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Task Force on Youth Suicide Yad Tikvah, 1984-1995.

For more information on this collection, please see the finding aid on the
American Jewish Archives website.

Ms Phyllis Akers
43 43 West Bancroft
#2-F

Toledo, Oh 43615

269

June 21, 1995
23 Sivan 5755

Ms. Phyllis Akers
4343 West Bancroft #2-F
Toledo, OH 43615

Dear Phyllis:

Many thanks for your marvelous contribution to Yad Tikvah for the "Hand of Hope" program. Through the Akers Fund and your caring concern, countless young people have benefitted from the gift of Sol Gordon's wonderful book, "When Living Hurts." All of us of the Union are profoundly grateful for your support of this critical program.

I hope all is well with you and that you will enjoy a restful and rewarding summer.

With fond good wishes, I am

Sincerely,

Alexander M. Schindler

MEMORANDUM

From Rabbi Daniel B. Syme

Date June 20, 1995

To Mr. Paul Rockfeld

Copies Mr. Stuart Benick, Rabbi Alexander M. Schindler, Rabbi Eric Yoffie

Subject

Dear Paul,

Please deposit the enclosed check for \$10,000. in the "Syme-Yad Tikvah" account.

This covers books ordered for the "Hand of Hope" Program through the Akers Fund.

Alex & Eric

Would you please be good enough to acknowledge.

Thanks.

COPY

Yad Tikvah

March 23, 1994
11 Nisan 5754

Joseph S. Lefrak
575 Madison Avenue
New York, NY 10022

Ellen Herskowitz
7740 Southwest 103rd Street
Miami, FL 33173

Dear Ellen and Joe:

I am deeply grateful for your gracious invitation to join at the Yad Tikvah Colloquium on Sunday, May 1 here at the UAHC House of Living Judaism.

While I would wish to be with you for this wonderful program, I regret it will not be possible. I will be speaking in Natchez, Mississippi that weekend and will not be returning to New York until late afternoon Sunday or possibly Monday morning. These engagements are not subject to change and therefore I simply cannot be with you.

Keep up the wonderful work you are doing with Yad Tikvah.

To both of you and those you love, my warm good wishes for a sweet and happy Pesach.

Sincerely,

Alexander M. Schindler



איחוד
ליהדות
מתקדמת
באמריקה

Union of American Hebrew Congregations

SERVING REFORM JUDAISM IN NORTH AMERICA

PATRON OF HEBREW UNION COLLEGE-JEWISH INSTITUTE OF RELIGION

1330 Beacon Street, Suite 355, Brookline, Massachusetts 02146-3280 (617) 277-1655 FAX (617) 277-3491

TASK FORCE ON YOUTH SUICIDE PREVENTION

COMMITTEE ON DRUG AND ALCOHOL ABUSE

March 8, 1994

Rabbi Alexander Schindler
UAHC
838 Fifth Avenue
New York, NY 10021

Dear Alex:

Yad Tikvah: the UAHC Committee on Drug and Alcohol Abuse and the UAHC Task Force on Youth Suicide Prevention cordially invite you to participate in the third annual "Greenwich" Colloquium, a yearly conference for Reform Jewish leaders devoted to understanding and fighting substance abuse. The Colloquia are possible thanks to the generosity of the late Dr. Maury P. Leibovitz. This year's topic will be, "Public Policy and Substance Abuse: An Understanding of Current Criminal, Medical and Social Aspects of the War Against Drugs and the Search for New Options."

The Colloquium will be held on Sunday, May 1, from 10:00am to 2:00pm, at the UAHC House of Living Judaism, 838 Fifth Avenue, New York. Luncheon will be served. A program is enclosed. We look forward to your participation.

Sincerely yours,

Joe
Joseph S. Lefrak

Ellen
Ellen Herskowitz

*Matchey
4/29-30
May 1-
Possible
Worcester
Joe + Rose
60*

Regrets & why

enclosures

Chairman
Joseph S. Lefrak

Co-Chair
Ellen Herskowitz

THIRD ANNUAL "GREENWICH" COLLOQUIUM

Dedicated to the memory of its benefactor, Dr. Maury P. Leibovitz

Sunday, May 1, 1994

10:00am to 2:00pm

House of Living Judaism, 838 Fifth Avenue, New York

PUBLIC POLICY AND SUBSTANCE ABUSE

AN UNDERSTANDING OF CURRENT CRIMINAL, MEDICAL
AND SOCIAL ASPECTS OF THE WAR AGAINST DRUGS
AND THE SEARCH FOR NEW OPTIONS

Participants

Jocelyn Wurzburg
Moderator

Kevin B. Zeese
Counsel and Vice-President, Drug Policy Foundation
Washington, D.C.

"Choosing Health, Not War: Drug Policy In Transition"

Congressman Charles Schumer (pending)
10th Congressional District
(D) New York

"Substance Abuse and Crime Prevention: What Congress Intends"

Ken McCreary
Drug Enforcement Administration
New York

"The Goals and Achievements of the Drug Enforcement Administration"

Barry Wilansky
Executive Director, Tempo Group, Inc.
Woodmere, New York

"A Therapeutic Perspective on Changes in Public Policy:
The Impact on Drug Users"

RESERVATION FORM

_____ I will _____ I cannot attend the May 1 Colloquium.

Name _____

Address _____

City/State/Zip _____

Daytime Phone _____

RSVP by Monday, April 25, to:

Rabbi Sanford Seltzer

UAHC

1330 Beacon Street, Suite 355

Brookline, MA 02146



COPY

RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, NY 10021-7064 (212)249-0100

March 8, 1994
25 Adar 5754

Ellen Herskowitz, LCSW
7600 Red Road, Suite 215
South Miami, FL 33143

Dear Ellen:

Thank you for your letter of February 26th which just reached me.

Needless to say, your conceptions and mine coincide fully. Since this was before your time, I must tell you that it was I, some years ago at a Board meeting in Florida, who actually suggested that newer direction in our work which led to the development of that complex of committees which will now be coalesced under the name "Yad Tikvah." In other words, you need have no fear that I will not be so supportive of your efforts.

I am very happy that you have been invited to our Board meetings and of course I look forward to seeing you then.

With all good wishes, I am

Sincerely,

Alexander M. Schindler

Ellen Herskowitz, LCSW
PSYCHOTHERAPY

7600 REO ROAD, SUITE 215
SOUTH MIAMI, FLORIDA 33143
TEL. (305) 447-2418

February 26, 1994

Rabbi Alexander Schindler
Union of American Hebrew Congregations
838 Fifth Avenue
New York, NY 10021-7064

Dear Rabbi Schindler,

We have met on numerous occasions dealing with UAHC activities as well as through personal friends. But, today, I reintroduce myself to you as co-chair of the UAHC's new Task Force on the Prevention of Youth Suicide/Alcoholism and Substance Abuse.

There is a multiplicity in my writing to you today. I am responding to a need for these and other Yad Tikvah committees to be an important component of the UAHC's venue both on programming inclusion and budgetary consideration. Knowing budgetary constraints of the Union and how difficult it is to weigh priorities, I hope these committees will receive the attention they so direly need. We do need your support.

I am also responding to your fervent proclamation and need for Reform Judaism Outreach. Although we are separated by distance in miles we are very connected in our passion for a Jewish tomorrow. I believe in Outreach and all it endeavors to do. But, I also believe in Inreach, a term I have started to use in my work with these task forces and other synagogues and regional programming in which I am involved.

Inreach is a very important and needed component we sometimes put on the back burner. There is a fundamental need to connect to our people's souls. We must continue to create a Reform Jewish community to address needs of those who are feeling alienated, hurt, or in pain, giving them a place for resolution and recovery; a place to feel connected to their roots, to their spirituality and to Reform Judaism. We need to support and accept in non-judgmental ways when suicide or loss befalls a family, when an addict/alcoholic wants to return to his spirituality through the synagogue, the struggle of gays and lesbians and the disease of AIDS as it has befallen our families and friends. Divorce, single parenting, domestic violence, sexual abuse...all have a heavy toll on our congregants. We need to continue creating programming utilizing not only our media, but our personal resources as well.

Joe LeFrak, Rabbi Seltzer and I are very excited about our upcoming programs and future commitment. I hope our Task Force can count on your personal support as well as the Union's support for a future of productive, enriching programming on both our national and regional levels. We are all in this together. Looking forward to seeing you at our future meetings.

Sincerely,



Ellen Herskowitz

EH/lks

cc: Mr. Melvin Merians
Rabbi Daniel Syme
Rabbi Sanford Seltzer
Mr. Joseph LeFrak
Mr. Alan Belinkoff
Mr. Stanley Rosenkranz



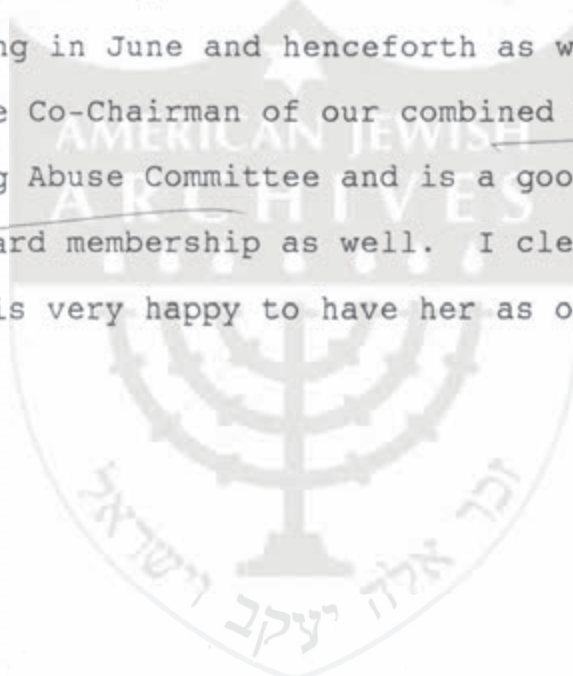
MEMORANDUM

COPY

February 4, 1994

FROM: Rabbi Alexander M. Schindler
TO: Terry Bobrow
COPY: Melvin Merians, Joseph Lefrak

Please be good enough to invite Ellen Hershkowitz to our Board meeting in June and henceforth as well. She is, as you know the Co-Chairman of our combined Youth Suicide/Drug Abuse Committee and is a good prospect for eventual Board membership as well. I cleared this with Mel and he is very happy to have her as our invited guest.



Union of American Hebrew Congregations
SERVING REFORM JUDAISM IN NORTH AMERICA
838 FIFTH AVENUE, NEW YORK, NY 10021-7064 (212) 249-0100

Perfect

July 28, 1993
10 Av 5753

Ms. Phyllis M. Akers
4343 West Bancroft #2-F
Toledo, OH 43615

Dear Phyllis:

News of the recent Akers Foundation gift to the Hand of Hope was most heartening. I write to convey deepest appreciation, personally as well as institutionally, for the superb support you continue to give towards our critical work in suicide prevention. You are surely a source of strength and all of us of the Union are grateful for your generosity and caring concern.

I hope all is well with you and that you are enjoying a pleasant summer. With warm regards, in which Rhea joins, I am

Sincerely,

Alexander M. Schindler

*Some
Kippur*

Eddie
please send
acknowledgment
letter to
PHY 415 AKERS

She's giving us
close to \$75,000.
for book (when living
contributor)
Thanks,
J.



RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

September 10, 1992
12 Elul 5752



Mrs. Phyllis Akers
4343 West Bancroft
Toledo, OH 43615

Dear Phyllis:

How good to learn of your most recent gift to The Hand of Hope Foundation. Your continued and generous support of the Foundation's critical work means much to all of us of the Union. I write to convey heartfelt appreciation for your caring concern.

With every good wish to you and your dear ones for a healthy and happy New Year, I am

Sincerely,

Alexander M. Schindler

*Hand of Hope
You Know*

July 14, 1992
13 Tammuz 5752

Ms. Phyllis Akers
4343 W. Bancroft
#2-F
Toledo, OH 48615

Dear Phyllis:

Many thanks for your most recent Akers Foundation gift to the Hand of Hope Foundation. Your generosity in supporting this exceedingly critical project heartens all of us of the UAHC. We thank you for your loving care and concern which makes possible our efforts in reaching out to troubled youngsters. If we save but one life our work is blessed.

I hope all is well with you and that you are enjoying a pleasant summer. With warm good wishes, I am

Sincerely,

Alexander M. Schindler

MEMORANDUM

From Rabbi Daniel B. Syme

Date July 14, 1992

To Mr. Fred Cohen

Copies Rabbi Alexander M. Schindler, Mr. Robert Koppel, Mr. Paul Rockfeld

Subject

Please deposit the enclosed check for \$5,000. in
the "Syme - Yad Tikvah" account, for purchase of copies of
When Living Hurts through the Akers Family Fund.

Thanks.

Phyllis

April 1, 1991
17 Nisan 5751

Mr. Samuel Stroum
Stroum Enterprises
1001 Fourth Avenue Building
Seattle, WA 98154

Dear Sam:

I hope that this letter finds you and Althea well, and enjoying the afterglow of a lovely Pesach.

It is that time of year when I write to ask for renewal of last year's generous foundation grant to the UAHC, but this year for a very specific purpose.

On Sunday, June 16th, Jeff Smulyan is hosting a lunch and Mariners game in the Owner's Box at the Stadium. This will be a major fund raising opportunity for our UAHC Hand of Hope Program, which is devoted to combatting the growing national epidemic of youth suicide.

Let me just share a little information:

1. Suicide today is the second leading cause of death among those 15-24 years of age, and one of the ten leading causes of death among those aged 5-14. A recent Gallup Poll revealed that 6% of American youth ages 13-19 have attempted suicide.
2. Some 90% of all suicides take place between 3:00 p.m. and 8:00 p.m. in the home - precisely at those times when people are most likely to be present to save them. In other words, they don't want to die. They just want help.
3. Girls attempt suicide 3-5 times more often than boys. Boys, however complete the act 3-5 times as often as girls because they use more lethal means; self inflicted gunshot wounds and hanging.

April 1, 1991

4. An overwhelming percentage of those contemplating suicide tell someone, usually a teenage friend, but make them promise not to tell. This has become known as "the wall of silence."
5. Most youth suicides can be prevented by:
 - A. Teaching teens - and adults - the warning signs of potential suicide
 - B. Giving teens permission "to tell" and seek help if a friend mentions suicide.
6. The UAHC has the only national Youth Suicide Prevention Program of any religious group in North America. We seek, however, to serve those of all faiths. Saving lives is our goal.
7. Our book When Living Hurts by Dr. Sol Gordon has reached over 100,000 families over the last 4 years, saving many lives in the process. As you will see, it is written for teens, our life saving instruments.
8. Some 500,000 young people attempt suicide every year. The many lives we have saved, therefore, pales in comparison to what we could do with more substantial funding.
9. Peter Yarrow of Peter, Paul and Mary, and Billy Joel are among those in the entertainment industry who have already become involved in our work.

THE HAND OF HOPE PROFESSIONAL SPORTS PROGRAM

In recent months, Professional sports teams have volunteered to assist us in expanding our program. As of today, the teams committed to involvement are:

1. The New York Yankees
2. The New York Mets
3. The Seattle Mariners
4. The New York Jets
5. The St. Louis Cardinals
6. The St. Louis Blues
7. The St. Louis Storm

Mr. Samuel Stroum

-3-

April 1, 1991

All those approached thusfar have agreed to participate. We anticipate contacting teams in every major sport - Football, Baseball, Basketball, Hockey and Soccer over the next several months.

The Mets, Mariners and Yankees have chosen to host a dinner and game in the Owner's Box in Spring of 1991. The Jets will host a July/August day at their training camp, with a tour, screening of films, observation of practice, and lunch with the players. In addition, Whitey Ford has agreed to be part of a major dinner event in New York.

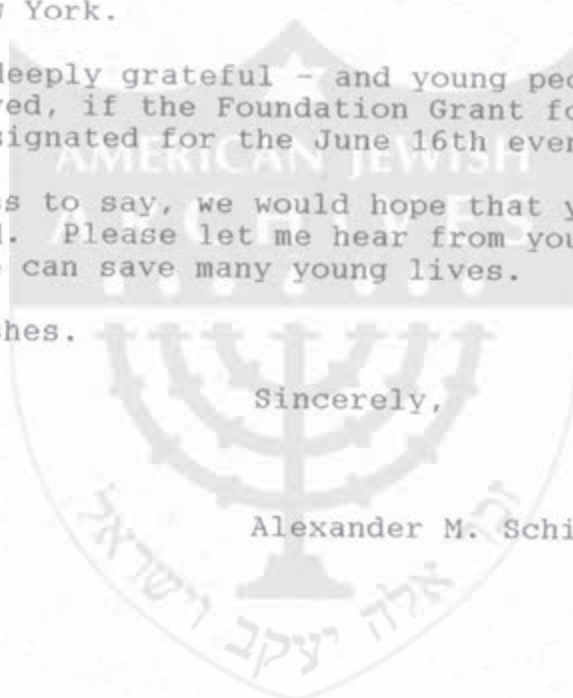
I would be deeply grateful - and young people's lives would be saved, if the Foundation Grant for this year could be designated for the June 16th event.

And, needless to say, we would hope that you and Althea could attend. Please let me hear from you soon. together, we can save many young lives.

All good wishes.

Sincerely,

Alexander M. Schindler



MS

MEMORANDUM

From Rabbi Daniel B. Syme
To Rabbi Alexander M. Schindler

Date March 29, 1991

Copies
Subject

Alex,

Would you please send Sam Stroum the enclosed letter -
or something like it - as soon as possible.

It's a nice hook for the renewal of his Foundation
Grant.

Thanks.



Union of American Hebrew Congregations
838 FIFTH AVENUE, NEW YORK, N.Y. 10021 (212) 249-0100



RABBI ALEXANDER M. SCHINDLER • UNION OF AMERICAN HEBREW CONGREGATIONS
PRESIDENT 838 FIFTH AVENUE NEW YORK, N.Y. 10021 (212) 249-0100

Gad Tikvah

May 23, 1991
10 Sivan 5751

Mr. Samuel Stroum
1001 Fourth Avenue Plaza
Suite 3714
Seattle, WA 98154

Dear Sam:

I was so pleased to learn of your support for the Hand of Hope Program of the UAHC. Thank you for sharing with me your letter to Jeff Smulyan of the Seattle Mariners. I am truly grateful for this additional indication of your appreciation of the Union's work.

Have a wonderful visit to London. Rhea and I join in sending fondest regards to you and Althea.

Sincerely,

Alexander M. Schindler

Samuel Stroum

ENTERTAINERS
1001 Fourth Avenue Plaza, Suite 3714 • Seattle, WA 98154
(206) 623-7910

Samuel N. Stroum

May 20, 1991

Seattle Mariners
P. O. Box 4100
Seattle, WA 98104

Attention: Jeff Smulyan

Dear Jeff:

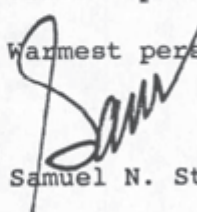
I have your letter of April 16th regarding the Hand of Hope Program of the UAHC.

We are pleased to support the program, and our check for \$2,000 is enclosed covering four tickets for the June 16th lunch and game. We are leaving for London this week, but I will give Janet Croft names of guests as soon as I return to Seattle in early June.

I'm very happy to see you support such a worthy program since we are longtime friends of Alex Schindler and his organization.

The Mariners are doing a great job on the field and in the community, and you are to be complimented on running a "first class" operation.

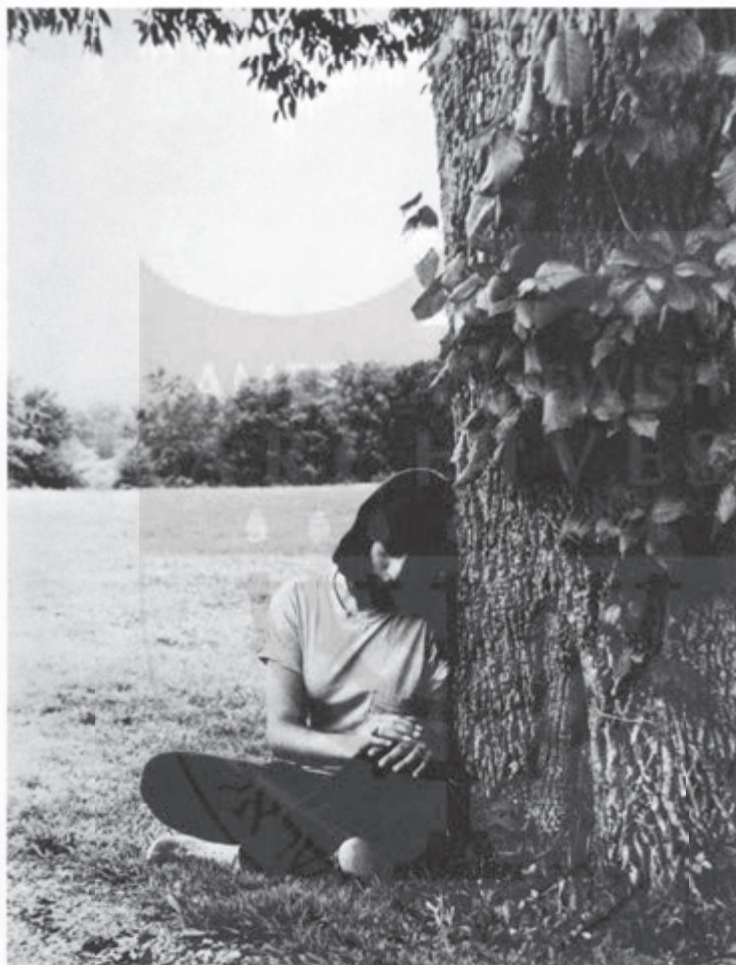
Warmest personal regards,


Samuel N. Stroum

SNS/hml

cc: Rabbi Alex Schindler ✓
Rabbi Dan Syme

It's Not Over When It's Over



THE AFTERMATH OF SUICIDE

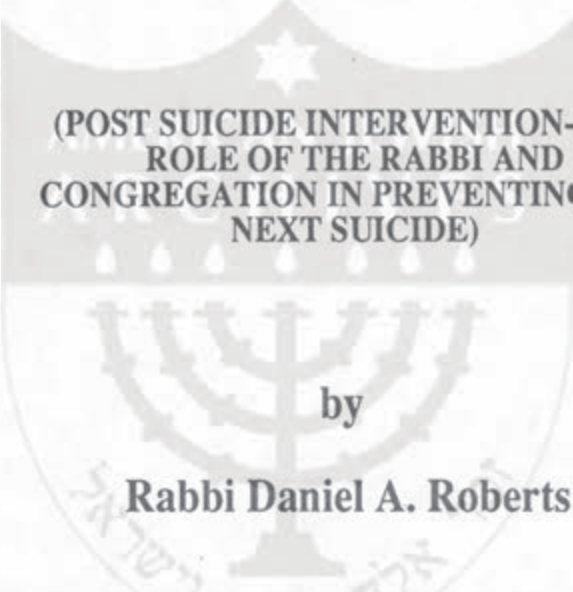
BY RABBI DANIEL A. ROBERTS



TASK FORCE ON YOUTH SUICIDE
Union of American Hebrew Congregations
838 Fifth Avenue, New York, NY 10021 (212) 249-0100

"IT'S NOT OVER WHEN IT'S OVER:"

The Aftermath of Suicide



**(POST SUICIDE INTERVENTION--THE
ROLE OF THE RABBI AND
CONGREGATION IN PREVENTING THE
NEXT SUICIDE)**

by

Rabbi Daniel A. Roberts

**A publication of the Union of American Hebrew Congregations
National Task Force on Youth Suicide Prevention with a Grant
provided by:**

Merck, Sharp and Dohme Pharmaceuticals Inc.

Founded in 1889

אגוד הרבנים המתקדמים

CENTRAL CONFERENCE OF AMERICAN RABBIS

192 LEXINGTON AVENUE

NEW YORK, NEW YORK 10016-6801

FAX (212) 689-1649 (212) 684-4990

Office of the Executive Vice President

There is nothing worse than the death of a child - except when the child inflicts its own death.

There is no more helpless feeling for a rabbi than being confronted with that. There is nothing one can say. There is little one can do - except be there, helping, reassuring, loving, officiating. The UAHC National Task Force on Youth Suicide Prevention has provided us with a growing body of knowledge on prevention and now, its loving concern focuses on another perspective - postvention.

Rabbi Daniel Roberts, whose interest in the subject goes back many years and who has provided us with motivation and enlightenment, has now turned his attention to the aftermath. He provides rabbis - and others - with a rational plan of action for a time of panic, turmoil and hopelessness - from the first moment of horror to the long-range lifetime mourning.

His guide is not only destined to be a blessing to so many survivors, and to distraught, frustrated rabbis, but could well be a major deterrent to further suicides. Its role, then, is classically prophetic: consolation on the one hand, and warning on the other. It is a deeply religious, profoundly Jewish exercise. Its reading - indeed, study - is commended now, before God forbid...

Rabbi Joseph B. Glaser, Executive Vice President
Central Conference of American Rabbis
1990-5751

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THE VALUE OF LIFE

(The Reform Jewish View of Suicide)

Judaism has always viewed human life as sacred and the taking of one's life as a "chet" (morally wrong and prohibited). It forbids suicide except under specific tragic circumstances, such as the choice between forced conversion and death. With the exception of the Holocaust, these situations do not normally occur in our day.

According to Jewish Law a suicide is interred on the periphery of the cemetery, a goodly distance from the other grave sites, and no mourning rites are observed for the individual. However, if the suicide is considered mentally incompetent (lo la da'at), the foregoing rule is not applied.

Reform Judaism does not condone the taking of one's life. In keeping with Jewish tradition which emphasizes compassion and concern for the surviving family, rites of burial and mourning customs are observed. Survivors of suicide attempts are strongly urged and encouraged to seek appropriate therapy.

As Reform Jews, we are deeply concerned with the recent epidemic of completed suicides and attempted suicides. In an effort to reverse these alarming trends, the Union of American Hebrew Congregations has determined to use its resources to teach and to emphasize the value and holiness of life as a God-given gift to be held in sacred trust. We seek to impart to our youth a recognition of the uniqueness of one's own life and its special meaning to others. The saving of a life, including one's own, is tantamount to saving the world.

Respectfully submitted,

Rabbi Sanford Seltzer Rabbi Ramie Arian Rabbi Bernard Zlotowitz
for
The UAHC Task Force on Youth Suicide Prevention



Union of American Hebrew Congregations
838 FIFTH AVENUE, NEW YORK, N.Y. 10021 (212) 249-0100

"IT'S NOT OVER WHEN IT'S OVER:" THE AFTERMATH OF SUICIDE

Post Suicide Intervention--The Role of the Rabbi and the Congregation

by Rabbi Daniel A. Roberts

"Given the present state of our knowledge about suicide, proper postvention seems the most promising avenue toward reducing the large number of suicides that occur annually"

Harvey Resnic, Director of the Center for Studies of Suicide Prevention 1

Outline

Introduction

Handling the first 48 hours

A. Consoling the bereaved

1. Being there
2. Not able to take guilt away
3. Not argue with or defend God
4. Get people to talk
5. Give permission to grieve
6. Explanation to other people
7. Dealing with investigation
8. Private time

B. Ritual Needs

1. Viewing the deceased
2. A planned good bye--grieving

C. The Funeral

1. It is the toughest
2. Text of funeral-- appreciate but not make hero
3. Be honest

Skeletons in the closet

A. The Congregation

1. Rabbi
 - a. The stress--exhausted
 - b. Need to talk
2. Religious School-- use opportunity
 - a. teach signs
 - b. alternatives
 - c. dealing with pain
 - d. survivors' feelings
3. Those who knew the deceased-- help to mourn
4. The Staff
 - a. what to do
 - b. how to recognize signs
 - c. feelings

B. The Community

1. Helping Friends of Parents

- a. Meet with them--teach them to comfort
- b. Helping own children to cope
- c. Warning signs

2. School Officials

- a. offer to help
- b. "contagion"
- c. closure

3. Helping friends of deceased

- a. meet with them-- help them to mourn
- b. help them express guilt
- c. teach how to console family and each other.

4. Friends' Parents

- a. support give children
- b. helping their child to mourn
- c. signs

C. The Survivor

1. The Parents- Grandparents - Children

- a. what to expect -- mourning takes a long time
- b. permission to mourn
- c. groups
- d. congregational support
- e. worst death
- f. the trap--mourn yet life goes on
- g. talking
- h. giving hope

2. Siblings

- a. get them to talk
- b. feelings of cause and prevent
- c. parents and expectations
- d. getting help-high risk

Conclusion

his/her own life so abruptly, but, through the role we play in this family's life, as well as through our position in the community, we have the potential to intervene and make the remaining quality of life of the survivors a little better. In addition, since most of us

are aware of a newly occurring phenomenon, contagion (others following the example of the deceased) and perhaps by our following through on some of the suggestions below, we might even save another human life.

The words of a letter written to Rabbi Daniel Syme in reaction to his article, "Worlds to Save" in Hadassah Magazine (March, 1987) remind us how ill-equipped most of us are when it comes to handling the tremendous devastation caused by suicide.

..As a survivor of suicide, I am continually disappointed by the void I've found in Jewish institutions and its leadership. My experience has been that I shouldn't look for spiritual support or answers in our tradition when it comes to the subject of suicide.

...Robert's (*not real name*) suicide was a tremendous shock to the Jewish community. And one of my first responses was to counsel with the rabbis. I was looking for help in finding the Jewish responses, thought and traditions to help me gain a perspective on Robert's suicide. I wanted to find comfort and

explanation through the Jewish focus on life. I was sure that somewhere in Jewish thought there were answers and ideas that could help me understand and be able to explain Robert's pain and

despair.....Instead, the answer was, "It's best not to talk about it"; "It's best to forget the tragedy and go on with your life."

As any survivor of suicide knows, it is never

forgotten; as the daily living comes back into focus, the fact of a suicide is always there for me....Where and when and how is its (*Reform Judaism's*) leadership teaching us the Jewish traditions and resources that could bolster and secure our faith after it's so blatantly knocked off its foundation: the ultimate value of each human life?

...I cannot help but wonder how less painful these 3 years-- and the next 30--might be if we had been given the spiritual basis for our daily survival as a Jewish family, rather than the message that it's best to forget.³

The intent of this article is to examine not only the

The words of a letter.. remind us how ill-equipped most of us are when it comes to handling the tremendous devastation caused by suicide

shouting, screaming or any other emotion which they feel. It should be pointed out that suicide is unlike other death experiences, and to reinforce what could be considered "normal" feelings and reactions during the months ahead. It is "normal" to blame themselves, to feel like they are going crazy, to feel that the pain will

It is vital to stress that the denial of the truth will lead to a social isolation

never subside, to be angry at the deceased for causing such great pain, to even feel a sense of relief that all the anguish during the past months is over. It is even "normal" to react to these emotions with guilt feelings for even thinking this way. We must reiterate over and over again to the mourners that they are only human and had no control over their child's (parent's) behavior and thoughts. It is also essential to warn people against the use of sedatives, liquor or other drugs to deaden the pain and shock. These devices will only hinder the normal grieving process and lengthen the period of mourning.

One important area in which we can also make an immense contribution is in getting the family to decide how they are going to explain the death to others. Often, suicide brings a sense of shame, and people would love to falsify the truth, but this only leads to future deceptions and, likewise, to the denial of the truth to oneself. Thus, it could be extremely helpful to have the family rehearse how they will explain the

death to their family and friends, as well as to their child's friends (*or in the case of a parent, a child to his/her friends*). It is vital to stress that the denial of the truth will lead to a social isolation by people who most probably will have guessed the truth, but are now reluctant to openly discuss it.⁶

This being a time of complete shock and disarray for the family, we, rabbis, need to delineate carefully what steps should be taken. We should assist with the planning of the funeral, as well as suggesting how everyone might say those "last goodbyes" (see Rituals). In addition, we might support the extended family by helping them to get organized. Since often there is an investigation surrounding the death, the family might very well be inundated by the media and by curious, but not sincere friends. A spokesperson should be appointed who will be in charge of handling this, thus relieving the immediate family of this pressure. For the most part, the family will let you know very clearly (although, at times some families will not be able to articulate it as clearly) when and if you are overextending your bounds.

It must be emphasized again that this death is unlike any other. Under normal circumstances people know what to do and what not to do, but this situation is different. There is a real sense of confusion, panic and chaos surrounding this death. Therese Rando in her book, Grieving: How to Go

This mourning ritual and its period of seven days (shiva) should not be cut short nor downplayed. It should be pointed up, too, that the most difficult time for everyone will be when shiva is completed. This is the real time of loneliness, desperation and feelings of guilt. It would be greatly helpful to organize some sort of support team (see: FRIENDS) that will particularly fill this void after shiva.

The Funeral

This is one of the toughest funerals we will ever have to do. Unless this has been a long protracted illness wherein the deceased has alienated him/herself from

**Our personal challenge will be
to find words of comfort, but
not ones which romanticize the
deceased, thus making him/her a
hero**

others, we can expect the funeral home, or synagogue to be filled to the brim with overly emotional and shocked mourners, especially, if this is a young person. The family will be stricken with grief, and we will be exhausted and in pain from our empathy. Our personal challenge will be to find words of comfort, but not ones which romanticize the deceased, thus making him/her a hero. The eulogy must reflect honesty, and admit that we do not understand the ways of God, nor the choice of ending one's life early.

Although, we might believe that the family wants to hear platitudes and wonderful words about their child (or parent, mate), we must remember that there is a great deal of animosity and anger toward the deceased for having caused all this pain, and so honesty remains the best policy. We eulogize the end of a life, but not the way it ended. We must also bear in mind that there will be many impressionable people sitting in the audience who, if the deceased is overly praised, might decide that they, too, can gain some recognition in the eyes of their parents and/or others through such an act. Let the funeral do what it is supposed to do: to bring reality to the death and to begin the process of mourning. Let it be the ritual through which feelings, which are too difficult to express verbally, can be vented and acted out.

SKELETONS IN THE CLOSET

It is said that a person who commits suicide leaves his/her skeleton in every survivor's closet. This is plainly seen when we now look at what needs to be done to assist everyone to recover from this tragic incident.

The Congregation

1. **The Rabbi**--This is one of the most stressful deaths with which we will have to deal, as rabbis. Almost more than with any other death, we rabbis become emotionally involved with the family, we feel their intense pain and cannot help but cry internally with them every inch of the way. We

warning signs of a potential suicide victim (see Table 5), as well as what to do if any of these signs are observed. That is, we must teach the youth

to....."break a confidence" and tell an authority when a life is threatened. This should be our central message! We must emphasize that by confiding in an adult authority figure, i.e. school principal, counselor, rabbi or parent,

when someone is suspected of suicidal behavior, the "informer" may be saving a life.. In addition, this is a perfect opportunity to discuss alternatives to suicide for those who are in pain and are feeling hopeless, hapless or helpless. This is also the time to discuss legitimate coping mechanisms as well as how drugs and alcohol undermine this process and mask the distress that the person is feeling. It is also an opportunity to teach about self esteem and to help students understand how coping with disappointment and pain helps one's maturity. All this should end with some activity to promote life, and which is hopeful and uplifting.

(Also, the religious school faculty and the entire temple staff, i.e. youth advisor, temple administrator, secretaries, should be included in a discussion of the suicide and be educated as to how each can work to help prevent this from happening to others.)

We Must Teach the Youth to "BREAK A CONFIDENCE"

THE COMMUNITY

1. Helping the Friends of the Suicide's Relatives (Parents, Grandparents,

Children,

Grandchildren)--The friends of the family are the rabbi's greatest allies in helping the mourners, for here is a group of people who want to be involved and be helpful because they care.

Probably, like everyone else, they

too are at a loss as to how to handle the situation. Kjell Rudestam gives us some insight into the friends when he discovered in a large scale study that "the pattern was for friends to listen and be sympathetic, while at the same time avoiding the topic of death itself." In other words, he writes, "friends offered tangible support (e.g., providing meals and rides), but tended not to initiate discussion of the suicide, creating a curtain of silence around the event." (author's underline)¹⁰

When this happens, the survivors feel that their friends cannot or do not want to talk about the death, and thus, they feel even more isolated. We can readily see that solace and knowing how to console another does not come automatically. Friends and relatives need to be instructed in the art of giving comfort and also be given permission to talk about the death. They need to be educated as to

glamorizing or dramatizing a suicide. Unfortunately, many school officials do not understand that doing nothing can be as dangerous as doing too much.¹¹

Perhaps, the first order in giving help might be to assist the school staff in their own coping with the death. There needs to be time for them to reflect on what they might or might not have done to prevent this death, and then to give a sense of closure to the subject. Next, there needs to be a discussion as to how all could work as a team to help the student body. (See Table 1-The Postintervention Process) It has been suggested by Karen Dune-Maxim, author and Project Director of the New Jersey Youth Suicide Prevention Project, that a memorial service not be held unless this is the procedure for all school deaths. Instead, small groups should meet together with a teacher and/or counselor and be allowed to talk about their feelings. This outward expression of grief which gives students a legitimate way of resolving grief should be accomplished without idolizing the deceased. The rabbi must let school officials know that he/she is interested and willing to help, and that this assistance will be different from other professionals. It is thus hoped that through this approach the school staff will be willing to utilize our special talents. [Actually, if you are reading this paper prior to a suicide, to be really effective, you should be contacting your local high school principals and offering your help and expertise in developing a plan of action in the event that

one should occur in the school. See questions to be resolved- Table 2.]

3. Peer Group: Regardless, whether school officials desire your involvement or not, when it comes to the close friends of the deceased, it is possible to be **PROACTIVE** rather than **REACTIVE**. These youths, particularly the most recent boyfriend/girlfriend, are in tremendous pain, feeling that they knew and somehow or in some way could have prevented the death. On the other hand it might be possibly that they secretly feel relieved of the burden that this person has been and are glad that it is over. For many, this will be their first encounter with death and their first realization that they are mortal. In reality, these young people are going to be scarred for the rest of their lives and this moment will often invade their thoughts. This event will shape and mold their entire lives. The only question is who is the one that will help them close their wounds and begin the healing process? You, as the rabbi, a trusted and sensitive advisor, are the logical person to gather these friends together and provide an atmosphere in which they can mourn. Simply getting everyone together and giving them the opportunity to talk openly with one another and to express their grief will be the catalyst for the healing process to begin. Allowing everyone to reflect on the situation and to articulate their guilt at not having done more becomes a catharsis. It is important as well to put a halt to the

suggestions as to how they can talk with their child about their feelings and not to let the conversation remain on the level of just details. They should be reminded not to lecture their child on how awful the deceased was to have caused such suffering, but

rather, to assist their child in seeing both the good and the bad qualities of the deceased. I believe this conference will help reduce anxieties, and will instruct parents as to how to open new lines of communication between themselves and their children, which thus could prove to be a redeeming factor to this death.

"..the best that most surviving parents can expect to do is learn to cope with the daily pain much like the arthritis patient learns to cope with the agony of movement."

THE SURVIVORS

"In assisting family survival in the aftermath of suicide, Nancy Hogan speaks to the importance of 'commitment to the survival of the family,' as well as 'commitment to the memory of the deceased.' These two aspects are essential for positive resolution."¹²

1) **Parents-Grandparents-Children:** (Reread the beginning of "First 48 Hours") It is said that there is no worse death than the death of a child. This is only superseded by the loss of a child through suicide, or homicide. The agony of the parents (the following applies to grandparents and children who have lost a parent as well) is insurmountable and will haunt them for the rest of their lives. They will continually search

for answers as to "why" this occurred and will question over and over again what they could have, should have, might have done to prevent this death. They will go through a madness unknown to other mourners of sudden death (see chart on Reaction to

Suicide-Table 3). Unlike other deaths, where the pain subsides with time, the best that most surviving parents of this kind of death can expect to do is learn to cope with the daily pain much like the arthritis patient learns to cope with the agony of movement. For years afterwards, the parents will probably continue to

go through a plethora of feelings and emotions, i.e., they will attend graduations and/or weddings of friend's children, and old wounds will be opened anew. Thoughts that it could have been their child standing up there will run rampant through their minds, and the ache is once more. For the most part they probably will never quit blaming themselves and questioning "why".

Often others will wonder why these survivors do not get out and attend community events or even come to temple just to get their minds off their troubles? Perhaps the words of an Atlanta counselor, and one who lost her son, gives us some insight. "I used to drive down the street thinking I had a sign on my car that said, 'MY SON KILLED HIMSELF.' Another car would pass me and I

weakness. In an attempt to find some momentary relief, as soon as possible, they will try to return to some "normal" activities, yet, they will find that their thoughts of the deceased will hound them continually. The small events of daily living suddenly become major traumas and take much longer to complete. Activities such as those which involve the remaining siblings, as well as work, no longer have the enjoyment they once had and require every ounce of energy to perform. It is our function to indicate that all of these feelings, emotions and exhaustion are normal, and that these survivors must learn to perhaps say, "no" to most new requests at this time in order to preserve their energies. We must remind them that their self esteem is at its lowest point and, consequently, they will be vulnerable to any new traumas that arise, thus they will need all their strength. Yet, we need to encourage them ultimately to find ways that they can do and give to others for this is one of the paths to "recovery".

Most of the events described above can be handled by friends once they understand how they can be of assistance. However, we need to be the architect who diagrams the restructuring of this family. The psychological components should be handled by a competent counselor, but we might have to suggest who that trained person is. Please remember that a suggestion of psychological help might have to be repeated many times, for the family may resist thinking they don't need the help and that they can get through

this alone. Also, it does take considerable energy to get up the energy to go for counseling, and there is for some the perceived stigma in going for such help.

One area of our expertise which we, as rabbis, ironically often overlook, which I feel can be of enormous help is in the area of faith and prayer. Think how many people endured the Holocaust due to their belief and hope! I believe we can assist this family to build upon their own natural faith which has gotten them through life to this point. Our role, as stated before, is not to argue on God's behalf.

"People of faith can relate to God by either loving God or hating God, by resignation or protestation, thus, they are not indifferent to God."

These devastated people may be angry with God, and what we must do is give them permission to express that anger out loud. My teacher, Rabbi Zvi Yehuda, reminded me, "people of faith can relate to God by either loving God or hating God, by resignation or protestation, thus, they are not indifferent to God." We have to assure this family that even though they feel this anger and, perhaps, feel guilty for such emotions, they can still be within the faith of Judaism.

By bringing these survivors to the sanctuary and helping them to articulate their beliefs, we might

surprised to discover that they are infuriated that the deceased brother/sister still seems to be getting all the attention, even though he/she is dead. Latter, the siblings will probably chastise themselves for feeling this way about their beloved brother/sister, someone who is dead and of whom everyone now speaks of in glowing terms. However, they should be told that all of this is perfectly normal. (Much of what has been said above also holds true for a child who loses a parent).

In addition, we might teach these children how they might comfort their parent(s). They must be helped to think realistically what can be expected from their parent(s) in the months ahead. They must understand the torment and anguish as well as how difficult it will be for their parent(s) to derive any joy from their accomplishments or to muster any energy to participate in their activities. Yes, they will probably feel resentful and angry, but this is a normal emotion. We must encourage this group of survivors to find people outside of the family with whom they can talk and share their feelings. (A suggestion of perhaps two or three psychologists, psychiatrists, or social workers should be prepared and given to the child and his/her parents--the parents should be informed of their surviving child(ren)'s need for psychological help.) We can also assist these siblings in rehearsing how and what they will tell their friends, and how they will publicly deal with the issue that their sibling (or as the case may be, a parent, etc.) committed

suicide. We might also explore with them constructive ways in which to channel their energies. There is no better way to recovery than to get this 'at risk population' to turn this tragedy into something positive, especially if we can get them to go out and help others. Dr. Sol Gordon, author of When Living Hurts, calls this "Mitzva Therapy"

CONCLUSION: Being the comforter to the family and friends of a suicide victim is one of the hardest tasks we, as rabbis, will ever be called upon to perform. Yet, by the very nature of our position as the rabbi, and the almost unique respect that our position commands, we have the opportunity to affect many people's lives, and, in reality, maybe even to save one. With our help, people might discover how to bury the skeleton remaining in their psychological closets which, without us, might continue there indefinitely. Through our perception and understanding, we often can aid others in their quest to make sense out of a chaotic period of time, to find meaning out of disarray, and to gain direction to a less painful life. With our care and concern it is possible that some might be able to achieve a more satisfying life and to build tomorrow's dreams upon the grave of yesterday's bitterness.

**With our help people might
discover how to bury the
skeleton remaining in their
psychological closets...**

<p style="text-align: center;">TABLE 1</p> <p style="text-align: center;">The Postvention Process</p>

Student Reaction	Staff Response
<p>1. Shock..Students may initially appear remarkably unreactive. In fact, they are in a state of shock and not yet able to accept the reality of the suicide</p> <p>2. Anger and projection. students will look for someone to blame. Initially, this may be directed at important adults in the victim's life, including school staff. "Why did they let it happen?"</p> <p>3. Guilt. Typically, student who knew the victim may move from blaming others to blaming themselves. "If only I had talked to him more."</p> <p>4. Anger at the victim. This is a common reaction by students, even those not closely connected to the victim. "How could he do this to us?"</p> <p>5. Anxiety. Students will begin worrying about themselves. "If he could kill himself because he was upset, may I (or my friends) could too."</p> <p>6. Relief. Once the normal distortions of feelings are resolved, students can allow themselves to feel the sadness of the loss and begin the healing process.</p>	<p>1. Staff needs to assume a stance of anticipatory waiting, acknowledging the shock and showing a willingness to talk about the suicide when students are ready. Hill (1984) suggest waiting 24 to 48 hours before initiating more direct action.</p> <p>2. Some expressions of anger must be allowed. Staff members may share the similar feeling they have had. However, at the same time reality must be introduced. There are limits on how much one person can be responsible for actions of another.</p> <p>3. Here, particularly, staff can be helpful by sharing their own similar reactions. And again, the reality principle is also introduced. One person cannot assume total responsibility for the act of another.</p> <p>4.. Staff needs to be give permission for such expressions by normalizing them, perhaps tempered by questioning if the victim fully realized the impact of his act.</p> <p>5. Discussion should be guided towards helping students differentiate between themselves and the victim and towards other options for problem-solving.</p> <p>6. Staff must guard against encouraging a pseudo-mourning process before students have worked at resolving their conflicts over the suicide.</p>

From: Suicide and Its Aftermath: Understanding and Counseling the Survivors Edited by Edward J. Dunne, John L. McIntosh, and Karen Dunne-Maxim W.W. Norton & Company, New York, 1987, Page 267.

TABLE 3
Survivor Reactions

Manifestations	Consequences
<i>I. Physical</i>	
Increased organic and psychosomatic complaints and symptoms	Visits to physicians
<i>II. Psychological</i>	
<i>A. Affective</i>	
Relief	Fuels guilt, self blame, anger
Anger/Hostility	Scapegoating, triangling with family or therapist
	Lawsuits
Sadness / Depression	Increased suicide risk
<i>B. Cognitive</i>	
Shock / Disbelief	Fuels Denial, fear of "going crazy"
Guilt / Self-reproach	Obsessive reviewing for acts of omission / commission
Denial	Myth-making about murder / accidents
One-way communication: "I choose not to live with you"	Search for meaning, explanation
Shame / Secrecy associated with stigma	Anger toward deceased
	Closed-off communications
	Emotional cut-offs
	Geographic moves
Fear of "going crazy"	Avoidance of therapy as further stigma associated with sickness
Identification with deceased	Suicidal construct as means of coping, personal solution
	Accident proneness, suicide attempts
<i>C. Behavioral</i>	
Loss of patterns of Conduct.	
<i>III. Psychosocial</i>	
Absence of social role for survivors, secondary to stigma	Truncated, pathological mourning

Prepared by Frank A. Jones, Jr, M.D. from material presented in Calhoun, Selby, and Selby (1982)

From: Suicide and Its Aftermath: Understanding and Counseling the Survivors Edited by Edward J. Dunne, John L. McIntosh, and Karen Dunne-Maxim W.W. Norton & Company, New York, 1987, Page 68.

BREAK THE SILENCE... YOU CAN MAKE A DIFFERENCE

suicide-aftermath

TABLE 5

ALTERNATIVES TO SUICIDE EXPLORING OPTIONS

Think about a time in the past year when you have felt sad and hopeless

Think about a time in the past year when you've been so excited that your joy spilled out to others....

Have you ever noticed that *nothing last forever*?

Just when you're certain that you'll never get over this, along comes something or someone that you never anticipated...

Just when you're certain that you're *on top of the world*, things take a bad turn...

THIS IS A PICTURE OF LIFE

WARNING SIGNS

- >Suicide Threats.
- >Statements revealing a desire to die.
- >Previous suicide attempts
- >Sudden changes in behavior (withdrawal, apathy moodiness).
- >Depression (crying, sleeplessness, loss of appetite, feelings of helplessness and hopelessness).
- >Final arrangements (giving away personal items, making a will).
- >Tendency towards isolation.

MYTHS ABOUT SUICIDE

- >People who talk about suicide don't attempt it.
- >Suicide happens without warning
- >Most suicidal people are undecided about living or dying.
- >Improvement following a suicidal crisis indicates that the suicidal risk is over.
- >Suicide is inherited and runs in the family.
- >All suicidal individuals are mentally ill and suicide is always committed by a psychotic person.
- >Suicide strikes more often among the affluent.

**REMEMBER: YOU CAN HELP
SOMEONE WHO IS DETERMINED TO
COMMIT SUICIDE**

HOW TO HELP

- >Take threats seriously.
- >Watch for clues.
- >Answer cries for help by listening with understanding.
- >Confront the problem directly.
- >Encourage the person to seek help.
- >You can give your friend HOPE

**SUICIDE IS A PERMANENT
SOLUTION TO A TEMPORARY
PROBLEM**

Information provided by the Link Counseling Center and the Union of American Hebrew Congregations National Task Force on Youth Suicide Prevention.



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For

The National Committee on Youth Suicide Prevention

and

The New York State Governor's
Youth Suicide Prevention Council

Supported by

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and

The New York State Office of Mental Health

Introduction

By, Alfred B. DelBello, Chairman,
National Committee on Youth Suicide Prevention

Youth suicide is the third leading cause of death for people under the age of 24 in the United States today, surpassed only by accidents and homicide. If current trends continue, nearly 5,000 American youngsters will kill themselves in 1986, while attempted suicides will continue to spiral upwards in far greater numbers. An estimated 12,000 younger children, aged 5 to 14, were admitted to psychiatric hospitals for suicidal behavior last year.

While these statistics are startling, the actual number of suicides and attempted suicides may be even higher. Accurate statistics are difficult to obtain. Many accidental deaths in which a young person takes extremely high risks with his or her own life, such as single car automobile accidents and victim precipitated homicides, are actually suicides. Many are disguised or miscertified to spare a family additional anguish.

Although we do not know the true causes of youth suicide, we do know from those who survive serious attempts that very few youngsters really want to die. Yet, eighteen young people in this country die by their own hand each day.

The National Committee on Youth Suicide Prevention is a private non-profit organization founded in 1984 to reduce the number of committed and attempted suicides among the nation's youth by establishing and supporting prevention programs and public awareness campaigns.

The Committee is working to increase public awareness of the severity of the problem, to encourage the development of new prevention programs and to support research and evaluation efforts. To date, 49 state chapters have been established to monitor the problem of youth suicide within each state, and to disseminate and make available prevention information. The State Chapters also focus public attention on the need for a Federal Commission to attack the problem of youth suicide on a national scale and to coordinate state prevention efforts.

To facilitate the prevention and awareness campaign, the National Committee on Youth Suicide Prevention is pleased to publish the first National Directory of Youth Suicide Prevention and Intervention Programs. This directory provides a comprehensive listing of the community resources available for assistance in dealing with youths who are suspected to be at risk of suicide.

Special thanks are in order to Dr. David Shaffer; Ann Garland; Columbia University; The Ittleson Foundation; The New York State Governor's Youth Suicide Prevention Council; New York State Office of Mental Health; Linda Laventhall and the State Coordinators for their dedication and efforts in making this publication possible.

Alfred B. DelBello is President of Signal Environmental Systems, Inc., Hampton, New Hampshire and former Lieutenant Governor of New York State.

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The following organizations and individuals assisted in the original compilation of the directory list.

American Association of Suicidology; Julie Perlman, M.S.W., Executive Officer.

National Directory of Hotlines; John P. Myers, Ph.D., Editor

The following Researchers assisted in the fact checking process: James Bochsler, Errol Crook, Andrew Dailey, and Raphael Fink.

Robert Lyss assisted with administrative and data entry tasks.

Many thanks also to the people who responded to the telephone surveys and supplied the information contained in this Directory. Special thanks to all of those who sent literature and correspondence to the Researchers.

EXPLANATION OF METHODS

Original Compilation of Directory List

An original list of over 900 programs was compiled using a variety of sources. Among others, those sources include the American Association of Suicidology's "Suicide Prevention and Crisis Intervention Agencies in the United States," the "National Directory of Hotlines," and the State Coordinators of the National Committee on Youth Suicide Prevention.

Fact Checking

Research Assistants called all the agencies/programs on that original list in order to a) verify the programs' continuing activity and current address and telephone information, and b) obtain information about the range of services offered. These calls were made between January and March, 1986. The information received from those fact checking calls appears in this Directory.

FOR MORE INFORMATION

Listed below are agencies and organizations which provide general information in the field of youth suicide and suicide prevention.

National Information & Referral SourcesNational Committee on Youth
Suicide Prevention

666 5th Avenue, 13th Floor
New York, NY 10103
(212) 957-9292

Suicide Research Unit

National Institute of Mental
Health
5600 Fishers Lane, Room 10C26
Rockville, MD 20857

*American Association of
Suicidology

2459 S. Ash
Denver, CO 80222
(303) 692-0985

Suicide Education and
Information Center

723 14th St. N.W. #103
Calgary, Alberta
Canada T2N2A4
(403) 283-3031

Youth Suicide National Center

1825 Eye Street, N.W., #400
Washington, D.C. 20006
(202) 429-2016

*United Way Information and
Referral Service

87 Kilby St.
Boston, MA 02401
(617) 482-1454

*= These agencies can provide local referrals.

Community Mental Health Centers

Many community mental health centers, psychiatric hospitals and public or private psychiatric clinics are not listed in this directory, but these are often very useful referral agencies and information sources. Persons using this directory should consult their telephone directories to locate these services, or contact the following agency for information about the community mental health center in their area.

National Council of Community Mental Health Centers

6101 Montrose Road, Suite 360
Rockville, MD 20852

QUALITY OR AVAILABILITY OF PROGRAMS

The National Committee on Youth Suicide Prevention and the Editors can not take responsibility for the quality or the availability of the services listed in this Directory. Every attempt has been made to ensure that the information included here is correct. However, due to the rapidly changing status of these types of programs some information may already be out of date.

This Directory includes a listing and description of services as recorded from the agency survey. This Directory includes no evaluative component and a listing here should not necessarily be interpreted as a recommendation or referral from the National Committee on Youth Suicide Prevention or from the Editors.

UPDATE AND ORDER FORMS

EXTRA COPIES: To order additional copies of this directory, please fill out the purchase order form on the following page. Each additional copy costs \$3.00. Orders of 100 or more copies to be sent to one address are discounted to \$2.00 per copy. Please enclose full payment in check or money order payable to the National Committee on Youth Suicide Prevention.

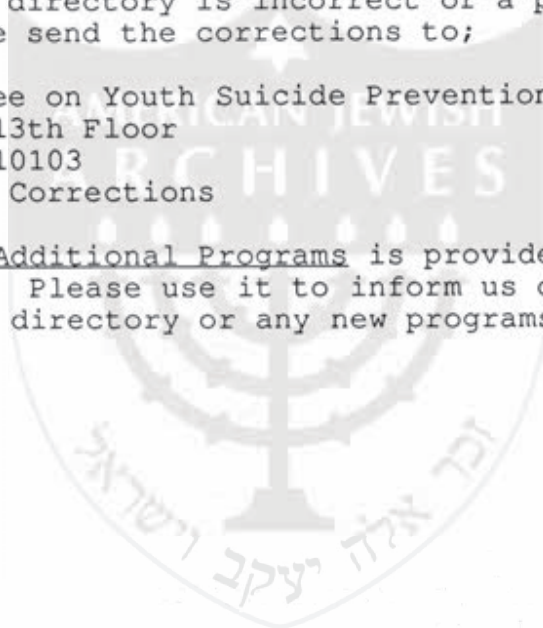
UPDATED DIRECTORIES: An updated version of this directory will be published in the Fall of 1987. To receive the updated "Directory of Youth Suicide Prevention Programs," please fill out the appropriate section of the purchase order form and enclose a check or money order for \$6.00 per copy payable to the National Committee on Youth Suicide Prevention. If for any reason the updated directory is not published, your payment will be refunded.

The deadline for these orders is December 1, 1986.

CORRECTIONS, ADDITIONS AND DELETIONS: If any of the information supplied in this directory is incorrect or a program is no longer in operation, please send the corrections to;

National Committee on Youth Suicide Prevention
666 5th Ave. , 13th Floor
New York, NY 10103
ATTN.: Directory Corrections

A form entitled Additional Programs is provided on one of the following pages. Please use it to inform us of any program we have left out of this directory or any new programs.



ORDER FORMS

ADDITIONAL COPIES - UPDATED COPIES

Name _____ Title _____

Organization _____

Address _____

City _____ State _____ Zip Code _____

Telephone Number (____) _____

Number of **additional copies** (this issue) _____

If less than 100, Number x \$3.00 = \$ _____

If 100 or more, Number x \$2.00 = \$ _____

Number of **updated copies** (publishing date Fall 1987) _____

If less than 100, Number x \$6.00 = \$ _____

If 100 or more, Number x \$5.00 = \$ _____

Full amount must be enclosed. Send check or money order payable to:

National Committee on Youth Suicide Prevention

666 Fifth Avenue, 13th Floor

New York, NY 10103

Attention: Directory Order

ADDITIONAL PROGRAMS

Please use this form to inform us of any youth suicide prevention programs, survivors' groups, and/or agencies offering services to potentially suicidal youth which are new or not included in this directory. The name of the program or agency, the city and state in which it is located, and a telephone number are essential; we will fill in the rest of the information as needed. Thank you for your help in making this directory as comprehensive as possible.

1. Name of Program or Agency _____

Address _____

City _____ State _____ Zip Code _____

Business Telephone Number(s) (____) _____

Emergency Telephone Number(s) (____) _____

Director's Name _____

2. Name of Program or Agency _____

Address _____

City _____ State _____ Zip Code _____

Business Telephone Number(s) (____) _____

Emergency Telephone Number(s) (____) _____

Director's Name _____

3. Name of Program or Agency _____

Address _____

City _____ State _____ Zip Code _____

Business Telephone Number(s) (____) _____

Emergency Telephone Number(s) (____) _____

Director's Name _____

Please send this form to:

National Committee on Youth Suicide Prevention

666 Fifth Avenue, 13th Floor

New York, NY 10103

Attention: Additional Programs

EXPLANATION OF DIRECTORY ENTRIES

Each Directory entry is formatted as follows:

1. Name of the Program or Agency
2. Address City State Zip Code
Some programs requested that their addresses not be included
3. Business Phone Number Emergency Phone Number
4. Director(s) or Contact Person: _____
Occasionally this space will be blank when the program did not wish to supply a name
5. Hotline Hrs. Available: _____ Drop In Hrs. Available: _____
Occasionally one or both of these spaces may be blank if the program does not provide these services or if they did not supply the information.
If the space reads "24," the services are available 24 a day, 7 days a week.
If the space reads "9am-5pm," the services are available on weekdays at these hours.
If the word "Referrals" appears, the agency does provide referrals to outside agencies.
6. This last few lines may contain any of the following notations depending on the services offered by the program.
"TTY"= Teletype service for the hearing impaired
"Spanish," "German," "Deaf," etc.= Translation service available for the languages listed
"Testing"= Psychological testing
"Evaluation"= Psychological evaluation
"Fam. Cnsling"= Family Counseling
"In-patient"= In-patient facilities are available
"Prev. school"= Suicide prevention/awareness programs are provided in the schools
"Surv."= Survivors of suicide self help groups
"Attempters"= Self help group for suicide attempters
"Gen. Youth" = Self help group for general youth
"Fees," "Sliding Scale"= Fees for services dependent client's ability to pay. If the notation is simply "fees," there are some unspecified fees.
Restrictions for services- If there are any restrictions as to who may use the program's services, these will be listed here. These may include a residency requirement, and/or an age limitation.
Other- Any addition information the program wished to add will be included on the last line.

ALABAMA

South Central Alabama Mental Health Center
 P.O.Box 1028 Andalusia AL 36420
 Bus. # (205) 222-2523 Emerg. # (205) 222-7794
 Director: James Stivers
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Fees In-patient

Crisis Center of E. Alabama Auburn AL
 Bus. # (205) 821-8600 Emerg. # (205) 821-8600
 Director: Mae Debrunner
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. school Evaluation

Crisis Center of Jefferson County Birmingham AL 35222
 3600 8th Ave S. Suite 501
 Bus. # (205) 323-7782 Emerg. # (205) 323-7777
 Director: John Cosper, Surv.'s Grp-Trina Akridge, Kitty Douglas
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. school Surv.
 Some Restrictions
 Special crisis line for kids

Charter Retreat Hospital Decatur AL 35602
 P.O.Box 1230
 Bus. # (205) 350-1450 Emerg. # (205) 350-1450
 Director: Jim Johnson
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Fees In-patient

North Central AL. Mental Health Center Decatur AL 35602
 P.O.Box 637
 Bus. # (205) 355-6091 Emerg. # (205) 355-6091
 Director: Thomas Salter
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Surv. Testing Evaluation
 Sliding Scale Trans. For Deaf

Riverbend Center for Mental Health Florence AL 35630
 P.O.Box 941
 Bus. # (205) 764-3431 Emerg. # (205) 764-3431
 Director: Thomas Firkle
 Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

13th Place Gadsden AL 35901
 1525 Chestnut
 Bus. # (205) 547-9505 Emerg. # (205) 547-9505
 Director: Windell Jolley
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Fam. Cnsling Gen. Youth

Helpline Huntsville AL 35804
 P.O.Box 92
 Bus. # (205) 539-1000 Emerg. # (205) 539-1000
 Director: Carol Hogue
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

ALABAMA

Huntsville Madison Co. Mental Health Center
 660 Gallaton St. Huntsville AL 35801
 Bus. # (205) 533-1970 Emerg. # (205) 533-1970
 Director: Gary Porier, Ph.D.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Surv., Gen. Youth Testing Evaluation
 Sliding Scale In-patient

Contact Mobile
 3224 Exec. Park Circle Mobile AL 36606
 Bus. # (205) 473-5330 Emerg. # (205) 342-3333, TTY=343-4555
 Director: Shirley Worthington
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. school
 TTY

Libera House Youth Counseling Center
 1155 Government St. Mobile AL 36607
 Bus. # (205) 433-7677 Emerg. # (205) 433-8336
 Director: Diane Roberson
 Hotline Hrs.: 4pm-10pm Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Age 13-19
 Teenline, Activity Program for Teens

Mobile Mental Health Center
 2400 Gordon Smith Drive Mobile AL 36617
 Bus. # (205) 473-4423 Emerg. # (205) 473-4423
 Director: James Flora, M.A.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Sliding Scale TTY In-patient

Help a Crisis
 101 Colisium Blvd. Montgomery AL 36109
 Bus. # (205) 279-7830 Emerg. # (205) 279-7837
 Director: Donna Morgan
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Family Counseling Service Tuscalousa Co. Inc.
 600 12th St. Tuscalousa AL 35401
 Bus. # (205) 752-2504 Emerg. # (205) 752-2504
 Director: George Shelton
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Evaluation
 Sliding Scale

Indian Rivers Mental Health/ Crisis Hotline
 1915 6th St. Tuscalousa AL 35403
 Bus. # (205) 345-1600 Emerg. # (205) 345-1600
 Director: Shirley Baumeister/Steven Palmer
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Sliding Scale

ALASKA

Crisis-Referral Information & Suicide Intervention Service
 2611 Fairbanks St. Suite A Anchorage AK 99503
 Bus. # (907) 272-2496 Emerg. # (907) 276-1600, 279-3214
 Director: Rosaly Nadeau
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. school Surv., Attempters, Gen. Youth
 TTY

ALASKA

Family Connection Inc.
 1836 West Northern Lights Blvd. Anchorage AK 99503
 Bus.#(907) 279-0551, 279-0552 Emerg.#(907) 279-0551, 279-0552
 Director: Dr. Peter Scales
 Hotline Hrs.:24 Drop In Hrs.:9am-9pm Referrals
 Prev. school Fam. Cnsling
 Fees Spanish Age 5-17

Southcentral Community Health Center
 4030 Folker Anchorage AK 99508
 Bus.#(907) 563-1000 Emerg.#(907) 563-1000
 Director: Glade Birch
 Hotline Hrs.:24 Drop In Hrs.:Emergency Only Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish TTY

Fairbanks Crisis Clinic Foundation
 P.O.Box 832 Fairbanks AK 99707
 Bus.#(907) 479-0166 Emerg.#(907) 452-4403
 Director: Sheila Smith
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. school Surv., Attempters
 TTY

Juneau Mental Health Clinic
 210 Admiral Way Juneau AK 99801
 Bus.#(907) 586-5280, 586-2611 Emerg.#(907) 586-5280, 586-2611
 Director: Ivan Frasier
 Hotline Hrs.:24 Drop In Hrs.:Intermitent Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Central Penninsula Mental Health Center
 11355 Kenai Spur Rd., Suite 228 Kenai AK 99611
 Bus.#(907) 283-7501 Emerg.#(907) 283-7501
 Director: Kathy Dinius Ph.D.
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Gateway Community Mental Health Center
 3134 Tongass Ketchikan AK 99901
 Bus.#(907) 225-4135 Emerg.#(907) 221-4135
 Director: Wesley Terwilliger
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. school Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish, Native +

Mat-Su Crisis Line
 P.O.Box 873388 Wasilla AK 99687
 Bus.#(907) 376-3356 Emerg.#(907) 376-3706
 Director: Judy Eaken
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. school

ARIZONA

Graham-Greenlee Comm. Service Center
 172 Frisco Ave. Clifton AZ 85533
 Bus.#(602) 865-4531 Emerg.#(602) 428-5711
 Director: Mariannne Beal
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm + Emergency Referrals
 Prev. School Fam. Cnsling Surv., Attempter, Gen. Youth Testing Evaluation
 Sliding Scale Spanish TTY In-patient

ARIZONA

Coconano Community Guidance Center

519 N. Leroux

Flagstaff

AZ 86001

Bus.#(602) 774-3351 Emerg.#(602) 779-6163

Director: Jean Hockman

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation

Sliding Scale In-patient

City of Glendale Human Services

5850 W. Glendale Ave.

Glendale

AZ 85301

Bus.#(602) 435-4076 Emerg.#(602) 435-4076

Director: Rita Koppinger

Hotline Hrs.:24 Drop In Hrs.:

Prev. School Fam. Cnsling Testing Evaluation

Spanish TTY City Residence, Child <20

Suicide Prevention Maricopa Co.

1345 E. Main St., #107

Mesa

AZ 85203

Bus.#(602) 969-2783 Emerg.#(602) 249-2915

Director: Dotty Deerwester

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School Surv.

Crisis Intervention Program-Phoenix

1250 S. 7th Ave.

Phoenix

AZ 85007

Bus.#(602) 258-8011 Emerg.#(602) 258-8011

Director: Bill Baker

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Self help Groups

Spanish

Maricopa Med. Center Psychiatric Crisis Center

2601 E. Roosevelt

Phoenix

AZ 85008

Bus.#(602) 267-5881 Emerg.#(602) 267-5881

Director: Dr. Hollinsworth

Hotline Hrs.: Drop In Hrs.:By Appt. Referrals

Testing Evaluation

Emergency Room Fee Spanish TTY In-patient

St. Luke's Behavior Health Center- The Young Adult Program

1800 E. Van Buren

Phoenix

AZ 85006

Bus.#(602) 251-8500 Emerg.#(602) 251-8500

Director: Mark S. Loeser

Hotline Hrs.: Drop In Hrs.:

Prev. School Fam. Cnsling Attempters Testing Evaluation

Some fees Spanish In-patient

Terros Agency

4545 N. 27th Ave.

Phoenix

AZ 05017

Bus.#(602) 249-6314 Emerg.#(602) 249-1749

Director: Bruce McAllister

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling Self help Groups Evaluation

Sliding Scale Spanish TTY

Camelback Hospitals, Inc.

7447 E. Earll Drive

Scottsdale

AZ 85251

Bus.#(602) 253-1334 Emerg.#(800) 253-1334 USA or Canada

Director: Daniel Capps

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Sliding Scale In-patient

ARIZONA

Help on Call

P.O.Box 43696

Bus. # (602) 323-1303 Emerg. # (602) 323-9373

Director: Vicky Stromee

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling Surv.

Spanish TTY

Tucson

AZ 85733

Switchboard Hotline

ASUA Building #19, Rm. 215 U. of Arizona

Bus. # (602) 621-1456 Emerg. # (602) 621-1000

Director: Paul Hyman

Hotline Hrs.: 9am-10pm Drop In Hrs.: 9am-10pm Referrals

Prev. School

Tucson

AZ 85721

Yuma County Child Abuse & Neglect of DBA, Children's Village

257 S. 3rd. Ave.

Bus. # (602) 783-2427 Emerg. # (602) 783-2427

Director:

Hotline Hrs.: ? Drop In Hrs.: Referrals

Fam. Cnsling

In-patient

Yuma

AZ 85364

Crisis Center

4201 John Bear Rd.

Bus. # (501) 568-2989 Emerg. # (501) 568-2989

Director: Budd Cronkhite

Hotline Hrs.: 24 Drop In Hrs.: 24

Little Rock

AR 72204

Contact Pine Bluff

P.O.Box 8734

Bus. # (501) 536-4228 Emerg. # (501) 536-4228

Director: Stephane Frase

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Pine Bluff

AR 71611

Northwest Arkansas Crisis Intervention Center

P.O.Box 1618

Bus. # (501) 756-1995 Emerg. # (501) 756-2337, 631-0060, 524-3100

Director: Sharla Vaughn

Hotline Hrs.: 4pm-8pm Drop In Hrs.: Referrals

Prev. School

Springdale

AR 72705

CALIFORNIA

Xanthos, Inc.

1205 Lincoln Ave.

Bus. # (415) 865-4500 Emerg. # (415) 522-8363

Director: Sue Matheson/ Dr. Jon Schiller

Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-8pm M-F & Appt.

Fam. Cnsling Gen. Youth Testing Evaluation

Spanish, Tagalog Under 18, Alameda Resident

Alameda

CA 94501

Hotline Help Center

P.O.Box 999

Bus. # (714) 778-1000 Emerg. # (714) 778-1000

Director: Rick Gascil

Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals

Prev. School Fam. Cnsling Surv. Testing Evaluation

Professional-\$50

Anaheim

CA 92805

CALIFORNIA

Kern County Probation Department-Crisis Resolution Center
 P.O. Box 3309, Station A Bakersfield CA 93385
 Bus.#(805) 861-3673 Emerg.#(805) 328-3186
 Director: Larry Price
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Residential-Sliding Spanish In-patient Under 18, Kern Co. Resident

Bell Gardens Youth Services Bureau (Y.S.B.)
 6324 Colmar Ave. Bell Gardens CA 90201
 Bus.#(213) 773-8681 Emerg.#(213) 927-8345
 Director: Lt. Bob Byal
 Hotline Hrs.:M-Th9am-8pm, F9am-5pm Drop In Hrs.:Same As Phone Referrals
 Fam. Cnsling Self help Groups
 Spanish Under 19, 5 Mi. Radius

Suicide Prevention & Crisis Intervention Service
 P.O.Box 9102 Berkeley CA 94709
 Bus.#(415) 848-1515 Emerg.#(415) 849-2212, 889-1330, 794-5211
 Director: Ronald Tauber
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Self help Groups
 TTY
 Consultation to schools after a suicide attempt

Suicide Prevention & Crisis Center of San Mateo County
 1811 Trousdale Dr. Burlingame CA 94010
 Bus.#(415) 877-5604 Emerg.#(415) 877-5600 367-8000 726-5288
 Director: Louis Guthrie
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Surv. Gen. Youth Testing Evaluation
 Counseling-Sliding Spanish TTY

Suicide Prevention of Santa Cruz
 P.O.Box 736 Capitola CA 95010
 Bus.#(408) 426-2342 Emerg.#(408) 426-2342
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

YMCA Project Oz North Coast
 1212 Oak Ave. Carlsbad CA 92008
 Bus.#(619) 729-4926 Emerg.#(619) 729-4026
 Director: Geoff Cornish
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Spanish Age 12-17

Youth Response Unit
 10802 College Place Cerritos CA 90701
 Bus.#(213) 924-9581 Emerg.#(800) 645-5459
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Spanish

Suicide Prevention of Yolo Co.
 P.O.Box 622 Davis CA 95617
 Bus.#(916) 756-7542 Emerg.#(916) 756-5000 666-7778 372-6565
 Director: Lynn Zender
 Hotline Hrs.:24 Drop In Hrs.:By Appt. 9-5 Referrals
 Prev. School Fam. Cnsling Surv. Gen Youth

CALIFORNIA

East County Gate House
 214 Richfield Ave. El Cajon CA 92020
 Bus.#(619) 579-8761, 8762, 8763 Emerg.#(619) 579-8761, 8762, 8763
 Director: Marty Bogan
 Hotline Hrs.:24 Drop In Hrs.:Intermitently Referrals
 Fam. Cnsling Self help Groups
 Sliding Scale In-patient Age 12-18, No Psychosis,

Professional Comm. Services
 125 W. Main St. El Cajon CA 92020
 Bus.#(619) 444-6506 Emerg.#(619) 444-1194
 Director: William Hawkins
 Hotline Hrs.:9am-5pm Drop In Hrs.: Referrals

Spanish
 Counseling Services, 440-1641

Escondido Youth Encounter
 165 E. Lincoln Escondido CA 92026
 Bus.#(619) 747-6281 Emerg.#(619) 747-6281
 Director: K. Wasserman
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale Spanish

Contact Fresno
 7172 N. Cedar Fresno CA 93710
 Bus.#(209) 298-8001 Emerg.#(209) 298-2022
 Director: Mike Chastain
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Help in Emotional Trouble
 P.O.Box 4282 Fresno CA 93744
 Bus.#(209) 486-4703 Emerg.#(209) 485-1432
 Director: Bunny Gilstrap
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Surv., Attempters
 Spanish TTY

Suicide Prevention & Education Center
 3425 N. First St., Box 31 Fresno CA 93707
 Bus.#(209) 221-1000 Emerg.#(209) 221-1000
 Director: Ann Julian
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

CAARE Project-Community Assistance in Assault & Rape Emergency
 461 N. Franklin St. Ft. Bragg CA 95437
 Bus.#(707) 964-4055 Emerg.#(707) 964-1740
 Director: Binah Polay
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm + Appt. Referrals

Spanish & Others

New Hope Counseling Center
 12141 Lewis St. Garden Grove CA 92640
 Bus.#(714) 971-4123 Emerg.#(714) 639-4673
 Director: Kenneth G. Almeida
 Hotline Hrs.:24 Drop In Hrs.: Referrals

CALIFORNIA

Options House
2471 N. Beechwood Dr. Hollywood CA 90068
Bus.#(213) 467-8466 Emerg.#(213) 467-8466
Director: Dr. Nate Newman
Hotline Hrs.: Drop In Hrs.: Referrals
Fam. Cnslng
In-patient Age 12-17

Contact Care Center
P.O.Box 901 Lafayette CA 94549
Bus.#(415) 284-2207 Emerg.#(415) 284-2273, 945-8336
Director: Greta Friedlund
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
TTY
Teen counseling line= (415) 945-8336

Contact: The Help Line
P.O.Box 1263 Lake Arrowhead CA 92352
Bus.#(714) 337-4300 Emerg.#(714) 337-4300
Director: Mary E. Matthews
Hotline Hrs.:24 Drop In Hrs.: Referrals

Lake County Mental Health Emergency Services
922 Bevins Court Lakeport CA 95453
Bus.#(707) 263-2258, 263-3535 Emerg.#(707) 263-0160
Director:
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Prev. School Fam. Cnslng Surv. Attempters Testing Evaluation
Sliding Scale Spanish, Sign TTY

West Orange County Hotline
P.O.Box 32 Los Alamitos CA 90720
Bus.#(213) 594-0969 Emerg.#(213) 596-5548, 5549, 761-4575, 89
Director: Patricia Grines
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
Span., French, Germ.
Assist in developing peer counseling in the schools

Suicide Prevention Center of Los Angeles
1041 S. Menlo Los Angeles CA 90006
Bus.#(213) 657-6014 Emerg.#(213) 382-5111
Director: Dr. Joseph Shannon
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Surv.
Small Fees Spanish
Developing suicide awareness curriculum for the state

Angels Flight Crisis Center for Runaways
235 Winston St. Los Angeles CA 90013
Bus.#(213) 626-4100 Emerg.#(213) 626-4100
Director:
Hotline Hrs.: Drop In Hrs.: Referrals
Fam. Cnslng
Spanish Shelter Age <19

Social Advocates for Youth
509 View St. Mt. View CA 94041
Bus.#(415) 961-2622 Emerg.#(415) 961-2622
Director: Larry Atwell
Hotline Hrs.:24 Drop In Hrs.: Referrals
Fam. Cnslng
Sliding Scale In-patient Need Parental Consent

CALIFORNIA

North Bay Suicide Prevention Stressline

P.O.Box 2444

Napa

CA 94558

Bus. # (707) 257-3470 Emerg. # (707) 422-2555, 255-2555, 643-2555

Director: Janice Charlup

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Surv.

Second Chance

P.O. Box 643

Newark

CA 94560

Bus. # (415) 792-4357 Emerg. # (415) 792-4357

Director: Diane Anderson

Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals

Prev. School Fam. Cnsling

Portugese, Spanish TTY

Helpline Youth Counseling

12330 East Firestone Blvd.

Norwalk

CA 90650

Bus. # (213) 864-3722 Emerg. # (213) 864-3722, 9201706

Director: Carol Geisbeuer

Hotline Hrs.: 9am-10pm Drop In Hrs.: Referrals

Prev. School

Suicide Prevention Center of Monterey Co.

P.O. Box 52078

Pacific Grove

CA 93950

Bus. # (408) 375-6966 Emerg. # (408) 649-8008

Director: Geoff Smith

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Surv.

Spanish, Korean, +

Resident Of Monterey Co.

Starting Teen Hotline

Pacifica Youth Service Bureau

190 Paloma Ave.

Pacifica

CA 94044

Bus. # (415) 355-3900 Emerg. # (415) 355-3900

Director: Marianne Hipoma

Hotline Hrs.: Drop In Hrs.: M-Th9-9, M-F9-5 Referrals

Fam. Cnsling Surv. Evaluation

Sliding Scale Spanish (limited) Live In City Limits, <18

Contact Pasadena

73 N. Hill Avenue

Pasadena

CA 91106

Bus. # (818) 449-4502 Emerg. # (818) 449-4500

Director: Vivian Holte

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling

TTY

Pasadena Mental Health Center

1495 N. Lake ST.

Pasadena

CA 91104

Bus. # (818) 681-1381 Emerg. # (818) 798-0907

Director: Dr. Karen de Sraga

Hotline Hrs.: 7 days 9am-12am Drop In Hrs.: M-Sat9-9 Referrals

Fam. Cnsling

Sliding Scale Spanish No Drug Abuse; No Criminals

Tri-Cities Discovery Center

1063 San Pablo Ave.

Pinole

CA 94564

Bus. # (415) 724-8788 Emerg. # (415) 939-3232

Director: Linda Schafer

Hotline Hrs.: Drop In Hrs.: M-F 9-5 + Eve. By Appt. Referrals

Fam. Cnsling

Sliding Scale

CALIFORNIA

The Center, Counseling, Education & Crisis Service
 4361 Railroad Ave #F Pleasanton
 Bus.#(415) 462-5544 Emerg.#(415) 828-4357
 Director: L. James Ghilardi
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish

CA 94566

Suicide & Crisis Intervention Services Inc.
 7425 Hellman Ave.
 Bus.#(714) 946-7331 Emerg.#(714) 946-7331
 Director: Elenor Allen
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Spanish

Rancho Cucamonga CA 91730

Help, Inc.
 P.O.Box 2498
 Bus.#(916) 225-5255 Emerg.#(916) 246-2711
 Director: Darlene Korfhage
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Redding CA 96099

YMCA Youth and Family Counseling Center
 1752 Tehama St.
 Bus.#(916) 244-6226 Emerg.#(916) 244-6226
 Director: Phil Paulsen
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Surv.
 Sliding Scale Spanish, Sign Age 11-17

Redding CA 96001

Redlands Helpline East Valley Chapter of M.H. Association
 9 E. Clark St.
 Bus.#(714) 793-9405 Emerg.#(714) 792-8255
 Director: Charles Swift
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Redlands CA 92373

Your House-South
 520 Arguello
 Bus.#(415) 367-9688 Emerg.#(415) 367-9687
 Director: Idel Wasserman
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self Help Groups
 Sliding Scale In-patient Age 10-17

Redwood City CA 94063

Motivation Unlimited
 536 W. Lorraine Place
 Bus.#(714) 820-4621 Emerg.#(714) 820-4621
 Director: Beverly Gilbert
 Hotline Hrs.:24 Drop In Hrs.:By Appt. Referrals
 Prev. School Fam. Cnsling

Rialto CA 92376

Riverside Crisis & Outpatient Service
 9707 Magnolia St.
 Bus.#(714) 351-7853 Emerg.#(714) 351-7853, TTY=351-7861
 Director: Jane Godager
 Hotline Hrs.:M-Th8am-9pm, F8am-5pm Drop In Hrs.:9am-10pm
 Prev. School Fam. Cnsling Testing Evaluation
 Spanish TTY

Riverside CA 92503

Referrals

CALIFORNIA

Youth Service Center
 3847 Terracina Dr. Riverside CA 97506
 Bus.#(714) 683-5193 Emerg.#(714) 683-5193
 Director: Harry Friedman
 Hotline Hrs.: Drop In Hrs.:M-Th8am-10pm, F8am-5pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
 Some Fees Spanish

Friends for Survival
 5701 Lerner Way Sacramento CA 95823
 Bus.#(916) 392-0664 Emerg.#
 Director: Marilyn Koenig
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Neighborhood Alternative Center
 3990 Branch Center Rd. Sacramento CA 98527
 Bus.#(916) 366-2662 Emerg.#(916) 366-2662
 Director: Dan Swank
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Gen. Youth Testing Evaluation
 In-patient Co. Resident For Fam. Cnslg.
 Mostly runaway shelter and aid

Suicide Prevention Service of Sacramento Co.
 P.O.Box 449 Sacramento CA 95802
 Bus.#(916) 441-1138 Emerg.#(916) 441-1135
 Director: Marjie Cuthbert
 Hotline Hrs.:24 Drop In Hrs.:Eve. By Appt. Referrals
 Prev. School
 Spanish TTY
 Train professionals in crisis intervention

Marin Suicide Prevention Center
 P.O.Box 792 San Anselmo CA 94960
 Bus.#(415) 454-4566 Emerg.#(415) 454-4524
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Grief Grps.
 Spanish

Suicide & Crisis Intervention Service
 1669 North E Street San Bernadino CA 92405
 Bus.#(714) 886-6730 Emerg.#(714) 886-4889
 Director: Susan Kelly Bancroft
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Help Center
 5059 College Ave San Diego CA 92115
 Bus.#(619) 582-1288 Emerg.#(619) 582-4357
 Director: Terry Jacinto
 Hotline Hrs.:M-F 2pm-10pm Drop In Hrs.:M-F 2pm-10pm Referrals
 Prev. School Fam. Cnsling
 Some Fees

San Diego Mental Health Crisis Team
 P.O.Box 85524 San Diego CA 92138
 Bus.#(619) 236-4576 Emerg.#(800) 351-0757, (619) 236-3339
 Director: Pam Blackwell
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School
 Spanish TTY

CALIFORNIA

San Diego Youth Involvement Project

626 S. 28th St.

San Diego

CA 92113

Bus. # (619) 234-1871 Emerg. # (619) 234-1871

Director:

Hotline Hrs.: 24 Drop In Hrs.: 24

Suicide Hotline

120 Elm St.

San Diego

CA 92101

Bus. # (619) 232-7078 Emerg. # (619) 232-7070

Director: Janine Eillard

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Surv.

TTY

Access to Harbor View Medical Center Facilities

Survivors of Suicide

908 Beyer Way #2

San Diego

CA 92154

Bus. # (619) 482-0297 Emerg. #

Director: Laurel Fadke, Virgil Kaufman, Al & Linda Vigil

Hotline Hrs.: Drop In Hrs.:

Surv.

Survivors of Suicide

3235 4th Ave.

San Diego

CA 92103

Bus. # (619) 297-7181 Emerg. #

Director: Joanne Bidner

Hotline Hrs.: Drop In Hrs.:

Surv.

The Bridge

3151 Redwood ST.

San Diego

CA 92104

Bus. # (619) 280-6150 Emerg. # (619) 280-6150

Director: Maura Krieper, Jan Stankus

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Fam. Cnsling Gen. Youth

Spanish In-patient Age 13-17

Linked to "Store Front" for runaway and homeless youth

San Francisco Suicide Prevention, Inc.

3940 Geary Blvd.

San Francisco

CA 94118

Bus. # (415) 752-4866 Emerg. # (415) 221-1423, 387-5100

Director: Dorothy A. Stapp

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling Surv.

Spanish, Chinese, TTY

Youth Advocates Inc., Huckleberry House & 9 Grove Lane

285 12th Ave.

San Francisco

CA 94118

Bus. # (415) 668-2622 Emerg. # (415) 621-2929, 453-5200

Director: Velora Uhmeyer

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Fam. Cnsling Evaluation

Spanish Age 11-18

Suicide and Crisis Service of Santa Clara Co.

2220 Moorpark

San Jose

CA 95128

Bus. # (408) 299-6250 Emerg. # (408) 279-3312, 683-2482, 494-8420

Director: Meg Paris

Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Prev. School Surv., Attempters Evaluation

Sliding Scale

CALIFORNIA

Contact Santa Clara Co.

P.O.Box 24978

Bus.#(408) 266-1020 Emerg.#(408) 266-8228

Director: Barbara Joachim

Hotline Hrs.:24 Drop In Hrs.: Referrals

San Jose

CA 95154

Spanish
Home visits

Alameda County Family Crisis Unit

2200 Fairmount Drive

Bus.#(415) 577-1254 Emerg.#(415) 577-1254

Director: Dennis Handis

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School

Spanish & 24 Other TTY Under 18

Info and Referral only

San Leandro

CA 94578

San Luis Obispo County Hotline

P.O.Box 654

Bus.#(805) 544-6016 Emerg.#(805) 544-6163

Director: Maria Singleton

Hotline Hrs.:24 Drop In Hrs.: Referrals

San Luis Obispo

CA 93406

Spanish, Hebrew, +

Crisis Intervention - Santa Barbara Mental Health

4444 Calle Real

Bus.#(805) 964-6713 Emerg.#(805) 964-6713

Director: Myrna McMillan

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Testing Evaluation

Some Fees In-patient

Case management

Santa Barbara

CA 93110

Helpline/Crisis Line - Call Line

P.O.Box 14567

Bus.#(805) 961-4114 Emerg.#(805) 569-7255

Director: Dee Acken

Hotline Hrs.:24 Drop In Hrs.: Referrals

Fam. Cnsling

TTY

Santa Barbara

CA 93107

Santa Cruz Community M.H. Crisis Intervention

1060 Emeline Ave.

Bus.#(408) 425-2237 Emerg.#(408) 425-2237

Director:

Hotline Hrs.:24 Drop In Hrs.:9am-5pm

Santa Cruz

CA 95060

Youth Services

117 Union Street

Bus.#(408) 425-0771 Emerg.#(408) 425-0771, 728-2226

Director: Mary Sims

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Prev. School Fam. Cnsling Gen. Youth Testing Evaluation

Some Fees Spanish Under 18

Multi-service youth center

Santa Cruz

CA 95060

CALIFORNIA

Newstart
1455 19th St. Santa Monica CA 90404
Bus.#(213) 828-5561 Emerg.#(213) 828-5561
Director: Dr. Quin Crosbie
Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
Prev. School Fam. Cnsling Evaluation
Sliding Scale Sign, Spanish, Vie

Stepping Stone Youth Crisis Shelter
1833 18th Street Santa Monica CA 90404
Bus.#(213) 450-7839 Emerg.#(213) 450-7839
Director: Hida Avent
Hotline Hrs.:24 Drop In Hrs.: Referrals
Fam. Cnsling Testing Evaluation
Spanish In-patient 7-17 Only
Provide clothing, free meals, shelters

Sonoma Valley Family Center Crisis Intervention Program
P.O.Box 128 Sonoma CA 95476
Bus.#(707) 996-7877 Emerg.#(707) 938-4357
Director:
Hotline Hrs.: Drop In Hrs.:

San Joaquin Co. Mental Health
1212 N. California Stockton CA 95202
Bus.#(209) 948-4484 Emerg.#(209) 948-4484 982-1818
Director: Charley Moody
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Scale Spanish, East Asia In-patient San Joaquin Co. Residence

Crisis Help of Napa Valley, Inc.
1360 Adams Street St. Helena CA 94574
Bus.#(707) 942-4319 Emerg.#(707) 963-2555
Director: Chris Hurst
Hotline Hrs.:24 Drop In Hrs.:

Crisis Evaluation Unit
300 Hillmont Ave. Ventura CA 93001
Bus.#(805) 652-6727 Emerg.#(805) 642-2736
Director: Penny Matthews
Hotline Hrs.:24 Drop In Hrs.:24 Referrals
Fam. Cnsling Evaluation
Some fees Spanish + In-patient
24 Hour Crisis Intervention

Lifeline Community Services
200 Jefferson Street Vista CA 92083
Bus.#(619) 726-6396 Emerg.#(619) 726-4900
Director: Dr. Steve Maybell
Hotline Hrs.:8am-8pmM-F, 11-2pmS Drop In Hrs.:8am-8pmM-F, 11-2pm S Referrals
Prev. School Fam. Cnsling Attempters, Gen. Youth
Sliding Scale Spanish, Vietnames TTY
Bilingual intervention

Contra Costa Crisis and Suicide Intervention Service
P.O.Box 4852 Walnut Creek CA 94596
Bus.#(415) 939-1916 Emerg.#(415) 939-3232
Director: Violet Smith
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Prev. School Surv.
Spanish
County prevention program

CALIFORNIA

Sutter-Yuba Mental Health Crisis Clinic
 1965 Live Oak Blvd.
 Bus. # (916) 741-7209 Emerg. # (916) 673-8255
 Director: Edmund Smith
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv. Evaluation
 Spanish In-patient Residents

Yuba City

CA 95991

COLORADO

Contact Lifeline of Denver
 5742 Field Street
 Bus. # (303) 421-6453 Emerg. # (303) 458-7777
 Director: Rrthur Zigmann
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Arvada

CO 80002

Contact 9 for kids home alone

Comitis Crisis Center
 P.O. Box 913/LOC- 9840 East 17th Ave
 Bus. # (303) 341-9160 Emerg. # (303) 343-9890, 344-9260
 Director: Richard Barnhill
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv., Attempters Evaluation
 Sliding Scale Translation avail. In-patient
 Adult Emergency Counseling

Aurora

CO 80040

Emergency Psych. Services
 1333 Iris Ave.
 Bus. # (303) 443-8500 Emerg. # (303) 447-1665
 Director: Bebe Norton
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Attempters, Gen. Youth Testing Evaluation
 Sliding Scale Spanish TTY In-patient Resident (for Non-crisis)

Boulder

CO 80302

Heartbeat
 2015 Devon
 Bus. # (303) 596-2575 Emerg. # (303) 596-2575
 Director: LaRita Archibald
 Hotline Hrs.: Drop In Hrs.: 9am-10pm
 Prev. School Fam. Cnsling Surv., Attempters
 Some Fees
 SPARE, Nat'l Youth Suicide Committee

Colorado Springs CO 80909

Helpline of Colorado Springs
 12 N. Meade Ave.
 Bus. # (303) 633-4601 Emerg. # (303) 471-4357
 Director: Lois Suriano
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Colorado Springs CO 80909

Open Door Children and Adolescent Program
 3090 N. Academy Blvd.
 Bus. # (303) 471-8300 ext. 334 Emerg. # (303) 591-0300
 Director: Jim Mitchell
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish TTY
 Mesa School-Day treatment and Residential Services

Colorado Springs CO 80917

COLORADO

Terros
P.O.Box 2642
Bus.#(303) 471-4128 Emerg.#(303) 471-4128
Director:
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School
TTY

Colorado Springs CO 80901

Oak House Project
821 N. Cascade Ave
Bus.#(303) 471-0642 Emerg.#(303) 634-9227
Director: George Sheffer
Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
Fam. Cnsling Attempers, Gen Youth Testing Evaluation
Sliding Scale Spanish In-patient Under 18
Shelter Care, Long-term Residential, Counselling

Colorado Springs CO 80903

Bethesda MHC
4400 Iliff Ave
Bus.#(303) 759-6100 Emerg.#(303) 758-1514
Director: Thomas Barrett
Hotline Hrs.:24 Drop In Hrs.:24 Referrals
Testing Evaluation
Sliding Scale TTY

Denver

CO 80222

Grief Support Group

Bus.#(303) 777-9234 Emerg.#
Director:
Hotline Hrs.: Drop In Hrs.:
Grief Support Groups

Denver

CO

Living Church Suicide & Crisis Control

2459 South Ash
Bus.#(303) 756-8485 Emerg.#(303) 757-0988, 756-8458, 789-3073
Director: Bill Anderson
Hotline Hrs.:24 Drop In Hrs.:24 Referrals
Prev. School Fam. Cnsling

Denver

CO 80222

SPARE (Suicide Prevention Allied Regional Effort)

Holly Ridge Center/3301 S. Monaco Blvd.
Bus.#(303) 757-6201 X277 Emerg.#(303) 757-6201
Director: Craig Rupp
Hotline Hrs.: Drop In Hrs.: Referrals
Prev. School

Denver

CO 80222

S.W. Mental Health Center

1611 S. Federal Blvd.
Bus.#(303) 922-7811 Emerg.#(303) 922-7811
Director: Ron Gicher
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Fee Vietnamese, Korean TTY Residents
Alternative Homes

Denver

CO 80219

Weld County M.H. Center South County Branch

P.O.Box 129
Bus.#(303) 857-2723 Emerg.#(303) 857-2723
Director:
Hotline Hrs.:24 Drop In Hrs.:24

Fort Lupton

CO

COLORADO

Crisis and Information Helpline

700 W. Mountain

Ft. Collins

CO 80521

Bus.#(303) 493-3896 Emerg.#(303) 493-3888, 669-5463

Director: Ginny Riley

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School

Spanish

Larimer Co. MHC

525 West Oak

Ft. Collins

CO 80526

Bus.#(303) 221-7610 Emerg.#(303) 221-2114, 667-3752, 586-4465

Director: James Dooney

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Fam. Cnsling Testing Evaluation

Sliding Scale

Crisis & Info Helpline (303) 493-3896

Sentennial Mental Health Center

910 E. Railroad

Ft. Morgan

CO 80701

Bus.#(303) 867-4924 Emerg.#(303) 867-3411

Director: Dr. Gordon Hawkin

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnsling Testing Evaluation

Sliding Scale Spanish

Crisis Helpline

P.O.Box 3302

Grand Junction

CO 85102

Bus.#(303) 242-4357 Emerg.#(303) 242-4357

Director: Howard "Muzz" Ebright, C.S.W.

Hotline Hrs.:24 Drop In Hrs.: Referrals

Self help Groups

Spanish

Latchkey kid program

Seasons

2721 N. 12th Street - Suite 30

Grand Junction

CO 81506

Bus.#(303) 245-6321 Emerg.#(303) 245-6321

Director: Tallie Miller

Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Surv.

Weld Co. MHC

1306 11th Ave.

Greeley

CO 80631

Bus.#(303) 353-3686 Emerg.#(303) 353-3686

Director: Dale Peterson

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Some Restrictions

South County Office

Pueblo Suicide Prevention, Inc.

229 Colorado Ave.

Pueblo

CO 81004

Bus.#(303) 545-2477 Emerg.#(303) 544-1133

Director: Eleanor Hamm

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Surv

Spanish

Parkview Hospital

CONNECTICUT

Catholic Family Community Services
 233 White St. Canbury CT 06810
 Bus.#(203) 743-4412 Emerg.#(203) 743-4412
 Director: Brian Cronin
 Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals
 Fam. Cnsling
 Sliding Scale

Danbury Youth Services
 32 Steven St. Danbury CT 06810
 Bus.#(203) 748-2936 Emerg.#(203) 798-1000
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Fees- Non-Residents Spanish, Southeast

Family & Children Aid
 75 West St. Danbury CT 06810
 Bus.#(203) 748-5689 Emerg.#(203) 748-5689
 Director: Greta China
 Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale

East Hartford Youth Services
 2 King Ct. East Hartford CT 06118
 Bus.#(203) 568-0181 Emerg.#(203) 568-0181
 Director: Eugene Marchand
 Hotline Hrs.:24 Drop In Hrs.:9-5 By Appt. Referrals
 Fam. Cnsling Testing Evaluation

Enfield Youth Services
 820 Enfield St. Enfield CT 06082
 Bus.#(203) 745-0371 Emerg.#
 Director: Barbara Dragone
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 Spanish, Sign Local Residency

Fairfield Community Services Center
 50 Nichols St. Fairfield CT 06430
 Bus.#(203) 255-5777 Emerg.#(203) 255-5777
 Director: Harry Mann
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Age >11

Greenwich Youth Shelter
 105 Prospect St. Greenwich CT 06830
 Bus.#(203) 661-2599 Emerg.#(203) 661-2599
 Director: Shari Shapiro
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Gen. Youth
 Spanish

Hotline of Greenwich, Inc.
 189 Mason St. Greenwich CT 06830
 Bus.#(203) 661-4378 Emerg.#(203) 661-4357
 Director: John Clarendon
 Hotline Hrs.:M-F3-10pm Drop In Hrs.:Intermitently Referrals
 Prev. School

CONNECTICUT

Infoline
 999 Asylum Ave.
 Bus.#(203) 522-4636 Emerg.#(203) 522-4636
 Director: Sheryl Berger
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Hartford CT 06105
 Spanish TTY
 Client Advocacy

Survivors of Suicide
 Middlesex Comm. College, 100 Training Hill Rd. Middletown
 Bus.#(203) 344-3043 Emerg.#(203) 347-4003
 Director: Clayton Hewitt
 Hotline Hrs.: Drop In Hrs.:
 Surv., Provisional Attempters
 CT 06457

New Milford Youth Agency
 50 East St.
 Bus.#(203) 354-0047 Emerg.#(203) 354-0047
 Director:
 Hotline Hrs.:Unspecified Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Under 18
 New Milford CT 06776

Info line of Southwestern CT
 7 Academy St.
 Bus.#(203) 853-2525 Emerg.#(203) 853-2525
 Director: Sheri Winkler
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Surv., Attempters, Gen. Youth
 Spanish TTY
 Norwalk CT 06850

Youth and Family Services
 322 Main St.
 Bus.#(203) 388-4089, 388-9322 Emerg.#
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Gen. Youth Testing Evaluation
 Sliding Scale Spanish, Italian Old Saybrook Residents
 Old Saybrook CT 06475

Emergency Services and Prevention Unit at Wheeler Clinic
 91 Northwest Dr.
 Bus.#(203) 747-6801, 527-1644 Emerg.#(203) 747-3434
 Director: Susan Patrick, Susan Bach
 Hotline Hrs.:24 Drop In Hrs.:By Appt. Only Referrals
 Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation
 Sliding Scale
 Plainville CT 06062

Southington Youth Counseling Center
 Town Hall Annex, 93 Main St.
 Bus.#(203) 584-6281 Emerg.#(203) 584-6281
 Director: Connie Tiffany
 Hotline Hrs.: Drop In Hrs.:Bus. Hrs. + By Appt. Referrals
 Prev. School Fam. Cnsling
 Resident, Under 18
 Southington CT 06489

Mansfield Youth and Family Services Bureau
 4 S. Eagleville Rd.
 Bus.#(203) 429-3317 Emerg.#(203) 429-3317
 Director:
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Some Restrictions
 Storrs CT 06268

CONNECTICUT

Trumbull Counseling Center
 121 Old Mine Road Trumbull CT 06611
 Bus.#(203) 452-5082 Emerg.#(203) 261-5110
 Director: Al Guillorn
 Hotline Hrs.:24 Drop In Hrs.:Emergency Only Referrals
 Prev. School Fam. Cnsling
 Some fees Translation avail. Trumbull Resident

The Bridge
 Junction 1019 - Farmington Ave. West Hartford CT 06107
 Bus.#(203) 521-6890 Emerg.#(203) 521-6890
 Director: Scott Nirendori
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School
 In-patient W. Hartford Residents

Contact of Southeastern CT.
 P.O.Box 249 West Mystic CT 06382
 Bus.#(203) 572-8143 Emerg.#(203) 848-1281
 Director: Sandra Gaston
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Youth Adult Council
 45 Jesup Road Westport CT 06880
 Bus.#(203) 226-8311 Emerg.#(203) 226-8311 X 963
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School Fam. Cnsling
 Some Restrictions

Suicide Bereavement
 P.O. Box 9185 Wethersfield CT 06109
 Bus.#(203) 563-3035, 721-1928 569-8747 Emerg.#
 Director: JoAnn, Donna
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Town of Wethersfield-Office of Youth Services
 505 Silas Deane Highway Wethersfield CT 06109
 Bus.#(203) 529-8611 X 300 Emerg.#(203) 226-8311 X 300
 Director: David E. Lowenkrantz
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Residents Ages 6-20

DELAWARE

Helpline
 James Williams Service Center - River Road Dover DE 19901
 Bus.#(302) 736-4275 Emerg.#(800) 345-6785
 Director: Grace Pesikay
 Hotline Hrs.:24 Drop In Hrs.:8AM-4:30PM Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail

Georgetown Helpline
 Sussex Co. Comm. MHC Georgetown DE 19947
 Bus.#(302) 856-5551 Emerg.#(302) 856-6626
 Director: Nancy Brown
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail.

DELAWARE

Psychiatric Emergency Services
14 Central Avenue
Bus. # (302) 421-6239 Emerg. # (302) 421-6711
Director: Steven Richards
Hotline Hrs.: 24 Drop In Hrs.:
New Castle DE 19720

Contact Wilmington, Inc.
P.O. Box 9514
Bus. # (302) 656--6222 Emerg. # (302) 575-1112
Director: Cathy Devaney
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School
Sign TTY
Wilmington DE 19809

Suicide Prevention Youth Council, United Methodist Church
850 Mt. Lebanon Road
Bus. # (302) 652-8411 Emerg. # (302) 575-1122
Director: Rev. Marlene Walters
Hotline Hrs.: 24 Drop In Hrs.:
Gen. Youth
Free
Wilmington DE 19803

DISTRICT OF COLUMBIA

DC Hotline
P.O. Box 57194
Bus. # (202) 223-0020 Emerg. # (202) 223-2255
Director: Channing Wilkham
Hotline Hrs.: 1PM-1AM, M-F; 9AM-1AM, Drop In Hrs.: Referrals
Washington DC 20037

Emergency Mental Health Services
1905 E. St., SE, Bldg 25
Bus. # (202) 727-6717 Emerg. # (202) 727-3622, 3, 4
Director: Dr. Keisling
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
Testing Evaluation
Sliding Scale Translation avail. DC Residents
Washington DC 20032

St. Francis Center
2201 P Street N.W.
Bus. # (202) 234-5613 Emerg. # (202) 234-5613
Director: Dr. William Wendt
Hotline Hrs.: Drop In Hrs.: 9am-5pm
Prev. School Fam. Cnsling Surv. Testing Evaluation
Washington DC 20037

Death & Dying Organization; Hospice Visits; Grief Handling

Family Stress Services of DC/F.A.C.T. Hotline Program
2001 O Street N.W. - Suite G100
Bus. # (202) 965-1900 Emerg. # (202) 628-3228
Director: Joan Danzansky
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School
Some Restrictions
Washington DC DC 20036

FLORIDA

Peace River Center for Personal Development
1745 Highway 17 South
Bus. # (813) 533-3141 Emerg. # (800) 282-6342, 8135334323
Director: Roy Gaither
Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
Prev. School Fam. Cnsling Surv. Gen. Youth Testing Evaluation
Sliding Scale Spanish In-patient
Group Homes for Children
Barton FL 23830

FLORIDA

Living Afterwards
 3802 33rd Avenue Drive West Bradenton FL 33505
 Bus.#(813) 753-1247 Emerg.#(813) 753-1247
 Director: Kurt & Anita Hoiser
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Manatee Mental Health Center, Inc.
 P.O.Box 9478 Bradenton FL 33506
 Bus.#(813) 747-8648 Emerg.#(813) 748-8585
 Director: Mellany Smith
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale TTY In-patient

COPE Center
 112-A Nelson Defuniak Springs FL 32433
 Bus.#(904) 892-2167 Emerg.#(904) 892-2167
 Director: Judy B. Murphy
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish

Crisis Intervention Center of Broward County, Inc.
 1300 S. Andrews Ave - P.O. Box 22877 Fort Lauderdale FL 33335
 Bus.#(305) 524-8371 Emerg.#(305) 467-6333
 Director: Susan Buza
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Spanish, French,+ TTY

Indian River Community Mental Health Center, Inc.
 800 Ave. H Ft. Pierce FL 33450
 Bus.#(305) 464-8111 Emerg.#(305) 464-8111
 Director: Richard Mills
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Fam. Cnsling Surv., Attempter Testing Evaluation
 Sliding Scale Spanish, Sign TTY In-patient

Crisis Line
 205 Shell Avenue Ft. Walton Beach FL 32548
 Bus.#(904) 244-0151 Emerg.#(904) 244-9191
 Director: Russell Youngblood
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm
 Prev. School Fam. Cnsling Surv., Attemptor Testing Evaluation
 Sliding Scale In-patient

Alachua County Crisis Center
 730 Waldo Road - Suite 100 Gainesville FL 32601
 Bus.#(904) 372-3659 Emerg.#(904) 376-4444
 Director: Dr. Marshall Knudson
 Hotline Hrs.:24 Drop In Hrs.:Unspecified
 Prev. School Fam. Cnsling

Crisis Center of Jacksonville - Suicide Prevention Ctr
 2218 Park Street Jacksonville FL 32204
 Bus.#(904) 387-5641 Emerg.#(904) 387-5641
 Director: Bonnie H. Jacob
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Surv., Attempt.

FLORIDA

Transient Youth Center/Youth Crisis Ctr.
 3015 Parental Items Road Jacksonville FL 32216
 Bus. # (904) 724-6662 Emerg. # (904) 724-6662
 Director: Tom Patania
 Hotline Hrs.: 24 Drop In Hrs.: 24
 Fam. Cnsling Surv., Attemp., Gen. Youth Testing Evaluation
 Sliding Scale Spanish, Sign In-patient Under 18

Courage to Survive - c/o Ctr for Suicidology
 825 W. Center Street - Suite 35B Jupiter FL 33458
 Bus. # (305) 747-3165 Emerg. # (305) 747-3165
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Self Help Support Groups

Key West Helpline, Inc.
 Florida Keys Mem. Hosp. - 5900 Junior College Rd. Key West FL 33040
 Bus. # (305) 294-4357 Emerg. # (305) 296-4357
 Director: Larry Szuch
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School

Help Now in Osceola, Inc.
 917 Emmett St. Kissimmee FL 32741
 Bus. # (305) 847-8562 Emerg. # (305) 847-8811
 Director: Nancy Cassin
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School
 Spanish

Crisis Intervention Center N. Fordham MHA
 P.O. Box 2818 Lake City FL 32056
 Bus. # (904) 752-1045 Emerg. # (904) 752-2140 after hours
 Director: Diana Riviera
 Hotline Hrs.: 24 Drop In Hrs.: Emergency Only Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Jackson Memorial Mental Health Emergency Service
 1611 N.W. 12th Avenue Miami FL 33136
 Bus. # (305) 549-7429 Emerg. # (305) 549-6487
 Director: Hazel Ruffin
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Some fees Translation avail. In-patient

Switchboard of Miami
 35 SW 8th St. Miami FL 33130
 Bus. # (305) 358-1640 Emerg. # (305) 358-HELP
 Director: George R. McKinney
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Spanish Some Restrictions

Contact Teleministries of Miami
 900 N.E. 132nd Street Miami Shores FL 33161
 Bus. # (305) 893-0733 Emerg. # (305) 893-0733
 Director: Joe Mills
 Hotline Hrs.: Intermittently Drop In Hrs.: Referrals

Translation avail. TTY
 Phone Friend Program

FLORIDA

Santa Rosa MH Crisis Line
 705 Stewart St. SW Milton FL 32570
 Bus.#(904) 626-0616 Emerg.#(904) 623-6363
 Director: Don Williams
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale\$50max

MH Services of Orange
 2520 N. Orange Ave. Orlando FL 32804
 Bus.#(305) 896-9306 Emerg.#(305) 896-9306
 Director: Hope Johnson
 Hotline Hrs.: Drop In Hrs.:24 Referrals
 Sliding Scale Spanish In-patient

We Care, Inc.
 112 Pasadena Place Orlando FL 32803
 Bus.#(305) 425-2624 Emerg.#(305) 628-1227, 644-2027 (teens)
 Director: Kathy Anderson
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Surv., Attempters
 Translation avail. TTY

Survivors of Suicide
 112 Pasadena Place Orlando FL 32803
 Bus.#(305) 425-2624 Emerg.#(305) 425-2624
 Director: Marge Greenbaum, Jan Walker
 Hotline Hrs.: Drop In Hrs.:
 Surv., Attempters

Lifeline
 873 S. Tamiami Trail Osprey FL 33559
 Bus.#(813) 966-7471 Emerg.#(813) 966-7471
 Director: Dr. William Young
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation
 Sliding Scale Translation avail. In-patient

Crisis Line-P.C.
 615 N. McArthur Ave. Panama City FL 32401
 Bus.#(904) 769-9481 Emerg.#(904) 769-9484
 Director: Dr. Peter Hamptom
 Hotline Hrs.:24 Drop In Hrs.:8AM-5PM Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Help Line-Pensacola
 1221 W. Lakeview ST. Pensacola FL 32501
 Bus.#(904) 432-1222 Emerg.#(904) 438-1617
 Director: Jo Ellen Wolfe
 Hotline Hrs.:24 Drop In Hrs.:8AM-5PM Referrals
 Prev. School Fam. Cnsling Surv. Testing Evaluation
 Sliding Scale TTY In-patient

Suicide/Crisis Hotline
 566 Barton Blvd. - Suite 4 Rockledge FL 32955
 Bus.#(305) 631-8944 Emerg.#(305) 631-8944
 Director: Robin Nobling
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Surv.

FLORIDA

Suicide/Crisis Hotline/Brevard Mental Health Center
 1770 Cedar Rockledge FL 32955
 Bus.#(305) 632-9480 Emerg.#(305) 631-8944
 Director: James Whitaker
 Hotline Hrs.:24 Drop In Hrs.:Emergency Only Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale TTY In-patient

Teen & Parent Stress Line/MHA of Brevard Co., Inc.
 566 Barton Blvd. - Suite 4 Rockledge FL 32955
 Bus.#(305) 631-9290 Emerg.#(305) 631-8944
 Director: Robin Nobling
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Lifeline
 1700 S. Tamiami Sarasota FL 33579
 Bus.#(813) 955-8702 Emerg.#(813) 955-8702
 Director: Steven Feldstein
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Hotline/Information and Referral/Alternative Human Svcs, Inc.
 P.O.Box 13087 St. Petersburg FL 33733
 Bus.#(813) 536-9464 Emerg.#(813) 536-1100
 Director: Roy Miller
 Hotline Hrs.:24 Drop In Hrs.:
 Evaluation
 TTY

Juvenile Services Program, Inc.
 3435 1st Ave. S. St. Petersburg FL 33710
 Bus.#(813) 821-2443 Emerg.#(813) 821-2443
 Director: Renee Jones
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Telephone Counseling and Referral Service
 P.O.Box 20169 Tallahassee FL 32316
 Bus.#(904) 224-6333 Emerg.#(904) 224-6333
 Director: Ron Doyle, Randy Nicholas
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Contact Tampa Help Line
 P.O. Box 10117 Tampa FL 33679
 Bus.#(813) 251-4040 Emerg.#(813) 251-4000, 253-2020
 Director: Al Phillips
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 TTY
 Contact Reassurance

Suicide and Crisis Center
 2214 E. Henry Ave. Tampa FL 33610
 Bus.#(813) 238-8821 Emerg.#(813) 238-8821
 Director: Corol
 Hotline Hrs.:24 Drop In Hrs.:Emergency Only Referrals
 Prev. School Surv.
 Spanish TTY

FLORIDA

Crisis Line/Information & Referral Service, Inc.
 P.O. Box 15522 West Palm Beach FL 33416
 Bus. # (305) 689-3332 Emerg. # (305) 689-4000, 272-1121, 996-1121
 Director: Helen McKinnon
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnslng
 Spanish TTY

Palm Beach County Youth Service Bureau
 4210 Australian Ave. West Palm Beach FL 33407
 Bus. # (305) 837-2300 Emerg. # (305) 837-2300
 Director: Max Beverly
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnslng Attempters
 Some Restrictions

Parent-Child Study Center
 4802 East Avenue West Palm Beach FL 33407
 Bus. # (305) 844-3466 Emerg. # (305) 844-3466
 Director: Beth A. Male
 Hotline Hrs.: 9am-5pm Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnslng Gen. Youth Issues Testing Evaluation
 Sliding Scale

Help & Resource Line of Winter Haven
 Comm. MH Center Winter Haven Hospital Winter Haven FL 33881
 Bus. # (813) 293-1121 Emerg. # (813) 299-5858, (800) 282-7631
 Director: Tom Gilbert
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 TTY
 Teen line 294-2682

GEORGIA

Survivors of Suicide, c/o Albany Community Hospice
 417 3rd Avenue - P.O. Box 1828 Albany GA 31703
 Bus. # (912) 883-1800 Emerg. # (912) 883-1800
 Director: Joanne McDonald, Parma Kennedy
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Bridge Family Center
 77 Peach Street Place N.W. Atlanta GA 30309
 Bus. # (404) 881-8344 Emerg. # (404) 881-8346
 Director: Ken Suanders
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnslng Self help Groups
 Sliding Scale

De Kalb Emergency and Crisis Intervention Services
 1256 Briarcliff Rd. NE Atlanta GA 30306
 Bus. # (404) 892-4646 Emerg. # (404) 892-4646
 Director: Dr. Robert Hill
 Hotline Hrs.: Unspecified Drop In Hrs.: Unspecified

Some fees Spanish, Oriental TTY County Residents

Emergency Mental Health Service
 99 Butler SE Atlanta GA 30311
 Bus. # (404) 572-2626 Emerg. # (404) 522-9222
 Director: Allen Burrell
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnslng
 Translation avail.

GEORGIA

The Link Counseling Center
218 Hilderbrand Drive Atlanta GA 30328
Bus.#(404) 256-9797 Emerg.#(404) 256-9797
Director: Iris M. Bolton
Hotline Hrs.:10AM-10PM, M-Th; 10AM-4 Drop In Hrs.:Unspecified
Prev. School Fam. Cnsling Surv., Attempters
Sliding Scale

Help Line
P.O.Box 1724/630 Ellis Street Augusta GA 30901
Bus.#(404) 724-4357 Emerg.#(404) 724-4357
Director: Faye Hardy
Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
Prev. School
Translation avail.

Emergency Services - Cobb/Douglas Community MH Service Area
Austell GA 30001
Bus.#(404) 941-2416 Emerg.#(404) 422-0202
Director: Jim Perry
Hotline Hrs.:24 Drop In Hrs.: Referrals
Prev. School Fam. Cnsling Testing Evaluation
Sliding Scale Sign County Residents

Contact Chattahoochee Valley
P.O. Box 12002 Columbus GA 31907
Bus.#(404) 327-3999 Emerg.#(404) 327-3999
Director: Susan Stanton
Hotline Hrs.:24 Drop In Hrs.: Referrals

Contact Hall County
P.O. Box 1616 Gainesville GA 30503
Bus.#(404) 536-7145 Emerg.#(404) 534-0617, 534-0618
Director:
Hotline Hrs.:24 Drop In Hrs.:

TTY

Odyssey Family Counseling Center
3578 South Fulton Avenue Hateville GA 30354
Bus.#(404) 766-1616 Emerg.#(404) 766-1616
Director: Dan Servella
Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals
Prev. School Fam. Cnsling Attempters, Gen. Youth Issues Testing Evaluation
Sliding Scale

Lawrenceville Emergency Services/Gwinnett MH Center
175 Gwinnett Drive Lawrenceville GA 30245
Bus.#(404) 963-8141 Emerg.#(404) 963-3223
Director: Bill Mahaffey
Hotline Hrs.:24 Drop In Hrs.:9am-5pm
Testing Evaluation
Sliding Scale

Crisis Line of Macon & Bibb Co.
P.O.Box 56 Mercer Univ. Macon GA 31207
Bus.#(912) 745-9293 Emerg.#(912) 745-9292
Director: Lynn Sosby
Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

GEORGIA

Clayton Crisis Line
 15 SW Upper Riverdale Rd.
 Bus. # (404) 996-4357 Emerg. # (404) 996--4361
 Director: Jane Cannon
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Riverdale

GA 30274

First Call For Help
 P.O. Box 9119
 Bus. # (912) 232-3383 Emerg. # (912) 232-3383
 Director: Lenora Broome
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Savannah

GA 31412

Spanish, +

The Hub Counseling Center
 5155 Lavista Road
 Bus. # (404) 934-5600 Emerg. # (404) 934-5600
 Director: Tom McIntyre
 Hotline Hrs.: Drop In Hrs.: 9am-10pm Referrals
 Prev. School Fam. Cnsling Attempters, Gen. Youth Issues
 Sliding Scale

Tucker

GA 30084

Kona Crisis Center
 P.O. Box 4363
 Bus. # (808) 329-6744 Emerg. # (808) 329-9111, 969-9111
 Director: Audra O'Neill
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail.

Kailua-Kona

HI 96740

Helpline Kauai
 P.O. Box 3541
 Bus. # (808) 822-1867 Emerg. # (808) 822-7435
 Director: Marinell Eron
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Kilauea

HI 96754

Helpline-Wailuku
 95 Mahalani Street
 Bus. # (808) 244-7405 Emerg. # (808) 244-7407
 Director: Mary Lee Lopes
 Hotline Hrs.: 24 Drop In Hrs.:

Wailuku, Maui

HI 96793

Suicide and Crisis Center/Volunteer Information & Referral
 200 N. Vineyard Blvd., Rm. 601 Honolulu
 Bus. # (808) 536-7234 Emerg. # (808) 521-4555, 521-4566
 Director: Karl Muller
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 All Languages In-patient

HI 96817

IDAHO

Emergency Line/Region 4 MH Ctr.
 1105 S. Orchard
 Bus. # (208) 338-5490 Emerg. # (208) 338-5474
 Director: Dr. Candice Crowe
 Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail.
 Community Support, Drug Treatment

Boise

ID 83705

IDAHO

Suicide Crisis/Reachout
 P. O. Box 4415
 Bus.#(208) 377-0678 Emerg.#(208) 376-5000
 Director: Doris
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Boise ID 83711

Teen Counselors

Warm Springs Center
 7440 Warm Springs Avenue
 Bus.#(208) 343-7797 Emerg.#(208) 386-3339
 Director: Barry Watts
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Evaluation
 Sliding Scale Some Restrictions
 Children Learning & Emotion Problems
 Boise ID 83712

Emergency Line
 2195 Ironwood Court
 Bus.#(208) 667-6406 Emerg.#(208) 667-6406
 Director:
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School
 Sliding Scale
 Coeur d'Alene ID 83814

Emergency Services-Idaho Falls
 150 Shoup Avenue
 Bus.#(208) 525-7129 Emerg.#(208) 525-7129
 Director: Paul Shkee
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Fam. Cnsling Gen. Youth Issues Testing Evaluation
 Sliding Scale
 Idaho Falls ID 83402

LDS Social Services
 1420 East 17th Street, Suite B
 Bus.#(208) 529-5276 Emerg.#(208) 529-5276
 Director: Athur E. Finch
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 \$25/hr Spanish Referred By Ecclesiastical
 Unwed Mother Program
 Idaho Falls ID 83401

Lutheran Family Services/Christian Counseling Svcs of ID, Inc.
 545 Shoup Ave.
 Bus.#(208) 529-4673 Emerg.#(208) 529-4673
 Director: Kirk Anderson
 Hotline Hrs.: Drop In Hrs.:Unspecified
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale
 Lifeskills Academy
 Idaho Falls ID 83402

Emergency Line-Kellog
 313 W. Cameron
 Bus.#(208) 784-1351 Emerg.#(208) 667-6406 773-2906
 Director: Ken Patterson
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Some Restrictions
 Kellog ID 83837

IDAHO

YWCA Crisis Services
 300 Main Street
 Bus.#(208) 746-9655 Emerg.#(208) 746-9655
 Director: Deborah Haines
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnslng Attempters, Gen. Youth Issues
 Some fees Spanish
 Battered Women's Shelter

Lewiston

ID 83501

Crisis Line/Crisis Corner
 Benewah County Court House & Annex
 Bus.#(208) 245-5753 Emerg.#(208) 245-5353
 Director: Sue Jostrum
 Hotline Hrs.:Unspecified Drop In Hrs.: Referrals
 Prev. School

St. Maries

ID 83861

Emergency Line
 128 S. 7th Street
 Bus.#(208) 245-2541 Emerg.#(208) 667-6406
 Director: Al Italverson
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnslng
 Sliding Scale

St. Maries

ID 83861

Emergency Services/MH Ctr. of Twin Falls
 823 Harison
 Bus.#(208) 734-9770 Emerg.#(208) 734-4002
 Director: Phillip Grover
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnslng Testing Evaluation
 Sliding Scale Translation avail.

Twin Falls

ID 83301

Madison Co. Mental Health Center, Inc.
 P.O. Box 1034
 Bus.#(618) 462-3505 Emerg.#(618) 462-2331
 Director: Terry J. Peck
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 In-patient Some Restrictions
 Pre-screening for State Hospital

Alton

ILLINOIS
IL 62002

Union County Counseling Service
 204 South St.
 Bus.#(618) 833-8551 Emerg.#(618) 833-8551
 Director: Richard Johnson
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnslng Testing Evaluation
 Counseling County Residents

Ana

IL 62906

Crisis Line of the Fox Valley
 309 W. New Indian Trail Court
 Bus.#(312) 897-5531 Emerg.#(312) 897-5522
 Director: Stephanie Webber-Slepicka
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Surv., Attempters
 Spanish TTY
 Phone Pal

Aurora

IL 60506

Call for Help
 500 Wilshire Drive
 Bus.#(618) 397-0968 Emerg.#(618) 397-0963,4
 Director: Joanne Pisl/Marie Ehrst
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Fam. Cnslng Surv., Attempters Testing Evaluation
 In-patient

Belleville

IL 62223

ILLINOIS

Emergency Crisis Intervention Team/McLain Co. Ctr. Hum. Svcs.
 108 West Market Street Bloomington IL 06170
 Bus. # (309) 827-5351 Emerg. # (309) 827-5351
 Director: Allan Spear
 Hotline Hrs.: 24 Drop In Hrs.: 8AM-5PM, M-F
 Prev. School Testing Evaluation
 Sliding Scale Translation avail.

PATH-Personal Assistance Telephone Help
 201 East Grove Street Bloomington IL 61701
 Bus. # (309) 828-1922 Emerg. # (800) 827-4005
 Director: Joe Gibson
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

TTY

Crisis Line/Pulaski Mental Health Association
 1001 Wahington Avenue Cairo IL 62914
 Bus. # (618) 734-2665 Emerg. # (618) 734-2665
 Director: Roger Alannan
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation
 Sliding Scale In-patient

Emergency Service/Champaign Co. MH Ctr.
 600 E. Park Champaign IL 61820
 Bus. # (217) 398-8080 Emerg. # (217) 359-4141
 Director: Greg Sikora
 Hotline Hrs.: 24 Drop In Hrs.: 8:30-5 M-F; to 7PM M&Th Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale County Resident

In Touch Help
 Univ. of IL P.O. Box 4348 Chicago IL 60680
 Bus. # (312) 996-5535 Emerg. # (312) 996-5535
 Director: Berry Greenwald
 Hotline Hrs.: 6PM-3AM Drop In Hrs.: Referrals
 Prev. School

L.O.S.S. Loving Outreach to Survivors of a Suicide
 126 North Desplaines Street Chicago IL 60606
 Bus. # (312) 236-3112 Emerg. # (312) 249-3500
 Director: Rev. Edwin M. Conway/Mr. Donald W. Kent
 Hotline Hrs.: Drop In Hrs.: Referrals
 Surv.

The Samaritans of Chicago
 5638 S. Woodlawn Ave. Chicago IL 60637
 Bus. # (312) 947-8844 Emerg. # (312) 947-8300
 Director: Jan Dyson
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Dewitt Co. Human Resource Center
 P.O. Box 616 - 1150 Route 54 West Clinton IL 61727
 Bus. # (217) 935-9496 Emerg. # (217) 935-9496
 Director: Dan Boehmer
 Hotline Hrs.: 24 Drop In Hrs.: 8AM-9PM, M-Th; 8-5 F Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

ILLINOIS

Community Counseling Services

2105 Vandalia Suite #1

Collinsville

IL 62234

Bus. # (618) 344-0393 Emerg. # (618) 877-4420

Director: Jon Johnson

Hotline Hrs.: 24 Drop In Hrs.: 8:30-5 W-F, To 8:30 M-T Referrals

Fam. Cnsling

Sliding Scale

The Center for Children's Services

702 N. Logan

Danville

IL 61832

Bus. # (217) 446-1300 Emerg. # (217) 446-1300

Director: Dr. Marilyn S. Kolton

Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals

Fam. Cnsling Gen. Youth Issues Testing Evaluation

Sliding Scale Under 18

Youth Shelter, Youth Advocates Program

Simmissippi Mental Health Center

325 Illinois Route 2

Dixon

IL 61021

Bus. # (815) 284-6611 Emerg. # (800) 242-7642

Director: Lloyf Sidwell

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling Attempters, Gen Youth Issues Testing Evaluation

Sliding Scale County Residence

Children of Divorcing Parents Programs

Perry Co. Help Line

R.R.1, Box 143

DuQuoin

IL 62832

Bus. # (618) 542-4357 Emerg. # (618) 542-4357

Director: John Vienskus

Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Fam. Cnsling Attempters, Gen. Youth Issues

Sliding Scale County Resident

Egyptian Public & Mental Health Dept.

Rt. 45

Eldorado

IL 62930

Bus. # (618) 273-3326 Emerg. # (618) 273-3326

Director: Joe Hostabar

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling Attempters, Gen. Youth Issues Evaluation

Sliding Scale

Community Crisis Center

P.O. Box 1390

Elgin

IL 60121

Bus. # (312) 742-4031 Emerg. # (312) 742-4031 697-2380

Director: Gretchen Vatnar

Hotline Hrs.: 24 Drop In Hrs.: 9am-10pm Referrals

Prev. School Fam. Cnsling Attempters, Gen Youth Issues

Spanish

Shelter for Abused Women

Talk Line/Kids Line, Inc.

P.O. Box 1321

Elk Grove

IL 60007

Bus. # (312) 981-1271 Emerg. # (312) 228-5437, 228-5437

Director: Lorraine LaSusa

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Evanston Hospital Crisis Intervention

2650 Ridge Ave.

Evanston

IL 60201

Bus. # (312) 492-6500 Emerg. # (312) 492-6500

Director: Mary McMahon

Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Prev. School Fam. Cnsling Evaluation

Sliding Scale Translation avail. In-patient

ILLINOIS

Contact Stephenson Co.

P.O. Box 83

Bus.#(815) 233-4357 Emerg.#(815) 233-4357

Director: Linda Browsey

Hotline Hrs.:24 Drop In Hrs.: Referrals

Freeport

IL 61032

Jane Addams Community M.H. Center

222 West Exchange Street, Suite #201

Bus.#(815) 232-4183 Emerg.#(815) 232-4183

Director: Dan Neal

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnslng Attempters, Gen. Youth Issues Testing Evaluation

Sliding Scale Stephenson Co. Resident

Drug Prevention Project, Youth Services Network

Freeport

IL 61032

Spoon River Community MHC

302 E. Main Street; Suite #530

Bus.#(309) 343-1673 Emerg.#(800) 322-7143

Director: David M. Praszek

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnslng Attempters, Gen. Youth Issues Testing Evaluation

Sliding Scale Translation avail. TTY In-patient Residents

Galesburg

IL 61401

Henry County Youth Services Bureau, Inc.

101 1/2 South State St.

Bus.#(309) 944-6354 Emerg.#(309) 944-6354, 852-0161

Director: Sue Fontyne

Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals

Fam. Cnslng Attempters, Gen. Youth Issues

Geneseo

IL 61254

Transition - c/o Hammond Henry Hospital

210 West Elk Street

Bus.#(309) 944-4435 Emerg.#(309) 944-4435

Director: Dorothy Ryan

Hotline Hrs.: Drop In Hrs.: Referrals

Surv.

Geneseo

IL 61254

Community Counseling Services

508 Broadway

Bus.#(618) 654-7232 Emerg.#

Director:

Hotline Hrs.: Drop In Hrs.:

Highland

IL 62249

Helpline

200 S.Main St.

Bus.#(217) 532-9581 Emerg.#(217) 532-6191

Director: Emmy Rhinehart

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnslng Testing Evaluation

Sliding Scale

Hillsboro

IL 62049

Crisis Line of Will County

P.O.Box 2354

Bus.#(815) 744-5280 Emerg.#(815) 722-3344

Director: Sr. Mary Francis Sealey

Hotline Hrs.:24 Drop In Hrs.: Referrals

Joliet

IL 60435

TTY

ILLINOIS

The Will County Mental Health Center
 501 Ella Joliet IL 60433
 Bus.#(815) 727-8512 Emerg.#(815) 727-8512
 Director: John W. Botts
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnsling Gen. Youth Issues
 Sliding Scale Spanish, Cambodian "High Risk" Defined By St.
 Group Home for Adults, Alcohol Counseling

Connection Counseling and Telephone Referral
 P.O. Box 906 Libertyville IL 60048
 Bus.#(312) 362-3381 Emerg.#(312) 367-1080
 Director: Nancy Helmick
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Over 18 For Shelter
 Workshops - \$40/weekend

Crisis Clinic
 315 8th Lincoln IL 62656
 Bus.#(217) 732-2161 Emerg.#(217) 732-3600
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Macomb Sr. High School
 1525 S. Johnson Macomb IL 61455
 Bus.#(309) 837-2331 Emerg.#(309) 837-2331
 Director: Dr. Gail Conley
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Prev. School Attempters

Peer & Group Counseling

Crisis Line/Jefferson County Comprehensive Services, Inc.
 Route 47 North Mt. Vernon IL 62864
 Bus.#(618) 242-1510 Emerg.#(618) 242-1512
 Director: John Hansen
 Hotline Hrs.:24 Drop In Hrs.:8AM-5PM, M-S Referrals
 Fam. Cnsling
 Sliding Scale

Irene Josselyn Clinic
 405 Central Northfield IL 60093
 Bus.#(312) 441-5600 Emerg.#(312) 441-5600
 Director: Dottie Palombo
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Spanish, Southeast TTY

The Compassionate Friends, Inc.
 P.O.Box 3696 Oak Brook IL 60522
 Bus.#(312) 323-5010 Emerg.#(312) 323-5010
 Director: Terese Goodrich
 Hotline Hrs.: Drop In Hrs.:
 Surv.

LaSalle County Youth Service Bureau
 827 Columbus Ottawa IL 61350
 Bus.#(815) 433-3953 Emerg.#(815) 433-3953
 Director: Dave McClure
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling
 9-17 Only

ILLINOIS

Human Resources Center P.O.Box 302 Bus. # (217) 465-4118 Emerg. # (217) 465-4118 Director: John Young Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals Fam. Cnslng Testing Evaluation Sliding Scale	Paris	IL 61944
Call For Help 5407 N. University Bus. # (309) 692-1766 Emerg. # (309) 691-7373 Director: Barbara Runyan Hotline Hrs.: Drop In Hrs.: Referrals Prev. School Fam. Cnslng Tri-county Area Teenage suicide workshop	Peoria	IL 61614
Human Service Center 600 Fayette Street Bus. # (309) 671-8000 Emerg. # (309) 671-8000 Director: Jack Gilligan/Gene Myers Hotline Hrs.: 24 Drop In Hrs.: 8AM-9PM M-F; ERS: 24 Hrs. Referrals Fam. Cnslng Surv., Attempters Testing Evaluation Sliding Scale	Peoria	IL 61603
Suicide Prevention Service/Community Counseling P.O. Box 3246/4409 Main Bus. # (217) 223-0413 Emerg. # (217) 222-1166 Director: Barbara Baker Chapin Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals Prev. School Fam. Cnslng Testing Evaluation Sliding Scale	Quincy	IL 62301
Contact Rockford P.O.Box 1976 Bus. # (815) 964-0400 Emerg. # (815) 964-4044 Director: Barbara Roman Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School TTY	Rockford	IL 61110
Crisis Line/Moultrie County Counseling Center 2 West Adam Street Bus. # (217) 728-4358 Emerg. # (271) 728-7611 Director: Ronald Matthew Hotline Hrs.: 24 Drop In Hrs.: 8AM-6PM Referrals Fam. Cnslng Testing Evaluation Sliding Scale	Sullivan	IL 61951
Helpline/Christian County MH Assoc. P.O. Box 438 Bus. # (217) 824-4905 Emerg. # (271) 824-3335 Director: Art Larsson Hotline Hrs.: 24 Drop In Hrs.: 8AM-6PM, M-Th; 8AM-9PM M Referrals Prev. School Fam. Cnslng Surv. Testing Evaluation Sliding Scale TTY	Taylorville	IL 62568
Crisis Services of Madison County/Mental Health Center P.O. Box 570 Bus. # (618) 877-4420 Emerg. # (618) 877-4420 Director: Betty McMillan Hotline Hrs.: 24 Drop In Hrs.: Referrals Prev. School Fam. Cnslng In-patient	Wood River	IL 62095

INDIANA

Contact Help

P.O.Box 303

Bus.#(317) 649-4939 Emerg.#(317) 649-5211

Director: Dr. Royce Fitts

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School

TTY

Anderson

IN 46015

Montgomery County Youth Service Bureau, Inc.

209 East Pike

Crawfordsville

IN 47933

Bus.#(317) 362-0694 Emerg.#(317) 362-0694

Director: Linda Ostermeier

Hotline Hrs.: Drop In Hrs.:M-F9am-9:30pm Referrals

Family and Children Service, Inc.

305 S. 3rd Ave

Evansville

IN 47708

Bus.#(812) 425-5181 Emerg.#

Director: Mr. Ebert

Hotline Hrs.: Drop In Hrs.:M-F8am-6pm Referrals

Fam. Cnsling

Sliding Scale

Southwestern Indiana Mental Health Center

415 Mulberry St.

Evansville

IN 47713

Bus.#(812) 423-7791 Emerg.#(812) 423-7791

Director: Ralph Nichols

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling Surv., Attempters Testing Evaluation

Sliding Scale Trans. for Deaf In-patient State Residency

Youth Service Bureau

312 NW 7th St.

Evansville

IN 47708

Bus.#(812) 423-5816 Emerg.#(812) 423-5816

Director: Mary Ellen Harkins

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling

Sliding Scale Language Bank

Switchboard Crisis Intervention Hotline & Crisis Shelter

316 West Creighton

Fort Wayne

IN 46807

Bus.#(219) 745-7914 Emerg.#(219) 456-4561

Director: Kerry Kerr-McAvoy

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling

Sliding Scale TTY In-patient Some Restrictions

Crisis Center

215 N. Grand Blvd

Gary

IN 46403

Bus.#(219) 980-4207 Emerg.#(219) 980-9243

Director: Donald G. Capp

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Surv.

In-patient

Contact

Greencastle

IN 46135

Bus.#(317) 653-5040 Emerg.#(317) 653-2645

Director: Joanne Robertson

Hotline Hrs.:24 Drop In Hrs.: Referrals

INDIANA

Stress-Striving to Reach Every Survivor of Suicide

2450 169th St.

Hammond

IN 46323

Bus. # (219) 845-2720 Emerg. #

Director: Dee Enrico-Janik

Hotline Hrs.: Drop In Hrs.:

Prev. School Surv.

Crisis & Suicide Intervention Services

1433 North Meridian St., Room 202

Indianapolis

IN 46202

Bus. # (317) 269-1569 Emerg. # (317) 632-7575

Director: Mary Hoffman

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Spanish

Survivors of Suicide

1433 N. Grant Avenue

Indianapolis

IN 46201

Bus. # (317) 359-5825, 353-4743 Emerg. #

Director: Pat Walsh, Jim Gaynor

Hotline Hrs.: Drop In Hrs.:

Surv.

Lafayette Crisis Center

803 N. 8th Street

Lafayette

IN 47904

Bus. # (317) 742-0244 Emerg. # (317) 742-0244

Director: Becky Draces

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School

Community Mental Health Center, Inc.

285 Bielby Rd.

Lawrenceburg

IN 47025

Bus. # (812) 537-1302 Emerg. # (800) 832-5378 812-537-1302

Director: Marge Adams

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale In-patient

Project Help Crisis & Suicide Intervention

617 North East St.

Lebanon

IN 46052

Bus. # (317) 482-1599 Emerg. # (317) 482-1599

Director: Sarah Bean

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School

Spanish

Contact-Cares Inc. of NW Indiana

P.O. Box 10247

Merrillville

IN 46411

Bus. # (219) 769-3278 Emerg. # (219) 769-3141, 374-7600 462-9880

Director: Rev. Mary Alice Bestle

Hotline Hrs.: 9am-10pm Drop In Hrs.: Referrals

TTY

We the Living

316 Barnyard

Monroeville

IN 46773

Bus. # (219) 623-3125 Emerg. #

Director: Trudy Bragg

Hotline Hrs.: Drop In Hrs.:

Surv.

INDIANA

Twin Lakes Contact
 P.O.Box 67
 Bus.#(219) 583-4357 Emerg.#(219) 583-4357
 Director: Mr. & Mrs. Donald Haase
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Monticello IN 47960

Survivors of Suicide
 Moresville United Methodist Church
 Bus.#(317) 831-3376 Emerg.#
 Director: Rev. Harold Walker
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Moresville IN

Community Intervention Center
 615 E. Washington St.
 Bus.#(317) 289-0404 Emerg.#(317) 289-0404
 Director: Jayne Poland
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Gen. Youth

Muncie IN 47305

Delaware Co. Youth Services Bureau, Inc.
 722 E. Main St.
 Bus.#(317) 289-8940 Emerg.#(317) 289-8940
 Director: Raymond Johnson
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnslng Gen. Youth Testing Evaluation
 Sliding Scale Spanish In-patient Delaware Co. Residents <18

Muncie IN 47305

Samaritan Center on the Ridge
 8955 Columbia
 Bus.#(219) 923-8110 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:By Appt. Only Referrals
 Fam. Cnslng Testing Evaluation

Munster IN 46321

Youth Service Bureau/Runaway Shelter
 1322 Lincoln Way East
 Bus.#(219) 284-9396 Emerg.#(219) 284-9396
 Director: Mary Poczik
 Hotline Hrs.: Drop In Hrs.:9am-5pm Referrals
 Fam. Cnslng
 In-patient
 Mostly a Runaway Shelter

South Bend IN 46613

Suicide Helpline of Iowa

IOWA

Bus.#(800) 638-4357 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:

IA

Open Line
 P.O.Box 1138 - ISU Station
 Bus.#(515) 292-7000 Emerg.#(515) 292-7000
 Director: Pam Tweed
 Hotline Hrs.:9AM-Midnight Drop In Hrs.: Referrals

Ames IA 50010

IOWA

Foundation 2
1251 Third Ave. SE Cedar Rapids IA 52401
Bus. # (319) 362-2174 Emerg. # (319) 362-2174
Director: Steve Meyer
Hotline Hrs.: 24 Drop In Hrs.: 10AM-8PM Referrals
Prev. School
Sliding Scale

Suicide Help Center
P.O. Box 711 Clearlake IA 50428
Bus. # (515) 357-4357 Emerg. # (800) 638-4357
Director: Mitch Anthony
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Prev. School Self help Groups

Information, Referral, and Assistance Service
311 Rugby St. Davenport IA 52801
Bus. # (319) 324-0625 Emerg. # (319) 324-0625
Director: Jeniveve Rafferty
Hotline Hrs.: 9am-5pm Drop In Hrs.: Referrals
Testing
Spanish

Suicide Line at Mercy Hospital/Vera French Comm. Hth Ctr.
1441 W. Central Park Avenue Davenport IA 52804
Bus. # (319) 383-1900 Emerg. # (319) 383-1900
Director: Thomas A. Garside, M.D.
Hotline Hrs.: 24 Drop In Hrs.: 9AM-9PM Referrals
Prev. School Fam. Cnsling Gen. Youth Testing Evaluation
Sliding Scale Spanish, Vietnamese In-patient Some Restrictions
Emotionally Disturbed Youth Programs

Crisis Line/Community Telephone Counseling
P.O. Box 7067/2116 Grand Avenue Des Moines IA 50309
Bus. # (515) 244-6700 Emerg. # (515) 244-1000, 244-1010
Director: Paula Kelly, Carolyn Scholl
Hotline Hrs.: 3PM-8AM Drop In Hrs.:

Family Crisis Intervention Unit of Des Moines
1101 Walnut Street Des Moines IA 50308
Bus. # (515) 288-1981 Emerg. # (515) 288-8939
Director: Kathleen Moore
Hotline Hrs.: 24 Drop In Hrs.: Referrals
Fam. Cnsling
Polk County Residents

First Call for Help
700 Sixth Avenue Des Moines IA 50309
Bus. # (515) 244-8646 Emerg. # (800) 532-1194
Director: Onez Morrill
Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Spanish TTY

Phone A Friend Crisis Line, Inc.
Suite 420 - Nester Center Dubuque IA 52001
Bus. # (319) 557-8331 Emerg. # (319) 588-4016
Director: Barbara Pauling
Hotline Hrs.: 24 Drop In Hrs.: 8AM-4:30PM Referrals
Prev. School
Translation avail. TTY

IOWA

Iowa City Crisis Intervention Center
 26 East Market
 Bus.#(319) 351-2726 Emerg.#(319) 351-0140
 Director: Ken Kaupi
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Translation avail. TTY

Iowa City IA 52240

Ray of Hope
 P.O.Box 2323
 Bus.#(319) 351-0330 Emerg.#
 Director: Betsy Ross
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Iowa City IA 52244

United Action for Youth
 P.O.Box 892311 N. Linn Street
 Bus.#(319) 338-7518 Emerg.#(319) 338-7518
 Director: Jim Swain
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Surv.

Iowa City IA 52244

A.I.D. Center (Assistance, Information & Direction)
 206 Sixth Street
 Bus.#(712) 252-1861 Emerg.#(800) 352-4929
 Director: Jean Sandman
 Hotline Hrs.:24 Drop In Hrs.:7:30AM-7:30PM Referrals

Sioux City IA 51101

Translation avail. TTY

Suicide Prevention of Sioux City/St. Luke's Reg. Med. Ctr.
 2701 Stone Park Blvd.
 Bus.#(712) 279-3500 Emerg.#(712) 279-3500
 Director: Mary Pithan
 Hotline Hrs.: Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Fee Scale Spanish, French,+ In-patient
 out-patient group therapy

Sioux City IA 51104

Integrated Crisis Service
 2530 University Ave
 Bus.#(319) 233-8484 Emerg.#(319) 233-8484
 Director: Jan Stephens/Lauren King
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School
 Translation avail.

Waterloo IA 50701

Suicide Grief Support Group
 828 West 4th Street
 Bus.#(319) 234-1724 Emerg.#(319) 233-5538
 Director: Keith Stokes
 Hotline Hrs.: Drop In Hrs.:
 Prev. School Surv.

Waterloo IA 50702

KANSAS

Heart Beat
 R.R. #1 - P.O. Box 38
 Bus.#(913) 734-2626 Emerg.#(913) 734-2626
 Director: Nancy Semler
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Bird City KS 67731

KANSAS

Area Mental Health Center
 W. Highway 50 Bypass Dodge City KS 67801
 Bus. # (316) 227-8566 Emerg. # (316) 227-8566
 Director: Dr. Donald J. Ford
 Hotline Hrs.: Drop In Hrs.: 9am-5pm
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Emergency Services
 705 S. Commercial Emporia KS 66801
 Bus. # (316) 342-6116, 342-0548 Emerg. # (316) 343-2626
 Director: John G. Randolph/A.M. Raju
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Area Mental Health Center
 1111 E. Spruce Garden City KS 67846
 Bus. # (316) 276-7689 Emerg. # (316) 276-7689
 Director: Ron Mootray
 Hotline Hrs.: 24 Drop In Hrs.: Unspecified Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Spanish, Vietnamese

Helpline/Southeast Kansas MHS
 1106 South 9th Street Humboldt KS 66748
 Bus. # (316) 473-2241 Emerg. # (316) 473-2241
 Director: Paul Thomas
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Hotline/Crisis Intervention
 P.O. Box 792 Hutchinson KS 67501
 Bus. # (316) 663-7701 Emerg. # (316) 663-2701
 Director: Jerry Ingram
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Suicide Prevention Center & Crisis Line
 Wyandot Mental Health Center 36th & Eaton Kansas City KS 66103
 Bus. # (913) 831-9500 Emerg. # (913) 831-1773
 Director: Dr. Steve Solomon
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Headquarters
 1419 Massachusetts Lawrence KS 66044
 Bus. # (913) 841-2345 Emerg. # (913) 841-2345
 Director: Marcia Etstein
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School

The Phone, Inc.
 1223 Thurston Manhattan KS 66502
 Bus. # (913) 532-6565 Emerg. # (913) 532-6565
 Director: Paul Nelson
 Hotline Hrs.: 5PM-8:30AM Drop In Hrs.: Unspecified Referrals

Ray of Hope
 704 Creek
 Bus.#(316) 421-3254 Emerg.#(316) 421-3254
 Director: Ann J. Gorrell
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Parsons KS 67357

Hotline Crisis Info. & Referral
 P.O.Box 1982
 Bus.#(913) 827-4803 Emerg.#(913) 827-4747
 Director: Pat Ackley
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School
 Spanish

Salina KS 67402

Area Mental Health Center
 210 West Fourth Street
 Bus.#(316) 872-5338 Emerg.#(316) 872-5338
 Director: Robert Funk
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Scott City KS 67871

Shawnee Comm. MH Center Emergency Services
 2401 W. 6th
 Bus.#(913) 233-1730 Emerg.#(913) 233-1730
 Director: Eunice Ruttinger
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Self help Groups
 Sliding Scale Language Bank

Topeka KS 66606

Topeka Youth Project
 1100 Gage Blvd.
 Bus.#(913) 273-4141 Emerg.#(913) 273-4141
 Director: Melissa Porter Masoner
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

Topeka KS 66604

Topeka Area Coordinator for 7 Prevention Programs

Survivors of Suicide
 1007 Green
 Bus.#(913) 232-5086 Emerg.#
 Director: Kay Olsen
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Topeka KS 66616

Area Mental Health Center
 102 W. Flower
 Bus.#(316) 356-3198 Emerg.#(316) 356-3198, 356-1226
 Director: Don Gleason
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Fam. Cnsling Evaluation

Ulysses KS 67880

Emergency Service/Cedgewick Co. Dept. of MH
 1801 East 10th Street
 Bus.#(316) 268-8251 Emerg.#(316) 686-7465
 Director: Clinton Willsie
 Hotline Hrs.:24 Drop In Hrs.:8AM-5PM, M-F Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Korean, Indochines In-patient County Residents Only

Wichita KS 67214

KANSAS

Youth Crisis Service Center
 1365 North Custer
 Bus. # (316) 943-2243 Emerg. # (316) 943-2243
 Director: Jerry Coppel
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling
 Sliding Scale Spanish, Vietnamese

Wichita KS 67203

KENTUCKY

Pathways, Inc. - Crisis Service
 P.O. Box 790, 709 Lansdonne Drive
 Bus. # (606) 324-1141 Emerg. # (800) 562-8909
 Director: Robert Hudson
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Sign In-patient

Ashland KY 41105

Helpline/Barren River MH, Mental Retardation Board, Inc.
 P.O. Box 6499
 Bus. # (502) 843-4382 Emerg. # (512) 842-5642
 Director: Linda Keith
 Hotline Hrs.: 24 Drop In Hrs.: 8AM-Midnight Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Bowling Green KY 42101

Emergency Services/Cumberland River MH, Mental Retard. Inc.
 P. O. Box 568/American Greeting Rd. Box 568
 Bus. # (606) 528-7010 Emerg. # (606) 528-7010
 Director:
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale In-patient

Corbin KY 40701

Crisis Line/North Central Comprehensive Care Center
 907 N. Dixie Ave.
 Bus. # (502) 769-1304 Emerg. # (502) 769-1304
 Director: J.W. Osbourn
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Surv., Attempters, Gen. Youth Testing Evaluation
 Sliding Scale In-patient

Elizabethtown KY 42701

Crisis Line/Kentucky River Community Care
 P.O. Box 1593
 Bus. # (606) 666-4904, 436-5761 Emerg. # (800) 262-7491
 Director: Daphne Northern
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Hazard KY 41701

Crisis Line/Penny Royal MH/Mental Retardation Center
 735 North Drive
 Bus. # (502) 886-5163 Emerg. # (502) 886-5163
 Director: Dr. Robert B. Sivley
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Some fees

Hopkinville KY 42240

Crisis Line
 P.O. Box 603
 Bus. # (606) 666-4904 Emerg. # (800) 262-7491
 Director:
 Hotline Hrs.: Unconfirmed Drop In Hrs.:

Jackson KY 41339

KENTUCKY

Crisis & Information Center
 620 South 3rd Street
 Bus.#(502) 583-3951 Emerg.#(502) 589-4313
 Director: Donna Strauss
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Louisville

KY 40202

TTY

Suicide Prevention and Education Center
 982 Eastern Parkway, Suite 200
 Bus.#(502) 635-5924 Emerg.#(502) 635-5924
 Director: Patricia McCarthy, Susan Wright
 Hotline Hrs.: Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 Expenses

Louisville

KY 40217

Crisis Line/Comprehend, Inc.

P.O.Box G

Bus.#(606) 564-4016 Emerg.#(606) 564-4016

Director: Donna Penrose

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Maysville

KY 41056

Pathways, Inc./Crisis Center

325 E. Main Street

Bus.#(606) 784-4161 Emerg.#(800) 562-8909

Director:

Hotline Hrs.:9am-5pm Drop In Hrs.:9am-5pm Referrals

Fam. Cnsling Testing Evaluation

Sliding Scale

Morehead

KY 40351

Crisis Line Green River Comprehensive Care Center

1001 Fredricka St.

Bus.#(502) 684-9466 Emerg.#(502) 684-9466

Director: Tim Warwick

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School

Owensboro

KY 42301

Crisis Line Western Kentucky

P.O. Box 688

Bus.#(502) 442-7121 Emerg.#(800) 592-3980

Director:

Hotline Hrs.:24 Drop In Hrs.: Referrals

Testing Evaluation

Sliding Scale In-patient

Paducah

KY 42001

Helpline/Mountain Comprehensive Care

18 S. Front Ave.

Bus.#(606) 886-8572 Emerg.#(800) 422-1060

Director: Richard Stai

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Sliding Scale

Prestonsburg

KY 41653

Emergency Services/Lake Cumberland MH & Mental Retard. Brd.

324 Cundiff Sq.

Bus.#(606) 679-7348 Emerg.#(800) 679-7348, 633-5599

Director: David True

Hotline Hrs.:24 Drop In Hrs.:9am-5pm

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Translation avail.

Somerset

KY 42501

LOUISIANA

Helpline
 P.O. Box 1972
 Bus. # (318) 443-7203 Emerg. # (318) 445-4357
 Director: Edward L. Taylor, Jr.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Alexandria LA 71309

Baton Rouge Crisis Intervention Center, Inc.
 2424 Bunker Hill Road - Suite 1000
 Bus. # (504) 924-1595 Emerg. # (504) 924-3900
 Director: Dr. Myron G. Mohr, Ph.D.
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation
 Sliding Scale Translation avail.
 Baton Rouge LA 70898

Suicide Survivors Support Group
 P.O. Box 80738
 Bus. # (504) 924-1595 Emerg. #
 Director: David Hayes
 Hotline Hrs.: Drop In Hrs.:
 Baton Rouge LA 70898

Helpline - Beauregard Community Concern
 P.O. Box 815
 Bus. # (318) 462-1452 Emerg. # (318) 462-0609
 Director: Michelle Powell
 Hotline Hrs.: 9am-10pm Drop In Hrs.: Referrals
 Prev. School Self help Groups
 DeRidder LA 70634

Tangipahoa Youth Service Bureau
 1826 River Road
 Bus. # (504) 345-1171, 345-2056 Emerg. # (504) 345-1171, 345-2056
 Director: Yvette Bouford
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Hammond LA 70401

In-patient

Tangipahoa Crisis Line
 P.O. Box 153
 Bus. # (504) 345-5335 Emerg. # (504) 345-6120
 Director: Pamela Ransay
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Hammond LA 70404

YMCA Crisis Line of Terrebonne
 735 School Street
 Bus. # (504) 851-5950 Emerg. # (504) 872-1111
 Director: Virginia Pellegrin
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Self help Groups
 French, Spanish
 Houma LA 70360

Education and Treatment Council, Inc.
 1146 Hodges Street
 Bus. # (318) 433-1062 Emerg. # (318) 439-2273
 Director: Marilyn Dunn
 Hotline Hrs.: 8AM-10PM, ans. machine Drop In Hrs.: Unspecified Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient
 Lake Charles LA 70601

LOUISIANA

Mainline

P.O.Box 1322
 Bus. # (318) 387-5690 Emerg. # (318) 387-5683
 Director: Rose Kline
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling

Monroe

LA 71201

Coping with Suicide

2515 Canal Street - Suite 200
 Bus. # (504) 821-1024 Emerg. # (504) 821-1024
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Surv.

New Orleans

LA 70119

Depaul Hospital

1040 Calvin Street
 Bus. # (504) 899-8282 Emerg. # (504) 899-8282
 Director: Shirley Lancaster
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

New Orleans

LA 70118

Jewish Family Services

2026 St. Charles
 Bus. # (504) 524-8475 Emerg. # (504) 524-8475
 Director: Jolanne Haspel
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Prev. School Fam. Cnsling
 Sliding Scale Must Be Jewish

New Orleans

LA 70130

Mental Health Assoc. of Greater New Orleans

2515 Canal Street - Suite 200
 Bus. # (504) 821-1024 Emerg. # (504) 523-2673
 Director: Gary Laura
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups

New Orleans

LA 70119

River Oaks Crisis Center

1525 River Oaks Road W.
 Bus. # (504) 734-1740 Emerg. # (504) 733-CARE (2273)
 Director: Dr. Betty Hanawalt
 Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Spanish In-patient

New Orleans

LA 70123

Open Ear

Setinary Community College, Box 48227
 Bus. # (318) 869-1228 Emerg. # (318) 869-1228
 Director:
 Hotline Hrs.: M-Th 7pm-10pm, F-Su. 6pm-2 Drop In Hrs.:

Shreveport

LA 71106

MAINE

YWCA Intervention Program

248 Turner St.
 Bus. # (207) 786-0659 Emerg. # (207) 786-0650
 Director: Raymond Cook
 Hotline Hrs.: M-F 8:30am-4:30pm Drop In Hrs.: Referrals
 Prev. School Self help Groups
 Local Residents, Ages 12-18

Auburn

ME 04210

MAINE

New Directions - Kenneback Valley Regional Health Center
 122 State Street Augusta ME 04330
 Bus. # (207) 622-6136 Emerg. # (207) 622-6136
 Director: Mary Masorowicz
 Hotline Hrs.: Drop In Hrs.: 9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

The Crisis & Counseling Centers, Inc.
 79 Sewall St. Augusta ME 04330
 Bus. # (207) 623-4512 Emerg. # (207) 623-4511, 3
 Director: Lynn Duby
 Hotline Hrs.: 8:30AM-4:30PM Drop In Hrs.: 8:30AM-4:30PM Referrals
 Fam. Cnsling Evaluation
 Sliding Scale

Community Health and Counseling Services/Dial Help
 43 Illinois Ave. Bangor ME 04601
 Bus. # (207) 667-5357 / (207) 947-0366 x 26 Emerg. # (207) 947-6143, (800) 432-7810
 Director: Joseph Pickering/Susan Ramsey
 Hotline Hrs.: 24 Drop In Hrs.: Appt. Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale/free

Aroospock Mental Health Services, Inc./Helpline
 P. O. Box 1018 Caribou ME 04736
 Bus. # (207) 498-6431 Emerg. # (207) 762-4851, (800) 432-7805
 Director: Robert R. Vickers
 Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Translation avail. TTY In-patient

Maine School Administrative District #11
 P.O. Box 216 Manchester ME 04351
 Bus. # (207) 622-6391 Emerg. # (207) 622-6391
 Director: Rich Abramson
 Hotline Hrs.: Drop In Hrs.:
 Prev. School

Prevention programs in 9 schools

Ingraham Volunteers, Inc.
 142 High St. Portland ME 04101
 Bus. # (207) 773-4830 Emerg. # (207) 774-HELP (4357)
 Director: Neba Cram
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School
 TTY In-patient
 Dial Kid

Crisis Stabilization Unit
 147 Water St. Skowhegan ME 04976
 Bus. # (207) 474-2506 Emerg. # (207) 474-2506
 Director: Debby Clark
 Hotline Hrs.: 24 Drop In Hrs.: 8AM-10PM Referrals
 Prev. School

MARYLAND

Crisis Center/Walter P. Carter Center
 630 W. Fayette St. Baltimore MD 21201
 Bus. # (301) 528-2200 Emerg. # (301) 528-2200
 Director: Dr. Lewis Cohen
 Hotline Hrs.: 24 Drop In Hrs.: 24
 Fam. Cnsling Evaluation
 Sliding Scale Spanish, Sign In-patient Some Restrictions

MARYLAND

Dundalk Youth Service Center
 Yorkway and Shipway Baltimore MD 21222
 Bus.#(301) 288-4356 Emerg.#(301) 288-4356, 828-6390
 Director: Steven E. Campbell
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Evaluation
 Ages 12 - 18

Fresh Start Hotline
 2925 Delmar Avenue Baltimore MD 21219
 Bus.#(301) 477-4095 Emerg.#(301) 477-2323
 Director: Gregory Berger
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnsling

People for Community Action Ind. Youth Services Bureau
 1707 Taylor Ave. Baltimore MD 21234
 Bus.#(301) 668-8000 Emerg.#(301) 668-8000
 Director: Dr. Howard Pinn
 Hotline Hrs.: Drop In Hrs.:9am-10pm Referrals
 Fam. Cnsling Self help Groups Testing Evaluation

Seasons
 2331 Old Court Road #107 Baltimore MD 21208
 Bus.#(301) 321-4539 Emerg.#(301) 321-4539
 Director: Marilyn Mossman
 Hotline Hrs.: Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Self help Groups

Sinai Hospital/Crisis Line
 2401 Belvedere Baltimore MD 21215
 Bus.#(301) 578-5457 Emerg.#(301) 578-5926
 Director: Saul Lindenbaum
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale In-patient

Suiciders Anonymous
 2910 Echadale Avenue Baltimore MD 21215
 Bus.#(301) 426-4357 Emerg.#(301) 426-4357
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Attempters

Seasons
 6805 Faifax Rd. Bethesda MD 20814
 Bus.#(301) 951-3665 Emerg.#
 Director: Doug Tepperman
 Hotline Hrs.: Drop In Hrs.:
 Surv.

Seasons
 9601 Cedar Lane Bethesda MD 20814
 Bus.#(301) 460-4677, 493-8302 Emerg.#
 Director: Coryne Melton
 Hotline Hrs.: Drop In Hrs.:
 Surv.

MARYLAND

Bowie Hotline
 P.O. Box 535
 Bus. # (301) 262-2433 Emerg. # (301) 262-2433 Bowie MD 20715
 Director: Casandra Bollino
 Hotline Hrs.: 4PM-Midnight Drop In Hrs.: Referrals
 Prev. School

Emergency Psychiatric Service of Prince George's Hospital
 1 Hospital Drive Cheverly MD 20785
 Bus. # (301) 322-2678 Emerg. # (301) 322-2606, 322-2607
 Director: Sue Song
 Hotline Hrs.: 24 Drop In Hrs.: 8AM-8PM Referrals
 Testing Evaluation
 Set Scale Translation avail. TTY In-patient

Grass Roots Crisis Intervention & Peer Counseling Center
 8045 Guilford Road Columbia MD 21045
 Bus. # (301) 531-6006 Emerg. # (301) 531-6677
 Director: Kathy Dinoto
 Hotline Hrs.: 24 Drop In Hrs.: 24
 Prev. School Fam. Cnsling
 Translation avail. TTY

Youth Resources Center Inc.
 Queens Chapel & Queensborg Rds. Hyattsville MD 20782
 Bus. # (301) 779-1257 Emerg. # (301) 927-1386
 Director:
 Hotline Hrs.: Drop In Hrs.:
 In-patient
 Crisis Shelter

Montgomery County Hotline - c/o Mental Health Assoc.
 10920 Connecticut Ave. Kensington MD 20895
 Bus. # (301) 949-1255 Emerg. # (301) 949-6603
 Director: David Collin
 Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prince George's County Hotline & Suicide Prevention
 East Pines Shopping Center 6607 Riverdale Rd. Riverdale MD 20737
 Bus. # (301) 577-3140 Emerg. # (301) 577-4866, 731-0004
 Director:
 Hotline Hrs.: 24 Drop In Hrs.: Referrals
 Prev. School Self help Groups
 TTY

Info. & Referral
 50 Monroe Rockville MD 20851
 Bus. # (301) 279-1904 Emerg. # (301) 279-1900
 Director:
 Hotline Hrs.: Drop In Hrs.: Referrals

Information and Referral

MASSACHUSETTS

Code Hotline
 481 Great Rd. Acton MA 01720
 Bus. # (617) 263-8777 Emerg. # (617) 263-8777, 486-3130
 Director: Jeff Katz
 Hotline Hrs.: 24 Drop In Hrs.: Intermittently Referrals
 Prev. School
 TTY

MASSACHUSETTS

Project Rap, Inc.

3 Broadway

Beverly

MA 01915

Bus.#(617) 927-4506 Emerg.#(617) 922-0000

Director: Bill Martinez

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Prev. School Surv. Evaluation

In-patient

Project Place

32 Rutland Street

Boston

MA 02218

Bus.#(617) 267-9150 Emerg.#(617) 267-9150

Director:

Hotline Hrs.:24 Drop In Hrs.:9AM-9PM Referrals

Prev. School Fam. Cnsling

Spanish, French

Teen Line of Boston

DCH 1818 Harrison Avenue

Boston

MA 02118

Bus.#(617) 424-5089 Emerg.#(617) 424-5089

Director: Catherine Bartholomew

Hotline Hrs.:12AM-8PM, M-F; 6-10, Sa Drop In Hrs.: Referrals

The Samaritans

500 Commonwealth, Kenmore Square

Boston

MA 02215

Bus.#(617) 536-2460 Emerg.#(617) 247-0220

Director: Shirley Karnovsky

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Prev. School Self help Groups

United Way Information & Referral Services

87 Kilby St.

Boston

MA 02101

Bus.#(617) 482-1454 Emerg.#(617) 482-1454

Director:

Hotline Hrs.: Drop In Hrs.:

Comprehensive Information and Referral Service

Brockton Hotline/Brockton Area Helpline

837 N. Main St.

Brockton

MA 02401

Bus.#(617) 584-4357 Emerg.#(617) 828-6666

Director: Elaine Reiser

Hotline Hrs.:9am-5pm Drop In Hrs.: Referrals

Spanish

The Samaritans

386 Stanley

Fall River

MA 02720

Bus.#(617) 636-6111 Emerg.#(617) 636-6112

Director: Ellie Leite

Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals

Prev. School

Translation avail.

The Samaritans

P.O.Box 65

Falmouth

MA 02541

Bus.#(617) 548-8900,1; 771-7770; 255-18 Emerg.#(617) 548-8900

Director: Brenda Fuhrman

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School

TTY

MASSACHUSETTS

Contact Boston, Inc.

P.O. Box 287

Newton

MA 02160

Bus.#(617) 244-4353 Emerg.#(617) 244-4350, 332-9416 (TTY)

Director: Stanley Becker

Hotline Hrs.:24 Drop In Hrs.: Referrals

Mutli-Service Center

1301 Centre St.

Newton Centre

MA 02159

Bus.#(617) 244-4802 Emerg.#(617) 244-4802

Director: Lowell Haynes

Hotline Hrs.: Drop In Hrs.:24 Referrals

Fam. Cnsling Self help Groups Evaluation

Must Be Resident

Help Line

111 Main St.

North Adams

MA 01247

Bus.#(413) 663-5244 Emerg.#(413) 664-6391

Director: Kevin O'Connor

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School

TTY

Franklin/Hampshire Community MHC/Emergency Services

48 Pleasant St.

Northampton

MA 01060

Bus.#(413) 586-5555 Emerg.#(413) 586-5555, (800) 322-0424

Director: Jim Edmunstone

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School

Sliding Scale Spanish In-patient

Sojourn, Inc.

142 Main St.

Northampton

MA 01060

Bus.#(413) 568-6807 Emerg.#(413) 586-6809

Director: Marilyn Skipton

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Self help Groups

Pulse Hotline

P.O.Box 273

Norwood

MA 02062

Bus.#(617) 762-5144 Emerg.#(617) 762-5144

Director: Rev. Joseph P. McDermott

Hotline Hrs.:7AM-11PM Drop In Hrs.:

Prev. School

South Norfolk Screening and Emergency

91 Central St.

Norwood

MA 02062

Bus.#(617) 769-6060 Emerg.#(617) 769-6060 359 4966

Director: Kathryn Doller

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Evaluation

Portugese, Sign, +

Listen, Inc.

28 Taylor St.

Sagus

MA 01906

Bus.#(617) 233-8916 Emerg.#(617) 233-8911

Director: Carol LaFrance

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Fam. Cnsling Self help Groups

Sliding Scale

MASSACHUSETTS

Weymouth Youth Office
 1440 Commercial St. Weymouth MA 02189
 Bus.#(617) 331-1719 Emerg.#(617) 331-1719
 Director: Gloria Burt
 Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals
 Prev. School Fam. Cnslng Self help Groups
 Weymouth Resident

Crisis Center, Inc.
 P.O. Box 652 Worcester MA 01602
 Bus.#(617) 791-7205 Emerg.#(617) 791-6562
 Director: Timothy-John Kelly
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

MICHIGAN

Call Someone Concerned
 227 N. Winter - Suite 215 Adrian MI 49221
 Bus.#(517) 263-6739 Emerg.#(517) 263-6737
 Director: Jom Jones
 Hotline Hrs.:24 Drop In Hrs.:M-F9am-11pm;12pm-11pmS,S Referrals
 Prev. School Fam. Cnslng
 Spanish

Ozone House
 608 N. Main St. Ann Arbor MI 48104
 Bus.#(313) 662-2265 Emerg.#(313) 662-2222
 Director: None
 Hotline Hrs.:Unspecified Drop In Hrs.:11AM-11AM Referrals
 Prev. School Fam. Cnslng Self help Groups
 Sliding Scale In-patient Under 18

Survivors of Suicide/Catherine McAuley Health Ctr
 501 N. Maple Road Ann Arbor MI 48103
 Bus.#(313) 663-3042 Emerg.#
 Director:
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Washtenaw County Community Mental Health Center
 2929 Plymouth Rd. Ann Arbor MI 48105
 Bus.#(313) 994-2285 Emerg.#(313) 996-4747
 Director: Saul Cooper
 Hotline Hrs.:24 Drop In Hrs.:Appt. Referrals
 Fam. Cnslng Self help Groups
 Translation avail. TTY

Common Ground
 1090 S. Adams Birmingham MI 48011
 Bus.#(313) 645-1173 Emerg.#(313) 645-9676
 Director: Dr. James Neubacher
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School Fam. Cnslng
 TTY

Children's Center
 101 E. Alexandrine Street Detroit MI 48201
 Bus.#(313) 831-5535 Emerg.#(313) 224-7000
 Director: Ted Lewis
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Fam. Cnslng
 Sliding Scale Wayne County

MICHIGAN

Contact Lifeline

7430 2nd St.

Bus. # (313) 875-0426 Emerg. # (313) 894-5555

Director: Ann Fishman

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Fam. Cnsling

Detroit

MI 48219

Emergency Telephone Service & Suicide Prevention Center

220 Bagley Street - Suite 626

Detroit

MI 48226

Bus. # (313) 963-7890 Emerg. # (313) 224-7000

Director: Sharron Jamal

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling Surv.

Translation avail. TTY

Wayne County Dept. of Social Ser. Children & Youth

801 W. Baltimore Street

Detroit

MI 48202

Bus. # (313) 876-6016 Emerg. # (313) 876-6016

Director:

Hotline Hrs.: Drop In Hrs.:

Self help Groups

Listening Ear of East Lansing

547 1/2 E. Grand River

East Lansing

MI 48823

Bus. # (517) 337-1717 Emerg. # (517) 337-1717

Director: Tammy Hopkins

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Fam. Cnsling

Emergency Service Genesee Co. Mental Health

420 W. 5th Ave.

Flint

MI 48503

Bus. # (313) 257-3742 Emerg. # (313) 257-3740

Director: Anthony McPherson

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Fam. Cnsling Testing Evaluation

Insurance TTY In-patient County Residents

Survivors of Suicide

202 East Blvd. Drive - Room 210

Flint

MI 48503

Bus. # (313) 232-9950 Emerg. # (313) 232-9950

Director: Michelle Zimmerman

Hotline Hrs.: Drop In Hrs.:

Self help Groups

Survivors of Suicide

1777 Pineknoll, S.E.

Grand Rapids

MI 49508

Bus. # (616) 455-0372 Emerg. # (616) 455-0372

Director: Ethel Bucek, Lois Stuey

Hotline Hrs.: Drop In Hrs.:

Self help Groups

24 Hour Crisis Line

P.O. Box 127

Hart

MI 49420

Bus. # (616) 873-2108 Emerg. # (616) 873-2108

Director: John Neidow

Hotline Hrs.: 24 Drop In Hrs.: 9am-5pm Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Spanish

MICHIGAN

Ottaawa County Community MH Service/Helpline
 12265 James St. Holland MI 49423
 Bus.#(616) 392-1873 Emerg.#(616) 396-4357; 842-4357, 458-4357
 Director: Pat O'Rourke
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling Evaluation
 TTY
 Central Office for 3 hotlines

Emergency Counseling Center - Aware, Inc./Helpline
 P.O. Box 1526 Jackson MI 49204
 Bus.#(517) 783-2861 Emerg.#(517) 783-2671
 Director: Lisa Pasbjarg
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Self help Groups

Gryphon Place - Helpline
 1104 S. Westnedge Ave. Kalamazoo MI 49008
 Bus.#(616) 381-1510 Emerg.#(616) 381-HELP (4357)
 Director: William Pell
 Hotline Hrs.:24 Drop In Hrs.:8AM-11PM, Daily Referrals
 Prev. School Fam. Cnsling
 TTY

Lapeer County Community Mental Health Center
 1575 Suncrest Dr. Lapeer MI 48446
 Bus.#(313) 667-0500 Emerg.#(313) 667-0500
 Director: Dr. Richard Berman
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale Lapeer County Residents

Telephone Listening Center
 P.O. Box 9391 Livonia MI 48150
 Bus.#(313) 422-4854 Emerg.#(313) 422-4852
 Director: Jan Van Der Back
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Macomb County Crisis Center
 5th Floor County Building Mt. Clemons MI 48043
 Bus.#(313) 573-8700 Emerg.#(313) 573-8700
 Director: Kathleen Western
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School Fam. Cnsling
 TTY

Listening Ear Crisis Center, Inc.
 P.O.Box 65 Mt. Pleasant MI 48858
 Bus.#(517) 772-2919 Emerg.#(517) 772-2918
 Director: Don Schuster
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School

Comm. MH Services of Muskegon Co. - Youth Services
 31 E. Clay Avenue Muskegon MI 49441
 Bus.#(616) 726-5437 Emerg.#(616) 722-4357
 Director: Donna Hartman
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale County Residents 18 & Under

MICHIGAN

Turning Point Crisis Center

P.O.Box 115

Bus.#(313) 455-4902 Emerg.#(313) 455-4900

Director: Linda Kozminski

Hotline Hrs.:6AM-10PM Drop In Hrs.:9am-10pm Referrals

Prev. School Fam. Cnsling

Plymouth

MI 48170

Blue Water MH & Child Guidance Clinic

1501 Krafft Road

Bus.#(313) 985-5125 Emerg.#(313) 985-7161

Director: Andrew L. Anderson

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Fam. Cnsling Testing Evaluation

Some fees Local Resident

Port Huron

MI 48060

Survivors of Suicide - Mercy Hospital

2601 Electric

Bus.#(313) 985-1500 Emerg.#(313) 985-1500

Director: Sr. Pat O'Donnell

Hotline Hrs.: Drop In Hrs.:

Self help Groups

Port Huron

MI 48061

The Center for Human Resources

1113 Military St.

Bus.#(313) 985-5168 Emerg.#(313) 985-7161

Director: Scott Nill

Hotline Hrs.:24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Sliding Scale TTY

Port Huron

MI 48060

The Sanctuary

1222 S.Washington

Bus.#(313) 547-2260 Emerg.#(313) 547-2260

Director: Meri K. Pohutsky/Steve Overstreet

Hotline Hrs.:24 Drop In Hrs.:9am-10pm Referrals

Fam. Cnsling

In-patient Voluntary Between 10-17

Royal Oak

MI 48067

Helpline

2681 Morton Ave. Riverwood Comm. M.H. Center

Bus.#(616) 983-7781 Emerg.#(616) 985-7781

Director: Alan Edelemson

Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Translation avail. TTY In-patient

St. Joseph

MI 49085

The Link Crisis Prevention Center

2002 S. State Street

Bus.#(616) 983-6351 Emerg.#(616) 983-6351

Director: Polly Learned

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Fam. Cnsling

In-patient Under 18

St. Josephs

MI 49085

Third Level Crisis Intervention Center

908 West Front Street

Bus.#(616) 941-2282 Emerg.#(800) 442-7315

Director:

Hotline Hrs.:24 Drop In Hrs.:24 Referrals

Prev. School Self help Groups Evaluation

Translation avail. Ages12-17 (Runaway Program)

Traverse City

MI 49684

MICHIGAN

SOS Community Crisis Center
 114 River St. Ypsilanti MI 48127
 Bus.#(313) 485-8730 Emerg.#(313) 485-3222
 Director: Charles Keeper
 Hotline Hrs.:24 Drop In Hrs.:24 Referrals
 Prev. School

MINNESOTA

Listening Ear Crisis Center
 111 17th Ave East. Alexandria MN 56308
 Bus.#(612) 763-6638 Emerg.#(612) 763-6638
 Director: Harriet Hopkins
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Mower County Crime Victims Crisis Center
 908 NW 1st Dr. Austin MN 55912
 Bus.#(507) 437-6680 Emerg.#(507) 437-6680
 Director: Jamie Tiedemann
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Prev. School

North Suburban Counseling Center
 425 Coon Rapids Blvd. - Suite 200 Coon Rapids MN 55433
 Bus.#(612) 784-3008 Emerg.#(612) 784-3008
 Director: Terri Melnychenko
 Hotline Hrs.:8AM-5PM,M-F Drop In Hrs.: Referrals
 Fam. Cnsling
 Sliding Scale County Residents

West Suburban Teen Clinic
 478 Second St. Excelsior MN 55331
 Bus.#(612) 474-3251 Emerg.#(612) 474-3251
 Director: Marlene Lindquist
 Hotline Hrs.: Drop In Hrs.:9am-5pm +T 7pm-9:30pm Referrals
 Prev. School Fam. Cnsling Testing Evaluation
 Sliding Scale

Nightengale Help Phone/Information and Referral Service
 P.O. Box 113 Grand Rapids MN 55744
 Bus.#(218) 326-8565 Emerg.#(218) 326-8565
 Director: Cindy Brummin
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Self help Groups
 TTY

Contact Twin Cities
 83 S. 12th St. Minneapolis MN 55403
 Bus.#(612) 341-2212 Emerg.#(612) 341-2896
 Director: Jo Ellen Christiansen
 Hotline Hrs.:24 Drop In Hrs.: Referrals

TTY

Death Response Team
 Middlebrook Hall-U of MN/412 22nd Avenue South Minneapolis MN 55455
 Bus.#(612) 373-9818 Emerg.#(612) 373-9818
 Director: Ralph Rickgarn
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

MINNESOTA

First Call for Help

404 S. 8th Street

Minneapolis

MN 55404

Bus. # (612) 340-7431 Emerg. # (612) 340-7431

Director: Louis Holseld

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Spanish TTY

Hennepin County Medical Center - Crisis Intervention Center

701 Park Ave South

Minneapolis

MN 55415

Bus. # (612) 347-3164 Emerg. # (612) 347-2222

Director: Dr. Ziegfried Stellmachens

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Testing Evaluation

Multi-lingual TTY

Suicide Survivors Grief Group

5124 Grove Street

Minneapolis

MN 55436

Bus. # (612) 929-6448 Emerg. # (612) 929-6448

Director: Adina Wroblewski

Hotline Hrs.: Drop In Hrs.:

Self help Groups

Youth Emergency Service, Inc.

Minneapolis

MN

Bus. # (612) 339-0895 Emerg. # (612) 339-7033

Director:

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Prev. School Fam. Cnsling

Location, Spanish TTY Twin City Metro Area

Owatonna-Steele Co. Contact

P.O. Box 524

Owatonna

MN 55060

Bus. # (507) 451-1897 Emerg. # (507) 451-9100

Director: Jackie Ostlund

Hotline Hrs.: 24 Drop In Hrs.: Referrals

Ramsey County Mental Health Center

529 Jackson Street

St. Paul

MN 55101

Bus. # (612) 298-5600 Emerg. # (612) 298-4737

Director: Don Mockenhaupt

Hotline Hrs.: 9AM-8PM, M-F Drop In Hrs.: 8:30AM-12:30, M-F Referrals

Prev. School Fam. Cnsling Testing Evaluation

Sliding Scale Spanish

24 Hour Crisis Hotline

1224 Fourth Ave.

Worthington

MN 56187

Bus. # (507) 372-7671 Emerg. # (800) 642-1525

Director: Bob Peters/Sarah Kooiker

Hotline Hrs.: 24 Drop In Hrs.: 24 Referrals

Prev. School Testing Evaluation

Sliding Scale In-patient

Golden Triangle Contact

P.O. Box 1304

Columbus

MS 39703

Bus. # (601) 328-9225 Emerg. # (601) 328-0200

Director: Ann Allen

Hotline Hrs.: 24 Drop In Hrs.: Referrals

MISSISSIPPI

MISSISSIPPI

Helpline
 P.O.Box 183
 Bus.#(601) 544-4357 Emerg.#(601) 544-4357
 Director:
 Hotline Hrs.:24 Drop In Hrs.: Referrals

Hattiesburg MS 39401

Contact Jackson - Crisis Intervention Service, Inc.
 P.O.Box 5192
 Bus.#(601) 982-8614 Emerg.#(601) 969-7272
 Director: Art Powell
 Hotline Hrs.:24 Drop In Hrs.:9AM-6PM, M-F Referrals
 Prev. School Fam. Cnsling Self help Groups Testing Evaluation

Jackson MS 39216

Weems Mental Health Center
 P.O.Box 4376 West Station
 Bus.#(601) 483-4821 Emerg.#(601) 483-4821
 Director: Steve Johnson
 Hotline Hrs.:24 Drop In Hrs.:9am-5pm Referrals
 Fam. Cnsling Testing Evaluation
 Sliding Scale

Meridian MS 39304

Suicide Survivors Support Group
 2203 S. Nolan Road
 Bus.#(816) 254-2652 Emerg.#(816) 254-2652
 Director: John Allison
 Hotline Hrs.: Drop In Hrs.:
 Self help Groups

Independence MO 64050

Crisis Intervention, Inc.
 P.O.Box 582
 Bus.#(417) 781-2255 Emerg.#(417) 781-2255
 Director: Helen Shore
 Hotline Hrs.:24 Drop In Hrs.: Referrals
 Prev. School

Joplin MO 64801

Human Rescue
 P.O. Box 5836
 Bus.#(816) 471-6070 Emerg.#(816) 471-6070
 Director: Richard Gist
 Hotline Hrs.:9am-10pm Drop In Hrs.: Referrals
 Prev. School

Kansas City MO 64111

Suicide Prevention Hotline - c/o Western MO MH Center
 600 E. 22nd St.
 Bus.#(816) 471-3000 Emerg.#(816) 471-3939
 Director: Morry Lebedum
 Hotline Hrs.:24 Drop In Hrs.:
 Fam. Cnsling
 Local Residents

Kansas City MO 64108

Ray of Hope, Inc.
 30 N. Duquesne
 Bus.#(417) 624-8100 Emerg.#(417) 358-1373
 Director: SuAnn Richardson
 Hotline Hrs.:24 Drop In Hrs.:Unspecified Referrals
 Prev. School Fam. Cnsling Self help Groups
 Donation Only

Road MO 64801

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