Date 8/6/84

As you requested, I have shared Gordon's proposal with a group of campers, and their reactions are summarized below. On the whole, I thought they were remarkably thoughtful, perceptive, and on-target.

The participants were promised anonymity. For the sake of the summary, their first names, ages, and states of origin are as follows:

Ellie	16	Florida
Warren	16	New York
Sam	17	Florida
Steve	15	Connecticut
Steve	15	Michigan
Becky	16	Miami
Larry	15	New York
Toby	17	Ohio
Dina	15	Massachusetts
David	16	New York
Beth	16	New Jersey

The overwhelming first and overall reaction was positive. The students agreed that the book is helpful, useful, important (one even said inspiring). They said it made them think about issues they knew they had to face but had never really thought about before. They said they learned a lot from the selection.

They particularly liked the specific, concrete suggestions Gordon gives as advise to one who is suicidal, or who is helping someone who is. They felt these were useful and reassuring.

They liked Gordon's style of writing. They characterized it as easy to read, and interesting. They said that based on the sample, they would want to read the whole booklet.

They felt personally addressed by Gordon's use of the first person. They felt that the author was talking directly to the individual reader. However, they were not unanimously happy about this perspective. Steve (Michigan) felt that the writing was below his level, and that in being personally addressed at such a low level, he was insulted. But most of the students disagreed, and felt the style engaging.

Gordon's non-traditional segments were controversial. For instance, some people liked his use of interspersed poetry, while others found it a turn-



off. Some, who did not like it personally, thought it should nevertheless be included because it might touch someone who was potentially suicidal.

Similarly, his use of religious language and imagery got mixed reviews, but in this case they were mostly negative. The students objected to Gordon's comments such as that one way to combat depression is to do mitzvot. They did not like his suggestion that the second great miracle is the coming of the Messiah. They were unmoved or turned off by his mention that "salvation does not care how you get there". Becky, however, felt that the religious language might speak to someone on the verge of suicide (although most of the students disagreed). The objections seemed more directed at the limiting particularity of Jewish terminology than at religious language in general.

Becky summarized the feeling of the group when she said that the book made the issue of suicide real for those who had never confronted it before.

When asked to rate the book on a scale of 1-10 (ten is the highest), most people said 8, and the average was just under 8.

When asked if the UAHC should publish this book, 9 of the ten said yes.

Rami



HEBREW UNION COLLEGE—JEWISH INSTITUTE OF RELIGION

Cincinnati • New York • Los Angeles • Jerusalem

cc: to
Remy + Jerry

THE PRESIDENT

3101 CLIFTON AVENUE • CINCINNATI, OHIO 45220-2488
(513) 221-1875

December 31, 1984

Rabbi Alexander M. Schindler, President
Union of American Hebrew Congregations
838 Fifth Avenue
New York, N.Y. 10021

Bob Katz
Carol +
Adverse

Dear Alex:

I have your letter of December 24th with your request that Bob Katz be named to the very important Task Force on Teen Age Suicide. The only caveat I have is your own sensitivity to his situation. I think it is certainly worth exploring with him and I am certain that if Bob is abled emotionally to deal with the problem, because of the proximity of his own tragedy to current events, he will make a great contribution to the committee. By all means, feel free to discuss this with him.

With all good wishes,

Sincerely,

fred.

Alfred Gottschalk

AG:cs

cc: R. C. C. ...
G. V. ...